

theWestword

25 Cents
(suggested donation)



Westword is a monthly newsletter published by Calgary Intergroup

In Brief....

Special Events Chair post to be filled

Calgary Intergroup is looking for nominations from groups across the city and area to fill the position of Intergroup Special Events Chair. The person filling the post will be responsible for planning and organizing two main events sponsored by Calgary Intergroup during the year, namely The Calgary Intergroup Stampede BBQ held in July, and the Calgary Intergroup Christmas dinner held in December. The 2009 Christmas dinner will be held at St. Mark's Church December 12. Special Events Chair responsibilities including preparing a budget for the respective events, appointing committee members to work with the chair in organizing the event, coordinating details related to the particular event, and attending and providing reports to both Calgary Intergroup steering committee and the full Calgary Intergroup regular meetings monthly. Anyone interested in letting their name stand for Special Events Chair is asked to contact their home group Intergroup representative, Calgary Intergroup chair Bruce G. at 403-241-3223 or email calgaryintergroupchair@gmail.com, or contact Mathew at Calgary Central office at 403-777-1212 or email centraloffice@telus.net. Deadline for nominations is September 1, 2009. Election to be held Sept. 8, 2009.

Intergroup archivist appointed.

Tim H. has been confirmed to fill the position as the first Calgary Intergroup Archivist. The new position is responsible for working with the Intergroup Archive Committee in helping to collect and maintain a wide range of records and memorabilia related to the

history of Alcoholics Anonymous in Calgary. The archivist, appointed for a renewable one-year term, will work with and take direction from the Intergroup Archive Committee in a wide range of matters related to preserving and displaying the history of AA in Calgary.

COMC post filled

Sarah B. has been elected by Calgary Intergroup to serve as the newest member of the Central Office Management Committee (COMC). Sarah B., who most recently served as Calgary Intergroup Special Events Chair, fills a vacancy created on the six-member COMC board as serving members completed their appointed terms. The COMC board oversees the operation of Calgary Central Office.

Thank you....

As the Intergroup Events Chair I would like to thank all those groups and individuals who helped either in time or with donations to make the 2009 Calgary Intergroup Stampede Barbecue and Carnival such a huge success. I would especially like to thank the amazing group of people who made up our committee who worked so hard since the beginning of this year. With each fellow contributing their part it was inspiring to witness the whole AA community really come together as a whole. I am truly grateful to have had the opportunity to be apart of this great event!

Sarah B.

I am responsible

When anyone, anywhere reaches out for help, I want the hand of AA to always be there.

For that, I am responsible

Calgary A.A. Central Office

#2, 4015 1st Street S.E.
Calgary, Alberta - T2G 4X7
Phone: 403-777-1212, Fax 403-287-6540
Email: centraloffice@telus.net

Office Hours:

Mon. to Thur. 8:30 am - 1 pm; 2 - 5 pm
Fri. 8:30 am - 5:30 pm; Sat. 9 am - 1 pm
Closed Sundays and Stat Holiday Weekends
(Office will be closed Labor Day Weekend, Saturday Sept. 5 and Monday Sept. 7, 2009)

VALUABLE 12 STEP OPPORTUNITIES

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics” - Big Book Pg. 89

Members are needed to carry the message to Bowden Institution. (Please note: Security clearance is required) For more information: email corrections@area78.org

Members are needed to carry the message to the Remand Centre, Spy Hill Jail and Calgary Youth Offenders Centre (Please note: all three require security clearance and minimum one year sobriety) For more information call: Grace P. 403-698-2666.

Members are needed at Central Service Office as telephone monitors. One shift per week, Monday to Friday, 9 am to 1 pm or 2 pm to 5 pm For more information contact: Buddy at 403-285-9258 or Mathew 403-777-1212 or email centraloffice@telus.net

Calgary AA members are needed for 12th Step List. For more information call Buddy 403-285-9258 or Mathew 403-777-1212 or email centraloffice@telus.net

BRIDGING THE GAP

Meeting, last Thursday of each month - 7 pm Central Office - All groups are urged to send a representative to learn about the vast number of service opportunities available. We also can attend district or group business meetings to give DCMs/ GSRs a presentation on BTG program details. Chairing positions at treatment centers currently available to individuals or groups. Your help is needed. Please contact Cheryl at: cheryl.k@shaw.ca for further information.

Bridging the Gap is also looking for members willing to work in NE Calgary as well as centres outside of Calgary. Contact Mathew at 403-777-1212 or email: centraloffice@telus.net .

