

The Westword is a monthly newsletter published by Calgary Intergroup
 (westwordeditor@gmail.com)

25 Cents
 (suggested donation)

*The deadline for submission for publishing in the Westword is the last Thursday of the month.
 Additions will not be made after this date.*



Announcements & Help Needed

For an interactive and up to date calendar with all upcoming events, go to: <http://calgaryaa.org/events>

Don't forget!! Intergroup Elections will be held on Monday, November 11th!

If you or someone you know is looking for a service position please contact the Westword Editor (westwordeditor@gmail.com) or 403-777-1212 for more information. This is a great way to get involved and meet other alcoholics from all over the city.

Joe & Charlie Style Big Book Study

Start October 1st at 7:30pm
 At 1835 House (1835 27th Ave SW)
 Tuesday nights for 14 weeks from 7:30 – 9:30
 Presented by Jim B. & Guest
 Bring a copy of your big book, highlighter, and pen.

Weekend Retreat Big Book Study

Date: Nov 15th to 17th
 At: Camp Horizon, Bragg Creek
 Presented By: Amanda B (Alabama)
 Price: \$160/person (includes food and lodging)
 Sheila K. ph. 403-689-8817
 Ticket Deadline: October 23rd

NCFC Meeting Update

Effective immediately no meetings will be held at NCFC. Please see the meeting changes and cancellations page for details on where to find these meetings or visit www.calgaryaa.org/meetings/ to get up to date meetings.

District 77 Round Up!

November 2nd 2013
 Foothills Alliance Church
 \$40 for lunch and dinner
Contact: Anima 403-283-1282;
 Colin 403-466-2921; Jim 403-288-6883

Introductory Service Seminar

Saturday November 23, 2013
 10am – 3pm \$8.00 (includes lunch)
 Call Central Office to purchase tickets (403) 777-1212

Pioneers Dinner

Saturday, October 26th 2013
 Dalhousie Community Church
 \$25.00 includes dinner and refreshments.
 For more information, please contact:
pioneersdinner2013@outlook.com

CYOC Chair Persons

CYOC needs chair people. Must be 21 years of age, 1year sobriety and available Tuesday evenings. Please contact Marilyn at 403-239-4923

Big Book Studies

"I was less than a month sober when someone suggested I go to a Big Book Study. I didn't know what that meant but I was willing to do anything to stay sober and find some sanity. I learned that the program we follow isn't complicated, but it can be difficult without sufficient direction. As a result of the Big Book Study, I am able to take new comers through the text and show them that while knowledge isn't the solution, it sure does help. I will always be grateful for the Big Book Studies I have attended over the years because at each one, something new comes clear to me." K.M.

To receive the Westword and event updates via email please email the Westword Editor and ask to be added to the distribution list.

INTERGROUP CONTACTS

Intergroup Alternate Chair	cgigalterchair@gmail.com	Intergroup Chairperson	cgigchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	cgigtelmonitorchair@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
Westword Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centeroffice@telus.net	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	cgigevents@gmail.com
Sunday Morning Breakfast Chair	cgigbrkfst@gmail.com		

I am Responsible. When anyone, anywhere reaches out for help, I want the hand of AA to always be there, and for that I am responsible!

New Meetings

Haddon Road: "On Awakening". Monday – Friday 7am – 8am. 200 Haddon Rd. SW, RM 200L (upstairs)

Haddon Road: "Sponsorship in Action" meeting. Thursday evenings from 7:30 to 9 PM. 200 Haddon Rd. SW, Rm. 200L (upstairs).

NW Calgary Group: Saturday, 5:30pm, Open, Step & Tradition. Foothills Alliance Church, 333 Edgepark Blvd NW.

Lacombe Group: Friday, 8PM St. Patricks Parish Church, Father Lacombe Room, 1414 Shawnessy Blvd. SW

Plain Language Meeting: Monday, 7PM, Calgary Society for Persons with Disabilities – 3410 Spruce Drive SW. Open beginners discussion.

