

THE WESTWORD

The Westword is a monthly newsletter published by Calgary Intergroup
The deadline for submission for publishing in the Westword is the last Thursday of the month.
Additions will not be made after this date.

25 Cents
 (suggested donation)



TO RECEIVE ELECTRONIC COPY OF THE WESTWORD PLEASE EMAIL westwordeditor@gmail.com

Calgary Intergroup Archives Committee

Annual Pioneers Dinner

Come celebrate 70 Years of AA fellowship in The Stampede City!

Saturday, October 24th, 2015, From: 5-10pm
Dalhousie Community Church,
5511 Baroc Rd. N.W. Calgary, Alberta

Cost is: \$25.00 (Includes Dinner and Refreshments)
 Tickets are limited.

Speakers : Laurie A., (Ogden Group , District 80,
 Dick W., (19th Hole Group, District 82),
 Jane H., (Al-Anon).

Tickets maybe purchased from your Intergroup Rep, GSFI or DCM.
 Tickets are also available at Central Service Office, 403-777-1212 or at: centraloffice@telus.net.
 Tickets can purchased By Cash, Visa or MasterCard or Personal Cheque,
 Deadline for tickets is: October 17th, 2015. There will be no tickets available at the door.

INTERGROUP CONTACTS

Intergroup Alternate Chair	cgigalterchair@gmail.com	Intergroup Chairperson	cgigchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	cgigtelmonitorchair@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
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Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	cgigevents@gmail.com
Sunday Morning Breakfast Chair	cgigbrkfst@gmail.com		

I am Responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there, and for that I am responsible!

Be sure to visit www.calgaryaa.org for up-to-date meeting and event schedules! To make changes to the meeting schedule, or to post in the online calendar of events, please call Central Office: 403 777 1212 or send email to centraloffice@telus.net

New Meetings

Out-of-Town Canmore: Mondays 5:30 pm, "Round House Recovery for Women". Broadway Building, Suite 101, 743 Railway Ave. (05/2015)

Turf Group, Thursdays, 8 PM, Closed, Men's, Discussion, Trinity Lutheran Church, side door – downstairs, 840 – 3 Ave. SW (06/2015)

Meeting Changes

A-Men Group: Tuesday, 7:30 pm meeting has move their meetings to the Hope Lutheran Church at 3527 Boulton Rd. N.W., Calgary (07/2015)

A_Men/Blacksheep Group, Thursday, 7:30 pm meeting has moved their meetings to the Advent Lutheran Church at 11 Scenic Acres Gate N.W., Calgary

Eye Opener Group, Wednesday 10:00 am is now an open meeting.

Meeting Changes (cont)

Haddon Road Group: Mixed 11:00 am Sunday morning meeting has been changed to CLOSED MEN's discussion meeting and renamed to The Choir Boys (05.2015)

New Hope Group: Sundays, Drumheller, Meets **7:00** not 8:00 (05/2015)

Out-of-Town Canmore, Mondays 5:30 pm, "Roomy Ladies Group" now called "Round House Recovery for Women". (05/2015)

Shipwreck at Sunset: CHANGED: Now Open. Fridays 9:30pm, Bali and Beyond , 720 17th Ave SW (05/2015)

Meeting Cancellations

Dalhousie Ladies Meeting NW: All **CANCELLED (06/2015)**

Dalhousie Men's Meeting NW: All **CANCELLED (06/2015)**

Struggle No More - Sunday nights @6:30 in SW @ Peace Lutheran Church is **CANCELLED (06/2015)**

ANNOUNCEMENTS

2016 GRATITUDE ROUNDUP ORGANIZING COMMITTEE
FIRST PLANNING MEETING
SEPTEMBER 2ND, 2015, 7 pm
AT CENTRAL OFFICE
IF YOU ARE INTERESTED IN SERVING
PLEASE CALL COLIN P. AT 403-466-2921 OR E-MAIL AT c_penman@telus.net

****Coleen K. was the winner of a set of CD's from the Gratitude Round up for returning her name tag holder.****

REQUEST FOR VOLUNTEERS

- ❖ *The Public Information Committee of Calgary Intergroup is in need of members. Please contact Dana by emailing to pichair.calgary@gmail.com*
- ❖ *12 Step List is in need of people - in particular people with multiple language skills. If you or someone you know is interested, please contact Jayne R. at 403 470 4095 or email cgig12steplist@gmail.com*
- ❖ *Archives needs help. Please contact by emailing to cgigarchives@gmail.com*

Happy Birthday



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

Deadline for submissions is the last Thursday of the month.

