

The Westword

25 Cents

(suggested donation)



Westword is a monthly newsletter published by Calgary Intergroup
(westwordeditor@gmail.com)

Gratitude Round-up – It's a Wrap!

The 2011 edition of the Gratitude Round-up attracted 525 people and earned a raft of praise for excellent speakers and great organization: "not bad for a bunch of drunks" as one AA member observed. We asked some attendees to share with *Westword* the highlights of the event. This is what we heard:

"I absolutely love seeing others that I haven't seen for a while. I was thrilled to hear 3,765 years of sobriety after the countdown and the energy was greater than even a meeting room. I felt the 3 speakers I heard were excellent and the quality was consistent." Sally O.

"I'd go back because I need to hear the truth. There's an 'aha' moment that happens when the tear hits my cheek." James W.

"The final speaker really got my attention when I heard "21 years sober and still ending up in the back of a police car." This reminded me not to get complacent about my daily spiritual fitness. Steps 10, 11 & 12 are there for a reason. Love the gentle reminders from my higher power." Deanna C.

Overall it was smooth sailing for the organizing committee. Chair Kate K. was pleased with the turnout and the quality of the speakers. Her big learning from the event? "Knowing to relax, I was lucky to have had a great committee, great hotel staff and from there it's in God's hands. That is a big learning curve from a Control person, but I'm sure many can relate!"

Andrée E., Westword Contributor

Don't Miss the Bowness Barbeque!

Calgary Intergroup is holding its annual picnic, potluck and barbeque at Bowness Park, Site 1 on Saturday July 23 from 11 am to 3 pm. The event is ideal for families of AA members and includes a singsong around the campfire. Intergroup will be serving a menu of hot dogs, hamburgers and baked beans. Participants are invited to bring a contribution to the dessert table and whatever they'd like to drink. Jan K., one of the Intergroup Reps involved with the event reminds, "Don't forget a lawn chair and musical instrument. We're trying something new this year with the singsong and we're inviting the musicians in our fellowship to help lead it."

Tickets are \$5 and can be purchased through an Intergroup Rep or call Jan K. for tickets (403) 202-7311. Monetary contributions are welcome too, and there will be a 7th Tradition collected. (See ad page 5)

Andrée E., Westword Contributor

I am responsible

When anyone, anywhere reaches out for help, I want the hand of AA always to be there.

For that, I am responsible

Calgary A.A. Central Office

#2, 4015 1st Street S.E.

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Email: centraloffice@telus.net

Office Hours:

Mon. to Thur.: 8:30 am – 1:00 pm, 2:00 pm – 5:00 pm

Fri.: 8:30 am – 5:30 pm, Sat: 9:00 am – 1:00 pm

Closed Sundays and Stat Holiday Weekends

(Closed July 30 and Aug. 1 for Heritage Day)

(Closed Sept. 3 and 5 for Labour Day)

(Closed Oct. 8 and 10 for Thanksgiving)

In Brief:**Intergroup Sunday Morning Breakfast and Speaker Meeting**

Join us for good food, good fellowship and personal stories of the speaker's journey

at the

DOWNTOWN RAMADA INN

708 – 8th Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

7th Tradition is observed

Contact: Everett W. at 403-836-1933

DOWNTOWN SATURDAY NIGHT SPEAKER MEETING at 8 PM

Nexen (Fortis) Building, North Tower

801 – 7th Avenue SW, Calgary

Back to Basics

Complete the 12 Steps in one Month
Based on Dr. Bob's 1940's rapid method of taking members through the steps

Starts First Sunday of each Month
at 2:00 pm

4 - 1 hour meetings

Encourage newcomers to join

We welcome members to assist as a sharing partner.

at New Beginnings: 11625 Elbow Drive SW
(Canyon Meadows Shopping Center, upstairs room 203)

Bring a Big Book

For the most benefit, attend all four meetings

For more information Contact : Margery K. 403-228-0339

Ian M. 403-589-3237

CPC Planning Meeting

The CPC Committee is breaking for the summer and will begin regular meetings again on September 8, 2011. The meeting day has changed to the second Thursday of the month at 7:00 p.m., still located at the Central Service Office

The doctors meeting continues over the summer months so please contact us through Calgary Central Service Office if you would like to attend either the July 13th or August 17th meeting.

