

# FEBRUARY 2019

price : \$1.25



## **Calgary & Southern Alberta Meeting Directory**

# **ALCOHOLICS ANONYMOUS**

### **CENTRAL SERVICE OFFICE**

**#2, 4015 – 1st Street S.E.**

*(access off 39th Avenue from Macleod Trail S.)*

**Calgary, Alberta T2G 4X7**

**phone : 403-777-1212**

**e-mail : [centraloffice@calgaryaa.org](mailto:centraloffice@calgaryaa.org)**

**website: [www.calgaryaa.org](http://www.calgaryaa.org)**

### **OFFICE HOURS**

**Monday to Friday : 8:30 a.m. – 5:00 p.m.**

*(Closed for lunch, 1:00 p.m. – 2:00 p.m.)*

**Saturdays : 9:00 a.m. – 1:00 p.m.**

*(Closed Holiday Weekends)*

Area 78 (Alta./N.W.T.) website : **[www.area78.org](http://www.area78.org)**

General Service Office (New York) website : **[www.aa.org](http://www.aa.org)**

## INDEX

Group Index .....	3, 4
Meetings Held Daily (Mon. – Fri.) .....	5, 6
Calgary Weekly Meetings .....	6–23
Spanish Speaking Meetings .....	6, 10, 11, 12, 14, 16, 17, 18, 20, 22
Polish Speaking Meeting .....	13
Punjabi/Hindi speaking meetings.....	21
Intergroup & General Service Committee Mtgs .....	24
Hospital and Treatment Facility Meetings .....	24
Out of Town Meetings .....	25–35
Central Office Support & Suggested Group Contributions .....	36
12 Steps & 12 Traditions .....	37, 38
The 20 Questions (Are You An Alcoholic?) .....	39

## CODES

All meetings are “Mixed” (men & women) unless otherwise noted.

**(W) = Wheelchair Access**

**(O) = Open Meeting Format** — Open to anyone who is interested in the AA Program. Visitors and friends are expected to respect the anonymity of all persons they see or meet at AA meetings.

**(C) = Closed Meeting Format** — For alcoholics only. Discussion of the AA Program is held and every person has the opportunity to ask questions and share their experience more freely. All members benefit from the experience, strength and hope of each other.

### IMPORTANT INFORMATION ABOUT THIS DIRECTORY

As embodied in the 4th Tradition, the information and operation of an AA Group resides with the group conscience of its members. While hopefully every AA Group adheres closely to the guiding principles of the 12 Steps and 12 Traditions, Calgary Intergroup neither monitors nor oversees the activities or practice of any AA Group. Groups and meetings listed in this directory appear at their own request. A directory listing does not constitute or imply approval or endorsement of any approach to, or practice of, the AA program.

# CALGARY MEETING INDEX

<b>GROUP NAME</b>	<b>PAGE(S)</b>	<b>GROUP NAME</b>	<b>PAGE(S)</b>
19th St. Big Book .....	13	Front Runners .....	9, 13, 16, 19
19th Hole .....	11	Foothills Hospital (Winner's Circle) .....	7, 14, 24
272 Group .....	6, 16	Fun Seekers .....	5
5th Tradition Safe Harbour.....	9	Garnet Block .....	5, 7, 9, 12, 14, 16, ..... 18, 19, 21, 22
A-Men .....	9	Getting There .....	9
ABC.....	11	Glenmore .....	5, 8, 10, 11, 12, 13, ..... 16, 17, 20, 21, 23
Alpha House. ....	17, 24	Go For It .....	5, 18, 21
Airport .....	11	Grey Sheep .....	11
Aspen/West Springs .....	12	Grupo Nuevo Horizonte (Spanish)..... .....	6, 11, 16, 18
Aventa .....	23, 24	Grupo Vientos de Calgary (Spanish) .....	10, 12, 14, 17, 20, 22
Awakenings .....	18	Haddon Road .....	5, 8, 10, 15, 18, ..... 20, 21, 23
Back to the Drawing Board .....	22	Happy, Joyous & Free .....	10
Beacon's Refugees .....	19	Harmony .....	12
Better Days .....	18	Harvest Hills BB Discussion .....	7
Bow Bottom Trail .....	14	Homeward Bounders .....	5
Came To Believe .....	22	Inglewood .....	14
Candlelight .....	14	Just For Today .....	9, 14
Central Recovery .....	8, 15	Kincora Group .....	12
Daily Reflections .....	5, 16, 20, 21, 23	Knox Nooners .....	5
Deer Ridge .....	10	Lakeview Open Speaker .....	18
Desperation .....	16	(The) Link Group .....	17
Double H .....	7	MAAT Group.....	13
Downtown Saturday Night .....	21	Marlborough Park .....	11
Dream Centre .....	23, 24	McKenzie Towne .....	10, 14, 19
Edgemont .....	16		
Elbow Park .....	8		
Explorers .....	13		
Fireside .....	7		
Forest Lawn .....	20		
Friday Night Fellowship.....	16		

# CALGARY MEETING INDEX

<b>GROUP NAME</b>	<b>PAGE(S)</b>	<b>GROUP NAME</b>	<b>PAGE(S)</b>
Memorial Park Men's .....	15	SMOG .....	6, 11, 18
Midnapore .....	8, 10, 12, 15, 17	Smorg .....	21
Monday Morning Group .....	7	Sobriety & Beyond .....	7
Monday Night BB Disc. ....	8	Sooner Than The Nooner .....	21
Mustard Seed Group .....	7	South Health Campus.....	12, 24
Nadzieja (Polish) .....	13	Southlanders Pancake .....	8, 17
Namaste.....	22	Southview By the Book .....	17
New Beginnings .....	6, 7, 9, 10, 12,	Southwest Serenity .....	23
.....	14, 15, 17, 19, 20, 22	Springbank Tuesday .....	9
New Life .....	21	Stampeders .....	19
New You / Sailor Bill's .....	9	Step Sisters .....	12
No Name Group .....	6	Steps, Stories & Beyond .....	7
Northlanders .....	7	Sunday Morning 11AM .....	21
NW Calgary Group .....	9, 14, 19	Sunday Morning Breakfast .....	23
NW Step & Tradition .....	13	Sunday Night Speaker .....	22
Ogden .....	15, 23	Sunrise (Native Addictions) .....	8, 24
Open Door .....	10	Survivors' Group (Punjabi/Hindi) ...	21
Out to Lunch Bunch .....	6, 11, 16	The Link Group .....	17
Overcomers .....	11	Thurs. Night Ladies .....	15
Parkdale Ladies.....	13	Tuesday Morning Ladies .....	9
Peter Loughheed Hospital .....	9, 24	Turf Group.....	15
Primary Purpose .....	13	Unity .....	18
Recovery Group .....	8, 10, 15, 20	Wake Up Group .....	22
Regal .....	6, 13	Walking Eagle.....	6
Resentment Resolve Group .....	14	We Agnostics .....	8
Rockyview Group .....	10, 15, 24	Wednesday Eye Opener .....	11
Rule 62 Group.....	14	Weekend Serenity Group .....	20, 22
Saturday Morning Bridge .....	18	West End Step & Tradition .....	19
Saturday Night NE .....	18	Winner's Circle .....	7, 14, 24
Saturday Night Train Wreck .....	21	Whitesheep .....	15
Shipwreck at Sunset .....	16	Wombley's Clapboard Factory .....	8

# DAILY MEETINGS (Monday to Friday)

## NORTHWEST

- 7:00 a.m. **Go For It** – (C),  
6422 – 35 Ave. N.W. (Bowness Senior's Centre)... (W)
- 12 Noon **Fun Seekers** – (O), Discussion  
3512 – 5 Ave. N.W. (Parkdale Community  
Association, downstairs Boardroom)..... (W)
- 1:30 p.m. **Afternoon Garnet** – (O) Step Discussion  
1609 Centre St. N.W. (downstairs)
- 5:15 p.m. **Homeward Bounders** – (O), 12x12..... (W)  
2919 – 8 Ave. N.W. (Parkdale United Church, use  
main door entrance, downstairs)
- 5:30 p.m. **Garnet 5:30** – (O) Step Discussion  
1609 Centre St. N.W. (downstairs)
- 11:59 p.m. **Garnet Midnighiter** – (O) Discussion  
1609 Centre St. N.W. (downstairs)

