

# March 2018

price : \$1.00



## **Calgary & Southern Alberta Meeting Directory**

# **ALCOHOLICS ANONYMOUS**

### **CENTRAL SERVICE OFFICE**

**#2, 4015 – 1st Street S.E.**

*(access off 39th Avenue from Macleod Trail S.)*

**Calgary, Alberta T2G 4X7**

**phone : 403-777-1212**

**e-mail : [centraloffice@calgaryaa.org](mailto:centraloffice@calgaryaa.org)**

**website: [www.calgaryaa.org](http://www.calgaryaa.org)**

### **OFFICE HOURS**

**Monday to Friday : 8:30 a.m. – 5:00 p.m.**

*(Closed for lunch, 1:00 p.m. – 2:00 p.m.)*

**Saturdays : 9:00 a.m. – 1:00 p.m.**

*(Closed Holiday Weekends)*

Area 78 (Alta./N.W.T.) website : **[www.area78.org](http://www.area78.org)**

General Service Office (New York) website : **[www.aa.org](http://www.aa.org)**

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All meetings are “Mixed” (men & women) unless otherwise noted.

**(W) = Wheelchair Access**

**(O) = Open Meeting Format** – Open to anyone who is interested in the AA Program. Visitors and friends are expected to respect the anonymity of all persons they see or meet at AA meetings.

**(C) = Closed Meeting Format** – For alcoholics only. Discussion of the AA Program is held and every person has the opportunity to ask questions and share their experience more freely. All members benefit from the experience, strength and hope of each other.

### **IMPORTANT INFORMATION ABOUT THIS DIRECTORY**

As embodied in the 4th Tradition, the information and operation of an AA Group resides with the group conscience of its members. While hopefully every AA Group adheres closely to the guiding principles of the 12 Steps and 12 Traditions, Calgary Intergroup neither monitors nor oversees the activities or practice of any AA Group. Groups and meetings listed in this directory appear at their own request. A directory listing does not constitute or imply approval or endorsement of any approach to, or practice of, the AA program.

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# DAILY MEETINGS (Monday to Friday)

## NORTHWEST

- 7:00 a.m. **Go For It** – (C),  
6422 – 35 Ave. N.W. (Bowness Senior's Centre) ... (W)
- 12 Noon **Fun Seekers** – (O), Discussion  
3512 – 5 Ave. N.W. (Parkdale Community  
Association, downstairs Boardroom) ..... (W)
- 1:30 p.m. **Afternoon Garnet** – (O) Step Discussion  
1609 Centre St. N.W. (downstairs)
- 5:15 p.m. **Homeward Bounders** – (O), 12x12  
3512 – 5 Ave. N.W. (Parkdale Community Assoc.) (W)
- 5:30 p.m. **Garnet 5:30** – (O) Step Discussion  
1609 Centre St. N.W. (downstairs)

## SOUTHWEST

- 7:00 a.m.. **Haddon Road** – On Awakening – (C), Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 9:30 a.m. **Daily Reflections** – (O) ..... (W)  
134 Scarboro Ave. S.W. (United Church, North door)
- 12 Noon **Glenmore** – (O), Step, Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Bldg. B-6,  
Room 103, downstairs)
- 12 Noon **Knox Nooners** – (O), Step  
506 – 4 St. S.W. (Knox United Church, 4th St. ent.)  
*No Meetings on Stat. Holidays; Birthday last Friday*
- 12 Noon **New Beginnings** – (O), Discussion  
11625 Elbow Dr. S.W. (Canyon Meadows Shopping  
Centre, upstairs Rm. 203)
- 12:10 p.m. **Haddon Road** – Brown Bagger – (O), Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 5:00 p.m. **Glenmore** – (O), Step, Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Bldg. B-6,  
Room 103, downstairs)

# DAILY MEETINGS (continued...)

## SOUTHWEST (continued...)

- 5:15 p.m. **New Beginnings** – (C), Discussion  
11625 Elbow Dr. S.W. (Canyon Meadows Shopping  
Centre, upstairs Rm. 203)
- 5:30 p.m. **Haddon Road** – Journey Home – (C), Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)

## MONDAY

### NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** – (O)  
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish  
*some English spoken, 2 hr. meeting*  
3850 – 19 St. N.E., Bay 6
- 7:00 p.m. **Regal Group** – (C), Big Book Discussion  
956 Radnor Ave. N.E. (Renfrew United Church, downstairs)
- 8:00 p.m. **No Name Group** – (O), Beginners  
2523 – 56 St. N.E. (Prince of Faith Lutheran Church)  
*Birthday Speaker last Monday*
- 8:00 p.m. **Tommy's Place Men's Group** – (C), Literature Study  
904 Renfrew Dr. NE. (All Saints Traditional Anglican  
Church, Renfrew, back door)
- 8:30 p.m. **Walking Eagle** – (O), Step & Tradition  
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door,  
basement)

### NORTHWEST

- 7:30 p.m. **SMOG** – (O), Step/Tradition  
2404 Kensington Rd. N.W.  
(Kensington Commons Church, East entrance)
- 7:30 p.m. **272** – (C), Step/Tradition .....(W)  
3311 Centre St. N. (Northminister United Church)

# MONDAY

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## **NORTHWEST** *(continued)*

- 7:30 p.m. **Harvest Hills Big Book Discussion** – (O)  
10099 Harvest Hills Blvd. N.W. (Harvest Hills Alliance Church) *Birthday last Monday*
- 8:00 p.m. **Double H** – (O)  
130 – 32 Ave. N.W. (House of Blessings Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O)  
1403 – 29 St. N.W. (Baker Bldg., Rm AGW2)
- 8:00 p.m. **Mustard Seed Group** – (C), Men's  
5720 Silver Ridge Dr. N.W. (Silver Springs Com.Centre)
- 8:00 p.m. **Northlanders** – (C)  
Corner of Northmount Dr. & Northland Dr. N.W.  
(St. Luke's Church, East entrance, lower level)  
*Open Birthday Speaker 1st Monday*
- 8:30 p.m. **Monday Night Garnet Beginners** – (O)  
1609 Centre St. N.W. (downstairs)

## **SOUTHEAST**

- 10:00 a.m. **Monday Morning Group** – (O), Discussion  
2951 – 26 Ave. S.E. (St. Luke's Anglican, back door)
- 6:30 p.m. **Bridging the Gap at the Alex** – (O), Speaker  
102, 2840 – 2 Ave. S.E. (The Alex Community Health Centre) *Cancelled on Stat. Holidays*
- 7:00 p.m. **Steps, Stories & Beyond** – (O), Big Book  
6100 – 8 Ave. S.E. (Pembroke Community Hall)
- 7:30 p.m. **Sobriety & Beyond** – (C) Step .....(W)  
#2 New Brighton Dr. S.E. *Open Birthday last Monday*  
(New Brighton Resident Assoc. Building, buzz for entry)
- 7:30 p.m. **ODAT Group** – (O), Discussion.....(W)  
1840 – 38 St. S.E. (East Side Victory Outreach Centre)
- 8:00 p.m. **Fireside** – (C).....(W)  
12707 Bonaventure Dr. S.E. (Holy Nativity Church,  
parking lot entrance) *Open Birthday 3rd Monday*

# MONDAY

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## **SOUTHEAST** *(continued)*

- 8:00 p.m. **Southlanders Pancake** – (C), Big Book  
Southland Dr. & Acadia Dr. S.E.  
(Christ Moravian Church, basement)
- 8:00 p.m. **Midnapore** – (C), Living Sober Discussion  
14540 Bannister Rd. S.E. (St. Mary's University,  
use West entrance)

