

SUGGESTED 25¢ DONATION



# THE WESTWORD

A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

TO RECEIVE ELECTRONIC COPY OF THE WESTWORD PLEASE EMAIL [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)

**Calgary  
Alcoholics Anonymous Central  
Service Office**

#2, 4015 – 1 Street S.E.  
Calgary, AB, T2G 4X7

**Office hours**

Mon–Fri, 8:30am–5:00pm  
Closed for lunch 1-2pm  
Saturday, 9:00am–1:00pm  
Closed holiday weekends

**Christmas/New Years  
closures on:**

**Saturday December 23<sup>rd</sup>  
Monday, December 25<sup>th</sup>  
Tuesday, December 26<sup>th</sup>  
Saturday, December 30<sup>th</sup>  
Monday, January 1<sup>st</sup>**

**Telephone: (403) 777-1212**

Answering service is 7x24

**Email:**

[centraloffice@calgaryaa.org](mailto:centraloffice@calgaryaa.org)

See [www.calgaryaa.org](http://www.calgaryaa.org) for  
up-to-date Information,  
meetings and events schedule.

Please email or call us for any changes  
to the meeting schedule or to post in  
the online calendar of events.

**Check out the AA bookstore at  
Central Office for:**

AA & Grapevine books,  
pamphlets, committee  
information, CD's and DVD's,  
chips/medallions, etc.



## A HAPPY NEW YEAR

STEPS STORIES & BEYOND

8th ANNUAL

**NEW YEARS DINNER & DANCE**

**WHEN:** Sunday, December 31, 2017

**WHERE:** Pembroke Community Hall  
6100 – 8 Ave SE

Doors open at 5:30 p.m. Dinner at 7:00 p.m.

Speaker at 8:30 p.m. Dance to follow.

Speaker: Glen F. for AA & Norma F. for Al-Anon

Both with 35 years of Sobriety / Serenity

\*\*\*\*\*

**The fellowship of all members, their families (including children)  
and friends are most Welcome!**

Buddy @ 403-285-9258 OR Nate @ 403-830-5086

^^ All desserts by potluck will be greatly appreciated ^^

**BASED ON 7<sup>th</sup> TRADITION**



EDMONTON, AB, CANADA

# SUNLIGHT WACYPAA21

AT LAST

**DECEMBER 28TH-31ST, 2017**

Chateau Lacombe Hotel ("Sunlight At Last" Room Block \$105CND/night)  
pre-register for just \$35CND

[HTTP://WACYPAAXXI.WEEBLY.COM](http://wacypaaxxi.weebly.com)

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

**Intergroup Contacts:**

Intergroup Chairperson	<a href="mailto:cgigchair@gmail.com">cgigchair@gmail.com</a>	Intergroup Alternate Chair	<a href="mailto:cgigalterchair@gmail.com">cgigalterchair@gmail.com</a>
Intergroup Archives Chair	<a href="mailto:cgigarchives@gmail.com">cgigarchives@gmail.com</a>	Telephone Monitoring Chair	<a href="mailto:cgigtelmonitorchair@gmail.com">cgigtelmonitorchair@gmail.com</a>
Public Information Chair	<a href="mailto:pichair.calgary@gmail.com">pichair.calgary@gmail.com</a>	12 Step Chair List	<a href="mailto:cgig12steplist@gmail.com">cgig12steplist@gmail.com</a>
Westword Editor	<a href="mailto:westwordeditor@gmail.com">westwordeditor@gmail.com</a>	Intergroup Secretary	<a href="mailto:cgigsecretary@gmail.com">cgigsecretary@gmail.com</a>
Calgary Central Office	<a href="mailto:centraloffice@calgaryaa.org">centraloffice@calgaryaa.org</a>	Intergroup Treasurer	<a href="mailto:cgigtreasurer@gmail.com">cgigtreasurer@gmail.com</a>
Banff Roundup Chair	<a href="mailto:info@banffroundup.com">info@banffroundup.com</a>	Intergroup Special Events	<a href="mailto:cgigevents@gmail.com">cgigevents@gmail.com</a>
Sunday Morning Breakfast Chair	<a href="mailto:cgigbrkfst@gmail.com">cgigbrkfst@gmail.com</a>	Intergroup/CGSC Liason	<a href="mailto:cgiscintergroup@gmail.com">cgiscintergroup@gmail.com</a>

