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# THE WESTWORD

A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

TO RECEIVE ELECTRONIC COPY OF THE WESTWORD PLEASE EMAIL [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)**Calgary****Alcoholics Anonymous  
Central Service Office**#2, 4015 – 1 Street S.E.  
Calgary, AB, T2G 4X7**Office hours**Mon–Fri, 8:30am–5:00pm  
Closed for lunch 1–2pm  
Saturday, 9:00am–1:00pm  
Closed holiday weekends**Remembrance Day weekend  
closures on:****Saturday November 11<sup>th</sup>  
Monday, November 13<sup>th</sup>****Telephone: (403) 777-1212**  
Answering service is 7x24**Email:**[centraloffice@calgaryaa.org](mailto:centraloffice@calgaryaa.org)See [www.calgaryaa.org](http://www.calgaryaa.org) for  
up-to-date Information,  
meetings and events  
schedule.Please email or call us for any  
changes to the meeting schedule or  
to post in the online calendar of  
events.**Check out the AA bookstore  
at Central Office for:**  
AA & Grapevine books,  
pamphlets, committee  
information, CD's and DVD's,  
chips/medallions, etc.**Central Office News:**

- We no longer have a fax line at Central Office. The line has been discontinued.
- We have a new email address [centraloffice@calgaryaa.org](mailto:centraloffice@calgaryaa.org). The old email address [centraloffice@telus.net](mailto:centraloffice@telus.net) will continue to work for now.



## ANNUAL PRIMARY PURPOSE GROUP ROUNDUP 2017

November 18, 10am–10pm  
First Baptist Church - 1311 4 St. SW  
Fellowship Room**Speakers:**  
Russell S (Miami, FL)  
Kara N (Calgary, AB)  
Kyle F (Edmonton, AB)**Breakout Panels & Talent Show****Admission - \$30**  
**Admission & Dinner @ Workshop  
Kitchen + Culture - \$75****Tickets available @ Central Office**[ppg-calgary-aa.org](http://ppg-calgary-aa.org)**Bragg Creek  
Big Book Study Weekend****16th ANNUAL JOURNEY****JOIN US ON THE BROAD HIGHWAY  
AS WE TRUDGE THE ROAD OF HAPPY DESTINY****SPONSORED BY THE GROUP "IN THE FELLOWSHIP OF THE SPIRIT"  
A SPIRITUAL JOURNEY THROUGH THE 12 STEPS****Facilitated by Doug R and Joshua G  
Tujunga, CA****WHEN: November 3, 4, 5, 2017****WHERE: CAMP HORIZON IN BRAGG CREEK  
(35 Minutes West of Calgary)****PRICE: \$160 PER GUEST FOR THE WEEKEND INCLUDES:****ACCOMMODATIONS - BRAND NEW MEN AND WOMENS DORMS  
SOME SINGLE AND RUSTIC COUPLES PRIVATE BUNK ROOMS AVAILABLE on a FIRST  
COME FIRST SERVE BASIS****ALL MEALS: FRIDAY NIGHT: SUPPER AND LATE NIGHT SNACK  
SATURDAY: BREAKFAST, LUNCH AND DINNER  
SUNDAY MORNING: BREAKFAST**♦ **INFORMATION/TICKETS:** [fellowshipbraggcreek@gmail.com](mailto:fellowshipbraggcreek@gmail.com)♦ **E-TRANSFER PASSWORD INQUIRE TO:** [fellowshipbraggcreek@gmail.com](mailto:fellowshipbraggcreek@gmail.com)♦ **LIMITED SEATING - please register early**♦ **REGISTRATION DEADLINE OCTOBER 29.**

