

The Westword is a monthly newsletter published by Calgary Intergroup
 (westwordeditor@gmail.com)

25 Cents
 (suggested donation)

*The deadline for submission for publishing in the Westword is the last Thursday of the month.
 Additions will not be made after this date.*



Happy Birthday!

(all birthdays are entered as received. If there is an error please let us know and we will do our best to correct it.
 Please note, we do not print birthdays in advance as this is a One Day At A Time program.)

| July | September | | |
|--------------------------|--------------------------|---------------------------------------|-----------------------------------|
| Desperation Group | Open Door | Haddon Road | Ogden |
| Whitney S 2 years | Albert D 14 years | Christi M 1 year Collette S 1 year | Peter L 1 year Deane S 5 years |
| August | Tues. Morn Ladies | Glynn W 1 year | Anette 4 years |
| Forest Lawn | Maureen D 31 years | Thom C 1 year | Carie G 4 years |
| Shane E 6 years | McKenzie Towne | David M 2 years | Diane N. 5 years |
| Kim A 16 years | Craig M 1 year | Eric V 2 years | Tina 6 years |
| Sharon S 21 years | Jeff S 1 year | Kevin L 2 years | Calvin S. 6 years |
| Glenmore | Chantal E 2 years | Danae D 3 years | Perry A 8 years |
| Peter B 1 year | Ryan M 3 years | Ryan N 3 years | Yvonne S 10 years |
| Erik K 1 year | Dona M 4 years | Jay M 4 years | Tom H 11 years |
| Bill S 1 year | Coleen K 17 years | Sean C 6 years | Andy B 26 years |
| Rob J 2 years | ABC Group | Bob P 8 years | Action Group |
| Angie 5 years | Linda D 29 years | Jason A 8 years | Vern M 1 years |
| Bradley 5 years | Forest Lawn | Tanya J 9 years | Jimmy M 1 years |
| Lois 5 years | Maurice L 3 years | Matty K 13 years | Stephen W 1 years |
| Ryan 6 years | Norm N 37 years | Brian B 15 years | Matt S 2 years |
| Rachelle 6 years | Inglewood | Cassie S 18 years | Dave P 3 years |
| Eric 8 years | Wayne C 5 years | Grace P 28 years | Thomas M 4 years |
| Daryl P 10 years | Russell K 11 years | Dave C 38 years | Al D 4 years |
| Katherine B 17 years | Rindy Y 29 years | Irricana | Roseanne M 19 years |
| Joni 22 years | Francis Y 30 years | Dan S 6 years | Malborough Park |
| Gary 32 years | Awakenings | Brenda H 9 years | Ken S 12 years |
| Desperation Group | Elizabeth L. 12 years | Marie B 14 years | Jessie 24 years |
| Nathan S 2 years | Desperation Group | Eunice B 14 years | |
| Tree B 6 years | Brett S 4 years | Wayne D 35 years | Back from Hell |
| | | Gordon R 30 years | Eric V 2 years |
| | | | Ben S 5 years |
| | | | Shandi B 6 years |

Announcements & Help Needed

Haddon Road Panel

September 25 7:00 PM

Old-timers share their experience strength and hope on staying sober. Over 100 years sobriety. Q&A session following the panel discussion.

NCFC Meeting Update

Effective immediately no meetings will be held at NCFC. Please see the meeting changes and cancellations page for details on where to find these meetings.

Introductory Service Seminar

Saturday November 23, 2013

10am – 3pm \$8.00 (includes lunch)

Call Central Office to purchase tickets (403) 777-12-12

CYOC Chair Persons

CYOC needs chair people. Must be 21 years of age, 1 year sobriety and available Tuesday evenings. Please contact Marilyn at 403-239-4923

Ladies Thanksgiving Gala

October 5, 2013; 5pm – midnight

Dress to impress!

Hosted at the Danish Canadian Club

Speaker: Diane K.

Tickets \$45

For tickets please contact Central Office at info@calgaryaa.org

District 77 Round Up!

