



# Happy A A Birthday

## Aug

**Step by Step** 10 yrs  
Warren D. 24 yrs  
Marshall D.

## Sept

**Front Runners**  
272  
Gilles G. 1 yr  
Gerry M. 5 yrs  
Blair F. 19 yrs  
Larry C. 11 yrs  
Ted L. 23 yrs

**Airport**  
Derek P. 8 yrs  
Janet L. 12 yrs

**Glennmore**  
Terry 1 yr  
Gloria 1 yr  
Deb M. 2 yrs  
Lonny L. 4 yrs  
Joan L. 5 yrs  
Gary C. 1 yr  
Don D. 7 yrs  
Norm B. 28 yrs  
Peter F. 32 yrs

## Oct

**Desperation**  
Alanna C. 7 yrs

272  
Garry H. 4 yrs  
Murray 4 yrs  
Kelly 5 yrs  
Joe P. 22 yrs

**Airport**  
Tracy B. 1 yr

**Dalhousie Mens**  
Jim W. 5 yrs

**Highland Park**  
Ed W. 31 yrs  
Gord R. 33 yrs

**Inglewood**  
Kelly G. 14 yrs

**MAAT**  
Echloe L. 2 yrs  
Sherri F. 11 yrs  
Lorri G. 13 yrs  
Duff 11 yrs  
John H. 17 yrs  
Sharon D. 17 yrs  
Tudor B. 18 yrs

**Marlborough Park**  
Ray S. 17 yrs

**Mckenzie**  
Bob D. 1 yr  
George B. 1 yr  
Shane 1 yr  
Mike R. 2 yrs  
Caesar O. 3 yrs  
Gerry E. 22 yrs  
Pat S. 7 yrs  
Bob B. 11 yrs  
Mel L. 13 yrs

**Marlborough Park**  
Norm N. 30 yrs

**Midnapore**  
Stephanie G. 1 yr  
Mike T. 1 yr  
Kim L. 2 yrs  
Mary-Anne T. 5 yrs  
Kerri W. 8 yrs  
Mel S. 13 yrs  
Mike B. 17 yrs  
Andy B. 19 yrs  
Bob F. 20 yrs  
Allen M. 20 yrs

**Midnapore**  
Earl T. 1 yr  
Peter H. 2 yrs  
Charlene 2 yrs  
John C. 3 yrs  
Jim W. 4 yrs  
Dan H. 5 yrs  
Charlie W. 11 yrs  
Dwayne M. 18 yrs  
Bernice G. 22 yrs

**Med Morn Eye-Opener**  
Marian D. 30 yrs

# Sunday Morning Breakfast Meeting

## Group Speaking

The Downtown Ramada Inn 708 - 8th Ave SW  
Breakfast - 9:00am Speaker - 10:00am  
Buffet Breakfast - \$11.00  
Healthy Start Breakfast - \$ 9.00 Due to City of Calgary  
Toast & Coffee - \$ 4.00 smoking regulations only  
Coffee - \$ 2.00 persons 18+ can attend

Oct 1: Mckenzie  
Oct 8: Glenmore  
Oct 15: Link  
Oct 22: MAAT  
Oct 29: Regal

Nov 5: ?  
Nov 12: ?  
Nov 19: Regal  
Nov 26: 272

Dec 3: New Beginnings

Contact Kevin @ 560-5652

if your group would like to speak

# Monitoring Group Monitoring



Oct 16-22: Tuesday Morning Ladies  
Oct 23-29: Mckenzie  
Oct 30-Nov 5: Airport  
Nov 6-12: New Beginnings  
Nov 13-19: Edgemont  
Nov 20-26: Recovery  
Nov 27-Dec 3: Glenmore  
Dec 4-10: Link

Thank you to all who signed up as late night monitors!  
If you would like to serve in this capacity call  
Doug @ 990-9914

## Saint Johns Speaker Meeting

Saturday Night, 8:00pm  
Cross Hall, 1423 - 8th Ave SE  
Oct: Midnapore  
Nov: Sunday Morning 11 am