**Intergroup Contacts:**

Intergroup Chairperson	<a href="mailto:cgigchair@gmail.com">cgigchair@gmail.com</a>	Intergroup Alternate Chair	<a href="mailto:cgigalterchair@gmail.com">cgigalterchair@gmail.com</a>
Intergroup Archives Chair	<a href="mailto:cgigarchives@gmail.com">cgigarchives@gmail.com</a>	Telephone Monitoring Chair	<a href="mailto:cgigtelmonitorchair@gmail.com">cgigtelmonitorchair@gmail.com</a>
Public Information Chair	<a href="mailto:pichair.calgary@gmail.com">pichair.calgary@gmail.com</a>	12 Step Chair List	<a href="mailto:cgig12steplist@gmail.com">cgig12steplist@gmail.com</a>
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Calgary Central Office	<a href="mailto:centraloffice@calgaryaa.org">centraloffice@calgaryaa.org</a>	Intergroup Treasurer	<a href="mailto:cgigtreasurer@gmail.com">cgigtreasurer@gmail.com</a>
Banff Roundup Chair	<a href="mailto:info@banffroundup.com">info@banffroundup.com</a>	Intergroup Special Events	<a href="mailto:cgigevents@gmail.com">cgigevents@gmail.com</a>
Sunday Morning Breakfast Chair	<a href="mailto:cgigbrkfst@gmail.com">cgigbrkfst@gmail.com</a>	Intergroup/CGSC Liason	<a href="mailto:cgscintergroup@gmail.com">cgscintergroup@gmail.com</a>

**CGSC Contacts:**

Chairperson	<a href="mailto:cgscchair@gmail.com">cgscchair@gmail.com</a>	Alternate Chairperson	<a href="mailto:cgscaltchair@gmail.com">cgscaltchair@gmail.com</a>
Treasurer	<a href="mailto:cgsc treasurer@gmail.com">cgsc treasurer@gmail.com</a>	Secretary	<a href="mailto:cgsc secretary@gmail.com">cgsc secretary@gmail.com</a>
Treatment Chair	<a href="mailto:cgsc treatment@gmail.com">cgsc treatment@gmail.com</a>	Corrections Chair	<a href="mailto:cgsc corrections@gmail.com">cgsc corrections@gmail.com</a>
Cooperation with the Professional Community Chair	<a href="mailto:cgsc cpc@gmail.com">cgsc cpc@gmail.com</a>	Grapevine Chair	<a href="mailto:cgsc grapevine@gmail.com">cgsc grapevine@gmail.com</a>
Records & Registration Chair	<a href="mailto:cgsc records@gmail.com">cgsc records@gmail.com</a>	Introduction to Service Chair	<a href="mailto:cgsc intro@gmail.com">cgsc intro@gmail.com</a>
Bridging the Gap Chair	<a href="mailto:cgsc btg@gmail.com">cgsc btg@gmail.com</a>	Intergroup/CGSC Liason	<a href="mailto:cgsc intergroup@gmail.com">cgsc intergroup@gmail.com</a>

**Meeting Changes****NEW MEETINGS**

**5<sup>th</sup> Tradition Group**, Tuesdays, 8:00 pm, closed, Step/Tradition, Wild Rose United Church, 1317 – 1 St. NW, side door downstairs, wheelchair assessable (Jul/17)  
**Friday Night Fellowship Group**, Fridays at 8:00 PM, closed, step/discussion, All Saints Traditional Anglican Church, Renfrew, 904 Renfrew Dr. NE (Jun/17)  
**Garnet Block**, 1609 Centre St. NW, is adding a new meeting, Fridays at midnight, beginning Sept 29 (Sep/17)  
**Garnet Block**, 1609 Centre St. NW, is adding a new Night Owl meeting, Saturdays at 10:00 PM, open, discussion (Jun/17)  
**Garnet Block**, 1609 Centre St. NW, is adding a new meeting: Sundays, 3:00 PM, Step Discussion, starting June 4 (Jun/17)  
**Happy, Joyous & Free Group**, Tuesdays 6:00 pm, open, Step/Tradition, Eastside Victory Outreach Centre, back door, 1840 – 38 St. SE, Calgary (Jul/17)