## **SOUTHWEST**

- 10:30 a.m. **New Beginnings** – (C), Women's, Step  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs, Room 203)
- 12 Noon **Central Recovery** – (O), Step  
131 – 7th Ave. S.W. (Central United Church, side door,  
downstairs, dining room)
- 5:00 p.m. **Recovery Group** – (C), Living Sober Discussion .....(W)  
#104, 4820 Macleod Trail S.W.
- 7:30 p.m. **Recovery Group** – (C), 12x12 Discussion.....(W)  
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Cedarbrae Men's** – (C), Men's  
11024 Oakfield Dr. S.W. (Cedarbrae Community Centre,  
main floor by the kitchen) *Open Mixed Birthday Speaker  
last Monday*
- 8:00 p.m. **Haddon Road** – (O), Beginners  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Monday Night Big Book Discussion** – (C) .....(W)  
903 – 75 Ave. S.W. (St. Peter's Church, basement)
- 8:00 p.m. **New Beginnings** – (C), Men's, Step  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs, Room 203)
- 8:30 p.m. **We Agnostics** – (O), Living Sober Discussion  
1213 – 4 St. S.W. (Sheldon Shumir Health Centre, Rm. 3102)
- 8:30 p.m. **Elbow Park** – (C), Discussion  
3602 – 8 St. S.W. (Christ Church)



# MONDAY

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## **SOUTHWEST** *(continued)*

- 8:30 p.m. **Glenmore** – (O), Beginners  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

# TUESDAY

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## **NORTHEAST**

- 8:00 p.m. **Sunrise** (Native Addictions) – (O), Speaker/Disc.  
1231 – 34 Ave. N.E. (Treatment Facility)
- 8:00 p.m. **Peter Lougheed Hospital** (O), Beginners  
3500 – 26 Ave. N.E., Room 0652 (basement)

## **NORTHWEST**

- 10:00 a.m. **Tuesday Morning Ladies** – (C), Women's  
Meets in members homes. Please contact:  
Calgary Central Service Office at 403-777-1212
- 7:30 p.m. **A-Men** – (C), Men's, Step & Tradition.....(W)  
3527 Boulton Rd. N.W. (Hope Lutheran Church)
- 7:30 p.m. **Springbank Tuesday** – (C), Step & Tradition  
(Westlife Church) corner of Range Rd. 33 & Township Rd.  
245, South of Calaway Park entrance, off Hwy 1)
- 8:00 p.m. **New You/Sailor Bill's** – (O), Step & Tradition  
6228 Bowness Rd. N.W. (Office, Rm 101; Buzz 101)
- 8:00 p.m. **Front Runners** – (C), LGBTQ, Step & Tradition  
1227 Kensington Close N.W. (Hillhurst United Church,  
side door, upstairs)
- 8:00 p.m. **Getting There** – (C) Step, Discussion  
2828 – 19 St. N.W. (Holy Cross Church) *Open B-day last Tues.*
- 8:00 p.m. **NW Calgary Group** – (O), Big Book .....(W)  
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **5th Tradition Safe Harbour** – (C) Big Book Study....(W)  
1317 – 1 St. N.W. (Wild Rose United Church, side door,  
Centennial Rm, downstairs) *Open Birthday 2nd Tuesday*

## TUESDAY

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### NORTHWEST *(continued...)*

8:30 p.m. **Tuesday Night Garnet** — (O) Step Discussion  
1609 Centre St. N.W. (downstairs)

### SOUTHEAST

12 Noon **Just For Today** — (O), Big Book Discussion  
2236 – 35 St. S.E. (Forest Lawn United Church, basement)

6:00 p.m. **Happy, Joyous & Free** — (O), Step & Tradition  
1840 – 38 St. S.E. (Eastside Victory Outreach Centre,  
back door entrance)

7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)

7:30 p.m. **McKenzie Towne** — (C), Step  
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)

7:30 p.m. **Deer Ridge** — (C), Step & Tradition  
13811 Deer Ridge Dr. SE. (Lutheran Church)  
*Open Birthday last Tuesday*

7:30 p.m. **Open Door** — (O), Step/Discussion  
1840 – 38 St. S.E. (Eastside Victory Outreach Centre,  
back door entrance)

8:00 p.m. **Midnapore** — (O), Discussion  
14540 Bannister Rd. S.E. (St. Mary's University,  
use West entrance) *Birthday last Tuesday*

### SOUTHWEST

10:30 a.m. **New Beginnings** — (O), Women's, BB Story/Discussion  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)

7:00 p.m. **Glenmore** — (C), Women's, Living Sober  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

7:00 p.m. **New Beginnings** — (O), Women's, Step  
11625 Elbow Dr. S.W. (Canyon Meadows Shopping  
Centre, upstairs Rm. 203) *Open Speaker last Tuesday*

## TUESDAY

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### **SOUTHWEST** *(continued...)*

- 7:30 p.m. **Haddon Road** – (C), Step & Big Book Disc. (1.5 hr. mtg)  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 7:30 p.m. **Recovery Group** – (C), Step/Tradition .....(W)  
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** – (O), Step .....(W)  
7007 – 14 St. S.W. (Rockyview Hospital, Holy Cross  
Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **19th Hole** – (C), Men's  
804 – 75 Ave. S.W. (Sheppard King Lutheran Church,  
use East rear entrance)
- 8:30 p.m. **Glenmore** – (C), Men's, Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

## WEDNESDAY

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### **NORTHEAST**

- 11:55 a.m. **Out to Lunch Bunch** – (O)  
1432 – 19 St. N.E. (Ascension Lutheran Church)  
*Open Birthday last Wednesday*
- 12 Noon **Next Step Meeting** – (O) Women's Beginners  
200, 317 – 37 Ave. N.E. (Next Step Ministries)  
*Speaker last Wednesdays*
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish  
*some English spoken, 2 hr. mtg.*  
3850 – 19 St. N.E., Bay 6
- 7:30 p.m. **Marlborough Park** – (C) *doors locked @ 7:45 p.m.!!*  
1352 Abbeydale Dr. N.E. (Fellowship Centre, S. entrance)
- 8:00 p.m. **Airport** – (O), Beginners  
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door, bsmnt)
- 8:00 p.m. **Overcomers** – (O), Discussion.....(W)  
5510 – 26 Ave. N.E. (Robert McClure Church)
- 8:30 p.m. **Grey Sheep** – (C), Men's.....(W)  
1432 – 19 St. N.E. (Ascension Lutheran Church)

## **WEDNESDAY**

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### **NORTHWEST**

- 10:00 a.m. **Wednesday Eye Opener** – (O).....(W)  
130 – 32 Ave. N.W. (House of Blessings Church)
- 7:30 p.m. **SMOG** – (O), Big Book  
2404 Kensington Rd. N.W. (Kensington Commons Church,  
East entrance)
- 8:00 p.m. **ABC** – (C), Step & Tradition .....(W)  
4612 Varsity Dr. N.W. (Presbyterian Church, East door)  
*Open Birthday last Wednesday*
- 8:00 p.m. **Kincora Group** – (O), Discussion  
38 Kincora Rise N.W. (Symons Valley United Church)  
*Birthday Speaker last Wednesday*
- 8:30 p.m. **Wednesday Night Garnet** – (O)  
1609 Centre St. N.W. (downstairs)

