

# THE WESTWORD

The Westword is a monthly newsletter published by Calgary Intergroup  
 The deadline for submission for publishing in the Westword is the last Thursday of the month.  
 Additions will not be made after this date.

25 Cents  
 (suggested donation)



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Calgary Intergroup's 42nd Annual

# Banff Roundup

Spirit of Fellowship

**March 6th, 7th & 8th 2015**

**BANFF PARK LODGE, BANFF, ALBERTA**

## Speakers

Adell S. (AA)  
 Sedona, AZ

Jay S. (AA)  
 Sedona, AZ

David P. (AA)  
 Westfield, NJ

Butch G. (AA)  
 Hawthorne, CA

Larcine G. (Al-Anon)  
 Hawthorne, CA

## Banquet & Registration

Registration only: **\$37/person**

- Includes ALL speakers, Friday night music jam & Saturday night dance
- Can be purchased from GSRs, Intergroup reps or AA Central Office

Banquet & Registration: **\$94/person**

- Includes same as registration, plus banquet dinner on Saturday night
- Must be purchased in advance from AA Central Office only

AA Central Office accepts MC, VISA, Interac, cheques and cash.

## Special Events

Friday night music Jam and Open Mic

Saturday night dance!

Contact Central Office @ (403) 777-1212 or [centraloffice@telus.net](mailto:centraloffice@telus.net)

## Accommodations

**BANFF PARK LODGE**  
 222 Lynx Street, Banff, AB  
 1-800-661-9266 or 1-403-762-4433  
[www.banffparklodge.com](http://www.banffparklodge.com)

**Rooms are \$135 per night**  
 (taxes not included)

Accommodations must be booked directly with hotel. Mention "Banff Roundup" to obtain special rates. If booking online, use code "21615" and password "520".



[www.BanffRoundup.com](http://www.BanffRoundup.com)



@BanffRoundup



[info@BanffRoundup.com](mailto:info@BanffRoundup.com)

Be sure to visit [www.calgaryaa.org](http://www.calgaryaa.org) for up-to-date meeting and event schedules!

To make changes to the meeting schedule, or to post in the online calendar of events, please call Central Office: 403 777 1212 or send email to [centraloffice@telus.net](mailto:centraloffice@telus.net)

### New Meetings

**The Woodcreek Group:** Thursdays, 7:00 PM, topic discussion, main floor boardroom, Woodcreek Community Association, 1991 Woodview Dr. SW (01/15/2015)

**SAIT:** Wednesday, 12 Noon, Stan Grad Building, MB 216 (01/08/2015)

**Chestermere Lakeside Serenity:** Thursday, 7:30PM, City Hall, 105 Marina Road, Chestermere (09/2014)

**Calgary South Health Campus:** Wednesdays, 8:30 PM, Beginners, Open, 4448 Front Street SE, Room #180006

**Garnet Young People:** Sundays, 3:00 PM, open, Step Discussion, 1609 Centre St NW downstairs (09/2014)

**Garnet Ladies:** Saturdays, 1:30 PM, closed, Step Discussion, 1609 Centre St NW downstairs (09/2014)

**Glenmore Group:** Sundays, 3:00 PM, open, Open Discussion, 271 Hochwald Court SW (Currie Barracks). (10/2014)

### Out of Town

**Piitaapoyi Group:** Thursdays 7:30 PM, open, Peigan Prevention Councelling Services (PPCS) Building, **Brocket AB**

**Hospital Meeting:** Saturdays 8:00 PM, open, Oilfields General Hospital, basement "Action Centre" Room, 717 Government Rd., **Black Diamond**

**Back Again Group:** Wednesdays, 7:30 PM, closed, Step Discussion, Eye of the Sky building at Lions' Campground. **Trochu**

### Meeting Changes

**Rule 62:** Canmore Saturday Evening 8:30 **CHANGED TO** 8:00pm (01/2015)

**Old Time Group:** 1432 19 St NE 8:30pm **CHANGED TO** 7:30pm (01/2015)

**Midnapore:** Sundays 8PM, changed to Closed Big Book Meeting St. Mary's University, 14540 Bannister Road SE, West Entrance (11/2014)

**NW Men's Step and Tradition: Now on:** Mondays, Ranchlands Community Hall, 7713 Ranchview Dr. NW. (01/2015)

**Out To Lunch:** Meets Mondays, Wednesday, Friday, now OPEN. (10/2014)

**Soberiders:** Now meets Wednesdays 8pm. Same great location! (10/2014)

**Last Gaspers:** Meets ONLY Wednesdays and Fridays. (05/2014)

### Meeting Cancellations

**Golden Oldies SE: ALL Cancelled (01/2015)**

**Highland Park NW: All - , CANCELLED (01/2015)**

**Garnet Block NW: Saturday 1:30PM, AND Sunday 3PM, CANCELLED (11/2014)**

**Crossroads Group NE: CANCELLED (10/2014)**

**Downtown Saturday Night SW: Saturdays CANCELLED (10/2014)**

**Living Lacombe Group SW: Fridays CANCELLED (09/2014)**

**NW Step & Tradition NW: Tuesdays Temporarily CANCELLED (09/2014)**

**East Side Discussion Group SE: Sundays CANCELLED (07/2014)**

## **Vital Service Workers Needed:**

### **HELP THE MESSAGE REACH THOSE MOST IN NEED - THE ONES WHO DON'T KNOW AA!**

Supplying the public with information in a variety of ways is vital AA work, and service opportunities are available on many different levels. As we all know, the more AA out there, the more lives and families saved in here. Much exciting and rewarding work to be had, and many hands are needed and no committee duties!

Please contact Don at [pichair.calgary@gmail.com](mailto:pichair.calgary@gmail.com) or call tel:403-273-7117.

