

The Westword

Westword is a monthly newsletter published by Calgary Intergroup
(westwordeditor@gmail.com)

25 Cents
(suggested donation)



IN SERVICE TO ALCOHOLICS ANONYMOUS

TWO of the most powerful talks I have ever heard in Alcoholics Anonymous were during the Sakatoon Roundup in February 1998.

In addition to the main speakers the roundup committee presented at least two workshops. One was Gerry F speaking about the personal and practical application of the traditions in our daily lives at home, at work, at play and with other members of AA; and the second was Stan C speaking about Service to AA.

Gerry's talk was later published in the Grapevine one tradition per month.

Stan's talk focused on the commitment to publicly anonymous service in AA versus other service organizations such as the Kinsmen or Chamber of Commerce. His sponsor had him inventory his AA service and then consider the hours of commitment to the "public" service that "anyone" could fulfil while AA service positions were unfilled.

Estimates are that 10- 14% of population could be alcoholic and 86- 90% are not. So that 86-90% are available to fill the volunteer roles but only the 10-14% can provide service to the still suffering alcoholic inside and outside of the rooms.

12 step service applications are inserted in this issue of the Westword with instructions for completion and submission. In addition, the Calgary General Service Committee desperately needs members to obtain approval to go in the prisons, jails and remand centre. Other service commitments include:

Calgary Intergroup

Providing service for Local Activities

- Local monitoring and Telephone services
- 12 Step referrals, approval and training
- Communications via Public Service activities, Westword and announcements
- Breakfast meetings and local social activities
- Banff Roundup
- Maintaining Archives
- Table Officers of the Intergroup Body
- Maintaining Archives
- Banff Roundup
- Intergroup Representatives

General Service Committee

Providing service to the General Service structure

- Introductory Service Seminar
- Gratitude Roundup
- Corrections
- Treatment Facilities
- Bridging the Gap
- Cooperation with the Professional Community
- Grapevine
- Records and Registrations
- Group General Service Representatives (GSR's)

I am responsible

*When anyone, anywhere reaches out for help,
I want the hand of AA always to be there.*

For that, I am responsible

Calgary A.A. Central Office

#2, 4015 1st Street S.E.
Calgary, Alberta – T2G 4X7
Phone: 403-777-1212 Fax: 403-287-6540
Email: centraloffice@telus.net

Office Hours:

Mon. to Thur.: 8:30 am – 1:00 pm, 2:00 pm – 5:00 pm
Fri.: 8:30 am – 5:30 pm, Sat: 9:00 am – 1:00 pm
Closed Sundays and Stat Holiday Weekends
(Closed Sat Sept 1 and Mon Sept 3 for Labour Day)



**The Third Legacy
CONCEPTS WORKSHOP**
Sponsored by the Groups of District 87 of Alcoholics Anonymous

September 8 2012 9am-3pm
4018 Centre B Street NW (Mennonite Church)
Admission \$8.00

Lunch will be served by the groups of District 87

For more information See the poster circulating
or email groupsofdistrict87@hotmail.com

or phone
Mike 403-399-4179 or Central Office 43-777-1212

Haddon Road Special Events

Sunday September 9, 2pm
Haddon Road 25th Anniversary
Potluck/Music/Celebration



Friday September 21, 7pm
Friday Night at the Movies
"The Lost Weekend"
Academy Award Winner
Starring Ray Milland & Jane Wyman
Enjoy Ed's famous Popcorn
& Terry's Big Smile!!

Wednesday September 26, 7pm

Panel Presentation

We are going to be Amazed
"The Promises"

Panel Steve G Carol W Karla R Greg S
Moderator: Harry P

For information Call Denis G 243-1049 or Harry
P 284-1166



**Calgary Intergroup Archives Committee
Annual Pioneers Dinner & Speaker
Meeting**

WHEN: Saturday, October 20th 2012
From: 5pm -10pm

**WHERE: Dalhousie Community Church, 5511 Baroc
Rd. NW**

**COST: \$25.00 includes dinner and refreshments and
amazing speakers**
****Please Note****

Tickets must be purchased by October 15th, 2012,
There will be no tickets at the door

AA Speakers
Maggie N. Southlanders Pancake Group
Brian O'F. Cremona Group
Alanon Speaker
Hélène F.(Al-Anon)

For TICKETS or further information contact
~Central Office 403-777-1212
email:centraloffice@telus.net

(payment accepted by cash, cheques,
Interac, Mastercard or Visa)
~ through your Intergroup Rep, GSR or DCM

"Sometimes we register surprise, shock, and anger when people find fault with AA. We are apt to be disturbed to such an extent that we cannot benefit from constructive criticism. This sort of resentment makes no friends and achieves no constructive purpose. Certainly, this is an area in which we can improve."

