

The Westword

25 Cents

(suggested donation)



Westword is a monthly newsletter published by Calgary Intergroup
(westwordeditor@gmail.com)

Learning about Calgary AA Service Opportunities

The Big Book on page 89 says, "Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics". To this end, the semi-annual Introductory Service Seminar was held on Saturday, May 7th at the Scarboro United Church. The seminar is sponsored by the Calgary General Service Committee and is held in both spring and fall providing AA members with an opportunity to learn more about service opportunities available through their home group or AA service committees.

This seminar was co-hosted by Dana H., the Service Seminar Chair of the Calgary General Service Committee and Kris M. the Alternate-chair of Intergroup. There were over 40 participants in attendance at the seminar.

The co-chairs introduced themselves and explained a little bit about the seminar and the planned day. Jim C. the chair of Calgary General Services Committee described the function of the Calgary General Service Committee. He then shared his experience in service expressing, "Service work sure makes my life better and keeps me out of myself, which helps me become a better person". He went on to explain the general organization of the Calgary General Services Committee and activities they sponsor including the Introductory Service Seminar and the Gratitude Roundup. Next, the responsibilities of each group's General Service Representative and the District Committee Member were described. The roles, activities and service opportunities for the chaired committees of Correction Facilities, Treatment Facilities, Bridging the Gap, Cooperation with the Professional Community, Grapevine, and Records and Registrations were reviewed by the committee chairs or an alternate representative.

Kris M. provided an overview of Intergroup. There are 11 positions in Intergroup including the table officers, committee chairs and the Liaison with Calgary General Services Committee. The Intergroup Chair, Alternate-chair, secretary, treasurer and the committee chairs of Banff Roundup, Sunday Morning Breakfast Speaker Meeting, Special Events, Public Information, Westword, Telephone Monitoring; and the Liaison with the Calgary General Services Committee or an alternate explained the roles, activities, and service opportunities for each position or committee.

The seminar concluded with a review of the newly developed Guidelines for 12 Step Work which was created to help telephone monitors and members on the Telephone Monitoring 12 Step List better understand their responsibilities and provide some helpful hints for uncomfortable situations.

The seminar participants gave a special thanks and recognition to Grace who provided the delicious lunch and refreshments for the seminar.

Westword Editor

SUMMER BBQ EVENT SEEKS YOUR SUPPORT

Intergroup Special Events is looking for groups or individuals who are willing to assist with the costs of this event. Please make all donations through the Calgary Central Service Office with a note designating the contribution is for the Special Events Summer BBQ. *Thanks for your support.* (See event poster on page 5)

Jan K., Special Events Chair

I am responsible

When anyone, anywhere reaches out for help, I want the hand of AA always to be there.

For that, I am responsible

Calgary A.A. Central Office

#2, 4015 1st Street S.E.

Calgary, Alberta – T2G 4X7

Phone: 403-777-1212 Fax: 403-287-6540

Email: centraloffice@telus.net

Office Hours:

Mon. to Thur.: 8:30 am – 1:00 pm, 2:00 pm – 5:00 pm

Fri.: 8:30 am – 5:30 pm, Sat: 9:00 am – 1:00 pm

Closed Sundays and Stat Holiday Weekends

(Closed July 1 and 2 for Canada Day)

(Closed July 30 and Aug. 1 for Heritage Day)

(Closed Sept. 3 and 5 for Labour Day)

In Brief:**Intergroup Sunday Morning Breakfast and Speaker Meeting**

Join us for good food, good fellowship and personal stories of the speaker's journey

at the

DOWNTOWN RAMADA INN

708 – 8th Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

7th Tradition is observed

Contact: Everett W. at 403-836-1933

DOWNTOWN SATURDAY NIGHT SPEAKER MEETING at 8 PM

Nexen (Fortis) Building, North Tower

801 – 7th Avenue SW, Calgary

Back to Basics

Complete the 12 Steps in one Month
Based on Dr. Bob's 1940's rapid method of taking members through the steps

Starting July 3, 2011
at 2:00 pm

4 - 1 hour meetings starting the first Sunday of the month
Encourage newcomers to join and come to assist as a sharing partner.

at New Beginnings: 11625 Elbow Drive SW
(Canyon Meadows Shopping Center, upstairs room 203)

For more information Contact : Margery K. 403-228-0339
Ian M. 403-589-3237

CPC Planning Meeting

The CPC Committee is breaking for the summer and will begin regular meetings again on September 8, 2011. The meeting day has changed to the second Thursday of the month at 7:00 p.m., still located at the Central Service Office

The doctors meeting continues over the summer months so please contact us through Calgary Central Service Office if you would like to attend either the July 13th or August 17th meeting.

