

JULY 2018

price : \$1.00



Calgary & Southern Alberta Meeting Directory

ALCOHOLICS ANONYMOUS

CENTRAL SERVICE OFFICE

#2, 4015 – 1st Street S.E.

(access off 39th Avenue from Macleod Trail S.)

Calgary, Alberta T2G 4X7

phone : 403-777-1212

e-mail : centraloffice@calgaryaa.org

website: www.calgaryaa.org

OFFICE HOURS

Monday to Friday : 8:30 a.m. – 5:00 p.m.

(Closed for lunch, 1:00 p.m. – 2:00 p.m.)

Saturdays : 9:00 a.m. – 1:00 p.m.

(Closed Holiday Weekends)

Area 78 (Alta./N.W.T.) website : www.area78.org

General Service Office (New York) website : www.aa.org

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CODES

All meetings are “Mixed” (men & women) unless otherwise noted.

(W) = Wheelchair Access

(O) = Open Meeting Format – Open to anyone who is interested in the AA Program. Visitors and friends are expected to respect the anonymity of all persons they see or meet at AA meetings.

(C) = Closed Meeting Format – For alcoholics only. Discussion of the AA Program is held and every person has the opportunity to ask questions and share their experience more freely. All members benefit from the experience, strength and hope of each other.

IMPORTANT INFORMATION ABOUT THIS DIRECTORY

As embodied in the 4th Tradition, the information and operation of an AA Group resides with the group conscience of its members. While hopefully every AA Group adheres closely to the guiding principles of the 12 Steps and 12 Traditions, Calgary Intergroup neither monitors nor oversees the activities or practice of any AA Group. Groups and meetings listed in this directory appear at their own request. A directory listing does not constitute or imply approval or endorsement of any approach to, or practice of, the AA program.

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CALGARY MEETING INDEX

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DAILY MEETINGS (Monday to Friday)

NORTHWEST

- 7:00 a.m. **Go For It** – (C),
6422 – 35 Ave. N.W. (Bowness Senior's Centre) ... (W)
- 12 Noon **Fun Seekers** – (O), Discussion
3512 – 5 Ave. N.W. (Parkdale Community
Association, downstairs Boardroom) (W)
- 1:30 p.m. **Afternoon Garnet** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)
- 3:30 p.m. **Garnet 3:30** – (O)
1609 Centre St. N.W. (downstairs)
- 5:15 p.m. **Homeward Bounders** – (O), 12x12 (W)
2919 – 8 Ave. N.W. (Parkdale United Church, use
main door entrance, downstairs)
- 5:30 p.m. **Garnet 5:30** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)

SOUTHWEST

- 7:00 a.m.. **Haddon Road** – On Awakening – (C), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 9:30 a.m. **Daily Reflections** – (O) (W)
134 Scarboro Ave. S.W. (United Church, North door)
- 12 Noon **Glenmore** – (O), Step, Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Bldg. B-6,
Room 103, downstairs)
- 12 Noon **Knox Nooners** – (O), Step
506 – 4 St. S.W. (Knox United Church, 4th St. ent.)
No Meetings on Stat. Holidays; Birthday last Friday
- 12:10 p.m. **Haddon Road** – Brown Bagger – (O), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 5:00 p.m. **Glenmore** – (O), Step, Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Bldg. B-6,
Room 103, downstairs)

DAILY MEETINGS (continued...)

SOUTHEAST

- 12 Noon **New Beginnings** – (O), Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 5:15 p.m. **New Beginnings** – (C), Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)

MONDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** – (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
some English spoken, 2 hr. meeting
3850 – 19 St. N.E., Bay 6
- 7:00 p.m. **Regal Group** – (C), Big Book Discussion
956 Radnor Ave. N.E. (Renfrew United Church, downstairs)
- 8:00 p.m. **No Name Group** – (O), Beginners
2523 – 56 St. N.E. (Prince of Faith Lutheran Church)
Birthday Speaker last Monday
- 8:30 p.m. **Walking Eagle** – (O), Step & Tradition
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door, basement)

NORTHWEST

- 7:30 p.m. **SMOG** – (O), Step/Tradition
2404 Kensington Rd. N.W. (Kensington Commons Church, East entrance)
- 7:30 p.m. **272** – (C), Step/Tradition(W)
3311 Centre St. N. (Northminister United Church)

MONDAY

NORTHWEST *(continued)*

- 7:30 p.m. **Harvest Hills Big Book Discussion** – (O)
10099 Harvest Hills Blvd. N.W. (Harvest Hills Alliance Church) *Birthday last Monday*
- 8:00 p.m. **Double H** – (O)
130 – 32 Ave. N.W. (House of Blessings Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O)
1403 – 29 St. N.W. (Baker Bldg., Rm AGW2)
- 8:00 p.m. **Mustard Seed Group** – (C), Men's
5720 Silver Ridge Dr. N.W. (Silver Springs Com. Centre)
- 8:00 p.m. **Northlanders** – (C)
Corner of Northmount Dr. & Northland Dr. N.W.
(St. Luke's Church, East entrance, lower level)
Open Birthday Speaker 1st Monday
- 8:30 p.m. **Monday Night Garnet Beginners** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:00 a.m. **Monday Morning Group** – (O), Discussion
2951 – 26 Ave. S.E. (St. Luke's Anglican, back door)
- 10:30 a.m. **New Beginnings** – (C), Women's, Step
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 6:30 p.m. **Bridging the Gap at the Alex** – (O), Discussion
102, 2840 – 2 Ave. S.E. (The Alex Community Health Centre) *No meeting on Stat. Holidays*
- 7:00 p.m. **Steps, Stories & Beyond** – (O), Big Book
6100 – 8 Ave. S.E. (Pembroke Community Hall)
- 7:30 p.m. **Sobriety & Beyond** – (C) Step(W)
#2 New Brighton Dr. S.E. *Open Birthday last Monday*
(New Brighton Resident Assoc. Building, buzz for entry)
- 8:00 p.m. **Fireside** – (C).....(W)
12707 Bonaventure Dr. S.E. (Holy Nativity Church, parking lot entrance) *Open Birthday 3rd Monday*

MONDAY

SOUTHEAST *(continued)*

- 8:00 p.m. **New Beginnings** – (C), Men’s, Step
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 8:00 p.m. **Southlanders Pancake** – (C), Big Book
Southland Dr. & Acadia Dr. S.E.
(Christ Moravian Church, basement)
- 8:00 p.m. **Midnapore** – (C), Living Sober Discussion
14540 Bannister Rd. S.E. (St.Mary’s University, W. ent.)

