

The Westword

Westword is a monthly newsletter published by Calgary Intergroup
(westwordeditor@gmail.com)

25 Cents
(suggested donation)



Calgary A.A. Central Office
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Office Hours

Mon. to Fri: 8:30am – 5:00pm
(Closed 1:00pm – 2:00pm for lunch)
Sat.: 9:00am – 1:00pm
(Closed Sundays and Stat Holiday Weekends)

Closed Fri. Mar. 29 & Sat. Mar 30 for Easter.

CURRENT MEETING LISTS AVAILABLE
NOVEMBER 2012

Check it out online www.calgaryaa.org/

U of C
Campus Meeting
in the
Faith and Spirituality Centre
listed under
Friends of Bill W.
Noon Wednesdays
(in session – September to April)

Contact Bretton H. 403-402-1101

Open A.A. 12 Step Meeting
For men and women who desire
to stop drinking

Punjabi/Hindi/English

When: the last Monday of each
month

8:00 pm to 9:00 pm

Alpha House Board Room

Where : **Alpha House**

203 - 15 Ave SE

(Access also available at the 200
block of 17 Ave SE)

For information in Punjabi/Hindi contact

Vivek S. at 403 667 9081

For information in English contact

David B on cell 403 805 5057

david@alphahousecalgary.com

we welcome everyone to come and join us
For
“The Meeting After The Meeting”

Sponsored by Calgary Intergroup
Organized by **Special Events.**

Where: **Scarboro** United Church
134 Scarboro Ave S.W. Calgary.

When: Saturday **April 20th** 2013
7pm-10pm

This Is A 7th Tradition Event.

A great opportunity for a social
gathering amongst us, so come on
out for teas, coffee, desserts games
music cards and more! after or
before your own meeting!!!

Inquires: Bruce B @ 403-815-9588

Easter Egg Hunt & Pancake Breakfast

District 86 Easter Fellowship
 Saturday, March 30, 2013

- ❖ Easter egg hunt for the kids
- ❖ Egg decorating and painting
- ❖ Pancake breakfast
- ❖ ~~Campfire~~
- ❖ Games and fun for everyone

Nose Creek Park at the shelter
 10 am
 Bring a lawn chair

Supported by 7th Tradition
 For information call Nancy 403-399-6209 or Shandi 403-862-9143

Big Book Study

Joe & Charlie/Cowboy Ray Way

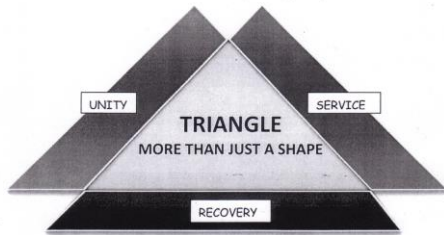
Start date: Tuesday, March 5, 2013
 Day: Tuesdays
 Duration: 14 Weeks
 Time: 7:30 – 9:30 PM, door opens at 7:15
 Location: 1835 House, side door
 1835 – 27 Ave. SW

Bring Big Book, pens, highlighter and a notebook.

Hosted by Jim B. & Shane C.
 Contact: Jim B. 403-667-3582
 Stacey G. 403-561-1633



May 31, June 1 and 2, 2013
 Travelodge Hotel and Conference Centre
 4177 Albert St., Regina, SK.



The purpose of WRAASA is to develop greater unity among the members, groups, and areas of the Western Canada Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of A.A. The Assembly should always foster the RECOVERY, UNITY, and SERVICE legacies of A.A.

Plan to attend!! Open to all Members of A.A.
 Registration \$25
 Register before May 1st to enter the Early Bird Draw
 (a 2 night stay at the Travelodge Hotel and Conference Centre)

For more information visit: WRAASA2013.org
wraasa2013@gmail.com

Big Book Study

Joe & Charlie/Cowboy Ray Way

Start date: Thursday, March 7, 2013
 Day: Thursdays
 Duration: 14 Weeks
 Time: 7:30 – 9:30 PM, door opens at 7:15
 Location: Simon House (garage annex)
 5807 Bowness Road NW

Bring Big Book, pens, highlighter and a notebook.

