



# Happy A A Birthday

## Dec

272		Glenmore		Highland Park		New Beginnings		Northlanders	
Jacques B.	1 yr	James	1 yr	Madge M.	30 yrs	Marilyn L.	1 yr	Mary Jo.	15 yrs
Percy W.	25 yrs	Angela	1 yr	Wendy	1 yr	Sharon H.	1 yr	Sharon H.	1 yr
<b>ABC</b>		Carol	2 yrs	<b>MAAT</b>		Simone K.	1 yr	Joanne T.	2 yrs
Brent D.	9 yrs	Tannis	3 yrs	Dale R.	1 yr	Ken J.	3 yrs	Sherry	6 yrs
Dianne T.	11 yrs	Gall	3 yrs	Jim K.	3 yrs	Lorraine A.	8 yrs	Elaine A.	8 yrs
Don M.	17 yrs	Jim R.	8 yrs	Ron W.	3 yrs	Jim E.	10 yrs	Jim E.	10 yrs
Mel S.	42 yrs	Ginny	8 yrs	<b>Midnapore</b>		Nancy R.	14 yrs	Danny M.	4 yrs
<b>Dalhousie Mens</b>		Lucinda	8 yrs	Chris C.	1 yr	Mary Z.	15 yrs	Kevin L.	4 yrs
Lloyd F.	22 yrs	Jackie	9 yrs	Tony H.	3 yrs	Alex R.	15 yrs	Alex R.	15 yrs
<b>Desperation</b>		Kalen A.	10 yrs	John C.	6 yrs	Lorrie S.	7 yrs	Harvey D.	20 yrs
Barbara W.	1 yr	Pat F.	12 yrs	Jason E.	12 yrs	John S.	17 yrs	<b>Med. Morn. Eyeopener</b>	
As a group.	15 yrs	Al C.	12 yrs	Bill M.	16 yrs	Paul A.	18 yrs	Bud Mc.	21 yrs
<b>Edgemont</b>		Bill M.	16 yrs	Bryan R.	16 yrs	Don T.	24 yrs		
Therese D.	6 yrs	Dallon	16 yrs	Dallon	16 yrs	Al M.	42 yrs		

## Jan

ABC		Glenmore		MAAT		New Beginnings		Open Door		Saturday Night Northeast	
Verona S.	3 yrs	Mark Y.	1 yr	Karen Mc.	11 yrs	Rebecca M.	1 yr	Wayne F.	8 yrs	Sandra M.	17 yrs
Debbie D.	18 yrs	Chris B.	4 yrs	Barb G.	25 yrs	Jack S.	1 yr	Chris T.	2 yrs	Linda J.	30 yrs
John M.	19 yrs	Norm E.	5 yrs			Elaine A.	7 yrs	Sheryl M.	9 yrs	Lorrie S.	1 yr
<b>Crossroads</b>		Pat W.	5 yrs			Sheryl M.	9 yrs	Theresa P.	10 yrs	Justin H.	1 yr
George W.	13 yrs	Cam W.	6 yrs	<b>Midnapore</b>		Miles P.	10 yrs	Lori B.	10 yrs	Rob O.	2 yrs
Glen W.	28 yrs	Mike R.	7 yrs	Jerry W.	1 yr	Lori B.	10 yrs	Ian N.	26 yrs	<b>Unity</b>	
<b>Desperation</b>		Ginny	8 yrs	Sandy T.	3 yrs	Theresa P.	10 yrs			Lorne S.	1 yr
Lyle K.	9 yrs	Roy R.	12 yrs	Roger H.	4 yrs	Miles P.	10 yrs			Justin H.	1 yr
Peter C.	31 yrs	Charles N.	15 yrs	Walter C.	5 yrs	Lori B.	10 yrs			Rob O.	2 yrs
		Pat R.	24 yrs	Cheryl K.	5 yrs	Ian N.	26 yrs				
		Norm C.	27 yrs	Roger M.	13 yrs						
		Larry R.	31 yrs	Don R.	15 yrs						
<b>Edgemont</b>		<b>Highland Park</b>		Pam S.	16 yrs						
Derek K.	2 yrs	David D.	9 yrs	Deborah R.	19 yrs						
Jon G.	11 yrs	Michelle P.	20 yrs	Jan S.	23 yrs						
Kim W.	31 yrs	Brian H.	24 yrs	Wes W.	29 yrs						
		Al C.	38 yrs								

