

# The Westword

25 Cents

(suggested donation)



Westword is a monthly newsletter published by Calgary Intergroup  
(westwordeditor@gmail.com)

## Calgary & Southern Alberta Meeting Directory

We recently received feedback at an Intergroup Meeting suggesting some of the information for meetings listed in the Calgary & Southern Alberta Meeting Directory is not completely accurate or is missing. In these cases it appears the meeting location, access, entrance way, special instructions or other information is not accurately represented, resulting in some people not finding the meetings. The accuracy of information in the Meeting Directory is the responsibility of the group and the editors can only print the information they are given. Please review your meeting information in the June 2011 Meeting Directory and if any additions or changes are necessary, provide them to Mathew at Calgary Central Office ([centraloffice@telus.net](mailto:centraloffice@telus.net) or call 403-777-1212).

Thanks in advance!!

## VALUABLE SERVICE OPPORTUNITIES

**CALGARY ARCHIVIST:** We are currently looking for a person interested in becoming the Calgary Archivist, working with the Calgary Archives Chair and committee to maintain a history of AA in Calgary. Anyone interested in this service opportunity should contact Harry P., Intergroup Chair, either by email or phone through Central Office (403-777-1212 or [centraloffice@telus.net](mailto:centraloffice@telus.net)).

**CALGARY ARCHIVES CHAIR:** We are currently looking for person(s) interested in taking over the Calgary Archives Chair position. Anyone interested in this service opportunity should contact Harry P., Intergroup Chair either by email or by phone through Central Office (403-777-1212 or [centraloffice@telus.net](mailto:centraloffice@telus.net)).

## Central Service Office Monitoring

**Some interesting facts on the frequency of calls to the volunteer telephone monitors during the month of June, 2011:**

- The total number of calls taken by our office monitors for June was **313** for a year-to-date total of **1842**. Of these calls, 42 were for the office and **271** were "12 Step" calls, bringing the year-to-date total to **1550**.
- The at-home monitors took **488** "12 Step" calls for June for a year-to-date total of **3025**.

So the total number of calls handled by our diligent monitors was **759** for June for a total of **4,575** for 2011.

*Well done, good and faithful AA servants!!*

*I am responsible*

When anyone, anywhere reaches out for help, I want the hand of AA always to be there.

***For that, I am responsible***

### Calgary A.A. Central Office

#2, 4015 1st Street S.E.

Calgary, Alberta – T2G 4X7

Phone: 403-777-1212 Fax: 403-287-6540

Email: [centraloffice@telus.net](mailto:centraloffice@telus.net)

#### Office Hours:

Mon. to Thur.: 8:30 am – 1:00 pm, 2:00 pm – 5:00 pm

Fri.: 8:30 am – 5:30 pm, Sat: 9:00 am – 1:00 pm

Closed Sundays and Stat Holiday Weekends

(Closed Sept. 3 and 5 for Labour Day)

(Closed Oct. 8 and 10 for Thanksgiving)

**In Brief:****Intergroup Sunday Morning Breakfast and Speaker Meeting**

*Join us for good food, good fellowship and personal stories of the speaker's journey*

at the

**DOWNTOWN RAMADA INN**

708 – 8<sup>th</sup> Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

*7<sup>th</sup> Tradition is observed*

**Contact:** Everett W. at 403-836-1933

**DOWNTOWN SATURDAY NIGHT SPEAKER MEETING at 8 PM**

Nexen (Fortis) Building, North Tower  
801 – 7th Avenue SW, Calgary

**Back to Basics**

Complete the 12 Steps in one Month  
Based on Dr. Bob's 1940's rapid method of taking members through the steps

Starts First Sunday of each Month  
at 2:00 pm

4 - 1 hour meetings

Encourage newcomers to join

We welcome members to assist as a sharing partner.

at New Beginnings: 11625 Elbow Drive SW  
(Canyon Meadows Shopping Center, upstairs room 203)

For more information Contact : Margery K. 403-228-0339  
Ian M. 403-589-3237

**CPC Planning Meeting**

The CPC Committee is breaking for the summer and will begin regular meetings again on September 8, 2011. The meeting day has changed to the second Thursday of the month at 7:00 p.m., still located at the Central Service Office

The doctors meeting continues over the summer months so please contact us through Calgary Central Service Office if you would like to attend the August 17<sup>th</sup> meeting.

