

The Westword

25 Cents
(suggested donation)

Westword is a monthly newsletter published by Calgary Intergroup
(westwordeditor@gmail.com)



JULY 28 -10 AM TO 3 PM



special events committee
presents

4th annual summer family BBQ

Edworthy Park-site #9
see back of this
poster!

join us for
music food and fun
with children's activities

**HAMBURGERS, HOT DOGS,
SALADS, BEVERAGES, BAKED BEANS
AND DESERTS.**

sponsored by intergroup \$10 TICKETS

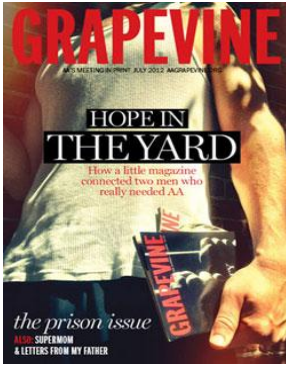
I am responsible

*When anyone, anywhere reaches out for help,
I want the hand of AA always to be there.*

For that, I am responsible

Calgary A.A. Central Office

#2, 4015 1st Street S.E.
Calgary, Alberta – T2G 4X7
Phone: 403-777-1212 Fax: 403-287-6540
Email: centraloffice@telus.net
Office Hours:
Mon. to Thur.: 8:30 am – 1:00 pm, 2:00 pm – 5:00 pm
Fri.: 8:30 am – 5:30 pm, Sat: 9:00 am – 1:00 pm
Closed Sundays and Stat Holiday Weekends
(Closed Sat Aug 4 and Mon Aug 6 for Heritage Day)



The July 2012 Issue Has Arrived

Every year, Grapevine gets hundreds of stories from AA members in correctional facilities as well as from those dedicated to service work, carrying the message behind prison walls. We are thrilled to share some of these powerful examples of hope, redemption and service in our annual July prison issue.

In a special double story, "Both Sides of the Fence," two men—one in, one out—express how their lives have changed through corrections service. In "Hope in the Yard," an alcoholic sentenced to prison in North Florida discovers they have no AA meetings there, until one day, he sees a fellow inmate with a Grapevine in his hand.

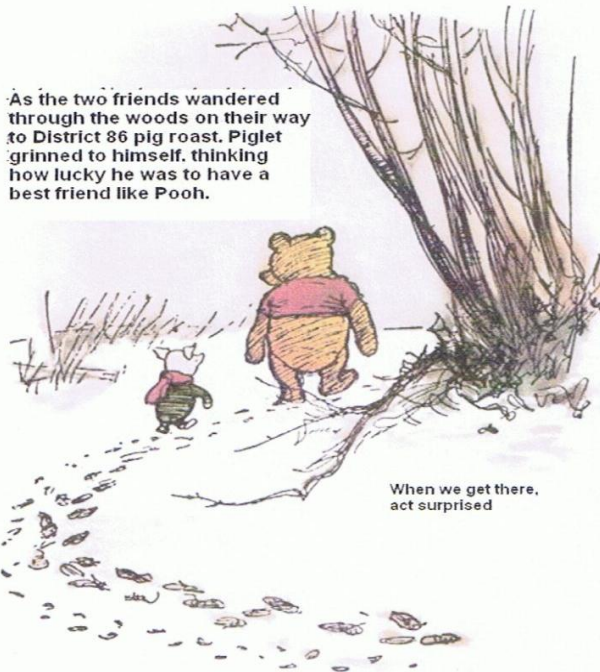
You can find these stories and many more on the AA Grapevine Web site. Our site has been optimized for better viewing on your smart phone or tablet!

**District 86 - 7th Annual Pig Roast
August 10th, 11th & 12th, 2012**

7th Tradition

**"We are self supporting through our own contributions."
"A weekend of Fellowship & Friendship"**

As the two friends wandered through the woods on their way to District 86 pig roast, Piglet grinned to himself, thinking how lucky he was to have a best friend like Pooh.