SOUTHWEST

- 12 Noon **Central Recovery** – (O), Step
131 – 7th Ave. S.W. (Central United Church, side door,
downstairs, dining room)
- 5:00 p.m. **Recovery Group** – (C), Living Sober Discussion (W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Haddon Road** – (O), Beginners
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Monday Night Big Book Discussion** – (C)..... (W)
903 – 75 Ave. S.W. (St. Peter’s Church, basement)
- 8:30 p.m. **We Agnostics** – (O), Living Sober Discussion
1213 – 4 St. S.W. (Sheldon Shumir Health Centre, Rm. 3102)
- 8:30 p.m. **Elbow Park** – (C), Discussion
3602 – 8 St. S.W. (Christ Church)
- 8:30 p.m. **Glenmore** – (O), Beginners
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)

TUESDAY

NORTHEAST

- 8:00 p.m. **Sunrise** (Native Addictions) – (O), Speaker/Disc.
1231 – 34 Ave. N.E. (Treatment Facility)
- 8:00 p.m. **Peter Loughheed Hospital** (O), Beginners
3500 – 26 Ave. N.E., Room 0652 (basement)

TUESDAY

NORTHWEST

- 10:00 a.m. **Tuesday Morning Ladies** – (C), Women’s
Meets in members homes. Please contact:
Calgary Central Service Office at 403-777-1212
- 7:30 p.m. **A-Men** – (C), Men’s, Step & Tradition.....(W)
3527 Boulton Rd. N.W. (Hope Lutheran Church)
- 7:30 p.m. **Springbank Tuesday** – (C), Step & Tradition
(Westlife Church) corner of Range Rd. 33 & Township Rd.
245, South of Calaway Park entrance, off Hwy 1)
- 8:00 p.m. **New You/Sailor Bill’s** – (O), Step & Tradition
6228 Bowness Rd. N.W. (Office, Rm 201; Buzz 201)
- 8:00 p.m. **Front Runners** – (C), LGBTQ, Step & Tradition
1227 Kensington Close N.W. (Hillhurst United Church,
side door, upstairs)
- 8:00 p.m. **Getting There** – (C) Step, Discussion
2828 – 19 St. N.W. (Holy Cross Church) *Open B-day last Tues.*
- 8:00 p.m. **NW Calgary Group** – (O), Big Book(W)
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **5th Tradition Safe Harbour** – (C) Big Book Study....(W)
1317 – 1 St. N.W. (Wild Rose United Church, side door,
Centennial Rm, downstairs) *Open Birthday 2nd Tuesday*
- 8:30 p.m. **Tuesday Night Garnet** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** – (C), Women’s, BB Story/Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 12 Noon **Just For Today** – (O), Big Book Discussion
2236 – 35 St. S.E. (Forest Lawn United Church, basement)
- 6:00 p.m. **Happy, Joyous & Free** – (O), Step & Tradition
1840 – 38 St. S.E. (Eastside Victory Outreach Centre,
back door entrance)

TUESDAY

SOUTHEAST *(continued...)*

- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **New Beginnings** – (O), Women’s, Step
#3216, 380 Canyon Meadows Dr. S.E (Fish Creek Village,
upstairs) *Open Speaker last Tuesday*
- 7:30 p.m. **McKenzie Towne** – (C), Step
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Deer Ridge** – (C), Step & Tradition
13811 Deer Ridge Dr. SE. (Lutheran Church)
Open Birthday last Tuesday
- 7:30 p.m. **Open Door** – (O), Step/Discussion
1840 – 38 St. S.E. (Eastside Victory Outreach Centre,
back door entrance)
- 8:00 p.m. **Midnapore** – (O), Discussion
14540 Bannister Rd. S.E. (St. Mary’s University, use West
entrance) *Birthday last Tuesday*

SOUTHWEST

- 7:00 p.m. **Glenmore** – (C), Women’s, Living Sober
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 7:30 p.m. **Haddon Road** – (C), Step & Big Book Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs, *1.5 hr. mtg.*)
- 7:30 p.m. **Recovery Group** – (C), Step/Tradition(W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** – (O), Step(W)
7007 – 14 St. S.W. (Rockyview Hospital, Holy Cross
Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **19th Hole** – (C), Men’s
804 – 75 Ave. S.W. (Sheppard King Lutheran Church,
use East rear entrance)

TUESDAY

SOUTHWEST (continued...)

- 8:30 p.m. **Glenmore** – (C), Men's, Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)

WEDNESDAY

NORTHEAST

- 11:55 a.m. **Out to Lunch Bunch** – (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
Open Birthday last Wednesday
- 12 Noon **Next Step Meeting** – (O) Women's Beginners
200, 317 – 37 Ave. N.E. (Next Step Ministries, treatment
facility) *Speaker last Wednesdays*
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
some English spoken, 2 hr. mtg.
3850 – 19 St. N.E., Bay 6
- 7:30 p.m. **Marlborough Park** – (C) *doors locked @ 7:45 p.m.!!*
1352 Abbeydale Dr. N.E. (Fellowship Centre, S. entrance)
- 8:00 p.m. **Airport** – (O), Beginners
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door, bsmnt)
- 8:00 p.m. **Overcomers** – (O), Discussion.....(W)
5510 – 26 Ave. N.E. (Robert McClure Church)
- 8:30 p.m. **Grey Sheep** – (C), Men's.....(W)
1432 – 19 St. N.E. (Ascension Lutheran Church)

NORTHWEST

- 10:00 a.m. **Wednesday Eye Opener** – (O).....(W)
130 – 32 Ave. N.W. (House of Blessings Church)
- 7:30 p.m. **SMOG** – (O), Big Book
2404 Kensington Rd. N.W. (Kensington Commons Church,
East entrance)
- 8:00 p.m. **ABC** – (C), Step & Tradition(W)
4612 Varsity Dr. N.W. (Presbyterian Church, East door)
Open Birthday last Wednesday

WEDNESDAY

NORTHWEST *(continued...)*

- 8:00 p.m. **Kincora Group** – (O), Discussion
38 Kincora Rise N.W. (Symons Valley United Church)
Birthday Speaker last Wednesday
- 8:30 p.m. **Wednesday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** – (O), Women’s Big Book
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 7:00 p.m. **Grupo Vientos de Calgary** - (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **Harmony** – (O)
1840 – 38 St. S.E. (Eastside Victory Outreach, downstairs)
- 7:30 p.m. **New Beginnings** – (C), 11th Step Prayer
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 8:00 p.m. **Midnapore** – (C), Step Discussion
14540 Bannister Rd. S.E. (St. Mary’s University, W. ent.)
- 8:00 p.m. **Calgary South Health Campus** – (O), Beginners
4448 Front St. S.E. (Wellness Centre, Room 180006)

SOUTHWEST

- 7:00 p.m. **Glenmore** – (C), Women’s
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 8:00 p.m. **Bow Trail** – (C)
800 – 85 St. S.W. (St. Michael’s Church) *Open last Wed.*
- 8:00 p.m. **Primary Purpose Group** – (O), Big Book Discussion. (W)
1311 – 4 St. S.W. (First Baptist Church, use basement
door between 2 main entrances) *Call-Up format 4th Wed.*
- 8:30 p.m. **Explorers** – (O), Discussion
1121 – 14 Ave. S.W. (St. Stephan’s Anglican Church)

