

SUGGESTED 25¢ DONATION

# THE WESTWORD

A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

TO RECEIVE ELECTRONIC COPY OF THE WESTWORD PLEASE EMAIL [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)

Calgary  
Alcoholics Anonymous  
Central Service Office

#2, 4015 – 1 Street S.E.  
Calgary, AB, T2G 4X7

**Office hours**

Mon–Fri, 8:30am–5:00pm  
Closed for lunch 1-2pm  
Saturday, 9:00am–1:00pm  
Closed holiday weekends

**Canada Day weekend  
closures on:**

**Saturday, July 1<sup>st</sup>  
Monday, July 3<sup>rd</sup>**

Telephone: (403) 777-1212  
Answering service is [7x24](tel:777-1212)

**Email:**

[centraloffice@telus.net](mailto:centraloffice@telus.net)

See [www.calgaryaa.org](http://www.calgaryaa.org) for  
up-to-date Information,  
meetings and events  
schedule.

Please email or call us for any  
changes to the meeting schedule or  
to post in the online calendar of  
events.

Check out the AA bookstore  
at Central Office for:  
AA & Grapevine books,  
pamphlets, committee  
information, CD's and DVD's,  
chips/medallions, etc.

## STAMPEDE BREAKFAST

Calgary Central Service Office Invites Friends and Neighbors



- ♦ Live Music - The Common Welfare Band and Open Mic
- ♦ Toe Tappin' ♦ Knee Slappin' ♦ Finger Snappin'
- ♦ Great Food! ♦ Great Fellowship! ♦ Great Times!

GROUP DONATIONS CAN BE MADE TO CENTRAL OFFICE  
PLEASE ANNOUNCE AT YOUR MEETINGS  
For More Info: (403) 777-1212



## WACYPA Midyear Event

**SPEAKER MIKE K. – HAWAII  
ICE CREAM SOCIAL & SILENT AUCTION  
DRESS CODE: WHITE**

Chateau Lacombe Hotel - 10111 Bellamy Hill RD  
Edmonton, Alberta  
Tickets \$20.00  
Please call Shanna: 250-212-9206 (no text)

**SPECIAL ROOM RATES AVAILABLE!  
Booking Code: SUNLIGHT**

WACYPAA is the Western Area Conference of Young People in AA, for the young and young at heart! The conference is coming to Edmonton for December 28-31, 2017. Registration and info can be found here: <http://wacypaawebby.com/>



FREE EVENT!!



**CANADA DAY  
CELEBRATION**

Township Road 534, Yellowhead County AB

JULY 1 - 3

PINEDALE HALL EDSON AB

SATURDAY:	SUNDAY:	MONDAY:
Lunch	Pancake Breakfast	Pancake Breakfast
Sobriety count down	Field Hockey	Farewell Meeting
Ultimate frisbee	Meeting	Begins July 1 @
Meeting	Lunch	11:30am Hall Open at
Hot Dog Dinner	River Float	9am for set up
Fireworks	Dinner	Family and Pet
	Board Games	Friendly. Tenting
	Bonfire meeting	available on site

Please visit [www.wacypaawebby.com](http://www.wacypaawebby.com) to sign up for any contributions you'd like to make to the event or email Crystal at

**Western Area Conference of Young People in AA Events for June/July**

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

**Intergroup Contacts:**

Intergroup Alternate Chair	<a href="mailto:cgigalterchair@gmail.com">cgigalterchair@gmail.com</a>	Intergroup Chairperson	<a href="mailto:cgigchair@gmail.com">cgigchair@gmail.com</a>
Intergroup Archives Chair	<a href="mailto:cgigarchives@gmail.com">cgigarchives@gmail.com</a>	Telephone Monitoring Chair	<a href="mailto:cgigtelmonitorchair@gmail.com">cgigtelmonitorchair@gmail.com</a>
Public Information Chair	<a href="mailto:pichair.calgary@gmail.com">pichair.calgary@gmail.com</a>	12 Step Chair List	<a href="mailto:cgig12steplist@gmail.com">cgig12steplist@gmail.com</a>
Westword Editor	<a href="mailto:westwordeditor@gmail.com">westwordeditor@gmail.com</a>	Intergroup Secretary	<a href="mailto:cgigsecretary@gmail.com">cgigsecretary@gmail.com</a>
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Banff Roundup Chair	<a href="mailto:info@banffroundup.com">info@banffroundup.com</a>	Intergroup Special Events	<a href="mailto:cgigevents@gmail.com">cgigevents@gmail.com</a>
Sunday Morning Breakfast Chair	<a href="mailto:cgigbrkfst@gmail.com">cgigbrkfst@gmail.com</a>		