## SOUTHWEST

- 7:00 a.m.. **Haddon Road** – On Awakening – (C), Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 9:30 a.m. **Daily Reflections** – (O)..... (W)  
134 Scarboro Ave. S.W. (United Church, North door)
- 12 Noon **Glenmore** – (O), Step, Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Bldg. B-6,  
Room 103, downstairs)
- 12 Noon **Knox Nooners** – (O), Step  
506 – 4 St. S.W. (Knox United Church, 4th St. ent.)  
*No Meetings on Stat. Holidays; Birthday last Friday*
- 12:10 p.m. **Haddon Road** – Brown Bagger – (O), Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 5:00 p.m. **Glenmore** – (O), Step, Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Bldg. B-6,  
Room 103, downstairs)

# DAILY MEETINGS (continued...)

## SOUTHEAST

- 12 Noon **New Beginnings** – (O), Discussion  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 5:15 p.m. **New Beginnings** – (C), Discussion  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)

## MONDAY

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## NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** – (O)  
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish  
*some English spoken, 2 hr. meeting*  
3850 – 19 St. N.E., Bay 6
- 7:00 p.m. **Regal Group** – (C), Big Book Discussion  
956 Radnor Ave. N.E. (Renfrew United Church, downstairs)
- 8:00 p.m. **No Name Group** – (O), Beginners  
2523 – 56 St. N.E. (Prince of Faith Lutheran Church)  
*Birthday Speaker last Mofnday*
- 8:30 p.m. **Walking Eagle** – (O), Step & Tradition  
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door entrance, basement)

## NORTHWEST

- 7:30 p.m. **SMOG** – (O), Step/Tradition  
2404 Kensington Rd. N.W. (Kensington Commons Church, East entrance)
- 7:30 p.m. **272** – (C), Step/Tradition .....(W)  
3311 Centre St. N. (Northminister United Church)

# MONDAY

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## **NORTHWEST** *(continued)*

- 7:30 p.m. **Harvest Hills Big Book Discussion** – (O)  
10099 Harvest Hills Blvd. N.W. (Harvest Hills Alliance Church) *Birthday last Monday*
- 8:00 p.m. **Double H** – (O)  
130 – 32 Ave. N.W. (House of Blessings Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O)  
1403 – 29 St. N.W. (Baker Bldg., Rm AGW2)
- 8:00 p.m. **Mustard Seed Group** – (C), Men's  
5720 Silver Ridge Dr. N.W. (Silver Springs Com. Centre)
- 8:00 p.m. **Northlanders** – (C)  
Corner of Northmount Dr. & Northland Dr. N.W.  
(St. Luke's Church, East entrance, lower level)  
*Open Birthday Speaker 1st Monday*
- 8:30 p.m. **Monday Night Garnet Beginners** – (O)  
1609 Centre St. N.W. (downstairs)

## **SOUTHEAST**

- 10:00 a.m. **Monday Morning Group** – (O), Discussion  
2951 – 26 Ave. S.E. (St. Luke's Anglican, back door)
- 10:30 a.m. **New Beginnings** – (C), Women's, Step  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 7:00 p.m. **Steps, Stories & Beyond** – (O), Big Book  
6100 – 8 Ave. S.E. (Pembroke Community Hall)
- 7:30 p.m. **Sobriety & Beyond** – (C) Big Book Discussion .....(W)  
#2 New Brighton Dr. S.E. *Open Birthday last Monday*  
(New Brighton Resident Assoc. Building, buzz for entry)
- 8:00 p.m. **Fireside** – (C).....(W)  
12707 Bonaventure Dr. S.E. (Holy Nativity Church,  
parking lot entrance) *Open Birthday 3rd Monday*
- 8:00 p.m. **New Beginnings** – (C), Men's, Step  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)

## MONDAY

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### **SOUTHEAST** *(continued)*

- 8:00 p.m. **Southlanders Pancake** – (C), Big Book  
Southland Dr. & Acadia Dr. S.E.  
(Christ Moravian Church, basement)
- 8:00 p.m. **Midnapore** – (C), Living Sober Discussion  
14540 Bannister Rd. S.E. (St.Mary's University,  
use West entrance)

### **SOUTHWEST**

- 12 Noon **Central Recovery** – (O), Step  
131 – 7th Ave. S.W. (Central United Church, side door,  
downstairs, dining room)
- 5:00 p.m. **Recovery Group** – (C), Living Sober Discussion..... (W)  
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Haddon Road** – (O), Beginners  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Monday Night Big Book Discussion** – (C)..... (W)  
903 – 75 Ave. S.W. (St. Peter's Church, basement)
- 8:30 p.m. **We Agnostics** – (O), Living Sober Discussion  
1213 – 4 St. S.W. (Sheldon Shumir Health Centre, Rm. 3102)
- 8:30 p.m. **Elbow Park** – (C), Discussion  
3602 – 8 St. S.W. (Christ Church)
- 8:30 p.m. **Glenmore** – (O), Beginners  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

## TUESDAY

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### **NORTHEAST**

- 6:15 p.m. **Wombly's Clapboard Factory** – (C), Men's BB/12x12 Disc.  
904 Renfrew Dr. N.E. (All Saints Traditional Anglican  
Church Renfrew, side door, downstairs)
- 8:00 p.m. **Sunrise** (Native Addictions) – (O), Speaker/Discussion  
1231 – 34 Ave. N.E. (Treatment Facility)



## TUESDAY

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### **NORTHEAST** *(continued...)*

8:00 p.m. **Peter Lougheed Hospital** (O), Beginners  
3500 – 26 Ave. N.E., Room 0652 (basement)

### **NORTHWEST**

- 10:00 a.m. **Tuesday Morning Ladies** – (C), Women's  
Meets in members homes. Please contact:  
Central Service Office at 403-777-1212
- 7:30 p.m. **A-Men** – (C), Men's, Step & Tradition..... (W)  
3527 Boulton Rd. N.W. (Hope Lutheran Church)
- 7:30 p.m. **Springbank Tuesday** – (C), Step & Tradition  
(Westlife Church) corner of Range Rd. 33 & Township Rd.  
245, South of Calaway Park entrance, off Hwy 1)
- 8:00 p.m. **New You/Sailor Bill's** – (O), Step & Tradition  
6228 Bowness Rd. N.W. (Office, Rm 201; Buzz 201)
- 8:00 p.m. **Front Runners** – (C), LGBTQ, Step & Tradition  
1227 Kensington Close N.W. (Hillhurst United Church,  
side door, upstairs)
- 8:00 p.m. **Getting There** – (C) Step, Discussion  
2828 – 19 St. N.W. (Holy Cross Church) *Open B-day last Tues.*
- 8:00 p.m. **NW Calgary Group** – (O), Big Book ..... (W)  
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **5th Tradition Safe Harbour** – (C) Big Book Study.... (W)  
1317 – 1 St. N.W. (Wild Rose United Church, side door,  
Centennial Rm, downstairs) *Open Birthday 2nd Tuesday*
- 8:30 p.m. **Tuesday Night Garnet** – (O) Step Discussion  
1609 Centre St. N.W. (downstairs)

### **SOUTHEAST**

- 10:30 a.m. **New Beginnings** – (C), Women's, BB Story/Discussion  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)
- 12 Noon **Just For Today** – (O), Big Book Discussion  
2236 – 35 St. S.E. (Forest Lawn United Church, basement)

## TUESDAY

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### **SOUTHEAST** *(continued...)*

- 6:00 p.m. **Happy, Joyous & Free** – (O), Step & Tradition  
1840 – 38 St. S.E. (Eastside Victory Outreach,  
back door entrance)
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **New Beginnings** – (O), Women's, Step  
#3216, 380 Canyon Meadows Dr. S.E (Fish Creek Village,  
upstairs) *Open Speaker last Tuesday*
- 7:30 p.m. **McKenzie Towne** – (C), Step  
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Deer Ridge** – (C), Step & Tradition  
13811 Deer Ridge Dr. SE. (Lutheran Church)  
*Open Birthday last Tuesday*
- 7:30 p.m. **Open Door** – (O), Step/Discussion  
1840 – 38 St. S.E. (Eastside Victory Outreach,  
back door entrance)
- 8:00 p.m. **Midnapore** – (O), Discussion  
14540 Bannister Rd. S.E. (St. Mary's University, use West  
entrance) *Birthday last Tuesday*

