

The Westword

Westword is a monthly newsletter published by Calgary Intergroup
(westwordeditor@gmail.com)

25 Cents
(suggested donation)



Glenmore Group (1952-2012)

The Glenmore AA Group originated in 1952 as the Southwest Services Group. This was an Armed Forces Group which for the first five years met once a week in the Protestant Chapel at Currie Barracks.

The group encountered a couple of problems in the first 5 years:

- the church frequently required the meeting space for church functions so the AA meeting would be cancelled for that week and
- the attendance profile was changing, with fewer Armed Forces members and an increasing number of civilians attending.

In the summer of 1957 the group decided to move from Currie Barracks and after inspecting the premises at 2129B 33rd Ave SW they rented the space and held the first meeting there on September 27, 1957. In the 1960's and 1970's there were various fund raising efforts held as Group collections were lower than expenses. The main means of supplementing income was by holding Bingo Games and Dances.

The change in profile and location prompted the Group to change their name to the Glenmore Group and was formally registered with New York GSO on February 10, 1961.

After renovations in the early 1960's a special room was blocked off for the Tri-Anon Group of Alanon which they rented until 1975.

During the 60 year history of the Glenmore Group they have been visible leaders in AA Service work in Calgary. A few examples of our commitment to "carrying the message" include:

- May 1957 One of the first groups in Calgary to endorse and support the newly formed Calgary Intergroup. They suggested the principles of independence and good business practices which prevail today. They pledged 50 cents per member per month to support Intergroup. In 2011 their contribution was \$1500
- Three delegates to New York have been Glenmore members
- Numerous members of Glenmore have served on Steering Committees of Intergroup and as Chairpersons of various Roundups.
- Donated 20 copies of the Big Book to remote communities in the Area.
- September 2005 – donated \$150.00 to AA Groups in Louisiana to buy literature and help them recover from the Hurricane Katrina disaster.

In December 2010 we were forced to move from the site on 33rd Ave SW and were able to relocate to an available building at Currie Barracks ~~ where we originated - Submitted by Gerry S



60th Anniversary Celebration is SOLD OUT

I am responsible

When anyone, anywhere reaches out for help,

I want the hand of AA always to be there.

For that, I am responsible

Calgary A.A. Central Office

#2, 4015 1st Street S.E.

Calgary, Alberta – T2G 4X7

Phone: 403-777-1212 Fax: 403-287-6540

Email: centraloffice@telus.net

Office Hours:

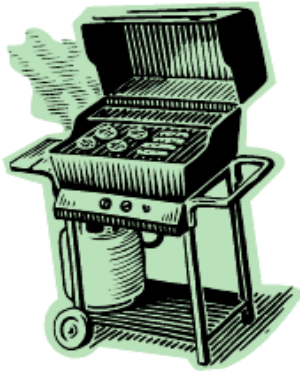
Mon. to Thur.: 8:30 am – 1:00 pm, 2:00 pm – 5:00 pm

Fri.: 8:30 am – 5:30 pm, Sat: 9:00 am – 1:00 pm

Closed Sundays and Stat Holiday Weekends

(Closed Sat June 30 and Mon July 2 in lieu of Canada Day)

JULY 28 -10 AM TO 3 PM



special events committee
presents

**4th annual summer
family BBQ**

Edworthy Park-site #9

see back of this
poster!

*join us for
music food and fun
with children's activities*

**HAMBURGERS, HOT DOGS,
SALADS ,BEVERAGES,BAKED BEANS
AND DESERTS.**

sponsored by intergroup \$10 TICKETS

In Brief:

Intergroup Sunday Morning Breakfast and Speaker Meeting

Join us for good food, good fellowship and personal stories of the speaker's journey

at the

DOWNTOWN RAMADA INN

708 – 8th Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

7th Tradition is observed

Contact: Jim H email: cgigbrkfst@gmail.com

DOWNTOWN SATURDAY NIGHT SPEAKER MEETING

at 8 PM

Nexen (Fortis) Building, North Tower

801 – 7th Avenue SW, Calgary

The Saturday Night NE Group

2523 56 Street NE

Speaker Meeting the 2nd Saturday of each month.