WEDNESDAY

SOUTHWEST *(continued...)*

- 8:30 p.m. **Glenmore** – (C), Step & Tradition
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)

THURSDAY

NORTHEAST

- 7:00 p.m. **MAAT Group** – (C), Step & Tradition (W)
912 – 19 St. N.E. (Crossroads Community Church,
use back door, basement)
- 8:00 p.m. **Regal Group** – (C), Step Discussion
956 Radnor Ave. N.E. (Renfrew United Church)
Open Birthday last Thursday

NORTHWEST

- 7:00 p.m. **Parkdale Ladies** – (O), Women's Step & Trad. (W)
2919 – 8 Ave. N.W. (Parkdale United Church, use
main door, downstairs)
- 7:30 p.m. **Nadzieja** – (C), Polish Speaking, Step & Discussion
640 – 19 Ave. N.W. (St. Joseph's Church, use East side
office doors) *Open Birthday last Thursday*
- 8:00 p.m. **19th Street Big Book** – (C), Big Book Discussion
2828 – 19 St. N.W. (Holy Cross Church)
- 8:00 p.m. **NW Step & Tradition** – (C), Men's
5511 Baroc Rd. N.W. (Dalhousie Community Church,
upstairs) *Open Speaker last Thursday*
- 8:00 p.m. **Front Runners** – (C), LGBTQ, BB Discussion
1227 Kensington Close N.W. (Hillhurst United Church,
side door, upstairs)
- 8:00 p.m. **NW Calgary Group** – (O), Step Discussion (W)
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O), Beginners
1403 – 29 St. N.W. (Baker Building., Room AGW2)

THURSDAY

NORTHWEST *(continued...)*

- 8:00 p.m. **Rule 62 Group** – (C), Big Book Discussion
1212 –1 St. N.W. (Crescent Heights Baptist Church,
back door, downstairs)
- 8:30 p.m. **Thursday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** – (C), Women’s, Big Book
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 12 Noon **Just For Today** – (O), Topic Discussion
2236 – 35 St. S.E. (Forest Lawn United Church, bsmnt)
- 7:00 p.m. **Inglewood** – (C), Big Book Discussion(W)
1423 – 8 Ave. S.E. (St. John’s Church, Cross Hall)
Open Birthday Speaker last Thursday
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Bow Bottom Trail** – (C), Step
77 Deerpoint Rd. S.E. (Deer Park United Church)
- 7:30 p.m. **Candlelight** – (O), Beginners, Topic Discussion
2951 – 26 Ave. S.E. (St. Luke’s Anglican Church, back door)
- 7:30 p.m. **McKenzie Towne** – (C), Big Book Discussion
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Resentment Resolve Group** – (O), Step/Tradition/Topic
1840 – 38 St. S.E. (East Side Victory Outreach Centre, use
back door entrance)
- 8:00 p.m. **New Beginnings** – (C), Step & Tradition
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 8:00 p.m. **Midnapore** – (O), Big Book Discussion
14540 Bannister Rd. S.E. (St. Mary’s University, use
West entrance) *Speaker 2nd Thursday*

THURSDAY

SOUTHEAST *(continued...)*

- 8:30 p.m. **Ogden** – (O), Discussion.....(W)
7605 – 22 A St. S.E. (St. Augustine’s Church Hall)
Speaker 3rd Thursday, Open Birthday last Thursday

SOUTHWEST

- 12 Noon **Central Recovery** – (O), Discussion
131 – 7th Ave. S.W. (Central United Church, side door,
downstairs dining room)
- 7:00 p.m. **Thursday Night Ladies** – (C), Step & Tradition
5010 Spruce Dr. S.W. (Woodcliff United Church,
use rear door, basement, Mountain Ash room)
- 7:30 p.m. **Memorial Park Men’s** – (C), Men’s, Step & Tradition
1213 – 4 St. S.W. (Sheldon Chumir Health Centre,
Room 3001, 3rd floor)
- 8:00 p.m. **Haddon Road** – (C), Design 4 Living, Step Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs, *1.5 hr. mtg.*)
- 8:00 p.m. **Turf Group** – (C), Men’s, Discussion
840 – 3 Ave. S.W. (Trinity Lutheran Church, use side
door, downstairs)
- 7:30 p.m. **Recovery Group** – (C), Step/Tradition(W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** – (O), Step(W)
7007 – 14 St. S.W. (Rockyview Hospital)
(Holy Cross Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **Whitesheep** – (C), Men’s
12777 Candle Cres. S.W. (Woodgreen Presbyterian
Church, main door, Kids Worship room)
- 8:30 p.m. **Glenmore** – (C), Big Book Study
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 8:30 p.m. **Daily Reflections** – (O)
134 Scarboro Ave. S.W. (United Church, North door)

FRIDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** – (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
3850 – 19 St. N.E., Bay 6 (*some English spoken, 2 hr. mtg.*)
- 8:00 p.m. **Friday Night Fellowship** – (O), Step Discussion
904 Renfrew Dr. N.E. (All Saints Traditional Anglican Church, Renfrew, back door entrance)

NORTHWEST

- 8:00 p.m. **Desperation** – (O), Step & Tradition
419 Northmount Dr. N.W. (Highwood Lutheran Church, back door entrance, downstairs)
- 8:00 p.m. **Edgemont** – (O), Discussion.....(W)
33 Edgevalley Circle N.W.
(Edgemont Community Centre, Fireside Room)
- 8:00 p.m. **Front Runners** – (O), LGBTQ, Beginners
1227 Kensington Close N.W.
(Hillhurst United Church, use side door, upstairs)
- 8:00 p.m. **272 Group** – (O), Speaker(W)
3311 Centre St. N.W. (Northminster United Church)
- 8:30 p.m. **Friday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)
- 9:30 p.m. **Shipwreck at Sunset** – (O), Step & Tradition
1227 Kensington Close N.W.
Hillhurst United Church, side door, gymnasium)
Birthday last Friday
- 12:00 a.m. **Garnet Friday Midnigher** – (O), Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** – (O), Women's Step & Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)

FRIDAY

SOUTHEAST *(continued)*

- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Southview By the Book** – (O), Big Book Discussion
2020 – 33 St. S.E. (Southview Community Centre,
Kadilac Room)
- 8:00 p.m. **Alpha House** – (O), Beginners
203 – 15 Ave. S.E. (Treatment Centre)
- 8:00 p.m. **Midnapore** – (O), Beginners
14540 Bannister Rd. S.E. (St. Mary's University, West. ent.)
- 8:00 p.m. **New Beginnings** – (O), Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs) *Open Birthday last Friday*
at Sheppard King Church, 804 – 75 Ave. S.W.
- 8:00 p.m. **Southlanders Pancake** – (O), Steps 1, 2, 3
Southland & Acadia Dr. S.E. (Christ Moravian Church,
basement) *Birthday Speaker last Friday*

