

The Westword

Westword is a monthly newsletter published by Calgary Intergroup
(westwordeditor@gmail.com)

25 Cents
(suggested donation)



INTERGROUP ELECTIONS NOVEMBER 12, 2012

The annual Elections for the chair positions on the Calgary Intergroup body will be held at the Intergroup Meeting November 12, 2012.

Calgary Intergroup is the main body representing all AA groups in Calgary and area, and is responsible for the operation and services provided by the Central Service Office in Calgary. Individual AA home groups name a representative to Intergroup and the collective Calgary Intergroup elects individuals to serve as chairpersons in various areas of responsibility

The Intergroup Chairperson and It is those positions that will be elected at the November meeting.

Currently all intergroup chair positions are elected for a one year term. The chair and vice chair must rotate after one year. All other chair positions can be re-elected for a second one year term.

The following positions will be elected on November 12, 2012

Chair: Responsible for ensuring Business operations of Central office are carried accurately the financial obligations of Central Office and Intergroup are satisfied. Chair Is responsible for chairing the Steering Committee and Intergroup Body meetings.

Vice Chair: carrying out duties of Chairperson, if absent; Prepared to become chairperson at conclusion of current Chairperson Term; May coordinate Intergroup Worship as required

Treasurer: Ensures accurate records are kept; ensures financial guidelines are followed. Oversee preparation of monthly financial statements for review.

Secretary: Recording minutes of all regular and special meetings of the Steering committee and Intergroup body

Monitoring Chair: Responsible for arranging for groups to monitor phone lines, maintain the 12 Step list; assemble and distribute monitoring packages; assist monitors if necessary

Public Information: Responsible to contact people or groups inquiring to determine specific information requested i.e.: speakers, type of audience etc. Maintain an up to date list of speakers at schools etc. Co-operate with Intergroup Chairperson on matters relating to PI and CPC.

Sunday Morning Breakfast: Maintain a list and ensure an AA group hosts the Sunday Morning Breakfast. Collect money for meals, 7th Tradition and ensure financial obligations are met. Keep accurate record of attendance and finances and report to Steering Committee monthly.

Westword Editor: Responsible for producing the monthly Intergroup Newsletter using guidelines approved at the Intergroup meeting. Assembles all information submitted for printing, verifying information as needed. Announces any special insert information at monthly Steering Committee and Intergroup Body meetings.

Liaison to CGSC: Attends all Calgary General Service Committee meetings (last Monday of each month at St. Marks) as the Intergroup Body representative. Reports on the activities and function of the CGSC at Steering Committee and Intergroup Body meetings.

Archives: Establishes and Advisory committee particularly relevant to all historical data, records and artifacts received. Has Calgary and Area archives display available at Calgary Central Office and for local activities: Roundups etc.

I am responsible

When anyone, anywhere reaches out for help,

I want the hand of AA always to be there.

For that, I am responsible

Calgary A.A. Central Office

#2, 4015 1st Street S.E.

Calgary, Alberta – T2G 4X7

Phone: 403-777-1212 Fax: 403-287-6540

Email: centraloffice@telus.net

Office Hours:

Mon. to Thur.: 8:30 am – 1:00 pm, 2:00 pm – 5:00 pm

Fri.: 8:30 am – 5:30 pm, Sat: 9:00 am – 1:00 pm

Closed Sundays and Stat Holiday Weekends

(Closed Sat Oct 6 and Mon Oct 8 for Labour Day)

Calgary Intergroup Archives Committee Annual Pioneers Dinner and Speaker Meeting



Date: Saturday, October 20th, 2012
Location: Dalhousie Community Church, 5511 Baroc Rd NW
Time: 5pm -10pm
Cost: \$25.00 includes dinner and refreshments

Speakers

AA

Maggie N - Southlanders Pancake Group

Brian O'F - Cremona Group

Al-Anon

Hélène F

Ticket Sales or for further information contact:

Central Office Phone 403- 777-1212 or

Email centraloffice@telus.net

Payments accepted with cash, cheque, interac, mastercard or visa
 Tickets may also be available through your Intergroup Rep, GSR or DCM

Please Note

Tickets must be purchased by **October 15th 2012**

There will be no tickets available at the door



**CALGARY INTERGROUP
 ANNUAL CHRISTMAS POTLUCK DINNER
 SATURDAY DECEMBER 8, 2012
 11 AM-3 PM**

*****New location*****

**Scarboro United Church, 134 Scarboro Avenue SW,
 Calgary AB**

**Contact Special Events Chair Bruce with your food or dessert items
 403-815-9588 or email bbbatten4@e.com**

**Group Financial Support for this event can be made at
 Central Office 403-777-1212**

In Brief

**Intergroup Sunday Morning
Breakfast and Speaker Meeting**

*Join us for good food, good fellowship and personal
stories of the speaker's journey*

at the

DOWNTOWN RAMADA INN

708 – 8th Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

7th Tradition is observed

Contact: Jim H email: cgigbrkfst@gmail.com

The Saturday Night NE Group

2523 56 Street NE

Speaker Meeting the 2nd Saturday of each month.