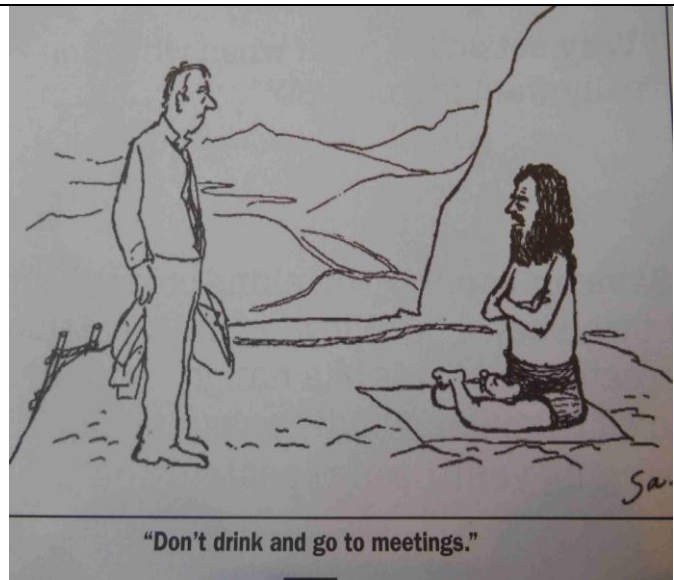
*"Public Information work is everyones responsibility".*

### Emotional Sobriety

If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand. Let us, with God's help, continually surrender these hobbling liabilities.

Then we can be set free to live and love; we may then be able to twelfth-step ourselves, as well as others, into emotional sobriety.

Grapevine, January 1958



## Elbow Park Group Celebrates 45 Years

Monday February 9<sup>th</sup> 2015 at 8:30 pm - Christ Church 3602 8<sup>th</sup> Street SW  
Open step and discussion AA meeting followed by cake and socializing.

Old Timers with memories of Elbow Park are encouraged to come share their experiences from the past.

## Garnet Group Celebrates 63 Years

Saturday February 28<sup>th</sup> 2015 10 am to 10 pm, 1609 Center Street, NW  
Meetings and snacks all day, Pot Luck Supper 4pm - 5:30pm,  
February Birthday Meeting at 8:30pm. Call Mitch K. 403 903 2769

## INTERGROUP CONTACTS

Intergroup Alternate Chair	cgigalterchair@gmail.com	Intergroup Chairperson	cgigchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	cgigtelmonitorchair@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
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Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	cgigevents@gmail.com
Sunday Morning Breakfast Chair	cgigbrkfst@gmail.com		



# Happy Birthday!

All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.  
Deadline for submissions is the last Thursday of the month.

If you do not have a homegroup and would like your birthday published, please email [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)

January						January								
<b>ABC</b>			<b>NWCG</b>			<b>Candlelight</b>			<b>New Beginnings</b>		<b>New Beginnings</b>		<b>Haddon Road</b>	
Jim C	18 years	Rick R	3 years	Jennifer K	1 year	Holly D	6 years	Chris T	10 years	Paul	2 years			
Debbie D	26 years	Savannah M	1 year	Michelle H	13 years	Juanita N	4 years	Tim F	13 years	Robin	2 years			
Jessica D	6 years	Stephanie H	1 year			Sheryl M	17 years	Carol L	17 years	Cassandra	4 years			
<b>Link</b>		Candace S	1 year	<b>730 Old Time</b>		Brent C	22 years	Lenora	8 years	Glenn B	6 years			
Don Mc	35 years	Morgan	6 years	Patrick S	4 years	Steph F	5 years	<b>Haddon Road</b>		Simone H	9 years			
Rob S	7 years	Russ P	4 years	Sandra M	25 years	Glen T	4 years	Karen	1 year	Sharon W	30 years			
<b>Back From Hell</b>						Cheryl H	13 years	Kaylee	1 year	Gene G	36 years			
Jack J	12 years	<b>McKenzie Towne</b>				Pat W	13 years	Ellie	2 years					
Ben K	8 years	Dwaine A	6 years	<b>Back from Hell</b>		<b>February</b>								
Rene R	34 years	Marnie C	2 years	Tammy G	1 year	<b>ABC</b>		<b>Inglewood</b>		<b>Forest Lawn</b>				
Brandy	4 years	Mike C	22 years	Dee L	3 years	James S	6 years	Stephan S	8 years	Lonnie M	15 years			
Tammy G	1 year	Gary M	2 years	Brandy	4 years	Peter L	9 years	Mike S	11 years	Jim C	25 years			
<b>Kincora</b>		Deb B	3 years	Ben K	8 years	Don G	40 years			Crystal B	3 years			
Mike O	7 years	Brock L	11 years	Jack J	12 years	<b>Back from Hell</b>								
Jon B	4 years	Wayne B	5 years	Renee R	34 years	<b>Awakenings</b>		Nellie B	3 years	<b>7:30 Old Tme</b>				
Charlotte '1	1 year	Marisol G	4 years			Charles C	11 years	Troy C	5 years	Marilyn S	28 years			
<b>Inglewood</b>		Wes P	2 years	<b>Action</b>		Patricia C	26 years	Cheri A	18 years	Charles M	25 years			
Bill D	5 years	Shaun C	6 years	Jerry S	34 years			Dereck F	2 years					
<b>By The Book</b>		Cam M	12 years	Dellas Z	13 years	<b>Link</b>		<b>Kincora</b>						
Howard	24 years	Heather W	15 years	Tim M	8 years	Ravenmoor	3 years	Steve C	14 years					
Jaymz	2 years			Kevin O	7 years	<b>Candlelight</b>		Debbie B	2 years					
						Sheila M	2 years	Jennifer B	2 years					