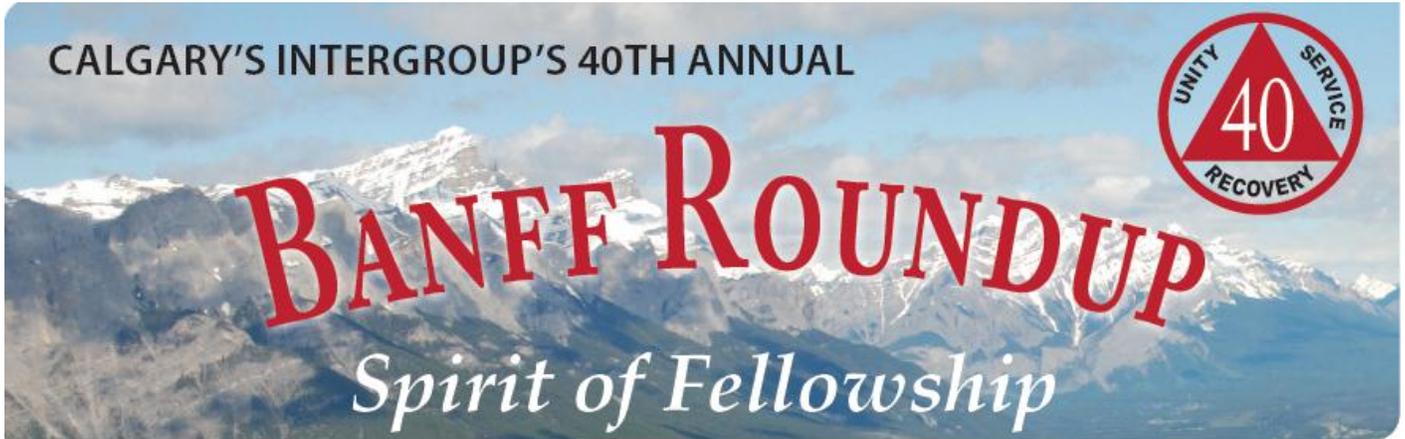


# The Westword

Westword is a monthly newsletter published by Calgary Intergroup  
(westwordeditor@gmail.com)

25 Cents  
(suggested donation)



## March 8, 9, & 10, 2013

at the

### BANFF PARK LODGE, BANFF, ALBERTA

#### SPEAKERS

- Lew F. (AA) ..... Chilliwack, B.C.
- Father Terry R. (AA) ... Los Angeles, California
- Katie P. (AA) ..... Austin, Texas
- Charlie P. (AA) ..... Austin, Texas
- Carolyn H. (Al-Anon) ..... Calgary, Alberta

#### BANQUET & REGISTRATION

**Banquet & Registration**  
**\$90/person**

**Registration Only**  
**\$37/person**

- **Registration** includes **ALL** the speakers plus Friday Night Music Jam and Saturday Night Dance (DJ), **EXCEPT** the banquet.
- Banquet tickets must be purchased in advance.
- Both registration and banquet tickets are available from your GSR, IG reps or AA Central Office.
- AA Central Office accepts payments by MC, VISA, INTERAC, cheques or cash. Contact Central Office at (403) 777-1212 or [centraloffice@telus.net](mailto:centraloffice@telus.net)
- For more information, email: [banffroundup2013@hotmail.com](mailto:banffroundup2013@hotmail.com)

**Roundups are not AA Meetings.  
The cost of the Roundup is paid  
through registration fees.**

**Calgary A.A. Central Office**  
 #2, 4015 1<sup>st</sup> Street S.E.  
 Calgary, Alberta – T2G 4X7

Phone: 403-777-1212, Fax: 403-287-6540  
 Email: centraloffice@telus.net

**Office Hours**

Mon. to Fri: 8:30am – 5:00pm  
 (Closed 1:00pm – 2:00pm for lunch)

Sat.: 9:00am – 1:00pm  
 (Closed Sundays and Stat Holiday Weekends)

Closed Sat. Feb. 16 & Mon. Feb 18 for Family Day.  
 Closed Fri. Mar. 22 & Sat. Mar 23 for Easter.