### **SOUTHWEST**

- 7:00 p.m. **Glenmore** – (C), Women's, Living Sober  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 7:30 p.m. **Haddon Road** – (C), Step & Big Book Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs, *1.5 hr. mtg.*)
- 7:30 p.m. **Recovery Group** – (C), Step/Tradition ..... (W)  
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** – (O), Step ..... (W)  
7007 – 14 St. S.W. (Rockyview Hospital, Holy Cross  
Ambulatory Care Centre, Room 5A-103)

## TUESDAY

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### SOUTHWEST *(continued...)*

- 8:00 p.m. **19th Hole** – (C), Men's  
804 – 75 Ave. S.W. (Sheppard King Lutheran Church,  
use East rear entrance)
- 8:30 p.m. **Glenmore** – (C), Men's, Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

## WEDNESDAY

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### NORTHEAST

- 11:55 a.m. **Out to Lunch Bunch** – (O)  
1432 – 19 St. N.E. (Ascension Lutheran Church)  
*Open Birthday last Wednesday*
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish  
*some English spoken, 2 hr. mtg.*  
3850 – 19 St. N.E., Bay 6
- 7:30 p.m. **Marlborough Park** – (C) *doors locked @ 7:45 p.m.!!*  
1352 Abbeydale Dr. N.E. (Fellowship Centre, S. entrance)
- 8:00 p.m. **Airport** – (O), Beginners  
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door, bsmnt)
- 8:00 p.m. **Overcomers** – (O), Discussion.....(W)  
5510 – 26 Ave. N.E. (Robert McClure Church)
- 8:30 p.m. **Grey Sheep** – (C), Men's.....(W)  
1432 – 19 St. N.E. (Ascension Lutheran Church)

### NORTHWEST

- 10:00 a.m. **Wednesday Eye Opener** – (O).....(W)  
130 – 32 Ave. N.W. (House of Blessings Church)
- 7:30 p.m. **SMOG** – (O), Big Book  
2404 Kensington Rd. N.W. (Kensington Commons Church,  
East entrance)
- 8:00 p.m. **ABC** – (C), Step & Tradition .....(W)  
4612 Varsity Dr. N.W. (Presbyterian Church, East door)  
*Open Birthday last Wednesday*

## WEDNESDAY

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### **NORTHWEST** *(continued...)*

- 8:00 p.m. **Kincora Group** – (O), Discussion  
38 Kincora Rise N.W. (Symons Valley United Church)  
*Birthday Speaker last Wednesday*
- 8:30 p.m. **Wednesday Night Garnet** – (O)  
1609 Centre St. N.W. (downstairs)

### **SOUTHEAST**

- 10:30 a.m. **New Beginnings** – (O), Women's Big Book  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)
- 7:00 p.m. **Grupo Vientos de Calgary** - (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **Harmony** – (O)  
1840 – 38 St. S.E. (Eastside Victory Outreach, downstairs)
- 7:30 p.m. **New Beginnings** – (C), 11th Step Prayer  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)
- 7:30 p.m. **Step Sisters** – (C), Women's, Step & Trad. Disc. ....(W)  
6 Copperstone Way S.E. (Copperfield-Mahogany  
Community Hall)
- 7:30 p.m. **South Health Campus** – (O), Beginners  
4448 Front St. S.E. (Wellness Centre, Room 180006)
- 8:00 p.m. **Midnapore** – (C), Step Discussion  
14540 Bannister Rd. S.E. (St. Mary's University, use West  
entrance)

### **SOUTHWEST**

- 7:00 p.m. **Glenmore** – (C), Women's  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 8:00 p.m. **Aspen/West Springs Group** – (C)  
800 – 85 St. S.W. (St. Michael's Catholic Community)  
*Open last Wednesday*

## WEDNESDAY

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### **SOUTHWEST** *(continued...)*

- 8:00 p.m. **Primary Purpose Group** – (O), Big Book Discussion. (W)  
1311 – 4 St. S.W. (First Baptist Church, use basement  
door between 2 main entrances) *Call-Up format 4th Wed.*
- 8:30 p.m. **Explorers** – (O), Discussion  
1121 – 14 Ave. S.W. (St. Stephan's Anglican Church)
- 8:30 p.m. **Glenmore** – (C), Step & Tradition  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

## THURSDAY

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### **NORTHEAST**

- 7:00 p.m. **MAAT Group** – (C), Step & Tradition ..... (W)  
912 – 19 St. N.E. (Crossroads Community Church,  
use back door, basement)
- 8:00 p.m. **Regal Group** – (C), Step Discussion  
956 Radnor Ave. N.E. (Renfrew United Church)  
*Open Birthday last Thursday*

### **NORTHWEST**

- 7:00 p.m. **Parkdale Ladies** – (O), Women's Step & Trad. .... (W)  
2919 – 8 Ave. N.W. (Parkdale United Church, use  
main door, downstairs)
- 7:30 p.m. **Nadzieja** – (C), Polish Speaking, Step & Discussion  
640 – 19 Ave. N.W. (St. Joseph's Church, use East side  
office doors) *Open Birthday last Thursday*
- 8:00 p.m. **19th Street Big Book** – (C), Big Book Discussion  
2828 – 19 St. N.W. (Holy Cross Church)
- 8:00 p.m. **NW Step & Tradition** – (C), Men's  
5511 Baroc Rd. N.W. (Dalhousie Community Church,  
upstairs) *Open Speaker last Thursday*
- 8:00 p.m. **Front Runners** – (C), LGBTQ, BB Discussion  
1227 Kensington Close N.W. (Hillhurst United Church,  
side door, upstairs)

# THURSDAY

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## **NORTHWEST** *(continued...)*

- 8:00 p.m. **NW Calgary Group** – (O), Step Discussion..... (W)  
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O), Beginners  
1403 – 29 St. N.W. (Baker Building., Room AGW2)
- 8:00 p.m. **Rule 62 Group** – (C), Big Book Discussion  
1212 –1 St. N.W. (Crescent Heights Baptist Church,  
back door, downstairs)
- 8:30 p.m. **Thursday Night Garnet** – (O)  
1609 Centre St. N.W. (downstairs)

## **SOUTHEAST**

- 10:30 a.m. **New Beginnings** – (C), Women’s, Big Book  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)
- 12 Noon **Just For Today** – (O), Topic Discussion  
2236 – 35 St. S.E. (Forest Lawn United Church,  
basement)
- 7:00 p.m. **Candlelight** – (O), Beginners, Step  
2951 – 26 Ave. S.E. (St. Luke’s Anglican Church, back door)
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **Inglewood** – (C), Big Book Discussion .....(W)  
1423 – 8 Ave. S.E. (St. John’s Church, Cross Hall)  
*Open Birthday Speaker last Thursday*
- 7:30 p.m. **Bow Bottom Trail** – (C), Step  
77 Deerpoint Rd. S.E. (Deer Park United Church)
- 7:30 p.m. **McKenzie Towne** – (C), Big Book Discussion  
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Resentment Resolve Group** – (O), Step/Tradition/Topic  
1840 – 38 St. S.E. (East Side Victory Outreach Centre,  
use back door entrance)

# THURSDAY

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## **SOUTHEAST** *(continued...)*

- 8:00 p.m. **New Beginnings** – (C), Step & Tradition  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)
- 8:00 p.m. **Midnapore** – (O), Big Book Discussion  
14540 Bannister Rd. S.E. (St. Mary's University, use  
West entrance) *Speaker 2nd Thursday*
- 8:30 p.m. **Ogden** – (O), Discussion.....(W)  
7605 – 22 A St. S.E. (St. Augustine's Church Hall)  
*Speaker 3rd Thursday, Open Birthday last Thursday*