## Meeting Changes

**NEW MEETINGS:**

**Cochrane Ladies**, Thursdays 7:30 pm, closed, Literature Study, St. Andrew's United Church, northwest door upstairs, 128 – 1 St. E., Cochrane AB (Apr/17)

**Garnet Block**, 1609 Centre St. NW, is adding a new meeting: Sundays, 3:00 PM, Step Discussion, starting June 4 (Jun/17)

**Resentment Resolve Group**, Thursdays 7:30 pm, open, Step/Traditions/Topic Meeting, Eastside Victory Outreach, back door, 1840 – 38 St. SE, Calgary, AB (Apr/17)

**Tommy's Place Group**, Mondays 8:00 pm, closed men's Literature Study, St. John's Lutheran Church, main entrance, library, 204 – 6A St. NE, Calgary, AB (Apr/17)

**MEETING CHANGES:**

**Back Again Group**, Out-of-town, Trochu, Wednesdays has changed from 7:30 to 7:00 pm (Apr/17)

**Desperation Group**, Fridays 8:00 pm, northwest, will be moving to the Highwood Lutheran Church, 419 Northmount Dr. NW as of May 26. All else the same. (May/17)

**Irricana Recovery Group** Beginning on May 1, 2017, the Friday 8:00 pm meeting will move to Wednesdays at 7:30 pm. It will be the same location (United Church 16 km east of Airdrie on Hwy 567). There is no change to their Sunday meeting. (May/17)

**Monday Morning Group**, southeast 10:00 am, will be moving to St. Luke's Anglican Church, 2951 – 26 Ave. SE (back door) from Eastside Victory Outreach Centre. (May/17)

**Rockyford Group**, out-of-town, Tuesdays, Rockyford AB, meets at 7:00 pm, not 8:00 pm (Apr/17)

**Weekend Serenity Group**, Saturdays & Sundays southeast, will move to the Eastside Victory Outreach, back door, 1840 – 38 St. SE. Both meetings are still at 1 pm. (Apr/17)

**MEETING CANCELLATIONS:**

**Action Group**, Wednesdays southwest, is closing; last meeting May 31 (May/17)

**Recovery Group**, southwest, has cancelled their Saturday 8:00 pm meeting. Except the last Saturday of each month, the birthday meeting, which will still happen (Apr/17)

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**June 3<sup>rd</sup> Daily Reflections - "ON A WING AND A PRAYER"**

*...we then look at Step Six. We have emphasized willingness as being indispensable.*

Alcoholics Anonymous, p.76

Steps Four and Five were difficult, but worthwhile. Now I was stuck on Step Six and, in despair, I picked up the Big Book and read this passage. I was outside, praying for willingness, when I raised my eyes and saw a huge bird rising in the sky. I watched it suddenly give itself up to the powerful air currents of the mountains. Swept along, swooping and soaring, the bird did things seemingly impossible for mortal birds to do. It was an inspiring example of a fellow creature "letting go" to a power greater than itself. I realized that if the bird "took back his will" and tried to fly with less trust, on its power alone, it would spoil its apparent free flight. That insight granted me the willingness to pray the Seventh Step prayer.

It's not easy to know God's will in each circumstance. I must search out and be ready for the currents, and that's where prayer and meditation help! Because I am, of myself, nothing, I ask God to grant me the knowledge of His will and the power and courage to carry it out – today.