Please join us

SPECIAL EVENTS

at Haddon Road

Friday Night at the Movies

“When a Man Loves a Woman”

Starring Meg Ryan & Andy Garcia

Friday June 15, 7pm

Popcorn/Fellowship/Message

Everybody Welcome

Bring a Friend

200 Haddon Rd. SW

(Upstairs)



On the Horizon

Excerpts from posters at Calgary Central Office (403-777-1212) of AA groups of SOME planned events
Call for extra details

Local and Area:

June 2012

Meeting in the Mountains, Saturday June 12, 2012, Call Central Office (777-1212) for the location

CARDIFF AB, Roundup June 15-17

STRATHMORE AB, June 22-23



July 2012

JARVIE AB, Hog Roast, July 6-8

OKOTOKS AB– 13th Annual Campout, Hogg Park, July 13-15,

CONSORT AB Campout, Gooseberry Lake Provincial Park, July 20-22

EDSON AB Roundup and Campout July 20-22

August 2012

DISTRICT 20 Campout and Roundup, Wainwright AB Aug 10-12

DISTRICT 9 Roundup, Barrhead AB, August 17-19

WRITING ON STONE PROVINCIAL PARK (East of Milk River) – Corn Roast August 24-26

September 2012

IRRICANA AB Hope & Unity Roundup, Irricana Lions Hall Sept 7-8

Drop in to Central Office, Have a coffee and see the many more events posted on the bulletin board

“I know I must get along without liquor but how can I? Have you a sufficient substitute?

Yes, there is a substitute and it is vastly more than that. It is a fellowship in Alcoholics Anonymous.

There you will find release from care, boredom and worry; your imagination will be fired. Life will mean something at last. The most satisfactory years of your existence lie ahead. Thus we find the fellowship, and so will you.” BIG BOOK p. 152



!!!!!!!!!!!!!!

PLEASE NOTE Central Office is closed Saturday June 30 and Monday July 2 to observe CANADA DAY

VALUABLE 12 STEP OPPORTUNITIES

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics" – Big Book Pg. 89

Public Information Committee

The **Public Information Committee** is looking for support from the Calgary Area Groups for their activities to carry the word to those who still suffer. **The PI committee meets at Central Office the last Wednesday of every month at 7 pm.**

Some of the Public Information activities include:

- Preparing and/or distributing packages of pamphlets to doctors' offices, local social agencies and interest groups.
- Hosting booths at semi-annual Homeless Connect and other events in the City.
- Planning PI media placements (e.g. Transit Posters).
- Explore additional PI strategies and activities.

Many hands lighten the load so if each group could supply a representative to this committee, it would be appreciated.

If you're interested in this service opportunity please come and join us at a PI meeting.

The Treatment Facilities & Hospital Committee would like to thank all the groups that have been chairing / sharing at treatment facility meetings lately. If GSR Reps would like to **commit their groups** to the important service opportunity of chairing monthly meetings at any of the 4 + facilities we provide support to, please contact **Jason O, committee chair**

CPC Planning Meeting

The **CPC monthly meeting is held on the second Thursday of each month at 7 PM at Central Office.** So please mark your dance card for that evening!

We are expanding and do need help from people who are interested in helping the professional help us. We are currently influencing young Doctors and Nurses at both Universities and will soon be doing presentations for the Social Work faculties. We do lots of other fun stuff too!

This format for presentations is for professionals and is different than telling our stories for Public Information. So if you're interested please come check us out!

Thanks for your service in AA - together we can do so much!

In Service, Karen Cookson Acting CPC Chair – Calgary



**NEW MEETING LISTS AVAILABLE
MARCH 2012**

Check out the most recent Meeting List online
@ www.calgaryaa.org/

New Meetings

Serenity for Quality of Life Group, SW. Tuesdays & Saturdays, 7:00 PM, Open, Step, wheelchair accessible, Peter Coyle Place, 5700 3 St. SW, Treatment Room 1 (through the cafeteria).

HADDON ROAD, NEW MENS Step Meeting Commenced on Thursday, March 1st at 7:30pm

NW STEP & TRADITION GROUP: Tuesday at 8:00 PM; closed men's; Bow Valley Christian Church, 5300 – 53 Ave. NW

OUT OF TOWN

COCHRANE CASTAWAYS GROUP: Saturday at 7:00 pm; Open Step Discussion; Spray Lakes Family Sports Center, 800 Griffin Road East, Cochrane (North East Entrance).

