

THE WESTWORD

The Westword is a monthly newsletter published by Calgary Intergroup
*The deadline for submission for publishing in the Westword is the last Thursday of the month.
Additions will not be made after this date.*

25 Cents
(suggested donation)



Free to Fly

We always sought to be free, to fly
But never believed we could.
We kept our secret fears inside
Through bad time and the good.

We borrowed wings of courage
From games and drugs and booze,
And when we stood up on our hill
We thought we couldn't lose.

When we ran from our high place
Our wings to soar unfold
We all came crashing to the ground
Broken, with nothing to hold.

Like wounded birds we fluttered
There seemed no caring hand.
We covered then like open prey
until we came to land.

Now we seek the truth in steps
with honesty for ourselves.
We trust a Higher Power
In recovery for us to dwell.

And lest we keep our heads from clouds
With faith we all should try
To love and laugh, to live and give more
And in that, we are free to fly.

Wanted!

Now seeking resumes
for the COMC (Central
Office Management
Committee)!

Applicants must have 5 years
sobriety, a background in AA
Service, and experience with
business, finance, or HR!

Detailed poster enclosed or
email
centraloffice@telus.net for
more details!

Calgary Corrections Volunteers Needed!

Please see attached flyer or contact
[yyccorrections@gmail.com](mailto:yycorrections@gmail.com)

To receive the Westword and event updates via email please email the Westword Editor and ask to be added to the distribution list.

INTERGROUP CONTACTS

Intergroup Alternate Chair	cgigalterchair@gmail.com	Intergroup Chairperson	cgigchair@gmail.com
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Sunday Morning Breakfast Chair	cgigbrkfst@gmail.com		

Special Notes!

Grapevine Chair NEEDED

Job Duties:

- Participate in the activities of their area’s Grapevine committee
- Announce the arrival of new magazines at the group
- Encourage members to submit articles and illustrations
- Explain how members can order their own subscriptions

How to Get Involved? Email Susan at slrobert08@gmail.com

The Calgary & Area Meeting List is printed once a quarter...check the Westword Monthly for Meeting Updates!
Meeting Lists are available for purchase at your home group or Central Office, or check online at www.calgaryaa.org

New Meetings

Calgary South Health Campus: Wednesdays, 8:30 PM, Beginners, Open, 4448 Front Street SE, Room #180006 (04/2014)

Midnapore Group: Sundays, 8:00 PM, open, Step / Tradition, St. Mary’s University, 14540 Bannister Road SE, West Entrance (04/2014)

A-Men: Thursdays, 7:30 PM, closed, boardroom, Rocky Mtn Bible College, 4039 Brentwood Rd NW (02/2014)

Out of Town

Piitaapoyi Group: Thursdays 7:30 PM, open, Peigan Prevention Counselling Services (PPCS) Building, **Brocket AB**

Hospital Meeting: Saturdays 8:00 PM, open, Oilfields General Hospital, basement “Action Centre” Room, 717 Government Rd., **Black Diamond**

Meeting Changes

District 77 Sunday Night Speaker: Sundays, 8:00 PM, moved to Parkdale Community Centre, 3512 5th Ave NW (03/2014)

Recovery Group: All meetings changed to 8pm. (04/2014)

Last Gaspers: Meets ONLY Wednesdays and Fridays. (05/2014)

Meeting Cancellations

Centre of Hope: Mondays, SE, **CANCELLED** (02/2014)

Generation XII: Wednesday NW **CANCELLED** (02/2014)

Serenity for Quality of Life: Tuesdays & Saturdays SW **CANCELLED** (05/2014)

East Side Discussion Group: Sundays, SE, **CANCELLED** (07/2014)

THANK YOU!

On behalf of your Calgary COMC Committee.
We like to wish Duane & His Wife Bev. A Great retirement in Cardston. And thank you for being a good servant to the Fellowship.

THANK YOU!

On behalf of Our Central Office Management (COMC) of Calgary Intergroup.
Would like to thank Rich W., for his last 4 years of dedicated service to The AA Community at Large.