**CGSC Contacts:**

Chairperson	<a href="mailto:cgscchair@gmail.com">cgscchair@gmail.com</a>	Alternate Chairperson	<a href="mailto:cgscaltchair@gmail.com">cgscaltchair@gmail.com</a>
Treasurer	<a href="mailto:cgsc treasurer@gmail.com">cgsc treasurer@gmail.com</a>	Secretary	<a href="mailto:cgsc secretary@gmail.com">cgsc secretary@gmail.com</a>
Treatment Chair	<a href="mailto:cgsc treatment@gmail.com">cgsc treatment@gmail.com</a>	Corrections Chair	<a href="mailto:cgsc corrections@gmail.com">cgsc corrections@gmail.com</a>
Cooperation with the Professional Community Chair	<a href="mailto:cgsc cpc@gmail.com">cgsc cpc@gmail.com</a>	Grapevine Chair	<a href="mailto:cgsc grapevine@gmail.com">cgsc grapevine@gmail.com</a>
Records & Registration Chair	<a href="mailto:cgsc records@gmail.com">cgsc records@gmail.com</a>	Introduction to Service Chair	<a href="mailto:cgsc intro@gmail.com">cgsc intro@gmail.com</a>
Bridging the Gap Chair	<a href="mailto:cgsc btg@gmail.com">cgsc btg@gmail.com</a>	Intergroup/CGSC Liason	<a href="mailto:cgsc intergroup@gmail.com">cgsc intergroup@gmail.com</a>

**Meeting Changes****NEW MEETINGS**

**Garnet Block**, 1609 Centre St. NW, is adding a new meeting, Fridays at midnight, beginning Sept 29 (Sep/17)

**Garnet Block**, 1609 Centre St. NW, is adding a new meeting, every day at 5:30 pm, beginning Feb 1 (Feb/18)

**Happy, Joyous & Free Group**, Tuesdays 6:00 pm, open, Step/Tradition, Eastside Victory Outreach Centre, back door, 1840 – 38 St. SE, Calgary (Jul/17)

**MEETING CHANGES:**

**Back to the Drawing Board**, Sundays southeast has moved. New address: Eastside Victory Outreach Centre, back door, [1840 – 38 St. SE](#).

Everything else is the same – Sundays 7:30 pm, open. (Oct/17)

**Beacon's Refugees**, Saturdays northwest, have moved. New address: Highwood Lutheran Church, [419 Northmount Dr. NW](#), "Church Office" building & door (across from Colonel Irvine School). All else remains the same. (Nov/17)

**Bow Valley Night Owl**, Between December 22 and January 2, the Banff/ Canmore groups will be holding extra night owl meetings at 9:30 pm. The Nakoda Room, Canmore General Hospital, 1100 Hospital Place (off 1A highway), Canmore. The hospital phone is [403 678 5536](tel:4036785536) AA contact Hilary C. [403 679 1354](tel:4036791354)

**Candlelight Group**, Thursdays, southeast, will be moving to St. Luke's Anglican Church, [2951 – 26 Ave. SE](#). Last meeting at Southview Com. Centre Nov. 30. First meeting at new location is Dec 7<sup>th</sup>. All else the same. (Dec/17)

**Glenmore Group** in the southwest will be moving (AS OF SEPT 1<sup>st</sup>) from Hochwald Court to 2509 Dieppe Ave. SW, Building B-6, Room 103 downstairs.