**McKenzie Town Group  
10 yr. Anniversary Potluck Dinner**

Saturday September 24<sup>th</sup>, 2011

Potluck dinner starts at 5:00 pm,

Speaker at 6:00 pm

Fellowship to follow

**On the Horizon:**

*Excerpts from posters at Calgary Central Office (403-777-1212) of AA groups planned events (doesn't include all planned events)*

**Local and Area:**

**Front Runners Sober and United Round-up:** September 2, 3, and 4, 2011 at the Hillhurst United Church, 1227 Kensington Close NW. The cost is \$25 for registration or \$50 for registration and banquet. For more information contact: [sober\\_and\\_united@gmail.com](mailto:sober_and_united@gmail.com) or Calgary Central Service Office at 403 777-1212.

**District 15 AA Roundup Drumheller:** October 1, 2011 at the Church or Nazarene Hall, 627 – 6 Street East, Drumheller. For more information contact Michael at 403-823-6787, Deanna at 403-436-0032 or e-mail [area78dist15@gmail.com](mailto:area78dist15@gmail.com).

**10 Annual Journey Weekend Retreat:** Nov. 18, 19, and 20, 2011 at Camp Horizon in Bragg Creek. For more information and tickets contact Shelia K. at 403-282-5138, Barry B. at 403-454-1875 or e-mail [retreat05aa@yahoo.ca](mailto:retreat05aa@yahoo.ca).

**At Large:**

**District 20's Annual AA Campout Roundup:** Aug 12, 13, 14, 2011; Riverdale Mini Park, 20 km. north of Wainwright on hwy. 41. For more information: Robert S. 780-842-6032, Janice B. 780-386-2337, or John S. 780-690-1580.

**District 9 Annual Roundup:** August 19, 20, 21, 2011 at Summerdale Hall, 5 mi. west of Barrhead. More information contact Jim M. at 780-966-6026 or Marion Z. at 780-307-2717.

**Medicine Hat & District Round-up:** September 9, 10, 11, 2011 at the Medicine Hat Legion, 701 – 1 Street SE, Medicine Hat. For more information contact: Hugh E. at 403-502-5863, Larry L. at 403-527-2725 or Doug Z. at 403-977-0016.

**Special Events:**

*(Events and information are listed here solely as a service to our readers, not as an endorsement by Calgary Intergroup).*

**YA-BUT 2011****Texas Scramble Golf Tournament**

(Wray Reid Memorial)

**1:30 SHOTGUN**

**Sunday Aug. 28th 2011**

NANTON GOLF CLUB

ENTRY FEE \$80.00 INCLUDES;

**Green Fees ; Baron O' Beef ; Prizes**

To register contact;

**Norm Nelson; 272-1935 (dr.golf@shaw.ca)**

**Joe Harley; 256-3871**

Cheques payable to "YABUT GOLF"

**IF I WAS GOD,**

I would repave the road of life. There would be no more bumps, potholes, sharp turns, hills, dead ends. There would be no more roads that go nowhere or roads that take us to places we don't want to go to. Roads that make us question ourselves why we chose this road. There would be no more roads without signs to warn us, or tell us we need to change course and slow down. Signs that tell us that we are on the wrong road of life.

I am not GOD. So I must travel the road of life he has given me and not change course when I think the other route is better. He has a planned route for me in life and I must stay on it. I must pay attention to the signs and not ignore them or turn around when I don't think they are meant for me. And when the road gets rough, then I must have faith and trust that we will get through together. I must pray for my friends and family when their road of life becomes hard and looks impassable.

No matter the outcome of our journey I must have FAITH and TRUST that GOD will guide us through on the best road. And when my road gets rough I must ask the people around me for support just as I must support them on their journey.

I am with you my FRIEND and so is God.

By someone who is not GOD and never will be.

*Contributed by Garry R.*

**Calgary CSO Birthday Contributions**

In 2010, Central Service Office began accepting Birthday Contributions from individual members to celebrate their length of sobriety. Contributions range from a penny a day to a dollar a year.

**2010 Contributors:**

Chris HD.	Lisa L.
Mathew M.	Ashley
Angie G.	Maryan McC.
Jesse F.	Sharon S.

**2011 Contributors:**

As of June 30, 2011:

Garry Y. – 2 yrs.	Jessie F. – 3 yrs.
Chris HD. – 5 yrs.	Katie M. – 1 yr.
Tanya S. – 4 yrs.	

