the **Westword**

25 cents

(Suggested Donation)



august issue/2007

The Open Gate

A Threshold to Freedom

Don G. Temple, TX AA Grapevine August 2007

atastrophe had been years in the making, a slide into a profound dependency on drink, so cunning and subtle that I hadn't noticed. Outwardly, I appeared to function -- perhaps I simply refused to acknowledge my long, slow descent. But when booze stopped working, all at once, I imploded and collapsed. The world crashed. Adrift on an ocean of calamity, clinging to a life buoy they called "treatment center," my mind was numb and thick with fog.

There were many facets to my prescribed treatment plan, including transport in the hospital bus to and from my very first AA meeting. Thursday nights, however, were reserved for an introduction to the Big Book. A man came to "recovery class" with a copy for each of us.

He said his name was Buddy, and he had been a sober member of AA for over thirteen years. He shined with the light of enthusiasm and selfconfidence. My first thought was: Nobody can stay sober that long. But I sure wanted what he appeared to have. Buddy was going to help us study the Big Book every Thursday night, and with no alternatives, I skeptically decided to see it through. He seated us in a row in front of him. For me, the first session was a jumble of confusing words.

The next week, during Buddy's second visit, my mind began to clear a little, opening up space for my two-headed nemesis, fear and dread, to return. My insides shook and my knuckles whitened as I hung on. Buddy asked me to read aloud from the chapter, "More About Alcoholism," and my voice quivered as I read from page forty-two: "Then they outlined the spiritual answer and program of action which a hundred of them had followed successfully."

"Stop right there," Buddy said.

I looked up. His eyes bore into mine, even as his face wore a slight look of mirth. Gently, he asked me, "Do you believe everything's going to turn out all right?"

In a heartbeat, the debacle of my life flashed through my mind. Disaster seemed to loom. I wanted to appear brave and strong facing my future. That's what he really wants to hear from me, I thought. But the situations I would have to face were so immense and frightening to me that I had considered a "permanent" way out rather than face reality. I imagined myself standing before an iron gate, clutching its bars, locked out from the glowing light of freedom and

serenity on the other side.

My mind stumbled, but in a fraction of an instant, I was overwhelmed by a realization. It washed over me and seemed to swing that iron gate open. These AA people and their book said that no matter what was out there, they would stand by me and help me through. More importantly, a Higher Power of my own choosing would be there with me, and they could show me the way to tap into that power. Buddy was holding the gate open, but I was going to have to take the action and step across.

I looked at him with a sense of wonder, and his expression seemed to mirror my own, as if he completely understood what was happening. In a whisper I answered, "Yes . . . I believe everything's going to turn out all right. I don't know how, but I believe that it will."

That's the moment I took the action, stepping through the gate and across the threshold into a whole new way of living. It was frightening to leave the old ways behind, regardless of how disastrous they had been, but I was determined to try something different. The book in my hands came alive, and seemed to speak directly to me. There was too much to absorb all at once. I was going to need help from these people, and for the first time since my early youth, I was going to let people help. I found myself a student again, and in many ways, I was once again a child. This inspiration was perhaps the most important experience of my life.

The next many months proved to be every bit as difficult and arduous as I had feared. As my old life faded away, I lost many possessions, but gained a solid community of sponsor, friends, and family I had never known before. With their help, I learned to trudge this path. Many problems were confronted and resolved

Almost a year later, Buddy and I found each other at a nearby AA conference.

"You look great," he told me, as we sat down to share with one another from a whole new perspective of hope, understanding, and mutual respect.

Nearly twenty years have passed, and Buddy and I have remained close. He has helped me many times along the way, and I've had the good fortune to be of some help to him. We are true friends, in every sense of the word, and together we try to help newcomers.

I used to say that Buddy saved my life, but he has never allowed that. "Your Higher Power did that," he insists, and of course, he's right.

After all these years, I still carry a spark of that inspirational moment of realization that the AA program was for me. I am joined to its message, one day at a time. Every time I see my old friend, or sit in a meeting with him, or just talk to him, I'm carried back to that time he was my gatekeeper and encouraged me to step through into the Sunlight of the Spirit.

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I am responsible.

When anyone, anywhere, reaches out for help, I want the hand of AA to always be there. For that, *I am responsible*.

Calgary AA Central Service Office

#2, 4015 1st Street S.E. Calgary, Alberta – T2G 4X7 Phone: (403) 777–1212 Fax: (403) 287–6540

Email: centraloffice@telus.net

Office Hours:

Mon to Thr: 8:30am – 1:00pm, 2:00pm – 5:00pm Fri: 8:30am – 5:30pm, Sat: 9:00am – 1:00pm Closed Sundays and Stat Holiday Weekends

NOTE: CLOSED Sept. 1 & 3

NEW MEETINGS

Beacon's Refugee Group (Open, Discussion)

Saturday, 8:00pm Highland Community Centre 3716 - 2nd St. NW (Side door)

Big Book Study (Open, Women)

Monday, 7:30pm 11419 - 8th St. SW (Upstairs, at left)

Came to Believe (Open, Discussion)

Sunday, 7:30pm Rm. 200L, 200 Haddon Rd. SW (Upstairs)

Cedar Villa Shut-In Seniors (Open, Mixed)

Saturday, 10:00am 3330 - 8th Ave. SW (Gord R.: 510-8680)

> Come & See (Open, Mixed)

Haddon's Journey Home

NOW STARTS AT 5:30pm (Mon. - Fri.)