SOUTHWEST

- 8:00 p.m. **The Link Group** – (O)
134 Scarboro Ave. S.W. (Scarboro United Church,
use North basement door)
- 8:30 p.m. **Glenmore** – (O), Speaker
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs) *Open Birthday last Friday*
- 8:30 p.m. **Lakeview Open Speaker** – (O), Speaker
3023 – 63 Ave. S.W. (Lakeview United Church)
- 8:30 p.m. **Unity Group** – (C), Step & Tradition
3610 Sarcee Rd. S.W. (Grace Lutheran Church, side door)
Open Birthday last Friday
- 9:15 p.m. **Haddon Road** – (O), Young People, Step & Tradition
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
Speaker 3rd Friday

SATURDAY

NORTHEAST

- 10:00 a.m. **Saturday Morning Bridge** – (C), Step & Discussion
904 Renfrew Dr. N.E. (All Saints Traditional Anglican Church, Renfrew, back door) *Open Birthday last Sat.*
- 5:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
3850 – 19 St. N.E., Bay 6 (*some English spoken, 2 hr. mtg.*)
- 8:00 p.m. **Better Days Group** – (O), Step.....(W)
1432 – 19 St. N.E. (Ascension Lutheran Church, use back door entrance)
- 8:00 p.m. **Saturday Night NE** – (O), Step & Discussion
2523 – 56 St. N.E. (Prince of Faith Lutheran Church)

NORTHWEST

- 7:00 a.m. **Go For It** – (O), Beginners
6422 – 35 Ave. N.W. (Bowness Senior's Centre)
- 9:30 a.m. **Awakenings** – (O), Discussion (W)
2919 – 8 Ave. N.W. (Parkdale United Church, basement)
- 11:00 a.m. **SMOG** – (O), Discussion
2404 Kensington Rd. N.W.
(Kensington Commons Church, use East entrance)
- 1:00 p.m. **Garnet Women's** – (C), Step Discussion..... (W)
1609 Centre St. N.W. (downstairs)
- 3:00 p.m. **Saturday Afternoon Garnet** – (O), Step Discussion
1609 Centre St. N.W. (downstairs)
- 3:00 p.m. **Stampedeers** – (C)..... (W)
#12 Bowridge Dr. N.W. (Rock Pointe Church)
- 5:30 p.m. **Garnet 5:30** – (O), Topic Discussion..... (W)
1609 Centre St. N.W. (downstairs)
- 5:30 p.m. **NW Calgary Group** – (O), Step & Tradition (W)
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 7:00 p.m. **Garnet Saturday Night** – (O), Step 6 & 7 Disc. (W)
1609 Centre St. N.W. (downstairs)

SATURDAY

NORTHWEST *(continued)*

- 8:00 p.m. **Beacon's Refugees** – (O), Grapevine Topic & Discussion
419 Northmount Dr. N.W. (Highwood Lutheran Church,
“Church Office” building)
- 8:00 p.m. **Front Runners** – (C), LGBTQ, Discussion
1227 Kensington Close N.W. (Hillhurst United Church,
side door, upstairs) *Open Birthday last Saturday*
- 8:00 p.m. **West End Step & Tradition** – (O)
3803 – 69 St. N.W. (Foothills United Church, use South
“Food Bank” door)
- 8:30 p.m. **Garnet Saturday Night** – (O)
1609 Centre St. N.W. (downstairs)
- 10:00 p.m. **Garnet Night Owl** – (O), Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:00 a.m. **McKenzie Towne** – (C), Daily Reflections
#7 McKenzie Towne Gate S.E. (McKenzie Towne Church)
- 10:00 a.m. **New Beginnings** – (O), Living Sober
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Discussion
1840 – 38 St. S.E. (Eastside Victory Outreach, use back
door entrance)
- 2:00p.m. **New Beginnings** – (C), Women's, Step 11
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Forest Lawn Group** – (O)(W)
2951 – 26 Ave. S.E. (St. Luke's Anglican Church, use SE
back door, gymnasium)

SATURDAY

SOUTHWEST

- 9:00 a.m. **Recovery Group** – (C), Living Sober Disc.....(W)
#104, 4820 Macleod Trail S.W.
- 9:30 a.m. **Daily Reflections** – (O).....(W)
134 Scarboro Ave. S.W. (United Church, North door)
- 10:00 a.m. **Haddon Road** – Contented Sobriety – (C), Living Sober Disc.
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:30 a.m. **Recovery Group** – (C), Women’s, Step/Discussion(W)
#104, 4820 Macleod Trail S.W.
- 12 Noon **Glenmore** – (O)
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 5:00 p.m. **Glenmore** – (O), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 7:30 p.m. **Glenmore** – (C), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 8:00 p.m. **Downtown Saturday Night** – (O), Speaker(W)
#801 – 7 Ave. S.W. (Nexen Building, check with Security
in South tower, then use +15 to North Tower)
- 8:00 p.m. **Haddon Road** – Hideaway – (O), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
Birthday last Saturday
- 8:00 p.m. **New Beginnings** – (O), Beginners
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 8:00 p.m. **Daily Reflections** – (C)(W)
134 Scarboro Ave. S.W. (Scarboro United Church, use
North door, parking lot entrance)
- 10:00 p.m. **Saturday Night Train Wreck** – (O), Step & Tradition
200 Haddon Rd. S.W. (Rm. 200L, upstairs) *2+ hr. meeting!*

SUNDAY

NORTHEAST

- 7:30 p.m. **New Life** – (C)
904 Renfrew Dr. N.E.
(All Saint's Traditional Anglican Church)

NORTHWEST

- 7:00 a.m. **Go For It** – (C), Big Book Discussion
6422 – 35 Ave. N.W. (Bowness Senior's Centre)
- 8:00 a.m. **SMORG** – (O), Discussion
2212 – 13 St. N.W. (Confederation Park Seniors Club)
- 11:00 a.m. **Sunday Garnet Men's** – (C), Men's
1609 Centre St. N.W. (downstairs)
- 11:00 a.m. **Sooner Than The Nooner** – (O)(W)
3512 – 5 Ave. N.W. (Parkdale Community Association,
use "Nifty Fifties" door)
- 11:00 a.m. **Sunday Morning 11am** – (O), Step & Tradition
5003 – 16 Ave. N.W. (Montgomery Community Hall)
- 3:00 p.m. **Sunday Afternoon Garnet** – (O), Step Discussion
1609 Centre St. N.W. (downstairs)
- 4:00 p.m. **Namaste** – (C), Step 11 Discussion/Meditation.....(W)
11 Scenic Acres Gate N.W. (Advent Lutheran Church)
- 5:30 p.m. **Garnet 5:30** – (O), Topic Discussion
1609 Centre St. N.W. (downstairs)
- 8:00 p.m. **Sunday Night Speaker** – (O)(W)
3512 – 5 Ave. N.W. (Parkdale Community Association)
- 8:30 p.m. **Sunday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 11:00 a.m. **New Beginnings** – (O), Grapevine
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Discussion
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)