All 24 meetings per week will be moving to the new location, everything else remains the same. (Sept/17)

**Glenmore Group** Thursday night's Tradition meeting at 8:30 pm is changing to a big book study format as of Jan/18.

**Grupo Nuevo Horizonte** (Spanish), northeast, Mondays, Wednesdays, Fridays at 7 PM & Saturdays at 5 PM has moved to Bay 6, 3850 – 19 St. NE, Calgary, AB (Jul/17)

**Haddon Road Conscious Contact** Sundays 7:00 pm (1½ hours), open, meditation/discussion, 200 Haddon Road, upstairs. (Jan/18)

**Open Door Group**, Tuesdays southeast, has moved to the Eastside Victory Outreach Centre, back door, [1840 – 38 St. SE](#), and changed their time from 8:30 to 7:30. (Sept/17)

**MEETING CANCELLATIONS:**

**Glenmore Group**, southwest, has cancelled their Friday midnight meeting (Sep/17)

**Midnapore Group**, southeast, is cancelling its Saturday and Sunday 8:00 pm meetings. The weekday meetings remain. (Jul/17)

**ODAT Group**, southeast, is cancelled as of October (Thanksgiving) 2017. Thank you all who have attended & supported the numerous Big Book Studies held by this group. (Oct/17)

**Recovery Group**, southwest, is cancelling its Friday 8:00 pm meeting, last meeting Aug 25 (Sept/17)

**Women of Hope** Treatment Facilities meeting at Alpha House, Mondays southeast, is being cancelled, last meeting Sept. 25 (Oct/17)

**Woodcreek Group**, Thursdays southwest, has been cancelled (Sep/17)

**December 7 Daily Reflections****"True Ambition"**

*True ambition is not what we thought it was. True ambition is the deep desire to live usefully and walk humbly under the grace of God.*

Twelve Steps and Twelve Traditions, p.124-125

During my drinking years, my one and only concern was to have my fellow man think highly of me. My ambition in everything I did was to have the power to be at the top. My inner self kept telling me something else but I couldn't accept it. I didn't even allow myself to realize that I wore a mask continually. Finally, when the mask came off and I cried out to the only God I could conceive, the Fellowship of A.A., my group and the Twelve Steps were there. I learned how to change resentments into acceptance, fear into hope and anger into love. I have learned also, through loving without undue expectations, through sharing my concerns and caring for my fellow man, that each day can be joyous and fruitful. I begin and end my day with thanks to God, who has so generously shed His grace on me.

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

## HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

Deadline for submissions is the last Thursday of the month. Please submit to [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)