On the Horizon:

Excerpts from posters at Calgary Central Office (403-777-1212) of AA groups planned events (doesn't include all planned events)

Local and Area:

Okotoks Monday Night Group 12th Annual Campout: July 15, 16, & 17, 2011 at Hogg Park. Registration is \$5.00 per person or \$10.00 per family and all visitors – day users must register. Camping cost is \$15.00 per night per site. For more information contact Marty at 403-938-2246.

23rd Annual Consort Campout: July 22, 23, 24, 2011 at Gooseberry Lake Provincial Park (8 miles north of Consort on Hwy. 41 and 1 mile east). For more information call 403-577-3082 or 403-577-3613.

Intergroup Summer BBQ: July 23, 2011 at Site #1 Bowness Park from 11:00 am to 3:00 pm. The cost is \$5 per person. Bring your own beverage, lawn chair and a contribution to the pot luck desert table. For more information contact your Intergroup rep. (see ad on page 5)

Front Runners Sober and United Round-up: September 2, 3, and 4, 2011 at the Hillhurst United Church, 1227 Kensington Close NW. The cost is \$25 for registration or \$50 for registration and banquet. For more information contact:

sober.and.united@gmail.com or Calgary Central Service Office at 403 777-1212.

Hope and Unity Roundup: Sept. 9, 10, 11, 2011 at the Irricana Community Hall, Irricana. Cost is \$20. For more information email raymond8@firehose.net. (see ad page 4)

District 15 AA Roundup Drumheller: October 1, 2011 at the Church of Nazarene Hall, 627 – 6 Street East, Drumheller. For more information contact Michael at 403-823-6787, Deanna at 403-436-0032 or e-mail area78dist15@gmail.com.

Calgary Intergroup Archives Annual Pioneer Dinner: October 22, 2011; Dalhousie Community Church, 5511 Baroc Road NW; Cost \$25 for dinner and refreshments. Tickets and more information are available through your Intergroup Rep. or GSR. For tickets only contact Central Office at 403-777-1212 or email aaoffice@telus.net. (See ad on page 5)

10 Annual Journey Weekend Retreat: Nov. 18, 19, and 20, 2011 at Camp Horizon in Bragg Creek. For more information and tickets contact Shelia K. at 403-282-5138, Barry B. at 403-454-1875 or e-mail retreat05aa@yahoo.ca.

At Large:

Crowsnest Pass 24th Annual Campout: July 22, 23 and 24, 2011 at the Island Park Provincial Recreation Area. For more information contact Marilyn or John R. at 403-562-8134 or email Marilyn-john@shaw.ca.

Soberider's Freedom in Recovery 23rd Annual Pig Roast: July 29, 30, 31, and Aug. 1, 2011; Elkes Rodeo Ground, 3010 River Road, Keremeos BC. For more information contact Carol W. 604-354-1074, Marilyn 604-755-1929, e-mail carolann.fehr@hotmail.com or <http://soberiderpigroast.net/index.htm>.

District 20's Annual AA Campout Roundup: Aug 12, 13, 14, 2011; Riverdale Mini Park, 20 km. north of Wainwright on hwy. 41. For more information: Robert S. 780-842-6032, Janice B. 780-386-2337, or John S. 780-690-1580.

District 9 Annual Roundup: August 19, 20, 21, 2011 at Summerset Hall, Barrhead. More information to come.

Medicine Hat & District Round-up: September 9, 10, 11, 2011 at the Medicine Hat Legion, 701 – 1 Street SE, Medicine Hat. For more information contact: Hugh E. at 403-502-5863, Larry L. at 403-527-2725 or Doug Z. at 403-977-0016.

VALUABLE 12 STEP OPPORTUNITIES

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics" – Big Book Pg. 89

CALGARY ARCHIVIST: We are currently looking for a person interested in becoming the Calgary Archivist, working with the Calgary Archives Chair and committee to maintain a history of AA in Calgary. Anyone interested in this service opportunity should contact Harry P., the Intergroup Chair either by email or phone through Central Office (403-777-1212 or centraloffice@telus.net).

