

JULY 2017

price : \$1.00



Calgary & Southern Alberta Meeting Directory

ALCOHOLICS ANONYMOUS

CENTRAL SERVICE OFFICE

#2, 4015 – 1st Street S.E.

(access off 39th Avenue from Macleod Trail S.)

Calgary, Alberta T2G 4X7

phone : 403-777-1212

e-mail : centraloffice@telus.net

website: www.calgaryaa.org

OFFICE HOURS

Monday to Friday : 8:30 a.m. – 5:00 p.m.

(Closed for lunch, 1:00 p.m. – 2:00 p.m.)

Saturdays : 9:00 a.m. – 1:00 p.m.

(Closed Holiday Weekends)

Area 78 (Alta./N.W.T.) website : **www.area78.org**

General Service Office (New York) website : **www.aa.org**

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CODES

All meetings are “Mixed” (men & women) unless otherwise noted.

(W) = Wheelchair Access

(O) = Open Meeting Format – Open to anyone who is interested in the AA Program. Visitors and friends are expected to respect the anonymity of all persons they see or meet at AA meetings.

(C) = Closed Meeting Format – For alcoholics only. Discussion of the AA Program is held and every person has the opportunity to ask questions and share their experience more freely. All members benefit from the experience, strength and hope of each other.

IMPORTANT INFORMATION ABOUT THIS DIRECTORY

As embodied in the 4th Tradition, the information and operation of an AA Group resides with the group conscience of its members. While hopefully every AA Group adheres closely to the guiding principles of the 12 Steps and 12 Traditions, Calgary Intergroup neither monitors nor oversees the activities or practice of any AA Group. Groups and meetings listed in this directory appear at their own request. A directory listing does not constitute or imply approval or endorsement of any approach to, or practice of, the AA program.

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CALGARY MEETING INDEX

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DAILY MEETINGS (Monday to Friday)

NORTHWEST

- 7:00 a.m. **Go For It** – (C),
6422 – 35 Ave. N.W. (Bowness Senior's Centre).....(W)
- 12 Noon **Fun Seekers** – (O), Discussion
3512 – 5 Ave. N.W. (Parkdale Community Association,
downstairs Boardroom).....(W)
- 1:30 p.m. **Afternoon Garnet** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)
- 5:15 p.m. **Homeward Bounders** – (O), 12x12
3512 – 5 Ave. N.W. (Parkdale Community Assoc.) ..(W)

SOUTHWEST

- 7:00 a.m.. **Haddon Road** – On Awakening – (C), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 9:30 a.m. **Daily Reflections** – (O)(W)
134 Scarboro Ave. S.W. (United Church, North door)
- 12 Noon **Glenmore** – (O), Step, Discussion
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 12 Noon **Knox Nooners** – (O), Step
506 – 4 St. S.W. (Knox United Church, 4th St. ent.)
No Meetings on Stat. Holidays; Birthday last Friday
- 12 Noon **New Beginnings** – (O), Discussion
11625 Elbow Dr. S.W. (Canyon Meadows Shopping
Centre, upstairs Rm. 203)
- 12:10 p.m. **Haddon Road** – Brown Bagger – (O), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 5:00 p.m. **Glenmore** – (O), Step, Discussion
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 5:15 p.m. **New Beginnings** – (C), Discussion
11625 Elbow Dr. S.W. (Canyon Meadows Shopping
Centre, upstairs Rm. 203)
- 5:30 p.m. **Haddon Road** – Journey Home – (C), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)

A.A. PREAMBLE®

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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MONDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** — (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish
some English spoken, 2 hr. mtg.
3850 – 19 St. N.E., Bay 6
- 7:00 p.m. **Regal Group** — (C), Big Book Discussion
956 Radnor Ave. N.E. (Renfrew United Church, downstairs)
- 8:00 p.m. **No Name Group** — (O), Beginners
2523 – 56 St. N.E. (Lutheran Church)
Birthday Speaker last Monday
- 8:00 p.m. **Tommy's Place Men's Group** — (C), Literature Study
905 Renfrew Dr. NE. (All Saints Traditional Anglican Church, Renfrew, back door)
- 8:30 p.m. **Walking Eagle** — (O), Step & Tradition
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door, bsmnt)

NORTHWEST

- 7:30 p.m. **SMOG** — (O), Step/Tradition
2404 Kensington Rd. N.W.
(Kensington Commons Church, East entrance)

MONDAY

NORTHWEST *(continued)*

- 7:30 p.m. **272** – (C), Step/Tradition(W)
3311 Centre St. N. (Northminister United Church)
- 7:30 p.m. **Harvest Hills Big Book Discussion** – (O)
10099 Harvest Hills Blvd. N.W. (Harvest Hills Alliance Church) *Birthday last Monday*
- 8:00 p.m. **Double H** – (O)
130 – 32 Ave. N.W. (House of Blessings Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O)
1403 – 29 St. N.W. (Baker Bldg., Rm AGW2)
- 8:00 p.m. **Mustard Seed Group** – (C), Men’s
5720 Silver Ridge Dr. N.W. (Silver Springs Com. Centre)
- 8:00 p.m. **Northlanders** – (C) *Open Birthday Speaker 1st Monday*
Corner of Northmount Dr. & Northland Dr. N.W.
(St. Luke’s Church, East entrance, lower level)
- 8:30 p.m. **Monday Night Garnet Beginners** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:00 a.m. **Monday Morning Group** – (O), Discussion
2951 – 26 Ave. S.E. (St. Luke’s Anglican, back door)
- 2:00 p.m. **Women of Hope** – (C).....(W)
203 – 15 Ave. S.E. (Alpha House, treatment facility;
use 17 Ave. entrance, ring buzzer)
- 7:00 p.m. **Steps, Stories & Beyond** – (O), Big Book
6100 – 8 Ave. S.E. (Pembroke Community Hall)
- 7:30 p.m. **Sobriety & Beyond** – (C) Step(W)
#2 New Brighton Dr. S.E. *Open Birthday last Monday*
(New Brighton Resident Assoc. Building, buzz for entry)
- 7:30 p.m. **ODAT Group** – (O), Discussion.....(W)
1840 – 38 St. S.E. (East Side Victory Outreach Centre)
- 8:00 p.m. **Fireside** – (C).....(W)
12707 Bonaventure Dr. S.E. (Holy Nativity Church,
parking lot entrance) *Open Birthday 3rd Monday*

MONDAY

SOUTHEAST *(continued)*

- 8:00 p.m. **Southlanders Pancake** – (C), Big Book
Southland Dr. & Acadia Dr. S.E.
(Christ Moravian Church, basement)
- 8:00 p.m. **Midnapore** – (C), Living Sober Discussion
14540 Bannister Rd. S.E. (St. Mary's University, W. ent.)
- 8:30 p.m. **It Only Takes Two Group** – (O), Step Discussion
2102 – 69 Ave. S.E. (Ogden House Senior Citizens Club)