CURRENT MEETING LISTS AVAILABLE  
 NOVEMBER 2012

Check it out online [www.calgaryaa.org/](http://www.calgaryaa.org/)

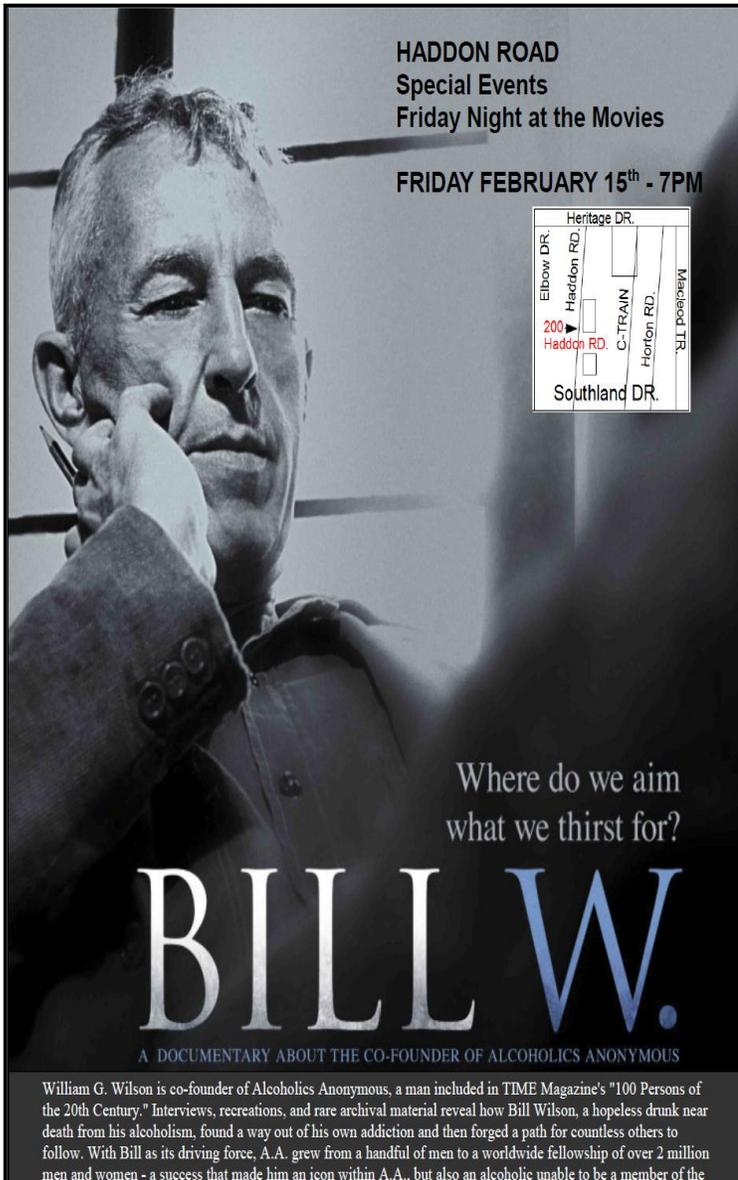
**U of C**

**Campus Meeting**  
**in the**  
**Faith and Spirituality Centre**  
**listed under**

**Friends of Bill W.**  
**Noon Wednesdays**

(in session – September to April)

Contact Bretton H. 403-402-1101



HADDON ROAD  
 Special Events  
 Friday Night at the Movies

FRIDAY FEBRUARY 15<sup>th</sup> - 7PM



Where do we aim  
 what we thirst for?