SUNDAY

SOUTHEAST *(continued)*

- 5:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Came To Believe Group** – (O), Beginners(W)
#2 New Brighton Dr. S.E. (New Brighton Residents Assoc.)
- 7:30 p.m. **New Beginnings** – (O), Came To Believe
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 8:00 p.m. **Ogden** – (C), Step & Tradition(W)
7605 – 22A St. S.E. (St. Augustine's Church Hall)

SOUTHWEST

- 8:30 a.m. **Daily Reflections** – (O)(W)
134 Scarboro Ave. S.W. (United Church, North door)
- 8:30 a.m. **Sunday Morning Breakfast** – (O), Speaker(W)
708 – 8 Ave. S.W. (Ramada Inn)
Breakfast at 8:30 a.m., Speaker at 9:30 a.m.
- 9:00 a.m. **Wake Up Group** – (C), Big Book Step Study
11625 Elbow Dr. S.W.
(Canyon Meadows Shopping Centre, upstairs Rm. 203)
- 11:00 a.m. **Haddon Road** – Choirboys – (C), Men's Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:30 a.m. **Glenmore** – (O), Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 12:30 p.m. **Haddon Road** – (C), Ladies, Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 3:00 p.m. **Glenmore** – (O), Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 4:30 p.m. **Aventa** – (O), Women's (Treatment Centre)
610 – 25 Ave. S.W. (use back door, ring bell for entry)

SUNDAY

SOUTHWEST *(continued)*

- 5:00 p.m. **Glenmore** – (O), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 7:00 p.m. **Dream Centre** – (O), Speaker.....(W)
4510 Macleod Trail S.W. (, rear entrance)
- 7:00 p.m. **Haddon Road** – (O), “Conscious Contact” Meditation/Disc.
200 Haddon Rd. S.W. (Room 200L, upstairs, *1.5 hr. mtg.*)
- 8:30 p.m. **Glenmore** – (O), Discussion, Big Book
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 8:30 p.m. **Southwest Serenity** – (O)
1121 – 14 Ave. S.W. (St. Stephens Church)

MONTHLY INTERGROUP & GENERAL SERVICE COMMITTEE MEETINGS

INTERGROUP GENERAL MEETING

2nd Monday of each month

7:00 p.m., St. Peter the Aleut Church,
1802 – 33 Ave. S.W., Calgary

CALGARY GENERAL SERVICE COMMITTEE (CGSC)

Third Monday of each month

7:30 p.m., St. Peter the Aleut Church,
1802 – 33 Ave. S.W., Calgary

CORRECTIONAL FACILITY AA MEETINGS

*Security clearance and a minimum 1 year of continuous sobriety
is required at all Correctional Facilities meetings.*

Meetings held in Calgary Correctional Centre (Spyhill),
Calgary Remand Centre and Calgary Young Offenders Centre (CYOC).
Contact the Correctional Facilities Chairperson at
cgsc corrections@gmail.com

HOSPITAL AND TREATMENT FACILITY A.A. MEETINGS

Contact the Treatment Facility Chairperson at cgsctreatment@gmail.com

C.G.S.C. SPONSORED TREATMENT FACILITY MEETINGS

The Alex – (O), Discussion

6:30 p.m., Mondays (closed on stat. holidays)

102, 2840 – 2 Ave. S.E.

Alpha House – (O), Beginners

8:00 p.m., Fridays

203 – 15 Ave. S.E.

Aventa – (O), Women's, Beginners

4:30 p.m., Sundays

610 – 25 Ave. S.W. (back door, ring bell for entry)

Dream Centre – (O), Speaker.....(W)

7:00 p.m., Sundays

4510 Macleod Trail S.W. (rear entrance)

Next Step Ministries – (O), Women's Beginners, Speaker last Wed.

12 Noon., Wednesdays

200, 317 – 37 Ave. N.E.

Sunrise (Native Addictions) – (O), Speaker/Discussion

8:00 p.m., Tuesdays

1231 – 34 Ave. N.E.

HOSPITAL MEETINGS:

Calgary South Health Campus (Hospital) – (O), Beginners.....(W)

8:00 p.m., Wednesdays

4448 Front St. S.E., Wellness Centre, Rm. 180010

Foothills Hospital – (O).....(W)

8:00 p.m., Mon. & Thurs., Winners Circle Group

1403 – 29 St. N.W (Foothills Hospital)

Rm. AGW2, G Floor, across from Atrium

Peter Lougheed Hospital – (O), Beginners.....(W)

8:00 p.m., Tuesdays

3500 – 26 Ave. N.E., Rm. 0652 (basement)

Rockyview Hospital – (O).....(W)

8:00 p.m., Tues. & Thurs., Rockyview Group

7007 – 14 St. S.W.

(Holy Cross Ambulatory Care Centre, Rm. 5A-103)

OUT OF TOWN MEETINGS

AIRDRIE

- Contacts:** *Back From Hell* contact Nick 403-371-1684
Country Group contact Bill 403-948-0438
- Monday 12 Noon — **Lunch Bunch** (O), Discussion
126-B Main St. (Back Door)
8:00 p.m.— **Back From Hell** (C), Step & Tradition
126-B Main St. (back door)
8:00 p.m. — **Country Group** (O)
204 – 1st Ave. N.E. (Christian Education Centre)
- Tuesday 8:00 p.m. — **Lunch Pail** (O)
126-B Main St. (back door)
- Wednesday 12 Noon — **Lunch Bunch** (O), Beginners
126-B Main St. (back door)
7:00 p.m. — **Women in Sobriety** (C), Women’s, Disc.
126-B Main St. (back door)
- Thursday 7:00 a.m. — **Back From Hell Early Riser** (O), Discussion
126-B Main St. (back door)
12:00 Noon — **Lunch Bunch** (O), 12x12 Discussion
126-B Main St. (back door)
8:00 p.m. — **Thursday Q & A** (O)
126-B Main St. (back door)
8:00 p.m. — **Country Group** (O) *Birthday last Thursday*
204 – 1st Ave. N.E. (Christian Education Centre)
- Friday 12 Noon — **Lunch Bunch** (O), Discussion
126-B Main St. (back door)
8:00 p.m. — **Back From Hell** (O), BB Discussion
126-B Main St. (back door)
- Saturday 10:00 a.m. — **Back to the Book** (O), Big Book Disc.(W)
1701 Main St. (Nose Creek Valley Museum)
8:00 p.m. — **Back From Hell** (O)
126-B Main St. (back door) *Open Birthday last Saturday*
- Sunday 10:00 a.m. — **Sunday Morning Meeting**, Speaker
800 East Lake Blvd. N.E. (Genesis Place, upstairs, Echo Rm)
8:00 p.m. — **Airdrie Reflections** (O), Daily Reflections
126-B Main St. (back door)

OUT OF TOWN MEETINGS

BANFF

- Monday 8:00 p.m. – **Mountainview Group** (O), Big Book
305 Lynx St. (Mineral Springs Hospital, Cafeteria)
- Tuesday 8:00 p.m. – **Mountainview Group** (O), Discussion
305 Lynx St. (Mineral Springs Hospital, Cafeteria)
- Friday 8:00 p.m. – **Mountainview Group** (O), Step & Tradition
305 Lynx St. (Mineral Springs Hospital, Cafeteria)