On the Horizon:

Excerpts from posters at Calgary Central Office (403-777-1212) of AA groups planned events (doesn't include all planned events)

Local and Area:

Claresholm Family Campout (second annual): June 17, 18, 19, 2011 at Beauvais Lake Provincial Park. Registration starts at 6:00 pm on Friday with a kickoff meeting at 9:00 pm. Limited camp sites so book early. For more information contact Cec H. at 403-625-1556.

Annual Rocky Roundup: June 17, 18, 19, 2011 at the Ferrier Hall, Rocky Mountain House. The cost is \$15 with children under 12 yrs., free.

Stettler 32nd Annual Roundup: July 8, 9, 10, 2011 at the Nevis Community Hall. (13 miles west on Hwy. #12, then follow the signs north to the hall); For more information contact Faye at 403-741-4200 or Gary at 403-742-2966.

Okotoks Monday Night Group 12th Annual Campout: July 15, 16, & 17, 2011 at Hogg Park. Registration is \$5.00 per person or \$10.00 per family and all visitors – day users must register. Camping cost is \$15.00 per night per site. For more information contact Marty at 403-938-2246.

23rd Annual Consort Campout: July 22, 23, 24, 2011 at Gooseberry Lake Provincial Park (8 miles north of Consort o Hwy. 41 and 1 mile east). For more information call 403-577-3082 or 403-577-3613.

Intergroup Summer BBQ: July 23, 2011 at Site #1 Bowness Park from 11:00 am to 3:00 pm. The cost is \$5 per person. Bring your own beverage, lawn chair and a contribution to the pot luck desert table. For more information contact your Intergroup rep. (see ad on page 5)

Front Runners Sober and United Round-up: September 2, 3 and 4, 2011 at the Hillhurst United Church, 1227 Kensington Close NW. The cost is \$25 for registration or \$50 for registration and banquet. For more information contact: sober.and.united@gmail.com or Calgary Central Service Office at 403 777-1212.

District 15 AA Roundup Drumheller: October 1, 2011 at the Church or Nazarene Hall, 627 – 6 Street East, Drumheller. For more information contact Michael at 403-823-6787, Deanna at 403-436-0032 or e-mail area78dist15@gmail.com.

At Large:

Edson and District, 51st Annual AA Round-up and Campout: July 15, 16, 17, 2011. For more information, contact Marie B. 780-712-3713, Gary K. 780-712-5217, or Judy H. 780-723-4094.

Soberider's Freedom in Recovery 23rd Annual Pig Roast: July 29, 30, 31, and Aug. 1, 2011; Elkes Rodeo Ground, 3010 River Road, Keremeos BC. For more information contact Carol W. 604-354-1074, Marilyn 604-755-1929, e-mail carolann.fehr@hotmail.com or <http://soberiderpigroast.net/index.htm>.

District 20's Annual AA Campout Roundup: Aug 12, 13, 14, 2011; Riverdale Mini Park, 20 km. north of Wainwright on hwy. 41. For more information: Robert S. 780-842-6032, Janice B. 780-386-2337, or John S. 780-690-1580.

Medicine Hat & District Round-up: September 9, 10, 11, 2011 at the Medicine Hat Legion, 701 – 1 Street SE, Medicine Hat. For more information contact: Hugh E. at 403-502-5863, Larry L. at 403-527-2725 or Doug Z. at 403-977-0016.

VALUABLE 12 STEP OPPORTUNITIES

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics" – Big Book Pg. 89

BANFF ROUNDUP CHAIR:

We are currently looking for people interested in having their names considered for the 2012 Banff Round-up Chair.

Anyone interested in this service opportunity should contact Harry P., Intergroup Chair, either by mail or phone through the Central Office 403-777-1212 or centraloffice@telus.net.

Persons wishing to be considered for this position **must be available to attend the July 11th Intergroup meeting** when the Chair will be elected.