November						December					
<b>Airdrie Back From Hell</b>		<b>Harvest Hills Big Book Group</b>		<b>NW Calgary Group</b>		<b>ABC Group</b>		<b>Link Group</b>			
Norma G	7 years			Lee H	10 years	Glenn B	9 years	Jack M	35 years		
Shane F	9 years	Anna Marie	25 years	<b>Ogden Group</b>		<b>Airdrie Back from Hell</b>		<b>Midnapore Group</b>			
Doug F	11 years	<b>Inglewood Group</b>		Alex	3 years	Clint P.	3 years	Dave G	10 years		
Jessica Z	13 years	Don H	1 year	Denise	3 years	Colin T.	5 years	Janis C	2 years		
Javed	17 years	<b>Just For Today</b>		Jason	4 years	<b>Deer Ridge</b>		Kim K	6 years		
Mike G	20 years	Irma S	7 years	Cameron	8 years	Delia E	27 years	Kristy B	3 years		
<b>Airdrie Country Group</b>		Dave W	33 years	Brian	13 years	Dawn	5 years	Tyler R	1 year		
		<b>Kincora Group</b>		Rick	26 years	<b>Edgemont Group</b>		<b>Recovery Group</b>			
Joel D	1 year	Tim M	2 years	<b>Recovery Group</b>		Kendrick	1 year	Marie M.	41 years		
Kaela W	4 years	<b>McKenzie Towne</b>		Ron A	1 year	Justin	1 year	Woody H.	34 years		
<b>Awakenings Group</b>		Gary L	1 year	Cam M	1 year	Rob	1 Year	Lestoy S.	24 years		
Lee H	10 years	Travis P	1 year	Jacob M	4 years	Derek	3 years	Gary A.	2 years		
Bev H	13 years	Geoff S	2 years	Victoria B	4 years	Janice	7 years	Clyde L.S.	2 years		
<b>Deer Ridge</b>		Matt G	2 years	Brian J	6 years	Anima	9 years	Bonny W.	1 year		
Mark H	1 year	<b>Midnapore Group</b>		Linda S	7 years	<b>Haddon Road</b>		Justin	1 year		
Layah G	7 years	Blake S	1 year	Linda G	20 years	Josh J	4 years	Duane S.	1 year		
Ernie S	26 years	Brandon H	1 year	Irene R	29 years	Kevin G	13 years	Jas	1 year		
Severin B	1 year	Chris L	1 year	Sharon B	31 years	Dan J	17 years	<b>Shipwreck at Sunset</b>			
Darrell F	45 years	Jimmy T	1 year	John D.R	32 years	John M	33 years	Marie F.	5 years		
<b>Edgemont Group</b>		Joseph S	2 years	<b>Shipwreck at Sunset</b>		Tim A	40 years	Chad S.	5 years		
Vanessa	2 years	Andrew M	3 years	Brant E	3 years	<b>Harvest Hills</b>		Collin G.	2 years		
Ken	12 years	Garret G	4 years	<b>Steps Stories &amp; Beyond</b>		Dave G	10 years	<b>Weekend Serenity</b>			
Jay	12 years	Trayce S	4 years			Janis C	2 years	Keith B	23 years		
Fran	19 years	Rae D	6 years	Deborah H	3 years	Kim K	6 years	<b>Whitesheep Group</b>			
Marilyn	21 years	Monte G	11 years	Buddy B	13 years	Kristy B	3 years	Ian M.	46 years		
<b>Garnet Block</b>		Dolly S	33 years	<b>Wednesday Morning Eye Opener</b>		Tyler R	1 year	Jeff D.	28 Years		
Kurtz	3 years	<b>New Beginnngs</b>		Kurtis P	3 years	Ron W	13 years	Roger P.	39 years		
Jason K	11 years	Daneal	2 years	Jane R	29 years	Jean L	18 years	Dave F.	6 years		
Sam L	13 years	Laara	3 years	<b>Whitesheep Group</b>		Don B	7 years	Darren W.	6 years		
Kenny K	15 years	Maria	4 years	Zack F	6 years	<b>Just for Today</b>		Derrick S.	4 years		
Brett	29 years	Aron	7 years	Rich W	26 years	Inga	1 year				
Irene	29 years	Nicole C.	10 years	Tom R	36 years	Bob A.	27 years				
<b>Glenmore Group</b>		Bill T	13 years	Doug W	38 years						
Jennifer	2 years	Alison R.	15 years								
Mel G	9 years	Sherry S.	17 years								
Lanny M	28 years	Sandy D.	20 years								
Maggie	2 years	Jayne R.	25 years								
Robert	13 years	Ellen	35 years								

