THE WESTWORD

25 Cents

(suggested donation)



The Westword is a monthly newsletter published by Calgary Intergroup

The deadline for submission for publishing in the Westword is the last Thursday of the month.

Additions will not be made after this date.

Have Ya Heard?!

1ST EDITION BIG BOOKS NOW AVAILABLE!

\$22.50 at Central Office! Call 403-777-1212 or email centraloffice@telus.net to get yours!

District 77 AA Potluck

June 7 2014 10-3 Edworthy Park Site 1

Burgers, Spolumbos, and drinks provided! Please bring an appy, chips, or dessert!

Wanted!

Now seeking resumes for the COMC (Central Office Management Committee)!

Applicants must have 5 years sobriety, a background in AA Service, and experience with business, finance, or HR!

Detailed poster enclosed or email <u>centraloffice@telus.net</u> for more details!

To receive the Westword and event updates via email please email the Westword Editor and ask to be added to the distribution list.

INTERGROUP CONTACTS

Intergroup Alternate Chair	cgigalterchair@gmail.com	Intergroup Chairperson	cgigchair@gmail.com
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Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	cgigevents@gmail.com
Sunday Morning Breakfast Chair	cgigbrkfst@gmail.com		

Special Notes!

Grapevine Chair NEEDED

Job Duties:

- Participate in the activities of their area's Grapevine committee
- Announce the arrival of new magazines at the group
- Encourage members to submit articles and illustrations
- Explain how members can order their own subscriptions

How to Get Involved? Email Susan at slrobert08@gmail.com

Gratitude Roundup Tickets!

Books of Gratitude Roundup Tickets are available for Intergroup Reps to sell!

Please contact <u>calgarygratituderoundup@gmail.com</u> for more information!

The Calgary & Area Meeting List is printed once a quarter...check the Westword Monthly for Meeting Updates!

Meeting Lists are available for purchase at your home group or Central Office, or check online at www.calgaryaa.org

New Meetings

Calgary South Health Campus: Wednesdays, 8:30 PM, Beginners, Open, 4448 Front Street SE, Room #180006 (04/2014)

Midnapore Group: Sundays, 8:00 PM, open, Step / Tradition, St. Mary's University, 14540 Bannister Road SE, West Entrance (04/2014)

A-Men: Thursdays, 7:30 PM, closed, boardroom, Rocky Mtn Bible College, 4039 Brentwood Rd NW (02/2014)

Out of Town

Piitaapoyi Group: Thursdays 7:30 PM, open, Peigan Prevention Councelling Services (PPCS) Building, **Brocket** AB

Hospital Meeting: Saturdays 8:00 PM, open, Oilfields General Hospital, basement "Action Centre" Room, 717 Government Rd., Black Diamond

Meeting Changes

District 77 Sunday Night Speaker: Sundays, 8:00 PM, moved to Parkdale Community Centre, 3512 5th Ave NW (03/2014)

Recovery Group: All meetings changed to 8pm. (04/2014)

Last Gaspers: Meets ONLY Wednesdays and Fridays. (05/2014)

Meeting Cancellations

Centre of Hope: Mondays, SE, CANCELLED (02/2014)

Generation XII: Wednesday NW CANCELLED (02/2014)

Serenity for Quality of Life: Tuesdays & Saturdays SW CANCELLED (05/2014)

Hospital & Treatment Facility Meetings

There are six hospital and treatment facility meetings every week in Calgary! To find out how you can carry the message, please see the attached poster!

Calgary Corrections Volunteers Needed!

Please see attached flyer or contact yyccorrections@gmail.com

Intro to Service Seminar!

May 31 2014 10 - 3pm! St. Mark & St. Philip Anglican Parish 1802 33rd Ave SW

\$8 - tickets can be purchased at the door or from your GSR!