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

## HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

Deadline for submissions is the last Thursday of the month. Please submit to [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)

May			June		
<b>ABC Group</b>	<b>Glenmore Group</b>	<b>New Beginnings</b>	<b>Awakenings Group</b>	<b>Marlborough Park</b>	
James D 1 year	Dave W 11 years	Shelley 5 years	Lynda B 17 years	Allan W 8 years	
Christine B 7 years	Frank C 12 years	Stephanus 5 years	Brenda R 21 years	Emillian D 30 years	
Dave R 15 years	Jason C 17 years	Lindsey 6 years	Gerry A 38 years	<b>Recovery Group</b>	
Byron L 18 years	Jim H 20 years	June J 15 years	<b>Back Froup Hell</b>		Ayan E 1 year
Karen C 27 years	Mark F 20 years	Karry G 20 years	Brad H 3 years	Gale L 1 year	
Tim S 34 years	<b>Harvest Hills Big Book</b>		Nikki G 4 years	Donna G 2 years	
<b>Action Group</b>		<b>Recovery Group</b>	Angela C 8 years	James S 4 years	
Keith S 10 years	Sunil K 2 years	Kevin H 1 year	<b>Deer Ridge Group</b>		Randy TR 6 years
Bob B 28 years	<b>Kincora Group</b>		Paul C 5 years	Bernie G 21 years	
<b>Awakenings Group</b>		<b>Rule 62</b>	Nancy P 13 years	<b>South View By the Book</b>	
Deb W 7 years	Maureen K 6 years	Nate M 3 years	Tammy G 25 years	Carol 3 years	
Richard T 10 years	<b>MAAT Group</b>		Denny B 27 years	Sylvia 28 years	
Jen A 12 years	Carol L 28 years	<b>The Link Group</b>	Margot C 34 years	<b>Steps Stories &amp; Beyond</b>	
<b>Back From Hell</b>		Brenda M 21 years	<b>Double H Group</b>		Daniel B 1 year
Ken V 1 year	Tony S 41 years	<b>Tuesday Morning Ladies</b>		<b>The Link Group</b>	
Murray B 9 years	<b>Marlborough Park</b>		<b>Edgemont Group</b>		Linda VL 3 years
<b>BYOC Langdon</b>		Kirsty B 1 year	Janice K 2 years	<b>Tuesday Morning Ladies</b>	
Brandy W 23 years	Brian F 16 years	Lena 6 years	Stan A 12 years	Gail P 13 years	
<b>Deer Ridge Group</b>		Maureen 6 years	Lyanda B 17 years	Susan M 30 years	
Harold 9 years	Dave M 1 year	Shirley T 30 years	Brent M 19 years	<b>Walking Eagle</b>	
Cliff B 28 years	Jen C 1 year	Marjorie C 33 years	Joanne D 30 years	Leanne F 11 years	
<b>Edgemont Group</b>		<b>Walking Eagle</b>		<b>Wednesday Morning Eye Opener</b>	
Kellan M 13 years	Ted W 2 years	Marilyn S 14 years	<b>Getting There Group</b>		
Tom W 19 years	Chuck N 6 years	<b>Wednesday Morning Eye Opener</b>		<b>Harvest Hills Big Book</b>	
Fraser G 45 years	Bruce S 10 years	Tom M 22 years	Shane C 9 years	Nick M 12 years	
<b>Garnet Block</b>		Stella B 36 years	Gerry A 38 years	<b>Harvest Hills Big Book</b>	
Adam M 1 year	<b>NADZIEJA</b>		<b>Whitesheep Group</b>		Dwayne S 45 years
Jason C 17 years	Krzysztof M 7 years	Bill M 54 years	Stuart C 1 year	<b>Whitesheep Group</b>	
Bea G 36 years	Yoanna O 8 years	<b>Whitesheep Group</b>		Mitchell B 3 years	
Heather L 45 years	<b>New Beginnings</b>		Shalee S 2 years	AJ S 9 years	
<b>Glenmore Group</b>		Brian N 2 years	Sandra B 4 years	David G 25 years	
Mike K 1 year	Bjarne H 1 year	Sven G 3 years	Bo H 6 years	<b>Kincora Group</b>	
Nicole D 2 years	Tracey 1 year	Brydon D 4 years	<b>Kincora Group</b>		Vanessa R 1 year
AJ 4 years	Leslie 2 years	Len K 6 years	David M 28 years	<b>MAAT Group</b>	
Dwight 4 years	Lorena 2 years	Dan R 7 years	<b>MAAT Group</b>		James L 2 years
Claire 4 years	Shannon B 2 years	Gary O 45 years	Grant C 32 years		
Jeff 6 years	Shannon E 3 years		Iva P 33 years		
Melissa R 7 years	Todd M 3 years				
Zoe 11 years	Jill L 4 years				
	Shereen 4 years				