Hosted by Jim B. & James W.
 Contact: Jim B. 403-667-3582
 Stacey G. 403-561-1633

In Brief

**CRITICAL SERVICE
OPPORTUNITY**

**MONITORS REQUIRED AT CENTRAL
OFFICE**

Relief Positions and
Fri PM (2 pm thru 5 pm)

These commitments are at Central Office except Statutory holiday weekends when the office is closed and Saturday AM is covered by regular group monitoring.

Primary duties are answering the 12 Step phone line. This ensures, for security, that 2 people are at Central office whenever it is open.

Contact Don E Monitoring Chair @
cgigtelmonitorchair@gmail.com

**Intergroup Sunday Morning
Breakfast and Speaker Meeting**

*Join us for good food, good fellowship and personal
stories of the speaker's journey*

at the

DOWNTOWN RAMADA INN

708 – 8th Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

7th Tradition is observed

Contact: Jim H email: cgigbrkfst@gmail.com

INTERGROUP CONTACTS

Intergroup Chairperson:	cgigchair@gmail.com
Telephone Monitoring Chair:	cgigtelmonitorchair@gmail.com
12 Step List Chair	cgig12steplist@gmail.com
Intergroup Secretary:	cgigsecretary@gmail.com
Intergroup Treasurer:	cgigtreasurer@gmail.com
Intergroup Special Events:	cgigevents@gmail.com
Intergroup Alternate Chair:	cgigalterchair@gmail.com
Intergroup Archives Chair:	cgigarchives@gmail.com
Public Information Chair:	pichair.calgary@gmail.com
Westword Editor:	westwordeditor@gmail.com
Calgary Central Office:	centraloffice@telus.net
Banff Roundup Chair	cgigbanffchr@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com

On the Horizon**Haddon Road Big Book Study**

Chris & Lawrence (based on Joe & Charlie)
Tuesday, April 16th 7:30pm to 9:00pm

From Afar

Ft St John 43rd Annual Roundup (We stood at the turning point) May 3rd, 4th and 5th.

Big Book Workshop (Joe and Charlie Style)

April 26th and April 27th. St. Paul's United Church,
10206 100th Avenue, Grand Prairie, AB

Cost: \$30, Contacts: Roland 780-814-0575, Nicole 780-978-5185 and Willie 780-882-4725.

New Meetings

Out-of-Town: Drumheller, Saturday Morning Sunrise Group, 9:00 AM, closed, Knox United Church side door, 195 3 Ave. E.

Meeting Cancellations

Garnet, Saturday, Central, 3pm.

Garnet Young People's, Sunday, Central 3pm.

Grapevine, Friday, Northeast **CANCELLED**

Thursday Afternoon Drop-in, Central **CANCELLED**

Sundre Friday Night Ladies meeting **CANCELLED**

Trochu, Wed PM is **CANCELLED**

Meeting Changes

The Garnet will be moving (tentative date is March 15th).

To: 1609 Centre St. N., basement, parking in rear.

The 272 Group's Monday Beginner's Meeting NW will use the 4 week, 1946 AA Beginner meeting format ("Back to Basics") starting the first Monday of every month. Effective March 4, 2013. For more information:

www.aabacktobasics.org.

Regal Group, Thursdays, Northeast, 8:00PM now meets at the Renfrew United Church, 956 Radnor Ave. NE.

Morley First Light Group, Out-of-Town, New Contact is Tom [403-881-0035](tel:403-881-0035).

DALHOUSIE MENS NW Thursday will now be a Big Book Discussion Meeting except last Thursday of the month

NORTHLANDERS GROUP NW (birthday meeting change)

Birthday meeting is now held on the last Monday of the month (formerly on the first Monday)

WESTEND STEP & TRADITION, NW, now meeting @ Foothills United Church, 3803 69 ST NW, Use single door labeled "food bank" on south side. Time remains 8:00 pm Saturday

WHITESHEEP MEN'S MEETING. (C) THURS 8 pm, SW, MOVED now at Woodgreen Presbyterian Church, 12777

CANDLE CRESC SW (corner of Canyon Meadows Drive and Elbow Drive) enter Main Entrance to Kids Worship Room

MIDNAPORE FRIDAY, SE, 8PM, Now Open Discussion and Children are Welcome

**Intergroup is looking for someone to act as
a Liaison to the Calgary General Services
Committee.**

VALUABLE 12 STEP OPPORTUNITIES

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics

COOPERATION WITH THE PROFESSIONAL COMMUNITY COMMITTEE

The CPC monthly planning meeting is held on the second Thursday of every month at 7:30 pm at Central Office. Please come down and join us and learn about all the good work we are doing in Calgary.