SOUTHWEST

- 10:30 a.m. **New Beginnings** – (C), Women's, Step
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs, Room 203)
- 12 Noon **Central Recovery** – (O), Step
131 – 7th Ave. S.W. (Central United Church, side door,
downstairs, dining room)
- 5:00 p.m. **Recovery Group** – (C), Living Sober Discussion(W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Recovery Group** – (C), 12x12 Discussion.....(W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Cedarbrae Men's** – (C), Men's
11024 Oakfield Dr. S.W. (Cedarbrae Community Centre,
main floor by kitchen) *Open Mixed B-day Speaker last Mon.*
- 8:00 p.m. **Haddon Road** – (O), Beginners
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Monday Night Big Book Discussion** – (C)
903 – 75 Ave. S.W. (St. Peter's Church, basement)
- 8:00 p.m. **New Beginnings** – (C), Men's, Step
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs, Room 203)
- 8:30 p.m. **We Agnostics** – (O), Living Sober Discussion
1213 – 4 St. S.W. (Sheldon Shumir Health Centre, Rm. 3102)
- 8:30 p.m. **Elbow Park** – (C), Discussion
3602 – 8 St. S.W. (Christ Church)

MONDAY

SOUTHWEST *(continued)*

- 8:30 p.m. **Glenmore** – (O), Beginners
2719 Hochwald Court S.W. (Currie Barracks, side door)

TUESDAY

NORTHEAST

- 8:00 p.m. **Sunrise** (Native Addictions) – (O), Speaker/Disc.
1231 – 34 Ave. N.E. (Treatment Facility)
- 8:00 p.m. **Peter Lougheed Hospital** (O), Beginners
3500 – 26 Ave. N.E., Room 0652 (basement)

NORTHWEST

- 10:00 a.m. **Tuesday Morning Ladies** – (C), Women's
Meets in members homes. Please contact:
Calgary Central Service Office at 403-777-1212
- 7:30 p.m. **A-Men** – (C), Men's, Step & Tradition.....(W)
3527 Boulton Rd. N.W. (Hope Lutheran Church)
- 7:30 p.m. **Springbank Tuesday** – (C), Step & Tradition
(Westlife Church) corner of Range Rd. 33 & Township Rd.
245, South of Calaway Park entrance, off Hwy 1)
- 8:00 p.m. **New You/Sailor Bill's** – (O), Step & Tradition
6228 Bowness Rd. N.W. (Office, Rm 101; Buzz 101)
- 8:00 p.m. **Front Runners** – (C), LGBT, Step & Tradition
1227 Kensington Close N.W. (Hillhurst United Church,
side door, upstairs)
- 8:00 p.m. **Getting There** – (C) Step, Discussion
2828 – 19 St. N.W. (Holy Cross Church) *Open B-day last Tues.*
- 8:00 p.m. **NW Calgary Group** – (O), Big Book(W)
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:30 p.m. **Tuesday Night Garnet** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 12 Noon **Just For Today** – (O), Big Book Discussion
2236 – 35 St. S.E. (Forest Lawn United Church, basement)

TUESDAY

SOUTHEAST *(continued...)*

- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **McKenzie Towne** – (C), Step
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Deer Ridge** – (C), Step & Tradition
13811 Deer Ridge Dr. SE. (Lutheran Church)
Open Birthday last Tuesday
- 8:00 p.m. **Midnapore** – (O), Discussion
14540 Bannister Rd. S.E. (St. Mary's University,
use West entrance)
- 8:30 p.m. **Open Door** – (O), Step/Discussion
2236 – 35 St. S.E. (Forest Lawn United Church)

SOUTHWEST

- 10:30 a.m. **New Beginnings** – (O), Women's, BB Story/Discussion
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 7:00 p.m. **Glenmore** – (C), Women's, Living Sober
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 7:00 p.m. **New Beginnings** – (O), Women's, Step
11625 Elbow Dr. S.W. (Canyon Meadows Shopping
Centre, upstairs Rm. 203) *Open Speaker last Tuesday*
- 7:30 p.m. **Haddon Road** – (C), Step & Big Book Disc. (1.5 hr. mtg)
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Recovery Group** – (C), Men's, Step.....(W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** – (O), Step.....(W)
7007 – 14 St. S.W. (Rockyview Hospital)
(Holy Cross Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **19th Hole** – (C), Men's
804 – 75 Ave. S.W. (Sheppard King Lutheran Church,
use East rear entrance)

TUESDAY

SOUTHWEST *(continued...)*

- 8:30 p.m. **Glenmore** – (C), Men's, Discussion
2719 Hochwald Court S.W. (Currie Barracks, side door)

WEDNESDAY

NORTHEAST

- 11:55 a.m. **Out to Lunch Bunch** – (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
Open Birthday last Wednesday
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
some English spoken, 2 hr. mtg.
3850 – 19 St. N.E., Bay 6
- 7:30 p.m. **Marlborough Park** – (C) doors locked @ 7:45 p.m.!!
1352 Abbeydale Dr. N.E. (Fellowship Centre, S. entrance)
- 8:00 p.m. **Airport** – (O), Beginners
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door, bsmnt)
- 8:00 p.m. **Overcomers** – (O), Discussion.....(W)
5510 – 26 Ave. N.E. (Robert McClure Church)
- 8:30 p.m. **Grey Sheep** – (C), Men's.....(W)
1432 – 19 St. N.E. (Ascension Lutheran Church)

NORTHWEST

- 10:00 a.m. **Wednesday Eye Opener** – (O).....(W)
130 – 32 Ave. N.W. (House of Blessings Church)
- 7:30 p.m. **SMOG** – (O), Big Book
2404 Kensington Rd. N.W. (Kensington Commons Church,
East entrance)
- 8:00 p.m. **ABC** – (C), Step & Tradition(W)
4612 Varsity Dr. N.W. (Presbyterian Church, East door)
Open Birthday last Wednesday
- 8:00 p.m. **Kincora Group** – (O), Discussion
38 Kincora Rise N.W. (Symons Valley United Church)
Birthday Speaker last Wednesday

WEDNESDAY

NORTHWEST *(continued...)*

8:30 p.m. **Wednesday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

7:00 p.m. **Grupo Vientos de Calgary** - (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)

7:00 p.m. **Harmony** – (O)
1840 – 38 St. S.E. (Eastside Victory Outreach, downstairs)

8:00 p.m. **Southlanders Pancake** – (C), Step & Tradition
corner of Southland Dr. & Acadia Dr. S.E.
(Christ Moravian Church, basement)

8:00 p.m. **Midnapore** – (C), Step Discussion
14540 Bannister Rd. S.E. (St. Mary's University,
use West entrance)

8:00 p.m. **Calgary South Health Campus** – (O), Beginners
4448 Front St. S.E. (Wellness Centre, Room 180006)

8:30 p.m. **Forge Ahead Group** – (C), Step(W)
303 Forge Rd. S.E. (AARC, Markin Centre Bldg., use
East side entrance)

SOUTHWEST

10:30 a.m. **New Beginnings** – (O), Women's Big Book
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)

7:00 p.m. **Glenmore** – (C), Women's
2719 Hochwald Court S.W. (Currie Barracks, side door)

7:30 p.m. **New Beginnings** – (C), 11th Step Prayer
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)

8:00 p.m. **Recovery Group** – (O), Topic, Discussion(W)
#104, 4820 Macleod Trail S.W.