AA Co-Founder, Bill W., July 1965, From: "Responsibility Is Our Theme" -The Language of the Heart

In Brief**Intergroup Sunday Morning
Breakfast and Speaker Meeting**

*Join us for good food, good fellowship and personal
stories of the speaker's journey*

at the

DOWNTOWN RAMADA INN

708 – 8th Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

7th Tradition is observed

Contact: Jim H email: cgigbrkfst@gmail.com

**DOWNTOWN SATURDAY NIGHT
SPEAKER MEETING**

at 8 PM

Nexen (Fortis) Building, North Tower

801 – 7th Avenue SW, Calgary

The Saturday Night NE Group

2523 56 Street NE

Speaker Meeting the 2nd Saturday of each month.

On the Horizon

*Excerpts from posters at Calgary Central Office
(403-777-1212) of AA groups of **SOME** planned events*
Call for additional details or come in to see more events

Local and Area:**August 2012**

DISTRICT 86 7th Annual Pig Roast

NE of Airdrie HWY 567 approx 2km to
RR 291 watch for signs, August 10-12

DISTRICT 9 Roundup, Barrhead AB, August 17-19

WRITING ON STONE PROVINCIAL PARK (East of Milk
River) –August 24-26 Corn Roast

**September 2012**

IRRICANA AB Sept 7-8

Hope & Unity Roundup, Irricana Lions Hall

Medicine Hat AB, Sept 7-9, "A Family Affair"

Grande Prairie AB, Sept 7-9 "How it Works"
Roundup

Hudson Bay SK, 43rd Roundup Sept 15

Speaker Brian H, Calgary

Morinville AB Sept 22 2-11PM

October 2012

District 15 AA Roundup, "Road of Happy Destiny"

Sat Oct 6 \$10.00 Speakers Only, \$25.00 Speakers,
Lunch/Banquet

HOPE AND UNITY ROUND-UP

September 7th & 8th 2012

IRRICANA LIONS HALL

1st and 2nd Ave Irricana Alberta

Registration starts 5:00 pm Sept 7th

Friday A.A. Speaker, Moe G. Cochrane

Saturday Alanon Speaker, TBA

Saturday A.A. Speaker, Lisa M. Airdrie

Saturday A.A. Speaker, Brenda E. Stony Plain

Saturday A.A. Speaker, Darryl D. Calgary

Camping sites are available by calling 403-371-7376

For more info or Tickets E-Mail raymond8@efirehose.net

*** Sponsored By Groups in District 86***

VALUABLE 12 STEP OPPORTUNITIES

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics” – Big Book Pg. 89

Public Information Committee

The **Public Information Committee** is looking for support from the Calgary Area Groups for their activities to carry the word to those who still suffer. **The PI committee meets at Central Office the last Wednesday of every month at 7 pm.**

Some of the Public Information activities include:

- Preparing and/or distributing packages of pamphlets to doctors’ offices, local social agencies and interest groups.
- Hosting booths at semi-annual Homeless Connect and other events in the City.
- Planning PI media placements (e.g. Transit Posters).
- Explore additional PI strategies and activities.

Many hands lighten the load so if each group could supply a representative to this committee, it would be appreciated.

If you’re interested in this service opportunity please come and join us at a PI meeting.

The Treatment Facilities & Hospital Committee would like to thank all the groups that have been chairing / sharing at treatment facility meetings lately. If GSR Reps would like **to commit their groups** to the important service opportunity of chairing monthly meetings at any of the 4 + facilities we provide support to, please contact **Jason O, committee chair**

CPC Planning Meeting

The CPC monthly meeting is held on the second Thursday of each month at 7 PM at Central Office. So please mark your dance card for that evening!

We are expanding and do need help from people who are interested in helping the professional help us.

We are currently influencing young Doctors and Nurses at both Universities and will soon be doing presentations for the Social Work faculties. We do lots of other fun stuff too!

This format for presentations is for professionals and is different than telling our stories for Public Information. So if you’re interested please come check us out!

Thanks for your service in AA - together we can do so much!