# LIST OF EVENTS

DATE	EVENT	More Info
December 9 (Saturday) Balzac Community Hall Balzac, AB	<u><b>Balzac Christmas Dinner/Dance</b></u>	Doors open @ 5pm, dinner @ 6pm, Tickets: \$20/person, children under 12 FREE with voucher. For more info, contact Central Office at 403-777-1212.
December 16 (Saturday) Scarboro United Church 206 - 15 Ave SW, Calgary, AB	<u><b>Intergroup Annual Christmas Potluck</b></u>	Noon – 3:00pm, potluck, 7 <sup>th</sup> Tradition, Santa will be there with gifts for the kids.
December 17 <sup>th</sup> (Sunday) St. Stephen's Church 1121 14 Ave. SW, Calgary	<u><b>12 Step of Christmas Potluck (in support of WACYPA)</b></u>	Speaker starts at 5:00 pm. Speaker panel on step 9. Potluck with ham provided. Karaoke to follow, bring an ugly Christmas sweater and support WACYPA!
December 23 (Saturday) Foothills United Church 3803 69 St. NW, Calgary, AB	<u><b>West End Step and Tradition Group Christmas Potluck</b></u>	6:00 PM to 8:00 PM meeting afterwards at 8:00 PM. Whole family welcome.
December 24 (Sunday) Deerfoot Inn & Casino 11500 – 25 St. SE, Calgary, AB	<u><b>Whitesheep AA Men's Group 21<sup>st</sup> Annual Christmas Eve Breakfast</b></u>	8:00am – 11:00am, Doors open at 7:30am, Breakfast starts at 8:30am, open mike sharing at 9:30am. Friends and family welcome, tickets \$30 available at Central Office. For more info, contact Gerry M at 403-874-6441 or email <a href="mailto:gmelsted@recoveryacres.org">gmelsted@recoveryacres.org</a> .
December 28 -31 (Thurs – Sun) Chateau Lacombe Hotel (downtown Edmonton),	<u><b>WACYPA21 – Sunlight at Last</b></u>	This youth conference has a weekend of recovery- related workshops, meetings, and bad-ass events for the purpose of carrying the message to the alcoholic still suffering. For more info, check out the website: <a href="http://www.wacypaaxxi.weebly.com">www.wacypaaxxi.weebly.com</a> .
December 25 (Monday) Christmas Alcathon <u>1609 centre st nw Calgary</u>	<u><b>Garnet Block Christmas Alcathon</b></u>	Doors open at 10 am. Meetings all day until 10 pm. Potluck from 4- 5:30 pm Birthday meeting 8:30 pm.
December 31 (Sunday) Pembroke Community Hall 6100 – 8 Ave SE, Calgary, AB	<u><b>Steps Stories &amp; Beyond New Years Dinner &amp; Dance</b></u>	Based on 7 <sup>th</sup> Tradition. Doors open at 5:30pm, Dinner at 7:00pm. Potluck desserts would be appreciated. Speaker at 8:30pm. Dance to follow. For more information, contact Central Office.
January 19- 20 2018 Whitehorn Community Centre 228 Whitehorn Dr. NE Calgary, AB	<u><b>Area 78 Committee Meeting</b></u>	Registration 5:00 Friday. Local AA members welcome, no registration fee required. ACM begins 5:30 pm Friday. Meetings 9:00 AM to 5:00 PM Saturday. Banquet dinner/speaker to follow. 7 <sup>th</sup> tradition gratefully received. See event poster on <a href="http://www.calgaryaa.org">www.calgaryaa.org</a> .
January 27, 2018 (Saturday) Edgemont Community Centre, 33 Edgevalley Circle NW, Calgary, AB	<u><b>6<sup>th</sup> Annual District 77 Round Up</b></u>	Registration at 9:00am, \$40 Registration with Lunch and Dinner, \$20 Registration with Lunch. Tickets from District 77 GSRs or Central Office.
Feb 15-18, 2018 (Thursday – Sunday) Phoenix, Arizona, USA	<u><b>54<sup>th</sup> International Women's Conference</b></u>	For more info, please go to <a href="http://www.internationalwomensconference.org">www.internationalwomensconference.org</a> .

## Twelfth Step Prayer

*Dear God, having had a spiritual experience, I must now remember that "faith without works is dead." And practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. So, God, please help me to carry this message to other alcoholics! Provide me with the guidance and wisdom to talk with another alcoholic because I can help when no one else can. Help me secure his confidence and remember he is ill.*

-Alcoholics Anonymous, pg 89.

# Service Opportunities

## Upcoming CGSC Service Commitments

Treatment Facility	AA Group – December	AA Group - January
Renfrew Tuesday	Marlborough Park	Back from Hell
(Renfrew Wednesday (Bridging the Gap)	Glenmore	Midnapore
Renfrew Thursday	Glenmore	Regal
Renfrew Sunday	Resentments Resolved	Saturday Morning Bridge
Sunrise	Regal	Shipwreck at Sunset
Alpha House		New Beginnings
Dream Centre	Midnapore	Midnapore

## Upcoming Intergroup Service Commitments

Sunday Breakfast at Ramada **served till 9:30**	AA Group
December 3	Rule 62
December 10	Shipwreck at Sunset
December 17	Primary Purpose Group
December 24	New Beginnings
December 31	
January 7	Garnet
January 14	Deer Ridge
January 21	West End Step & Tradition
January 28	Unity

Telephone Monitoring Dates	AA Group
December 4 - 10	Unity
December 11 - 17	Ogden
December 18 - 24	Primary Purpose
December 25 - 31	McKenzie Towne
January 1- 7	Inglewood Group
January 8-14	Go For It
January 22-28	NW Calgary
January 29- Feb 4	Getting There

# Calls for Service

Gratitude Round Up Committee is looking for volunteers. We hold our meetings the first Wednesday of every month at 7 pm at Central Office. Thank you!