BRING YOUR OWN CUP GROUP: Friday at 8:00 PM; Open Step Discussion; Langdon Community Church, 23 Centre St. N, Langdon AB

Meeting Cancellations

New Beginnings SW Saturday 9:30 pm is cancelled

Plain Language Group SW Monday 7pm is suspended until further notice

SHIPWRECK AT SUNSET, Central, Tuesday meeting ONLY is cancelled.

UNIDOS GROUP: Wednesday and Thursday meetings **only are cancelled.** Other group meetings (Fri., Sat. and Sun.) are still active.

OUT OF TOWN

CANMORE NOON OASIS GROUP (out of town) Thursday at 12:00 noon, at the Scout Hall is **cancelled.**

COCHRANE Sober Sisterhood (out of town) Thursday 12:00 noon at the All Saints Church Family Centre is **cancelled**

Meeting Changes

CROSSROADS GROUP (birthday meeting change) NE Birthday meeting is **now an open meeting on the first Monday of the month** (formerly closed meeting on the last Monday of the month)

DALHOUSIE MENS NW 1st Thursday of the month will now be a Big Book Discussion Meeting

NEW YOU/SAILOR BILL'S GROUP NW Tuesdays, has moved to the NCFC, 4620-A Bowness Road NW, same time

PRIMARY PURPOSE GROUP CENTRAL, Location Change, Next Door in First Baptist Church, enter basement door between the 2 main Entrances at 1311 4th St SW

OUT OF TOWN

AIRDRIE COUNTRY GROUP (time change): meets Mondays and Thursdays **now at 8:00 pm** (formerly 8:30 pm)



HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

APRIL 2012
DAILY REFLECTIONS
 Gary S 1 yr
 Mark S 1yr
 Ron G 2 yrs
 Donna Z 6 yrs
 Jill 6 yrs
 Rick C 14 yrs

GLENMORE GROUP
 Gloria 4 yrs
 Maria 4 yrs
 Don W 7 yrs
 Rick C 14 yrs
 Claude 24 yrs
 Gillian 26 yrs

NW CALGARY GROUP
 Neil W 1 yr

MAY 2012
AIRDRIE
BACK FROM HELL
 Ernie 3 yrs
 Murray B 4 yrs
 Mike M 8 yrs
 Brian R 17 yrs
 Dale C 27 yrs
 Mike S 41 yrs

AWAKENINGS
 Deb W 1 yr
 Richard T 5 yrs
 Jen A 7 yrs

CANDLELIGHT
 Brandy W 18 yrs
 Brian H 20 yrs

MAY 2012 cont'd
DAILY REFLECTIONS
 Jen B 2 yrs
 Raj B 3 yrs
 Tim H 6 yrs
 Sandra N 10 yrs
 J.R . H 16 yrs
 Tom M 17 yrs

EDGEMONT GROUP
 Dave 10 yrs
 Bill F 12 yrs
 Shaun M 13 yrs
 Tom W 14 yrs
 Fraser G 40 Yrs

GLENMORE GROUP
 Jeff 1 yr
 Tony 2 yrs
 Daren 4 yrs
 Leslie M 4 yrs
 Dave W 6 yrs
 Doug B 6 yrs
 Frank 7 yrs
 Cindy H 9 yrs
 Mark F 15 yrs
Jim H 15 yrs

MARLBOROUGH PARK
 Brian F 11 yrs
 Jacky N 32 yrs
 Johny G 36 yrs

NW CALGARY GROUP
 Dallas H 1 yr
 Keith O 2 yrs
 Pierre F 2 yrs
 Jason F 18 yrs

MAY 2012
TUESDAY MORNING
LADIES GROUP
 Lena 1 yr
 Iris 8 yrs
 Gaye 11 yrs
 Marjorie 28 yrs
 Iris 8 yrs
 Gaye 11 yrs
 Marjorie 28 yrs

JUNE 2012
ACTION GROUP
 Scott L 10 yrs

AIRDRIE
BACK FROM HELL
 Adam 1 yr
 Jared 1 yr
 Ute M 2 yrs
 Angela C 3 yrs
 Erin H. 5 yrs