## Feb

ABC		Crossroads		Edgemont		Midnapore		Northlanders	
Jim C.	22 yrs	Bob D.	28 yrs	John H.	2 yrs	Katherine J.	1 yr	Jay Z.	7 yrs
Rodger S.	25 yrs	Daryl L.	13 yrs	Andrea	5 yrs	Kim B.	4 yrs	Peggy C-G.	10 yrs
Joe W.	29 yrs	<b>Desperation</b>		Judy P.	11 yrs	Tom C.	6 yrs	Chris K.	10 yrs
Don G.	32 yrs	Bernie D.	30 yrs	Patrick	14 yrs	Perry H.	7 yrs	<b>Open Door</b>	
As a group	23 yrs	<b>Dalhousie Mens</b>		Margit P.	10 yrs	Margit P.	10 yrs	Andre N.	5 yrs
		Bruce M.	19 yrs	Doreen L.	1 yr	Lorraine M.	23 yrs	Diane D.	16 yrs
		Bill B.	33 yrs	Bryce K.	14 yrs			<b>Saturday Night Northeast</b>	
				Nathan P.	17 yrs			Sharon C.	10 yrs
								Charlie M.	17 yrs

# Sunday Morning Breakfast Meeting

The Downtown Ramada Inn 708 - 8th Ave SW

Breakfast - 9:00am Speaker - 10:00am

Group Speaking Feb 4: Highland Park

Feb 11: Unity

## Monitoring Group Monitoring



	Jan	1-7:	22-28:
Jan 8-14:	22-28:	1-7:	22-28:
Jan 15-21:	22-28:	1-7:	22-28:
Jan 22-28:	22-28:	1-7:	22-28:

Buffet Breakfast - \$11.00

Healthy Start Breakfast - \$ 9.00

Toast & Coffee - \$ 4.00

Coffee - \$ 2.00

Thank you to all who signed up as late night monitors!

If you would like to serve in this capacity call Doug @ 990-9914

Group Birthdays, Information, Activities, Articles, Comments and Suggestions can be emailed to [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)  
 Deadline for Westword submissions is the end of the previous month



# WESTWORD

Feb 2007

25 Cents Suggested Donation

January 24, 2007 - Delegate's Newsletter

I hope you all had a wonderful holiday season and were able to spend time with those who are important in your life and reflect upon the past years events.

2007 promises to be another wonderful year for Area 78 as we continue with "Our 12th. Step Responsibility". We have just held our Area 78 Committee Meeting in Calgary. District 77 did a fantastic job of hosting this event and we had a great turnout.

WRASA is happening in Victoria February 16,17 and 18th and I am very pleased that to this date 8 of our Area 78 Committee will be attending. I will be unable to attend as I must be out of the country on a contractual obligation that I have with a company that I represent in Canada. Dave B. our Alternate Delegate will be attending on my behalf and I have no doubt that he will do an excellent job and have a wonderful time.

I have had the privilege of attending on your behalf the Election Assemblies of our two neighbouring Areas. Area 79 In Parksville BC where Trish LAN. was elected their Panel 57 Delegate and Swift Current Saskatchewan Area 91 where John F. was elected as their Panel 57 Delegate. Each Assembly was unique in the way they conduct business and very much like our Area 78 - the business of Alcoholics Anonymous is handled by very competent trusted servants. I have made approximately 20 Delegate Reports of the 56th. General Service Conference and I am eagerly awaiting the 57th. Conference this April.

My plan is to attend the next Assembly in Area 80 Manitoba when the opportunity arises.