8:00 p.m. **Bow Trail** – (C)
800 – 85 St. S.W. (St. Michael's Church) *Open last Wed.*

WEDNESDAY

SOUTHWEST *(continued...)*

- 8:00 p.m. **Primary Purpose Group** – (O), Big Book Discussion .(W)
1311 – 4 St. S.W. (First Baptist Church, use basement door between 2 main entrances)
Call-Up format 4th Wednesdays
- 8:30 p.m. **Explorers** – (O), Discussion
1121 – 14 Ave. S.W. (St. Stephan's Anglican Church)
- 8:30 p.m. **Glenmore** – (C), Step
2719 Hochwald Court S.W. (Currie Barracks, side door)

THURSDAY

NORTHEAST

- 7:00 p.m. **MAAT Group** – (C), Step & Tradition
912 – 19 St. N.E. (Crossroads Community Church, use back door, basement)
- 8:00 p.m. **Regal Group** – (C), Step Discussion
956 Radnor Ave. N.E. (Renfrew United Church)
Open Birthday last Thursday

NORTHWEST

- 7:30 p.m. **Nadzieja** – (C), Polish Speaking, Step & Discussion
640 – 19 Ave. N.W. (St. Joseph's Church, use East side office doors) *Open Birthday last Thursday*
- 8:00 p.m. **19th Street Big Book** – (C), Big Book Discussion
2828 – 19 St. N.W. (Holy Cross Church)
- 8:00 p.m. **NW Step & Tradition** – (C), Men's
5511 Baroc Rd. N.W. (Dalhousie Community Church, upstairs) *Open Speaker last Thursday*
- 8:00 p.m. **Front Runners** – (C), LGBT, BB Discussion
1227 Kensington Close N.W.
(Hillhurst United Church, side door, upstairs)
- 8:00 p.m. **NW Calgary Group** – (O), Step Discussion.....(W)
333 Edgemark Blvd. N.W. (Foothills Alliance Church)

THURSDAY

NORTHWEST *(continued)*

- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O), Beginners
1403 – 29 St. N.W. (Baker Building., Room AGW2)
- 8:00 p.m. **Rule 62 Group** – (C), Big Book Discussion
1212 – 1 St. N.W. (Crescent Heights Baptist Church,
back door, downstairs)
- 8:30 p.m. **Thursday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 12 Noon **Just For Today** – (O), Topic Discussion
2236 – 35 St. S.E. (Forest Lawn United Church,
basement)
- 7:00 p.m. **Inglewood** – (C), Big Book Discussion(W)
1423 – 8 Ave. S.E. (St. John’s Church, Cross Hall)
Open Birthday Speaker last Thursday
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Bow Bottom Trail** – (C), Step
77 Deerpoint Rd. S.E. (Deer Park United Church)
- 7:30 p.m. **Candlelight** – (O), Beginners, Topic Discussion
2020 – 33 St. S.E. (Southview Com. Centre, Kadilac Room)
- 7:30 p.m. **McKenzie Towne** – (C), Big Book Discussion
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Resentment Resolve Group** – (O), Step/Tradition/Topic
1840 – 38 St. S.E. (East Side Victory Outreach Centre, use
back door entrance)
- 8:00 p.m. **Midnapore** – (C), Tradition
14540 Bannister Rd. S.E. (St. Mary’s University, use
West entrance) *Speaker 2nd Thursday*
- 8:30 p.m. **Ogden** – (O), Discussion(W)
7605 – 22 A St. S.E. (St. Augustine’s Church Hall)
Speaker 3rd Thursday, Open Birthday last Thursday

THURSDAY

SOUTHWEST

- 10:30 a.m. **New Beginnings** – (C), Women’s, Big Book
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 12 Noon **Central Recovery** – (O), Discussion
131 – 7th Ave. S.W. (Central United Church, side door,
downstairs dining room)
- 7:00 p.m. **Thursday Night Ladies** – (C), Step & Tradition
5010 Spruce Dr. S.W. (Woodcliff United Church,
use rear door, basement, Mountain Ash room)
- 7:00 p.m. **Woodcreek Group** – (O), Topic Discussion.....(W)
1991 Woodview Dr. S.W.
(Woodcreek Community Assoc., Main floor, Boardroom)
- 7:30 p.m. **Memorial Park Men’s** – (C), Men’s, Step & Tradition
1213 – 4 St. S.W. (Sheldon Chumir Health Centre,
Room 3001, 3rd floor)
- 8:00 p.m. **Haddon Road** – (C), Design 4 Living, Step Disc. (1.5 hr. mtg.)
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Turf Group** – (C), Men’s, Discussion
840 – 3 Ave. S.W. (Trinity Lutheran Church, side door, dwnstrs)
- 8:00 p.m. **Recovery Group** – (C), Step/Tradition(W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **New Beginnings** – (C), Step & Tradition
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 8:00 p.m. **Rockyview Group** – (O), Step(W)
7007 – 14 St. S.W. (Rockyview Hospital)
(Holy Cross Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **Whitesheep** – (C), Men’s
12777 Candle Cres. S.W. (Woodgreen Presbyterian
Church, main door, Kids Worship room)
- 8:30 p.m. **Glenmore** – (C), Tradition
2719 Hochwald Court S.W. (Currie Barracks, side door)

THURSDAY

SOUTHWEST *(continued)*

- 8:30 p.m. **Daily Reflections** — (O)
134 Scarboro Ave. S.W. (United Church, North door)

FRIDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** — (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish
some English spoken, 2 hr. mtg.
3850 – 19 St. N.E., Bay 6
- 8:00 p.m. **Friday Night Fellowship** — (O), Step Discussion
905 Renfrew Dr. N.E. (All Saints Traditional Anglican Church, Renfrew, back door entrance)

NORTHWEST

- 8:00 p.m. **Desperation** — (O), Step & Tradition
419 Northmount Dr. N.W. (Highwood Lutheran Church, back door entrance, downstairs)
- 8:00 p.m. **Edgemont** — (O), Discussion.....(W)
33 Edgevalley Circle N.W.
(Edgemont Community Centre, Fireside Room)
- 8:00 p.m. **Front Runners** — (O), LGBT, Beginners
1227 Kensington Close N.W.
(Hillhurst United Church, use side door, upstairs)
- 8:00 p.m. **272 Group** — (O), Speaker(W)
3311 Centre St. N.W. (Northminster United Church)
- 8:30 p.m. **Friday Night Garnet** — (O)
1609 Centre St. N.W. (downstairs)
- 9:30 p.m. **Shipwreck at Sunset** — (O), Step & Discussion
1227 Kensington Close N.W.
(Hillhurst United Church, side door, gymnasium)
Birthday last Friday