*We have 2 vacancies for COMC members (Central Office Management Committee) that should be filled by the end of the year. Business experience as well as firm understanding of the steps and traditions are considered an asset. Time requirement would be minimal (about 1 day a month), and suggested sobriety is a minimum 5 years.  
**Please submit resumes to Central Office.***

We need daytime phone monitors at Central Office. If you can help out with a regular morning or afternoon shift, please call Mathew at Central Office at 403-777-1212 or email [CentralOffice@calgaryaa.org](mailto:CentralOffice@calgaryaa.org)

## The December 2017 Issue of GRAPEVINE is here!

This month, "Sober Holidays," featuring stories about how members stay sober and do service during the December holidays. Also included are stories about Remote Communities.

### To view the Table of Contents, click here.

Some stories include:

Thumbing for the Holidays Broke and lonely, a newcomer looking to do service hits the road and gets an unexpected surprise

Counting the Days with Santa Out on a family shopping trip, a nervous newcomer encounters someone way too jolly

When a Stranger Calls The woman answered my call. She had been drinking and was in town for some work-related training. It was obvious she needed some help soon.

Long distance hugs I can still suffer the pain of loneliness here in Faro, but now I have some great tools. I can actually feel the love over the phone.

## Big Book Studies

### "Mondays At Sheldon Chumir Centre"

There is a weekly Big Book study currently running at Sheldon Chumir Centre, 1213 - 4 Street SW on Monday nights 7:00pm – 9:00pm on the 3rd floor in room 3122.

### "Recovery Group Women's BB Study"

There is a new weekly women's Big Book study on Sundays at the Recover Group, Room 104, 4820 McLeod Trail SW, 2:00pm-4:00pm. Please bring a Big Book, Pen, Highlighter, & notebook or writing pad. Big Books can also be purchased at the meeting.

### "Big Book Comes Alive"

There is a weekly Big Book study running at New Brighton Community Centre, 2 New Brighton Drive SE, Calgary. Meeting runs on Sundays from 6:00pm – 7:15pm.

### "Joe and Charlie Big Big Studdy at Haddon Road"

There is a weekly Big Book study at Haddon Road on Sundays from 2:00pm–4:00pm. Please bring a Big Book, a highlighter and an open mind. Big books can be purchased at the meeting or from Central Office. Note that current study should end around Dec 17, and start up on January 14th. There will also be a Big Book study beginning on Tuesday, January 9<sup>th</sup> from 7:30 – 9 pm with the same format. For any questions, please contact Steve at 403-889-5240.

### Bow Valley Night Owl

Between December 22 and January 2, the Banff/ Canmore groups will be holding extra night owl meetings at 9:30 pm. The Nakoda Room, Canmore General Hospital, 1100 Hospital Place (off 1A highway), Canmore. The hospital phone is [403 678 5536](tel:4036785536) AA contact Hilary C. [403 679 1354](tel:4036791354)



**Whitesheep  
AA Men's Group**  
host the  
**21<sup>st</sup> Annual  
Christmas Eve Breakfast**  
**December 24th**

**Deerfoot Inn & Casino**  
11500 - 25 St. SE  
(Deerfoot Trail at Barlow Trail S)

**8:00 - 11:00 am**

Doors open at 7:30 am  
Breakfast starts at 8:30  
- Open mike sharing @9:30

**Family and Friends Welcome**

Tickets \$30 ea  
- available at AA Central Office 403-777-1212

For information: contact Gerry Melsted 403-874-6441  
or email: gmelsted@recoveryacres.org



**A NEW  
FREEDOM**




With Al-Anon Participation

**6th ANNUAL DISTRICT 77 Round Up**  
**SATURDAY JANUARY 27, 2018**  
EDGEMONT COMMUNITY CENTRE  
33 Edgevalley Circle NW Calgary