# LIST OF EVENTS

DATE	EVENT	More Info
June 9-11 (Friday-Sunday) Glenmore Inn, 2720 Glenmore Trail SE, Calgary, AB	<b><u>36<sup>th</sup> Annual AA Gratitude Roundup</u></b>	\$25 for the weekend. \$70 includes registration and Saturday night banquet. For more information, go to <a href="http://www.GratitudeRoundup.com">www.GratitudeRoundup.com</a>
June 9-11 (Friday – Sunday) Rosebud Community Hall, Rosebud, AB	<b><u>Didsbury Friday Night Group 19<sup>th</sup> Annual Family Campout</u></b>	Registration Friday 6:00pm – 8:30pm, camping first come first serve, for more info call Brian at 403-335-9990 or Rick at 403-335-9525
June 17 (Saturday) Bowness Park Site 4 Calgary, AB	<b><u>District 77 Annual Family Potluck Picnic</u></b>	11am-3pm, 7 <sup>th</sup> Tradition, burgers, hotdogs, fixin's and refreshments provided. Would appreciate contributions of vegetables, fruits, salads, chips/snacks, cookies/squares. Bring your own chairs and picnic games (footballs, frisbees, etc).
June 24 (Saturday) Chateau Lacombe Hotel 10111 Bellamy Rd, Edmonton, AB	<b><u>WACYPAA Midyear Event – Bright Summer Nights</u></b>	Tickets \$20, call Shanna for more information: 250-212-9206 (no text), special room rates, booking code SUNLIGHT, ice cream social and silent auction, dress code white
July 1 – 3 (Saturday – Monday) Pinedale Hall, Edson, AB	<b><u>Canada Day Celebration hosted by WACYPAA and Sober Country AA Meeting</u></b>	Begins July 1 at 11:30am, Hall open at 9:00am for setup, family and pet friendly, tenting available, free event, accepting donations at <a href="http://www.wacypaaxxi.weebly.com">www.wacypaaxxi.weebly.com</a>
July 14-16 (Friday – Sunday) Next to the small hamlet of Cayley, AB	<b><u>Keeping the Spirit Alive Campout (Cayley Campout)</u></b>	\$25 per Campsite, setup begins at 4pm Friday. The whole campground is ours. Email to <a href="mailto:kr462008@gmail.com">kr462008@gmail.com</a> for more information or call Central Office at 403-777-1212.
July 15, 2017 (Saturday) Central Service Office, 4015 – 1 <sup>st</sup> St. SE, Calgary, AB	<b><u>Calgary Central Service Office Stampede Breakfast</u></b>	8:30am – 11:30am, 7 <sup>th</sup> Tradition observed, pancake breakfast with all the fixings, live music. For more info, contact Central Office at 403-777-1212.
July 15, 2017 (Saturday) 1609 Centre Street NW, Calgary, AB	<b><u>Stampede Alcahthon</u></b>	Doors open from 10am to 10pm, Potluck supper from 4:00pm-5:30pm. Meetings all day. Join us for recovery and snacks through the day.
July 21-23 (Friday – Sunday) Island Lake Provincial Recreation Area (15 km west of Crowsnest Pass – On Hwy 3)	<b><u>Crowsnest Pass 30<sup>th</sup> Annual Campout</u></b>	Registration and payment for all RV's, trailers and tents must be done on arrival at entrance to campground. Contact Amanda at +1-587-590-4514, Barry at 403-563-5473 or Hotline at 403-753-1212 for more info about the weekend. For campground info, go to: <a href="http://rockymountaincamping.ca">rockymountaincamping.ca</a>
July 21-23 (Friday – Sunday) Gooseberry Lake Provincial Park 8 mi. North of Consort on Hwy 41, then 1 mi. East	<b><u>Consort Campout</u></b>	Registration Friday 6pm, \$20/person, kids 12 and under free. If not a camper: call Prairie Moon Inn & Suites at 403-577-2770, or Sunrise Motel at 403-577-3847. For more info, call Central Office at 403-777-1212.
August 11-13 (Friday – Sunday) Granview Recreational Park 10 miles south of Claresholm on Hwy 2 at Granum	<b><u>Claresholm Campout</u></b>	Friday registration and potluck 5:30-8pm, cost \$20/person plus campground fees.
August 12 (Saturday) Edworthy Park Picnic Site 9 Calgary, AB	<b><u>Intergroup Summer Barbeque</u></b>	11am – 2:30pm, hotdogs and burgers provided, please bring salads, sides and desserts. 7 <sup>th</sup> Tradition observed. Kids party bags, freezies, 50/50.
August 19 (Saturday) Trochu Lions Camp Ground Trochu, AB	<b><u>Trochu Unity Day and BBQ</u></b>	Registration at 11am, potluck lunch at 11:30am, \$20 registration includes BBQ dinner at 5pm.
August 25 -27 (Friday – Sunday) Writing on Stone Provincial Park 41 Km East of Milk River, Alberta Group Area "A", West side of campground	<b><u>International Corn Roast</u></b>	Camp spots in group area \$25/night for RV's or tents, first come first serve, camp sites restricted in size. Weekend begins 6:30pm Friday night. 7 <sup>th</sup> Tradition observed.
August 25-27 (Friday – Sunday) Antler Hill Community Hall just NE of Innisfail, Alberta	<b><u>3<sup>rd</sup> Annual Innisfail Campout/Roundup</u></b>	\$20 covers supper. For more info, email to: <a href="mailto:innisfailroundup@gmail.com">innisfailroundup@gmail.com</a>