EDGEMONT GROUP
 Stan A 7 yrs
 Lynda B 12 yrs
 Brent M 14 yrs
 Joanne D 25 yrs

HADDON ROAD
 Addam W 1 yr
 Kayla G 1 yr
 Michael D 1 yr
 Oressa M 1 yr
 Austin R 4 yrs
 Chris H 11 yrs
 Ted R 37 yrs

JUNE 2012 cont'd
HARMONY GROUP
 Dorothy 27 yrs
MARLBOROUGH PARK
 Allen W. 3 yrs
 Larry B 13 yrs
 Emillion D. 25 yrs

NW CALGARY GROUP
 Paul M 1 yr

OGDEN Group
 Deb D 1 yr!!
 Chelsea M 3 yrs
 Krista Z 6 yrs
 Shannon T 6 yrs

OPEN DOOR
 Nicole B 1 yr

JUNE 2012 cont'd
TUES AM
LADIES GROUP
 Gail 8 yrs
 Eileen 13 yrs
 Susan 25 yrs

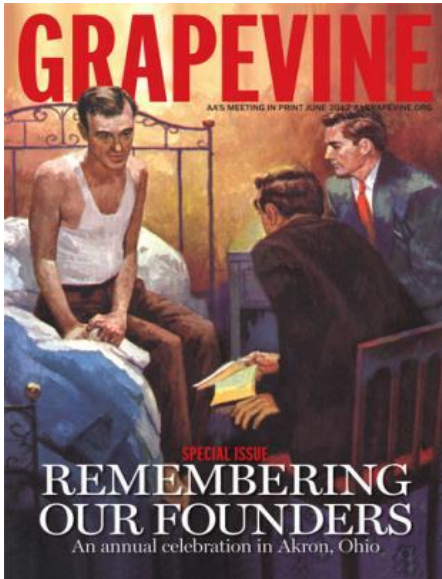
JULY 2012
MARLBOROUGH PARK
 Ashley 3 yrs



STRESS RELIEF?

There is a Solution
 Call Alcoholics Anonymous

403-777-1212
 calgaryaa.org



The June 2012 Grapevine is Here! Special Section: Founders' Day Issue

In this month's special section, we feature stories about Founders' Day. Every June, thousands of alcoholics and their families and friends descend on Akron to celebrate the anniversary of Dr. Bob's last drink and the birth of Alcoholics Anonymous. It's a fun-filled weekend of meetings, dances, bus tours, entertainment and fellowship—called Founders' Day. We are happy to present our special Founders' Day issue. Read more in the [Editor's Letter](#). "We explained to the man on the bed the nature of his malady and told him our own stories of drinking and recovery."

—Bill W., "Dr. Bob: A Tribute," January 1951 Grapevine article



CALGARY ARCHIVES COMMITTEE
MINING OUR PAST TO CARRY THE MESSAGE TO OUR FUTURE**
 Ladies and gentlemen are desperately needed to serve on the new ARCHIVES COMMITTEE

Qualifications: Love of Service, Attitude of Gratitude,..maybe some computer skills
Hours of Service: Very Few at Calgary Central office on Saturday mornings.

Commit to Service:
 Contact Harry M Calgary's Archive Chair email: cgigarchives@gmail.com

HOPE you will join
 Help discover and share Calgary AA Golden Nuggets of History
****No Hard Hats or Pickaxes Required**

WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue Generally, the deadline for the next month's edition is the last day of the current month.

The deadline for submissions for the July edition of The Westword is Sunday June 24 2012.

Please email any notices for the Westword to: westwordeditor@gmail.com or drop notices off at Calgary Central Office.

The Westword is available electronically by e-mail if requested. Please forward your request to the westwordeditor@gmail.com to have your e-mail address added to the distribution list.

12th Step Late Night Monitoring

THANK YOU ALL WHO SIGNED UP AS LATE NIGHT MONITORS (11pm-9am)
 IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY PLEASE EMAIL
 The Monitoring Chairperson
cgigtelmonitorchair@gmail.com

or call Central Office at: **403-777-1212**

INTERGROUP CONTACTS

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 12 Step List Chair: cgig12steplist@gmail.com
 Intergroup Secretary: cgigsecretary@gmail.com
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