- 9 **REGISTRATION OPENS**  
10 **Glen N - Esterhazy Sk (AA)**  
12 **LUNCH - Chili Cook-off**  
1 **Greg M - Calgary (Al-Anon)**  
3 **Irma V - Esterhazy Sk (AA)**  
5 **DINNER & COUNTDOWN**  
7 **Rio D - Prince George BC (AA)**



**COST : \$40 Registration, Lunch & Dinner**

**\$20 Registration & Lunch**

**Tickets from District 77 GSR's  
or Calgary Central Office Call 403-777-1212**



### January 19-20, 2018 Area Committee Meeting

#### Calgary Fellowship Welcomes You!

**When:** January 19-20  
Registration 5:00 PM Friday  
(Local AA members welcome. No registration fee required.)  
ACM begins 5:30 PM Friday  
Meetings 9:00 AM to 5:00 PM Saturday  
Banquet Dinner/Speaker to follow

**Where:** The Whitehorn Community Centre  
228 Whitehorn Rd NE, Calgary, AB  
Ample parking, wheelchair accessible  
Close to shopping and amenities

**Meals:** No One Goes Hungry!  
• Coffee/Tea available at all times  
• Bag lunch/salad bar will be offered at noon Saturday  
• Banquet dinner served Saturday evening  
• 7th Tradition gratefully received

**Accommodations**  
**CALGARY COAST PLAZA HOTEL**  
1316 33 Street NE, Calgary AB, T2A 6B6

AREA 78 Group Agreement has been arranged for Jan 19-20 as follows:

- \$99 Comfort Suite: 2 queen beds
- \$114 Comfort Suite: 2 queen beds including breakfast for 2
- \$124 Superior Room: 1 King bed
- Breakfast \$14.94 for adults and \$8.95 for children (4-10)
- Available 6:30 to 10:30 AM
- Taxes apply to rooms and meals
- Complimentary airport shuttle service

#### Reserve Now!

- Quote AREA 78 or reservation# CPC-GFC-24131 when booking
- **NOTE:** the group rate expires December 20, 2017
- Call 403.248.8888 (or 1.800.661.1464)
- Email: res@calgaryplaza.com

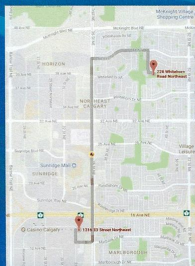
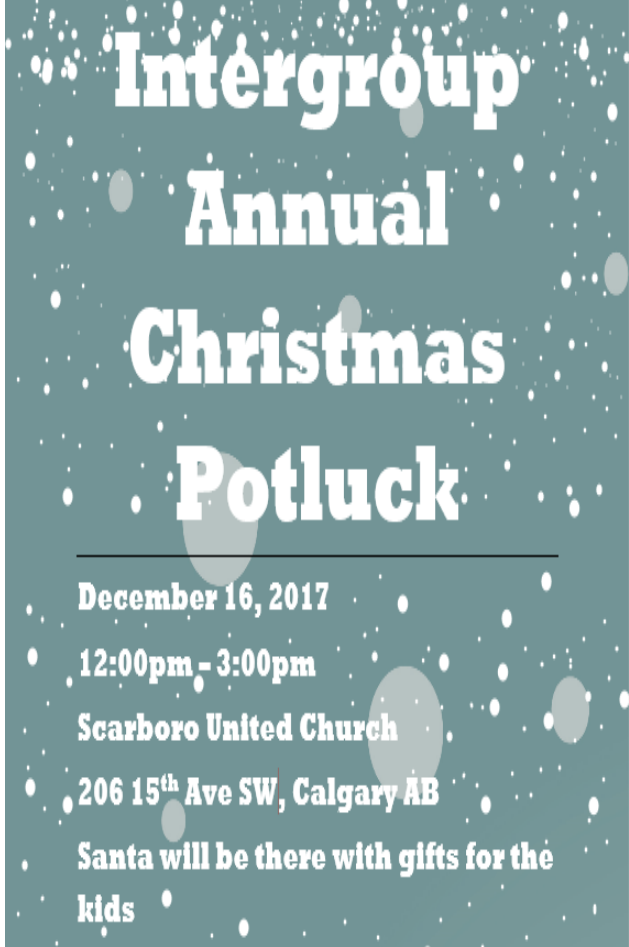
#### Stay Connected

Please watch for more information to be posted on  
[www.calgaryaa.org](http://www.calgaryaa.org) for new developments and announcements  
between now and January 19!