**New Beginnings Group  
After Summer Fellowship**

*New Beginnings is having an afternoon party at the New Beginnings AA Room*

*Come and have fellowship and a good time!!*

When: Monday, September 5<sup>th</sup>, 2011  
 Where: Room 203  
 11625 Elbow Drive SW  
 Canyon Meadows Shopping Center  
 Time: Starting at 1:30 pm to 4:00 pm

**Please bring finger foods or snacks**

**Please bring instruments for some entertainment**

For more information call: Nancy 403-225-1344

**New Meetings:**

**SERENITY GROUP:** Wednesdays at 7:30 pm; open, discussion; at the Royal Canadian Legion Command, 2020 – 15<sup>th</sup> Street NW (main door, down stairs)

**A BETTER WAY GROUP:** Sunday at 7:00 pm; open, men's, "As Bill Sees It" discussion; Calgary Dream Centre , 4510 MacLeod Trail SW (back door)

**FIRST LIGHT GROUP (MORLEY):** Wednesday at 11:00 am; open, step & discussion; Wesley Elders' Lodge, Morley (33 km. west of Cochrane on Highway 1A)

**PLAIN LANGUAGE GROUP:** Mondays at 7:00 pm; closed, beginner and discussion, **for persons with development disabilities;** 3410 Spruce Drive SW (CSPD Building, upstairs)

**Meeting Changes:**

**UNIDOS (new start time):** Saturday now at 7:00 pm (changed from 5); Spanish speaking; 204 – 6A St. NE (St. John's Lutheran Church).

**BOWDEN SUNDAY NIGHT (change of format):** Sunday at 7:30 pm; now open; Lions Hall.

**THURSDAY NIGHT LADIES (format correction, new location):** Thursdays at 7 pm; closed, step and tradition; now at 5010 Spruce Drive SW (Woodcliff United Church, rear door.) (This meeting format was incorrectly identified as a Big Book Study format last edition).

**BOW TRAIL GROUP (location change):** Wednesdays at 8:00 pm, now at St. Michaels Community Catholic Church, 800 – 85 St. SW (formerly at St. Michaels Church, Bow Trail and 45 St. SW)

**SUNDRE TOWN AND COUNTRY GROUP (location change starting Sept. 7th):** Wednesdays at 8:30 pm now at the Sundre Gospel Centre, 801 – 1 St. NE.

**BOWMONT GROUP (change of duration and location):**, Mondays at 8:00 pm, meeting now 2 hours long; new location at the Bowness Community Centre, 7904 – 43 Street NW.

**AIRPORT GROUP (time change starting June 1<sup>st</sup>):** meets Wednesdays now at **8:00 pm** (from 8:30 pm) at 210 – 10 Ave. NE (Sharon Lutheran Church side entrance).

**Meeting Cancellations:**

**UNIDOS GROUP:** Wednesday and Thursday meetings only **are cancelled.** Other group meetings (Fri., Sat. and Sun.) are still active.

**CANMORE NOON OASIS GROUP (out of town):** Thursday at 12:00 noon, at the Scout Hall is **cancelled.**

**SMOG (French Speaking):** Saturday at 7:30 pm; Kensington Road Church is **cancelled.**

**PINCHER CREEK (out of town):** Tuesdays at 7:30 pm at the Elk's Hall is **cancelled.**

**HANNA (out of town):** Mondays and Friday at 7:00 pm in the Hanna Hospital cafeteria are **cancelled.**

**HANNA (out of town):** Monday 8:00 pm at the Community Services Building is **cancelled.**

**POUND THE ROCK:** Wednesdays at 7:00 pm at the Kensington Church of Hope is now **cancelled.**

**BEGINNERS TAKE 12:** Monday at 8:00 pm at the Trinity Lutheran Church is now **cancelled.**

**Meeting Directory Correction:**

**SHIPWRECK AT SUNSET GROUP (location correction):** meet Fridays at 9:00 pm; 126 – **10 Street** NW (not 10 Ave, NW as indicated in the June 2011 Meeting Directory).

**PLAIN LANGUAGE GROUP (location correction):** meet Monday at 7:00 pm; at **3410 Spruce Dr. (CSPD Bldg., upstairs)** not COPD bldg. at 3210 Spruce Dr. SW as indicated in the June 2011 Meeting Directory.

**SMOG WOMEN'S GROUP (time correction):** meets on Thursdays at **7:30 pm** not am as listed in the March 2011 Meeting Directory.

# Hope and Unity Round-Up

Irricana Community Hall, Irricana Alta.