## **SOUTHWEST**

- 12 Noon **Central Recovery** – (O), Discussion  
131 – 7th Ave. S.W. (Central United Church, side door,  
downstairs dining room)
- 7:00 p.m. **Thursday Night Ladies** – (C), Step & Tradition  
5010 Spruce Dr. S.W. (Woodcliff United Church,  
use rear door, basement, Mountain Ash room)
- 7:30 p.m. **Memorial Park Men's** – (C), Men's, Step & Tradition  
1213 – 4 St. S.W. (Sheldon Chumir Health Centre,  
Room 3001, 3rd floor)
- 8:00 p.m. **Haddon Road** – (C), Design 4 Living, Step Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs, *1.5 hr. mtg.*)
- 8:00 p.m. **Turf Group** – (C), Men's, Discussion  
840 – 3 Ave. S.W. (Trinity Lutheran Church, use side  
door, downstairs)
- 7:30 p.m. **Recovery Group** – (C), Step/Tradition.....(W)  
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** – (O), Step.....(W)  
7007 – 14 St. S.W. (Rockyview Hospital)  
(Holy Cross Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **Whitesheep** – (C), Men's  
12777 Candle Cres. S.W. (Woodgreen Presbyterian  
Church, main door, Kids Worship room)

## THURSDAY

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### **SOUTHWEST** *(continued...)*

- 8:30 p.m. **Glenmore** – (C), Big Book Study  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 8:30 p.m. **Daily Reflections** – (O)  
134 Scarboro Ave. S.W. (United Church, North door)

## FRIDAY

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### **NORTHEAST**

- 11:55 a.m. **Out To Lunch Bunch** – (O)  
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish  
3850 – 19 St. N.E., Bay 6 *(some English spoken, 2 hr. mtg.)*
- 8:00 p.m. **Friday Night Fellowship** – (O), Step Discussion  
904 Renfrew Dr. N.E. (All Saints Traditional Anglican  
Church, Renfrew, back door entrance)

### **NORTHWEST**

- 8:00 p.m. **Desperation** – (O), Step & Tradition  
419 Northmount Dr. N.W. (Highwood Lutheran Church,  
back door entrance, downstairs)
- 8:00 p.m. **Edgemont** – (O), Discussion.....(W)  
33 Edgevalley Circle N.W.  
(Edgemont Community Centre, Fireside Room)
- 8:00 p.m. **Front Runners** – (O), LGBTQ, Beginners  
1227 Kensington Close N.W.  
(Hillhurst United Church, use side door, upstairs)
- 8:00 p.m. **272 Group** – (O), Speaker.....(W)  
3311 Centre St. N.W. (Northminister United Church)
- 8:30 p.m. **Friday Night Garnet** – (O)  
1609 Centre St. N.W. (downstairs)
- 9:30 p.m. **Shipwreck at Sunset** – (O), Step & Tradition  
1227 Kensington Close N.W. (Hillhurst United Church,  
side door, gymnasium) *Birthday last Friday*



# FRIDAY

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## NORTHWEST *(continued...)*

10:00 p.m. **Garnet Friday Night Owl**— (O), Step Discussion  
1609 Centre St. N.W. (downstairs)

## SOUTHEAST

10:30 a.m. **New Beginnings** — (O), Women's Step & Discussion  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)

6:00 p.m. **After Work Meeting** — (O), Big Book Discussion  
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)

7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)

7:30 p.m. **Southview By the Book** — (O), Big Book Discussion  
2020 – 33 St. S.E. (Southview Community Centre,  
Kadilac Room)

8:00 p.m. **Alpha House** — (O), Beginners  
203 – 15 Ave. S.E. (Treatment Centre)

8:00 p.m. **Midnapore** — (O), Beginners  
14540 Bannister Rd. S.E. (St. Mary's University, West. ent.)

8:00 p.m. **New Beginnings** — (O), Discussion  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs) *Open Birthday last Friday  
at Sheppard King Church, 804 – 75 Ave. S.W.*

8:00 p.m. **Southlanders Pancake** — (O), Steps 1, 2, 3  
Southland & Acadia Dr. S.E. (Christ Moravian Church,  
basement) *Birthday Speaker last Friday*

## SOUTHWEST

8:00 p.m. **The Link Group** — (O)  
134 Scarboro Ave. S.W. (Scarboro United Church,  
use North basement door)

8:30 p.m. **Glenmore** — (O), Speaker  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs) *Open Birthday last Friday*

## FRIDAY

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### **SOUTHWEST** *(continued...)*

- 8:30 p.m. **Lakeview Open Speaker** – (O), Speaker  
3023 – 63 Ave. S.W. (Lakeview United Church)
- 8:30 p.m. **Unity Group** – (C), Step & Tradition  
3610 Sarcee Rd. S.W. (Grace Lutheran Church, side door)  
*Open Birthday last Friday*
- 9:15 p.m. **Haddon Road** – (O), Young People, Step & Tradition  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)  
*Speaker 3rd Friday*

## SATURDAY

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### **NORTHEAST**

- 10:00 a.m. **Saturday Morning Bridge** – (C), Step & Discussion  
904 Renfrew Dr. N.E. (All Saints Traditional Anglican  
Church, Renfrew, back door) *Open Birthday last Sat.*
- 5:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish  
3850 – 19 St. N.E., Bay 6 *(some English spoken, 2 hr. mtg.)*
- 8:00 p.m. **Better Days Group** – (O), Step ..... (W)  
1432 – 19 St. N.E. (Ascension Lutheran Church,  
use back door entrance) *Speaker 2nd Saturdays*
- 8:00 p.m. **Saturday Night NE** – (O), Step & Tradition  
2523 – 56 St. N.E. (Prince of Faith Lutheran Church,  
downstairs)

### **NORTHWEST**

- 7:00 a.m. **Go For It** – (O), Beginners  
6422 – 35 Ave. N.W. (Bowness Senior's Centre)
- 9:30 a.m. **Awakenings** – (O), Discussion ..... (W)  
2919 – 8 Ave. N.W. (Parkdale United Church, basement)
- 11:00 a.m. **SMOG** – (O), Discussion  
2404 Kensington Rd. N.W.  
(Kensington Commons Church, use East entrance)
- 1:00 p.m. **Garnet Women's** – (C), Step Discussion ..... (W)  
1609 Centre St. N.W. (downstairs)

# SATURDAY

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## **NORTHWEST** *(continued)*

- 3:00 p.m. **Saturday Afternoon Garnet** — (O), Step Discussion  
1609 Centre St. N.W. (downstairs)
- 3:00 p.m. **Stampeders** — (C)..... (W)  
#12 Bowridge Dr. N.W. (Rock Pointe Church)
- 5:30 p.m. **Garnet Saturday 5:30** — (O), Topic Discussion ..... (W)  
1609 Centre St. N.W. (downstairs)
- 5:30 p.m. **NW Calgary Group** — (O), Step & Tradition ..... (W)  
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 7:00 p.m. **Garnet Saturday Night** — (O), Step 6 & 7 Discussion  
1609 Centre St. N.W. (downstairs)
- 8:00 p.m. **Beacon's Refugees** — (O), Grapevine Topic & Discussion  
419 Northmount Dr. N.W. (Highwood Lutheran Church,  
"Church Office" building)
- 8:00 p.m. **Front Runners** — (C), LGBTQ, Discussion  
1227 Kensington Close N.W. (Hillhurst United Church,  
side door, upstairs) *Open Birthday last Saturday*
- 8:00 p.m. **West End Step & Tradition** — (O)  
3803 – 69 St. N.W. (Foothills United Church, use South  
"Food Bank" door)
- 8:30 p.m. **Garnet Saturday Night** — (O)  
1609 Centre St. N.W. (downstairs)
- 10:00 p.m. **Garnet Saturday Night Owl** — (O), Step Discussion  
1609 Centre St. N.W. (downstairs)
- 11:59 p.m. **Garnet Midnigher** (O) Discussion  
1609 Centre St. N.W. (downstairs)

## **SOUTHEAST**

- 10:00 a.m. **McKenzie Towne** — (C), Daily Reflections  
#7 McKenzie Towne Gate S.E. (McKenzie Towne Church)
- 10:00 a.m. **New Beginnings** — (O), Living Sober  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)