A very big event that will be happening in our Area is our Special Forum in Yellowknife this July. We have a bus scheduled to travel with 47 enthusiastic members and friends of the Fellowship from Alberta, Saskatchewan, Manitoba and BC. To date we have only about 20 people signed up, so please if you are thinking of coming, please see Jan at Central Office for the information.

I have received the preliminary agenda items for the 57 th. Annual General Service Conference -

- "OUR 12TH. STEP RESPONSIBILITY - ARE WE GOING TO ANY LENGTH ?"
- Discuss increasing the annual contribution, or a one time bequest, that the General Service Board can receive from an individual member from \$2,000.00 to \$3,000.00.
- Consider adding a line in the pamphlet "Self Support" with regard to financial support for General Service Representatives.
- Consider new items for the AA Grapevine Production for the year 2008.
- Consider reinstating a section on alcoholism in the AA Grapevine.
- Review the pamphlet "AA for the Native North American"
- Review the report on the Spanish language "Third Edition Big Book.
- Review the report on AA's Web site.
- Review AA directories. (As many of you know we suspended publication of 2006 - 2007 Directories due to extensive delays in the publication).
- Review the 2006-2007 Service Manual with many changes suggested.
- Review a summary of local sharing with regard to the use of the video "Hope: Alcoholics Anonymous"
- Review report from Trustee's Committee on Nominating regarding Class B (alcoholic) trustee serving as chairperson of the General Service Board.
- Discuss and review 2020 Site selection for the International Convention.

The background information for all these items and many more will be provided to the Committee Chairpersons well in advance of our Pre conference Assembly in March.

Our Area again had an increase in contributions to GSO of 6% - keep up the good work! If you would like to see your group's contributions - I have a list here at the front. Your financial support has allowed our book to be translated into 8 more languages and approximately 2,200 inmates have been able to correspond with a sober member in the fellowship. A new PSA was made available. Loaners in AA were able to receive bimonthly bulletins, GSR and DCM Kits were sent to new groups and districts, we exhibited at National professional conferences when asked and a new traveling exhibit has been produced. Don't forget the Birthday Club and celebrate your sobriety.

A General Service Representative from District 35 Yellowknife has been approved to attend our Pre Conference Assembly in March. This was made possible from the Travel Assistance fund that has been established in Area 78. Thank-you you to all the groups that contribute financially to your Area - we could not do this with out your support.

Personally, at the end of 2006 I lost a very good friend Wendy B. Past DCM Area 40 from Leukemia. She has left a Legacy of Friendship and Service that will long be remembered, and on the positive side at the beginning of this year I was able to spend some time with Elaine S. Past Delegate Area 78.

If there is ever anything I can do to assist your Group or District to "Carry the Message" please do not hesitate to ask me - I am ready, willing and able.

Thank-you for the opportunity to serve. Pat L. Delegate Area 78 Panel 56.

## AA Calendar of Events

- Feb. - Bridging The Gap Mtg (7:00pm)
- 15 - wraasa '07
- 16-18 - GIR Mtg (7:00pm)
- 19 - Gratitude Roundup Mtg (7:00pm)
- 21 - CSAC Steering Committee Mtg (7:00pm)
- 20 - CSAC Steering Committee Mtg (7:00pm)
- 26 - CSAC Mtg (7:30pm)

- Mar. - Intergruop Steering Mtg
- 6 - Morrin Poltuck & Speaker Mtg
- 10 - Intergruop Mtg
- 12 - Bridging The Gap Mtg (7:00pm)
- 15 - Banff Roundup
- 16-18 - GIR Mtg (7:00pm)
- 19 - CSAC Steering Committee Mtg (7:00pm)
- 20 - Gratitude Roundup Mtg (7:00pm)
- 21 - Area 78 Pre-Conference Assembly
- 23-25 - CSAC Mtg (7:30pm)

I am responsible.  
 When anyone, anywhere,  
 reaches out for help,  
 I want the hand of AA  
 always to be there.  
 And for that:  
 I am responsible.