FRIDAY

SOUTHEAST

- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Southview By the Book** – (O), Big Book Discussion
2020 – 33 St. S.E. (Southview Community Centre,
Kadilac Room)
- 8:00 p.m. **Midnapore** – (O), Discussion – *Kids Welcome!*
14540 Bannister Rd. S.E. (St. Mary’s University,
use West entrance)
- 8:00 p.m. **Alpha House** – (O), Beginners
203 – 15 Ave. S.E. (Treatment Centre)
- 8:00 p.m. **Southlanders Pancake** – (O), Beginners
Southland & Acadia Dr. S.E.
(Christ Moravian Church, basement) *Birthday last Friday*

SOUTHWEST

- 9:00 a.m. **New Beginnings** – (C), Women’s “As Bill Sees It” Disc.
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 10:30 a.m. **New Beginnings** – (O), Women’s Step & Discussion
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 8:00 p.m. **Recovery Group** – (O), Beginners.....(W)
#104, 4820 Macleod Trail SW.
- 8:00 p.m. **The Link Group** – (O)
134 Scarboro Ave. S.W. (Scarboro United Church,
use North basement door)
- 8:00 p.m. **New Beginnings** – (O), Discussion
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
*Open Birthday last Friday at Sheppard King Church,
804 – 75 Ave. S.W.*

FRIDAY

SOUTHWEST *(continued)*

- 8:30 p.m. **Glenmore** – (O), Speaker
2719 Hochwald Court S.W. (Currie Barracks, side door)
Open Birthday last Friday
- 8:30 p.m. **Lakeview** – (O), Speaker
3023 – 63 Ave. S.W. (Lakeview United Church)
- 8:30 p.m. **Unity Group** – (C), Step & Tradition
2210 – 28 St. S.W. (Central Full Gospel Church)
Open Birthday last Friday
- 12:00 a.m. **Glenmore Friday Midnighter** – (O)
2719 Hochwald Court S.W. (Currie Barracks, side door)

SATURDAY

NORTHEAST

- 10:00 a.m. **Saturday Morning Bridge** – (C), Step & Discussion
905 Renfrew Dr. N.E. (All Saints Traditional Anglican Church, Renfrew, back door) *Open Birthday last Saturday*
- 5:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
some English spoken, 2 hr. mtg.
3850 – 19 St. N.E., Bay 6
- 7:30 p.m. **7:30 Old Time Group** – (O), Step(W)
1432 – 19 St. N.E. (Ascension Lutheran Church,
use back door entrance)
- 8:00 p.m. **Saturday Night NE** – (O), Step & Discussion
2523 – 56 St. N.E. (Prince of Faith Lutheran Church)
Speaker 2nd Saturdays

NORTHWEST

- 7:00 a.m. **Go For It** – (O), Beginners
6422 – 35 Ave. N.W. (Bowness Senior's Centre)
- 9:30 a.m. **Awakenings** – (O), Discussion(W)
2919 – 8 Ave. N.W.
(Parkdale United Church, basement)

SATURDAY

NORTHWEST *(continued)*

- 11:00 a.m. **SMOG** – (O), Discussion
2404 Kensington Rd. N.W. (Kensington Commons Church,
use East entrance)
- 3:00 p.m. **Saturday Afternoon Garnet** – (O), Step Discussion
1609 Centre St. N.W. (downstairs)
- 3:00 p.m. **Stampeders** – (C)(W)
#12 Bowridge Dr. N.W. (Rock Pointe Church)
- 5:30 p.m. **NW Calgary Group** – (O), Step & Tradition(W)
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **Beacon's Refugees** – (O), Grapevine Topic & Discussion
3716 – 2 St. N.W. (Highland Park Community Centre)
- 8:00 p.m. **Front Runners** – (C), LGBT, Discussion
1227 Kensington Close N.W. (Hillhurst United Church,
side door, upstairs) *Open Birthday last Saturday*
- 8:00 p.m. **West End Step & Tradition** – (O)
3803 – 69 St. N.W. (Foothills United Church,
use South “Food Bank” door)
- 8:30 p.m. **Garnet Saturday Night** – (O)
1609 Centre St. N.W. (downstairs)
- 10:00 p.m. **Garnet Night Owl** – (O), Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:00 a.m. **McKenzie Towne** – (C), Daily Reflections
#7 McKenzie Towne Gate S.E. (McKenzie Towne Church)
- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Disc.....(W)
1840 – 38 St. S.E. (Eastside Victory Outreach, use back
door entrance)
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Forest Lawn Group** – (O)(W)
2951 – 26 Ave. S.E. (St. Luke's Anglican Church, use SE
back door, gymnasium)

SATURDAY

SOUTHEAST *(continued)*

8:00 p.m. **Midnapore** – (O), Beginners
14540 Bannister Rd. S.E. (St. Mary’s University,
use West entrance)

SOUTHWEST

- 9:00 a.m. **Recovery Group** – (C), Living Sober Disc.....(W)
#104, 4820 Macleod Trail S.W.
- 9:30 a.m. **Daily Reflections** – (O).....(W)
134 Scarboro Ave. S.W. (United Church, North door)
- 10:00 a.m. **Haddon Road** – Contented Sobriety – (C), Living Sober Disc.
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 10:00 a.m. **New Beginnings** – (O), Living Sober
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 11:30 a.m. **Recovery Group** – (C), Women’s, Step/Discussion(W)
#104, 4820 Macleod Trail S.W.
- 12 Noon **Glenmore** – (O)
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 2:00p.m. **New Beginnings** – (C), Women’s, Step 11
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 5:00 p.m. **Glenmore** – (O), Step & Discussion
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 7:30 p.m. **Glenmore** – (C), Step & Discussion
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 8:00 p.m. **Downtown Saturday Night** – (O), Speaker(W)
#801 – 7 Ave. S.W. (Nexen Building, check with Security
in South tower, then use +15 to North Tower)
- 8:00 p.m. **Haddon Road** – Hideaway – (O), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs) *B-day last Sat.*
- 8:00 p.m. **New Beginnings** – (O), Beginners
11625 Elbow Dr. S.W. (Canyon Meadows Shopping Centre,
upstairs Rm. 203) *Speaker first Saturday*

SATURDAY

SOUTHWEST (continued)

- 8:00 p.m. **Daily Reflections Ladies** — (C), Women's.....(W)
134 Scarboro Ave. S.W. (Scarboro United Church, use
North door, parking lot entrance)
- 10:00 p.m. **Saturday Night Train Wreck** — (O), Step & Tradition
200 Haddon Rd. S.W. (Rm. 200L, upstairs) 2+ hr. mtg!