### **SOUTHEAST**

- 7:00 p.m. **Grupo Vientos de Calgary** - (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **Harmony** – (O)  
1840 – 38 St. S.E. (Eastside Victory Outreach, downstairs)
- 8:00 p.m. **Midnapore** – (C), Step Discussion  
14540 Bannister Rd. S.E. (St. Mary's University, W. ent.)
- 8:00 p.m. **Calgary South Health Campus** – (O), Beginners  
4448 Front St. S.E. (Wellness Centre, Room 180006)

### **SOUTHWEST**

- 10:30 a.m. **New Beginnings** – (O), Women's Big Book  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 7:00 p.m. **Glenmore** – (C), Women's  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 7:30 p.m. **New Beginnings** – (C), 11th Step Prayer  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)

## WEDNESDAY

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### **SOUTHWEST** *(continued...)*

- 7:30 p.m. **Recovery Group** – (O), Topic, Discussion .....(W)  
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Bow Trail** – (C)  
800 – 85 St. S.W. (St. Michael's Church) *Open last Wed.*
- 8:00 p.m. **Primary Purpose Group** – (O), Big Book Discussion .(W)  
1311 – 4 St. S.W. (First Baptist Church, use basement  
door between 2 main entrances) *Call-Up format 4th Wed.*
- 8:30 p.m. **Explorers** – (O), Discussion  
1121 – 14 Ave. S.W. (St. Stephan's Anglican Church)
- 8:30 p.m. **Glenmore** – (C), Step  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

## THURSDAY

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### **NORTHEAST**

- 7:00 p.m. **MAAT Group** – (C), Step & Tradition .....(W)  
912 – 19 St. N.E. (Crossroads Community Church,  
use back door, basement)
- 8:00 p.m. **Regal Group** – (C), Step Discussion  
956 Radnor Ave. N.E. (Renfrew United Church)  
*Open Birthday last Thursday*

### **NORTHWEST**

- 7:30 p.m. **Nadzieja** – (C), Polish Speaking, Step & Discussion  
640 – 19 Ave. N.W. (St. Joseph's Church, use East side  
office doors) *Open Birthday last Thursday*
- 8:00 p.m. **19th Street Big Book** – (C), Big Book Discussion  
2828 – 19 St. N.W. (Holy Cross Church)
- 8:00 p.m. **NW Step & Tradition** – (C), Men's  
5511 Baroc Rd. N.W. (Dalhousie Community Church,  
upstairs) *Open Speaker last Thursday*
- 8:00 p.m. **Front Runners** – (C), LGBTQ, BB Discussion  
1227 Kensington Close N.W. (Hillhurst United Church,  
side door, upstairs)

# THURSDAY

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## **NORTHWEST** *(continued)*

- 8:00 p.m. **NW Calgary Group** – (O), Step Discussion .....(W)  
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O), Beginners  
1403 – 29 St. N.W. (Baker Building., Room AGW2)
- 8:00 p.m. **Rule 62 Group** – (C), Big Book Discussion  
1212 – 1 St. N.W. (Crescent Heights Baptist Church,  
back door, downstairs)
- 8:30 p.m. **Thursday Night Garnet** – (O)  
1609 Centre St. N.W. (downstairs)

## **SOUTHEAST**

- 12 Noon **Just For Today** – (O), Topic Discussion  
2236 – 35 St. S.E. (Forest Lawn United Church, bsmnt)
- 7:00 p.m. **Inglewood** – (C), Big Book Discussion .....(W)  
1423 – 8 Ave. S.E. (St. John’s Church, Cross Hall)  
*Open Birthday Speaker last Thursday*
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Bow Bottom Trail** – (C), Step  
77 Deerpoint Rd. S.E. (Deer Park United Church)
- 7:30 p.m. **Candlelight** – (O), Beginners, Topic Discussion  
2951 – 26 Ave. S.E. (St. Luke’s Anglican Church, back door)
- 7:30 p.m. **McKenzie Towne** – (C), Big Book Discussion  
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Resentment Resolve Group** – (O), Step/Tradition/Topic  
1840 – 38 St. S.E. (East Side Victory Outreach Centre, use  
back door entrance)
- 8:00 p.m. **Midnapore** – (O), Big Book Discussion  
14540 Bannister Rd. S.E. (St. Mary’s University, use  
West entrance) *Speaker 2nd Thursday*
- 8:30 p.m. **Ogden** – (O), Discussion .....(W)  
7605 – 22 A St. S.E. (St. Augustine’s Church Hall)  
*Speaker 3rd Thursday, Open Birthday last Thursday*

# THURSDAY

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## SOUTHWEST

- 10:30 a.m. **New Beginnings** – (C), Women’s, Big Book  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 12 Noon **Central Recovery** – (O), Discussion  
131 – 7th Ave. S.W. (Central United Church, side door,  
downstairs dining room)
- 7:00 p.m. **Thursday Night Ladies** – (C), Step & Tradition  
5010 Spruce Dr. S.W. (Woodcliff United Church,  
use rear door, basement, Mountain Ash room)
- 7:30 p.m. **Memorial Park Men’s** – (C), Men’s, Step & Tradition  
1213 – 4 St. S.W. (Sheldon Chumir Health Centre,  
Room 3001, 3rd floor)
- 8:00 p.m. **Haddon Road** – (C), Design 4 Living, Step Disc. (1.5 hr. mtg.)  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Turf Group** – (C), Men’s, Discussion  
840 – 3 Ave. S.W. (Trinity Lutheran Church, side door,  
downstairs)
- 7:30 p.m. **Recovery Group** – (C), Step/Tradition .....(W)  
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **New Beginnings** – (C), Step & Tradition  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 8:00 p.m. **Rockyview Group** – (O), Step .....(W)  
7007 – 14 St. S.W. (Rockyview Hospital)  
(Holy Cross Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **Whitesheep** – (C), Men’s  
12777 Candle Cres. S.W. (Woodgreen Presbyterian  
Church, main door, Kids Worship room)
- 8:30 p.m. **Glenmore** – (C), Tradition  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 8:30 p.m. **Daily Reflections** – (O)  
134 Scarboro Ave. S.W. (United Church, North door)

# FRIDAY

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## NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** – (O)  
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish  
3850 – 19 St. N.E., Bay 6 (*some English spoken, 2 hr. mtg.*)
- 8:00 p.m. **Friday Night Fellowship** – (O), Step Discussion  
904 Renfrew Dr. N.E. (All Saints Traditional Anglican Church, Renfrew, back door entrance)

## NORTHWEST

- 8:00 p.m. **Desperation** – (O), Step & Tradition  
419 Northmount Dr. N.W. (Highwood Lutheran Church, back door entrance, downstairs)
- 8:00 p.m. **Edgemont** – (O), Discussion.....(W)  
33 Edgevalley Circle N.W.  
(Edgemont Community Centre, Fireside Room)
- 8:00 p.m. **Front Runners** – (O), LGBTQ, Beginners  
1227 Kensington Close N.W.  
(Hillhurst United Church, use side door, upstairs)
- 8:00 p.m. **272 Group** – (O), Speaker.....(W)  
3311 Centre St. N.W. (Northminster United Church)
- 8:30 p.m. **Friday Night Garnet** – (O)  
1609 Centre St. N.W. (downstairs)
- 9:30 p.m. **Shipwreck at Sunset** – (O), Step & Discussion  
1227 Kensington Close N.W.  
(Hillhurst United Church, side door, gymnasium)  
*Birthday last Friday*
- 12:00 a.m. **Garnet Friday Midnigher** – (O), Discussion  
1609 Centre St. N.W. (downstairs)