# SATURDAY

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## **SOUTHEAST** *(continued)*

- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Discussion  
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 2:00p.m. **New Beginnings** – (C), Women’s, Step 11  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Forest Lawn Group** – (O) .....(W)  
2951 – 26 Ave. S.E. (St. Luke’s Anglican Church, use SE  
back door, gymnasium)
- 8:00 p.m. **New Beginnings** – (O), Beginners  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek  
Village, upstairs)

## **SOUTHWEST**

- 9:00 a.m. **Recovery Group** – (C), Living Sober Disc.....(W)  
#104, 4820 Macleod Trail S.W.
- 9:30 a.m. **Daily Reflections** – (O).....(W)  
134 Scarboro Ave. S.W. (United Church, North door)
- 10:00 a.m. **Haddon Road** – Contented Sobriety – (C), Living Sober Disc.  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:30 a.m. **Recovery Group** – (C), Women’s, Step/Discussion ....(W)  
#104, 4820 Macleod Trail S.W.
- 12 Noon **Glenmore** – (O)  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 5:00 p.m. **Glenmore** – (O), Step & Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)
- 7:30 p.m. **Glenmore** – (C), Step & Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

## SATURDAY

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### SOUTHWEST (continued)

- 8:00 p.m. **Downtown Saturday Night** – (O), Speaker .....(W)  
#801 – 7 Ave. S.W. (Nexen Building, check with Security  
in South tower, then use +15 to North Tower)
- 8:00 p.m. **Haddon Road** – Hideaway – (O), Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)  
*Birthday last Saturday*
- 8:00 p.m. **Daily Reflections** – (O).....(W)  
134 Scarboro Ave. S.W. (Scarboro United Church, use  
North door, parking lot entrance)
- 10:00 p.m. **Saturday Night Train Wreck** – (O), Step & Tradition  
200 Haddon Rd. S.W. (Rm. 200L, upstairs) *2+ hr. meeting!*

## SUNDAY

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### NORTHEAST

- 7:30 p.m. **New Life** – (C)  
904 Renfrew Dr. N.E. (All Saint's Traditional Anglican  
Church)
- 7:30 p.m. **Survivor's Group** – (C), Punjabi/Hindi/Eng., Step Disc. (W)  
95 Falshire Dr. N.E.  
(Falconridge/Castleridge Community Centre)

### NORTHWEST

- 7:00 a.m. **Go For It** – (C), Big Book Discussion  
6422 – 35 Ave. N.W. (Bowness Senior's Centre)
- 8:00 a.m. **SMORG** – (O), Discussion  
2212 – 13 St. N.W. (Confederation Park Seniors Club)
- 11:00 a.m. **Sunday Garnet Men's** – (C), Men's  
1609 Centre St. N.W. (downstairs)
- 11:00 a.m. **Sooner Than The Noon** – (O) .....(W)  
3512 – 5 Ave. N.W. (Parkdale Community Association,  
use "Nifty Fifties" door)
- 11:00 a.m. **Sunday Morning 11am** – (O), Step & Tradition  
5003 – 16 Ave. N.W. (Montgomery Community Hall)

# SUNDAY

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## **NORTHWEST** *(continued)*

- 3:00 p.m. **Sunday Afternoon Garnet** – (O), Step Discussion  
1609 Centre St. N.W. (downstairs)
- 4:00 p.m. **Namaste** – (C), Step 11 Discussion/Meditation.....(W)  
11 Scenic Acres Gate N.W. (Advent Lutheran Church)
- 5:30 p.m. **Garnet 5:30** – (O), Topic Discussion  
1609 Centre St. N.W. (downstairs)
- 8:00 p.m. **Sunday Night Speaker Meeting** – (O), Speaker  
2919 – 8 Ave. N.W. (Parkdale United Church, downstairs)
- 8:30 p.m. **Sunday Night Garnet** – (O)  
1609 Centre St. N.W. (downstairs)
- 11:59 p.m. **Garnet Midnighter** – (O), Discussion  
1609 Centre St. N.W. (downstairs)

## **SOUTHEAST**

- 9:00 a.m. **Wake Up Group** – (C), Big Book Step Study  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 11:00 a.m. **New Beginnings** – (O), Grapevine  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Discussion  
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 5:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish  
*some English spoken, 2 hr. mtg.*  
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Back to the Drawing Board** – (O), Step & Tradition  
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 7:30 p.m. **Came To Believe Group** – (O), Beginners .....(W)  
#2 New Brighton Dr. S.E. (New Brighton Residents Assoc.)
- 7:30 p.m. **New Beginnings** – (O), Came To Believe  
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)

# SUNDAY

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## **SOUTHEAST** *(continued)*

8:00 p.m. **Ogden** — (C), Step & Tradition .....(W)  
7605 – 22A St. S.E. (St. Augustine's Church Hall)

## **SOUTHWEST**

8:30 a.m. **Daily Reflections** — (O) .....(W)  
134 Scarboro Ave. S.W. (United Church, North door)

8:30 a.m. **Sunday Morning Breakfast** — (O), Speaker .....(W)  
708 – 8 Ave. S.W. (Ramada Inn)  
Breakfast at 8:30 a.m., Speaker at 9:30 a.m.

11:00 a.m. **Haddon Road** – Choirboys — (C), Men's Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)

11:30 a.m. **Glenmore** — (O), Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

12:30 p.m. **Haddon Road** – (C), Ladies, Discussion  
200 Haddon Rd. S.W. (Rm. 200L, upstairs)

3:00 p.m. **Glenmore** — (O), Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

4:30 p.m. **Aventa** — (O), Women's (Treatment Centre)  
610 – 25 Ave. S.W. (use back door, ring bell for entry)

5:00 p.m. **Glenmore** — (O), Step & Discussion  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

7:00 p.m. **Dream Centre** — (O), Speaker .....(W)  
4510 Macleod Trail S.W. (, rear entrance)

7:00 p.m. **Haddon Road** — (O), "Conscious Contact" Meditation/Disc.  
200 Haddon Rd. S.W. (Room 200L, upstairs, 1.5 hr. mtg.)

8:30 p.m. **Glenmore** — (O), Discussion, Big Book  
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,  
Room 103, downstairs)

8:30 p.m. **Southwest Serenity** — (O)  
1121 – 14 Ave. S.W. (St. Stephens Church)

# HOSPITAL AND TREATMENT FACILITY A.A. MEETINGS

Contact the Treatment Facility Chairperson at [cgsctreatment@gmail.com](mailto:cgsctreatment@gmail.com)

## C.G.S.C. SPONSORED TREATMENT FACILITY MEETINGS

**Alpha House** – (O), Beginners

8:00 p.m., Fridays – 203 – 15 Ave. S.E.

**Aventa** – (O), Women’s, Beginners

4:30 p.m., Sundays – 610 – 25 Ave. S.W. (back door, ring bell for entry)

**Dream Centre** – (O), Speaker.....(W)

7:00 p.m., Sundays – 4510 Macleod Trail S.W. (rear entrance)

**Sunrise (Native Addictions)** – (O), Speaker/Discussion

8:00 p.m., Tuesdays – 1231 – 34 Ave. N.E.