SUNDAY

NORTHEAST

- 11:00 a.m. **Sunday Morning 11am** — (O), Step & Tradition.....(W)
202 - 29 Ave. N.E. (Tuxedo Park Community Association)
- 7:30 p.m. **New Life** — (C)
904 Renfrew Dr. N.E. (All Saint's Traditional Anglican Church)

NORTHWEST

- 7:00 a.m. **Go For It** — (C), Big Book Discussion
6422 - 35 Ave. N.W. (Bowness Senior's Centre)
- 8:00 a.m. **Smorg** — (O), Discussion
2212 - 13 St. N.W. (Confederation Park Seniors Club)
- 11:00 a.m. **Sunday Garnet Men's** — (C), Men's
1609 Centre St. N.W. (downstairs)
- 11:00 a.m. **Sooner Than The Nooner** — (O)(W)
3512 - 5 Ave. N.W. (Parkdale Community Association,
use "Nifty Fifties" door)
- 3:00 p.m. **Sunday Afternoon Garnet** — (O), Step Discussion
1609 Centre St. N.W. (downstairs)
- 4:00 p.m. **Namaste** — (C), Step 11 Discussion/Meditation.....(W)
11 Scenic Acres Gate N.W. (Advent Lutheran Church)
- 7:00 p.m. **Borderline** — (C), Big Book Discussion
128 Tache Ave. N.W. (Thornhill Baptist Church,
Fireside Room) Traditions Discussion 1st Sundays
- 8:00 p.m. **Sunday Night Speaker** — (O)(W)
3512 - 5 Ave. N.W. (Parkdale Community Association)

SUNDAY

NORTHWEST *(continued)*

8:30 p.m. **Sunday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Disc.....(W)
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 5:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Back to the Drawing Board** – (O).....(W)
2236 – 35 St. S.E. (United Church, basement)
- 7:30 p.m. **Came To Believe Group** – (O), Beginners(W)
#2 New Brighton Dr. S.E. (New Brighton Residents Assoc.)
- 8:00 p.m. **Midnapore** – (C), Big Book Meeting
14540 Bannister Rd. S.E. (St. Mary's University,
use West entrance)
- 8:00 p.m. **Ogden** – (C), Step & Tradition(W)
7605 – 22A St. S.E. (St. Augustine's Church Hall)

SOUTHWEST

- 8:30 a.m. **Daily Reflections** – (O).....(W)
134 Scarboro Ave. S.W. (United Church, North door)
- 8:30 a.m. **Sunday Morning Breakfast** – (O), Speaker.....(W)
708 – 8 Ave. S.W. (Ramada Inn)
Breakfast at 8:30 a.m., Speaker at 9:30 a.m.
- 9:00 a.m. **Wake Up Group** – (C), Big Book Step Study
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 11:00 a.m. **Haddon Road** – Choirboys – (C), Men's Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:00 a.m. **New Beginnings** – (O), Grapevine
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 11:30 a.m. **Glenmore** – (O), Discussion
2719 Hochwald Court S.W. (Currie Barracks, side door)

SUNDAY

SOUTHWEST *(continued)*

- 12:30 p.m. **Haddon Road** – (C), Ladies, Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 3:00 p.m. **Glenmore** – (O), Discussion
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 4:30 p.m. **Aventa** – (O), Women's (Treatment Centre)
610 – 25 Ave. S.W. (use back door, ring bell for entry)
- 5:00 p.m. **Glenmore** – (O), Step & Discussion
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 7:00 p.m. **Dream Centre** – (O), Speaker.....(W)
4510 Macleod Trail S.W. (Dream Centre, rear entrance)
- 7:30 p.m. **Haddon Road** – (O), Came To Believe Discussion
200 Haddon Rd. S.W. (Room 200L, upstairs)
- 7:30 p.m. **New Beginnings** – (O), Came To Believe
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 8:30 p.m. **Glenmore** – (O), Discussion, Big Book
2719 Hochwald Court S.W. (Currie Barracks, side door)
- 8:30 p.m. **Southwest Serenity** – (O)
1121 – 14 Ave. S.W. (St. Stephens Church)

MONTHLY INTERGROUP & GENERAL SERVICE COMMITTEE MEETINGS

INTERGROUP GENERAL MEETING

2nd Monday of each month

7:00 p.m., St. Peter the Aleut Church,
1802 – 33 Ave. S.W., Calgary

CALGARY GENERAL SERVICE COMMITTEE (CGSC)

Third Monday of each month

7:30 p.m., St. Peter the Aleut Church,
1802 – 33 Ave. S.W., Calgary

HOSPITAL AND TREATMENT FACILITY A.A. MEETINGS

Contact the Treatment Facility Chairperson at
cgsctreatment@gmail.com

C.G.S.C. SPONSORED MEETINGS

Alpha House –

8:00 p.m., Fridays (O), Beginners
203 – 15 Ave. S.E.

2:00 p.m., Mondays, Women of Hope (C), Ladies(W)
203 – 15 Ave. S.E., use 17 Ave. entrance, ring buzzer

Aventa – 4:30 p.m., Sundays (O), Women’s, Beginners

610 – 25 Ave. S.W. (back door, ring bell for entry)

Calgary South Health Campus (Hospital) – (O), Beginners.....(W)

8:00 p.m., Wednesdays

4448 Front St. S.E., Wellness Centre, Rm. 180010

Dream Centre – (O), Speaker.....(W)

7:00 p.m., Sundays

4510 Macleod Trail S.W. (rear entrance)

Sunrise (Native Addictions) – (O), Speaker/Discussion

8:00 p.m., Tuesdays

1231 – 34 Ave. N.E.

OTHER HOSPITAL / TREATMENT MEETINGS:

Foothills Hospital – (O).....(W)

8:00 p.m., Mon. & Thurs., Winners Circle Group

1403 – 29 St. N.W (Foothills Hospital)

Rm. AGW2, G Floor, across from Atrium

Peter Lougheed Hospital – (O), Beginners.....(W)

8:00 p.m., Tuesdays

3500 – 26 Ave. N.E., Rm. 0652 (basement)

Rockyview Hospital – (O).....(W)

8:00 p.m., Tues. & Thurs., Rockyview Group

7007 – 14 St. S.W.

(Holy Cross Ambulatory Care Centre, Rm. 5A-103)

CORRECTIONAL FACILITY AA MEETINGS

Security clearance and a minimum 1 year of continuous sobriety is required at all Correctional Facilities meetings.

