

# THE WESTWORD

The Westword is a monthly newsletter published by Calgary Intergroup  
The deadline for submission for publishing in the Westword is the last Thursday of the month.  
Additions will not be made after this date.

25 Cents  
(suggested donation)



## "A New Freedom" Roundup

*Sponsored by District 77*

*Saturday, November 8, 2014*

Foothills Alliance Church  
333 Edgepark Blvd NW, Calgary

\$25 Registration

\$45/ includes Lunch & Banquet

Tickets can be purchased from Intergroup Reps, GSR, DMC, or Central Office

### Introduction to Service Seminar

**Saturday, November 22nd - 9AM to 2PM**

AT

St. Mark and St. Philip Anglican Parish  
1802 - 33rd Avenue SW - Lower Hall off 17th Street

Tickets are \$5.00 and include Materials, Coffee, and Lunch!  
Tickets available from your GSR or at Central Office

Calgary Corrections Volunteers Needed!

Please contact [yccorrections@gmail.com](mailto:yccorrections@gmail.com)

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### INTERGROUP ELECTIONS

**Monday, November 10th - 7PM**

St. Mark and St. Philip Anglican Parish  
1802 - 33rd Avenue SW  
Lower Hall of 17th Street

PLEASE COME AND SHOW YOUR  
SUPPORT BY RUNNING, VOTING,  
OR CHEERING FOR THOSE WHO  
PUT THEIR TIME INTO SERVICE

Be sure to visit [www.calgaryaa.org](http://www.calgaryaa.org) for up-to-date  
meeting and event schedules!

To make changes to the meeting schedule, or to post in the online calendar of events,  
please call Central Office: 403 777 1212 or send email to [centraloffice@telus.net](mailto:centraloffice@telus.net)

## NOVEMBER 11 IS REMEMBRANCE DAY - LEST WE FORGET

New Meetings

**SAIT:** Mondays, 12 Noon, Stan Grad Building, MB 216 (09/12/2014)

**Chestermere Lakeside Serenity:** Thursday, 7:30PM, City Hall, 105 Marina Road, Chestermere (09/2014)

**Calgary South Health Campus:** Wednesdays, 8:30 PM, Beginners, Open, 4448 Front Street SE, Room #180006

**Midnapore Group:** Sundays, 8:00 PM, open, Step / Tradition, St. Mary's University, 14540 Bannister Road SE, West Entrance

**Garnet Young People:** Sundays, 3:00 PM, open, Step Discussion, 1609 Centre St NW downstairs (09/2014)

**Garnet Ladies:** Saturdays, 1:30 PM, closed, Step Discussion, 1609 Centre St NW downstairs (09/2014)

**Glenmore Group:** Sundays, 3:00 PM, open, Open Discussion, 271 Hochwald Court SW (Currie Barracks). (10/2014)

Out of Town

**Piitaapoyi Group:** Thursdays 7:30 PM, open, Peigan Prevention Councelling Services (PPCS) Building, **Brocket AB**

**Hospital Meeting:** Saturdays 8:00 PM, open, Oilfields General Hospital, basement "Action Centre" Room, 717 Government Rd., **Black Diamond**

**Back Again Group:** Wednesdays, 7:30 PM, closed, Step Discussion, Eye of the Sky building at Lions' Campground. **Trochu**

Meeting Changes

**District 77 Sunday Night Speaker:** Sundays, 8:00 PM, moved to Parkdale Community Centre, 3512 5<sup>th</sup> Ave NW (03/2014)

**Recovery Group:** All meetings changed to 8pm. (04/2014)

**Last Gaspers:** Meets ONLY Wednesdays and Fridays. (05/2014)

**NW Step and Tradition: Now on:** Tuesdays, NW, Ranchlands Community Hall, 7713 Ranchview Dr. NW. (10/2014)

**Out To Lunch:** Meets Mondays, Wednesday, Friday, now OPEN. (10/2014)

**Soberiders:** Now meets Wednesdays 8pm. Same great location! (10/2014)

Meeting Cancellations

**Crossroads Group:** NE **CANCELLED (10/2014)**

**NW Step & Tradition:** Tuesdays NW Temporarily **CANCELLED (09/2014)**

**Generation XII:** Wednesday NW **CANCELLED (02/2014)**

**Serenity for Quality of Life:** Tuesdays & Saturdays SW **CANCELLED (05/2014)**

**East Side Discussion Group:** Sundays, SE, **CANCELLED (07/2014)**

**Living Lacombe Group:** Fridays, SW, **CANCELLED (09/2014)**

**Downtown Saturday Night:** Saturdays, SW, **CANCELLED (10/2014)**

What Step 11 Means to Me

Submitted by Norm N.

*Sought through Prayer and Meditation to improve our  
conscious contact with God as we understand Him,  
praying only for knowledge of His will for us  
and the power to carry that out.*

"Be with me." That's what the 11th Step sounds like. "Take my hand. Give me strength for today's climb. Protect me from rock slides of self pity. Help me get up when I stumble. Keep your eye on me." "I'm with you."

This is what the 11th Step means to me: a daily example of deliberate contact with God as I understand God to be. I think of my daily 11th Step as an invitation issued; a request for both leadership and companionship. I find healing, power, and peace in consistent practice of this step. I don't have to walk alone through anything. I travel in good company, with a friend who knows the way. There is order and stability in the universe; it is available to me if I seek it.

The 11th step keeps me going in the right direction.

Today, knowing I have God's constant companionship helps me get progressively more well.