**BILL W.**

A DOCUMENTARY ABOUT THE CO-FOUNDER OF ALCOHOLICS ANONYMOUS

William G. Wilson is co-founder of Alcoholics Anonymous, a man included in TIME Magazine's "100 Persons of the 20th Century." Interviews, recreations, and rare archival material reveal how Bill Wilson, a hopeless drunk near death from his alcoholism, found a way out of his own addiction and then forged a path for countless others to follow. With Bill as its driving force, A.A. grew from a handful of men to a worldwide fellowship of over 2 million men and women - a success that made him an icon within A.A., but also an alcoholic unable to be a member of the

**Open A.A. 12 Step Meeting**  
 For men and women who desire  
 to stop drinking

**Punjabi/Hindi/English**

When: the last Monday of each  
 month

8:00 pm to 9:00 pm

Alpha House Board Room

Where : **Alpha House**

203 - 15 Ave SE

(Access also available at the 200  
 block of 17 Ave SE)

For information in Punjabi/Hindi contact

Vivek S. at 403 667 9081

For information in English contact

David B on cell 403 805 5057

[david@alphahousecalgary.com](mailto:david@alphahousecalgary.com)

**In Brief**

**CRITICAL SERVICE  
OPPORTUNITY**

**MONITORS REQUIRED AT CENTRAL  
OFFICE**

Relief Positions and  
Fri PM (2 pm thru 5 pm)

These commitments are at Central Office except Statutory holiday weekends when the office is closed and Saturday AM is covered by regular group monitoring.

Primary duties are answering the 12 Step phone line. This ensures, for security, that 2 people are at Central office whenever it is open.

Contact Don E Monitoring Chair @  
[cgigtelmonitorchair@gmail.com](mailto:cgigtelmonitorchair@gmail.com)

**Intergroup Sunday Morning  
Breakfast and Speaker Meeting**

*Join us for good food, good fellowship and personal  
stories of the speaker's journey*

at the

**DOWNTOWN RAMADA INN**

708 – 8<sup>th</sup> Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11  
Toast & Coffee \$6 – Coffee \$3

*7<sup>th</sup> Tradition is observed*

Contact: Jim H email: [cgigbrkfst@gmail.com](mailto:cgigbrkfst@gmail.com)

**INTERGROUP CONTACTS**

Intergroup Chairperson:	<a href="mailto:cgigchair@gmail.com">cgigchair@gmail.com</a>
Telephone Monitoring Chair:	<a href="mailto:cgigtelmonitorchair@gmail.com">cgigtelmonitorchair@gmail.com</a>
12 Step List Chair	<a href="mailto:cgig12steplist@gmail.com">cgig12steplist@gmail.com</a>
Intergroup Secretary:	<a href="mailto:cgigsecretary@gmail.com">cgigsecretary@gmail.com</a>
Intergroup Treasurer:	<a href="mailto:cgigtreasurer@gmail.com">cgigtreasurer@gmail.com</a>
Intergroup Special Events:	<a href="mailto:cgigevents@gmail.com">cgigevents@gmail.com</a>
Intergroup Alternate Chair:	<a href="mailto:cgigalterchair@gmail.com">cgigalterchair@gmail.com</a>
Intergroup Archives Chair:	<a href="mailto:cgigarchives@gmail.com">cgigarchives@gmail.com</a>
Public Information Chair:	<a href="mailto:pichair.calgary@gmail.com">pichair.calgary@gmail.com</a>
Westword Editor:	<a href="mailto:westwordeditor@gmail.com">westwordeditor@gmail.com</a>
Calgary Central Office:	<a href="mailto:centraloffice@telus.net">centraloffice@telus.net</a>
Banff Roundup Chair	<a href="mailto:cgigbanffchr@gmail.com">cgigbanffchr@gmail.com</a>
Sunday AM Breakfast Chair	<a href="mailto:cgigbrkfst@gmail.com">cgigbrkfst@gmail.com</a>

**On the Horizon**

**AA Taber Group 57<sup>th</sup> Anniversary (Work it because you're worth it!) Feb 9<sup>th</sup>.** Location: Taber Civic Centre, 4720 50<sup>th</sup> Street, Contacts: Andrea @ 403-795-7316, John @ 403-634-3979, Pat @ 403-223-8035, Mickey @ 403-223-9671, Louie @ 403-382-7237.