200 Haddon Rd. SW, Rm. 200L

(Upstairs)

Airdrie Sunday Morning Breakfast

Speaker now starts at 10:00am

Breakfast following

Best Western Regency Inn, Rm. 207

Edmonton Tr., Airdrie

Los Vientos

Fri. & Sat. - 7:00pm, Sun. - 5:00pm

Forest Lawn Physiotherapy 1803 - 35th St. SE (Basement)

Sunday, 7:00pm St. Joseph's Church 640 - 19th Ave. NW

East Village Woman's Group (Closed, Women, Step/Discussion)

Tuesday, 6:00pm East Village Place 750 - 5st. SE (3rd Floor, Ring #1015)

New You Sailor Bill's (Open, Mixed, Step & Tradition)

Tuesday, 7:30pm Bowness Sportsplex 7904 - 43rd Ave. NW (Main floor meeting room)

Sowing the Seed (Open, Mixed)

Tuesday, 7:30pm Mustard Seed Creative Centre 106 - 11th Ave. SE (Basement)

Walking Eagle

(Open, Step & Tradition) Monday, 8:30pm Knox United Church 506 - 4th St. SW

(Harris Room) Rounders

Wednesday, 8:30pm Cedarbrae Community Centre, Rm. 3 11024 Oakfield Dr. SW (Summer ONLY)

Step By Step

Thursday, 8:00pm Christ Church 3602 - 8th St. SW (New room, North door, Downstairs)

Strathmore Thursday Night 12 x 12

Thursday, 8:00pm NOW MEETS AT: Strathmore Full Gospel Church

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Black Diamond (Oil Field Hospital)

CANCELLED MEET

Sunday, 8:00pm

First Things First Thursday, 7:00pm

Inside Out

Tuesday, 7:30pm

New You

Wednesday, 8:00pm

Properties Group

Thursday, 8:00pm

Sailor Bill's

Tuesday, 7:30pm

Newest Stuff at CSO

- "The Language of the Heart" (Large Print), collected writings of Bill W. to the Grapevine, \$20.00.
- "The Best of Bill" (Audiobook), Grapevine booklet read on to CD, \$16.00.
- "In Our Own Words", Grapevine book of articles written by young people, \$11.00.

CENTRAL OFFICE WILL BE CLOSED:

July 4th & 6th for Civic Holiday AND Sept. 1st & 3rd for Labour Day.

ALREADY INV

• CSO has 2008 Grapevine Pocket Planners & Calendars.

Planners: \$7.00 Calendars: \$12.50

The 5th Tradition

(Long Form)

Each Alcoholics
Anonymous group
ought to be a spiritual
entity having but one
primary purpose – that
of carrying its message
to the alcoholic who
still suffers.

A.A.'s Legacy of Service

*Bill W.

The A.A. Service Manual 1951

ur Twelfth Step — carrying the message — is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die.

Hence, an A.A. service is anything whatever that helps us to reach a fellow

sufferer — ranging all the way from the Twelfth Step itself to a ten-cent phone call and a cup of coffee, and to AA's General Service Office for national and international action. The sum total of all these services is our Third Legacy of Service.

Services include meeting places, hospital cooperation, and intergroup offices; they mean pamphlets, books, and good publicity of almost every description. They call for committees, delegates, trustees, and conferences. And, not to be forgotten, they need voluntary money contributions from within the Fellowship. @

(Reprinted from The A.A. Service Manual, with permission of A.A. World Services, Inc.)

^{*} Bill wrote these words in 1951, therefore, his words reflect that time period in their details.

VALUABLE 12 STEP OPPORTUNITIES | <u>UPCOMING EVENTS</u>

Practical experience shows that nothing will so much insure immunity from drinking as internsive work with other alcoholics.

- Big Book, Pg. 89

Members needed to carry the message to **Bowden Institution**. (Please note: Security clearance is required)

More Information: Brenda G. (403) 309-8323 or email: corrections@area78.org

Members needed to cary the message to the Remand Centre and Calgary Youth Offenders Centre.

(Please note: BOTH require security clearance & min. 1 yr. sobriety) More Information: Marilyn L. (403) 239-4923

Calgary AA would like members for the 12 Step List. PLEASE SEE INSERT! More Information: Doug (403) 990-9914 or Mathew (403) 777-1212 or email: centraloffice@telus.net

Bridging the Gap is looking for members willing to work in NE Calgary as well **Centres Outside of Calgary.**

More Information: Mathew (403) 777-1212 or email: centraloffice@telus.net

Calgary Archives needs your old Grapevines:

In cataloguing all of our Grapevines for Archives, we have found we are missing a few from years past. We thought, with all our AA friends out there, someone might have some of the missing issues. Specifically we are looking for donations of the following issues:

Any Grapevine 1958 and earlier, Aug. 1961, Aug. 1965, and any issues from 2002 - 2004

Calgary Archives is looking for the following:

Calgary Achives is currently searching for AA members with more then 30 years sobriety who are willing to do oral histories.