The CPC Committee provides information about Alcoholics Anonymous to different groups of professionals: medical students, doctors, nursing students, social workers, psychologists, employees of some services, and more. We attend conferences, such as the Alberta Addictions Day, each year to provide information about AA and how we can help the alcoholic. Our CPC Committee here at CGSC is doing some fantastic work and reaching large numbers of professional. We attend by invitation and currently have interest being shown by some new groups of professionals. We do not have the people to form any new presentation sub-committees, so we are asking for any interested parties to please come on out and see what we are doing. Fabulous service opportunity. Thank you for your service in AA – together we can do so much!

In Service, Lisa K., CPC Chair – Calgary.

Public Information Committee

The **Public Information Committee** is looking for support from the Calgary Area Groups for their activities to carry the word to those who still suffer. **The PI committee meets at Central Office the last Wednesday of every month at 7 pm.**

Some of the Public Information activities include:

- Preparing and/or distributing packages of pamphlets to doctors' offices, local social agencies and interest groups.
- Hosting booths at semi-annual Homeless Connect and other events in the City.
- Planning PI media placements (e.g. Transit Posters).
- Explore additional PI strategies and activities.

Many hands lighten the load so if each group could supply a representative to this committee, it would be appreciated.

If you're interested in this service opportunity please come and join us at a PI meeting.

CPC Planning Meeting

The CPC monthly meeting is held on the second Thursday of each month at 7:30 PM at Central Office. So please mark your dance card for that evening!

We are expanding and do need help from people who are interested in helping the professional help us.

We are currently influencing young Doctors and Nurses at both Universities and will soon be doing presentations for the Social Work faculties.

We do lots of other fun stuff too!

This format for presentations is for professionals and is different than telling our stories for Public Information. So if you're interested please come check us out!

Thanks for your service in AA - together we can do so much!

If you have any articles, stories or 12th step opportunities that you would like to share with our membership, please submit them to westwordeditor@gmail.com

Your input for the design and layout of the Westword is appreciated.

Resumes Sought for COMC Vacancy

Calgary AA members with five years sobriety, a background in AA service, and experience in business, finance, human resources, or similar fields, plus a working knowledge of the Steps, Traditions and Concepts are urged to send their resumes for the position of member-at-large on the Central Office Management Committee (COMC). New members are elected by Calgary Intergroup upon the recommendation of the current members of COMC. This is a two-year term with an option for another two-year term. The Chair of COMC is elected from the members-at-large.

COMC reports to Calgary Intergroup, a body made up of representatives from Calgary and district AA groups. COMC manages, oversees and monitors the operations of the Calgary Central Service Office including policies, procedures, strategic planning, finances, and personnel. COMC also act as an advisory group to Intergroup.

COMC meets monthly at a closed meeting where each member has a vote. It then delivers its report for acceptance by the monthly Calgary Intergroup meeting.

For more details, or to submit a resume, please contact AA Central Office at [403-777-1210](tel:403-777-1210) or e-mail resume to: centraloffice@telus.net

Groups With Service Commitments

Treatment Facilities

		March
Alpha House	Tuesday	Primary Purpose Group
Renfrew	Tuesday	SMOG
Renfrew	Wednesday	MAAT Group
Renfrew	Thursday	Unity Group
Renfrew	Sunday	Dalhousie Men's Group
Center of Hope	Monday	Haddon Road Group
Sunrise	Tuesday	Shipwreck at Sunset Group

Intergroup Sunday Breakfast at the Ramada

March 3	Tuesday Morning Ladies
March 10	Shipwreck at Sunset Group
March 17	Action Group
March 24	McKenzie Towne Group
March 31	NW Calgary Group

Telephone Monitoring

March 4 - 10	Go For It Group
March 11 - 17	Monday Night Big Book Group
March 18 - 24	Dalhousie Men's Group
March 25 - 31	Desperation Group

Service Opportunities

April

Open
Primary Purpose Group
Unity Group
McKenzie Towne Groupe
Weedon Hall Freedom Group
Thursday Night Bridge Group
Back From Hell Group