Thank you Harry P., Intergroup Chair

CALGARY ARCHIVIST: We are currently looking for a person interested in becoming the Calgary Archivist, working with the Calgary Archives Chair and committee to maintain a history of AA in Calgary. Anyone interested in this service opportunity should contact Harry P., the Intergroup Chair either by email or phone through Central Office (403-777-1212 or centraloffice@telus.net).

Thank you Harry P., Intergroup Chair

DAYTIME MONITOR: Calgary Central Service Office needs a daytime monitor for the Wednesday afternoon (1 pm to 5 pm) shift. Monitors should have a minimum of 3 years (5 preferred) sobriety and knowledge of the program; Intergroup and its committees; and the General Service structure in Calgary. Monitors should be prepared to deal with new potential members, mostly on the phone but sometimes in person. A six month commitment would be appreciated.



"They were right... some of us do seem to hold on to our old ideas... Joe here is holding on for dear life!"

New Meetings:

A BETTER WAY GROUP: Sunday at 7:00 pm; open, men's, "As Bill Sees It" discussion; Calgary Dream Centre, 4510 MacLeod Trail SW (back door)

FIRST LIGHT GROUP (MORLEY): Wednesday at 11:00 am; open, step & discussion; Wesley Elders' Lodge, Morley (33 km. west of Cochrane on Highway 1A)

PLAIN LANGUAGE GROUP: Mondays at 7:00 pm; beginner and discussion, **for persons with development disabilities**; 3410 Spruce Drive SW (CSPD Building, upstairs)

HADDON'S "I AM EVE": Sundays, 12:30 pm: closed, **ladies**, discussion format; Room 2001, 200 Haddon Road SW.

Meeting Changes:

THURSDAY NIGHT LADIES (change of format and location): now closed, Women's Big Book at 5010 Spruce Dr. SW (Woodcliff United Church, Willow room, rear door).

BOW TRAIL GROUP (location change): Wednesdays at 8:00 pm, now at St. Michaels Community Catholic Church, 800 – 85 St. SW (formerly at St. Michaels Church, Bow Trail and 45 St. SW)

SUNDRE TOWN AND COUNTRY GROUP (location change starting Sept. 7th): Wednesdays at 8:30 pm now at the Sundre Gospel Centre, 801 – 1 St. NE

BOWMONT GROUP (change of duration and location):, Mondays at 8:00 pm, meeting now 2 hours long; new location at the Bowness Community Centre, 7904 – 43 Street NW

AIRPORT GROUP (time change starting June 1st): meets Wednesdays now at **8:00 pm** (from 8:30 pm) at 210 – 10 Ave. NE (Sharon Lutheran Church side entrance).

SMOG Women's Group: (time correction): meets on Thursdays at **7:30 pm** not am as listed in the March meeting directory.

OKOTOKS RAILWAY GROUP (location change): Thursday at 8:00 pm; now meets at the Okotoks United Church, 43 Riverside Drive (west "food drive" back door).

NEW BEGINNINGS GROUP: Saturday at 8:00 pm; is now a speaker meeting on the first Saturday of the month (was the last Saturday of the month).

Meeting Cancellations:

CANMORE NOON OASIS GROUP (out of town): Thursday at 12:00 noon, at the Scout Hall is **cancelled**.

SMOG (French Speaking): Saturday at 7:30 pm; Kensington Road Church is **cancelled**.

PINCHER CREEK (out of town): Tuesdays at 7:30 pm at the Elk's Hall is **cancelled**.

HANNA (out of town): Mondays and Friday at 7:00 pm in the Hanna Hospital cafeteria are **cancelled**.

HANNA (out of town): Monday 8:00 pm at the Community Services Building is **cancelled**

POUND THE ROCK: Wednesdays at 7:00 pm at the Kensington Church of Hope is now **cancelled**.

BEGINNERS TAKE 12: Monday at 8:00 pm at the Trinity Lutheran Church is now **cancelled**.