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# Service Opportunities

## Upcoming CGSC Service Commitments

Treatment Facility	AA Group - June	AA Group - July
Renfrew Tuesday	272	NW Calgary
Renfrew Wednesday (Bridging the Gap)	Shipwreck at Sunset	Steps, Stories & Beyond
Renfrew Thursday	Glenmore	McKenzie Towne
Renfrew Sunday	Saturday Morning Bridge	MAAT
Sunrise	Southview By the Book	Regal
Alpha House	New Beginnings	Out to Lunch Bunch
Dream Centre	Daily Reflections	Midnapore

## Upcoming Intergroup Service Commitments

Sunday Breakfast at Ramada **served till 9:30**	AA Group
June 4	Haddon Road
June 11	Edgemont
June 18	Sunday Morning 11 AM
June 25	Regal
July 2	Ogden
July 9	Inglewood
July 16	Shipwreck at Sunset
July 23	
July 30	

Telephone Monitoring Dates	AA Group
May 29 - June 4	Daily Reflections
June 5 - 11	ABC
June 12 - 18	McKenzie Towne
June 19 - 25	Marlborough Park
June 26 - July 2	SMOG
July 3 - 9	Shipwreck
July 10 - 16	Wednesday Morning Eye Opener
July 17 - 23	Daily Reflections
July 24 - 30	Primary Purpose
July 31 - Aug. 6	

## Calls for Service

People are needed in Calgary for the 12-Step call list. Midnight monitors and multi-language monitors are especially needed. Suggested requirement is 1 year of sobriety. For more information, please email Nate at [cqig12steplist@gmail.com](mailto:cqig12steplist@gmail.com).

“Bridging the Gap” is a temporary contact program for the newcomer coming out of a treatment facility and into Alcoholics Anonymous. Volunteers are needed. Please email for more information to [cgsbctg@gmail.com](mailto:cgsbctg@gmail.com)

## **The June 2017 Issue of GRAPEVINE is Coming!**

This month, AA members share their experiences about dating in sobriety.

[View the Table of Contents](#)

In **The love of my life**, after yet another broken heart, she finally did a Third Step and found what she was looking for. If you wanted to know how to have a three-month relationship, this was your guy in **Serial dater**. In **Gone berserk**, texting constantly, always checking up on her, multiple visits to her work place—was this love? She met a guy at a meeting and the sparks flew. Ready, set, go. Now there was work to do in **Outside help**.

These stories and more in the June Issue of the Grapevine.

[To view the Table of Contents, click here.](#)

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## **Big Book Studies**

### **"Mondays At Sheldon Chumir Centre"**

There is a weekly Big Book study currently running at Sheldon Chumir Centre, 1213 - 4 Street SW on Monday nights 7:00pm – 9:00pm on the 3rd floor in room 3122.

### **"Joe and Charlie BB Study At ODAT"**

There will be a new weekly Back-to-Basics Big Book study beginning June 5th on Mondays 7:30pm at ODAT, 1840 38 St SE, Calgary in the Eastside Victory Outreach Centre (upstairs room). Please bring a Big Book, Pen, Highlighter, & notebook or writing pad. For more information, directions, etc., please email [odatmeeting@gmail.com](mailto:odatmeeting@gmail.com).