Out of Town

Sunrise Group: 9AM, Closed, Knox United Church (side door) 195 3 Ave East. Drumheller

Meeting Cancellations

Garnet: Saturday, NW 3pm. **CANCELLED**

Garnet Young People's: Sunday, NW 3pm. **CANCELLED**

Garnet Nightowl: Saturday, NW 10pm. **CANCELLED**

Grapevine: Friday, NE **CANCELLED**

Thursday Afternoon Drop-in: Central **CANCELLED**

Step 11 Meeting: Sunday Central **CANCELLED**

Soberriders: Tuesday 8:30 PM **CANCELLED**

Bowmont Group: Mondays, 8:15 PM **CANCELLED**

Eye Opener: Saturdays, 11:00 AM **CANCELLED**

Knockin' on Heaven's Door: Sundays, 2:30 PM **CANCELLED**

Out of Town

Sundre: Friday Night Ladies meeting **CANCELLED**

Trochu: Wednesday PM is **CANCELLED**

Canmore: Friday, Knock Turn All Group. **CANCELLED**

Strathmore: Tuesday Ladies Group. **CANCELLED**

Meeting Changes

Awakenings Group: Saturdays: 9:30 AM has moved to Parkdale United Church, 2919 – 8 Ave. NW

Generation XII: Wednesdays, 8:30 PM, has moved to Foothills United Church, 3803 – 69 St. NW

Saturday Night Trainwreck: Saturdays, 10:00 PM, has moved to 1609 – Centre St. NW, downstairs

Stampeders: Saturdays, now meets at 3:00 PM, have moved to Rock Point Church, 12 Bow Ridge Drive NW

Fun Seekers: Monday to Friday, 12:00 noon, have moved to Parkdale Community Association, 3512 – 5 Ave. NW

Sooner Than the Nooner Group: Sundays, 11:00 AM, has moved to Parkdale Community Association, 3512 – 5 Ave. NW

District 77 Speaker Meeting: Sundays, 8:00 PM, has moved to Parkdale Community Association, 3512 – 5 Ave. NW

Homeward Bounders: Monday to Friday, 5:15 PM, have moved to Parkdale Community Association, 3512 – 5 Ave. NW

Go For It Group: Daily, all meetings now meet at 7:00 AM, has moved to Bowness Seniors' Centre, 6422 – 35 Ave. NW

New You/Sailor Bills: Tuesdays, now meets at 8:00 PM, has moved to 6228 Bowness Road NW effective Sept. 17

Garnet Block: Daily, SW, moved to 1609 Centre St. NW. basement, parking in rear.

Regal Group: Thursdays, NE, moved to Renfrew United Church, 956 Radnor Ave. NE.

Westend Step & Tradition: Saturday, NW, moved to Foothills United Church, 3803 69 ST NW, use single door labeled "Food Bank" on south side

Whitesheep Men's Meeting: Thursday, SW, moved to Woodgreen Presbyterian Church, 12777 Candle Cres SW, enter Main Entrance to Kids Worship Room

Recovery Group: Daily, SW. - Monday to Friday: 7:30 PM, Saturday: 9:00 AM, 11:30 AM, 7:30 PM, Sunday: 7:30 PM

East Side Native Women's Group: Thursdays, closed temporarily.

High River: All meetings combined on Wednesday and Friday nights in the Disaster Relief Centre (1204 10th St SE High River) at 7:00PM

Walking Eagle: Mondays, 8:30, open, Step & Tradition, Sharon Lutheran Church, 210 – 10 Ave. NE

Last Gaspers: Moved to Parkdale Community Association, 3512 – 5 Ave. NW, main door, upstairs.

Airport Group: Moved back to Sharon Lutheran Church, basement, 210 – 10 Ave. NE

Haven't read the Big Book lately?

Join one of the Big Book studies found on the first page, or give this a good ol' read as a refresher:

Big Book, Working With Others, page 89

Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail. This is our twelfth suggestion: Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when others fail. Remember they are very ill.

Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends-this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives.

Service Commitments				
			October	November
Renfrew	Tuesday	7:00 PM	Action Group	Recovery Group
Renfrew	Wednesday	7:00 PM	Double H Group	Desperation Group
Renfrew	Thursday	7:00 PM	McKenzie Towne Goupe	Unity Group
Renfrew	Sunday	7:00 PM	Rockyview Hospital Group	ABC Group
Centre of Hope	Monday	8:00 PM	Cancelled temporarily (flood)	Ogden Group
Sunrise	Tuesday	8:00 PM	Unity Group	Haddon Road Group
Please note: Renfrew Speakers must have minimum 1 year sobriety.				
* Alpha House meetings will be held at the old Calgary Science Centre (11th St. & 8th Ave SW) until further notice				
Sunday Morning Breakfast at the Ramada				
October 6	PPG		November 10	Go For It! Group
October 13	Desperation Group		November 17	Desperation
October 20	Mckenzie Towne Group		November 24	
October 27	Shipwreck at Sunset		December 1	
November 3	Ogden Group		December 8	
Telephone Monitoring				
Sept. 30 - Oct 6	NW Calgary		Nov. 4 - 10	Ogden Group
October 7 - 13	Daily Reflections		Nov. 11 - 17	New Beginnings
October 14 - 20	Knox Knooners		Nov. 18 - 24	Haddon Road
October 21 - 27	McKenzie Towne		Nov. 25 - Dec. 1	Daily Reflections
Oct. 28 - Nov. 3	West End Step & Trad			

For information on Calgary AA, visit our NEW website!

www.calgaryaa.org

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Happy Birthday!

All birthdays are entered as received.
Please note, we do not print birthdays in advance as this is a One Day at A Time program.

August	September		October	
McKenzie Towne	New Beginnings	Glenmore	New Beginnings	Northwest Group
Geoff I 4 years	Devin F 3 years	Carla 1 year	Billy R 1 year	Brendan W 1 year
		Greg E 1 year		Colin P 2 years
	Nadzieja	Kris 1 year	ABC Group	Jamie W 4 years
	Hieronim 23 years	Joe 5 years	Rob W 4 years	
	Tadeusz 30 years	Tommy M 5 years	Don M 5 years	Malborough Park
		Elizabeth 12 years	Robin 27 years	Penny J 3 years
	New Beginnings	Slo Jim 17 years		Glen F 31 years
	Todd G 2 years	Duff 19 years	The Link Group	
	Devin RF 3 years	Bill 22 years	Maarten 1 year	Tues Morn. Ladies
	Jamie J 3 years	John H 24 years	Susan R 11 years	Irene B. 40 years
	Lisa S 3 years	Gary 32 years		
	Joe 4 years	Shirley 33 years	Inglewood	Forest Lawn
	JC 9 years		Lynda H 21 years	Stephanie 2 years
	Lise 13 years	Forest Lawn		Shane W 2 years
	Hubert 15 years	Maurice L 3 years	Action Group	Chad L 4 years
	Marron 16 years	Norm N 37 years	Kevin W 1 year	Nichole C 7 years
	John W 25 years		Dan M 1 year	Greg G 23 years
	Bev S 25 years		Terry M 6 years	Al F 28 years
			Craig R 7 years	
	McKenzie Towne			Back From Hell
	Stu P 1 year		Awakenings	Duane M 4 years
	Paul S 1 year		Katrina W 15 years	Rick D 4 years
	Mike L 2 years			Michelle F 6 years
	John R 2 years		Open Door	Colleen B 7 years
	Gail H 4 years		Andy D 2 years	Jody Q 8 years
	Katie D 5 years			
	Liz W 15 years		McKenzie Towne	Candlelight
	Cathy H 36 years		JPF 5 years	Rob L 3 years
			Noelle R 7 years	Dilice L 3 years
			Mike R 9 years	
			Steve G 11 years	