Meetings held in Calgary Correctional Centre (Spyhill),
Calgary Remand Centre and Calgary Young Offenders Centre (CYOC).
Contact the Correctional Facilities Chairperson at
cgsccorrections@gmail.com

OUT OF TOWN MEETINGS

AIRDRIE

- Monday 12 Noon — **Lunch Bunch** (O), Discussion
126-B Main St. (Back Door)
8:00 p.m.— **Back From Hell** (C), Step & Tradition
126-B Main St. (back door)
8:00 p.m. — **Country Group** (O)
204 – 1st Ave. N.E. (Christian Education Centre)
- Tuesday 8:00 p.m. — **Lunch Pail** (O)
126-B Main St. (back door)
- Wednesday 12 Noon — **Lunch Bunch** (O), Beginners
126-B Main St. (back door)
7:00 p.m. — **Women in Sobriety** (C), Women's, Disc.
126-B Main St. (back door)
- Thursday 7:00 a.m. — **Back From Hell Early Riser** (O), Discussion
126-B Main St. (back door)
12:00 Noon — **Lunch Bunch** (O), 12x12 Discussion
126-B Main St. (back door)
8:00 p.m. — **Thursday Q & A** (O)
126-B Main St. (back door)
8:00 p.m. — **Country Group** (O) *Birthdays last Thursday*
204 – 1st Ave. N.E. (Christian Education Centre)

OUT OF TOWN MEETINGS

AIRDRIE (*continued...*)

- Friday 12 Noon — **Lunch Bunch** (O), Discussion
126-B Main St. (back door)
8:00 p.m. — **Back From Hell** (O), BB Discussion
126-B Main St. (back door)
- Saturday 10:00 a.m. — **Back to the Book** (O), Big Book Disc.(W)
1701 Main St. (Nose Creek Valley Museum)
8:00 p.m. — **Back From Hell** (O)
126-B Main St. (back door) *Open Birthday last Saturday*
- Sunday 10:00 a.m. — **Sunday Morning Meeting**, Speaker
800 East Lake Blvd. N.E. (Genesis Place, upstairs, Echo Rm)
8:00 p.m. — **Airdrie Reflections** (O), Daily Reflections
126-B Main St. (back door)

BANFF

- Monday 8:00 p.m. — **Mountainview Group** (O), Big Book
(Mineral Springs Hospital, Cafeteria)
- Tuesday 8:00 p.m. — **Mountainview Group** (O), Discussion
(Mineral Springs Hospital, Cafeteria)
- Friday 8:00 p.m. — **Mountainview Group** (O), Step & Tradition
(Mineral Springs Hospital, Cafeteria)

BASSANO

- Sunday 8:00 p.m. — (O)
608 – 5 Ave. (Bassano Health Centre)

BLACK DIAMOND

- Saturday 8:00 p.m. — (O) Step
717 Government Rd. (Oilfields General Hospital,
basement, “Action Centre” room)

Wednesday 8:00 p.m. — **Blairmore Group** (C), Discussion

- Sunday 8:00 p.m. — **Blairmore Group** (O), Discussion
Provincial Building

OUT OF TOWN MEETINGS

BOWDEN

Sunday 7:30 p.m. — **Bowden Sunday Night** (O)(W)
Olde Library, South end of Arena parking lot

BROOKS

Mon. & Sat. 8:00 p.m. — **Fresh Start Group** (C),
507 – 3 Ave. W. (BrooksUnited Church)

Wednesday 8:00 p.m. — **Hospital Meeting** (O),
440 – 3 St. E. (BrooksHealth Centre)

Tues. & Thur. 8:00 p.m. — **Bar None Group** (C),
811 Cassils Rd. W. (Trinity Lutheran Church)

BROCKET

Thursday 7:30 p.m. — **Piitaapoyi Group** (O)
16 St. & 15 Ave. (St. Paul's Catholic Church)

CARDSTON

Tuesday 8:00 p.m. — Moses Lake Shelter, (C)

Thursday 8:00 p.m. — St. Paul's Treatment Centre, (O)
Two Eagles Building (403) 737-3757

CANMORE

Monday 5:30 p.m. — **Round House Recovery for Women**, (O), Disc.
Suite 101, 743 Railway Ave. (Boardwalk Bldg., AHS
meeting room, East side entrance, use left glass door)

Tuesday 12 Noon — **Noon Oasis**, (O), Discussion
914 – 8 St. (Scout Hall, main door)

Wednesday 8:00 p.m. — **Back To Basics**, (O), Discussion
617 – 8 St. (Ralph Connor United Church, side entrance)

Thursday 8:00 p.m. — **Rule 62 Group**, (C), Big Book Discussion
617 – 8 St. (Ralph Connor United Church, side entrance)

Saturday 8:00 p.m. — **Rule 62 Group**, (C), Living Sober
617 – 8 St. (Ralph Connor United Church, side entrance)

Sunday 8:00 p.m. — **Canmore Sunday Night**, (C), Discussion
914 – 8 St. (Scout Hall, main door)

Open Speaker 2nd Sunday

OUT OF TOWN MEETINGS

CAROLINE

Fridays 8:00 p.m. — **Caroline Wilderness Group** (C)
5111 – 49 Ave. (Lions Hall), *Open last Friday*

CARSTAIRS

Sunday 7:30 p.m. — **Sunday Night Group** (O) Step & Topic
The Legion, Main St.

CASTOR

Monday 8:00 p.m. — **Battle River Group** (C)
Lighthouse Church, Main St. *Open last Monday*

CHESTERMERE

Thursday 7:30 p.m. — **Lakeside Serenity Group** (C), Step & Trad. (W)
105 Marina Rd. (Chestermere Town Hall, use N. entrance)
Open Birthday 4th Thursdays

CLARESHOLM

Tuesday 8:00 p.m. — **Versatile Group** (O)
126 – 52 Ave. W. (St. John's Anglican Church)

Thursday 8:00 p.m. — **Claresholm Thursday Nite** (C)
4803 – 2 St. W. (United Church) *Open B-Day last Thursday*

Saturday 10:00 a.m. — **Gid R Dun Group** (O) Big Book Disc.....(W)
4304 - 2 St. West (Peace Lutheran Church)

COCHRANE

Monday 7:30 p.m. — **5th Chapter Group** (C), BB/12x12 Disc.
128 – 1 Sreet E. (United Church) *Open B-day last Monday*

Tuesday 7:30 p.m. — **Freedom Group** (C)
Weedon Hall (Hwy 22 & Hwy 567)

Wednesday 12 Noon — **Laughter Noon Group** (C), Discussion
120 Centre Ave. (King Solomon Lodge)

Thursday 7:30 p.m. — **Cochrane Ladies** (C), Literature Study
128 – 1 St. E. (St. Andrews United Church, NW door, upstairs)
8:00 p.m. — **Thursday Men's Group** (C), Step & Trad.
404 – 4 Ave. N. (All Saints Anglican Church, Rectory Bldg.)