## SOUTHEAST

- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)



# FRIDAY

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## **SOUTHEAST** *(continued)*

- 7:30 p.m. **Southview By the Book** – (O), Big Book Discussion  
2020 – 33 St. S.E. (Southview Community Centre,  
Kadilac Room)
- 8:00 p.m. **Midnapore** – (O), Beginners  
14540 Bannister Rd. S.E. (St. Mary's University,  
use West entrance)
- 8:00 p.m. **Alpha House** – (O), Beginners  
203 – 15 Ave. S.E. (Treatment Centre)
- 8:00 p.m. **Southlanders Pancake** – (O), Steps 1, 2, 3  
Southland & Acadia Dr. S.E.  
(Christ Moravian Church, basement)  
*Birthday Speaker last Friday*

## **SOUTHWEST**

- 10:30 a.m. **New Beginnings** – (O), Women's Step & Discussion  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 8:00 p.m. **The Link Group** – (O)  
134 Scarboro Ave. S.W. (Scarboro United Church,  
use North basement door)
- 8:00 p.m. **New Beginnings** – (O), Discussion  
11625 Elbow Dr. S.W. (Canyon Meadows Shopping  
Centre, upstairs Rm. 203) *Open Birthday last Friday  
at Sheppard King Church, 804 – 75 Ave. S.W.*
- 8:30 p.m. **Glenmore** – (O), Speaker  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs) *Open Birthday last Friday*
- 8:30 p.m. **Lakeview Open Speaker** – (O), Speaker  
3023 – 63 Ave. S.W. (Lakeview United Church)
- 8:30 p.m. **Unity Group** – (C), Step & Tradition  
2210 – 28 St. S.W. (Central Full Gospel Church)  
*Open Birthday last Friday*

# SATURDAY

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## NORTHEAST

- 10:00 a.m. **Saturday Morning Bridge** – (C), Step & Discussion  
904 Renfrew Dr. N.E. (All Saints Traditional Anglican Church, Renfrew, back door) *Open Birthday last Saturday*
- 5:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish  
3850 – 19 St. N.E., Bay 6 (*some English spoken, 2 hr. mtg.*)
- 8:00 p.m. **Better Days Group** – (O), Step.....(W)  
1432 – 19 St. N.E. (Ascension Lutheran Church, use back door entrance)
- 8:00 p.m. **Saturday Night NE** – (O), Step & Discussion  
2523 – 56 St. N.E. (Prince of Faith Lutheran Church)

## NORTHWEST

- 7:00 a.m. **Go For It** – (O), Beginners  
6422 – 35 Ave. N.W. (Bowness Senior's Centre)
- 9:30 a.m. **Awakenings** – (O), Discussion .....(W)  
2919 – 8 Ave. N.W. (Parkdale United Church, basement)
- 11:00 a.m. **SMOG** – (O), Discussion  
2404 Kensington Rd. N.W. (Kensington Commons Church, use East entrance)
- 1:00 p.m. **Garnet Women's** – (C), Step Discussion.....(W)  
1609 Centre St. N.W. (downstairs)
- 3:00 p.m. **Saturday Afternoon Garnet** – (O), Step Discussion  
1609 Centre St. N.W. (downstairs)
- 3:00 p.m. **Stampedeers** – (C) .....(W)  
#12 Bowridge Dr. N.W. (Rock Pointe Church)
- 5:30 p.m. **Garnet 5:30** – (O), Topic Discussion .....(W)  
1609 Centre St. N.W. (downstairs)
- 5:30 p.m. **NW Calgary Group** – (O), Step & Tradition .....(W)  
333 Edgemark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **Beacon's Refugees** – (O), Grapevine Topic & Discussion  
419 Northmount Dr. N.W. (Highwood Lutheran Church, "Church Office" building)

# SATURDAY

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## **NORTHWEST** *(continued)*

- 8:00 p.m. **Front Runners** – (C), LGBTQ, Discussion  
1227 Kensington Close N.W. (Hillhurst United Church,  
side door, upstairs) *Open Birthday last Saturday*
- 8:00 p.m. **West End Step & Tradition** – (O)  
3803 – 69 St. N.W. (Foothills United Church, use South  
“Food Bank” door)
- 8:30 p.m. **Garnet Saturday Night** – (O)  
1609 Centre St. N.W. (downstairs)
- 10:00 p.m. **Garnet Night Owl** – (O), Discussion  
1609 Centre St. N.W. (downstairs)

## **SOUTHEAST**

- 10:00 a.m. **McKenzie Towne** – (C), Daily Reflections  
#7 McKenzie Towne Gate S.E. (McKenzie Towne Church)
- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Disc.....(W)  
1840 – 38 St. S.E. (Eastside Victory Outreach, use back  
door entrance)
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Forest Lawn Group** – (O) .....(W)  
2951 – 26 Ave. S.E. (St. Luke’s Anglican Church, use SE  
back door, gymnasium)

## **SOUTHWEST**

- 9:00 a.m. **Recovery Group** – (C), Living Sober Disc.....(W)  
#104, 4820 Macleod Trail S.W.
- 9:30 a.m. **Daily Reflections** – (O) .....(W)  
134 Scarboro Ave. S.W. (United Church, North door)
- 10:00 a.m. **Haddon Road** – Contented Sobriety – (C), Living Sober Disc.  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 10:00 a.m. **New Beginnings** – (O), Living Sober  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)

# SATURDAY

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## **SOUTHWEST** *(continued)*

- 11:30 a.m. **Recovery Group** – (C), Women’s, Step/Discussion ....(W)  
#104, 4820 Macleod Trail S.W.
- 12 Noon **Glenmore** – (O)  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 2:00p.m. **New Beginnings** – (C), Women’s, Step 11  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 5:00 p.m. **Glenmore** – (O), Step & Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 7:30 p.m. **Glenmore** – (C), Step & Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 8:00 p.m. **Downtown Saturday Night** – (O), Speaker .....(W)  
#801 – 7 Ave. S.W.  
(Nexen Building, check with Security in South tower,  
then use +15 to North Tower)
- 8:00 p.m. **Haddon Road** – Hideaway – (O), Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)  
*Birthday last Saturday*
- 8:00 p.m. **New Beginnings** – (O), Beginners  
11625 Elbow Dr. S.W. (Canyon Meadows Shopping Centre,  
upstairs Rm. 203) *Speaker first Saturday*
- 8:00 p.m. **Daily Reflections Ladies** – (C), Women’s .....(W)  
134 Scarboro Ave. S.W. (Scarboro United Church, use  
North door, parking lot entrance)
- 10:00 p.m. **Saturday Night Train Wreck** – (O), Step & Tradition  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)  
*2+ hr. meeting!*

# SUNDAY

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## NORTHEAST

7:30 p.m. **New Life** – (C)  
904 Renfrew Dr. N.E. (All Saint's Traditional Anglican Church)