We are also seeking groups who are willing to submit Group Histories.

If you are interested in being a part of Archives or for more information: Tim (403) 273-2846

Calgary & Area 78 Corrections Committees:

We are always in need of any and all, current or old Grapevines, for use in the iails of Southern Alberta. Drop them off in the special box at CSO and they will get read several more times & help inmates to find sobriety. You can also give them to your GSR to take to the CGSC meeting or Area Assembly.

CGSC is looking for volunteers to fill the following positions:

Registrar, Introductory Service Seminar Chair & Intergroup Liason Positions. If you are interested please attend the next CGSC Meeting (last Monday of the month) or call Central Office at (403) 777-1212

CHECK THIS O Valuable Service Work Opportunity Up for Grabs!

Calgary Intergroup is looking for a volunteer for the position of Special Event's Chair. The Special Event's Chairperson is responsible for all the fun events that happen through Calgary Intergroup (Dances, BBQ's, Parties, etc.)!!!

> If you are interested, or know of any one who might be interested, please call Central Office at (403) 777-1212

Area 78 Delegate, Pat L.'s, Summer Report can be found online at http://www.area78.org. (Click on Service, Delegate's Page, July 2007 Delegate's Message.)

All submissions to be included in any upcoming editions of the Westword newsletter should be sent to westwordeditor@gmail.com no later than the first Monday of each month. Anything sent past this deadline MAY NOT be recieved in time to be included in the edition.

Thank you - Westword Editor

Aug. 17-19, 2007

NEW LOCATION

Nevis Community Hall 13 Miles west of Stettler on Hwy. 12, to Nevis, 1/4 mile north.

More Information: Gary A. (403) 742-2156

YA-BUT 2007

Texas Scramble Golf Tournament Sunday, Aug. 19, 2007 Tickets: \$85.00

More Information: Norm N. (403) 272-1935

Red Deer Round Up

Aug. 24 - 26, 2007

Westerner Park - Harvest Centre - Marguis Room More Information: Nikki M. (403) 309-0901

20th Annual Sober, Strong & Free Round Up

AA Conference for Gays, Lesbians, Bisexuals & Transgender People and their supporters. Aug. 31 - Sept. 2nd. 2007 St. Andrew's Centre 12720 111 Ave. Edmonton, AB

Cranbrook's 6th Annual AA Camp Out

(Rock Lake Camp) Aug. 31 - Sept. 2nd. 2007 SPACE IS LIMITED - REGISTER EARLY To purchase tickets or for

More information: Niel M. (250) 489-8107

Fellowship & a Movie

Friday, Aug. 24 2007 8:00pm

5510 - 26th Ave, NE Showing acclaimed documentary:



Pioneer's Dinner

Saturday, October 20 2007

5:30pm-10:00pm

Dalhousie Community Church 5511 Baroc Rd NW

Dinner and Refreshments:

Speakers:

- Marilyn M. (Al-Anon)
 Irene S.(Double H)
- · Bart F. (Bow Trail) · Jack B. (Mar. Park)

More Information: Central Office at 777-1212

If you would like to contribute a recovery related story to be published in the Westword, simply drop it off at Central Office or email it to: westwordeditor@gmail.com

HAPPY AA BIRTHDAY!