## CALGARY AA CENTRAL SERVICE OFFICE

#2, 4015 1st Street S.E.  
 Calgary, Alberta, T2G 4X7  
 Phone (403) 777-1212 Fax (403) 287-6540  
 Email: [centraloffice@telus.net](mailto:centraloffice@telus.net)  
 Office Hours:

Monday to Thursday 8:30am to 1:00pm, 2:00pm to 5:00pm  
 Friday 8:30am to 5:00pm  
 Saturday 9:00am to 1:00pm  
 Closed Sundays, Stat. Holidays, Stat. Weekends

NOTE: Close Feb 17 & Feb 19 for Family Day  
**NOW OPEN HALF DAY SATURDAY**  
 Area 78 Website: [www.area78.org](http://www.area78.org)  
 AA Website: [aa.org](http://aa.org)

# New Meetings

## Changes to Meetings

<p><b>Big Book Study, Open Women</b> Monday 7:30pm 11419 - 8 St SW (upstairs, at left)</p>	<p><b>Sowing The Seed, Open</b> Tuesday 7:30pm Mustard Seed Main (Old) Building, 2nd Floor 102 - 11 Ave SE, Wheelchair accessible</p>	<p><b>Airdrie Sunday Morning Breakfast</b> Speaker now starts at 10:00am Breakfast following Rm 207 Best Western Regency Inn Edmonton Trail, Airdrie</p>
<p><b>Came To Believe, Open, Discussion,</b> Sunday, 7:30pm Rm 200L (Upstairs), 200 Haddon Road, SW</p>	<p><b>Shut-in Seniors,</b> Saturday from 10-11am, Open Mixed Step 3330 - 8 Ave SW (Cedar Villa) Info: Gord R. 243-4381 or 510-8680</p>	<p><b>Cancelled Meetings</b></p>
<p><b>Friends of Bill W., Brown Bag Lunch</b> Tuesday 12:00-1:00pm, Closed Mixed Jan 9 - April 10, 2007 NO Meeting Feb 20 Rm. 2011, Mt Royal College Lower Level of Wyckham House</p>	<p><b>Walking Eagle Group</b> Monday 8:30-9:30pm Open Step &amp; Tradition Knox United Church (Harris Room) 506 - 4 Street SW</p>	<p><b>First Things First</b> Thursday, 7pm</p>
		<p><b>Los Vientos (Spanish)</b> Friday, Saturday @ 7pm, Sunday 5pm Closed until a new meeting place can be found</p>

# Intergroup Archives News

Hi All:

I am Tim and I am your new Intergroup Archive Chairperson. I am looking for some help from all my AA brothers and sisters out there. If you have any of the old archive books, pamphlets, pictures etc can you please contact me at 273-2846 or leave them in a box at central office with your contact name and number. I am compiling a written and computerized database program for filing all archival material for Calgary Area.

I have created an Access Database program to implement the new format for our archives. The Archives will now be keeping a written and Computer generated copy of all meetings in the Calgary area. So in the future if you are looking for a specific query on how something originated we can do a computer search and find any and all articles and information relating to your queries. And also tell you where the originals are exactly stored.

As this is a large task in the making if you or anyone you know is interested to help please contact me at Home: 273-2846 or at my work 294-8518. Many Thanks

Tim H.-Your Archives Chairperson

## Religion Is Personal May 1982

I feel we are getting away from AA's "Higher Power," "God as we Understood Him" concept. Recently, I have heard opening-meeting prayers in Jesus Christ's name, and the Bible referred to as not being a religion but bringing the same message as the one in our Big Book.

Not that I see anything wrong with anyone else's belief. But to me, it is personal. Anything other than the "Higher Power" stressed within our Fellowship tends to limit us and to keep away some of those who may want to seek us out for help.

My understanding is that when the manuscript of the Big Book was written, it was decided that "Higher Power" and "God as we understood Him" be adopted. Belief in some power greater than ourselves was seen to be vital, but only as it came to each of us individually.

The newcomer is the important one in AA, and I recently learned from a newcomer that some of these religious references were disturbing to him. I guess all I am trying to say is: Let's keep it simple; it works so well.