**CRITICAL SERVICE
OPPORTUNITY**

**MONITORS REQUIRED AT CENTRAL
OFFICE**

Fri & Sat AM (9 am thru 1 pm) and
Wed & Thurs PM (2 pm thru 5 pm)

These commitments are at Central Office
except Statutory holiday weekends when the office is
closed and Saturday AM is covered by regular group
monitoring.

Primary duties are answering the 12 Step phone line.
This ensures, for security, that 2 people are at Central
office whenever it is open.

Contact Don E Monitoring Chair @
cgigtelmonitorchair@gmail.com

On the Horizon

*Excerpts from posters at Calgary Central Office
(403-777-1212) of AA groups of SOME planned events
Call for additional details or come in to see more events*

Local and Area:

November 2012

1st Annual DISTRICT 77 AA Roundup, November 2012
"A New Freedom", Saturday Nov.17 (see poster p. 6

December 2012

**WHITESHEEP 16th ANNUAL Christmas Eve Breakfast
New Location Deerfoot Inn & Casino**

8:00-11:00 AM Tickets \$25.00, Available @ Central
Office. Information Gerry M PH403-874-6442

New Years Eve Bash, December 31/12, Further
information in November Westword, Contact Marron R
403-225-1344 or Maryan Mc 403-279-1706 for more info



**CURRENT MEETING LISTS AVAILABLE
JULY 2012**

Check it out online www.calgaryaa.org/

New Meetings

Current in JULY 2012 Lists

Meeting Cancellations

Out-of-Town, Morley First Light Group is cancelled

Meeting Changes

DALHOUSIE MENS NW Thursday will now be a Big Book
Discussion Meeting except last Thursday of the month
NORTHLANDERS GROUP NW (birthday meeting change)
Birthday meeting is now held on the last Monday of the month
(formerly on the first Monday)

SHIPWRECK AT SUNSET, CENTRAL, Fridays now 9:30 on Main
Floor

WESTEND STEP & TRADITION now meeting @ Foothills United
Church, 3803 69 ST NW, Use single door labeled "food bank" on
south side. Time remains 8:00 pm Saturday

WHITESHEEP MEN'S MEETING. (C) THURS 8 pm, SW, MOVED
now at Woodgreen Presbyterian Church, 12777 CANDLE CRESC SW
(corner of Canyon Meadows Drive and Elbow Drive) enter Main
Entrance to Kids Worship Room

HADDON ROAD SPECIAL EVENTS CELEBRATING RECOVERY

Wednesday October 31, 7pm Panel Presentation

"And Now a Word from Alanon"

Panel Jane H./Akiko H./ Dot F.

Moderator Chris H.

For Information Call: Denis G. 403-243-1049 or Harry P. 403-284-1166

200 Haddon Rd. (Upstairs)

VALUABLE 12 STEP OPPORTUNITIES

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics

Public Information Committee

The **Public Information Committee** is looking for support from the Calgary Area Groups for their activities to carry the word to those who still suffer. **The PI committee meets at Central Office the last Wednesday of every month at 7 pm.**

Some of the Public Information activities include:

- Preparing and/or distributing packages of pamphlets to doctors’ offices, local social agencies and interest groups.
- Hosting booths at semi-annual Homeless Connect and other events in the City.
- Planning PI media placements (e.g. Transit Posters).
- Explore additional PI strategies and activities.

Many hands lighten the load so if each group could supply a representative to this committee, it would be appreciated.

If you’re interested in this service opportunity please come and join us at a PI meeting.

CPC Planning Meeting

The CPC monthly meeting is held on the second Thursday of each month at 7:30 PM at Central Office. So please mark your dance card for that evening!

We are expanding and do need help from people who are interested in helping the professional help us.