						<u> </u>			
Luly		Kieth M.	15 yrs.	Frank L.	33 yrs.	New Beginnings:		Tom M.	5 yrs.
July		Moe R.	33 yrs.			Ron S.	1 yr.	Ray M.	25 yrs.
2 <u>72:</u>				Inglewood:		Greg B.	6 yrs.	_	
Sandra	1 yr.	Desperation:		Christine E.	1 yr.	Tom L.	8 yrs.	Open Door:	
Janura	ı yı.	Martin W.	4 yrs.			Jenine G.	11 yrs.	Bill D.	23 yrs.
ABC:				<u>Link:</u>	40	Kate F.	12 yrs.	Stu H.	30 yrs.
Matt D.	3 yrs.	<u>Drawing Board:</u>	4-	Norm C.	10 yrs.	Joan S.	14 yrs.	_	
Cindy P.	10 yrs.	Rick B.	15 yrs.	Bill A.	15 yrs.	Jennifer S.	15 yrs.	Recovery:	4
Dean C.	14 yrs.	Edwarmant		Lorene S.	15 yrs.	Stan R.	16 yrs.	Candace B.	1 yr.
Journ O.	,	Edgemont:	0	MAAT.		Al. S.	17 yrs.	David G.	1 yr.
Crossroads:		Joanne	3 yrs.	MAAT:	01 1/10	George U.	18 yrs.	Rob W.	3 yrs.
Audrey C.	15 yrs.	Lloyd Don C.	5 yrs.	Ken R.	21 yrs.	Morag M. Kim A.	18 yrs.	Bob M.	18 yrs.
Steve M.	29 yrs.	Linda G.	14 yrs.	Midnapore:		Debbie K.	20 yrs. 25 yrs.	Sun. Morning 1	1amı
lo J.N.	39 yrs.	Liliua G.	14 yrs.	Elaine W.	1 yr.	Debble K.	25 yıs.	Dennis D.	4 yrs.
	,	Highland Park:		Norm E.	6 yrs.	Northlanders:		Dennis D.	4 yıs.
Dalhousie Mens:		Margaret L.	28 yrs.	Doug H.	23 yrs.	Stu	1 yr.		
Bill C.	2 yrs.	Amy M.	33 yrs.	Pat M.	24 yrs.	Vera T.	3 vrs.		
							- ,		
August		Roger D.	20 yrs.	MAAT:		Open Door:		Mo B.	13 yrs.
Auguot				Dave P.	1 yr.	Patty F.	26 yrs.	Tom E.	31 yrs.
ABC:		Desperation:		Angie P.	19 yrs.			Dick W.	39 yrs.
Don H.	18 yrs.	Scott B.	1 yr.			Tues. Morning L	adies:		
ib B.				Marlborough	Park:	Karen M.	2 yrs.	Sun. Morning	11am:
.IU D.	20 yrs.	Edgemont:		Ray I.	20 yrs.	Melanie	2 yrs.	Bruce H.	4 yrs.
Andria the Beer !	D I	Monica B.	12 yr.	Harry M.	21 yrs.	Susan	2 yrs.	Mike Mc.	22 yrs.
Back to the Drawing			,		<u> </u>	Faye H.	17 yrs.		,10.
(im W.	10 yrs.	Highland Park:		Midnapore:		Pat J.	25 yrs.	<u>Unitv:</u>	
		Ellen L.	20 1/20	Claire M.	1 1/2	i al J.	25 yıs.		4 vro
<u> Crossroads:</u>			20 yrs.		1 yr.	Пополити		Wayne T.	4 yrs.
Bonita N.	25 yrs.	Orland W.	21 yrs.	Maggie S.	5 yrs.	Recovery:	4		
	•			Bob M.	7 yrs.	Jonathan W.	1 yr.		
Dalhousie Mens:		<u>Inglewood:</u>		Jerry M.	17 yrs.	Martin M.	1 yr.		
Bud J.	1 yr.	Russel K.	5 yrs.			Mike F.	1 yr.		
Blaine A.	4 yrs.	Rindy Y.	23 yrs.			Rose S.	5 yrs.		
Dialite A.	4 yıs.	Francis Y	24 vrs			Jim H	7 vrs		



24 yrs.

Downtown Ramada Inn

708 - 8th Ave. SW

6 yrs.

Breakfast - 9:00am Speaker - 10:00am

Come and join us for breakfast:

7 yrs.

*Buffet Breakfast	.\$12.00
Healthy Start Breakfast	\$9.00
Toast & Coffee	\$4.00
Coffee	\$2.00

*Please note recent price change.



Kelly B.

Fortis Building North Tower 801 - 7th Ave. SW Speaker - 8:00pm

UPCOMING GROUPS:

- Sun. Morn. 11am (Aug. 18th)
- · Link Group (Aug. 25th)
- · Link Group (Sept. 1st)
- · Link Group (Sept. 8th)

IMPORTANT NOTICE: There is on-street parking only. We have not been allowed in the underground lot for some time now due to verbal abuse of the security personnel. In fact, this abuse continues, and if it doesn't stop we will lose the meeting altogether.

PHONE MONITORING

This is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives. Thank you to all who signed up as late night monitors! If you would like to serve in this capacity, please phone Doug at:

990-9914

- Big Book, Pg. 89

12 Step List Application & Renewal Form (Suggested minimum 1 year of sobriety) New application □ Change of information □ Sex : M 🗆 F 🗆 Home Group:_____ First Name Last Initial Phone Number Cell Number Are you willing to be listed as a Midnight Monitor (11:00 p.m. − 8:30 a.m. shift)? Yes □ No □ Please fill in the following to have your name on the 12 Step List: WHEN are you available? Weekday AM only (9:00 a.m. – noon) □ Weekdays PM only (noon − 5:00 p.m.) Weekday daytime (9:00 a.m. − 5:00 p.m.) Weekday evenings (5:00 p.m. − 11:00 p.m.) Weekends (9:00 a.m. − 11:00 p.m.) ☐ Anytime (7 days a week, 9:00 a.m. − 11:00 p.m.) ☐ Weekdays at Central Office (9 a.m. − 1 p.m.) Weekdays at Central Office (1 p.m. − 5 p.m.) WHERE are you available to make 12 Step calls? (Remember – take an AA friend) Anywhere in Calgary □ NE \square NW \square SW \square SE \square Town(s) around Calgary:_____ Do you have transportation for 12 Step calls? Yes ☐ No ☐ What languages (other than English) do you speak?_____ Are you willing to be listed on the foreign languages list? Yes \square No \square Please give this application to your home group's Intergroup Representative, or mail, or fax to: Central Service Office #2. 4015 - 1 Street S.E. Calgary, AB T2G 4X7 Phone: (403) 777-1212 Fax: (403) 287-6540

What is the 12 step list?