**MEETING CHANGES:**

**Glenmore Group** in the southwest will be moving (AS OF SEPT 1<sup>st</sup>) from Hochwald Court to 2509 Dieppe Ave. SW, Building B-6, Room 103 downstairs.  
 All 24 meetings per week will be moving to the new location, everything else remains the same. (Sept/17)  
**Grupo Nuevo Horizonte** (Spanish), northeast, Mondays, Wednesdays, Fridays at 7 PM & Saturdays at 5 PM has moved to Bay 6, 3850 – 19 St. NE, Calgary, AB (Jul/17)  
**Saturday Morning Bridge**, Saturdays northeast, 10:00 AM, is moving to All Saints Traditional Anglican Church, Renfrew, 905 Renfrew Dr. NE, same time and format (Jun/17)  
**Tommy's Place Men's Group**, Mondays northeast, has moved to the All Saints Traditional Anglican Church, Renfrew, back door, 905 Renfrew Dr. NE. All else the same. (Jun/17)  
**Tsuu T'ina meeting**, Spirit Healing Lodge, Old Agency Road, Tsuu T'ina Nation is changing from Tuesdays at 7:30 PM to Thursdays at noon, same location (Jun/17)

**MEETING CANCELLATIONS:**

**Glenmore Group**, southwest, has cancelled their Friday midnight meeting, that meeting only (Sep/17)  
**Midnapore Group**, southeast, is cancelling its Saturday and Sunday 8:00 pm meetings. The weekday meetings remain. (Jul/17)  
**Recovery Group**, southwest, is cancelling its Friday 8:00 pm meeting, last meeting Aug 25 (Sep/17)  
**Thursday Night Bridge**, Thursdays, northeast is cancelled - last meeting was June 30 (Jun/17)  
**Women of Hope** Treatment Facilities meeting at Alpha House, Mondays southeast, is being cancelled, last meeting Sept. 25 (Oct/17)  
**Woodcreek Group**, Thursdays southwest, has been cancelled (Sep/17)

**October 4<sup>th</sup> Daily Reflections - "A NECESSARY PRUNING"**

... we know that the pains of drinking had to come before sobriety, and emotional turmoil before serenity..

TWELVE STEPS AND TWELVE TRADITIONS, P. 94

I love spending time in my garden feeding and pruning my beautiful flowers. One day, as I was busily snipping away, a neighbor stopped by. She commented, "Oh! Your plants are so beautiful, it seems such a shame to cut them back." I replied, "I know how you feel, but the excess must be removed so they can grow stronger and healthier." Later I thought that perhaps my plants feel pain, but God and I know it's part of the plan and I've seen the results. I was quickly reminded of my precious A.A. program and how we all grow through pain. I ask God to prune me when it's time, so I can grow.

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

## HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

Deadline for submissions is the last Thursday of the month. Please submit to [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)