In Service, Karen Cookson Acting CPC Chair – Calgary



**CURRENT MEETING LISTS AVAILABLE
JULY 2012**

Check it out online www.calgaryaa.org/

New Meetings

Current in August 2012

Meeting Cancellations

Current in August 2012

Meeting Changes

DALHOUSIE MENS NW 1st Thursday of the month will now be a Big Book Discussion Meeting

NORTHLANDERS GROUP NW (birthday meeting change)

Birthday meeting is now held on the last Monday of the month (formerly on the first Monday)

SHIPWRECK AT SUNSET, CENTRAL, Fridays now 9:30 on Main Floor

SERVICE OPPORTUNITY

Saturday AM Monitor Required

We require a Saturday morning monitor at Central Office. Hours are from 9 am thru 1 pm on the Saturday mornings the office is open. Primary duties are answering the 12 Step phone line. This commitment also ensures that 2 people are at Central office whenever it is open. Contact Don E Monitoring Chair @ cgigtelmonitorchair@gmail.com

Family Picnic Day

The Special Events Committee would like to thank all the people and groups who supported and participated in the Picnic / Bar-B-BQ this year.

Although attendance was down a bit from last year, the food was tremendous, weather amazing and the space at Edworthy Park allowed for lots of room to visit with friends and family.



The games, especially the scavenger hunt and the water events were enjoyed as much by the oldies as the kids in attendance.



HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

JUNE 2012

SAT NITE NE

Vivek S 16 yrs

JULY 2012

AWAKENINGS GROUP

Bob H 1 yr
Amanda H 18 yrs
Martin W 26 yrs

BACK FROM HELL

AIRDRIE

Bill M 1 yr
Ray F 37 yrs

DAILY REFLECTIONS

Peter B 1 yr
Lenn G 4 yrs
Bev B 5 yrs
Treena M 9 yrs
Chuck Q 30 yrs

DESPERATION GROUP

Whitney S 1 yr

EDGEMONT GROUP

Chad H 4 yrs
Andy D 5 yrs
Joanne M 8 yrs
Linda G 19 yrs

FOREST LAWN

Jason D 1 yr
Lyle K 1 yr
Martin B 2 yrs
Ann S 3 yrs
Darren K 4 yrs
Dan B 7 yrs
Stu H 35 yrs

GLENMORE

Irl H 1 year
Daryl 2 yrs
Diana S 4 yrs
Lynn Mc 7 yrs

JULY 2012 cont'd

KINKORA GROUP

Grant F 2 yrs

OGDEN

Cyndie E 3 yrs
Tim 3 yrs
Al S 13 yrs
Donna P 15 yrs
Isabelle C 20yrs
Jenn S 20yrs

AUGUST 2012

AWAKENINGS

Doug S 24 yrs
Bob J 25 yrs

ABC Group

Lib B 25 yrs
Don H 23 yrs

ACTION GROUP

Mitch R 1 year
Ruth D 17 yrs

AWAKENINGS

Doug S 24 yrs
Bob J 25 yrs

BACK FROM HELL

AIRDRIE

Normand C 4 yrs
Jim M 25 yrs

CANDLELIGHT

Angela M 1 yr
Don E 4 yrs

CROSSROADS

Bonita N 30 yrs

DESPERATION GROUP

Tree B 5 yrs
Nathan S 13 yrs

AUGUST 2012 cont'd

EDGEMONT

Monica B 17 yrs

FOREST LAWN

Shane E 5 yrs
Kim W 15 yrs
Sharon S 20 yrs

HADDON ROAD

Bruce C 1 yr
Jack B 2 yrs
Jim W 2 yrs
Wesley F 2 yrs
Willen T 2 yrs
Angela R 3 yrs
Fred S 4 yrs
Natalie T 6 yrs
Greg S 10 yrs
Jordy K 14 yrs
Bob C 40 yrs

HARMONY GROUP

Jen K 1 yr
Monica M 2 yrs

INGLEWOOD

Russel K 10 yrs
Rindy Y 28 yrs
Frances Y 29 yrs

KINKORA GROUP

Kenny N 10 yrs

MARLBOROUGH PARK

Jennie C 6 yrs
Ray I 25 yrs

MONDAY NIGHT FIFTH

CHAPTER GROUP

COCHRANE

Dan T 8 yrs
Gary L 12 yrs
Brian D 23 yrs

AUGUST 2012 cont'd

NEW BEGINNINGS

Bill K 1 yr
Don K 1 yr
Sherrie 1 yr
Anne Marie 1 yr
Kristel S 2 yrs
Anne S 3 yrs
Linda A 4 yrs
Joan S 19 yrs
Loreen S 20 yrs
Al S 22 yrs
Morag 23 yrs
Ken R 26 yrs
Bob R (June) 27 yrs
Debbie K 30 yrs