September 9<sup>th</sup>, 10<sup>th</sup>, 2011

Tickets \$20:00 each

Raffle/50-50 Draw/Jam Session/Lunch/Supper

## Friday, September 9, 2011

5:00 to 8:00 p.m.	Registration
8:00 to 9:00 p.m.	A.A. Speaker - <b>Brian O.</b> , Water Valley
9:00 to 10:00 p.m.	Jam Session
10:00 p.m.	Camp Fire and Fellowship, weather permitting

## Saturday, September 10, 2011

9:00 to 10:00 a.m.	Registration
10:30 to 11:30 a.m.	AL Anon Speaker - <b>Diane G.</b> , Airdrie
12:00 to 1:00 p.m.	Lunch
1:30 to 2:30 p.m.	A.A. Speaker - <b>Lisa D.</b> , Weedon Hall
3:00 to 4:00 p.m.	A.A. Speaker - <b>Ed R.</b> , Airdrie
5:00 to 6:30 p.m.	Supper
6:30 to 7:30 p.m.	Count Down
7:30 to 8:30 p.m.	A.A. Speaker - <b>Jack T.</b> , Cochrane
8:30 to 9:30 p.m.	Raffle and 50-50 Draw

### \*Sponsored By Groups in District 86 \*

Airdrie/Carstairs/Crossfield/Irricana/Sikiska/Strathmore

Camping sites are available by calling - 403-371-7376

**For more info or tickets call:** Bert G. 403-945-4442, Garry R. 403-947-3456, Bill F. 403-948-0483,  
Norm N. 403-272-1935, or Jack J. 403-992-3546

or E-mail [raymond8@efirehose.net](mailto:raymond8@efirehose.net)

## District 86 – 6<sup>th</sup> Annual Pig Roast

August 12<sup>th</sup>, 13<sup>th</sup>, & 14<sup>th</sup>, 2011

7<sup>th</sup> Tradition

"We are self-supporting through our own contributions."

### "A weekend of Fellowship & Friendship"

Located approximately 4 km. outside of Airdrie (see posters or call for directions)

Menu: Roast (Piglet) Pork, Corn/Potatoes, Potluck      Onsite Camping Available (Fri. & Sat. night, No Hookups)

**Children and Pets welcome, (bring your own chairs)**

Friday Evening – Fire & Fellowship

Saturday – Fellowship & Games

Saturday Evening – Campfire Meeting

Sunday Morning – Pancakes & More Fellowship

**For more information: Doug 403-923-8689 or Jack 403-992-3546**



Calgary Intergroup Archives Committee  
*Annual Pioneers Dinner*

October 22nd, 2011  
Dalhousie Community Church  
5511 Baroc Road N.W.  
From: 5pm-10pm  
Admission is \$25

(Includes dinner and refreshments)

**Tickets Must Be Purchased No Later Than  
Saturday, October 15th.**

Dinner served @ 5:30pm

**SPEAKERS:**

- 1) Arlene & Ed. W. (Wednesday Nooners) Swift Current.
- 2) Catherine W. (Al-Anon)
- 3) Jack B. (Midnapore Group)

**FOR TICKETS CONTACT: CENTRAL SERVICE OFFICE:  
(403)777-1212 OR AT [aaoffice@telusplanet.net](mailto:aaoffice@telusplanet.net)**

**TICKETS MAY ALSO BE PURCHASED THROUGH YOUR  
INTERGROUP REP. OR YOUR GSR.**

# HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

## June 2011

**BOW BOTTOM TRAIL GROUP:**  
Brian L. – 5 yrs.

## July 2011

**DAILY REFLECTIONS GROUP:**  
Ben G. – 1 yr.  
Len G. – 3 yrs.  
Bev B. – 4 yrs.  
Doug B. – 5 yrs.  
Chuck Q. – 29 yrs.

## **FOREST LAWN GROUP:**

Greg G. – 11 yrs.  
Dan B. – 6 yrs.  
Darren K. – 3 yrs.  
Ann S. – 2 yrs.  
Martin B. – 1 yr.

## **GLENMORE GROUP:**

Alan P. – 1 yr.  
Ed – 1 yr.  
Janice S. – 2 yrs.  
Stephanie – 3 yrs.  
Diana S. – 3 yrs.  
Lynn Mc. – 6 yrs.  
Treena M. – 8 yrs.  
Joe C. – 16 yrs.