Please contact [bonniefaasse@gmail.com](mailto:bonniefaasse@gmail.com) with questions.

[www.calgaryaa.org](http://www.calgaryaa.org)

AREA MAP

**Intergroup  
Annual  
Christmas  
Potluck**

**December 16, 2017**  
**12:00pm - 3:00pm**  
**Scarboro United Church**  
**206 15<sup>th</sup> Ave SW, Calgary AB**  
**Santa will be there with gifts for the  
kids**

# Step 12 & Tradition 12

**Step 12** - *Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.*

*THE joy of living is the theme of A.A.'s Twelfth Step, and action is its key word. Here we turn outward toward our fellow alcoholics who are still in distress. Here we experience the kind of giving that asks no rewards. Here we begin to practice all Twelve Steps of the program in our daily lives so that we and those about us may find emotional sobriety. When the Twelfth Step is seen in its full implication, it is really talking about the kind of love that has no price tag on it.*

*Our Twelfth Step also says that as a result of practicing all the Steps, we have each found something called a spiritual awakening. To new A.A.'s, this often seems like a very dubious and improbable state of affairs. "What do you mean when you talk about a 'spiritual awakening'?" they ask.*

*Maybe there are as many definitions of spiritual awakening as there are people who have had them. But certainly each genuine one has something in common with all the others. And these things which they have in common are not too hard to understand. When a man or a woman has a spiritual awakening, the most important meaning of it is that he has now become able to do, feel, and believe that which he could not do before on his unaided strength and resources alone. He has been granted a gift which amounts to a new state of consciousness and being. He has been set on a path which tells him he is really going somewhere, that life is not a dead end, not something to be endured or mastered. In a very real sense he has been transformed, because he has laid hold of a source of strength which, in one way or another, he had hitherto denied himself. He finds himself in possession of a degree of honesty, tolerance, unselfishness, peace of mind, and love of which he had thought himself quite incapable. What he has received is a free gift, and yet usually, at least in some small part, he has made himself ready to receive it...*

*From Twelve Steps and Twelve Traditions, chapter on Step 12.*

**Tradition Twelve** *"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."*

*As the A.A. groups multiplied, so did anonymity problems. Enthusiastic over the spectacular recovery of a brother alcoholic, we'd sometimes discuss those intimate and harrowing aspects of his case meant for his sponsor's ear alone. The aggrieved victim would then tightly declare that his trust had been broken. When such stories got into circulation outside of A.A., the loss of confidence in our anonymity promise was severe. It frequently turned people from us. Clearly, every A.A. member's name—and story, too—had to be confidential, if he wished. This was our first lesson in the practical application of anonymity.*

*With characteristic intemperance, however, some of our newcomers cared not at all for secrecy. They wanted to shout A.A. from the housetops, and did, Alcoholics barely dry rushed about bright-eyed, buttonholing anyone who would listen to their stories. Others hurried to place themselves before microphones and cameras. Sometimes, they got distressingly drunk and let their groups down with a bang. They had changed from A.A. members into A.A. show-offs. This phenomenon of contrast really set us thinking. Squarely before us was the question "How anonymous should an A.A. member be?" Our growth made it plain that we couldn't be a secret society, but it was equally plain that we couldn't be a vaudeville circuit, either. The charting of a safe path between these extremes took a long time.*

*These experiences taught us that anonymity is real humility at work. It is an all-pervading spiritual quality which today keynotes A.A. life everywhere. Moved by the spirit of anonymity, we try to give up our natural desires for personal distinction as A.A. members both among fellow alcoholics and before the general public. As we lay aside these very human aspirations, we believe that each of us takes part in the weaving of a protective mantle which covers our whole Society and under which we may grow and work in unity.*

*We are sure that humility, expressed by anonymity, is the greatest safeguard that Alcoholics Anonymous can ever have.*

*From Twelve Steps and Twelve Traditions, chapter on Tradition 12.*