**From Afar**

**Ft St John 43<sup>rd</sup> Annual Roundup (We stood at the turning point) May 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup>.**

**Big Book Workshop (Joe and Charlie Style)**

April 26<sup>th</sup> and April 27<sup>th</sup>. St. Paul's United Church, 10206 100<sup>th</sup> Avenue, Grand Prairie, AB  
Cost: \$30, Contacts: Roland 780-814-0575, Nicole 780-978-5185 and Willie 780-882-4725.

**New Meetings**

Out-of-Town: Drumheller, Saturday Morning Sunrise Group, 9:00 AM, closed, Knox United Church side door, 195 3 Ave. E.

**Meeting Cancellations**

**SMOG Women's**, Thursday, Northwest **CANCELLED**

**Grapevine**, Friday, Northeast **CANCELLED**

**Thursday Afternoon Drop-in**, Central **CANCELLED**

**Sundre Friday Night Ladies meeting** **CANCELLED**

**Trochu**, Wed PM is **CANCELLED**

**Meeting Changes**

Effective March 4, 2013. **The 272 Group's Monday Beginner's Meeting NW** will use the 4 week, 1946 AA Beginner meeting format ("Back to Basics") starting the first Monday of every month. For more information:

[www.aabacktobasics.org](http://www.aabacktobasics.org).

**Regal Group, Thursdays, Northeast, 8:00PM** now meets at the Renfrew United Church, 956 Radnor Ave. NE.

**Morley First Light Group, Out-of-Town**, New Contact is Tom [403-881-0035](tel:403-881-0035).

**DALHOUSIE MENS NW** Thursday will now be a Big Book Discussion Meeting except last Thursday of the month

**NORTHLANDERS GROUP NW** (birthday meeting change) Birthday meeting is now held on the last Monday of the month (formerly on the first Monday)

**WESTEND STEP & TRADITION, NW**, now meeting @ Foothills United Church, 3803 69 ST NW, Use single door labeled "food bank" on south side. Time remains 8:00 pm Saturday

**WHITESHEEP MEN'S MEETING. (C) THURS 8 pm, SW, MOVED** now at Woodgreen Presbyterian Church, 12777

**CANDLE CRESC SW** (corner of Canyon Meadows Drive and Elbow Drive) enter Main Entrance to Kids Worship Room

**MIDNAPORE FRIDAY, SE, 8PM** ,Now Open Discussion and Children are Welcome

**VALUABLE 12 STEP OPPORTUNITIES**

*“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics*

**COOPERATION WITH THE PROFESSIONAL COMMUNITY COMMITTEE**

**The CPC monthly planning meeting is held on the second Thursday of every month at 7:30 pm at Central Office. Please come down and join us and learn about all the good work we are doing in Calgary.**

The CPC Committee provides information about Alcoholics Anonymous to different groups of professionals: medical students, doctors, nursing students, social workers, psychologists, employees of some services, and more. We attend conferences, such as the Alberta Addictions Day, each year to provide information about AA and how we can help the alcoholic. Our CPC Committee here at CGSC is doing some fantastic work and reaching large numbers of professional. We attend by invitation and currently have interest being shown by some new groups of professionals. We do not have the people to form any new presentation sub-committees, so we are asking for any interested parties to please come on out and see what we are doing. Fabulous service opportunity. Thank you for your service in AA – together we can do so much!

In Service, Lisa K., CPC Chair – Calgary.

**Public Information Committee**

The **Public Information Committee** is looking for support from the Calgary Area Groups for their activities to carry the word to those who still suffer. **The PI committee meets at Central Office the last Wednesday of every month at 7 pm.**

Some of the Public Information activities include:

- Preparing and/or distributing packages of pamphlets to doctors' offices, local social agencies and interest groups.
- Hosting booths at semi-annual Homeless Connect and other events in the City.
- Planning PI media placements (e.g. Transit Posters).
- Explore additional PI strategies and activities.