BASSANO

- Sunday 8:00 p.m. – (O)
608 – 5 Ave. (Bassano Health Centre)

BLACK DIAMOND

- Saturday 8:00 p.m. – (O) Step
717 Government Rd. (Oilfields General Hospital, basement,
“Action Centre” room) contact Gloria 403-818-9669

BLAIRMORE

- Wednesday 8:00 p.m. – **Crowsnest Pass Group** (C), Discussion
- Sunday 8:00 p.m. – **Crowsnest Pass Group** (O), Discussion
Provincial Building, contact 403-753-1212 for info

BOWDEN

- Sunday 7:30 p.m. – **Bowden Sunday Night** (O)(W)
Olde Library, South end of Arena parking lot
contact Dave 403-224-3126

BROOKS

- Mon. & Sat. 8:00 p.m. – **Fresh Start Group** (C),
507 – 3 Ave. W. (BrooksUnited Church)
- Wednesday 8:00 p.m. – **Hospital Meeting** (O),
440 – 3 St. E. (BrooksHealth Centre)
- Tues. & Thur. 8:00 p.m. – **Bar None Group** (C),
811 Cassils Rd. W. (Trinity Lutheran Church)

OUT OF TOWN MEETINGS

BROCKET

Thursday 7:30 p.m. — **Piitaapoyi Group** (O)
16 St. & 15 Ave. (St. Paul's Catholic Church), contact
Doug 403-339-0121

CARDSTON

Tuesday 8:00 p.m. — Moses Lake Shelter, (C)
Thursday 8:00 p.m. — St. Paul's Treatment Centre, (O)
Two Eagles Building (403) 737-3757

CANMORE

Monday 5:30 p.m. — **Round House Recovery for Women**, (O), Disc.
Suite 101, 743 Railway Ave. (Boardwalk Bldg., AHS
meeting room, East side entrance, use left glass door)
Tuesday 12 Noon — **Noon Oasis**, (O), Discussion
914 - 8 St. (Scout Hall, main door)
Wednesday 8:00 p.m. — **Back To Basics**, (O), Discussion
617 - 8 St. (Ralph Connor United Church, side entrance)
Thursday 8:00 p.m. — **Rule 62 Group**, (C), Big Book Discussion
617 - 8 St. (Ralph Connor United Church, side entrance)
Saturday 8:00 p.m. — **Rule 62 Group**, (C), Living Sober
617 - 8 St. (Ralph Connor United Church, side entrance)
Sunday 8:00 p.m. — **Canmore Sunday Night**, (C), Discussion
914 - 8 St. (Scout Hall, main door) *Open Speaker 2nd Sun.*

CAROLINE

Fridays 8:00 p.m. — **Caroline Wilderness Group** (C)
5111 - 49 Ave. (Lions Hall), *Open last Friday*
contact Gwen 403-772-3829

CARSTAIRS

Sunday 7:30 p.m. — **Sunday Night Group** (O) Step & Topic
The Legion, Main St. contact Murray: 403-337-3762

CASTOR

Monday 8:00 p.m. — **Battle River Group** (C)
Lighthouse Church, Main St. *Open last Monday*

OUT OF TOWN MEETINGS

CHESTERMERE

Thursday 7:30 p.m. — **Lakeside Serenity Group** (C), Step & Trad. (W)
105 Marina Rd. (Chestermere Town Hall, use N. entrance)
Open Birthday 4th Thursdays

CLARESHOLM

Tuesday 8:00 p.m. — **Versatile Group** (O)
126 – 52 Ave. W. (St. John's Anglican Church)

Thursday 8:00 p.m. — **Claresholm Thursday Nite** (C)
4803 – 2 St. W. (United Church) *Open Birthay last Thurs.*

Saturday 10:00 a.m. — **Gid R Dun Group** (O) Big Book Disc.....(W)
4304 - 2 St. West (Peace Lutheran Church)

COCHRANE

Monday 7:30 p.m. — **5th Chapter Group** (C), BB/12x12 Disc.
128 – 1 Sreet E. (United Church) *Open Birthday last Mon.*

Tuesday 7:30 p.m. — **Freedom Group** (C)
Weedon Hall (Hwy 22 & Hwy 567)

Wednesday 12 Noon — **Laughter Noon Group** (C), Discussion
120 Centre Ave. (King Solomon Lodge)

Thursday 7:30 p.m. — **Cochrane Ladies** (C), Literature Study
128 – 1 St. E. (St. Andrews United Church, NW door, upstairs)
8:00 p.m. — **Thursday Men's Group** (C), Step & Trad.
404 – 4 Ave. N. (All Saints Anglican Church, Rectory Bldg.)

Friday 8:00 p.m. — **Cochrane Rounders** (C), Step/Tradition
405 – 1 St. E. (Frank Wills Memorial Hall)

Saturday 7:00 p.m. — **Cochrane Castaways** (O), Step/Discussion
800 Griffin Rd. E. (Spray Lakes Family Sports Centre,
NE entrance, 2nd floor)

Sunday 7:30 p.m. — **Head To Heart Big Book Study** (C)
120 Centre Ave. (King Solomon Lodge)
contact Linda H. 403-990-8826 *Open Birthday last Sunday*

OUT OF TOWN MEETINGS

COALDALE

Wednesday 8:00 p.m. — **Coaldale Group (C)** *Open last Wednesday*
2115 – 17 St. (Anglican Church of the Ascension)

CONSORT

Thursday 8:00 p.m. — **Consort Group (O)**
5103 – 47 St. (Consort Anglican Church, basement)

CREMONA

Monday 8:00 p.m. — **Cremona Blasters Group, (C)**(W)
113 Centre St. (Gold & Silver Club, behind Credit Union)
Open last Monday contact Curtis 403-559-8436

CROSSFIELD

Wednesday 8:00 p.m. — **Crossfield Wednesday Night Group (C)**
Masonic Hall, contact Rob 403-805-7168

DEWINTON

Tuesday 8:00 p.m. — **Dewinton Tuesday Night Group (C)**
Dewinton United Church, basement, use rear door entrance
Open Speaker 1st Tuesday

DICKSON

Monday 8:00 p.m. — **Dickson Dam Monday Night (C)**
Bethany Lutheran Church, East of 4-way stop
Open last Monday contact Dean 403-728-3273

DIDSBURY

Friday 8:30 p.m. — **Didsbury Friday Night (C)**, Step & Tradition
2037 – 21 Ave. (Masonic Hall) *Open Birthday last Friday*
contact Rick 403-556-0221

DRUMHELLER

Weekdays 8:00 p.m. — (C) 175 – 3 St., Grace House

Monday 7:00 p.m. — **Happy Destiny Group, (O)**, Discussion
Drumheller Hospital

Wed. & Sun. 7:00 p.m. — **New Hope Group, (C)**, Big Book Study
176 – 1 St. S.W. (St. Magloire Anglican Church),
contact Tom 403-823-6061