Thank you Harry P., Intergroup Chair

DAYTIME MONITOR: Calgary Central Service Office needs a daytime monitor for one afternoon shift (2 pm to 5 pm). Monitors should have a minimum of 3 years (5 preferred) sobriety and knowledge of the program; Intergroup and its committees; and the General Service structure in Calgary. Monitors should be prepared to deal with new potential members, mostly on the phone but sometimes in person. A six month commitment would be appreciated.

If you are interested please contact Calgary Central Office at [403-777-1212](tel:403-777-1212)

Special Events:

(Events and information are listed here solely as a service to our readers, not as an endorsement by Calgary Intergroup).

24th Annual Ya-But Wrey Reid Memorial Golf Tournament.

When: *Ya-but Sunday (last Sunday in August) August 28, 2011.*

Where: Nanton Golf course.

Cost: \$80.00 (green fees and baron of beef) Carts \$16.00 extra.

Time: 1:30 pm

Format: shot gun start
(teams play best ball format).

Contacts: Joe H. 403-651-3441 or
Norm N. 403-272-1935

New Meetings:

SERENITY GROUP: Wednesdays at 7:30 pm; open, discussion; at the Royal Canadian Legion Command, 2020 – 15th Street NW (main door, down stairs)

A BETTER WAY GROUP: Sunday at 7:00 pm; open, men's, "As Bill Sees It" discussion; Calgary Dream Centre, 4510 MacLeod Trail SW (back door)

FIRST LIGHT GROUP (MORLEY): Wednesday at 11:00 am; open, step & discussion; Wesley Elders' Lodge, Morley (33 km. west of Cochrane on Highway 1A)

PLAIN LANGUAGE GROUP: Mondays at 7:00 pm; beginner and discussion, **for persons with development disabilities**; 3410 Spruce Drive SW (CSPD Building, upstairs)

Meeting Changes:

THURSDAY NIGHT LADIES (format correction, new location): Thursdays at 7 pm; closed, step and tradition; now at 5010 Spruce Drive SW (Woodcliff United Church, rear door.) (This meeting format was incorrectly identified as a Big Book Study format last edition).

BOW TRAIL GROUP (location change): Wednesdays at 8:00 pm, now at St. Michaels Community Catholic Church, 800 – 85 St, SW (formerly at St. Michaels Church, Bow Trail and 45 St. SW)

SUNDRE TOWN AND COUNTRY GROUP (location change starting Sept. 7th): Wednesdays at 8:30 pm now at the Sundre Gospel Centre, 801 – 1 St. NE

BOWMONT GROUP (change of duration and location): Mondays at 8:00 pm, meeting now 2 hours long; new location at the Bowness Community Centre, 7904 – 43 Street NW

AIRPORT GROUP (time change starting June 1st): meets Wednesdays now at **8:00 pm** (from 8:30 pm) at 210 – 10 Ave. NE (Sharon Lutheran Church side entrance).

SMOG Women's Group (time correction): meets on Thursdays at **7:30 pm** not am as listed in the March meeting directory.

Meeting Cancellations:

CANMORE NOON OASIS GROUP (out of town): Thursday at 12:00 noon, at the Scout Hall is **cancelled**.

SMOG (French Speaking): Saturday at 7:30 pm; Kensington Road Church is **cancelled**.

PINCHER CREEK (out of town): Tuesdays at 7:30 pm at the Elk's Hall is **cancelled**.

HANNA (out of town): Mondays and Friday at 7:00 pm in the Hanna Hospital cafeteria are **cancelled**.

HANNA (out of town): Monday 8:00 pm at the Community Services Building is **cancelled**

POUND THE ROCK: Wednesdays at 7:00 pm at the Kensington Church of Hope is now **cancelled**.

BEGINNERS TAKE 12: Monday at 8:00 pm at the Trinity Lutheran Church is now **cancelled**.

One-time Meeting Cancellation:

272 GROUP: will not be holding their Friday Night Open Speaker Meeting on July 22, 2011.

Special Thanks

On behalf of the Steering Committee of Calgary Intergroup, I would like to thank The 2011 Calgary Gratitude Roundup Committee for a job well done.