OUT OF TOWN MEETINGS

COCHRANE *(continued...)*

- Friday 8:00 p.m. — **Cochrane Rounders** (C), Step/Tradition
405 – 1 St. E. (Frank Wills Memorial Hall)
- Saturday 7:00 p.m. — **Cochrane Castaways** (O), Step/Discussion
800 Griffin Rd. E. (Spray Lakes Family Sports Centre,
NE entrance, 2nd floor)
- Sunday 7:30 p.m. — **Head To Heart Big Book Study** (C)
120 Centre Ave. (King Solomon Lodge)
Open Birthday last Sunday

COALDALE

- Wednesday 8:00 p.m. — **Coaldale Group** (C) *Open last Wednesday*
2115 – 17 St. (Anglican Church of the Ascension)

CONSORT

- Thursday 8:00 p.m. — **Consort Group** (O)
5103 – 47 St. (Consort Anglican Church, basement)

CREMONA

- Monday 8:00 p.m. — **Cremona Blasters Group**, (C)(W)
113 Centre St. (Gold & Silver Club, behind Credit Union)
Open last Monday

CROSSFIELD

- Wednesday 8:00 p.m. — **Crossfield Wednesday Night Group** (C)
Masonic Hall, contact Rob 403-805-7168

DEWINTON

- Tuesday 8:00 p.m. — **Dewinton Tuesday Night Group** (C)
Dewinton United Church, basement, use rear door entrance
Open Speaker 1st Tuesday

DICKSON

- Monday 8:00 p.m. — **Dickson Dam Monday Night** (C)
Bethany Lutheran Church, East of 4-way stop
Open last Monday

DIDSBURY

- Friday 8:30 p.m. — **Didsbury Friday Night** (C), Step & Tradition
2037 – 21 Ave. (Masonic Hall)
Open Birthday last Friday

OUT OF TOWN MEETINGS

DRUMHELLER

- Weekdays 8:00 p.m. — (C) 175 – 3 St., Grace House
- Monday 7:00 p.m. — **Happy Destiny Group**, (O), Discussion
Drumheller Hospital
- Wed. & Sun. 7:00 p.m. — **New Hope Group**, (C), Big Book Study
176 – 1 St. S.W. (St. Magloire Anglican Church)
- Saturday 9:00 a.m. — **Saturday Morning Sunrise**, (C) (W)
195 – 3 Ave. E. (Knox United Church, side door)
Open Birthday 1st Saturday

ECKVILLE

- Thursday 7:30 p.m. — **Eckville Thursday Night**, (C), BB Study.... (W)
5011 – 54 Ave. (Friendship Centre)
Open Speaker last Thursday

ELNORA

- Monday 8:30 p.m. — **Elnora No Name Group** (C), Step
538 – 1 Ave. (St. David's Anglican Church, basement)
Open Birthday 1st Monday

FORT MACLEOD

- Daily 8:00p.m. — Foothills Detox Centre (C), 403-553-4466
except Sat. 810 – 18 St. Main Door, ring buzzer for entry
- Wednesday 8:00 p.m. — **Sunnyside Group** (C)
1716 – 7A Ave. (Fort Macleod Alliance Church, back door)

GLEICHEN

- Wednesday 7:00 p.m. — **Sorrell Rider Group** (C)
Siksika Elder's Lodge, on Hwy 547, 1/2 km S. of town

HANNA

- Monday 8:00 p.m. — **Chimes of Freedom** (C)
801 – 4 St. W. (J.C. Charyk School, mezanine)
Open last Monday

OUT OF TOWN MEETINGS

HIGH RIVER

- Wednesday 1:30 p.m. — **High River Wednesday Afternoon Group** (C)
123 Macleod Trail S.W. (United Church)
8:00 p.m. — **High River Group** (O)
910 – 12 Ave. W. (Lutheran Church)
- Friday 8:00 p.m. — **High River Group** (O), BB Discussion
910 – 12 Ave. W. (Lutheran Church)

INNISFAIL

- Tuesday 7:30 p.m. — **24 Hr. Group** (C)
4716 – 50 Ave. (Presbyterian Church)
Open last Tuesday
- Wednesday 12 Noon — **Wednesday Brown Bag Meeting** (O), Disc. (W)
#25, 4804 – 42 Ave. (Alliance Church, North door)
- Thursday 8:00 p.m. — **Gratitude Group** (O), Beginners.....(W)
4720 – 48 Ave. (Innisfail United Church)
call 403-347-8650
- Saturday 8:00 p.m. — **Innisfail Sat. Night** (O), Step & Trad.....(W)
#25, 4804 – 42 Ave. (Alliance Church, North door)
Birthday Speaker last Saturday

IRRICANA

- Wednesday 7:30 p.m. — **Irricana Recovery** (O)
- Sunday 8:00 p.m. — **Irricana Recovery** (O)
16 km E. of Airdrie on Hwy 567
(United Church, basement) Open Birthday last Sunday

LANGDON

- Friday 8:00 p.m. — **Bring Your Own Cup Group** (O), Step
344 Centre St. (Langdon Fieldhouse)
Birthday last Friday

LETHBRIDGE CHAPTER HOUSE403-327-8049

MEDICINE HAT CENTRAL OFFICE403-527-2065

MILK RIVER

- Monday 8:00 p.m. — **Milk River Group** (C)
Extended Care – Hospital

OUT OF TOWN MEETINGS

MORLEY

Wednesday 11:00 a.m. — **First Light Group** (O) Step & Topic.....(W)
Westley Elders Lodge, Hwy 1A
(33 km West of Cochrane)

NANTON

Monday 8:00 p.m. — **Nanton Monday Night** (O)
2121 – 21 St. (Nanton United Church, basement)
Birthday 3rd Mondays

OKOTOKS

Monday 8:00 p.m. — **Okotoks Monday Night Group** (C)
13 Elma St. E. (Freemason's Hall)
Open Birthday last Monday

Wednesday 8:00 p.m. — **Wednesday Night Men's** (C) Step Disc...(W)
31 Riverside Way (St. Peter's Anglican Church, use main
entrance)

Thursday 8:00 p.m. — **Railway Group** (O)
43 Riverside Dr. (Okotoks United Church, use NW side
door entrance) *Birthday 1st Thursday*

Friday 8:00 p.m. — **T.G.I.F. Group** (O), Big Book
338 Ave. & Hwy 2A (Okotoks Alliance Church,
use North entrance)

Sunday 8:00 p.m. — **Ladies Candlelight** (C), Women's, Step/Disc.
13 Elma St. E. (Freemason's Hall)

8:00 p.m. — **Okotoks Men's Group** (C), Men's, Step/Disc.
43 Riverside Dr. W. (Okotoks United Church, use West
side Food Bank door)
Open Birthday Speaker last Sunday

OLDS

Monday 7:30 p.m. — **Olds Midway Group** (C)(W)
5022 – 52 St. (Olds Lutheran Church) *Open first Monday*

OUT OF TOWN MEETINGS

OLDS *(continued)*

- Tuesday 6:00 p.m. — **Friends of Bill** (C).....(W)
3901 – 57 Ave. (Olds Hospital, Rm. 125)
- Thursday 8:00 p.m. — **The Olds Evergreen Back Door Group** (O),
Book Discussion format(W)
5237 – 52 St. (Evergreen Seniors Centre, back door)

PINCHER CREEK

- Tuesday 8:00 p.m. — **12x12 Group** (C)
(Elks Hall, side door) *Open Birthday last Tuesday*
- Friday 7:30 p.m. — **There Is A Solution** (O), Big Book Disc.....(W)
1222 Bev McLachlin Dr. (Pincher Creek Health Centre,
Main Level, Rm. 226)

RAYMOND

- Wednesday 8:00 p.m. — **Pot Belly Stove Group** (O) Smoking allowed
81E 100 S contact Central Service Office 403-777-1212