This list contains the names and phone numbers of AA members who are available to make 12 Step calls.

Listings are by area of the city and home group.

The list is used by phone monitors when a caller needs to talk with another alcoholic.

You may wish to talk with the newcomer a short time or a long time. Or, with another AA friend*, you might meet them for coffee, take them to a meeting, or visit them in their home.

List your available times and what parts of the city you are willing to travel to. A car is helpful, but NOT necessary.

How to sign up:

Return this application form to Central Office or to your home groups' Intergroup Representative. Once you are on the list and need to make changes to your contact information, please call Central Office and ask for Mathew.

* It is strongly suggested that you do NOT go on a 12 Step call by yourself.

What are Midnight Monitors?

These are people willing to take calls between the hours of 11:00 p.m. and 8:30 a.m. Their phone numbers are given to the answering service who forward calls, on a rotation basis, directly to them during that time. It usually involves only talking and listening, and occassionally getting another member who is listed on the 12 Step List to call them back the next day.



The tremendous fact for every one of us is that we have discovered a common solution. We have a way

out on which we can absolutely agree, and upon which we can join in brotherly and harmonious *action*.

The fellowship of Alcoholics Anonymous is always in need of members who are willing to contribute some of their own time and energy to help us *carry the message*. Service positions are numerous and can range from answering phones to helping on an upcoming Round-Up Committee. Please read over the list of potential services positions available and, if you are interested, please fill out the basic information and fax this sheet to Central Office at 287-6540. Someone will then contact you to talk about service in more detail.

Name:				
Group:				
Sobriety Date:				
Phone Number:				
E-mail Address:				
Preferred contact method:				
Please contact me: Anytime	Daytime	Evening		
I am interested in more information about service in the following areas: (Please check all that apply)				
Archives Phone Monitoring Introductory Service Seminar Sunday Morning Breakfast Round-Ups Westword Special Events (Dances, etc.) 12-Step List Corrections & Institutions CPC/PI Intergroup				
☐ I am interested in helping in a	ny capacity!			

NEW Calgary District Listings revised 2007

Note that no group has to change if they do not want to. The boundaries are changing but a group does not have to. If your group is scheduled to change and does not want to, the General Service Representative (GSR) for the group should inform the Calgary General Service Ccommittee (CGSC). Otherwise it will be assumed that the changes are OK. Any comments or concerns can be directed via your GSR, District Committee Member (DCM) or individually to the CGSC at the July or August meeting (2007), or e-mail Central Service Office re: redistricting.

DISTRICT 73 Groups	18	
Group Meetings	42	
Total Meetings	49	
	OLD	# OF
GROUPS	DISTRICT	MEETINGS
Bonanza Group ▲	80	1
Champlain Group	73	1
Choirboys (unlisted)	73	1
Explorers	73	1
Front Runners ▲	78	3
Garnet Block ▲	78	16
Inglewood Group ▲	80	1
Knox Knooners	73	5
Mountainview Group (unlisted	l) 73	2 1
North Hill Group ▲	78	
SMOG Group A	78	3
Southwest Serenity	73	1
Sowers of Hope Group	73	1
Sowing the Seed	73	1
Sunday 11 AM Group ▲	78	1
Thursday Aft. Drop-In	73	1
Turf Group	73	1
Walking Eagle Group	73	1
ADDITIONAL MEETINGS		
Alpha House	73	1
Centre of Hope (Salv. Army)	73	1
Downtown Sat. Night	73	1
Drop In Centre	73	1
Lawyers' Meeting (unlisted)	73	i
Sunday Morning Breakfast	73	i
Portal Group A	80	i
Group =	00	•

DISTRICT 75Groups Group Meetings

Total Meetings	57	
GROUPS	OLD DISTRICT	# OF MEETINGS
Action Group ▲	76	1
Anonymi Group ▲	76	1
Bow Trail Group ▲	76	1
Daily Reflections	75	8
Elbow Park Group	76	1
Glenmore Group	75	24
Lakeview Open Speaker ▲	76	1
Podium Group ▲	76	1
Recovery Group	75	12
Step by Step Group	76	1
The Link	75	1
Tri-Currie Group	75	1
Unity Group ▲	76	1
ADDITIONAL MEETINGS		
Aventa	75	1
Cedar Villa (Shut-in Seniors) s	s 76	1
E :	70	

DISTRICT 77

(MRC during session)

Friends of Bill W.