Service Commitments				
			July	August
Alpha House	Tuesday	8:00 PM	NW Calgary Group	Haddon Road
Renfrew	Tuesday	7:00 PM	Steps, Stories, & Beyond	Glenmore
Renfrew	Wednesday	7:00 PM	Daily Reflections	
Renfrew	Thursday	7:00 PM	Freedom Group	Ogden
Renfrew	Sunday	7:00 PM	New Beginnings	Midnapore
Sunrise	Tuesday	8:00 PM	Saturday Morning Bridge	Unity
South Calgary Hospital	Wednesday	8:00 PM	Ogden	McKenzie Towne
Dream Centre	Sunday	7:00 PM	SMOG	Primary Purpose
Drop In Centre	Thursday	7:00 PM		Elbow Park
Please note: Renfrew Speakers must have minimum 1 year sobriety.				
Sunday Morning Breakfast at the Ramada				
July 6	Desperation		August 10	NW Calgary Group
July 13	Recovery Group		August 17	
July 20	272		August 24	Unity
July 27			August 31	Saturday Night Trainwreck
August 3				
Telephone Monitoring				
June 30 - July 6	Inglewood		August 4 - 10	ABC
July 7 - 13	Candlelight		August 11 - 17	McKenzie Towne
July 14 - 20	NW Calgary Group		August 18 - 24	272
July 21 - 27	Ogden		August 25 - 31	Ogden Group
Just 28 - August 3	Kincora			

Save the Date!

PIONEERS DINNER

Saturday October 25th
 Dalhousie Community Church
 Tickets \$25 can be purchased
 from GSR, DCM, or through
 Central Office

Claresholm Campout

July 18 – 20 2014
 See attached posted for
 more details!

Grande Prarie Roundup

September 12 – 14 2014
 Sexsmith Alberta
 Banquet & Registration \$40
 Call: Nicole (780) 978-5185



Happy Birthday!

All birthdays are entered as received.

Please note, we do not print birthdays in advance as this is a One Day at A Time program.

If you do not have a homegroup and would like your birthday published, please email westwordeditor@gmail.com

May	June		July	
Edgemont	Tues Morn Ladies	Midnapore	Step Stories & Beyond	Action Group
Kallen M 10 years	Elizabeth 3 years	Ryan D 1 year	Vanessa S 1 year	Barb B 29 years
Dave R 12 years	Gail P 10 years	Kristen B 2 years		
Bill F 14 years	Meena K 15 years	Chuck N 3 years	Kincora Group	Candlelight
Franser G 42 years	Eileen G 15 years	Mike S 4 years	Larry L 1 year	Jean-Francois 1 year
	Susan M 27 years	Paul P 23 years	Grant F 4 years	Wayne W 1 year
				Cheryl H 4 years
	New Beginnings	Glenmore Group	ABC Group	Stephan P 5 years
	Marco 1 year	Andrew M 2 years	Bryan F 1 year	Kelly R 8 years
	Stian 1 year	Paul C 2 years	Bev M 6 years	Moe R 40 years
	Kristen M 4 years	Daren O 6 years	Cindy P 17 years	
	Joelle 5 years	Lawrence 6 years	Dean C 21 years	Action Group
	Cornelia 13 years	Doug B 8 years		Barb B 29 years
	Jan H 25 years	Mark F 17 years	Awakenings Group	
	Bob R 29 years	Mark M 20 years	Bob H 2 years	Back From Hell
		Tom R 22 years	Amanda H 20 years	Cathy L 1 year
		John M 36 years	Martin W 28 years	Lindsey Z 1 year
	McKenzie Towne			Scott C 2 years
	Karen C 1 year	Ogden Group	Ogden Group	Ray F 39 years
	Brad D 1 year	Tammy M 10 years	Pam M 3 years	
	Mike L 1 year		Tim M 5 years	
	Sara G 2 years		Cyndi E 6 years	
	Scott S 2 years		Jenn S 22 years	
	David C 5 years			
	Gail C 16 years			
	Stan D 20 years			