Menu
Roast (Piglet) Pork
Corn/Potatoes
Potluck

On-Site Camping Available
(Fri & Sat Nite) - **No Hook ups**
Children & Pets Welcome
Horseshoes, Bocci Ball, Raffle Table
Bring Your Own **Chairs**

Friday Evening - Fire & Fellowship
Saturday - Fellowship & Games
Saturday Evening - Campfire Meeting
Sunday Morning - Pancakes
More Fellowship

Directions:

Hwy 2(Deerfoot Trail North) to Airdrie North Overpass
East on Hwy 567(Veterans Tr) approx 2 Kms to RR 291
North on RR 291(.8kms), Turn right at Spruce trees
South on gravel approx 1 km / follow signs for parking
(Watch for Signs)

Contact:

**Josh
Jack**

**(403) 835-2668
(403) 992-3546**

In Brief:**Intergroup Sunday Morning Breakfast and Speaker Meeting**

Join us for good food, good fellowship and personal stories of the speaker's journey

at the

DOWNTOWN RAMADA INN

708 – 8th Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

7th Tradition is observed

Contact: Jim H email: cgigbrkfst@gmail.com

DOWNTOWN SATURDAY NIGHT SPEAKER MEETING

at 8 PM

Nexen (Fortis) Building, North Tower

801 – 7th Avenue SW, Calgary

The Saturday Night NE Group

2523 56 Street NE

Speaker Meeting the 2nd Saturday of each month.

Please join us

Trouble Becomes an Asset

"I think this particular General Service Conference holds promise and has been filled with progress because it has had trouble. And it has had converted that trouble into an asset, into some growth, and into a great promise."

"AA. was born out of trouble, one of the most serious kinds of trouble that can befall an individual, the trouble attendant upon this dark and fatal malady of alcoholism. Every single one of us approached AA in trouble, in impossible trouble, in hopeless trouble. And that is why we came.

"If this Conference was ruffled, if individuals were deeply disturbed - I say, ***This is fine***. What parliament, what republic, what democracy has not been disturbed? Friction of opposing viewpoints is the very modus operandi on which they proceed.

Then what should we be afraid of?

Bill Wilson Talk 1958

**HADDON ROAD GROUP MOVIE NIGHT**

JULY 20, 2012 , MY NAME IS BILL W

On the Horizon

Excerpts from posters at Calgary Central Office (403-777-1212) of AA groups of SOME planned events
Call for additional details

Local and Area:

July 2012

JARVIE AB, Hog Roast, July 6-8

OKOTOKS AB– 13th Annual Campout, Hogg Park, July 13-15,

STETTLER AB, July 13-15, "A Measure of Humility"

CONSORT AB Campout, Gooseberry Lake Provincial Park, July 20-22

EDSON AB Roundup and Campout July 20-22

Crowsnest Pass, July 27-29, 25th Annual Campout "The Road to Happy Destiny", Island Lake Provincial Park



August 2012

DISTRICT 20 Campout and Roundup, Wainwright AB Aug 10-12

DISTRICT 9 Roundup, Barrhead AB, August 17-19

WRITING ON STONE PROVINCIAL PARK (East of Milk River) – Corn Roast August 24-26

September 2012

IRRICANA AB Hope & Unity Roundup, Irricana Lions Hall Sept 7-8

Hudson's Bay, Saskatchewan 43rd Roundup Sept 15, Speaker Brian H, Calgary

Drop in to Central Office, Have a coffee and see the many more events posted on the bulletin board

**Calgary Intergroup Archives Committee
Annual Pioneers Dinner & Speaker Meeting**

WHEN: Saturday, October 20th 2012 From: 5pm –10pm
WHERE: Dalhousie Community Church, 5511 Baroc Rd. NW
COST: \$25.00 includes dinner and refreshments and amazing speakers ****Please Note:** Tickets must be purchased by October 15th, 2012, There will be no tickets at the door)

AA Speakers

Maggie N. Southlanders Pancake Group

Brian O'F. Cremona Group

Alanon Speaker

Hélène F.(Al-Anon)