DISTRICT //		
Groups	16	
Group Meetings	36	
Total Meetings	39	
GROUPS	OLD DISTRICT	# OF MEETINGS
ABC Group	77	1
Awakenings	77	1
Bowmont	77	1
Eye Opener Group	77	1
Fun Seekers	77	5
Generation 12 Group	77	1
Go For It Group	77	8
Homeward Bounders	77	5
Last Gaspers	77	5
Mustard Seed Group	77	1
New You Sailor Bill's Group	77	1
Sooner Than Nooner Group	77	1
Stampeders	77	1
Tuesday Morning Ladies	77	2

DISTRICT 77 (continued)			
University Group	77	1	
West End Step & Tradition	77	1	
ADDITIONAL MEETINGS			
Sun. Nite District 77 Speaker	77	1	
Winners Circle (Foothills Hosp.)	77	2	

DISTRICT 78

Groups Group Meetings Total Meetings	19 20 20	
GROUPS	OLD DISTRICT	# OF MEETINGS
19th Street Big Book Group	78	1
272 Group	78	2
A-Men Group ▲	77	1
Borderline Group	78	1
Come and See Group	78	1
Count Your Blessings Group	78	1
Dalhousie Men's Group ▲	77	1
Dalhousie Women's Group ▲	77	1
Desperation Group	78	1
Double H Group	78	1
Edgemont Group ▲	77	1
Fellowship of the Spirit	78	1

DISTRICT 79

Group Meetings

Getting There Group Highland Park Group North Hill Group Northlander's Group A

Nose Creek Big Book Group NW Calgary Group ▲ Smorg Group Wed. Morning Eye Opener

Total Meetings	20	
GROUPS	OLD DISTRICT	# OF MEETING
Airport Group	79	1
Birds of a Feather (unlisted)	79	1
Crossroads Group	79	1
Grapevine Group	79	1
Grey Sheep	79	1
MAAT Group	79	1
Marlborough Park Group	79	1
New Life Group	79	1
No Name Group	79	1
Out To Lunch Bunch	79	3
Overcomers Group	79	1
Saturday Night NE Group	79	1
Regal Group	79	1
Talisman Group ▲	78	1
Groupo Unidos	79	2

78

DISTRICT 80

ADDITIONAL MEETINGS
Peter Lougheed Hospital

Groups	12	
Group Meetings	15	
Total Meetings	15	
onouino.	OLD	# OF
GROUPS	DISTRICT	MEETINGS
9th Tradition	80	1
Candlelight Group	80	1
Drawing Board Group	80	1
East Side Discussion Group	80	1
Forest Lawn Group	80	1
Harmony Group	80	1
Groupo los Vientos á Calgary	80	3
Monday Morning Group	80	1
Ogden Group	80	2
Open Door Group	80	1
Soberiders	80	1
Southview Treeline Group	80	1

DISTRICT 82 Groups Group Meetings

Group ivieetings	63	
Total Meetings	65	
GROUPS	OLD DISTRICT	# OF MEETINGS
19th Hole Group	82	1
Big Book Study Group	82	1
Cedarbrae Men's Group ▲	83	1
Deer Ridge Group ▲	83	1
Fireside Group ▲	83	1
Get to the Point Group	82	1
Haddon Road Groups	82	16
McKenzie Group ▲	83	3
Midnapore Group ▲	83	6
New Beginnings Group	82	22
Palliser Group ▲	83	1
Rounders Group	82	1
Sarcee Group	82	2
Sobriety & Beyond Group ▲	83	1
Southlanders Pancake ▲	83	3
Wake Up Group	82	1
Whitesheep	82	1
ADDITIONAL MEETINGS		
Rockyview Hospital	82	2