September			October		
<b>ABC Group</b>	<b>Harvest Hills Big Book</b>	<b>Midnapore Group</b>	<b>ABC Group</b>	<b>Inglewood Group</b>	<b>Recovery Group</b>
Dayna J 16 years		David F 3 years	Michael 1 year	Lynda H 26 years	Kayla S 1 year
<b>Airdrie Country Group</b>	Laine 2 years	Harold J 7 years	Sherry B 2 years	<b>Kincora Group</b>	Scamus G 1 year
	Lynn 15 years	Stephanie B 12 years	Jennifer D 3 years	Danny O 16 years	Gabriel M 2 years
Ed R 15 years	<b>Just For Today</b>	Mike K 15 years	Don M 9 years	<b>Marlborough Park</b>	Penny B 2 years
Gordon R 44 years	John S 2 years	<b>New Beginnings</b>	<b>Airdrie</b>	Glen F 35 years	Lavonne D 25 years
Bill F 48 years	Peter L 2 years	Chelsea 2 years	<b>Back From Hell</b>	<b>McKenzie Towne</b>	Alex S 28 years
<b>Airdrie Back From Hell</b>	<b>MAAT Group</b>	Shannon H 2 years	Chantal C 1 year	Marilyn L 1 year	<b>South View By the Book</b>
Ashely 1 year	James S 1 year	Jeff I 4 years	Deppi A 1 year	Howie S 1 year	John 3 years
Bernie C 1 year	Shantel C 3 years	Marron R 20 years	Shawn G 1 year	Larry A 5 years	<b>Steps Stories &amp; Beyond</b>
Patrick C 3 years	<b>NADZIEJA</b>	Chris M 21 years	Mike L 3 years	J.P. 9 years	
Eric V 6 years	Hieronim D 27 years	Bev S 29 years	Duane M 8 years	Noelle R-F 11 years	Flo P 1 year
Ben S 9 years	Tadeusz L 34 years	Loren H 34 years	Rick D 8 years	Melody F 11 years	<b>The Link Group</b>
Shandi P 10 years	<b>NW Step &amp; Tradn</b>	<b>Recovery Group</b>	Michelle F 10 years	Liz H 12 years	Maarten C 5 years
Peter F 43 years	Colin P 6 years	Earnest U 1 year	Stacey P 30 years	George B 12 years	<b>Tuesday Morning Ladies</b>
<b>BYOC Langdon</b>	Don D 18 years	Frank G 1 year	<b>Awakenings Group</b>	Mike R 12 years	
<b>Ogden Group</b>	Anastasia 2 years	Anastasia 2 years	Katrina W 19 years	Steve G 15 years	Anita E 33 years
Austin 10 years	Mike H 4 years	Douglas 5 years	<b>BYOC Langdon</b>	<b>Midnapore Group</b>	Maureen D 35 years
<b>Deer Ridge</b>	Jordan D 5 years	Gerry H 9 years	Andy B 11 years	James S 1 year	<b>Walking Eagle</b>
Austin P 1 year	Veronica D 5 years	Joe M 9 years	<b>Edgemont Group</b>	Carrie P 3 years	Nancy M 2 years
Judy S 18 years	Bill S 9 years	Estee L 13 years	Kael 1 year	Kyle A 3 years	Rodger B 11 years
Jeremy 27 years	Marla G 9 years	Louise M 27 years	Melissa 1 year	Maury P 7 years	Ken L 34 years
<b>Garnet Block</b>	Yvonne S 14 years	<b>The Link Group</b>	Peter 3 years	Heather D 8 years	<b>Wednesday Morning Eye Opener</b>
Mike Mc 3 years	Tom H 15 years	Paul M 27 years	Susan 6 years	Al H 10 years	Lyndsay M 2 years
Maya 11 years	<b>Open Door Group</b>	<b>Tuesday Morning Ladies</b>	Ben 7 years	Jason T 12 years	
Josh 43 years	Albert D 18 years	Sylvia 8 years	Bob C 12 years	<b>NADZIEJA</b>	<b>Whitesheep Group</b>
<b>Glenmore Group</b>	<b>Marlborough Park</b>	Susan D 12 years	<b>Just For Today</b>	Janet K 2 years	Wade C 4 years
Anthony D 1 year	Andre W 2 years	Faye H 27 years	Lisa S 2 years	<b>NW Step &amp; Tradn</b>	Michael K 10 years
Dan G 4 years	Ed H 6 years	Pat J 35 years	<b>Getting There</b>	Wes T 2 years	Travis L 11 years
Carla 5 years	<b>McKenzie Towne</b>	<b>Wednesday Morning Eye Opener</b>	Jeff L 17 years	Chris D 7 years	Jason S 23 years
Greg 5 years	Tom M 4 years	<b>Whitesheep Group</b>	<b>Harvest Hills Big Book</b>	Ron B 9 years	Bryce O 25 years
Andre P 10 years	Stu P 5 years	Neil J 45 years	Andrew K 2 years		Ken T 26 years
Jim M 11 years	John R 6 years	Sam S 2 years	Martin L 5 years		
Deb 13 years	Gail H 8 years	Wally D 8 years	Alanna C 18 years		
Bill G 26 years	Katie D 9 years	David O'C 11 years			
Grace P 32 years	Liz W 19 years	Peter N 11 years			
Shirley 37 years	Bryan F 30 years	Phil L 16 years			
	Cathy H 40 years				