## Saturday Night Downtown Speaker Meeting

Saturday Night, 8:00pm  
Trans Canada Building, North Tower  
801 - 7th Ave SW  
Oct: ??????  
Group Birthdays, Information, Activities, Articles, Comments and Suggestions can be emailed to [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)  
Deadline for Westword submissions is the end of the previous month



# WESTWORD

Oct. Issue 2006

## Area 78 Delegate Report

25 Cents Suggested Donation

Wow! Has this been a busy time since I've returned from the 56th. Annual General Service Conference in April in New York.

My report in its entirety was given at the Area Committee Meeting in Edson and printed in the minutes of that meeting and put on the Website and also printed in several newsletters. Thank-you all for carrying the message.

I have presented it 12 other times around Alberta, Vegreville, Ft. McMurray, District 40 Edmonton, Mystic Knights Beef Dinner Edmonton, District 64 Inno. Action St. Albert, General Service Committee Calgary, Jarvie Alberta, Lion's Den meeting in Edmonton, Oilmen's meeting in Edmonton, District #9 Barhead, Sylvan Lake Round-up, and Grande Prairie Alberta.

I am still scheduled to make a presentation at the Blue Jean Roundup in Edmonton, the Drumheller Round-up, and District 24 Cranbrook.

I will be attending on your behalf the Election Assembly for Area 79 in Parksville B.C. and the Election Assembly for Area 91 in Swift Current Saskatchewan.

I have brought the Story Board with me on all occasions along with the complete reports for everyone to see. It has been very well received and I must thank-you all for your hospitality.

Welcome new General Service Representatives and District Committee Members. To the "Wonderful World of Service in Area 78".

In my travels I have been talking about being self supporting by our own contributions and also about the "Penny a Day Birthday Club. Our Area has increased this year in our contributions by 6% and overall contributions to GSO have increased by 13%. We are all excited about this positive turn of events. I have copies of the print-out if you would like to see if your Group has participated.

My hope (along with that of Greg M - General Manager) is that more AA Groups will come together with the General Service Board to share experience and support requested services through voluntary contributions - a spiritual connection of AA gratitude and love. We have so many more opportunities than Bill W. and Dr. Bob did in the 1930's to reach the sick, suffering alcoholic. AA is now available in 180 countries.

Francisco A., Delegate from California asked the questions "Has the alcoholic that is coming to AA really changed?" He spoke on changes affecting alcoholics seeking a solution in AA. Over the past 71 years alcoholism and the alcoholic have not changed; the illness of alcoholism remains "a seemingly hopeless state of mind and body" Perhaps we have changed - ask yourself - am I willing to do all I can to offer the new person entering AA the warm welcome and experiences that I was given, so that he or she receives the solution?

- Is a twelve step call a Taxi ride to a Recovery Center?
- Where are our Young People in AA?
- Am I responsible?

We are doing a fantastic job here in Area 78 as you can see by our attendance and enthusiasm - Let's pass it on to those who are not here and encourage them to attend the Pre-Conference Assembly in March.

I have copies of the 2006 Final Report of the 56th. Annual meeting "Sponsorship, Service and Self-support in a Changing World". This report is also available at Central Office in English, French and Spanish.

I also have the preliminary itinerary for the Yellowknife Special Regional Forum. I spoke with Valerie O. this week and she is so excited to know about our plans to bring so many up to the Forum. I will have copies of the itinerary and application for the Chartered Bus trip available at Central Office. We had a rewarding time at our Assembly held September 15,16,17/2006.

- Our nominee from Area 78 for the Canada at Large Trustee position is Vic P. Past Delegate Panel 54 from Olds Alberta.
- We were privileged to hear from Rick W. a member of the staff at the General Service Office in New York.
- Our discussion with regard to a change in the Trusteeship of the Board of Directors was spirited and informative.
- The sense of the room was 79 to 64 in favour of having the option of a Class B (Alcoholic) Trustee serve as Chairman of the Board.
- We heard a Board report from our Western Canada Regional Trustee Tom K.