## NORTHWEST

- 7:00 a.m. **Go For It** – (C), Big Book Discussion  
6422 – 35 Ave. N.W. (Bowness Senior's Centre)
- 8:00 a.m. **SMORG** – (O), Discussion  
2212 – 13 St. N.W. (Confederation Park Seniors Club)
- 11:00 a.m. **Sunday Garnet Men's** – (C), Men's  
1609 Centre St. N.W. (downstairs)
- 11:00 a.m. **Sooner Than The Nooner** – (O) .....(W)  
3512 – 5 Ave. N.W. (Parkdale Community Association,  
use "Nifty Fifties" door)
- 11:00 a.m. **Sunday Morning 11am** – (O), Step & Tradition  
5003 – 16 Ave. N.W. (Montgomery Community Hall)
- 3:00 p.m. **Sunday Afternoon Garnet** – (O), Step Discussion  
1609 Centre St. N.W. (downstairs)
- 4:00 p.m. **Namaste** – (C), Step 11 Discussion/Meditation.....(W)  
11 Scenic Acres Gate N.W. (Advent Lutheran Church)
- 5:30 p.m. **Garnet 5:30** – (O), Topic Discussion  
1609 Centre St. N.W. (downstairs)
- 7:00 p.m. **Borderline** – (C), Big Book Discussion  
128 Tache Ave. N.W. (Thornhill Baptist Church,  
Fireside Room) Traditions Discussion 1st Sundays
- 8:00 p.m. **Sunday Night Speaker** – (O) .....(W)  
3512 – 5 Ave. N.W. (Parkdale Community Association)
- 8:30 p.m. **Sunday Night Garnet** – (O)  
1609 Centre St. N.W. (downstairs)

## SOUTHEAST

- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Disc.....(W)  
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 5:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)

# SUNDAY

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## **SOUTHEAST** *(continued)*

- 7:30 p.m. **Came To Believe Group** – (O), Beginners .....(W)  
#2 New Brighton Dr. S.E. (New Brighton Residents Assoc.)
- 8:00 p.m. **Ogden** – (C), Step & Tradition .....(W)  
7605 – 22A St. S.E. (St. Augustine's Church Hall)

## **SOUTHWEST**

- 8:30 a.m. **Daily Reflections** – (O).....(W)  
134 Scarboro Ave. S.W. (United Church, North door)
- 8:30 a.m. **Sunday Morning Breakfast** – (O), Speaker .....(W)  
708 – 8 Ave. S.W. (Ramada Inn)  
Breakfast at 8:30 a.m., Speaker at 9:30 a.m.
- 9:00 a.m. **Wake Up Group** – (C), Big Book Step Study  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 11:00 a.m. **Haddon Road** – Choirboys – (C), Men's Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:00 a.m. **New Beginnings** – (O), Grapevine  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 11:30 a.m. **Glenmore** – (O), Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 12:30 p.m. **Haddon Road** – (C), Ladies, Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 3:00 p.m. **Glenmore** – (O), Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 4:30 p.m. **Aventa** – (O), Women's (Treatment Centre)  
610 – 25 Ave. S.W. (use back door, ring bell for entry)
- 5:00 p.m. **Glenmore** – (O), Step & Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 7:00 p.m. **Dream Centre** – (O), Speaker.....(W)  
4510 Macleod Trail S.W. (, rear entrance)

## SUNDAY

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### **SOUTHWEST** *(continued)*

- 7:30 p.m. **Haddon Road** – (O), “Conscious Contact”  
Meditation/Discussion *(1.5 hr. meeting)*  
200 Haddon Rd. S.W. (Room 200L, upstairs)
- 7:30 p.m. **New Beginnings** – (O), Came To Believe  
11625 Elbow Dr. S.W.  
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 8:30 p.m. **Glenmore** – (O), Discussion, Big Book  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 8:30 p.m. **Southwest Serenity** – (O)  
1121 – 14 Ave. S.W. (St. Stephens Church)

### **MONTHLY INTERGROUP & GENERAL SERVICE COMMITTEE MEETINGS**

#### **INTERGROUP GENERAL MEETING**

**2nd Monday of each month**

7:00 p.m., St. Peter the Aleut Church,  
1802 – 33 Ave. S.W., Calgary

#### **CALGARY GENERAL SERVICE COMMITTEE (CGSC)**

**Third Monday of each month**

7:30 p.m., St. Peter the Aleut Church,  
1802 – 33 Ave. S.W., Calgary

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### **CORRECTIONAL FACILITY AA MEETINGS**

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*Security clearance and a minimum 1 year of continuous sobriety  
is required at all Correctional Facilities meetings.*

Meetings held in Calgary Correctional Centre (Spyhill),  
Calgary Remand Centre and Calgary Young Offenders Centre (CYOC).  
Contact the Correctional Facilities Chairperson at  
[cgscorrections@gmail.com](mailto:cgscorrections@gmail.com)

# **HOSPITAL AND TREATMENT FACILITY A.A. MEETINGS**

Contact the Treatment Facility Chairperson at [cgsctreatment@gmail.com](mailto:cgsctreatment@gmail.com)

## **C.G.S.C. SPONSORED TREATMENT FACILITY MEETINGS**

**The Alex** – (O), Speaker

**6:30 p.m.**, Mondays (closed on stat. holidays)

102, 2840 – 2 Ave. S.E.

**Alpha House** – (O), Beginners

**8:00 p.m.**, Fridays

203 – 15 Ave. S.E.

**Aventa** – (O), Women's, Beginners

**4:30 p.m.**, Sundays

610 – 25 Ave. S.W. (back door, ring bell for entry)

**Dream Centre** – (O), Speaker.....(W)

**7:00 p.m.**, Sundays

4510 Macleod Trail S.W. (rear entrance)

**Next Step Ministries** – (O), Women's Beginners, Speaker last Wed.

**12 Noon.**, Wednesdays

200, 317 – 37 Ave. N.E.

**Sunrise (Native Addictions)** – (O), Speaker/Discussion

**8:00 p.m.**, Tuesdays

1231 – 34 Ave. N.E.

## **HOSPITAL MEETINGS:**

**Calgary South Health Campus (Hospital)** – (O), Beginners.....(W)

**8:00 p.m.**, Wednesdays

4448 Front St. S.E., Wellness Centre, Rm. 180010

**Foothills Hospital** – (O).....(W)

**8:00 p.m.**, Mon. & Thurs., Winners Circle Group

1403 – 29 St. N.W (Foothills Hospital)

Rm. AGW2, G Floor, across from Atrium

**Peter Lougheed Hospital** – (O), Beginners.....(W)

**8:00 p.m.**, Tuesdays

3500 – 26 Ave. N.E., Rm. 0652 (basement)

**Rockyview Hospital** – (O).....(W)

**8:00 p.m.**, Tues. & Thurs., Rockyview Group

7007 – 14 St. S.W.