If you do not have a homegroup and would like your birthday published, please email westwordeditor@gmail.com

July			August		
730 Old Time Group	Glenmore Group	New Beginnings	272 Group	Kincora Group	Ogden Group
Vivek S 19 years	Matt 1 year	Stian 2 years	Gary L. 25 years	Mike K 2 years	Amanda M 3 years
ABC Group	Corinaa 3 years	Shalome H 6 years	ABC Group	Langdon BYOC	Cam L 4 years
Bev M 7 years	Joe C 3 years	Margery N 11 years	Mike L. 2 years	Colleen 18 years	Jeff P 5 years
Cindy P. 18 years	Joe 20 years	Tamara F 11 years	Don H. 26 years	Marlborough Park	Tracy 5 years
Dean C. 22 years	Harmony Group	Cornelia M 14 years	Lib B 28 years	JoAnn C 1 year	Elaine 6 years
Action Group	**Dorothy P 30 years	Jan H 26 years	Awakenings	Jeannie C 9 years	Jordan 20 years
Barb B 30 years	Ally B 1 year	Bob R 30 years	Mike K 2 years	Ray I. 28 years	Mary S 23 years
Awakenings Group	Lauren M 1 year	Ogden	Barbara M. 15 years	Midnapore Group	Pamela C. 13 years
Garry B. 1 year	Stu H 38 years	Ron M 6 years	Bob J. 28 years	Rolan M 5 years	Bob B. 22 years
Bob H 4 years	Kincora Group	Cyndi E 7 years	Back From Hell	Alice M 41 years	Karol K. 39 years
Amanda H 21 years	Brian C 1 year	Martin C 7 years	Rich M. 1 year	New Beginnings	Steps Stories
Brett G 27 years	Larry L 2 years	Al L 16 years	Valerie C. 1 year	Kim H. 1 year	& Beyond
Martin W 29 years	Grant F 5 years	Donna P 18 years	Mike A. 8 years	LoraLynne 1 year	Joanne B 1 year
Back From Hell	Langdon BYOC	Isabelle C 23 years	Edgemont	Emma M. 2 years	
AJ. R 1 year	Don C 30 years	Jenn S 23 years	Walt 2 years	Anne M. 3 years	
Ray F. 40 years	Midnapore Group	Don C 30 years	Chad H. 7 years	Greg G. 3 years	
By the Book Group	Doc S 1 year	Steps Stories	Andy D. 8 years	Kristel 5 years	
Sky C 1 year	James C 4 years	& Beyond	Joanne M 11 years	Tina M. 5 years	
Edgemont	Sarah S 6 years	Vanessa S 2 years	Linda G. 22 years	Catherine 10 years	
Stephanie 3 years	Char V 8 years			Colleen C. 15 years	
Stan A 10 years	Pat M 32 years			Joan S. 22 years	
Lynda B 15 years				Al S. 25 years	
Brent M 17 years				Morag 26 years	
Joanne D 28 years				Ken R. 29 years	

** this birthday is from June 2015

ANGER: A "DUBIOUS LUXURY"

If we were to live, we had to be free of anger. The grouch and the brainstorm were not for us. They may be the dubious luxury of normal men, but for alcoholics these things are poison.