DISTRICT 85

	OLD	# OF
Total Meetings		
Group Meetings	17	
Groups	14	

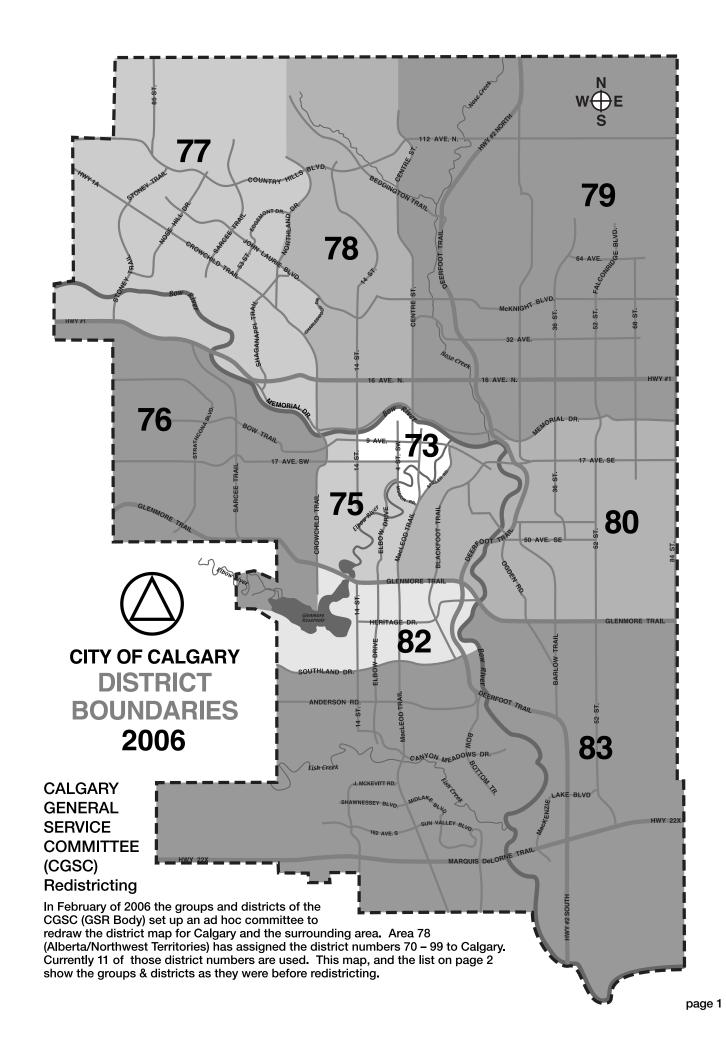
GROUPS	DISTRICT	MEETINGS
5th Chapter Group	85	1
Back To Basics Group	85	1
Canmore Sunday Night	85	1
Cochrane Rounders	85	1
Cremona Blasters	85	1
Freedom Group	85	1
Knock Turn All Group	85	1
Laughter Noon Group	85	1
Mountainview Group (Banff)	85	3
Noon Oasis Group	85	1
Rule 62 Group	85	2
Springbank Thursday Group	85	1
Springbank Tuesday Group	85	1
Thursday Night Men's Group	85	1
ADDITIONAL MEETINGS		
Tsuu T'ina Reserve	85	1
Tsuu T'ina Spirit Healing Lodg	je 85	2

DISTRICT 86 Groups Group Meetings

aroup meetings	17	
Total Meetings	17	
GROUPS	OLD DISTRICT	# OF MEETINGS
Airdrie Country Group	86	2
Airdrie Nooners	86	1
Back From Hell Group	86	5
Crossfield Group	86	1
Irricana Recovery Group	86	2
Lunch Pail Group	86	1
New Life Group	86	1
Sorel Rider	86	1
Sunday Morning Breakfast	86	1
Sunset Discussion Group	86	1
Thursday 12 & 12 Group	86	1

NOTE

Groups marked with (▲) are now located within a new district boundary. However, it is up to each groups' Group Conscious as to whether they actually change districts or not.



OLD Calgary District Listings 2006

DISTRICT 13		
Groups	11	
Group Meetings	16	
Total Meetings	22	
iotai Meetings	22	
	NEW	# OF
GROUPS	DISTRICT	MEETINGS
Champlain Group	73	1
Choirboys (unlisted)	73	1
Explorers	73	1
Knox Knooners	73	5
Mountainview Group (unlisted)	73	2
Southwest Serenity	73	1
Sowers of Hope Group	73	1
Sowing the Seed	73	1
Thursday Afternoon Drop-In	73	1
Turf Group	73	1
Walking Eagle Group	73	1
ADDITIONAL MEETINGS		
Alpha House	73	1
Centre of Hope (Salv. Army)	73	1
Downtown Saturday Night	73	1
Drop In Centre	73	1
Lawyers' Meeting (unlisted)	73	1
Sunday Morning Breakfast	73	1

DISTRICT	75
Croups	

DISTRICT 73

GROUPS	DISTRICT	ME
	NEW	
Total Meetings	49	
Group Meetings		

GROUPS	DISTRICT	MEETINGS
Daily Reflections	75	8
Elbow Park Group	75	1
Glenmore Group	75	24
the Link	75	1
Recovery Group	75	12
Step by Step Group	75	1
Tri-Currie Group	75	1
ADDITIONAL MEETINGS		
Aventa	75	1

DISTRICT 76

Groups	ნ
Group Meetings	6
Total Meetings	

GROUPS	NEW DISTRICT	# OF MEETINGS
Action Group ▲	75	1
Anonymi Group ▲	75	1
Bow Trail Group ▲	75	1
Lakeview Open Speaker ▲	75	1
Podium Group ▲	75	1
Unity Group ▲	75	1
ADDITIONAL MEETINGS		
Cedar Villa (Shut-in Seniors)	75	1
Friends of Bill W. ▲	75	1
(MRC during session)		

DISTRICT 77

Groups2	22
Group Meetings4	
Total Meetings	

	NEW	# OF
GROUPS	DISTRICT	MEETINGS
ABC Group	77	1
A-Men ▲	78	1
Awakenings Group	77	1
Bowmont Group	77	1
Dalhousie Men's Group ▲	78	1
Dalhousie Women's Group ▲	78	1
Edgemont Group ▲	78	1
Eye Opener Group	77	1
Fun Seekers Group	77	5
Generation XII Group	77	1
Go For It Group	77	8
Homeward Bounders	77	5
Last Gaspers	77	5
Mustard Seed Group	77	1
New You Sailor Bill's Group	77	1
Northlanders ▲	78	1
NW Calgary Group ▲	78	1