Harry P., Chairman, Calgary Intergroup Committee

Hope and Unity Round-Up

Irricana Community Hall, Irricana Alta.

September 9th, 10th, 2011

Tickets \$20:00 each

Raffle/50-50 Draw/Jam Session/Lunch/Supper

Friday, September 9, 2011

5:00 to 8:00 p.m.	Registration
8:00 to 9:00 p.m.	A.A. Speaker - Brian O. , Water Valley
9:00 to 10:00 p.m.	Jam Session
10:00 p.m.	Camp Fire and Fellowship, weather permitting

Saturday, September 10, 2011

9:00 to 10:00 a.m.	Registration
10:30 to 11:30 a.m.	AL Anon Speaker - Diane G. , Airdrie
12:00 to 1:00 p.m.	Lunch
1:30 to 2:30 p.m.	A.A. Speaker - Lisa D. , Weedon Hall
3:00 to 4:00 p.m.	A.A. Speaker - Ed R. , Airdrie
5:00 to 6:30 p.m.	Supper
6:30 to 7:30 p.m.	Count Down
7:30 to 8:30 p.m.	A.A. Speaker - Jack T. , Cochrane
8:30 to 9:30 p.m.	Raffle and 50-50 Draw

*Sponsored By Groups in District 86 *

Airdrie/Carstairs/Crossfield/Irricana/Sikiska/Strathmore

Camping sites are available by calling - 403-371-7376

For more info or tickets call: Bert G. 403-945-4442, Garry R. 403-947-3456
 Bill F. 403-948-0483, Norm N. 403-272-1935,
 Jack J. 403-992-3546

or E-mail raymond8@efirehose.net

INTERGROUP SUMMER BBQ

July 23, 2011

Bowness Park, Site #1

11:00 AM – 3:00 PM

\$5.00 per person

Tickets can be purchase through your Intergroup Rep. or call Jan K. for tickets (403) 202-7311

INCLUDES BURGERS, HOT DOGS AND BAKED BEANS

Please Bring Your Own Beverage, Lawn Chair, and a Contribution to a Dessert Potluck Table



If you have a guitar or other musical instrument please bring it along and share you talents with us.

YAHOO!!!

Please come and join us for an Old Fashion BBQ

Calgary Intergroup Archives Committee

Annual Pioneers Dinner

October 22nd, 2011

Dalhousie Community Church, 5511 Baroc Road NW

5 pm to 10 pm

Admission \$25

(includes dinner and refreshments)

Tickets must be purchased no later than Saturday, October 15th,

(no tickets will be available after this date or at the door).

Dinner is served at 5:30 pm (late comers may be out of luck)

Speakers: Arlene and Ed W. (Wednesday Nooners) Swift Current;
Catherine W. (Al-Anon); Jack B. (Mindapore Group)

For tickets or additional information please contact your Intergroup or General Service Reps
or for tickets only contact

Central Service Office at 403-277-1212

email aaoffice@telus.net

HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

May 2011

UNITY GROUP:
David M. – 22 yrs.

June 2011**DAILY REFLECTIONS GROUP:**

Ashley F. – 1 yr.
Christie M. – 3 yrs.
Michelle B. – 5 yrs.
Carol W. – 6 yrs.
Jim C. – 15 yrs.

FOREST LAWN GROUP:

Melissa R. – 2 yrs.
Don H. – 2 yrs.
Heather – 1 yr.

McKENZIE TOWN GROUP:

Steve S. – 1 yr.
David C. – 2 yrs.
Gail C. – 13 yrs.
John H. – 24 yrs.

GLENMORE GROUP:

Katie M. – 1 yr.
Carol H. – 1 yr.
David B. – 1 yr.
Janice S. – 2 yrs.
Daren O. – 3 yrs.
Peter H. – 3 yrs.
Mark M. – 17 yrs.
Tom R. – 19 yrs.
Kevin C. – 20 yrs.
John M. – 33 yrs.