OUT OF TOWN MEETINGS

DRUMHELLER *(continued...)*

Saturday 9:00 a.m. — **Saturday Morning Sunrise**, (C)(W)
195 – 3 Ave. E. (Knox United Church, side door)
Open Birthday 1st Saturday contact Art 403-821-1464

ECKVILLE

Thursday 7:30 p.m. — **Eckville Thursday Night**, (C), BB Study....(W)
5011 – 54 Ave. (Friendship Centre)
Open Speaker last Thursday contact Pat 403-318-7602

ELNORA

Monday 8:30 p.m. — **Elnora No Name Group** (O), Step
407 Main St.. (Elnora Anglican Church, basement)
Open Birthday 1st Monday contact: Bob 403-368-2430

FORT MACLEOD

Daily 8:00p.m. — Foothills Detox Centre (C), 403-553-4466
except Sat. 810 – 18 St. Main Door, ring buzzer for entry
Wednesday 8:00 p.m. — **Sunnyside Group** (C)
1716 – 7A Ave. (Fort Macleod Alliance Church, back door)
contact Jim 403-553-4209

SIKSIKA

Wednesday 7:00 p.m. — **Sorrel Rider Group** (C)
Siksika Elder's Lodge, on Hwy 547, 1/2 km S. of Gleichen
contact Frank 403-701-5067

HANNA

Monday 8:00 p.m. — **Chimes of Freedom** (C)
520 – 2 Ave. W. (Hanna Alliance Church, downstairs)
contact Sean 403-854-1221 *Open last Monday*

HIGH RIVER

Wednesday 1:30 p.m. — **High River Wednesday Afternoon Group** (C)
145 Macleod Trail S.W. (High River United Church)
8:00 p.m. — **High River Group** (O)
910 – 12 Ave. W. (Good Shephard Lutheran Church)
Friday 8:00 p.m. — **High River Group** (O), BB Discussion
910 – 12 Ave. W. (Good Shephard Lutheran Church)

OUT OF TOWN MEETINGS

INNISFAIL

- Tuesday 7:30 p.m. — **24 Hr. Group** (C)
4716 – 50 Ave. (Presbyterian Church) *Open last Tuesday*
call 403-347-8650
- Wednesday 12 Noon — **Wednesday Brown Bag Meeting** (O), Disc. (W)
#25, 4804 – 42 Ave. (Alliance Church, North door)
- Thursday 8:00 p.m. — **Gratitude Group** (O), Beginners.....(W)
4720 – 48 Ave. (Innisfail United Church)
call 403-347-8650
- Saturday 8:00 p.m. — **Innisfail Sat. Night** (O), Step & Trad.....(W)
#25, 4804 – 42 Ave. (Alliance Church, North door)
Birthday Speaker last Saturday contact Bob 403-227-6823

IRRICANA

- Wednesday 7:30 p.m. — **Irricana Recovery** (O)
- Sunday 8:00 p.m. — **Irricana Recovery** (O)
16 km E. of Airdrie on Hwy 567
(United Church, basement) *Open Birthday last Sunday*

LANGDON

- Sunday 8:00 p.m. — **Bring Your Own Cup Group** (O), Step
344 Centre St. (Langdon Fieldhouse) *Birthday last Sunday*
contact Dave 403-934-0765

LETHBRIDGE CHAPTER HOUSE403-327-8049

MEDICINE HAT CENTRAL OFFICE403-527-2065

MILK RIVER

- Monday 8:00 p.m. — **Milk River Group** (C)
Extended Care – Hospital

MORLEY

- Wednesday 11:00 a.m. — **First Light Group** (O) Step & Topic.....(W)
Westley Elders Lodge, Hwy 1A (33 km West of Cochrane)
contact Tom 403-881-0035

OUT OF TOWN MEETINGS

NANTON

Monday 8:00 p.m. — **Nanton Monday Night** (O)
2121 – 21 St. (Nanton United Church, basement)
Birthday 3rd Mondays

OKOTOKS

Monday 8:00 p.m. — **Okotoks Monday Night Group** (C)
13 Elma St. E. (Freemason's Hall) *Open Birthday last Mon.*
contact Laurie 403-938-2246

Wednesday 8:00 p.m. — **Wednesday Night Men's** (C) Step Disc... (W)
31 Riverside Way (St. Peter's Anglican Church, main ent.)

Thursday 8:00 p.m. — **Railway Group** (O)
43 Riverside Dr. (Okotoks United Church, use NW side
door), contact Stephen 403-333-5386 *Birthday 1st Thurs.*

Friday 8:00 p.m. — **T.G.I.F. Group** (O), Big Book
338 Ave. & Hwy 2A (Okotoks Alliance Church, use North
entrance), contact Travis 403-818-7444

Sunday 8:00 p.m. — **Ladies Candlelight** (C), Women's, Step/Disc.
13 Elma St. E. (Freemason's Hall)
contact Shannon 403-510-5493

8:00 p.m. — **Okotoks Men's Group** (C), Men's, Step/Disc.
43 Riverside Dr. W. (Okotoks United Church, use West
side Food Bank door) *Open Birthday Speaker last Sunday*
contact Al 403-938-0712

OLDS

Monday 7:30 p.m. — **Olds Midway Group** (C) (W)
5022 – 52 St. (St. Paul's Lutheran Church)
Open first Monday contact : Jason 403-586-4008

Tuesday 6:00 p.m. — **OTHEM Group** (C) (W)
3901 – 57 Ave. (Olds Hospital, Rm. 125)
contact Jason 403-586-4008

Thursday 8:00 p.m. — **Olds Evergreen Back Door Group** (O) (W)
5237 – 52 St. (Evergreen Seniors Centre, back door)
Book Discussion contact Gordon 403-507-1768

OUT OF TOWN MEETINGS

PINCHER CREEK

- Tuesday 8:00 p.m. — **12x12 Group (C)**
(Elks Hall, side door) contact Linda 403-627-4161
Open Birthday last Tuesday
- Friday 7:30 p.m. — **There Is A Solution (O)**, Big Book Disc.....(W)
1222 Bev McLachlin Dr. (Pincher Creek Health Centre,
Main Level, Rm. 226)

RAYMOND

- Wednesday 8:00 p.m. — **Pot Belly Stove Group (O)** *Smoking allowed!*
81E 100 S contact Gord L. 403-310-8155

RED DEER ANSWERING SERVICE.....403-347-8650

ROCKYFORD

- Tuesday 7:00 p.m. — **Rockyford Group (O)** Beginners
Rockyford United Church, across from (West of) school
contact Murray 403-499-8010

ROCKY MOUNTAIN HOUSE

- Tuesday 7:30 p.m. — **Rocky Recovery Group (C)**
& Friday Thursday: BB Discussion; Friday: Topic Discussion
1.6 km South on Hwy 11 (First Christian Reformed Church,
back door) contact Wayne 403-845-6280
Open meeting last Tuesday and Friday of the month