For TICKETS or further information contact

~Central Office 403-777-1212

email: centraloffice@telus.net

(payment accepted by cash, cheques, Interac, Mastercard or Visa)

~ through your Intergroup Rep, GSR or DCM

VALUABLE 12 STEP OPPORTUNITIES

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics" – Big Book Pg. 89

Public Information Committee

The **Public Information Committee** is looking for support from the Calgary Area Groups for their activities to carry the word to those who still suffer. **The PI committee meets at Central Office the last Wednesday of every month at 7 pm.**

Some of the Public Information activities include:

- Preparing and/or distributing packages of pamphlets to doctors' offices, local social agencies and interest groups.
- Hosting booths at semi-annual Homeless Connect and other events in the City.
- Planning PI media placements (e.g. Transit Posters).
- Explore additional PI strategies and activities.

Many hands lighten the load so if each group could supply a representative to this committee, it would be appreciated.

If you're interested in this service opportunity please come and join us at a PI meeting.

The Treatment Facilities & Hospital Committee would like to thank all the groups that have been chairing / sharing at treatment facility meetings lately. If GSR Reps would like to **commit their groups** to the important service opportunity of chairing monthly meetings at any of the 4 + facilities we provide support to, please contact **Jason O, committee chair**

CPC Planning Meeting

The **CPC monthly meeting is held on the second Thursday of each month at 7 PM at Central Office.** So please mark your dance card for that evening!

We are expanding and do need help from people who are interested in helping the professional help us. We are currently influencing young Doctors and Nurses at both Universities and will soon be doing presentations for the Social Work faculties. We do lots of other fun stuff too!

This format for presentations is for professionals and is different than telling our stories for Public Information. So if you're interested please come check us out!

Thanks for your service in AA - together we can do so much!

In Service, Karen Cookson Acting CPC Chair – Calgary



**CURRENT MEETING LISTS AVAILABLE
MARCH 2012**

Check it out online @ www.calgaryaa.org/

New Meetings

Serenity for Quality of Life Group, SW. Tuesdays & Saturdays, 7:00 PM, Open, Step, wheelchair accessible, Peter Coyle Place, 5700 3 St. SW, Treatment Room 1 (through the cafeteria).

HADDON ROAD, NEW MENS Step Meeting Commenced on Thursday, March 1st at 7:30pm

NW STEP & TRADITION GROUP: Tuesday at 8:00 PM; closed men's; Bow Valley Christian Church, 5300 – 53 Ave. NW

OUT OF TOWN

COCHRANE CASTAWAYS GROUP: Saturday at 7:00 pm; Open Step Discussion; Spray Lakes Family Sports Center, 800 Griffin Road East, Cochrane (North East Entrance).

BRING YOUR OWN CUP GROUP: Friday at 8:00 PM; Open Step Discussion; Langdon Community Church, 23 Centre St. N, Langdon AB

Meeting Cancellations

New Beginnings SW Saturday 9:30 pm is cancelled

Plain Language Group SW Monday 7pm is suspended until further notice

SHIPWRECK AT SUNSET, Central, Tuesday meeting ONLY is cancelled.

UNIDOS GROUP: Wednesday and Thursday meetings **only are cancelled.** Other group meetings (Fri., Sat. and Sun.) are still active.

OUT OF TOWN

CANMORE NOON OASIS GROUP (out of town) Thursday at 12:00 noon, at the Scout Hall is cancelled.

COCHRANE Sober Sisterhood (out of town) Thursday 12:00 noon at the All Saints Church Family Centre is cancelled

Meeting Changes

CROSSROADS GROUP (birthday meeting change) NE

Birthday meeting is **now an open meeting on the first Monday of the month** (formerly closed meeting on the last Monday of the month)

DALHOUSIE MENS NW 1st Thursday of the month will now be a Big Book Discussion Meeting

NEW YOU/SAILOR BILL'S GROUP NW Tuesdays, has moved to the NCF, 4620-A Bowness Road NW, same time