(Holy Cross Ambulatory Care Centre, Rm. 5A-103)



## OUT OF TOWN MEETINGS

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### AIRDRIE

- Monday 12 Noon — **Lunch Bunch** (O), Discussion  
126-B Main St. (Back Door)  
8:00 p.m.— **Back From Hell** (C), Step & Tradition  
126-B Main St. (back door)  
8:00 p.m. — **Country Group** (O)  
204 – 1st Ave. N.E. (Christian Education Centre)
- Tuesday 8:00 p.m. — **Lunch Pail** (O)  
126-B Main St. (back door)
- Wednesday 12 Noon — **Lunch Bunch** (O), Beginners  
126-B Main St. (back door)  
7:00 p.m. — **Women in Sobriety** (C), Women's, Disc.  
126-B Main St. (back door)
- Thursday 7:00 a.m. — **Back From Hell Early Riser** (O), Discussion  
126-B Main St. (back door)  
12:00 Noon — **Lunch Bunch** (O), 12x12 Discussion  
126-B Main St. (back door)  
8:00 p.m. — **Thursday Q & A** (O)  
126-B Main St. (back door)  
8:00 p.m. — **Country Group** (O) *Birthday last Thursday*  
204 – 1st Ave. N.E. (Christian Education Centre)
- Friday 12 Noon — **Lunch Bunch** (O), Discussion  
126-B Main St. (back door)  
8:00 p.m. — **Back From Hell** (O), BB Discussion  
126-B Main St. (back door)
- Saturday 10:00 a.m. — **Back to the Book** (O), Big Book Disc. ....(W)  
1701 Main St. (Nose Creek Valley Museum)  
8:00 p.m. — **Back From Hell** (O)  
126-B Main St. (back door) *Open Birthday last Saturday*
- Sunday 10:00 a.m. — **Sunday Morning Meeting**, Speaker  
800 East Lake Blvd. N.E. (Genesis Place, upstairs, Echo Rm)  
8:00 p.m. — **Airdrie Reflections** (O), Daily Reflections  
126-B Main St. (back door)

## **OUT OF TOWN MEETINGS**

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### **BANFF**

- Monday 8:00 p.m. – **Mountainview Group** (O), Big Book  
305 Lynx St. (Mineral Springs Hospital, Cafeteria)
- Tuesday 8:00 p.m. – **Mountainview Group** (O), Discussion  
305 Lynx St. (Mineral Springs Hospital, Cafeteria)
- Friday 8:00 p.m. – **Mountainview Group** (O), Step & Tradition  
305 Lynx St. (Mineral Springs Hospital, Cafeteria)

### **BASSANO**

- Sunday 8:00 p.m. – (O)  
608 – 5 Ave. (Bassano Health Centre)

### **BLACK DIAMOND**

- Saturday 8:00 p.m. – (O) Step  
717 Government Rd. (Oilfields General Hospital, basement,  
“Action Centre” room)

### **BLAIRMORE**

- Wednesday 8:00 p.m. – **Blairmore Group** (C), Discussion
- Sunday 8:00 p.m. – **Blairmore Group** (O), Discussion  
Provincial Building

### **BOWDEN**

- Sunday 7:30 p.m. – **Bowden Sunday Night** (O) .....(W)  
Olde Library, South end of Arena parking lot

### **BROOKS**

- Mon. & Sat. 8:00 p.m. – **Fresh Start Group** (C),  
507 – 3 Ave. W. (BrooksUnited Church)
- Wednesday 8:00 p.m. – **Hospital Meeting** (O),  
440 – 3 St. E. (BrooksHealth Centre)
- Tues. & Thur. 8:00 p.m. – **Bar None Group** (C),  
811 Cassils Rd. W. (Trinity Lutheran Church)

## **OUT OF TOWN MEETINGS**

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### **BROCKET**

Thursday 7:30 p.m. — **Piitaapoyi Group** (O)  
16 St. & 15 Ave. (St. Paul's Catholic Church)

### **CARDSTON**

Tuesday 8:00 p.m. — Moses Lake Shelter, (C)

Thursday 8:00 p.m. — St. Paul's Treatment Centre, (O)  
Two Eagles Building (403) 737-3757

### **CANMORE**

Monday 5:30 p.m. — **Round House Recovery for Women**, (O), Disc.  
Suite 101, 743 Railway Ave. (Boardwalk Bldg., AHS  
meeting room, East side entrance, use left glass door)

Tuesday 12 Noon — **Noon Oasis**, (O), Discussion  
914 – 8 St. (Scout Hall, main door)

Wednesday 8:00 p.m. — **Back To Basics**, (O), Discussion  
617 – 8 St. (Ralph Connor United Church, side entrance)

Thursday 8:00 p.m. — **Rule 62 Group**, (C), Big Book Discussion  
617 – 8 St. (Ralph Connor United Church, side entrance)

Saturday 8:00 p.m. — **Rule 62 Group**, (C), Living Sober  
617 – 8 St. (Ralph Connor United Church, side entrance)

Sunday 8:00 p.m. — **Canmore Sunday Night**, (C), Discussion  
914 – 8 St. (Scout Hall, main door) *Open Speaker 2nd Sun.*

### **CAROLINE**

Fridays 8:00 p.m. — **Caroline Wilderness Group** (C)  
5111 – 49 Ave. (Lions Hall), *Open last Friday*

### **CARSTAIRS**

Sunday 7:30 p.m. — **Sunday Night Group** (O) Step & Topic  
The Legion, Main St.

### **CASTOR**

Monday 8:00 p.m. — **Battle River Group** (C)  
Lighthouse Church, Main St. *Open last Monday*

## **OUT OF TOWN MEETINGS**

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### **CHESTERMERE**

Thursday 7:30 p.m. — **Lakeside Serenity Group** (C), Step & Trad. (W)  
105 Marina Rd. (Chestermere Town Hall, use N. entrance)  
*Open Birthday 4th Thursdays*

### **CLARESHOLM**

Tuesday 8:00 p.m. — **Versatile Group** (O)  
126 – 52 Ave. W. (St. John's Anglican Church)

Thursday 8:00 p.m. — **Claresholm Thursday Nite** (C)  
4803 – 2 St. W. (United Church) *Open Birthay last Thurs.*

Saturday 10:00 a.m. — **Gid R Dun Group** (O) Big Book Disc.....(W)  
4304 - 2 St. West (Peace Lutheran Church)

### **COCHRANE**

Monday 7:30 p.m. — **5th Chapter Group** (C), BB/12x12 Disc.  
128 – 1 Sreet E. (United Church) *Open Birthday last Mon.*

Tuesday 7:30 p.m. — **Freedom Group** (C)  
Weedon Hall (Hwy 22 & Hwy 567)

Wednesday 12 Noon — **Laughter Noon Group** (C), Discussion  
120 Centre Ave. (King Solomon Lodge)

Thursday 7:30 p.m. — **Cochrane Ladies** (C), Literature Study  
128 – 1 St. E. (St. Andrews United Church, NW door, upstairs)

8:00 p.m. — **Thursday Men's Group** (C), Step & Trad.  
404 – 4 Ave. N. (All Saints Anglican Church, Rectory Bldg.)

Friday 8:00 p.m. — **Cochrane Rounders** (C), Step/Tradition  
405 – 1 St. E. (Frank Wills Memorial Hall)

Saturday 7:00 p.m. — **Cochrane Castaways** (O), Step/Discussion  
800 Griffin Rd. E. (Spray Lakes Family Sports Centre,  
NE entrance, 2nd floor)

Sunday 7:30 p.m. — **Head To Heart Big Book Study** (C)  
120 Centre Ave. (King Solomon Lodge)  
*Open Birthday last Sunday*

## **OUT OF TOWN MEETINGS**

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### **COALDALE**

Wednesday 8:00 p.m. — **Coaldale Group** (C) *Open last Wednesday*  
2115 – 17 St. (Anglican Church of the Ascension)

### **CONSORT**

Thursday 8:00 p.m. — **Consort Group** (O)  
5103 – 47 St. (Consort Anglican Church, basement)

### **CREMONA**

Monday 8:00 p.m. — **Cremona Blasters Group**, (C) .....(W)  
113 Centre St. (Gold & Silver Club, behind Credit Union)  
*Open last Monday*

### **CROSSFIELD**

Wednesday 8:00 p.m. — **Crossfield Wednesday Night Group** (C)  
Masonic Hall

### **DEWINTON**

Tuesday 8:00 p.m. — **Dewinton Tuesday Night Group** (C)  
Dewinton United Church, basement, use rear door  
entrance *Open Speaker 1st Tuesday*