### **"Joe and Charlie BB Study At Haddon Road"**

There is a weekly Big Book study running on Tuesdays at Haddon Road from 7:30pm–9:00pm. For any questions, contact Chris H at 403-860-5313.

### **" Spring BB Study At New Beginnings"**

There is a weekly Big Book study that started March 12 at New Beginnings. The study will be hosted by Rob O. and held on Sunday afternoons from 2-4pm. Bring your Big Book, a pen, a highlighter, and a willingness to learn more about the program of recovery.

### **" Big Book Comes Alive"**

There is a weekly Big Book study running at New Brighton Community Centre, 2 New Brighton Drive SE, Calgary. Meeting runs on Sundays from 6:00pm – 7:15pm.

## STETTLER AA'S 38<sup>TH</sup> ANNUAL ROUNDUP

(With Al-Anon involvement)

NEVIS COMMUNITY HALL

(JULY 7, 8 & 9 - 2017)

OUR THEME THIS YEAR IS

**"Open, Willing, Honest"**

- Friday Night Speaker Meeting (8 pm)TBA
- Friday Evening Campfire Meeting & Weiner Roast - If you play an instrument, bring it along.
- Saturday Call Up Meeting (10 am)
- Saturday Lunch (7<sup>th</sup> Tradition)
- Saturday Afternoon Al-Anon Speaker (2 pm), TBA
- Saturday Night Banquet (6 pm)
- Saturday Night Speaker Meeting (8pm), TBA
- Sunday Morning Continental Breakfast - (8.30 - 10 am)
- Sunday Morning Speaker Meeting (10 am), TBA

### HOME COOKED ROAST BEEF DINNER!!!

Free Camping  
No showers/hooksups  
GORGEOUS SPOT

Bring a musical instrument for the  
Sing-along around the campfire.  
Prepare yourself for a great time.

MEET OLD FRIENDS, ENJOY NEW ONES

ENTIRE WEEKEND AND BANQUET---\$30.00 PER PERSON

JUST BANQUET AND SPEAKER--\$20.00, -- CHILDREN UNDER 12 YRS---\$10.00

FRIDAY NIGHT ONLY -- \$5.00 --- SUNDAY MORNING ONLY --\$5.00

FOLLOW THE SIGNS FROM HWY. 12 AT NEVIS

NOT CAMPING? MANY HOTELS AND MOTELS TO CHOOSE FROM IN STETTLER.

For more info contact Calgary Central Service Office at 403-777-1212

## KEEPING THE SPIRIT ALIVE CAMPOUT

Our First Annual Keeping it Simple

**Friday** - 4:00 pm Set up your campsite

6:00 pm to 8:00 pm Hot Dogs & Hamburgers

9:00 pm Campfire Meeting

**Saturday** - 9:00 am Meeting Bring your breakfast

Maybe a Baseball game for the kids

2:00 pm Our relax in the moment meeting. Come as you are.

Oh ... how about a baseball game between the adults

6:00 pm POT LUCK SUPPER

9:00 pm Campfire Speaker Meeting



**Sunday** - 9:00 am Meeting Bring your Breakfast

Followed by Fellowship, Clean up and planning of next year's Keeping it Simple campout.

### Come and Join us for a weekend of Fun

**Date:** July 14 - July 16, 2017

**Where:** Next to the small Hamlet of Cayley

**Cost:** \$25 per Campsite we have lots of campsites to fill.

**Contact:** via email: [kr462008@gmail.com](mailto:kr462008@gmail.com) or call Calgary Central Office at 403-777-1212 for contact information

For more information or to reserve your spot for you and your FAMILY.

### BACK TO THE BASICS No Hook ups

The whole campground is ours.

Small Cookhouse but we are adding tents for extra coverage & a large BBQ for your cooking Pleasure.

There are 2 out houses and running water and it is potable!