Service Commitments									
			May	June					
Alpha House	Tuesday	8:00 PM	SMOG						
Renfrew	Tuesday	7:00 PM		272					
Renfrew	Wednesday	7:00 PM	PM NW Calgary Group New Beginnings						
Renfrew	Thursday	7:00 PM	Harvest Hills Big Book	McKenzie Group					
Renfrew	Sunday	7:00 PM	Cochrane Thursday Mens	19th Hole					
Sunrise	Tuesday	8:00 PM	Ogden	NW Calgary					
South Calgary Hospital	Wednesday 8:00 PM Haddon Road Bring You		Bring Your Own Cup						
	Please note: Renfrew Speakers must have minimum 1 year sobriety.								
Sunday Morning Breakfast at the Ramada									
May 4	Malborough P		June 8	Haddon Road					
May 11	Saturday Night Trainwreck		June 15	Tuesday Morning Ladies					
May 18	Candlelight		June 22	NW Calgary					
May 25	Ogden		June 29	ABC					
June 1	Thursday Night Ladies		July 6	Desperation Group					
Telephone Monitoring									
May 5 - 11	Northwest Calgary Group		June 9 - 15	New Beginnings					
May 12 - 18	Kincora		June 16 - 22	Haddon Road					
May 19 - 25	SMOG		June 23 - 29	Thursday Night Ladies					
May 26 - June 1	Go For It		June 30 - July 6	Inglewood					
June 2 - 8	Ogden								

Darkness and Light

Everyday is depressing, dark and grim, Fear, hate and loneliness is what fills me within.

Each morning the sun rises and a new day shall break, I keep my eyes closed and ignore what's at stake.

I have forgotten each every good reason to live, For I know only take, and not how to give.

I numb all my feelings of guilt, shame and despair, My life is worth nothing, far beyond any repair.

I walk through the darkness not looking a soul in the eye,

For I'd much rather be alone, just waiting to die.

Through ego and deceit I may appear to be swell, But under this mask it is like a living hell.

In this tunnel there is light, to see my eyes strain, However I am quickly reminded it's an oncoming train.

This surely can't be the way, something has got to give, For even under all this pain, burns a desire to live. I fall to knees, I pray with all my might, And when my eyes open, I see there is light.

Why haven't I ever seen this light? I asked with a sigh, For my light was of a flashlight whose batteries must die!

on this new journey the road is windy and bends, Deep down inside my broken spirit begins to mend.

Looking forward to each day, I feel almost freed, For my new life is of love, not hatred and greed.

For so many years I've felt whipped, chained and bound,

God deserves all the credit for this new life I've found.

He has always been there, He just needed to be sought,

For I hadn't believed or perhaps had forgot. Why do I partake in this seemingly infinite fight?

For I'd never see the stars, if it weren't for the the light.

- Reid M



Happy Birthday!

All birthdays are entered as received.

Please note, we do not print birthdays in advance as this is a One Day at A Time program. If you do not have a homegroup and would like your birthday published, please email westwordeditor@gmail.com

A	pril	Мау						
McKenzie Towne		Midnapore		Cros	Crossroads		MAAT Group	
Katie S	1 year	Michaela E	34 years	Harvy R	35 years	Gary O	32 years	
Dean F	1 year	George G	20 years	Tony S	38 years			
Beau P	1 year	Brian W	20 years	Phil M	50 years	Daily Reflections		
Skip M	3 years	Loretta P	34 years			Derek J	2 years	
Craig B	6 years	Doug N	46 years	272	272 Group Mark S 3 year		3 years	
Kyle A	8 years	Garth N	51 years	Anneliese	25 years	Donna Z	7 years	
Kevin H	8 years					James J	9 years	
Les M	14 years	Awak	enings	Kincora Group		Rick C	16 years	
David W	15 years	Deb W	4 years	Bali G	3 years			
Judy H	26 years	Richard T	7 years	Maureen K3 years		Unity Group		
Liz L	26 years	Jen A	9 years			David M	25 years	
		NW Calgary Group						
New Be	ginnings	Candlelight		Jason F	20 years	Ogden		
Wendy H	2 years	Brandy W	20 years			Ben F	5 years	
Barb L	13 years	Bryan H	32 years	Action Group		Roy F	22 years	
Chris G	16 years	Heather L	42 years	Ryan M	1 year			
Linda M	16 years			Keith S	7 years			
George L	50 years			Bob B	25 years			

Save the Date!

Calgary Gratitude Roundup June 13th, 14th, and 15th

Poster attached with more details!