PRIMARY PURPOSE GROUP CENTRAL, Location Change, Next Door in First Baptist Church, enter basement door between the 2 main Entrances at 1311 4th St SW

SHIPWRECK AT SUNSET, CENTRAL, Fridays now 9:30 on Main Floor

OUT OF TOWN

AIRDRIE COUNTRY GROUP (time change): meets Mondays and Thursdays **now at 8:00 pm** (formerly 8:30 pm)



HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

MAY 2012

CROSSROADS

Carol L 23 yrs
Tony S 34 yrs

NEW BEGINNINGS

Lindsey R 1 yr
Steve O 3 yrs
Danny W 5 yrs
June J 10 yrs
Sandy M 22 yrs
Bernie P 23 yrs

JUNE 2012

BACK FROM HELL-AIRDRIE

Bill M 1 yr
Ray F 37 yrs

CROSSROADS

Gena C 22 yrs
Wendel R 28 yrs

DAILY REFLECTIONS

Steve B 1 yrs
Don B 2 yrs
Ashley F 2 yrs
Carol W 7 yrs
Jim C 16 yrs

FOREST LAWN

Celeste K 1 yr
Doug L 1 yr
Heather 2 yrs
Don H 3 yrs

INGLEWOOD

Maryan Mc. 14 yrs

JUNE 2012 cont'd

RECOVERY GROUP

Kristen M 2 yrs
Sandy A 2 yrs
Tiro 5 yrs
Diana W 18 yrs

**JULY 2012
ABC GROUP**

Bryan F 1 yr
Bev M 4 yrs
Cindy P 15 yrs
Dean C 19 yrs
Cathy W 27 yrs

ACTION GROUP

Barb B 27 yrs
Dorothy H 37 yrs

AWAKENINGS GROUP

Amanda H 18 yrs
Martin W 26 yrs

CANDLELIGHT

Cheryl H 2 yrs
Stephan P 3 yrs
Kelly R 6 yrs

CROSSROADS

Audrey C 20 yrs
Steve M 34 yrs
Flo J-N 44 yrs

EDGEMONT GROUP

Chad H 4 yrs
Andy D 5 yrs
Joanne M 8 yrs
Linda G 19 yrs

JULY 2012 cont'd

FOREST LAWN

Jason D 1 yr
Lyle K 1 yr
Martin B 2 yrs
Ann S 3 yrs
Darren K 4 yrs
Dan B 7 yrs
Stu H 35 yrs

GLENMORE

Melissa R 2 yrs
Peter 4 yrs
Mark M 18 yrs
Tom R 20 yrs
John M 34 yrs

HADDON ROAD

Sarah C 2 yrs
Dan H 3 yrs
Catherine S 7 yrs

NEW BEGINNINGS

Mitch 1 yr
Tins M 2 yrs
Kate B 2 yrs
Kristen M 2 yrs
Joille P 3 yrs
Jack C (Mar) 3 yrs
Reid H 4 yrs
Susan W 5 yrs
Cornelia M 11 yrs
Anne H 14 yrs
Jan H 23 yrs
Bob R 27 yrs

JULY 2012 cont'd

RECOVERY GROUP

Bryan M 2 yrs
Daryl A 2 yrs
Randy C 2 yrs
Brad K 4 yrs
Tanner M 5 yrs

SAT NIGHT NE GROUP

Jesi B 2 yrs
Robin 2 yrs
Russell D 4 yrs
Moe R 38 yrs



WHITE, Robert John 13 September, 1938 - 6 June, 2012

Robert John White, CD, passed away suddenly on 6 June, 2012, near Balzac, AB, age 73. Bob is lovingly remembered by his partner, Ingrid Vanjoff, his sons, David (Ardis), Philip (Shannon) and Craig (Carolina), brother Lawrence (Hazel), his five grandchildren, Christina, Roger, Stephanie, Cody and Christopher, in addition to his stepchildren and grandchildren, extended family and countless friends. As per Bob's wishes there will be no formal Service, but a Celebration of his Life is planned for Saturday, 16 June, 2012, at the Irricana Curling Club and Rec Centre, 302 - 3 Street, in Irricana, between 1:00 and 4:00 p.m. In lieu of flowers, donations in Bob's memory to the Heart and Stroke Foundation, or this year's Terry Fox Run, would be appreciated. Bob was also a friend of Bill W. Messages of condolences may be left for the family at www.myalternatives.ca.