Thank-you all for your service to Area 78 and allowing me the privilege to serve.

In Fellowship and Love Pat L. Delegate Area 78 Panel 56

## AA Calendar of Events

Oct.  
12 - Bridging The Gap Mtg (7:00pm)  
13-15 - District 10 Roundup  
14 - Introduction to Service Seminar  
14 - Martin Forluck & Speaker Mtg  
14-15 - Claresholm Family Roundup  
16 - GIR Mtg (7:00pm)  
18 - Gratitude Roundup Committee Mtg (7:10:00pm)  
21 - Calgary Pioneer Dinner  
23 - CGSC Steering Committee Mtg (7:00pm)  
28 - Crossstreet Pass Halloween Dance  
30 - CGSC Mtg (7:30pm)  
Nov.  
3-5 - Wetaskiwin Roundup  
4 - Innisfail Beef Supper & Speaker Mtg  
7 - Invergrop Steering Committee Mtg (7pm)  
10-12 - In the Fellowship of the Spirit Retreat  
11 - Martin Forluck & Speaker Mtg  
13 - Intergrup Mtg & Elections (7:00pm)  
15 - Gratitude Roundup Committee Mtg (7:10:00pm)  
16 - Bridging The Gap Mtg (7:30:00pm)  
20 - GIR Mtg (7:00pm)  
21 - CGSC Steering Committee Mtg (7:00pm)  
27 - CGSC Mtg (7:30pm)

## Central Office Call Statistics

Meetings	Sept
12 Step Male	?
12 Step Female	?
Office / Books	?
Round-ups	?
Referrals	?
Other	?
Retal	?

## CALGARY AA CENTRAL SERVICE OFFICE

#2, 4015 1st Street S.E.  
Calgary, Alberta, T2G 4X7  
Phone (403) 777-1212 Fax (403) 287-6540  
Email: [centraloffice@telus.net](mailto:centraloffice@telus.net)  
Office Hours:  
Monday to Thursday 8:30am to 1:00pm, 2:00pm to 5:00pm  
Friday 8:30am to 5:00pm

**I am responsible.**  
**When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.**  
**And for that: I am responsible.**

Monday to Thursday 8:30am to 1:00pm, 2:00pm to 5:00pm  
Friday 8:30am to 5:00pm  
Saturday 9:00am to 1:00pm  
Closed Sundays, Stat. Holidays, Stat. Weekends  
**NOW OPEN HALF DAY SATURDAY**  
Closed NOV 11 & 13 for Remembrance Day  
Area 78 Website: [WWW.area78.org](http://WWW.area78.org)  
AA Website: [aa.org](http://aa.org)

# New Meetings

<p><b>Big Book Study</b> Open Women Monday 7:30pm 11419 - 8th St SW (upstairs, at left)</p> <p>Came To Believe Open, Discussion, Sunday, 7:30pm Rm 200L (Upstairs), 200 Haddon Road, SW</p> <p>Drumheller Monday 7:00pm, Open, Discussion Drumheller Hospital Ph: Viki @ 820-1657, Jennifer or Jim @ 823-6061 for more info</p> <p>Drumheller Wednesday 7:00pm, Open, Big Book St Maglorie Anglican Church Ph: Tom @ 823-6061 for more info</p>	<p>Friends of Bill W. Tuesday 12:00pm, Closed Mixed Lunch Meeting Sept 12 to Dec 5 Mount Royal College Room 2010 Lower Level of Wyckham House</p> <p>Haddon Road Thursday 7:00 pm, Open Ladies *As Bill Sees It* &amp; Discussion 200L - 200 Haddon Rd SW Upstairs</p> <p>Shut-in Seniors, Monday 7:00pm, Open Mixed Step 3330 - 8 Ave SW (Cedar Villa) Info: Gord R. 243-4381 or 510-8680</p> <p>Sobriety and Beyond Closed Mixed Step Monday, 8:00pm McKenzie Towne Hall 40 McKenzie Towne Blvd, SE</p>
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## Meetings Needing Support