## HOSPITAL MEETINGS:

**South Health Campus (Hospital)** – (O), Beginners.....(W)

7:30 p.m., Wednesdays – 4448 Front St. S.E., Wellness Centre, Rm. 180010

**Foothills Hospital** – (O).....(W)

8:00 p.m., Mon. & Thurs., Winners Circle Group – 1403 – 29 St. N.W.  
(Foothills Hospital) Rm. AGW2, G Floor, across from Atrium

**Peter Lougheed Hospital** – (O), Beginners.....(W)

8:00 p.m., Tuesdays – 3500 – 26 Ave. N.E., Rm. 0652 (basement)

**Rockyview Hospital** – (O).....(W)

8:00 p.m., Tues. & Thurs., Rockyview Group – 7007 – 14 St. S.W.  
(Holy Cross Ambulatory Care Centre, Rm. 5A-103)

## **MONTHLY INTERGROUP & GENERAL SERVICE COMMITTEE MEETINGS**

### INTERGROUP GENERAL MEETING

**2nd Monday of each month**

7:00 p.m., St. Peter the Aleut Church, 1802 – 33 Ave. S.W., Calgary

### CALGARY GENERAL SERVICE COMMITTEE (CGSC)

**Third Monday of each month**

7:30 p.m., St. Peter the Aleut Church, 1802 – 33 Ave. S.W., Calgary



## OUT OF TOWN MEETINGS

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### AIRDRIE

- Monday 12 Noon — **Lunch Bunch** (O), Discussion  
126-B Main St. (Back Door)  
8:00 p.m.— **Back From Hell** (C), Step & Tradition  
126-B Main St. (back door)  
8:00 p.m. — **Country Group** (O)  
204 – 1st Ave. N.E. (Christian Education Centre)
- Tuesday 8:00 p.m. — **Lunch Pail** (O)  
126-B Main St. (back door)
- Wednesday 12 Noon — **Lunch Bunch** (O), Beginners  
126-B Main St. (back door)  
7:00 p.m. — **Women in Sobriety** (C), Women's, Disc.  
126-B Main St. (back door)
- Thursday 7:00 a.m. — **Back From Hell Early Riser** (O), Discussion  
126-B Main St. (back door)  
12:00 Noon — **Lunch Bunch** (O), 12x12 Discussion  
126-B Main St. (back door)  
8:00 p.m. — **Thursday Men's** (C), 12x12  
126-B Main St. (back door)  
8:00 p.m. — **Country Group** (O) *Birthday last Thursday*  
204 – 1st Ave. N.E. (Christian Education Centre)
- Friday 12 Noon — **Lunch Bunch** (O), Discussion  
126-B Main St. (back door)  
8:00 p.m. — **Back From Hell** (O), BB Discussion  
126-B Main St. (back door)
- Saturday 10:00 a.m. — **Back to the Book** (O), Big Book Disc. ....(W)  
1701 Main St. (Nose Creek Valley Museum)  
8:00 p.m. — **Back From Hell** (O)  
126-B Main St. (back door) *Open Birthday last Saturday*
- Sunday 10:00 a.m. — **Sunday Morning Meeting**, Speaker  
800 East Lake Blvd. N.E. (Genesis Place, upstairs, Echo Rm)  
8:00 p.m. — **Airdrie Reflections** (O), Daily Reflections  
126-B Main St. (back door)

## **OUT OF TOWN MEETINGS**

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### **BANFF**

- Monday 8:00 p.m. – **Mountainview Group** (O), Big Book  
305 Lynx St. (Mineral Springs Hospital, Cafeteria)
- Tuesday 8:00 p.m. – **Mountainview Group** (O), Discussion  
305 Lynx St. (Mineral Springs Hospital, Cafeteria)
- Friday 8:00 p.m. – **Mountainview Group** (O), Step & Tradition  
305 Lynx St. (Mineral Springs Hospital, Cafeteria)

### **BASSANO**

- Sunday 8:00 p.m. – (O), 608 – 5 Ave. (Bassano Health Centre)

### **BLACK DIAMOND**

- Saturday 8:00 p.m. – (O) Step  
717 Government Rd. (Oilfields General Hospital, basement,  
“Action Centre” room)

### **BLAIRMORE**

- Wednesday 8:00 p.m. – **Crowsnest Pass Group** (C), Discussion
- Sunday 8:00 p.m. – **Crowsnest Pass Group** (O), Discussion  
Provincial Building

### **BOWDEN**

- Sunday 7:30 p.m. – **Bowden Sunday Night** (O) .....(W)  
2300 – 17 Ave. (Olde Library Community Centre/FCSS  
Office, South end of Arena parking lot)

### **BROOKS**

- Mon. & Sat. 8:00 p.m. – **Fresh Start Group** (C),  
507 – 3 Ave. W. (BrooksUnited Church)
- Wednesday 8:00 p.m. – **Hospital Meeting** (O),  
440 – 3 St. E. (BrooksHealth Centre)
- Tues. & Thur. 8:00 p.m. – **Bar None Group** (C),  
811 Cassils Rd. W. (Trinity Lutheran Church)

### **BROCKET**

- Thursday 7:30 p.m. – **Piitaapoyi Group** (O)  
16 St. & 15 Ave. (St. Paul’s Catholic Church)

## **OUT OF TOWN MEETINGS**

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### **CARDSTON**

- Tuesday 8:00 p.m. — Moses Lake Shelter, (C)  
Thursday 8:00 p.m. — St. Paul's Treatment Centre, (O)  
Two Eagles Building (403) 737-3757

### **CANMORE**

- Monday 5:30 p.m. — **Round House Recovery for Women**, (O), Disc.  
Suite 101, 743 Railway Ave. (Boardwalk Bldg., AHS  
meeting room, East side entrance, use left glass door)  
Tuesday 12 Noon — **Noon Oasis**, (O), Discussion  
914 – 8 St. (Scout Hall, main door)  
Wednesday 8:00 p.m. — **Back To Basics**, (O), Discussion  
617 – 8 St. (Ralph Connor United Church, side entrance)  
Thursday 8:00 p.m. — **Rule 62 Group**, (C), Big Book Discussion  
617 – 8 St. (Ralph Connor United Church, side entrance)  
Saturday 8:00 p.m. — **Rule 62 Group**, (C), Living Sober  
617 – 8 St. (Ralph Connor United Church, side entrance)  
Sunday 8:00 p.m. — **Canmore Sunday Night**, (C), Discussion  
914 – 8 St. (Scout Hall, main door) *Open Speaker 2nd Sun.*

### **CAROLINE**

- Fridays 8:00 p.m. — **Caroline Wilderness Group** (C)  
5111 – 49 Ave. (Lions Hall), *Open last Friday*

### **CARSTAIRS**

- Sunday 7:30 p.m. — **Sunday Night Group** (O) Step & Topic  
The Legion, Main St.

### **CASTOR**

- Monday 8:00 p.m. — **Battle River Group** (C)  
Lighthouse Church, Main St. *Open last Monday*

### **CHESTERMERE**

- Tuesday 7:30 p.m. — **4th Dimension Group** (C), Step & Trad. Disc.  
Chestermere Christian Fellowship, main door, downstairs;  
Conrich Rd., Range Rd. 284, 1.9 km. N. of Hwy #1

## OUT OF TOWN MEETINGS

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### **CHESTERMERE** *(continued...)*

Thursday 7:30 p.m. — **Lakeside Serenity Group** (C), Step & Trad. (W)  
105 Marina Rd. (Chestermere Town Hall, use N. entrance)  
*Open Birthday 4th Thursdays*

### **CLARESHOLM**

Tuesday 8:00 p.m. — **Versatile Group** (O)  
126 – 52 Ave. W. (St. John's Anglican Church)

Thursday 8:00 p.m. — **Claresholm Thursday Nite** (C)  
4803 – 2 St. W. (United Church) *Open Birthay last Thurs.*

Saturday 10:00 a.m. — **Gid R Dun Group** (O) Big Book Disc.....(W)  
4304 - 2 St. West (Peace Lutheran Church)

### **COCHRANE**

Monday 7:30 p.m. — **5th Chapter Group** (C), BB/12x12 Disc.  
128 – 1 Sreet E. (United Church) *Open Birthday last Mon.*

Tuesday 7:30 p.m. — **Freedom Group** (C)  
Weedon Hall (Hwy 22 & Hwy 567)

Wednesday 12 Noon — **Laughter Noon Group** (C), Discussion  
120 Centre Ave. (King Solomon Lodge)

Thursday 7:30 p.m. — **Cochrane Ladies** (C), Literature Study  
128 – 1 St. E. (St. Andrews United Church, NW door, upstairs)  
8:00 p.m. — **Thursday Men's Group** (C), Step & Trad.  
404 – 4 Ave. N. (All Saints Anglican Church, Rectory Bldg.)