RED DEER ANSWERING SERVICE403-347-8650

ROCKYFORD

- Tuesday 7:00 p.m. — **Rockyford Group** (O) Beginners
Rockyford United Church, across from (West of) school

ROCKY MOUNTAIN HOUSE

- Tuesday 7:30 p.m. — **Tuesday New Beginnings Group** (C), Disc.
First Christian Reformed Church, 1.6 km South on Hwy 11
Open last Tuesday
- Friday 8:30 p.m. — (C), Discussion (First Christian Reformed
Church, 1.6 km South on Hwy 11)
Open last Friday

STANDOFF

- Monday 8:00 p.m. — **Kainai Group** (O)
Tribe Health Centre

OUT OF TOWN MEETINGS

STETTLER

- Tuesday 8:00 p.m. — **Stettler Heartland Group** (O)
4820 – 51 St. (Stettler United Church, basement, use
North door entrance) *Open last Tuesday*
- Friday 8:00 p.m. — **Simple Serenity Seekers** (C)
4820 – 51 St. (Stettler United Church, basement, use
North door entrance) *Open last Friday*

STRATHMORE

- Monday 8:00 p.m. — **Sunset Discussion Group** (O), Beginners
245 Brent Blvd. (Hope Community Covenant Church)
Birthday Speaker 1st Monday
- Tuesday 8:00 p.m. — **Highway People** (O), Discussion(W)
50 Maplewood Dr. (Full Gospel Church, back door)
- Thursday 8:00 p.m. — **Thursday 12x12 Group** (O)(W)
50 Maplewood Dr. (Full Gospel Church, back door)
- Sunday 2:00 p.m. — **New Life Group** (O), Step & Discussion
410 – 4 St. (Strathmore United Church)

SUNDRE

- Wednesday 8:30 p.m. – **Sundre Town & Country Group** (C)(W)
808 – 1 St. N.E. (Sundre Gospel Centre)
Open 1st Wednesday
- Thursday 7:30 p.m. – **Sundre Thurs. Night Meeting** (C), Disc. .(W)
808 – 1 St. N.E. (Sundre Gospel Centre)
Open 1st Thursday

SYLVAN LAKE

- Tuesday 7:30 p.m. — **Tues. Night Serenity Group** (C), Step/Trad.
5119 – 50A St. (Lion's Den Hall)
Open Birthday last Tuesday
- Sunday 8:00 p.m. — **Sylvan Lake Sunday Night Group** (C)
5020 – 48 St. (Presbyterian Memorial Church)
Open last Sunday

OUT OF TOWN MEETINGS

TABER

- Monday 8:00 p.m. — **Northside Group** (C), 12 Step Meeting
4929 – 50 Ave. (Knox United Church)
- Tue. & Thu. 7:30 p.m. — **Taber Group** (C)
5431 – 48 Ave. (Evangelical Free Church)
- Friday 7:30 p.m. — **Serenity Seekers** (O)
5213 – 56 St.
- Saturday 7:30 p.m. — **Taber Group** (O)
5431 – 48 Ave. (Evangelical Free Church)
Birthday last Saturday
- Sunday 7:30 p.m. — **Taber Group** (C)
5431 – 48 Ave. (Evangelical Free Church)

THREE HILLS

- Thursday 8:00 p.m. — **New Life Group** (C),
United Church, 5th Ave. & Main Street
Open 1st Thursday

TROCHU

- Wednesday 7:00 p.m. — **Back Again Group** (C) Step Discussion
“Eye of the Sky” Bldg., Lions Campground
Open Birthday last Wednesday

TSUU T'INA NATION

- Thursday 12 Noon — **Tsuu T'ina Group** (O), Discussion
Spirit Healing Lodge, Old Agency Rd. off Bullhead Rd.,
off Anderson Rd. SW

TURNER VALLEY

- Thursday 8:00 p.m. — Diamond Valley Group (C)
208 Main St. S.W. (Anglican Church Hall),
Open Birthday Speaker last Thursday

VULCAN

- Tuesday 8:00 p.m. — (C), 405 – 3 St. S. (Bethel Lutheran Church)
Open Birthday last Tuesday
- Thursday 8:00 p.m. — Vulcan Different Group (C)
405 – 3 St. S. (Bethel Lutheran Church)

WHO SUPPORTS CALGARY CENTRAL SERVICE OFFICE?

Central Office is supported 100% by the financial contributions of local AA Groups and individual AA members.

NO OUTSIDE CONTRIBUTIONS ARE ACCEPTED
(in accordance with AA Tradition).

SUGGESTED GROUP CONTRIBUTIONS

The following “split” suggestions could be considered after all necessary group expenses are met.
(ie: rent, AA literature, refreshments, prudent reserve, District and/or DCM expenses)

50% (IG), 30% (GSO), 10% (Area), 10 (CGSC)

50% (IG), 30% (CGSC), 10% (GSO), 10 (Area)

— OR —

**Whatever percentages are in accordance
with your group conscious.**

Mailing addresses for group contributions are as follows:

- (IG) Calgary Intergroup** (payable to:)
Calgary Central Service Office
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (GSO) General Service Office** (payable to:)
General Service Office
P.O. Box 459, Grand Central Station,
New York, New York 10163
- (CGSC) Calgary General Service Committee** (payable to:)
General Service Committee
c/o Calgary Central Service Office
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (Area) Area 78** (payable to:)
Address changes every two years; please contact
Central Service Office for current mailing address.

THE 12 STEPS OF ALCOHOLICS ANONYMOUS*

1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

THE 12 TRADITIONS OF ALCOHOLICS ANONYMOUS*

1. Our common welfare should come first., personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centres may employ special workers.
9. A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

ARE YOU AN ALCOHOLIC?

Questions developed by Johns Hopkins University Hospital to determine whether or not a person is suffering from Alcoholism. Ask yourself the following questions, and answer them as HONESTLY as you can.

- | | YES | NO |
|---|--------------------------|--------------------------|
| 1. Do you lose time from work due to drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Is drinking making your home life unhappy? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you drink because you are shy with other people? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Is drinking affecting your reputation? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you ever felt remorse after drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you gotten into financial difficulties as a result of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do you turn to lower companions and an inferior environment when drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Does your drinking make you careless of your family's welfare? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Has your ambition decreased since drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Do you crave a drink at a definite time daily? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Do you want a drink the next morning? | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Does drinking cause you to have difficulty in sleeping? | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Has your efficiency decreased since drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Is drinking jeopardizing your job or business? | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Do you drink to escape from worries or troubles? | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Do you drink alone? | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Have you ever had a loss of memory (blackout) as a result of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Has your physician ever treated you for drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Do you drink to build up your self-confidence? | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Have you ever been to a hospital or institution on account of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |

If you have answered YES to any **one** of the questions, that is a definite warning that you **MAY** be an alcoholic.

If you answered YES to any **two**, CHANCES ARE that you are an alcoholic.

If you answered YES to **three or more**, YOU ARE DEFINITELY AN ALCOHOLIC.