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# LIST OF EVENTS

DATE	EVENT	More Info
October 7 (Saturday) Church of the Nazarene Hall 627 – 6 St. E Drumheller, AB	<u><b>District 15 AA Roundup</b></u>	\$25 full registration, includes Lunch & Banquet, \$10 speakers only. Registration at 10:00am. Contact <a href="mailto:area78dist15@gmail.com">area78dist15@gmail.com</a> for more information.
October 14 (Saturday) Poplar Ridge Hall (RR 283) Sylvain Lake, AB	<u><b>Sylvan Lake 9<sup>th</sup> Annual Serenity Fall Supper</b></u>	\$20/person. Contact Morris at 403-887-4470 or Debbie at 403-341-9776 for more information
October 14 (Saturday) Gordon Yellowfly Memorial Arbor (8km west of Gleichen on Hwy 901)	<u><b>Sorrel Rider Roundup</b></u>	Noon – 8:00pm, cost 7 <sup>th</sup> tradition, no smoking, no children, door prizes, raffles, 50/50. For more information, contact Central Office at 403-777-1212.
October 21 (Saturday) Bowness Senior Centre 6422 – 35 Ave. N.W., Calgary, AB	<u><b>The Home Group Workshop – hosted by District 77</b></u>	9:30am – 3:30pm, tickets \$8/person, available from District 77 GSR or Central Office, NOT available at the door
October 21 (Saturday) Dalhousie Church 5511 Baroc Rd. NW, Calgary, AB	<u><b>Annual Pioneers Dinner</b></u>	Doors Open at 4:30pm, dinner at 5:30pm, \$25 tickets to be purchased in advance from GSR or Intergroup reps or from Central Office., includes roast beef dinner and refreshments. Includes AA and AI-Anon speakers.
November 3-5 (Friday – Sunday) Camp Horizon in Bragg Creek, AB	<u><b>Bragg Creek Big Book Study Weekend</b></u>	\$160 per guest for the weekend includes accommodation and meals. Registration deadline October 29. Inquire to <a href="mailto:fellowshipbraggcreek@gmail.com">fellowshipbraggcreek@gmail.com</a> .
November 25 (Saturday) St Peter's Church 1802 – 33 Ave SW, Calgary, AB	<u><b>Introduction to Service Seminar</b></u>	11:00am – 2:00pm, presented as a service trade show (so you can come and go), for more information, please contact Central Office at 403-777-1212
November 25 (Saturday) 2404 Kensington Road NW, Calgary, AB, (downstairs, Kensington Common Church, east entrance)	<u><b>SMOG's 30<sup>th</sup> Birthday Party</b></u>	11:00am – 3:00pm, Fellowship, Birthday Meeting, Potluck, Anniversary speakers, cake, live music, 7 <sup>th</sup> Tradition, For more info, call Kathi L at 403-625-0423 or Robin H at 403-802-1747.

## The Calgary P.I. Committee of Calgary Intergroup is in need of the following members:

1. **Literature Coordinator** - coordinate literature throughout the city of Calgary.
2. **Advertising Coordinator** - place free and paid ads in online and print newspapers.
3. **Media and Public Service Announcement Coordinator** - contact various media services with information about AA.
4. **Public Information Chairperson** - coordinate with the work of PI committee, maintain good communication within and without AA, attend Intergroup Meetings.

**Calgary's new Public Information Chair is to be voted in at the Intergroup meeting on November 13, 2017. You must be there to be nominated.**

Let's apply our 12 Traditions to help the still-suffering alcoholic, and those who may be in contact with them. Contact: [pichair.calgary@gmail.com](mailto:pichair.calgary@gmail.com)

**Monthly meetings are last Wed. of the month @7 pm at Central Office.**

## Did you know?

The Gratitude Roundup committee meets on the first Wednesday of every month. The next meeting will be on November 1<sup>st</sup> at Central Office at 7:00pm. Chair and Alternate Chair positions are available.