Friday 8:00 p.m. — **Cochrane Rounders** (C), Step/Tradition  
405 – 1 St. E. (Frank Wills Memorial Hall)

Saturday 7:00 p.m. — **Cochrane Castaways** (O), Step/Discussion  
800 Griffin Rd. E. (Spray Lakes Family Sports Centre,  
NE entrance, 2nd floor)

Sunday 7:30 p.m. — **Head To Heart Big Book Study** (C)  
120 Centre Ave. (King Solomon Lodge)  
*Open Birthday last Sunday*

## **OUT OF TOWN MEETINGS**

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### **COALDALE**

Wednesday 8:00 p.m. — **Coaldale Group** (C) *Open last Wednesday*  
2115 – 17 St. (Anglican Church of the Ascension)

### **CONSORT**

Thursday 8:00 p.m. — **Consort Group** (O)  
5103 – 47 St. (Consort Anglican Church, basement)

### **CREMONA**

Monday 8:00 p.m. — **Cremona Blasters Group**, (C) .....(W)  
113 Centre St. (Gold & Silver Club, behind Credit Union)  
*Open last Monday*

### **CROSSFIELD**

Wednesday 8:00 p.m. — **Crossfield Wednesday Night Group** (C)  
Masonic Hall

### **DEWINTON**

Tuesday 8:00 p.m. — **Dewinton Tuesday Night Group** (C)  
Dewinton United Church, basement, use rear door entrance  
*Open Speaker 1st Tuesday*

### **DICKSON**

Monday 8:00 p.m. — **Dickson Dam Monday Night** (C)  
Bethany Lutheran Church, East of 4-way stop  
*Open last Monday*

### **DIDSBURY**

Friday 8:30 p.m. — **Didsbury Friday Night** (C), Step & Tradition  
2037 – 21 Ave. (Masonic Hall) *Open Birthday last Friday*

### **DRUMHELLER**

Weekdays 8:00 p.m. — (C) 175 – 3 St., Grace House

Monday 7:00 p.m. — **Happy Destiny Group**, (O), Discussion  
Drumheller Hospital

Wed. & Sun. 7:00 p.m. — **New Hope Group**, (C), Big Book Study  
176 – 1 St. S.W. (St. Magloire Anglican Church)

Saturday 9:00 a.m. — **Saturday Morning Sunrise**, (C) .....(W)  
195 – 3 Ave. E. (Knox United Church, side door)  
*Open Birthday 1st Saturday*

## **OUT OF TOWN MEETINGS**

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### **ECKVILLE**

Thursday 7:30 p.m. — **Eckville Thursday Night**, (C), BB Study....(W)  
5011 – 54 Ave. (Friendship Centre)  
*Open Speaker last Thursday*

### **ELNORA**

Monday 8:30 p.m. — **Elnora No Name Group** (O), Step  
407 Main St.. (St. David's Anglican Church, basement)  
*Birthday 1st Monday*

### **FORT MACLEOD**

Daily 8:00p.m. — Foothills Detox Centre (C), 403-553-4466  
except Sat. 810 – 18 St. Main Door, ring buzzer for entry

Wednesday 8:00 p.m. — **Sunnyside Group** (C)  
1716 – 7A Ave. (Fort Macleod Alliance Church, back door)

### **HANNA**

Monday 8:00 p.m. — **Chimes of Freedom** (C)  
520 – 2 Ave. W. (Hanna Alliance Church, downstairs)  
*Open last Monday*

### **HIGH RIVER**

Wednesday 1:30 p.m. — **High River Wednesday Afternoon Group** (C)  
123 Macleod Trail S.W. (High River United Church)

8:00 p.m. — **High River Group** (O)  
910 – 12 Ave. W. (Good Shephard Lutheran Church)

Friday 8:00 p.m. — **High River Group** (O), BB Discussion  
910 – 12 Ave. W. (Good Shephard Lutheran Church)

### **INNISFAIL**

Tuesday 7:30 p.m. — **24 Hr. Group** (C)  
4716 – 50 Ave. (Presbyterian Church) *Open last Tuesday*  
call 403-347-8650

Wednesday 12 Noon — **Innisfail Wed. Noon Meeting** (O), Disc.....(W)  
#25, 4804 – 42 Ave. (Alliance Church, North door)

## **OUT OF TOWN MEETINGS**

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### **INNISFAIL** *(continued)*

- Thursday 8:00 p.m. – **Gratitude Group** (O), Beginners.....(W)  
4720 – 48 Ave. (Innisfail United Church) call 403-347-8650
- Saturday 8:00 p.m. – **Innisfail Sat. Night** (O), Step & Trad.....(W)  
#25, 4804 – 42 Ave. (Alliance Church, North door)  
*Birthday Speaker last Saturday*

### **IRRICANA**

- Wednesday 7:30 p.m. – **Irricana Recovery** (O)
- Sunday 8:00 p.m. – **Irricana Recovery** (O)  
16 km E. of Airdrie on Hwy 567  
(United Church, basement) *Open Birthday last Sunday*

**LETHBRIDGE CHAPTER HOUSE** .....403-327-8049

**MEDICINE HAT CENTRAL OFFICE** .....403-527-2065

### **MILK RIVER**

- Monday 8:00 p.m. – **Milk River Group** (C)  
Extended Care – Hospital

### **MORLEY**

- Wednesday 11:00 a.m. – **First Light Group** (O) Step & Topic.....(W)  
Westley Elders Lodge, Hwy 1A  
(33 km West of Cochrane)

### **NANTON**

- Monday 8:00 p.m. – **Nanton Monday Night** (O)  
2121 – 21 St. (Nanton United Church, basement)  
*Birthday 3rd Mondays*

### **OKOTOKS**

- Monday 8:00 p.m. – **Okotoks Monday Night Group** (C)  
13 Elma St. E. (Freemason's Hall)  
*Open Birthday last Monday*
- Wednesday 8:00 p.m. – **Wednesday Night Men's** (C) Step/Disc ....(W)  
31 Riverside Way (St. Peter's Anglican Church,  
use Main entrance)

## OUT OF TOWN MEETINGS

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### **OKOTOKS** *(continued)*

- Thursday 8:00 p.m. — **Railway Group** (O)  
43 Riverside Dr. (Okotoks United Church,  
use NW side door) *Birthday 1st Thursday*
- Friday 8:00 p.m. — **T.G.I.F. Group** (O), Big Book  
338 Ave. & Hwy 2A  
(Okotoks Alliance Church, use North entrance),
- Sunday 8:00 p.m. — **Ladies Candlelight** (C),  
Women's, Step & Discussion  
13 Elma St. E. (Freemason's Hall)
- 8:00 p.m. — **Okotoks Men's Group** (C),  
Men's, Step & Discussion  
43 Riverside Dr. W.  
(Okotoks United Church, use West side Food Bank door)  
*Open Birthday Speaker last Sunday*

### **OLDS**

- Monday 7:30 p.m. — **Olds Midway Group** (C) .....(W)  
5022 – 52 St. (St. Paul's Lutheran Church)  
*Open first Monday*
- Tuesday 6:00 p.m. — **Tuesday Hospital Early Meeting** (C) .....(W)  
3901 – 57 Ave. (Olds Hospital, Rm. 125)
- Wednesday 12 Noon — **Wed. Noon BYO Mug Meeting** (O)  
Topic Discussion  
5022 – 52 St. (St. Paul's Lutheran Church, basement)
- Thursday 8:00 p.m. — **Olds Evergreen Back Door Group** (O) .....(W)  
Book Discussion  
5237 – 52 St. (Evergreen Seniors Centre, back door)
- Friday 12 Noon — **TGIF Meeting** (O)  
5022 – 52 St. (St. Paul's Lutheran Church, basement)



## **OUT OF TOWN MEETINGS**

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### **PINCHER CREEK**

- Tuesday 8:00 p.m. — **12x12 Group** (C)  
(Elks Hall, side door) *Open Birthday last Tuesday*
- Friday 7:30 p.m. — **There Is A Solution** (O) .....(W)  
Big Book Discussion  
1222 Bev McLachlin Dr. (Pincher Creek Health Centre,  
Main Level, Rm. 226)

### **RAYMOND**

- Wednesday 8:00 p.m. — **Pot Belly Stove Group** (O)  
*Smoking allowed!*  
81E 100 S