J.R.

Chatham, Ontario

Copyright 2003, page 55  
Spiritual Awakenings, Journeys Of The Spirit From The Pages Of The AA Grapevine

Disclaimer: Any opinion expressed in any article is the opinion of the author and should not be attributed to AA as a whole. Publication of any article does not imply endorsement.

## Valuable 12 Step Opportunities

*"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics."*  
Alcoholics Anonymous, Chapter 7, Page 89

Members needed to carry the message to

**Bowden Institution** (security clearance is required)  
More Info: Brenda G. Area 78 Chair Correctional Facilities, (403) 309-8323 or email: corrections@area78.org

Male members needed to carry the message to the

**Remand Centre**  
**Calgary Young Offenders Centre**  
Both require security clearance + min 1 yr sobriety  
More Info: Marilyn L. (403) 239-4923

Central Service Office would like

### Telephone Monitors

One shift per week Monday to Friday  
9:00am to 1:00pm or 2:00pm to 5:00pm

More Info: Mathew 777-1212 or centraloffice@telus.net

### Calgary AA would like 12 Step People

More Info: Doug 990-9914 or Mathew 777-1212  
E-mail centraloffice@telus.net

**Gratitude Roundup is looking for Committee Members**  
to help with the organization of the Roundup  
Meetings are 7:00pm, 3rd Wednesday of each month at  
Central Service Office

NEXT MEETING Feb 21st  
More Info: Fred H. 277-0313

### Bridging The Gap

Is looking for contact willing to work in the  
North East of Calgary

Anyone interested contact Central Office @ 777-1212

## Central Office Management Committee Vacancy

Calgary Intergroup is looking for someone to fill the vacancy in the  
Central Office Management Committee (COMC).

Qualifications for the position are:

- Practical Business Experience
- AA service
- Knowledge of AA Traditions
- Knowledge of AA Concepts

Please submit resumes confidentially to Central Service Office

c/o Mathew.

## Upcoming Events

### WRASSA '07

Western Regional Alcoholics Anonymous  
Service Assembly

Feb 16-18, 2007

Registration Feb 16: 2:00pm, Feb 17: 9:00am

Tickets: \$20.00

Assembly Info: Hank F. (250) 474-6159

Hotel & Billing Info: Cathy S. (250) 380-3734

Registration: Corrine L. (250) 385-4551

Harbour Towers Hotel & Suites

345 Quebec Street, Victoria, BC

### Morin Potluck and Speaker Meeting

Mar 10, 2007

Bethany Lutheran Church

Morrin, Alberta

6:30 pm Supper & 7:30 pm Meeting

More Info: Viki (403) 823-2191

### Calgary Intergroup's 34th Annual Banff Roundup

Mar 16-18, 2007

Registration: \$30

Registration & Banquet: \$75

Speakers: Marcel A. San Francisco, California (AA)

Ron S. Grandora, Saskatchewan (AA)

Mari S. Grandora, Saskatchewan (Al-Anon)

Ken D. La Mesa, California (AA)

John L. Comox, B.C. (AA)

More info: Ron L. (403) 269-3999,

Tony M. (403) 680-8600, Alison R. (403) 252-6912

### Area 78 Pre-Conference Assembly

Mar 23-25, 2007

Red Deer Lodge,

Red Deer, Alberta

### Stettler Anniversary Supper #38

Apr 14, 2007

Stettler United Church, 4829 51 St, Stettler

Supper, Speaker, Fellowship with Al-Anon participation

More info: Gwen at gsell54u@telus.net

### Morin Potluck and Speaker Meeting

Apr 21, 2007

Bethany Lutheran Church

Morrin, Alberta

6:30 pm Supper & 7:30 pm Meeting

More Info: Viki (403) 823-2191

## Central Service Office News

Now open Saturdays  
9:00am to 1:00pm  
Except Statutory Holiday Weekends

Grapevine Calendars and  
Pocket Planners for 2007  
Are available now at  
Central Service Office