STRATHMORE ROUNDUP

(DISTRICT 86)

June 17 - 18, 2011

Strathmore Curling Rink
180 Brent Blvd., Strathmore, Alberta

THEME - THE THREE LEGACIES

Friday	19:00 - 20:00	Registration
	20:00 - 21:15	Speaker - Merlin - Sorrel Riders - Siksika Nation AA
	21:30 - 22:00	Drumming Circle & Dancing
	22:00 - Midnight	Campfire Meeting & Fellowship
Saturday	09:00 - 10:00	Registration - Refreshments (Coffee/Donuts)
	10:30 - 11:00	CALL UP MEETING
	11:00 - 12:00	Speaker - Harry P. (Calgary)
	12:00 - 01:00	LUNCH
	13:10 - 13:55	Speaker - Sally K. (Calgary) - AI/Anon
	14:00 - 14:45	Speaker - TBA - AI/Ateen
	14:45 - 16:00	Speaker - Bill F. (Airdrie)
	16:00 - 17:00	Fellowship/Call Up Meeting
	17:00 - 18:30	BANQUET
	18:45 - 20:00	Walter S. (Alternate Delegate - Edmonton)
	20:00 - 21:00	Countdown / Raffle Draws / 50-50 Draw
22:00 - Midnight	Campfire Meeting & fellowship	

COST - 7TH TRADITION - RAFFLE TABLE ITEMS / DONATIONS ARE WELCOMED

Accommodations:

Camping is available onsite, behind the Curling Rink, **Free of Charge**, with no hook-ups. There is a campground close by with services for a fee. **First Come First Served.**

Hotel Reservations:

Travel Lodge (403) 901-0000
Super 8 Motel (403) 934-1808

Best Western (403) 934-5777
Holiday Inn (403) 934-1134

CONTACTS:

Cec M: (403) 983-9101 / Arnie D: (403) 361-9396 / Jack J: (403) 992-3546

Roundup Supported By District 86 - All Groups & All Members
(Airdrie / Carstairs / Crossfield / Irricana / Siksika / Strathmore)

District 77's Annual
Potluck, Picnic & Barbeque
Saturday, June 25th, 2011



Bowness Park, Site 1
from 11am-3pm

Food contributions & monetary
contributions welcome!

For further information contact:

Jeff F., 403-479-9113

or

Clayton S., 403-690-2529

The 7th Tradition will be observed.

INTERGROUP SUMMER BBQ

July 23, 2011, Bowness Park, Site #1
11:00 AM – 3:00 PM

\$5.00 per person

Tickets can be purchase through your Intergroup
Rep or call Jan K. for tickets (403) 202-7311

**INCLUDES BURGERS, HOT DOGS AND
BAKED BEANS**

*Please Bring Your Own Beverage, Lawn
Chair, and a Contribution to a Dessert
Potluck Table*



If you have a guitar or other musical instrument
please bring it along and share you talents with us.

YAHOO!!!

Please come and join us for an Old Fashion BBQ

Special Events:

*(Events and information are listed here solely as a service to our
readers, not as an endorsement by Calgary Intergroup).*

**24th Annual Ya-But Wrey Reid
Memorial Golf Tournament.**

When: Ya-but Sunday (last Sunday in August)
August 28 2011.

Where: Nanton Golf course.

Cost: \$80.00 (green fees and baron of beef)
Carts \$16.00 extra.

Time/Format: 1:30 pm shot gun start
(teams play best ball format }.

Contacts: Joe H. 403-651-3441 or
Norm N. 403-272-1935

**“The New Look Haddon Road”
Open House**

Saturday, June 25, 2011
1:00 – 5:00 p.m.
200 Haddon Road SW

Fellowship, Food, Music, Door Prizes
Everybody is welcome, bring a Friend

For more information call:
Denis 403-243-1049
Mariam 403-251-3455

HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

February 2011

ABC GROUP:

Don G. – 36 yrs.
Peter L. – 4 yrs.

March 2011

ABC GROUP:

Garry M. – 30 yrs.
Laura H. – 27 yrs.
James D. – 2 yrs.

April 2011

NORTHLANDERS GROUP:

Jenn T. – 5 yrs.

OGDEN GROUP:

Marianne – 17 yrs.
Cheryl H. – 5 yrs.
Bill M. – 13 yrs.
Melissa – 4 yrs.
Aaron T. – 4 yrs.
Cor – 3 yrs.
Denise – 1 yr.

May 2011

FOREST LAWN GROUP:

Chris G. – 9 yrs.
Jackie N. – 30 yrs.
Lou C. – 4 yrs.
Laurie C. – 29 yrs.