## District 77 Annual Family POTLUCK PICNIC

Saturday June 17

Bowness Park Site 4

11 AM - 3 PM

7<sup>th</sup> Tradition

We will supply  
burgers - hotdogs - fixin's  
refreshments

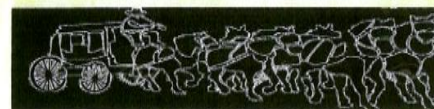
### POTLUCK ITEMS APPRECIATED

- ✓ Vegetables
- ✓ Fruits
- ✓ Salads
- ✓ Chips/snacks
- ✓ Cookies/Squares



Come join us for an afternoon of fellowship  
Bring your own chairs and  
picnic games - footballs, frisbees, etc

Hosted by ABC Group



## Stampede Alcañon

Saturday July 15 2017

Doors open from 10am -10:00pm

Potluck Supper from  
4:00pm - 5:30pm

Meeting start times; 10:30am, 12pm, 1:30pm,

3pm, 5:30pm, 7pm & 8:30pm!

Join us for recovery & snacks throughout the day!

**Garnet Block Alcoholics Anonymous**

**1609 Centre Street N.W**



## Step 6 & Tradition 6

### ***Step 6 – Were entirely ready to have God remove all these defects of character.***

So Step Six—"Were entirely ready to have God remove all these defects of character"—is A.A.'s way of stating the best possible attitude one can take in order to make a beginning on this lifetime job. This does not mean that we expect all our character defects to be lifted out of us as the drive to drink was. A few of them may be, but with most of them we shall have to be content with patient improvement. The key words "entirely ready" underline the fact that we want to aim at the very best we know or can learn.

How many of us have this degree of readiness? In an absolute sense practically nobody has it. The best we can do, with all the honesty that we can summon, is to try to have it. Even then the best of us will discover to our dismay that there is always a sticking point, a point at which we say, "No, I can't give this up yet." And we shall often tread on even more dangerous ground when we cry, "This I will never give up!" Such is the power of our instincts to overreach themselves. No matter how far we have progressed, desires will always be found which oppose the grace of God.

Some who feel they have done well may dispute this, so let's try to think it through a little further. Practically everybody wishes to be rid of his most glaring and destructive handicaps. No one wants to be so proud that he is scorned as a braggart, nor so greedy that he is labeled a thief. No one wants to be angry enough to murder, lustful enough to rape, gluttonous enough to ruin his health. No one wants to be agonized by the chronic pain of envy or to be paralyzed by sloth. Of course, most human beings don't suffer these defects at these rock-bottom levels.

We who have escaped these extremes are apt to congratulate ourselves. Yet can we? After all, hasn't it been self-interest, pure and simple, that has enabled most of us to escape? Not much spiritual effort is involved in avoiding excesses which will bring us punishment anyway. But when we face up to the less violent aspects of these very same defects, then where do we stand?

***From Twelve Steps and Twelve Traditions, p.65-66.***

### ***Tradition 6 – An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.***

The moment we saw that we had an answer for alcoholism, it was reasonable (or so it seemed at the time) for us to feel that we might have the answer to a lot of other things. The A.A. groups, many thought, could go into business, might finance any enterprise whatever in the total field of alcoholism. In fact, we felt duty-bound to throw the whole weight of the A.A. name behind any meritorious cause.

Here are some of the things we dreamed. Hospitals didn't like alcoholics so we thought we'd build a hospital chain of our own. People needed to be told what alcoholism was, so we'd educate the public, even rewrite school and medical textbooks. We'd gather up derelicts from skid rows, sort out those who could get well, and make it possible for the rest to earn their livelihood in a kind of quarantined confinement. Maybe these places would make large sums of money to carry on other good works...

Yes, we of A.A. did dream those dreams. How natural that was, since most alcoholics are bankrupt idealists. Nearly every one of us had wished to do great good, perform great deeds, and embody great ideals. We are all perfectionists who, failing perfection, have gone to the other extreme and settled for the bottle and the blackout. Providence, through A.A., had brought us within reach of our highest expectations.

Whereupon we tried A.A. hospitals—they all bogged down because you cannot put an A.A. group into business; too many busybody cooks spoil the broth. A.A. groups had their fling at education, and when they began to publicly whoop up the merits of this or that brand, people became confused. Did A.A. fix drunks or was it an educational project? Was A.A. spiritual or was it medical? Was it a reform movement?...

These adventures implanted a deep-rooted conviction that in no circumstances could we endorse any related enterprise, no matter how good. We, of Alcoholics Anonymous could not be all things to all men, nor should we try.

***From Twelve Steps and Twelve Traditions, p.155-156.***