<p>Aventa, Sunday 7:30pm Closed Womens 610 25 Ave SW</p> <p>Explorers, Wednesday 8:30pm St. Stephan's Anglican Church 1121 14 Ave SW</p> <p>Sailor Bills, Tuesday 7:30pm Open Mixed, Smoking 6404 Bowness Road NW (Basement of River Inn)</p>	<p>Shut-in Seniors, Monday 7:00pm Open Mixed Step 3330 - 8 Ave SW (Cedar Villa) In West Activity Room</p> <p>Sowing The Seed, Thursday 8:00pm Closed Mixed #203 110 11 Ave SE</p> <p>Thursday Afternoon Drop-In Thursday 2:00pm #125 1133 7 Ave SW</p>
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## Changes to Meetings

<p>Airdrie Sunday Morning Breakfast Speaker now starts at 9:00am until further notice</p> <p>Bomont Group, Monday 8551 Bowness Rd, NW Now meets at 8:30pm</p> <p>Thursday Afternoon Drop-in Kirby Centre, 1133 - 7th Ave, SW Thursday 2:00pm Room changed to #125 Downstairs in the Social Services Department</p>
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## Cancelled Meetings

<p>Bowness Sunday AM Sunday, 11:00am</p> <p>Colonel Belcher Sunday, 2:00pm</p> <p>Pathfinders Friday, 8:30pm</p> <p>Serenity Seekers Wednesday, 7:00pm</p> <p>S.O.B.E.R Friday 5:30pm</p> <p>Sooner Wednesday 8:30pm</p> <p>Southlanders Pancake Ladies Thursday, 7:00pm</p> <p>Sunday Big Book Study Sunday 2:00pm</p>
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## Valuable 12 Step Opportunities

*"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics."*  
Alcoholics Anonymous, Chapter 7, Page 89

### Shut-In Seniors Meeting

Members needed to attend a meeting with seniors who are unable to attend regular meetings due to their age

Open Mixed Step Meeting, Mondays 7:00pm to 8:00pm  
3330 - 8th Ave SW, (Cedar Villa), in West Activity Room  
More Info: Gord R. 243-4381 (home) or 510-8680 (cell)

Members needed to carry the message to

### Bowden Institution (security clearance is required)

More Info: Brenda G. Area 78 Chair Correctional Facilities, (403) 309-8323 or email: corrections@area78.org

Male members needed to carry the message to the  
**Remand Centre**

### Calgary Young Offenders Centre

Both require security clearance + min 1 yr sobriety  
More Info: Marilyn L. (403) 239-4923

### Intergroup has the following open positions

#### Treasurer, Special Events and Archives

If you are interested attend the Intergroup Meeting 2nd Monday of each month at St. Marks 7:00pm

### CGSC has the following open position: Registrar

If you are interested attend the CGSC Meeting last Monday of each month at St. Marks 7:30pm

### Central Service Office would like

#### Telephone Monitors

One shift per week Monday to Friday  
9:00am to 1:00pm or 2:00pm to 5:00pm

More Info: Mathew 777-1212 or centraloffice@telus.net

#### Calgary AA would like

#### 12 Step People

More Info: Mathew 777-1212 or centraloffice@telus.net

### Gratitude Roundup is looking for Committee Members

#### All positions are open

Meetings are 7:00pm, 3rd Monday of each month at

Central Service Office  
More Info: Fred H. 277-0313

### CGSC ELECTIONS

At the CGSC Meeting, Monday October 30th, 2006

#### Positions Available:

Introduction To Service, Downtown Speaker Meeting,  
St. John's Speaker Meeting

**NOTE:** There will be a discussion to see if the CGSC should continue to run the two Saturday night meetings before the election.