May 2011 (cont.)

GLENMORE GROUP:

Tony – 1 yr.
James – 1 yr.
Michele – 2 yrs.
Marla – 3 yrs.
Dave – 5 yrs.
Doug – 5 yrs.
Frank – 6 yrs.
Cindy – 8 yrs.
Mark – 14 yrs.

McKENZIE GROUP:

Dawn T. – 3 yrs.
Spencer S. – 2 yrs.
James C. – 17 yrs.
Karen P. – 2 yrs.
Taylor M. – 3 yrs.
Wayne C. – 29 yrs.

NORTHLANDERS GROUP:

Neil F. – 7 yrs.
Ginny – 1 yr.
Patrick C. – 7 yrs.
Sean B. – 2 yrs.
Trish – 3 yrs.
Heather L. – 3 yrs.
Heath B. – 2 yrs.

NW CALGARY GROUP:

Jason F. – 17 yrs.
Keith O. – 1 yr.
Pierre – 1 yr.

May 2011 (cont.)

OGDEN GROUP:

Roy F. – 19 yrs.
Frank T. – 22 yrs.

SMOG GROUP:

Trevor H. – 9 yrs.
Bernard R. – 9 yrs.
Holly H. – 10 yrs.
Murray M. – 38 yrs.

June 2011

272 GROUP:

Marg – 1 yr.
Paul – 20 yrs.

ABC GROUP:

Jan K. – 2 yrs.

ACTION GROUP:

Scott L. – 9 yrs.
Ryan D. – 1 yr.

AIRPORT GROUP:

Linea – 2 yrs.
Art J. – 12 yrs.

EDGEMONT GROUP:

Brent M. – 13 yrs.
Stan A. – 6 yrs.
Lynda B. – 11 yrs.

SMOG GROUP:

Owen M. – 8 yrs.
Wayne L. – 9 yrs.

June 2011 (cont.)

FOREST LAWN GROUP:

Melissa R. – 2 yrs.
Don H. – 2 yrs.
Heather – 1 yr.

GETTING THERE GROUP:

Gerry A. – 32 yrs.
Nick M. – 6 yrs.
Shane C. – 3 yrs.

MATT GROUP:

Kristen C. – 3 yrs.

MEMORIAL PARK GROUP:

Ted M. – 34 yrs.
Bill P. – 36 yrs.
Werner A. – 19 yrs.

NW CALGARY GROUP:

Marco – 1 yr.

OGDEN GROUP:

Krista Z. – 5 yrs.
Bonnie M. – 5 yrs.
Tony K. – 3 yrs.
Chelsea M. – 2 yrs.

RECOVERY GROUP:

Diana W. – 16 yrs.
Tiro C. – 4 yrs.
Kristen M. – 1 yr.

WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue. Generally the deadline for the next month's edition is the last day of the current month. Remember, Westword isn't distributed until the second Monday of the month (Intergroup Meeting), so if you have an event or notice that applies to the first half of the month, the notice needs to be published even earlier. Any materials received after the deadline will be processed on a "best efforts - space available" basis.

The deadline for submissions for July's edition of The Westword is June 30th.

Please email any notices for the Westword to: westwordeditor@gmail.com or drop notices off at Calgary Central Office.

The Westword is available electronically by e-mail if requested. Please forward your request to the westwordeditor@gmail.com to have your e-mail address added to the distribution list.

Telephone Monitoring

THANK YOU ALL WHO SIGNED UP AS LATE NIGHT MONITORS! IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY, PLEASE CALL:

Abby at: **403-836-8904**

or Central Office at: **403-777-1212**
cgigtelmonitorchair@gmail.com

INTERGROUP CONTACTS

Intergroup Chairperson: cgigchair@gmail.com
Telephone Monitoring Chair: cgigtelmonitorchair@gmail.com
Intergroup Secretary: cgigsecretary@gmail.com
Intergroup Treasurer: cgigtreasurer@gmail.com
Intergroup Special Events: cgigevents@gmail.com
Intergroup Alternate Chair: cgigalterchair@gmail.com
Intergroup Archives Chair: cgigarchives@gmail.com
Public Information Chair: pichair.calgary@gmail.com
Westword Editor: westwordeditor@gmail.com
Calgary Central Office: centraloffice@telus.net