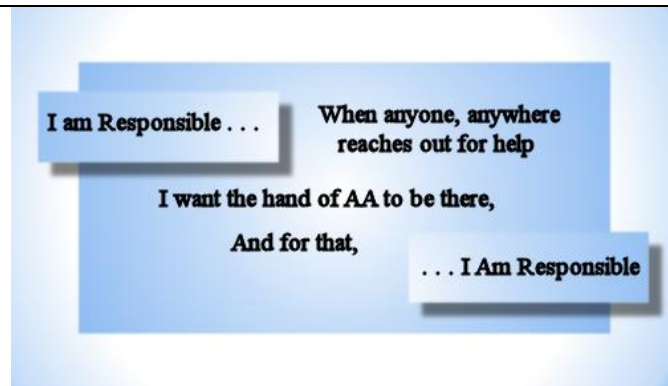
We are currently influencing young Doctors and Nurses at both Universities and will soon be doing presentations for the Social Work faculties.

We do lots of other fun stuff too!

This format for presentations is for professionals and is different than telling our stories for Public Information. So if you’re interested please come check us out!

Thanks for your service in AA - together we can do so much!

In Service, Karen Cookson Acting CPC Chair – Calgary



LET\$ TALK ABOUT MONEY



FELLOW\$HIP WORK\$HOP

Who: Enthusiastic Members of Alcoholics Anonymous

What: Discussion and Brainstorming Session
Where CENTRAL OFFICE

When: Sat November 10, 2012, 1:30PM – 3 PM

Why: To ensure we can continue to Carry the Message to the suffering alcoholic inside and outside the rooms of AA

Bring: Enthusiasm (from Greek “ having the god within”), Creative Ideas, LIVING STEPS for Problem Solving, No Hard Feelings

****Though money is necessary, more important are the spiritual benefits we receive when we take responsibility for “prudence in all our affairs”**

—prudence in thought, prudence in action—

Whitesheep AA Men’s Group Hosts 16th Annual Christmas Eve Breakfast

**Monday December 24th
at the NEW LOCATION
Deerfoot Inn & Casino**

11500 35th Street SE Deerfoot Trail @ Barlow Trail S

8:00 – 11: AM

Doors Open at 7:30 am

**Breakfast starts at 8:30 – Open Mike Sharing at 9:30
Family and friends Welcome**

Tickets \$24.00 each –

Available @ AA Central Office 403-777-1212

For Information Contact Gerry Melsted at 43-874-6441 or email gmelsted@comtruck.ca



HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

JULY 2012
NW CALGARY GROUP

Richard M 2 yrs

AUGUST 2012
NEW BEGINNINGS

Lise W 12 yrs
Mary Ann 17 yrs

NW CALGARY GROUP

Dwyla F 2 yrs
Lisa D 4 yrs
Cari 10 yrs
Roger D 25 yrs

SEPTEMBER 2012
AWAKENINGS
(correction)

Elizabeth L 11 yrs

DAILY REFLECTIONS

Clay H 1 yr
Jessie 1 yr
John W 1 yr
Magda 1 yr
Shannon M 1 yr
Al D 3 yrs
Joe M 4 yrs
Nevin T 24 yrs

FOREST LAWN

Maurice L 2 yrs
Norm N 36 yrs

SEPTEMBER 2012
GLENMORE

Joe M 4 yrs
Doug 4 yrs
Elizabeth 11 yrs
Slow Jim 16 yrs
Duff 18 yrs
Bill G 21 yrs
John H 23 yrs
Fred B 30 yrs
Shirley 32 yrs

HADDON ROAD

Bill T 5 yrs

NEW BEGINNINGS

Karen M 1 yr
Devin F 2 yrs
Lise B 6 yrs
Ann C 7 yrs
Paul A 8 yrs
J C 8 yrs
Lisa L 9 yrs
Hubert 14 yrs
Marron R 15 yrs
Bev S 24 yrs
John W 24 yrs

NW CALGARY GROUP

Colin P 1 yr
Paul B 1 yr
Mathew P 2 yrs
Jamie W 3 yrs

SEPTEMBER 2012
OPEN DOOR

Albert D 13 yrs
Rob 1 yr

WEST END
STEP AND TRADITION

Gary 7 yrs
Sheila A 11 yrs

OCTOBER 2012
ACTION GROUP

Brian R 1 yr
Matt S 1 yr
Dave P 2 yrs
Thomas McF 3 yrs
Al D 3 yrs
Rosanne M 18 yrs