## July 2011 (cont.)

**BOW BOTTOM TRAIL GROUP:**  
Trent F. – 12 yrs.  
Rob R. – 10 yrs.

## **McKENZIE TOWN GROUP:**

Karen P. – 2 yrs.  
Michelle C. – 1 yr.

## **NEW BEGINNINGS GROUP:**

Kate B. – 1 yr.  
Kristel S. – 1 yr.  
Tina M. – 1 yr.  
Alana D. – 2 yrs.  
Anne S. – 2 yrs.  
Danielle P. – 2 yrs.  
Lori B. – 4 yrs.  
Tom L. – 12 yrs.  
Joan S. – 18 yrs.  
Al S. – 21 yrs.  
Debbie K. – 29 yrs.

## August 2011

### **272 GROUP:**

Gary L. – 21 yrs.

### **AWAKENINGS GROUP:**

Bob J. – 24 yrs.  
Doug S. – 23 yrs.  
Rob P. – 24 yrs.

## August 2011 (cont.)

**ACTION GROUP:**  
Ruth D. – 16 yrs.

**BOW BOTTOM TRAIL GROUP:**  
Eric M. – 14 yrs.

**CROSSROADS GROUP:**  
Bonita N. – 29 yrs.

**DALHOUSIE MEN'S GROUP:**  
Clayton S. – 1 yr.  
Blaine A. – 8 yrs.

**EDGEMONT GROUP:**  
Monica B. – 16 yrs.

## **HADDON ROAD GROUP:**

Jordy K. – 13 yrs.  
Greg S. – 9 yrs.  
Brandon M. – 6 yrs.  
Jean B. – 5 yrs.  
Angela R. – 2 yrs.  
Jim W. – 1 yr.  
Krista K. – 2 yrs.  
Steve P. – 2 yrs.  
Elias Antonio R. – 2 yrs.  
Wesley F. – 1 yr.

## **HIGHLAND PARK GROUP:**

Orland W. – 25 yrs.  
Grant F. – 1 yr.

## August 2011 (cont.)

**INGLEWOOD GROUP:**  
Rindy Y. – 27 yrs.  
Francis Y. – 28 yrs.

**MALBOROUGH PARK GROUP:**  
Jeannie C. – 5 yrs.  
Ray I. – 24 yrs.

**MAAT GROUP:**  
Marshall D. – 29 yrs.

## **RECOVERY GROUP:**

Tom E. – 35 yrs.  
Mo B. – 17 yrs.  
Phil L. – 10 yrs.  
Darryl P. – 8 yrs.  
Orlando – 2 yrs.  
Paul J. – 1 yr.  
Willem T. – 1 yr.  
Robert P. – 1 yr.  
Terri S. – 1 yr.  
James S. – 1 yr.  
Chad M. – 1 yr.  
Oliver B. – 1 yr.

**THE LINK GROUP:**  
Wendell M. – 19 yrs.

## A message from the family of Julien Booth (Julien passed June 22, 2011)

We the family of Julien, would like to send out our sincere thanks to all those who attended his funeral and who knew him. Julien would say keep coming back because it works and would want you to know he is with his Higher Power now; continuing to help those that have hit their bottom and are ready to climb back up to find their sobriety.

*We thank you all for being there for him throughout his life.  
Leona and family*

## WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue. Generally the deadline for the next month's edition is the last day of the current month.

**The deadline for submissions for September's edition of The Westword is August 31st.**

Please email any notices for the Westword to: [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com) or drop notices off at Calgary Central Office.

**The Westword is available electronically by e-mail if requested. Please forward your request to the [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com) to have your e-mail address added to the distribution list.**

## Telephone Monitoring

THANK YOU ALL WHO SIGNED UP AS LATE NIGHT MONITORS! IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY, PLEASE CALL:

Abby at: **403-836-8904**

or Central Office at: **403-777-1212**  
[cgigtelmonitorchair@gmail.com](mailto:cgigtelmonitorchair@gmail.com)

## INTERGROUP CONTACTS

Intergroup Chairperson: [cgigchair@gmail.com](mailto:cgigchair@gmail.com)  
Telephone Monitoring Chair: [cgigtelmonitorchair@gmail.com](mailto:cgigtelmonitorchair@gmail.com)  
Intergroup Secretary: [cgigsecretary@gmail.com](mailto:cgigsecretary@gmail.com)  
Intergroup Treasurer: [cgigtreasurer@gmail.com](mailto:cgigtreasurer@gmail.com)  
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