November 2nd 2013

Foothills Alliance Church

\$40 for lunch and dinner

Contact: Anima 403-283-1282;
Colin 403-466-2921; Jim 403-288-6883

Pioneers Dinner

Saturday, October 26th 2013

Dalhousie Community Church

\$25.00 includes dinner and refreshments.

For more information, please contact:

pioneersdinner2013@outlook.com

Haddon Road Big Book Study

Start September 10th at 7:30pm

Every Tuesday until the recovery portion of the book is complete!

Public Information Committee!

Last Wednesday of the Month @7pm
at Central Office!

Archive Committee Meeting!

1st & 3rd Saturday of the month
10am at Central Office

Banff Round Up Meeting

The 1st Thursday of the month
at 7pm at Central Office
All welcome!

Don't Forget!

Intergroup Sunday Morning Breakfast & Speaker Meeting

Every Sunday at the
Ramada Inn
708-8th Ave SW

Breakfast at 9am
Speaker at 10am

Contact Jim H cgigbrkfst@gmail.com

To see which groups are speaking, check out
this issue of the Westword!

Cooperation with the Professional Community

2nd Thursday of the Month @7pm
at Central Office!

INTERGROUP CONTACTS

To receive the Westword and event updates via email please email the Westword Editor and ask to be added to the distribution list.

| | | | |
|--------------------------------|--|----------------------------|--|
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| Banff Roundup Chair | cgigbanffchr@gmail.com | Intergroup Special Events | cgigevents@gmail.com |
| Sunday Morning Breakfast Chair | cgigbrkfst@gmail.com | | |

New Meetings

Haddon Road: "On Awakening". Monday – Friday 7am – 8am. 200 Haddon Rd. SW, RM 200L (upstairs)

Haddon Road: "Sponsorship in Action" meeting. Thursday evenings from 7:30 to 9 PM. 200 Haddon Rd. SW, Rm. 200L (upstairs).

NW Calgary Group: Saturday, 5:30pm, Open, Step & Tradition. Foothills Alliance Church, 333 Edgepark Blvd NW.

Lacombe Group: Friday, 8PM St. Patricks Parish Church, Father Lacombe Room, 1414 Shawnessy Blvd. SW

Plain Language Meeting: Monday, 7PM, Calgary Society for Persons with Disabilities – 3410 Spruce Drive SW. Open beginners discussion.

Out of Town

Sunrise Group: 9AM, Closed, Knox United Church (side door) 195 3 Ave East. Drumheller

Meeting Cancellations

Garnet: Saturday, NW 3pm. **CANCELLED**

Garnet Young People's: Sunday, NW 3pm. **CANCELLED**

Garnet Nightowl: Saturday, NW 10pm. **CANCELLED**

Grapevine: Friday, NE **CANCELLED**

Thursday Afternoon Drop-in: Central **CANCELLED**

Step 11 Meeting: Sunday Central **CANCELLED**

Soberriders: Tuesday 8:30 PM **CANCELLED**

Bowmont Group: Mondays, 8:15 PM **CANCELLED**

Eye Opener: Saturdays, 11:00 AM **CANCELLED**

Knockin' on Heaven's Door: Sundays, 2:30 PM **CANCELLED**

Out of Town

Sundre: Friday Night Ladies meeting **CANCELLED**

Trochu: Wednesday PM is **CANCELLED**

Canmore: Friday, Knock Turn All Group. **CANCELLED**

Strathmore: Tuesday Ladies Group. **CANCELLED**

Meeting Changes

Awakenings Group: Saturdays: 9:30 AM has moved to Parkdale United Church, 2919 – 8 Ave. NW

Generation XII: Wednesdays, 8:30 PM, has moved to Foothills United Church, 3803 – 69 St. NW

Saturday Night Trainwreck: Saturdays, 10:00 PM, has moved to 1609 – Centre St. NW, downstairs

Last Gaspers: Monday to Friday, 9:30 AM, have moved to 1609 – Centre St. NW, downstairs

Stampeders: Saturdays, now meets at 3:00 PM, have moved to Rock Point Church, 12 Bow Ridge Drive NW

Fun Seekers: Monday to Friday, 12:00 noon, have moved to Parkdale Community Association, 3512 – 5 Ave. NW