DISTRICT 77 (contin	ued))
Sooner Than Nooner Group	77	1
Stampeders	77	1
Tuesday Morning Ladies	77	2
University Group	77	1
West End Step & Tradition	77	1
ADDITIONAL MEETINGS		
Sun. Nite District 77 Speaker	77	1
Winners Circle (Foothills Hosp.)	77	2

DISTRICT 78

Groups	18
Group Meetings	
Total Meetings	

	NEW	# OF
GROUPS	DISTRICT	MEETIN
19th Street Big Book Group	78	1
272 Group	78	2
Borderline Group	78	1
Come and See Group	78	1
Count Your Blessings Group	78	1
Desperation Group	78	1
Double H Group	78	1
Fellowship of the Spirit	78	1
Front Runners ▲	73	3
Garnet Block ▲	73	16
Getting There Group	78	1
Highland Park Group	78	1
North Hill Group	78	1
Nose Creek Big Book Group	78	1
Smog Group ▲	73	3
Smorg Group	78	1
Sunday Morning 11 AM ▲	73	1
Wed. Morning Eye Opener	78	1

DISTRICT 79

Groups		
Group Meetings	18	
Total Meetings	20	
· ·	NEW	
GROUPS	DISTRICT	N
Airport Group	79	
Birds of a Feather (unlisted)	79	

GROUPS	NEW DISTRICT	# OF MEETINGS
Airport Group	79	1
Birds of a Feather (unlisted)	79	1
Crossroads Group	79	1
Grapevine Group	79	1
Grey Sheep	79	1
MAAT Group	79	1
Marlborough Park Group	79	1
New Life Group	79	1
No Name Group	79	1
Out To Lunch Bunch	79	3
Overcomers Group	79	1
Regal Group	79	1
Saturday Night NE Group	79	1
Talisman Group	78	1
Groupo Unidos	79	2
ADDITIONAL MEETINGS		
Peter Lougheed Hospital	79	1
Sunrise Residence	79	1

DISTRICT 80

Groups	14
Group Meetings	
Total Meetings	
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GROUPS	NEW DISTRICT	# OF MEETINGS
9th Tradition	80	1
Bonanza Group ▲	73	1
Candlelight Group	80	1
Drawing Board Group	80	1
East Side Discussion Group	80	1
Forest Lawn Group	80	1
Harmony Group	80	1
Inglewood Group ▲	73	1
Groupo los Vientos á Calgary	80	3
Monday Morning Group	80	1
Ogden Group	80	2
Open Door Group	80	1
Soberiders	80	1
Southview Treeline Group	80	1
ADDITIONAL MEETINGS		
Portal Group ▲	73	1

DISTRICT 82

Groups	9
Group Meetings	
Total Meetings	

	NEW	# UF
GROUPS	DISTRICT	MEETINGS
19th Hole Group	82	1
Big Book Study Group	82	1
Get to the Point Group	82	1
Haddon Road Groups	82	16
New Beginnings Group	82	22
Rounders Group	82	1
Sarcee Group	82	2
Wake Up Group	82	1
Whitesheep	82	1
ADDITIONAL MEETINGS		
Rockyview Hospital	82	2

DISTRICT 83

Groups	8
Group Meetings	
Total Meetings	
· - · - · · · · · · · · · · · · · · · ·	

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GROUPS	NEW DISTRICT	# OF MEETINGS
Cedarbrae Men's Group ▲	82	1
Deer Ridge Group ▲	82	1
Fireside Group ▲	82	1
McKenzie Group ▲	82	3
Midnapore Group ▲	82	6
Palliser Group ▲	82	1
Sobriety & Beyond Group ▲	82	1
Southlanders Pancake A	82	3

DISTRICT 85

Groups	14
Group Meetings	17
Total Meetings	20

GROUPS	DISTRICT	MEETINGS
5th Chapter Group	85	1
Back To Basics Group	85	1
Canmore Sunday Night	85	1
Cochrane Rounders	85	1
Cremona Blasters	85	1
Freedom Group	85	1
Knock Turn All Group	85	1
Laughter Noon Group	85	1
Mountainview Group (Banff)	85	3
Noon Oasis Group	85	1
Rule 62 Group	85	2
Springbank Thursday Group	85	1
Springbank Tuesday Group	85	1
Thursday Night Men's Group	85	1
ADDITIONAL MEETINGS		
Tsuu T'ina Reserve	85	1
Tsuu T'ina Spirit Healing Lodg	je 85	2

DISTRICT 86

Groups	11
Group Meetings	17
Total Meetings	17

141-44	# OF
DISTRICT	MEETINGS
86	2
86	1
86	5
86	1
86	2
86	1
86	1
86	1
86	1
86	1
86	1
	86 86 86 86 86 86 86 86

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