*Please consider being a part of this valuable service!*

## A 10th STEP Prayer

I pray I may continue:

To grow in understanding and effectiveness;

To take daily spot check inventories of myself;

To correct mistakes when I make them;

To take responsibility for my actions;

To be ever aware of my negative and self-defeating attitudes and behaviours;

To keep my willingness in check;

To always remember I need Your help;

To keep love and tolerance of others as my code;

And to continue in daily prayer how I can best serve You, my Higher Power.

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

# Service Opportunities

## Upcoming CGSC Service Commitments

Treatment Facility	AA Group - October	AA Group - November
Renfrew Tuesday	Glenmore	Midnapore
(Renfrew Wednesday (Bridging the Gap)	McKenzie Towne	Edgemont
Renfrew Thursday	Bow Trail	NW Calgary
Renfrew Sunday	Unity	Thursday Night Ladies
Sunrise	Thursday Night Ladies	Ogden
Alpha House	Back From Hell	Unity
Dream Centre	Sunday Morning 11 AM	New Beginnings

## Upcoming Intergroup Service Commitments

Sunday Breakfast at Ramada **served till 9:30**	AA Group
October 1	Westend Step & Tradition
October 8	Haddon Road
October 15	Regal
October 22	Go For It
October 29	Ogden
November 5	Unity
November 12	ABC
November 19	Regal
November 26	

Telephone Monitoring Dates	AA Group
October 2 - 8	Daily Reflections
October 9 - 15	Shipwreck at Sunset
October 16 - 22	Northwest Calgary
October 23 - 29	SMOG
Oct 30 - Nov 5	Harvest Hills Big Book
November 6 - 12	Sunday Morning 11 AM
November 13 - 19	Go For It
November 20 - 26	Rule 62
Nov 27 - Dec 3	McKenzie Towne

## Calls for Service

***The Intergroup elections will be on MONDAY November 13<sup>th</sup> at St Peter's church (formerly St Mark's) 1802 33 Ave SW at 7:00pm.***

***Available positions are Intergroup Chair, Alternate Chair, Secretary, Treasurer, Archives Chair, Telephone Monitoring Chair, Public Information Chair, 12-Step List Chair, Westword Chair, Sunday Morning Breakfast Chair and CGSC Liason Chair.***

***Please be in attendance if you are interested in a service position in Intergroup. Suggested sobriety requirement for most positions is 1-2 years.***

***There are 3 vacancies coming up in COMC (Central Office Management Committee) by the end of the year. Business experience as well as firm understanding of the steps and traditions are considered an asset. Suggested sobriety is a minimum 5 years. Please submit resumes to Central Office by the end of October.***



## The October 2017 Issue of GRAPEVINE is Coming!

Staying sober can sometimes be a tough job, but doing it while stationed far from home, or fighting a war, or living in tight quarters with hard-drinking soldiers can't be easy. What's it like to go to meetings on a battlefield? How do sober soldiers deal with anonymity? To what lengths do service men and women go to hold AA meetings and do service?

This month, "AA in the Military", featuring stories from AA members sharing stories of their experiences staying sober while serving their country.

[To view the Table of Contents, click here.](#)

### Some stories include:

[Tough enough](#) - When the helmet comes off and the Big Book comes out, there's no such thing as seniority or rank

[My guardian angel](#) - She knew she had a problem. What she didn't know was that the guy she liked would help her find the answer

[Court-Martialed](#) - They always read a citation which said, "The United States Air Force versus Leo R." That's a lot of people to have against you.

[Incoming!](#) - Through heat, sand and sniper fire, their AA group kept them sober to show up and do their job

[Walking the walk](#) - Stationed far from home and with drinking all around her, a newcomer calls up her AA tools to stay sober another day.

[Six drunks in Eden](#) - I and a few AA members started a meeting near the city of Basra in Iraq. Basra is believed by some to be the ancient home of the Garden of Eden.

## Big Book Studies

### "Mondays At Sheldon Chumir Centre"

There is a weekly Big Book study currently running at Sheldon Chumir Centre, 1213 - 4 Street SW on Monday nights 7:00pm – 9:00pm on the 3rd floor in room 3122.