June 2011 (cont.)**NEW BEGINNINGS GROUP:**

Kristen M. – 1 yr.
Lisa B. – 1 yr.
Wendy H. – 1 yr.
Reid H. – 3 yrs.
Susan W. – 4 yrs.
Margery K. – 7 yrs.
Tamara F. – 7 yrs.
Cornelia M. – 10 yrs.
Victoria H. – 12 yrs.
Anne H. – 13 yrs.
Jan H. – 22 yrs.
Bernie P. – 22 yrs.
Bob R. – 26 yrs.

NORTHLANDERS GROUP:

Ray M. – 29 yrs.
Garfield A. – 16 yrs.
Marie J. – 32 yrs.
Laz – 2 yrs.
Jerry S. – 2 yrs.

TUESDAY MORNING LADIES GROUP:

Susan M. – 24 yrs.
Eileen G. – 12 yrs.
Gail P. – 7 yrs.

July 2011**272 GROUP:**

Christine M. – 3 yrs.
Kelly – 2 yrs.
Len Q. – 22 yrs.

ACTION GROUP:

Dorothy H. – 36 yrs.
Barb B. – 26 yrs.

July 2011 (cont.)**AIRPORT GROUP:**

Morgan – 14 yrs.
Gordon B. – 22 yrs.
Bev T. – 23 yrs.
Morris B. – 31 yrs.
Ray H. – 34 yrs.

AWAKENINGS GROUP:

Amanda H. – 17 yrs.
Martin W. – 25 yrs.

CROSSROADS GROUP:

Flo J-N. – 43 yrs.
Audry C. – 20 yrs.
Steve M. – 33 yrs.

DALHOUSIE MEN'S GROUP:

Aaron B. – 1 yr.
Daniel S. – 2 yrs.
Keith M. – 19 yrs.
Moe R. – 37 yrs.

EDGEMONT GROUP:

Linda G. – 18 yrs.
Joanne M. – 7 yrs.
Andy D. – 4 yrs.
Chad H. – 3 yrs.

FOREST LAWN GROUP:

Greg G. – 11 yrs.
Dan B. – 6 yrs.
Darren K. – 3 yrs.
Ann S. – 2 yrs.
Martin B. – 1 yr.

July 2011 (cont.)**GETTING THERE GROUP:**

Bill C. – 21 yrs.
Gail A. – 5 yrs.
Jim S. – 1 yr.
Mike P. – 7 yrs.
Tracy S. – 3 yrs.

HIGHLAND PARK GROUP:

Margaret L. – 32 yrs.
Amy M. – 37 yrs.

MALBOROUGH PARK GROUP:

Ashley – 2 yrs.

MAAT GROUP:

Ken R. – 25 yrs.

OGDEN GROUP:

Don C. – 26 yrs.
Jenn S. – 19 yrs.
Al L. – 12 yrs.
Martin C. – 3 yrs.
Ron M. – 2 yrs.
Cyndi E. – 3 yrs.

RECOVERY GROUP:

Tanner M. – 4 yrs.
Brad K. – 3 yrs.
Daryl A. – 1 yr.
Bryan M. – 1 yr.
Randy C. – 1 yr.

THE LINK GROUP:

Lorene S. – 19 yrs.
Norm C. – 14 yrs.
Frank L. – 37 yrs.

WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue. Generally the deadline for the next month's edition is the last day of the current month. Remember, Westword isn't distributed until the second Monday of the month (Intergroup Meeting), so if you have an event or notice that applies to the first half of the month, the notice needs to be published even earlier. Any materials received after the deadline will be processed on a "best efforts - space available" basis.

The deadline for submissions for August's edition of The Westword is July 31st.

Please email any notices for the Westword to: westwordeditor@gmail.com or drop notices off at Calgary Central Office.

The Westword is available electronically by e-mail if requested. Please forward your request to the westwordeditor@gmail.com to have your e-mail address added to the distribution list.

Telephone Monitoring

THANK YOU ALL WHO SIGNED UP AS LATE NIGHT MONITORS! IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY, PLEASE CALL:

Abby at: **403-836-8904**

or Central Office at: **403-777-1212**
cgigtelmonitorchair@gmail.com

INTERGROUP CONTACTS

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