### INTERGROUP ELECTIONS

At the Intergroup Meeting, Monday November 13th, 2006

#### Positions Available:

Chairperson, Treasurer, Secretary,  
Phone Monitoring, Sunday Morning Breakfast,  
Archives, Westword Editor, Special Events Coordinator

## Upcoming Events

### District 10 Unity Roundup

Oct 13-15, 2006, Blueberry Hall  
Between Hwy 16 & 16A on Range Rd 15  
(5 min West of Stony Plain)  
Len B (780) 962-5376

### Introductory To Service Seminar

10:00pm - 3:00pm Saturday Oct 14, 2006  
\$8:00 includes lunch  
Christ Lutheran Church, 4211 Richmond Rd SW  
Info: Central Office 777-1212

### Morrin Potluck & Speaker Meeting

October 14, 2006  
Bethany Lutheran Church, Morrin  
6:30pm Supper, 7:30pm Meeting  
Viki (403) 772-3984, or (403) 820-1657

### Clareholm Annual Family Round Up

October 14-15, 2006  
Dale V. (403) 625-1237 or  
Ed R. (403) 625-3920

### Calgary Pioneer Dinner & Speaker Meeting

6:00pm - 10:00pm Saturday Oct 21, 2006  
Sponsored by District 77  
Dalhousie Community Church, 5511 Baroc Rd NW  
\$25 includes dinner, refreshments and 4 speakers  
Central Office 777-1212

### Crowsnest Pass Halloween Dance

October 28, 2006  
Hillcrest Fish & Wildlife Hall, Hillcrest  
Norma-Jean (403) 563-5318

### Wetaskiwin Roundup

Nov 3-5, 2006 Best Western Wayside Inn  
4103 56 St.  
Al (780) 387-4028, Daryl (780) 352-8871  
Or (780) 312-3057

### Innisfail Beef Supper & Dance

Nov 4, 2006 Legion Hall  
Tickets at the door

### In The Fellowship Of The Spirit

5th Annual Retreat  
November 10-12, 2006  
Camp Horizon, Bragg Creek  
Sherla K. (403) 282-5138 or  
Barry B. (403) 660-6583

### Morrin Potluck & Speaker Meeting

November 11, 2006  
Bethany Lutheran Church, Morrin  
6:30pm Supper, 7:30pm Meeting  
Viki (403) 772-3984, or (403) 820-1657

### Central Service Office

#### News

Now open Saturdays  
9:00am to 1:00pm  
Except Statutory Holiday Weekends

Grapevine Calendars and  
Pocket Planners for 2007  
Are available now at  
Central Service Office

Have you ever been just sitting there and all of a sudden you feel like doing something nice for someone you care for? [THAT'S GOD talking to you.](#)

Have you ever been down and out and nobody seems to be around for you to talk to? [THAT'S GOD wanting you to talk to Him.](#)

Have you ever been thinking about somebody that you haven't seen in a long time and then next thing you know you see them or receive a phone call from them? [THAT'S GOD. There is no such thing as coincidence.](#)

Have you ever received something wonderful that you didn't even ask for, like money in the mail, a debt that had mysteriously been cleared, or a coupon to a department store where you had just seen something you needed, but couldn't afford? [THAT'S GOD knowing the desires of your heart.](#)

Have you ever been in a situation and you had no clue how it was going to get better, how the hurting would stop, how the pain would ease, but now you look back on it. [THAT'S GOD passing us through tribulation to see a brighter day.](#)

## God Talking



# **We Need people to participate**

**in the**

**Intergroup Steering Committee  
which involves members of AA  
taking on service positions such  
as :**

- Special Events co-ordinator !**
- Westword Editor !**
- Public Information !**
- Phone Monitoring  
Co-ordinator !**
- G.S.R. Liaison !**
- Treasurer, Secretary,  
Vice-Chair and Chairperson**

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**Nominations and Elections Will Happen at**

**Where - St Mark's Church, 1802-33 Ave. SW**

**When - November 13th at 7:00 pm**

**...don't be scared, you'll have fun !**