### "Joe and Charlie BB Study At ODAT"

There is a weekly Back-to-Basics Big Book study on Mondays 7:30pm at ODAT, 1840 38 St SE, Calgary in the Eastside Victory Outreach Centre (upstairs room). Please bring a Big Book, Pen, Highlighter, & notebook or writing pad. For more information, directions, etc., please email [odatmeeting@gmail.com](mailto:odatmeeting@gmail.com).

### "Big Book Comes Alive"

There is a weekly Big Book study running at New Brighton Community Centre, 2 New Brighton Drive SE, Calgary. Meeting runs on Sundays from 6:00pm – 7:15pm.

### "The Cowboy Ray Way At Haddon Road"

There is a weekly Big Book study at Haddon Road on Sundays from 2:00pm–4:00pm, beginning September 10. Please bring a Big Book, a highlighter and an open mind. Big books can be purchased at the meeting or from Central Office. For any questions, please contact Steve at 403-889-5240.

### "Joe and Charlie BB Study At Haddon Road"

There is a weekly Big Book study at Haddon Road on Tuesdays at 7:30pm beginning September 12, running for about 12 weeks. This will use the regular Tuesday 7:30pm step meeting time slot. For any questions, please contact Chris at 403-860-5313 (leave text or message during day).

Calgary Intergroup Archives Committee  
**ANNUAL PIONEERS DINNER**



**Saturday October 21, 2017**

Dalhousie Church  
 5511 Baroc Rd. NW Calgary, Alberta  
 Doors Open at 4:30pm, Dinner at 5:30pm SHARP  
 \$25 includes Roast Beef Dinner and Refreshments

Tickets may be purchased from your Intergroup Rep or GSR  
 Tickets also available at Calgary Central Service Office, 403-777-1212,  
 Centraloffice@telus.net: cash, Visa, MasterCard, or personal cheque  
 Deadline for tickets is Friday October 13<sup>th</sup>. No tickets at the door

**Speakers**

Bill B (AA) – NW Step and Tradition  
 Gerri T-A (AA) – 19<sup>th</sup> Street Big Book  
 Lorraine F (AI-Anon) – McKenzie Circle

**SAT. NOV 25, 2017**  
**CGSC**  
**INTRODUCTION**  
**TO SERVICE**

Are you interested in getting involved?

Unsure of where to start?

Calgary General Service Committee and Intergroup are excited to present a service trade show.

Calgary General Service, Intergroup sub-committees and many members will be available to answer all your questions.

**CGSC**

- Corrections
- Treatment
- Bridging the Gap
- Records and Registration
- Gratitude Round Up
- Cooperation with the Professional Community
- Grapevine

**Intergroup**

- Public Information
- Banff Round Up
- Special Events
- Phone Monitoring
- Sunday Morning Breakfast Meeting
- Archives
- 12 Step List
- The Westword

11:00AM TO  
2:00PM

HOLY MARTYR  
 PETER THE ALEUT  
 ORTHODOX CHURCH  
 (FORMERLY ST. MARKS  
 AND ST. PHILIPS ANGLICAN  
 CHURCH)

1802 33<sup>RD</sup> AVE SW  
 CALGARY, AB  
 T2T 1Y9

COME AND GO AS  
 YOU PLEASE

NO FEE. HONORING  
 THE 7<sup>TH</sup> TRADITION

**CGSC INTRODUCTION  
 TO SERVICE**

For any questions please  
 contact:

[cgscintro@gmail.com](mailto:cgscintro@gmail.com)

or 587-891-2407

HOSTED BY DISTRICT 77  
**THE HOME GROUP WORKSHOP**

SATURDAY OCTOBER 21, 2017

9:30 am – 3:30 pm

**BOWNESS SENIOR CENTRE**  
 6422 - 35 Ave NW



**ALL MEMBERS OF AA WELCOME**

The Workshop will be a combination of fun and discussion.  
 It will begin with a skit by District Service Members and will follow with a  
 facilitated discussion on the importance of:

Doing the 12 Steps and Home Group participation  
 Home Groups are more than just carrying the message  
 Your Home Group as a link to AA as a whole  
 Basics of the Home Group structure and General Service structure

**TICKETS are \$8 and include Muffins, Coffee, and Lunch**  
**For Tickets contact a District 77 GSR Rep or**  
**Calgary Central Office 403-777-1212**

TICKETS WILL NOT BE AVAILABLE AT THE DOOR. THE LAST EVENT SOLD OUT!!