April 7	Open
April 14	Open
April 21	Open
April 28	Open

April 1 - 7	Primary Purpose Group
April 8 - 14	Daily Reflections Group
April 15 - 21	NW Calgary Group
April 22 - 28	Getting There Group
Apr 29 - May 5	Airdrie Reflections Group



HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

JANUARY 2013
RECOVERY GROUP
 Chris B. 10 yr

FEBRUARY 2013
ABC GROUP
 James D. 4 yrs
 Murray 23 yrs
 Laura H. 29 yrs
 Rick M. 32 yrs
 Garry M. 32 yrs

FOREST LAWN GROUP
 Crystal 1 yr
 Lonnie M. 13 yrs
 Jim C. 23 yrs

GETTING THERE GROUP
 Aaron L. 1 yr
 Steven C. 1 yr

GLENMORE GROUP
 Chanel 1 yr
 Derek S. 1 yr
 Kyle 2 yrs
 Pat 2 yrs
 Andrea 2 yrs
 Lucas 3 yrs
 Trish 3 yrs
 Paige B. 4 yrs
 Nicky 4 yrs
 Aida 4 yrs

FEBRUARY 2013
GLENMORE GROUP
 Evelyn M. 11 yrs
 Lyle 18 yrs
 Gale 23 yrs
 Gene A. 23 yrs
 Gerry 54 yrs

KINCORA GROUP
 Steve C. 12 yrs

MARLBOROUGH PARK GROUP
 Sandy M. 9 yrs

NEW BEGINNINGS
 Val T. 1 yr
 Karen B. 1 yr
 Callie P. 1 yr
 Jamie L. 2 yrs
 Ray H. 3 yrs
 Barb O. 7 yrs
 AnnaMarie 8 yrs
 Kelly K. 10 yrs
 Roxanne M. 11 yrs
 Margrit P. 16 yrs
 Joan B. 21 yrs
 Terry 21 yrs

FEBRUARY 2013
THE LINK GROUP
 Ravenmoon S. 1 yr
 Rod L. 23 yrs

MARCH 2013
ACTION GROUP
 David M. 4 yrs

AWAKENINGS GROUP
 Doug H. 25 yrs

FOREST LAWN GROUP
 Dennis H. 4 yrs
 Julie A. 33 yrs
 Mike C. 34 yrs

HADDON ROAD GROUP
 Joan P. 1 yr
 Joe C. 1 yr
 Kirk R. 1 yr
 Garry I. 2 yrs
 Brian I. 3 yrs
 Harry F. 11 yrs
 Michel M. 12 yrs
 Harry P. 32 yrs

HARMONY GROUP
 Sharon G. 20 yrs

MARLBOROUGH PARK GROUP
 Chris B. 5 yrs

MARCH 2013
THE LINK GROUP
 Jonathan 2 yrs

THE RECOVERY GROUP
 Richard H. 1 yr
 Kevin K. 3 yrs
 Dean G. 5 yrs
 Wally P. 26 yrs

OUT OF TOWN
MARCH 2013
AIRDRIE

BACK FROM HELL GROUP
 Linda G. 2 yrs
 Crystal B. 3 yrs
 Chris J. 4 yrs
 Shona B. 5 yrs
 Greg P. 6 yrs
 Nick T. 10 yrs
 Sandy B. 11 yrs
 Danny L. 19 yrs
 Brian J. 22 yrs
 Nancy J. 22 yrs

Calgary Intergroup Birthday Contributions

CSO accepts Birthday Contributions from individual members to celebrate lengths of sobriety.

Contributions range from a penny a day to a dollar a year.

Calgary Intergroup Birthday Contributions

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 Contributions range from a penny a day to \$1.00 per year.

2012 – 2013 Contributors

Jim S 59 years, Daryl M 28 years, Mathew M 26 years, Ron W 9 years

WESTWORD DEADLINES

Calgary AA groups need to get their birthdays, meeting changes, special events and other notices into the Westword Editor or Central Office well before deadline for the coming issue. Generally, the deadline for the next month's edition is the last day of the current month.

The deadline for submissions for the February edition of The Westword is Sunday, March 31, 2013.

Please email any notices for the Westword to: westwordeditor@gmail.com or drop notices off at Calgary Central Office.

The Westword is available electronically by e-mail if requested. Please forward your request to the westwordeditor@gmail.com to have your e-mail address added to the distribution list