OGDEN GROUP

Mary S 10 yrs
Jeff P J 19 yrs
Bob B 24 yrs
Karol K 36 yrs

RECOVERY GROUP

James S 2 yrs
Paul J 2 yrs
Robert P 2 yrs
Terri Jo S 2 yrs
Willem J 2 yrs
Daryl P 9 yrs
Mo B 18 yrs
Tom E 36 yrs

TUES AM LADIES

Sylvia 3 yrs
Susan D 7 yrs
Faye H 22 yrs
Pat J 30 yrs



ROBERTSON, Raymond David January 7, 1950 - July 10, 2012

The sisters and brother of Raymond David Robertson regretfully announce that Ray died on July 10, 2012, at age 62. (He had been predeceased by his brother John in 2004). Ray retired to Calgary in 1999, after working for twenty-nine years as a bus mechanic with the TTC in Toronto. He devoted much time and energy participating in the programs and fellowship of AA, members of which became his second family. Their visits, calls and cards were always appreciated. Ray was a member of Bowness Legion where he enjoyed karaoke. We are grateful for the many professionals who helped him through his long hospitalization at Foothills, Rockyview and Carewest Glenmore, with special thanks to the ICU staffs, the intensivists and the wonderful Dr. Teresa Keiser, who made the impossible possible and gave Ray, and us, the last seven months. Ray's life will be celebrated at a later date and Martha, Irene and Doug Robertson, along with other family, hope to meet many of his friends at that time. Forward condolences through www.mcinnisandholloway.com. Charitable donations may be made to the Canadian Diabetes Association in Ray's memory. Flowers gratefully declined. In living memory of Raymond Robertson, a tree will be planted at Fish Creek Provincial Park.

August 5 Grapevine Quote

"Absolute humility would consist of a state of complete freedom from myself; freedom from all the claims that my defects of character now lay so heavily upon me. Perfect humility would be a full willingness, in all times and places, to find and to do the will of God

AA Co-Founder, Bill W June 1961, From "Humility for Today "The Language of the Heart

***Sign Up for the Daily Grapevine Quotations to your email box <http://www.aagrapevine.org/>



YA-BUT
Yes it's the time for the
25th annual Ya-But Sunday Golf Tournament.

When: August 26th 2012, 1PM
Where: Nanton Golf & Country Club 1 PM
How: Shot gun start with 4 man teams and best ball format
Enter singles, doubles or 4somes
Cost: \$85.00 gets you in and also a dinner (carts extra)

To register or for more information:
Call Joe H 493-651-3441 or Norm N @ 403-272-1935

WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue Generally, the deadline for the next month's edition is the last day of the current month.

The deadline for submissions for the September edition of The Westword is Wednesday Aug 29, 2012.

Please email any notices for the Westword to: westwordeditor@gmail.com or drop notices off at Calgary Central Office.

The Westword is available electronically by e-mail if requested. Please forward your request to the westwordeditor@gmail.com to have your e-mail address added to the distribution list

12th Step Late Night Monitoring

THANK YOU ALL WHO HAVE SIGNED UP AS LATE NIGHT MONITORS (11pm-9am) AND MORE ARE REQUIRED

IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY PLEASE EMAIL The Monitoring Chairperson at

cgigtelmonitorchair@gmail.com

or CALL Central Office at: **403-777-1212**

INTERGROUP CONTACTS

Intergroup Chairperson: cgigchair@gmail.com
 Telephone Monitoring Chair: cgigtelmonitorchair@gmail.com
 12 Step List Chair: cgig12steplist@gmail.com
 Intergroup Secretary: cgigsecretary@gmail.com
 Intergroup Treasurer: cgigtreasurer@gmail.com
 Intergroup Special Events: cgigevents@gmail.com
 Intergroup Alternate Chair: cgigalterchair@gmail.com
 Intergroup Archives Chair: cgigarchives@gmail.com
 Public Information Chair: pichair.calgary@gmail.com
 Westword Editor: westwordeditor@gmail.com
 Calgary Central Office: centraloffice@telus.net
 Banff Roundup Chair: cgigbanffchr@gmail.com
 Sunday AM Breakfast Chair: cgigbrkfst@gmail.com