I am Responsible. When anyone, anywhere reaches out for help, I want the hand of AA to always be there, and for that I am responsible!

# A Christmas Potluck

Saturday, December 6

Scarboro United Church - 134 Scarboro Avenue SW 11AM - 3PM

Sponsored by Calgary Intergroup

Call Andrew 403 463 5182 or email: [ajboyle2012@hotmail.com](mailto:ajboyle2012@hotmail.com) and let him know what food or dessert dish you're bringing.

District 86

12th ANNUAL



## Christmas Dinner & Dance

Balzac Community Hall

Saturday, December 13 - Doors open @ 5:00, Dinner @ 6:00

Tickets: \$20, Children under 12: FREE. For info and tickets, call Karen: 403 612 2622



### *Haddon Road*



### *Annual Christmas Potluck*

December 20, 1 - 4 PM

Everyone Invited - Bring your favorite holiday dish.

200 Haddon Road SW, Calgary

Whitesheep AA Men's Group Hosts

18th Annual



## Christmas Eve Breakfast



### Deerfoot Inn and Casino

8:00 - 11:00AM, Tickets \$30 @ Central Office, Info: Gary 403 281 1745

*Thank you*

On behalf of your Calgary Intergroup Archives Committee, we'd like to thank the AA Community and the friends of AA for making our recent **Pioneers Dinner** a great success!

*69 Years - A Day at a Time*

**INTERGROUP CONTACTS**

|                                |                           |                            |                               |
|--------------------------------|---------------------------|----------------------------|-------------------------------|
| Intergroup Alternate Chair     | cgigalterchair@gmail.com  | Intergroup Chairperson     | cgigchair@gmail.com           |
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| Banff Roundup Chair            | cgigbanffchr@gmail.com    | Intergroup Special Events  | cgigevents@gmail.com          |
| Sunday Morning Breakfast Chair | cgigbrkfst@gmail.com      |                            |                               |



# Happy Birthday!

All birthdays are entered as received.

Please note, we do not print birthdays in advance as this is a One Day at A Time program.

If you do not have a homegroup and would like your birthday published, please email [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)

| November         |          |                       |          |                       |          | October       |         |                        |          |                         |          |
|------------------|----------|-----------------------|----------|-----------------------|----------|---------------|---------|------------------------|----------|-------------------------|----------|
| <b>ABC Group</b> |          | <b>Back From Hell</b> |          | <b>Awakenings</b>     |          | <b>Action</b> |         | <b>Ogden</b>           |          | <b>Back From Hell</b>   |          |
| Alex P           | 20 years | Holly T               | 2 years  | Bev H                 | 10 years | Kevin W       | 2 years | Deb D                  | 2 years  | Duane                   | 5 years  |
| Marsh C          | 36 years | Shane F               | 6 years  | Carolyn D             | 22 years | Dan M         | 2 years | Dixie                  | 3 years  | Rick D.                 | 5 years  |
| Lisa K           | 6 years  | Doug F                | 8 years  | <b>Action</b>         |          | Craig R       | 8 years | Kris M                 | 6 years  | Michelle                | 7 years  |
| <b>NWCG</b>      |          | Jessica Z             | 10 years | Kelly D               | 2 years  |               |         | Chuck C                | 8 years  | Coleen                  | 8 years  |
| Lee H            | 7 years  | Pam S                 | 11 years | <b>Candlelight</b>    |          |               |         |                        |          | Jody Q.                 | 9 years  |
| Brian S          | 32 years | Mike G                | 17 years | Rick T                | 22 years | Gary G        | 2 years |                        |          | Ron A.                  | 11 years |
| <b>October</b>   |          |                       |          |                       |          | Delice L      | 4 years | <b>Tuesday Morning</b> |          | Stacey P                | 27 years |
| <b>Glenmore</b>  |          | <b>Glenmore</b>       |          | <b>New Beginnings</b> |          | Rob L         | 4 years | Irene B                | 41 years | <b>Forest Lawn</b>      |          |
| Tamara K         | 7 years  | Gerald                | 4 years  | Billy R               | 2 years  |               |         |                        |          | <b>Saturday Night</b>   |          |
| Trevor P         | 1 year   | Deb                   | 24 years | Melody F              | 8 years  |               |         |                        |          | Al F                    | 29 years |
| Joanne           | 1 year   | <b>McKenzie Town</b>  |          | Brittany              | 3 years  |               |         |                        |          | Greg C                  | 24 years |
| Sarah S          | 2 years  | Nathan S              | 1 year   | Mary                  | 1 year   | <b>NWCG</b>   |         | <b>Awakenings</b>      |          | Becky C                 | 1 year   |
| Neal S           | 2 years  | Larry A               | 2 years  | Kevin s               | 11 years | Aimee G       | 5 years | Katarina W             | 16 years | <b>Haddon Road</b>      |          |
| Elise O          | 5 years  | Noelle R              | 8 years  | Amanda R              | 1 year   | Rob B         | 6 years |                        |          | <b>Mariam A</b> 8 years |          |
| Mike V           | 7 Years  | Mike R                | 10 years | Lavonne D             | 12 years | Mike J        | 3 years | <b>Cedarbrae Men</b>   |          | Craig R                 | 8 years  |
| Mark M           | 3 years  | Steve G               | 12 years | Richard O             | 22 years | Fred P        | 3 years | Bob F                  | 4 years  |                         |          |
|                  |          |                       |          |                       |          | Pat H         | 4 years | Lawrence V             | 14 years | Jim I                   | 8 years  |

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