Alcoholics Anonymous p.66

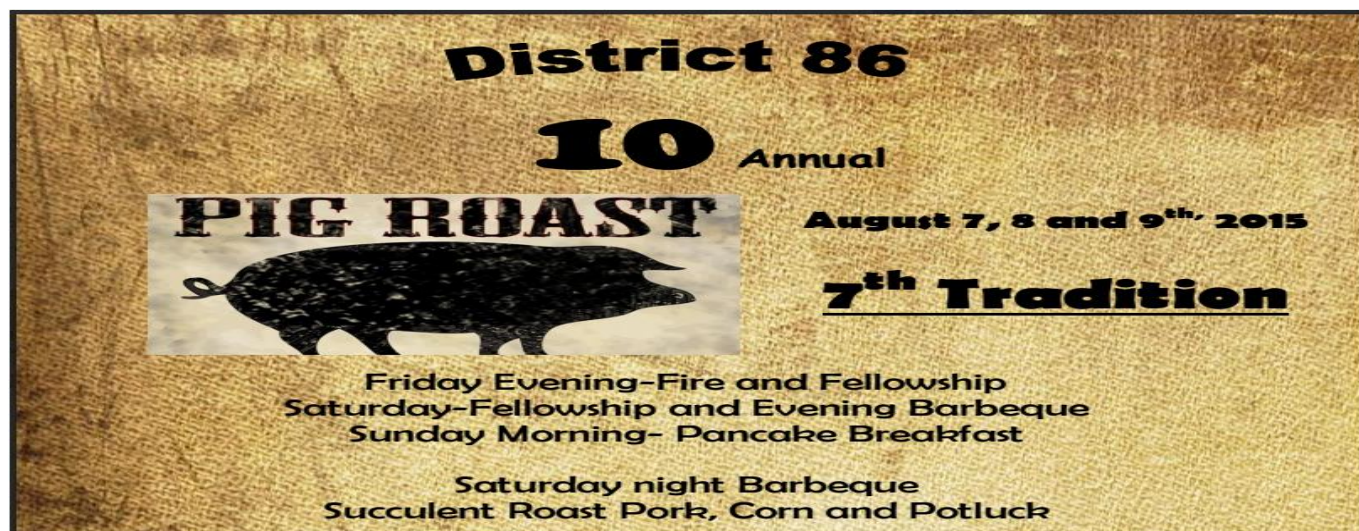
"Dubious luxury." How often have I remembered those words. It's not just anger that's best left to nonalcoholics; I built a list including justifiable resentment, self-pity, judgmentalism, self-righteousness, false pride and false humility. I'm always surprised to read the actual quote. So well have the principles of the program been drummed into me that I keep thinking all of these defects are listed too. Thank God I can't afford them – or I surely would indulge in them.

April 16th Daily Reflections

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LIST OF EVENTS

DATE	EVENT	More Info
August 7 – 9 (Friday – Sunday) Hwy 2 North to Veterans Blvd and go East on 567. Approx 2kms to RR 291 and go north (left) .8 kms. Turn right at Spruce trees. East on Gravel road. Signs for parking.	District 86 - 10 th Annual Pig Roast	Friday – Fire and Fellowship. Saturday – Fellowship and Evening BBQ Sunday morning – Pancake breakfast
August 22 (Saturday) Trochu Lions Campground	Trochu Barbeque	Campground check in at 11am. Afternoon and evening speakers, BBQ at 5 pm. Registration \$10/person.
August 28-30 (Friday – Sunday) Antler Hill Community Hall 1.5 miles east of QE2 highway on Township Rd. 362	<u>Innisfail Campout/Roundup</u>	Registration \$20/person, kids under 13 free
September	<u>Irricana Hope and Unity Roundup</u> <u>CANCELLED!!!!!!</u>	
September 4 - 6 (Friday – Sunday) Writing on Stone Provincial Park 41 km east of Milk River, Alberta Group Area "A" reserved on west side of campground	<u>Writing on Stone Corn Roast</u>	Call 1-877-537-2757 for campground reservations or go to reserve.albertaparks.ca. Group spots are first come first serve. Lots of space for tents. Begins on Friday at 6:30 pm.
September 5 (Saturday) Steps, Stories and Beyond Penbrooke Community Hall, 6100 – 8 Ave SE, Calgary	<u>A One Day Roundup</u>	7:30am – 10:00pm, based on 7 th Tradition, breakfast, lunch, dinner, Calgary speakers, closing surprise speaker
September 11-13 (Friday – Sunday) Clarion Hotel and Conference Centre 954 – 7 St S.W., Medicine Hat, Alberta	<u>Medicine Hat Roundup</u>	Banquet \$50 / person, registration only \$35 / person
September 12 (Saturday) Claresholm United Church, 4803 – 2 nd Street West, Claresholm, Alberta	<u>Claresholm Sponsorship Workshop</u>	10am – 1pm, lunch provided, 7 th tradition observed
September 26-27 (Saturday – Sunday) Claresholm Community Centre	<u>Claresholm Family Roundup</u>	



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