AIRDRIE

BACK FROM HELL

Ben S 4 yrs
Shandi B 5 yrs

AWAKENINGS

Katrina 14 yrs

DALHOUSIE MENS

ChrisD 2 yrs
Ronald B 4 yrs

FOREST LAWN

Shane W 1 yr
Stephanie M 1 yr
Chad L 3 yrs
Nicole C 6 yrs
Greg G 22 yrs
Al F 27 yrs

OCTOBER 2012
DESPERATION

Brett S 3 yrs

HADDON ROAD

Kelly B 1 yr
Steve G 1 yr
TJ P 1 yr
Christina W 2 yrs
Lee G 2 yrs
Terry V 2 yrs
Walter W 2 yrs
Jackie N 3 yrs
Mariam K 6 yrs
Daniel E 33 yrs

HARMONY GROUP

Judy 2 yrs

MONDAY NIGHT
5TH CHAPTER

Susan L 1 yr
Conrad 1 yr
Candace C 17 yrs

OPEN DOOR

Andy D 1 yr

OGDEN

Dixie C 1 yr
Trish L 2 yrs
Kris M 4 yrs
Chuck C 6 yrs
Glen W 6 yrs
Charlie H 9 yrs

OCTOBER 2012
RECOVERY

Julie C 4 yrs
Waylon Y 10 yrs
Lavonne D 20 yrs
Lynn S 28 yrs

THE LINK

Sheila S 5 yrs
Susan R 10 yrs
Bob L 20 yrs

TUES AM LADIES

Irene B 39 yrs

NOVEMBER 2012
ACTION

Dave R 3 yrs

AWAKENINGS

Lee H 5 yrs
Bev H 8 yrs

THE LINK

Carolyn D 20 yrs

Any errors or omission will be corrected in November. Thanks for your patience



IN MEMORIUM
Patrick MacFarlane
June 22, 1975-October 6, 2012
Services Thursday October 11, 2012, 2 pm
Edenbrook Funeral Home, 24223 Township Road 242 Calgary, AB T3Z 3K2
(403) 217-3700

**FIRST ANNUAL
DISTRICT 77 ROUND UP
“A NEW FREEDOM”
SATURDAY, NOV. 17, 2012**

**FOOTHILLS ALLIANCE CHURCH
333 EDGE PARK BLVD NW CALGARY**

AA SPEAKER – 10–11:30 – Linda S. – Ventura, California

LUNCH 12–1

ALANON SPEAKER 1–2:30 – Diane M. – Calgary, AB

CALL UP MEETING 3–4:30 – LOCAL SPEAKERS

DINNER 5–6

BANQUET SPEAKER 7–8:30 John G. – Los Angeles, California

**REGISTRATION, SPEAKERS, LUNCH
AND BANQUET - \$35
SPEAKERS AND REGISTRATION only - \$15**

Contact for more Information:

Anima K. – 403 283-1282

Brent M. – 403 605 2180

Jim C. — 403 288 6883

WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue. Generally, the deadline for the next month's edition is the last day of the current month.

The deadline for submissions for the November edition of The Westword is Wednesday OCT 31, 2012.

Please email any notices for the Westword to: westwordeditor@gmail.com or drop notices off at Calgary Central Office.

The Westword is available electronically by e-mail if requested. Please forward your request to the westwordeditor@gmail.com to have your e-mail address added to the distribution list

12th Step Late Night Monitoring

THANK YOU ALL WHO HAVE SIGNED UP AS LATE NIGHT
MONITORS (11pm-9am)
AND MORE ARE REQUIRED

IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY
PLEASE EMAIL

The Monitoring Chairperson at cgigtelmonitorchair@gmail.com
or CALL Central Office at: **403-777-1212**

INTERGROUP CONTACTS

Intergroup Chairperson:	cgigchair@gmail.com
Telephone Monitoring Chair:	cgigtelmonitorchair@gmail.com
12 Step List Chair	cgig12steplist@gmail.com
Intergroup Secretary:	cgigsecretary@gmail.com
Intergroup Treasurer:	cgigtreasurer@gmail.com
Intergroup Special Events:	cgigevents@gmail.com
Intergroup Alternate Chair:	cgigalterchair@gmail.com
Intergroup Archives Chair:	cgigarchives@gmail.com
Public Information Chair:	picchair.calgary@gmail.com
Westword Editor:	westwordeditor@gmail.com
Calgary Central Office:	centraloffice@telus.net
Banff Roundup Chair	cgigbanffchr@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com