STANDOFF

- Monday 8:00 p.m. — **Kainai Group (O)**
Tribe Health Centre

STETTLER

- Tuesday 8:00 p.m. — **Stettler Heartland Group (O)**
4820 – 51 St. (Stettler United Church, basement, use
North door entrance) *Open last Tuesday*
- Friday 7:00 p.m. — **Friday Big Book Meeting (C)**, BB Disc.
Stettler Regional Hospital, Conference Room

OUT OF TOWN MEETINGS

STRATHMORE

- Monday 8:00 p.m. — **Sunset Discussion Group** (O), Beginners
245 Brent Blvd. (Hope Community Covenant Church)
Birthday Speaker 1st Mondays
contact Chantel 403-970-5747
- Tuesday 8:00 p.m. — **Highway People** (O), Discussion(W)
50 Maplewood Dr. (Full Gospel Church, back door)
contact Daryl 403-901-6816
- Thursday 8:00 p.m. — **Thursday 12x12 Group** (O)(W)
50 Maplewood Dr. (Full Gospel Church, back door)
contact Arnie 403-361-9396
- Sunday 2:00 p.m. — **New Life Group** (O), Step & Discussion
410 – 4 St. (Strathmore United Church)
contact Eldon 403-934-9570

SUNDRE

- Wednesday 8:30 p.m. – **Sundre Town & Country Group** (C)(W)
808 – 1 St. N.E. (Sundre Gospel Centre)
Open 1st Wednesday contact Lella 403-638-8286
- Thursday 7:30 p.m. – **Sundre Thurs. Night Meeting** (C), Disc..(W)
808 – 1 St. N.E. (Sundre Gospel Centre)
Open 1st Thursday contact Lella 403-638-8286

SYLVAN LAKE

- Tuesday 7:30 p.m. — **Tues. Night Serenity Group** (C), Step/Trad.
5119 – 50A St. (Lion's Den Hall) *Open Birthday last Tues.*
- Sunday 8:00 p.m. — **Sylvan Lake Sunday Night Group** (C)
5020 – 48 St. (Presbyterian Memorial Church)
Open last Sunday

TABER

- Monday 8:00 p.m. — **Northside Group** (C), 12 Step Meeting
4929 – 50 Ave. (Knox United Church)
- Tue. & Thu. 7:30 p.m. — **Taber Group** (C)
5431 – 48 Ave. (Evangelical Free Church)

OUT OF TOWN MEETINGS

TABER *(continued)*

- Friday 7:30 p.m. — **Serenity Seekers** (O)
5213 – 56 St. contact Mitch 403-223-1697
- Saturday 7:30 p.m. — **Taber Group** (O)
5431 – 48 Ave. (Evangelical Free Church)
Birthday last Saturday
- Sunday 7:30 p.m. — **Taber Group** (C)
5431 – 48 Ave. (Evangelical Free Church)

THREE HILLS

- Thursday 8:00 p.m. — **New Life Group** (C),
United Church, 5th Ave. & Main Street
contact : Morley 1-403-443-7970 *Open 1st Thursday*

TROCHU

- Wednesday 7:00 p.m. – **Back Again Group** (C) Step Discussion
“Eye of the Sky” Bldg., Lions Campground
contact : Fiona 403-877-1350 *Open Birthday last Wed.*

TSUU T’INA NATION

- Thursday 12 Noon — **Tsuu T’ina Group** (O), Discussion
Spirit Healing Lodge, Old Agency Rd. off Bullhead Rd.,
off Anderson Rd. SW contact Bernie 403-354-4234

TURNER VALLEY

- Thursday 8:00 p.m. — **Diamond Valley Group** (C)
208 Main St. S.W. (St. George’s Anglican Church Hall),
contact Gloria 403-818-9669
Open Birthday Speaker last Thursday

VULCAN

- Tuesday 8:00 p.m. — (C), 405 – 3 St. S. (Bethel Lutheran Church)
Open Birthday last Tuesday
- Thursday 8:00 p.m. — **Vulcan Different Group** (C)
405 – 3 St. S. (Bethel Lutheran Church)

WHO SUPPORTS CALGARY CENTRAL SERVICE OFFICE?

Central Office is supported 100% by the financial contributions of local AA Groups and individual AA members.

NO OUTSIDE CONTRIBUTIONS ARE ACCEPTED
(in accordance with AA Tradition).

SUGGESTED GROUP CONTRIBUTIONS

The following “split” suggestions could be considered after all necessary group expenses are met.
(ie: rent, AA literature, refreshments, prudent reserve, District and/or DCM expenses)

50% (IG), **30%** (GSO), **10%** (Area), **10** (CGSC)

50% (IG), **30%** (CGSC), **10%** (GSO), **10** (Area)

— **OR** —

**Whatever percentages are in accordance
with your group conscious.**

Mailing addresses for group contributions are as follows:

- (IG) Calgary Intergroup** (payable to):
Calgary Central Service Office
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (GSO) General Service Office** (payable to):
General Service Office
P.O. Box 459, Grand Central Station,
New York, New York 10163
- (CGSC) Calgary General Service Committee** (payable to):
General Service Committee
c/o Calgary Central Service Office
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (Area) Area 78** (payable to):
Address changes every two years; please contact
Central Service Office for current mailing address.

THE 12 STEPS OF ALCOHOLICS ANONYMOUS*

1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

THE 12 TRADITIONS OF ALCOHOLICS ANONYMOUS*

1. Our common welfare should come first., personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centres may employ special workers.
9. A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

ARE YOU AN ALCOHOLIC?

Questions developed by Johns Hopkins University Hospital to determine whether or not a person is suffering from Alcoholism. Ask yourself the following questions, and answer them as HONESTLY as you can.

- | | YES | NO |
|---|--------------------------|--------------------------|
| 1. Do you lose time from work due to drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Is drinking making your home life unhappy? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you drink because you are shy with other people? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Is drinking affecting your reputation? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you ever felt remorse after drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you gotten into financial difficulties as a result of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do you turn to lower companions and an inferior environment when drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Does your drinking make you careless of your family's welfare? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Has your ambition decreased since drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Do you crave a drink at a definite time daily? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Do you want a drink the next morning? | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Does drinking cause you to have difficulty in sleeping? | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Has your efficiency decreased since drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Is drinking jeopardizing your job or business? | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Do you drink to escape from worries or troubles? | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Do you drink alone? | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Have you ever had a loss of memory (blackout) as a result of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Has your physician ever treated you for drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Do you drink to build up your self-confidence? | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Have you ever been to a hospital or institution on account of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |

If you have answered YES to any **one** of the questions, that is a definite warning that you **MAY** be an alcoholic.

If you answered YES to any **two**, CHANCES ARE that you are an alcoholic.

If you answered YES to **three or more**, YOU ARE DEFINITELY AN ALCOHOLIC.