### **DICKSON**

Monday 8:00 p.m. — **Dickson Dam Monday Night** (C)  
Bethany Lutheran Church, East of 4-way stop  
*Open last Monday*

### **DIDSBURY**

Friday 8:30 p.m. — **Didsbury Friday Night** (C), Step & Tradition  
2037 – 21 Ave. (Masonic Hall)  
*Open Birthday last Friday*

### **DRUMHELLER**

Weekdays 8:00 p.m. — (C) 175 – 3 St., Grace House  
Monday 7:00 p.m. — **Happy Destiny Group**, (O), Discussion  
Drumheller Hospital  
Wed. & Sun. 7:00 p.m. — **New Hope Group**, (C), Big Book Study  
176 – 1 St. S.W. (St. Magloire Anglican Church)

## **OUT OF TOWN MEETINGS**

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### **DRUMHELLER** *(continued...)*

Saturday 9:00 a.m. — **Saturday Morning Sunrise**, (C) ..... (W)  
195 – 3 Ave. E. (Knox United Church, side door)  
*Open Birthday 1st Saturday*

### **ECKVILLE**

Thursday 7:30 p.m. — **Eckville Thursday Night**, (C), BB Study.... (W)  
5011 – 54 Ave. (Friendship Centre)  
*Open Speaker last Thursday*

### **ELNORA**

Monday 8:30 p.m. — **Elnora No Name Group** (C), Step  
538 – 1 Ave. (St. David's Anglican Church, basement)  
*Open Birthday 1st Monday*

### **FORT MACLEOD**

Daily 8:00p.m. — Foothills Detox Centre (C), 403-553-4466  
except Sat. 810 – 18 St. Main Door, ring buzzer for entry

Wednesday 8:00 p.m. — **Sunnyside Group** (C)  
1716 – 7A Ave. (Fort Macleod Alliance Church, back door)

### **SIKSIKA**

Wednesday 7:00 p.m. — **Sorrel Rider Group** (C)  
Siksika Elder's Lodge, on Hwy 547, 1/2 km S. of town

### **HANNA**

Monday 8:00 p.m. — **Chimes of Freedom** (C)  
801 – 4 St. W. (J.C. Charyk School, mezanine)  
*Open last Monday*

### **HIGH RIVER**

Wednesday 1:30 p.m. — **High River Wednesday Afternoon Group** (C)  
145 Macleod Trail S.W. (High River United Church)

8:00 p.m. — **High River Group** (O)  
910 – 12 Ave. W. (Good Shephard Lutheran Church)

Friday 8:00 p.m. — **High River Group** (O), BB Discussion  
910 – 12 Ave. W. (Good Shephard Lutheran Church)

## **OUT OF TOWN MEETINGS**

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### **INNISFAIL**

- Tuesday 7:30 p.m. — **24 Hr. Group** (C)  
4716 – 50 Ave. (Presbyterian Church) *Open last Tuesday*  
call 403-347-8650
- Wednesday 12 Noon — **Wednesday Brown Bag Meeting** (O), Disc. (W)  
#25, 4804 – 42 Ave. (Alliance Church, North door)
- Thursday 8:00 p.m. — **Gratitude Group** (O), Beginners.....(W)  
4720 – 48 Ave. (Innisfail United Church)  
call 403-347-8650
- Saturday 8:00 p.m. — **Innisfail Sat. Night** (O), Step & Trad.....(W)  
#25, 4804 – 42 Ave. (Alliance Church, North door)  
*Birthday Speaker last Saturday*

### **IRRICANA**

- Wednesday 7:30 p.m. — **Irricana Recovery** (O)
- Sunday 8:00 p.m. — **Irricana Recovery** (O)  
16 km E. of Airdrie on Hwy 567  
(United Church, basement) *Open Birthday last Sunday*

### **LANGDON**

- Friday 8:00 p.m. — **Bring Your Own Cup Group** (O), Step  
344 Centre St. (Langdon Fieldhouse)  
*Birthday last Friday*

**LETHBRIDGE CHAPTER HOUSE .....403-327-8049**

**MEDICINE HAT CENTRAL OFFICE .....403-527-2065**

### **MILK RIVER**

- Monday 8:00 p.m. — **Milk River Group** (C)  
Extended Care – Hospital

### **MORLEY**

- Wednesday 11:00 a.m. — **First Light Group** (O) Step & Topic.....(W)  
Westley Elders Lodge, Hwy 1A (33 km West of Cochrane)

## **OUT OF TOWN MEETINGS**

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### **NANTON**

Monday 8:00 p.m. — **Nanton Monday Night** (O)  
2121 – 21 St. (Nanton United Church, basement)  
*Birthday 3rd Mondays*

### **OKOTOKS**

Monday 8:00 p.m. — **Okotoks Monday Night Group** (C)  
13 Elma St. E. (Freemason's Hall)  
*Open Birthday last Monday*

Wednesday 8:00 p.m. — **Wednesday Night Men's** (C) Step Disc... (W)  
31 Riverside Way (St. Peter's Anglican Church, main ent.)

Thursday 8:00 p.m. — **Railway Group** (O)  
43 Riverside Dr. (Okotoks United Church, use NW side door), *Birthday 1st Thursday*

Friday 8:00 p.m. — **T.G.I.F. Group** (O), Big Book  
338 Ave. & Hwy 2A (Okotoks Alliance Church, use North entrance)

Sunday 8:00 p.m. — **Ladies Candlelight** (C), Women's, Step/Disc.  
13 Elma St. E. (Freemason's Hall)

8:00 p.m. — **Okotoks Men's Group** (C), Men's, Step/Disc.  
43 Riverside Dr. W. (Okotoks United Church, use West side Food Bank door)  
*Open Birthday Speaker last Sunday*

### **OLDS**

Monday 7:30 p.m. — **Olds Midway Group** (C) ..... (W)  
5022 – 52 St. (Olds Lutheran Church) *Open first Monday*

Tuesday 6:00 p.m. — **OTHEM Group** (C) ..... (W)  
3901 – 57 Ave. (Olds Hospital, Rm. 125)

Thursday 8:00 p.m. — **Olds Evergreen Back Door Group** (O) ..... (W)  
5237 – 52 St. (Evergreen Seniors Centre, back door)  
Book Discussion



## **OUT OF TOWN MEETINGS**

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### **PINCHER CREEK**

- Tuesday 8:00 p.m. — **12x12 Group (C)**  
(Elks Hall, side door) *Open Birthday last Tuesday*
- Friday 7:30 p.m. — **There Is A Solution (O)**, Big Book Disc.....(W)  
1222 Bev McLachlin Dr.  
(Pincher Creek Health Centre, Main Level, Rm. 226)

### **RAYMOND**

- Wednesday 8:00 p.m. — **Pot Belly Stove Group (O)** *Smoking allowed!*  
81E 100 S

**RED DEER ANSWERING SERVICE.....403-347-8650**

### **ROCKYFORD**

- Tuesday 7:00 p.m. — **Rockyford Group (O)** Beginners  
Rockyford United Church, across from (West of) school

### **ROCKY MOUNTAIN HOUSE**

- Tuesday 7:30 p.m. — **Rocky Recovery Group (C)**  
& Friday Thursday: BB Discussion; Friday: Topic Discussion  
1.6 km South on Hwy 11  
(First Christian Reformed Church, back door entrance)  
*Open meeting last Tuesday and Friday of the month*