PUBLIC INFORMATION COMMITTEE

There are many service opportunities available on this fun and exciting committee. The Public Information Committee is dedicated to spreading word to the public about “the solution on which we can absolutely agree and join in brotherly and harmonious action “ BB pg. 17. Meetings are the last Wednesday of every month- Central Office - pichair.calgary@gmail.com

OLD GRAPEVINES NEEDED

Calgary and Area 78 Corrections Committee is always in need of current or old Grapevines. Please drop them off in a special box at Central Office and they will be read several more times and help inmates to find sobriety.

Copies of The Westword

also available at Calgary Central Office

New meetings

STEPS, STORIES & BEYOND GROUP, PEMBROOKE COMMUNITY HALL, 6100 - 8 Ave. S.E., Calgary. Open, mixed, Big Book - Mondays 7 p.m.

KINCORA GROUP - SYMON'S VALLEY RANCH UNITED CHURCH, 38 Kincora Rise, NW, Calgary. Wednesdays, 8 pm. Open Mixed Beginners Step and Big Book Meeting. (Talisman Group cancelled). Contact: Steve C. 403-451-4126.

Step 11 Meeting (Sought through prayer and mediation....) Open Mixed AA meeting. Prayer, Mediation, Discussion. Sundays 3:30 to 5 pm. Central United Church, 131 7th Ave. SW. Room 3 (Downstairs, enter by rear alley door) Contact John M. 403-815-3393.

Language of the Heart- Readings from the book, Language of the Heart, Monday, Wednesday, Friday, 7 am, #134, 111 -6th Ave. SW, Calgary, AB

As Bill Sees It - Friday, 8 pm, side door of hall south of Air Museum, 1601 - 21 Ave. Nanton. Open, mixed. Contact Heather E. 403-601-6967.

Meeting Reminder

New Beginnings - Be advised for all meetings held after 6 pm, members please enter and leave premises by the Rexall Store West Entrance, effective immediately.

Meeting changes

Front Runners - Tuesday and Thursday and Saturday, Central - All three meetings now begin at 8 PM. (instead of 8:30 PM).

Cancelled meetings

Portal Group, Wednesdays 8 PM, Central, are now cancelled.

9th Tradition - Thursday N.E. Calgary, closed until a new meeting place is found.

Talisman Group - NW, Wednesday, now cancelled. See Kincora Group under New Meetings.

Pincher Creek Group - Thursday meeting cancelled, Tuesday meeting suspended until September 1, 2009

University Group - NW, Tuesday, Last meeting Feb. 24, 2009.

Special Events

Red Deer Round Up - August 21 & 22, 2009, Elks Hall, 6315 Horn St. Red Deer, AB, Registration Friday 6 p.m. followed by speakers and meetings; Sessions begin Saturday at 9 a.m. Cost \$30 per person includes Saturday dinner, \$10 general registration only. Call 403 309-8323 or 403 357-9032.

22nd Annual Ya-But Texas Golf Scramble, 12 noon



August 30, 2009 - Nanton, AB -
 BBQ supper and 18 holes of golf.
 \$85 entry fee.
 Contact Norm N. - 403 272-1935 (dr.golf@shaw.ca)
 or Joe H. 403 256-3871

MEDICINE HAT AND DISTRICT ANNUAL AA ROUNDUP - Sept. 11 - 13, 2009. Medicine Hat Stampede Grounds, Grandstand Building. Registration begins Friday at 6 pm, dinner and dance Saturday. Contact Lorne at 403-580-7064 or email plotslo@telus.net, or Linda at 403-528-3838 or itmhfb@telus.net

Speakers needed

Calgary AA groups or even individual members looking for service opportunities can contact the Lakeview Group for more information about taking on meeting chair or speaker's duties. Lakeview offers an open, mixed, speaker meeting every Friday at 8:30 pm at Lakeview United Church. If you can help contact David F. at 403 390 8992 or email: dave@helenesiding.com

CPC PLANNING MEETING

Regular meetings of the Cooperation with the Professional Community (CPC) committee are held the second Wednesday of each month at Central Office. Next meeting:

September 9 /09, 7 PM

New committee members and more group participation is always welcome.

Calgary Intergroup Archives Committee

Annual Pioneers Dinner

Saturday, Oct. 24, 2009

5:30 to 10 PM

Dalhousie Community Church

5511 Barock Rd. NW, Calgary

Speakers:

Flo J.-N., Crossroads Group, Maryon K., Al-Anon & Eddie A. Champlain Group.

Cost: \$25 includes dinner and refreshments.