Sooner Than the Nooner Group: Sundays, 11:00 AM, has moved to Parkdale Community Association, 3512 – 5 Ave. NW

District 77 Speaker Meeting: Sundays, 8:00 PM, has moved to Parkdale Community Association, 3512 – 5 Ave. NW

Homeward Bounders: Monday to Friday, 5:15 PM, have moved to Parkdale Community Association, 3512 – 5 Ave. NW

Go For It Group: Daily, all meetings now meet at 7:00 AM, has moved to Bowness Seniors' Centre, 6422 – 35 Ave. NW

New You/Sailor Bills: Tuesdays, now meets at 8:00 PM, has moved to 6228 Bowness Road NW effective Sept. 17

Garnet Block: Daily, SW, moved to 1609 Centre St. NW. basement, parking in rear.

Regal Group: Thursdays, NE, moved to Renfrew United Church, 956 Radnor Ave. NE.

Westend Step & Tradition: Saturday, NW, moved to Foothills United Church, 3803 69 ST NW, use single door labeled "Food Bank" on south side

Whitesheep Men's Meeting: Thursday, SW, moved to Woodgreen Presbyterian Church, 12777 Candle Cres SW, enter Main Entrance to Kids Worship Room

Airport Group: Wednesday, NW, has moved to the Wildrose United Church, 1317 – 1 St. NW.

Recovery Group: Daily, SW.
Monday to Friday: 7:30 PM
Saturday: 9:00 AM, 11:30 AM, 7:30 PM
Sunday: 7:30 PM

East Side Native Women's Group: Thursdays, closed temporarily.

High River: All meetings combined on Wednesday and Friday nights in the Disaster Relief Centre (1204 10th St SE High River) at 7:00PM

“Outline the program of action explaining how you made a self appraisal, how you straitened out your past, and why you are now endeavoring to be helpful to him. It is important for him to realize that your attempt to pass this on to him plays a vital part in your own recovery.

Actually he may be helping you more than you are helping him.”

– Alcoholics Anonymous, Working With Others

Alpha House Meetings:

“The Friday night Alpha house AA meeting at 8 pm is a meeting I will never miss.

It was the very first AA meeting I went to while I was staying at the detox upstairs. It was my first time in detox and it was there that my Step 1 really made sense. After the meeting I knew I needed the program, the steps, and the fellowship.

Every Friday night a few of us gather together and share our solution. Our stories explain how a life can be changed by one alcoholic helping another. Miracles do happen and I am proud to sit at the Alpha House meeting and wait for the next miracle to walk in the door.” - D.M. 1 year sober October 2013

| Service Commitments | | | |
|---|-------------------|-----------|------------------|
| | | September | October |
| Renfrew | Tuesday | 7:00 PM | Ogden Group |
| Renfrew | Wednesday | 7:00 PM | Back from Hell |
| Renfrew | Thursday | 7:00 PM | McKenzie Group |
| Renfrew | Sunday | 7:00 PM | New Beginnings |
| Centre of Hope | Monday | 8:00 PM | Unity Group |
| Sunrise | Tuesday | 8:00 PM | SMOG |
| Please note: Renfrew Speakers must have minimum 1 year sobriety. * Alpha House meetings will be held at the old Calgary Science Centre (11th St. & 8th Ave SW) until further notice | | | |
| Sunday Morning Breakfast at the Ramada | | | |
| September 1 | NW Calgary Group | | October 6 |
| September 8 | Action Group | | October 13 |
| September 15 | Irricana Recovery | | October 20 |
| September 22 | Haddon Road | | October 27 |
| September 29 | New Beginnings | | |
| Telephone Monitoring | | | |
| September 2 - 8 | New Beginnings | | October 7 - 13 |
| September 9 - 15 | Go For It | | October 14 - 20 |
| September 16 - 22 | McKenzie Towne | | October 21 - 27 |
| September 23 - 29 | Ogden | | Oct. 28 - Nov. 3 |
| September 30 - Oct 6 | NW Calgary | | |

For information on Calgary AA, visit our NEW website!

www.calgaryaa.org