**Saturday Morning Open Group**

... is turning the Big 3-0!

**Saturday, November 25**

Come one, come all for

Fellowship ~ Members' Birthday Meeting ~ Potluck ~  
 Anniversary Speakers (featuring SMOG's Founder) ~  
 Cake ~ Live Music by three accomplished SMOG musicians ~  
 Raffle and more.

**11am – 3pm**

2404 Kensington Road, downstairs.  
 (Kensington Commons Church, East Entrance)



**7<sup>th</sup> Tradition**

Get involved. Get more information.

Call Kathi L. at 403-625-0423 or Robin H. at 403.802.1747

## Step 10 & Tradition 10

### **Step 10 - "Continued to take personal inventory and when we were wrong promptly admitted it."**

AS we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul. Then comes the acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions?

A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us. We alcoholics have learned this the hard way. More experienced people, of course, in all times and places have practiced unsparing self-survey and criticism. For the wise have always known that no one can make much of his life until self-searching becomes a regular habit, until he is able to admit and accept what he finds, and until he patiently and persistently tries to correct what is wrong.

When a drunk has a terrific hangover because he drank heavily yesterday, he cannot live well today. But there is another kind of hangover which we all experience whether we are drinking or not. That is the emotional hangover, the direct result of yesterday's and sometimes today's excesses of negative emotion—anger, fear, jealousy, and the like. If we would live serenely today and tomorrow, we certainly need to eliminate these hangovers. This doesn't mean we need to wander morbidly around in the past. It requires an admission and correction of errors now. Our inventory enables us to settle with the past. When this is done, we are really able to leave it behind us. When our inventory is carefully taken, and we have made peace with ourselves, the conviction follows that tomorrow's challenges can be met as they come.

Although all inventories are alike in principle, the time factor does distinguish one from another. There's the spotcheck inventory, taken at any time of the day, whenever we find ourselves getting tangled up. There's the one we take at day's end, when we review the happenings of the hours just past...

**From Twelve Steps and Twelve Traditions, p.88-89.**

### **Tradition 10 - "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."**

NEVER since it began has Alcoholics Anonymous been divided by a major controversial issue. Nor has our Fellowship ever publicly taken sides on any question in an embattled world. This, however, has been no earned virtue. It could almost be said that we were born with it, for, as one oldtimer recently declared, "Practically never have I heard a heated religious, political, or reform argument among A.A. members. So long as we don't argue these matters privately, it's a cinch we never shall publicly."

As by some deep instinct, we A.A.'s have known from the very beginning that we must never, no matter what the provocation, publicly take sides in any fight, even a worthy one. All history affords us the spectacle of striving nations and groups finally torn asunder because they were designed for, or tempted into, controversy. Others fell apart because of sheer self-righteousness while trying to enforce upon the rest of mankind some millennium of their own specification. In our own times, we have seen millions die in political and economic wars often spurred by religious and racial difference. We live in the imminent possibility of a fresh holocaust to determine how men shall be governed, and how products of nature and toil shall be divided among them. That is the spiritual climate in which A.A. was born, and by God's grace has nevertheless flourished.

Let us reemphasize that this reluctance to fight one another or anybody else is not counted as some special virtue which makes us feel superior to other people. Nor does it mean that the members of Alcoholics Anonymous, now restored as citizens of the world, are going to back away from their individual responsibilities to act as they see the right upon issues of our time. But when it comes to A.A. as a whole, that's quite a different matter. In this respect, we do not enter into public controversy, because we know that our Society will perish if it does. We conceive the survival and spread of Alcoholics Anonymous to be something of far greater importance than the weight we could collectively throw back of any other cause.

**From Twelve Steps and Twelve Traditions, p.176-177.**