For details Contact Calgary Central Office, 403-777-1212, or centraloffice@telus.net

Meeting List

On-Line

The current Calgary and District Meeting Directory is available on-line at:

www.calgaryAA.org

Sunday Morning Breakfast

DOWNTOWN RAMADA INN

708 - 8th Ave. SW

Breakfast at 9 am, speaker at 10 am.

Buffet Breakfast \$12 - Healthy Start Breakfast \$9

Toast & Coffee \$4 - Coffee \$2

DOWNTOWN SATURDAY NIGHT

SPEAKER MEETING - 8 PM

Fortis Building, North Tower

801 7th Ave. SW, Calgary

Westword Deadline

All submissions to be included in any upcoming editions of the Westword Newsletter should be sent to westwordeditor@gmail.com or dropped off at Central Office not later than the last day of each month. Anything sent past this deadline May Not be received in time to be included in the next edition.

**Thank You - Lee H. Westword
 Editor - 403-815-0380**

HAPPY AA BIRTHDAY !

JULY/09

IRRICANA RECOVERY GROUP

Ray F. - 34 years
Betty S. - 1 yr

NEW BEGINNINGS

Barb B. - 1 year
Linda A. - 1
Tim G. - 1
Robin R. - 2
Ron S. - 3
Greg B. - 8
Dave W. - 2
Jenine G. - 13
Joan S. - 16
Isabel C. - 17
Les K. - 18
Al S. - 19
Morag M. - 20
Debbie K. - 27

BACK FROM HELL

Karla R. - 10 years
Mike H. - 5
Dennis K. - 1
Corey F. - 1

HOMeward BOUNDERS

Tom D. - 1 year

NW CALGARY GROUP

Chris L. - 9 years

AUGUST/09

LINK GROUP

Beth - 24 years
Wendell M. - 17

HIGHLAND PARK

Ellen L. - 22 years
Orland W. - 23
Gin W. - 2

GETTING THERE GROUP

John S. - 2 years
Lee C. - 20
Marc W. - 7
Owen - 1

INGLEWOOD GROUP

Francis Y. - 26 years
Rindy Y. - 25
Sharon S. - 17
Russell K. - 7
Jan H. - 1

(Note: The Inglewood birthday meeting wil be the 3rd Thursday, Thurs. Aug. 20, for August only.)

BACK FROM HELL

Jim M. - 22 years
Colleen K. - 13
Brian H. - 1

DALHOUSIE MEN'S GROUP

Blaine A. - 6 years
Roger D. - 22

RECOVERY GROUP

Dick W. - 41 years
Tom E. - 33

Mo B. - 15
Darryl P. - 6

Jason F. - 3
Jordan C. - 3

Marvin C. - 2
Dave B. - 2

Violet - 1
Justin L. - 1

TUESDAY MORNING

LADIES GROUP

Melanie S. - 4 years
Susan D. - 4
Paula S. - 5
Faye H. - 19
Pat J. - 27

FOREST LAWN GROUP

Julian B. - 1 year
Kim W. - 12

HOMeward BOUNDERS

Blair N. - 25

NW CALGARY GROUP

Becky A. - 20 years
Jamie D. - 2

SEPTEMBER/09

FOREST LAWN GROUP

Norm N. - 33 years

IRRICANA RECOVERY GROUP

Wayne D. - 31 years
Shane F. - 1
Maria B. - 10
Dan S. - 2
Eunice B. - 13

Monitors needed for late night calls

The Calgary Intergroup Telephone Monitoring committee needs volunteers to take on late night telephone monitoring shifts between 11 pm and 9 am. Admittedly it isn't a very busy shift, says Buddy, Telephone Monitoring Chair, "but it is important that the voice of AA be there if someone needs help". The monitor can have late night calls directed to their home phone or cell phone next to their bed. "Even if there are only one or two calls a month, it is important that our phones are covered 24 hours a day," says Buddy. If you can help call Buddy at 403-285-9258.

TELEPHONE MONITORING

THANK YOU TO ALL WHO SIGNED UP AS LATE NIGHT MONITORS! IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY, PLEASE CALL...Buddy at:

403-285-9258

or Central Office at

403 -777-1212

monitorchair@gmail.com

KEY CONTACTS

Intergroup chairperson - calgaryintergroupchair@gmail.com
Public Information Chair - pichair.calgary@gmail.com
Telephone Monitoring Chair - monitorchair@gmail.com
Intergroup Secretary - calgaryintergroupsecretary@shaw.ca
Intergroup Treasurer - aatreasurer@shaw.ca
Westword Editor - westwordeditor@gmail.com
Special Events - calgaryintergroupevents@gmail.com
Intergroup Archives - calgaryintergrouparchives@gmail.com
Calgary Central Office- centraloffice@telus.net