Grapevine Quote of the Day - June 26, 2012

"If we follow our Traditions, we will survive and, I hope, grow. The Traditions tell us to serve--not govern; to attract--not promote; to carry the message--not force it on anyone; to keep the three legacies alive: recovery, unity, and service.

***Sign Up for the Daily Grapevine Quotations to your email box <http://www.aagrapevine.org/>

Good Food and Fellowship at District 77 Family BBQ



Despite threatening skies during the day, the annual District 77 Summer Family BBQ, held in late June was a great success.

About 90 AA members, guests and their families participated in the day of good food, fellowship and games at Bowness Park June 23.

Hosted this year by the NW Calgary Group, organizers were initially leery about turnout for the day as heavy rains fell during the early morning. But the rain quit just as barbecues were fired up, and held off until after cleanup later that afternoon.

Along with burgers and hot dogs supplied by the District, members provided an excellent buffet meal of potluck food items, with a wide range of these-look-healthy salads, a forget-the-calories line up of deserts, and a great selection of these-aren't-good-for-me snacks. And much/most of it disappeared.

It was a great day of fellowship as members from various groups across the city, and from as far away as the Crowsnest Pass renewed acquaintances. Along with those with some mileage on the road to recovery, there were also a couple guests who had just recently merged into the Program and were working hard to see if there really is light at the end of the tunnel - a great opportunity for them to connect with those who have found a solution.

A big "Thank you" from District 77 and NW Calgary Group, to all who attended and supplied food, and a special Thanks to committee members who helped in organizing the event, buying food, set-up, cooking and serving, and cleanup. All contributed to a successful day.

Submitted by Lee H. NW Calgary Group

CONCEPTS(The Third Legacy) WORKSHOP
Sponsored by the Groups of District 87 of Alcoholics Anonymous
September 8, 2012, 9am-3pm
4018 Centre B Street NW (Mennonite Church)
Admission \$8.00
Lunch will be served by the groups of District 87
For more information see Poster
Contact email: groupsofdistrict87@hotmail.com,
Mike 403-399-4179, Central Office 43-777-1212

WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue. Generally, the deadline for the next month's edition is the last day of the current month.

The deadline for submissions for the August edition of The Westword is Wednesday Aug 1 2012.

Please email any notices for the Westword to: westwordeditor@gmail.com or drop notices off at Calgary Central Office.

The Westword is available electronically by e-mail if requested. Please forward your request to the westwordeditor@gmail.com to have your e-mail address added to the distribution list

12th Step Late Night Monitoring

THANK YOU ALL WHO SIGNED UP AS LATE NIGHT MONITORS (11pm-9am)

IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY PLEASE EMAIL

The Monitoring Chairperson

cqigtelmonitorchair@gmail.com

or call Central Office at: **403-777-1212**

INTERGROUP CONTACTS

Intergroup Chairperson: cqigchair@gmail.com
 Telephone Monitoring Chair: cqigtelmonitorchair@gmail.com
 12 Step List Chair: cqig12steplist@gmail.com
 Intergroup Secretary: cqigsecretary@gmail.com
 Intergroup Treasurer: cqigtreasurer@gmail.com
 Intergroup Special Events: cqigevents@gmail.com
 Intergroup Alternate Chair: cqigalterchair@gmail.com
 Intergroup Archives Chair: cqigarchives@gmail.com
 Public Information Chair: pichair.calgary@gmail.com
 Westword Editor: westwordeditor@gmail.com
 Calgary Central Office: centraloffice@telus.net
 Banff Roundup Chair: cqigbanffchr@gmail.com
 Sunday AM Breakfast Chair: cqigbrkfst@gmail.com