### **STANDOFF**

- Monday 8:00 p.m. — **Kainai Group (O)**  
Tribe Health Centre

### **STETTLER**

- Tuesday 8:00 p.m. — **Stettler Heartland Group (O)**  
4820 – 51 St. (Stettler United Church, basement, use  
North door entrance) *Open last Tuesday*
- Friday 7:00 p.m. — **Friday Big Book Meeting (C)**, BB Disc.  
Stettler Regional Hospital, Conference Room

## **OUT OF TOWN MEETINGS**

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### **STRATHMORE**

- Monday 8:00 p.m. — **Sunset Discussion Group** (O), Beginners  
245 Brent Blvd. (Hope Community Covenant Church)  
*Birthday Speaker 1st Mondays*
- Tuesday 8:00 p.m. — **Highway People** (O), Discussion .....(W)  
50 Maplewood Dr. (Full Gospel Church, back door)
- Thursday 8:00 p.m. — **Thursday 12x12 Group** (O) .....(W)  
50 Maplewood Dr. (Full Gospel Church, back door)
- Sunday 2:00 p.m. — **New Life Group** (O), Step & Discussion  
410 – 4 St. (Strathmore United Church)

### **SUNDRE**

- Wednesday 8:30 p.m. – **Sundre Town & Country Group** (C) .....(W)  
808 – 1 St. N.E. (Sundre Gospel Centre)  
*Open 1st Wednesday*
- Thursday 7:30 p.m. – **Sundre Thurs. Night Meeting** (C), Disc..(W)  
808 – 1 St. N.E. (Sundre Gospel Centre)  
*Open 1st Thursday*

### **SYLVAN LAKE**

- Tuesday 7:30 p.m. — **Tues. Night Serenity Group** (C), Step/Trad.  
5119 – 50A St. (Lion's Den Hall)  
*Open Birthday last Tuesday*
- Sunday 8:00 p.m. — **Sylvan Lake Sunday Night Group** (C)  
5020 – 48 St. (Presbyterian Memorial Church)  
*Open last Sunday*

### **TABER**

- Monday 8:00 p.m. — **Northside Group** (C), 12 Step Meeting  
4929 – 50 Ave. (Knox United Church)
- Tue. & Thu. 7:30 p.m. — **Taber Group** (C)  
5431 – 48 Ave. (Evangelical Free Church)

## **OUT OF TOWN MEETINGS**

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### **TABER** *(continued)*

- Friday 7:30 p.m. — **Serenity Seekers** (O)  
5213 – 56 St.
- Saturday 7:30 p.m. — **Taber Group** (O)  
5431 – 48 Ave. (Evangelical Free Church)  
*Birthday last Saturday*
- Sunday 7:30 p.m. — **Taber Group** (C)  
5431 – 48 Ave. (Evangelical Free Church)

### **THREE HILLS**

- Thursday 8:00 p.m. — **New Life Group** (C),  
United Church, 5th Ave. & Main Street  
*Open 1st Thursday*

### **TROCHU**

- Wednesday 7:00 p.m. — **Back Again Group** (C) Step Discussion  
“Eye of the Sky” Bldg., Lions Campground  
*Open Birthday last Wednesday*

### **TSUU T’INA NATION**

- Thursday 12 Noon — **Tsuu T’ina Group** (O), Discussion  
Spirit Healing Lodge, Old Agency Rd. off Bullhead Rd.,  
off Anderson Rd. SW

### **TURNER VALLEY**

- Thursday 8:00 p.m. — **Diamond Valley Group** (C)  
208 Main St. S.W. (Anglican Church Hall),  
*Open Birthday Speaker last Thursday*

### **VULCAN**

- Tuesday 8:00 p.m. — (C), 405 – 3 St. S. (Bethel Lutheran Church)  
*Open Birthday last Tuesday*
- Thursday 8:00 p.m. — **Vulcan Different Group** (C)  
405 – 3 St. S. (Bethel Lutheran Church)

# **WHO SUPPORTS CALGARY CENTRAL SERVICE OFFICE?**

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Central Office is supported 100% by the financial contributions of local AA Groups and individual AA members.

**NO OUTSIDE CONTRIBUTIONS ARE ACCEPTED**  
(in accordance with AA Tradition).

## **SUGGESTED GROUP CONTRIBUTIONS**

The following “split” suggestions could be considered after all necessary group expenses are met.  
(ie: rent, AA literature, refreshments, prudent reserve, District and/or DCM expenses)

**50%** (IG), **30%** (GSO), **10%** (Area), **10** (CGSC)

**50%** (IG), **30%** (CGSC), **10%** (GSO), **10** (Area)

— **OR** —

**Whatever percentages are in accordance  
with your group conscious.**

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Mailing addresses for group contributions are as follows:

- (IG) Calgary Intergroup** (payable to):  
Calgary Central Service Office  
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (GSO) General Service Office** (payable to):  
General Service Office  
P.O. Box 459, Grand Central Station,  
New York, New York 10163
- (CGSC) Calgary General Service Committee** (payable to):  
General Service Committee  
c/o Calgary Central Service Office  
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (Area) Area 78** (payable to):  
Address changes every two years; please contact  
Central Service Office for current mailing address.

# **THE 12 STEPS OF ALCOHOLICS ANONYMOUS\***

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1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

# **THE 12 TRADITIONS OF ALCOHOLICS ANONYMOUS\***

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1. Our common welfare should come first., personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centres may employ special workers.
9. A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

## ARE YOU AN ALCOHOLIC?

Questions developed by Johns Hopkins University Hospital to determine whether or not a person is suffering from Alcoholism. Ask yourself the following questions, and answer them as HONESTLY as you can.

	YES	NO
1. Do you lose time from work due to drinking?	<input type="checkbox"/>	<input type="checkbox"/>
2. Is drinking making your home life unhappy?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you drink because you are shy with other people?	<input type="checkbox"/>	<input type="checkbox"/>
4. Is drinking affecting your reputation?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you ever felt remorse after drinking?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you gotten into financial difficulties as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you turn to lower companions and an inferior environment when drinking?	<input type="checkbox"/>	<input type="checkbox"/>
8. Does your drinking make you careless of your family's welfare?	<input type="checkbox"/>	<input type="checkbox"/>
9. Has your ambition decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you crave a drink at a definite time daily?	<input type="checkbox"/>	<input type="checkbox"/>
11. Do you want a drink the next morning?	<input type="checkbox"/>	<input type="checkbox"/>
12. Does drinking cause you to have difficulty in sleeping?	<input type="checkbox"/>	<input type="checkbox"/>
13. Has your efficiency decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
14. Is drinking jeopardizing your job or business?	<input type="checkbox"/>	<input type="checkbox"/>
15. Do you drink to escape from worries or troubles?	<input type="checkbox"/>	<input type="checkbox"/>
16. Do you drink alone?	<input type="checkbox"/>	<input type="checkbox"/>
17. Have you ever had a loss of memory (blackout) as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
18. Has your physician ever treated you for drinking?	<input type="checkbox"/>	<input type="checkbox"/>
19. Do you drink to build up your self-confidence?	<input type="checkbox"/>	<input type="checkbox"/>
20. Have you ever been to a hospital or institution on account of drinking?	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered YES to any **one** of the questions, that is a definite warning that you **MAY** be an alcoholic.

If you answered YES to any **two**, CHANCES ARE that you are an alcoholic.

If you answered YES to **three or more**, YOU ARE DEFINITELY AN ALCOHOLIC.