**RED DEER ANSWERING SERVICE.....403-347-8650**

### **ROCKYFORD**

- Tuesday 7:00 p.m. — **Rockyford Group** (O) Beginners  
Rockyford United Church,  
across from (West of) school

### **ROCKY MOUNTAIN HOUSE**

- Tuesday 7:30 p.m. — **Rocky Recovery Group** (C)  
& Friday Tuesday: BB Discussion; Friday: Topic Discussion  
1.6 km South on Hwy 11  
(First Christian Reformed Church, back door)  
*Open meeting last Tuesday and Friday of the month*

### **SIKSIKA**

- Wednesday 7:00 p.m. — **Sorrel Rider Group** (C)  
Siksika Elder's Lodge  
on Hwy 547, 1/2 km S. of Gleichen

### **STAND OFF**

- Monday 7:00 p.m. — **Stand Off Meeting** (O)  
Kainai Continuing Care, Great Hall,  
Highway 2, Stand Off

## **OUT OF TOWN MEETINGS**

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### **STETTLER**

- Tuesday 8:00 p.m. — **Stettler Heartland Group** (O)  
4820 – 51 St. (Stettler United Church, basement, use  
North door entrance) *Open last Tuesday*
- Friday 7:00 p.m. — **Friday Big Book Meeting** (C), BB Disc.  
Stettler Regional Hospital, Conference Room

### **STRATHMORE**

- Monday 8:00 p.m. — **Sunset Discussion Group** (O), Beginners  
245 Brent Blvd. (Hope Community Covenant Church)  
*Birthday Speaker 1st Mondays*
- Tuesday 8:00 p.m. — **Highway People** (O), Discussion .....(W)  
50 Maplewood Dr. (Full Gospel Church, back door)
- Thursday 8:00 p.m. — **Thursday 12x12 Group** (O) .....(W)  
50 Maplewood Dr. (Full Gospel Church, back door)
- Sunday 2:00 p.m. — **New Life Group** (O), Step & Discussion  
410 – 4 St. (Strathmore United Church)

### **SUNDRE**

- Wednesday 8:30 p.m. — **Sundre Town & Country Group** (C) .....(W)  
808 – 1 St. N.E. (Sundre Gospel Centre)  
*Open 1st Wednesday*

### **SYLVAN LAKE**

- Tuesday 7:30 p.m. — **Tues. Night Serenity Group** (C), Step/Trad.  
5119 – 50A St. (Lion's Den Hall)  
*Open Birthday last Tuesday*
- Sunday 8:00 p.m. — **Sylvan Lake Sunday Night Group** (C)  
5020 – 48 St. (Presbyterian Memorial Church)  
*Open last Sunday*

### **TABER**

- Monday 8:00 p.m. — **Northside Group** (C), 12 Step Meeting  
4929 – 50 Ave. (Knox United Church)

## **OUT OF TOWN MEETINGS**

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### **TABER** *(continued)*

- Tue. & Thu. 7:30 p.m. — **Taber Group** (C)  
5431 – 48 Ave. (Evangelical Free Church)
- Friday 7:30 p.m. — **Serenity Seekers** (O)  
5213 – 56 St.
- Saturday 7:30 p.m. — **Taber Group** (O)  
5431 – 48 Ave. (Evangelical Free Church)  
*Birthday last Saturday*
- Sunday 7:30 p.m. — **Taber Group** (C)  
5431 – 48 Ave. (Evangelical Free Church)

### **THREE HILLS**

- Thursday 8:00 p.m. — **New Life Group** (O),  
108 – 5 Ave. S. (Knox United Church)  
*Open 1st Thursday*

### **TROCHU**

- Wednesday 7:00 p.m. — **Back Again Group** (C) Step Discussion  
“Eye of the Sky” Bldg., Lions Campground  
*Open Birthday last Wed.*

### **TSUU T’INA NATION**

- Thursday 12 Noon — **Tsuu T’ina Group** (O), Discussion  
Spirit Healing Lodge, Old Agency Rd. off Bullhead Rd.,  
off Anderson Rd. SW

### **TURNER VALLEY**

- Thursday 8:00 p.m. — **Diamond Valley Group** (C)  
208 Main St. S.W. (St. George’s Anglican Church Hall),  
*Open Birthday Speaker last Thursday*

### **VULCAN**

- Tuesday 8:00 p.m. — (C), 405 – 3 St. S. (Bethel Lutheran Church)  
*Open Birthday last Tuesday*
- Thursday 8:00 p.m. — **Vulcan Different Group** (C)  
405 – 3 St. S. (Bethel Lutheran Church)

# **WHO SUPPORTS CALGARY CENTRAL SERVICE OFFICE?**

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Central Office is supported 100% by the financial contributions of local AA Groups and individual AA members.

**NO OUTSIDE CONTRIBUTIONS ARE ACCEPTED**  
(in accordance with AA Tradition).

## **SUGGESTED GROUP CONTRIBUTIONS**

The following “split” suggestions could be considered after all necessary group expenses are met.  
(ie: rent, AA literature, refreshments, prudent reserve, District and/or DCM expenses)

**50%** (IG), **30%** (GSO), **10%** (Area), **10** (CGSC)

**50%** (IG), **30%** (CGSC), **10%** (GSO), **10** (Area)

— **OR** —

**Whatever percentages are in accordance  
with your group conscious.**

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Mailing addresses for group contributions are as follows:

- (IG) Calgary Intergroup** (payable to):  
Calgary Central Service Office  
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (GSO) General Service Office** (payable to):  
General Service Office  
P.O. Box 459, Grand Central Station,  
New York, New York 10163
- (CGSC) Calgary General Service Committee** (payable to):  
General Service Committee  
c/o Calgary Central Service Office  
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (Area) Area 78** (payable to):  
Address changes every two years; please contact  
Central Service Office for current mailing address.

# **THE 12 STEPS OF ALCOHOLICS ANONYMOUS\***

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1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

# **THE 12 TRADITIONS OF ALCOHOLICS ANONYMOUS\***

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1. Our common welfare should come first., personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centres may employ special workers.
9. A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

# ARE YOU AN ALCOHOLIC?

Questions developed by Johns Hopkins University Hospital to determine whether or not a person is suffering from Alcoholism. Ask yourself the following questions, and answer them as HONESTLY as you can.

	YES	NO
1. Do you lose time from work due to drinking?	<input type="checkbox"/>	<input type="checkbox"/>
2. Is drinking making your home life unhappy?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you drink because you are shy with other people?	<input type="checkbox"/>	<input type="checkbox"/>
4. Is drinking affecting your reputation?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you ever felt remorse after drinking?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you gotten into financial difficulties as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you turn to lower companions and an inferior environment when drinking?	<input type="checkbox"/>	<input type="checkbox"/>
8. Does your drinking make you careless of your family's welfare?	<input type="checkbox"/>	<input type="checkbox"/>
9. Has your ambition decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you crave a drink at a definite time daily?	<input type="checkbox"/>	<input type="checkbox"/>
11. Do you want a drink the next morning?	<input type="checkbox"/>	<input type="checkbox"/>
12. Does drinking cause you to have difficulty in sleeping?	<input type="checkbox"/>	<input type="checkbox"/>
13. Has your efficiency decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
14. Is drinking jeopardizing your job or business?	<input type="checkbox"/>	<input type="checkbox"/>
15. Do you drink to escape from worries or troubles?	<input type="checkbox"/>	<input type="checkbox"/>
16. Do you drink alone?	<input type="checkbox"/>	<input type="checkbox"/>
17. Have you ever had a loss of memory (blackout) as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
18. Has your physician ever treated you for drinking?	<input type="checkbox"/>	<input type="checkbox"/>
19. Do you drink to build up your self-confidence?	<input type="checkbox"/>	<input type="checkbox"/>
20. Have you ever been to a hospital or institution on account of drinking?	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered YES to any **one** of the questions, that is a definite warning that you **MAY** be an alcoholic.

If you answered YES to any **two**, CHANCES ARE that you are an alcoholic.

If you answered YES to **three or more**, YOU ARE DEFINITELY AN ALCOHOLIC.