Many hands lighten the load so if each group could supply a representative to this committee, it would be appreciated.

If you're interested in this service opportunity please come and join us at a PI meeting.

***CPC Planning Meeting***

**The CPC monthly meeting is held on the second Thursday of each month at 7:30 PM at Central Office.** So please mark your dance card for that evening!

We are expanding and do need help from people who are interested in helping the professional help us.

We are currently influencing young Doctors and Nurses at both Universities and will soon be doing presentations for the Social Work faculties.

We do lots of other fun stuff too!

This format for presentations is for professionals and is different than telling our stories for Public Information. So if you're interested please come check us out!

Thanks for your service in AA - together we can do so much!

**If you have any articles, stories or 12<sup>th</sup> step opportunities that you would like to share with our membership, please submit them to [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)**

**Your input for the design and layout of the Westword is appreciated.**

## Resumes Sought for COMC Vacancy

Calgary AA members with five years sobriety, a background in AA service, and experience in business, finance, human resources, or similar fields, plus a working knowledge of the Steps, Traditions and Concepts are urged to send their resumes for the position of member-at-large on the Central Office Management Committee (COMC). New members are elected by Calgary Intergroup upon the recommendation of the current members of COMC. This is a two-year term with an option for another two-year term. The Chair of COMC is elected from the members-at-large.

COMC reports to Calgary Intergroup, a body made up of representatives from Calgary and district AA groups. COMC manages, oversees and monitors the operations of the Calgary Central Service Office including policies, procedures, strategic planning, finances, and personnel. COMC also act as an advisory group to Intergroup.

COMC meets monthly at a closed meeting where each member has a vote. It then delivers its report for acceptance by the monthly Calgary Intergroup meeting.

For more details, or to submit a resume, please contact AA Central Office at [403-777-1210](tel:403-777-1210) or e-mail resume to: [centraloffice@telus.net](mailto:centraloffice@telus.net)

## Groups With Service Commitments

### Treatment Facilities

		<u>February</u>	<u>March</u>
Alpha House	Tuesday	New Beginnings Group	Primary Purpose Group
Renfrew	Tuesday	Recovery Group	
Renfrew	Wednesday	Desperation Group	MAAT Group
Renfrew	Thursday	Ogden Group	Unity Group
Renfrew	Sunday	ABC Group	Dalhousie Men's Group
Center of Hope	Monday	Action Group	
Sunrise	Tuesday	McKenzie Towne Group	Shipwreck at Sunset Group

### Intergroup Sunday Breakfast at the Ramada

February 3	Daily Reflections Group	March 3	Tuesday Morning Ladies
February 10	New Beginnings Group	March 10	
	Ogden		
February 17	Group	March 17	Action Group
	Action		
February 24	Group	March 24	
		March 31	NW Calgary Group

### Telephone Monitoring

February 4 - 10	MacKenzie Towne Group	March 4 - 10	Go For It Group
February 11 - 17	Unity Group	March 11 - 17	Monday Night Big Book Group
February 18 - 24	Candlelight Group	March 18 - 24	Dalhousie Men's Group
Feb 25 - March 3	Daily Reflections Group	March 25 - 31	Desperation Group



## HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

<p><b>NOVEMBER 2012</b> <b>MCKENZIE TOWNE</b></p> <p>Ted E. 7 yrs</p> <p><b>DECEMBER 2012</b> <b>ABC GROUP</b></p> <p>Darmody M. 10 yrs Mel S. 49 yrs</p> <p><b>DALHOUSIE MEN'S GROUP</b></p> <p>Sheldon U. 10 yrs</p> <p><b>MCKENZIE TOWNE</b></p> <p>Margaret S. 1 yr Jon G. 30 yrs</p> <p><b>JANUARY 2013</b> <b>ABC GROUP</b></p> <p>Jessica B. 4 yrs Tom A. 7 yrs Jim C. 16 yrs Debbie D. 24 yrs</p> <p><b>DALHOUSIE MEN'S GROUP</b></p> <p>David M. 2 yrs</p> <p><b>MCKENZIE TOWNE</b></p> <p>Deb B. 1 yr Kathy M. 1 yr Marisol G. 2 yrs Dw aine 4 yrs Shaun C. 4 yrs Trish P. 11 yrs Heather W. 13 yrs Mike C. 20 yrs</p>	<p><b>JANUARY 2013</b> <b>RECOVERY GROUP</b></p> <p>Jeanne 6 yrs Don M. 8 yrs Donna R. 10 yrs Linda G. 15 yrs Andree 22 yrs Marie CU 25 yrs Roy S. 28 yrs Woody H. 29 yrs</p> <p><b>FEBRUARY 2013</b> <b>272 GROUP</b></p> <p>Marg 1 yr Sheila 5 yrs</p> <p><b>ABC GROUP</b></p> <p>James D. 4 yrs Peter L. 6 yrs Don G. 38 yrs</p> <p><b>AWAKENINGS GROUP</b></p> <p>Charles C. 9 yrs</p> <p><b>DESPERATION GROUP</b></p> <p>D'Arcy B. 5 yrs Bernie D. 35 yrs</p> <p><b>GETTING THERE GROUP</b></p> <p>Aaron L. 1 yr Steven C. 1 yr</p>	<p><b>FEBRUARY 2013</b> <b>HADDON ROAD</b></p> <p>Curtis E. 1 yr Doug G. 1 yr John C. 1 yr Matthew T. 1 yr Neil M. 1 yr Rikk B. 1 yr Richard B. 1 yr Steven E. 2 yrs Tryon G. 2 yrs Steve P. 6 yrs Jack D. 11 yrs</p> <p><b>HARMONY GROUP</b></p> <p>Hilda 1 yr Law ren C. 2 yrs</p> <p><b>NEW BEGINNINGS</b></p> <p>Rick R. 1 yr Glen T. 2 yrs Stephanie F. 3 yrs Wayne B. 3 yrs Courtney G. 3 yrs Holly D. 4 yrs Lenora G. 6 yrs Ingrid S. 6 yrs Chris T. 8 yrs Cheryl K. 11 yrs Margo H. 13 yrs Sheryl M. 15 yrs Ross M. 18 yrs Brent C. 20 yrs Sharon W. 28 yrs Ted V. 29 yrs</p>	<p><b>FEBRUARY 2013</b> <b>OGDEN GROUP</b></p> <p>Tania M. 7 yrs Keith K. 22 yrs Laurie A. 33 yrs</p> <p><b>RECOVERY GROUP</b></p> <p>Peter T. 1 yr Paige B. 4 yrs Gordon Mc. 5 yrs Sean S. 6 yrs George H. 7 yrs Laura B. 8 yrs Natalie S. 12 yrs Sean O'B. 24 yrs</p> <p><b>THE LINK GROUP</b></p> <p>Ravenmoon S. 1 yr Rod L. 23 yrs</p> <p><b>TUESDAY MORNING LADIES</b></p> <p>Deb 1 yrs</p> <p><b>OUT OF TOWN</b> <b>JANUARY 2013</b> <b>AIRDRIE</b> <b>BACK FROM HELL</b></p> <p>Nellie B. 1 yr lola S. 2 yrs Troy C. 3 yrs</p>
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### Calgary Intergroup Birthday Contributions

CSO accepts Birthday Contributions from individual members to celebrate lengths of sobriety. Contributions range from a penny a day to \$1.00 per year.

#### 2012 – 2013 Contributors

Jim S 59 years, Daryl M 28 years, Mathew M 26 years, Ron W 9 years

#### WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue. Generally, the deadline for the next month's edition is the last day of the current month.

The deadline for submissions for the February edition of The Westword is Sunday, March 3, 2013.

Please email any notices for the Westword to: [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com) or drop notices off at Calgary Central Office.

The Westword is available electronically by e-mail if requested. Please forward your request to the [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com) to have your e-mail address added to the distribution list