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THE WESTWORD

A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

TO RECEIVE ELECTRONIC COPY OF THE WESTWORD PLEASE EMAIL westwordeditor@gmail.com

**Calgary
Alcoholics Anonymous
Central Service Office**

#2, 4015 – 1 Street S.E.
Calgary, AB, T2G 4X7

Office hours

Mon–Fri, 8:30am–5:00pm
Closed for lunch 1-2pm
Saturday, 9:00am–1:00pm
Closed holiday weekends

**Thanksgiving Day weekend
closures on:**

**Saturday October 7th
Monday, October 9th**

Telephone: (403) 777-1212
Answering service is 7x24

Email:
centraloffice@telus.net

See www.calgaryaa.org for
up-to-date Information,
meetings and events
schedule.

Please email or call us for any
changes to the meeting schedule or
to post in the online calendar of
events.

**Check out the AA bookstore
at Central Office for:**
AA & Grapevine books,
pamphlets, committee
information, CD's and DVD's,
chips/medallions, etc.

Calgary Intergroup Archives Committee
ANNUAL PIONEERS DINNER

**Saturday October 21, 2017**

Dalhousie Church

5511 Baroc Rd. NW Calgary, Alberta

Doors Open at 4:30pm, Dinner at 5:30pm SHARP
\$25 includes Roast Beef Dinner and Refreshments

Tickets may be purchased from your Intergroup Rep or GSR
Tickets also available at Calgary Central Service Office, 403-777-1212,
Centraloffice@telus.net: cash, Visa, MasterCard, or personal cheque
Deadline for tickets is Friday October 13th. No tickets at the door

Speakers

Bill B (AA) – NW Step and Tradition
Gerri T-A (AA) – 19th Street Big Book
Lorraine F (Al-Anon) – McKenzie Circle

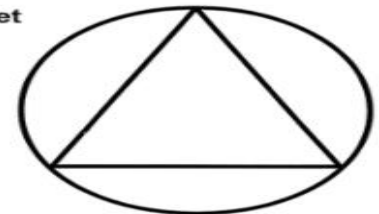
District 15 AA Roundup***Road of Happy Destiny*****Saturday October 7, 2017****Church of the Nazarene Hall**

**627 – 6 St. E
Drumheller, AB**

10:00 AM – Registration – Meet & Greet
11:00 AM – Open AA Call up Meeting

Noon – Lunch Provided

1:00 PM – AA Speaker
2:30 PM – Al Anon Speaker
4:00 PM – Open Call Up Meeting
6:00 PM – Banquet
7:30 PM – Featured AA Speaker

***Tickets:***

\$25.00 – Full Registration – Includes Lunch & Banquet

\$10.00 – Speakers Only

Contact: area78dist15@gmail.com

Intergroup Contacts:

Intergroup Chairperson	cgigchair@gmail.com	Intergroup Alternate Chair	cgigalterchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	cgigtelmonitorchair@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
Westword Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centraloffice@telus.net	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	info@banffroundup.com	Intergroup Special Events	cgigevents@gmail.com
Sunday Morning Breakfast Chair	cgigbrkfst@gmail.com	Intergroup/CGSC Liason	cgscintergroup@gmail.com

CGSC Contacts:

Chairperson	cgscchair@gmail.com	Alternate Chairperson	cgscaltchair@gmail.com
Treasurer	cgsc treasurer@gmail.com	Secretary	cgsc secretary@gmail.com
Treatment Chair	cgsc treatment@gmail.com	Corrections Chair	cgsc corrections@gmail.com
Cooperation with the Professional Community Chair	cgsc cpc@gmail.com	Grapevine Chair	cgsc grapevine@gmail.com
Records & Registration Chair	cgsc records@gmail.com	Introduction to Service Chair	cgsc intro@gmail.com
Bridging the Gap Chair	cgsc btg@gmail.com	Intergroup/CGSC Liason	cgsc intergroup@gmail.com

Meeting Changes

NEW MEETINGS

5th Tradition Group, Tuesdays, 8:00 pm, closed, Step/Tradition, Wild Rose United Church, 1317 – 1 St. NW, side door downstairs, wheelchair assessable (Jul/17)
Friday Night Fellowship Group, Fridays at 8:00 PM, closed, step/discussion, All Saints Traditional Anglican Church, Renfrew, 904 Renfrew Dr. NE (Jun/17)
Garnet Block, 1609 Centre St. NW, is adding a new Night Owl meeting, Saturdays at 10:00 PM, open, discussion (Jun/17)
Garnet Block, 1609 Centre St. NW, is adding a new meeting: Sundays, 3:00 PM, Step Discussion, starting June 4 (Jun/17)
Happy, Joyous & Free Group, Tuesdays 6:00 pm, open, Step/Tradition, Eastside Victory Outreach Centre, back door, 1840 – 38 St. SE, Calgary (Jul/17)

MEETING CHANGES:

Glenmore Group in the southwest will be moving (AS OF SEPT 1st) from Hochwald Court to 2509 Dieppe Ave. SW, Building B-6, Room 103 downstairs.
 All 24 meetings per week will be moving to the new location, everything else remains the same. (Sept/17)
Grupo Nuevo Horizonte (Spanish), northeast, Mondays, Wednesdays, Fridays at 7 PM & Saturdays at 5 PM has moved to Bay 6, 3850 – 19 St. NE, Calgary, AB (Jul/17)
Saturday Morning Bridge, Saturdays northeast, 10:00 AM, is moving to All Saints Traditional Anglican Church, Renfrew, 905 Renfrew Dr. NE, same time and format (Jun/17)
Tommy's Place Men's Group, Mondays northeast, has moved to the All Saints Traditional Anglican Church, Renfrew, back door, 905 Renfrew Dr. NE. All else the same. (Jun/17)
Tsuu T'ina meeting, Spirit Healing Lodge, Old Agency Road, Tsuu T'ina Nation, is changing from Tuesdays at 7:30 PM to Thursdays at noon, same location (Jun/17)

MEETING CANCELLATIONS:

Midnapore Group, southeast, is cancelling its Saturday and Sunday 8:00 pm meetings. The weekday meetings remain. (Jul/17)
Recovery Group, southwest, is cancelling its Friday 8:00 pm meeting, last meeting Aug 25 (Sept/17)
Thursday Night Bridge, Thursdays, northeast is cancelled - last meeting was June 30 (Jun/17)

September 3rd Daily Reflections - "BUILDING A NEW LIFE"

We feel a man is unthinking when he says sobriety is enough.

ALCOHOLICS ANONYMOUS, p.82

When I reflect on Step Nine, I see that physical sobriety must be enough for me. I need to remember the hopelessness I felt before I found sobriety, and how I was willing to go to any lengths for it. Physical sobriety is not enough for those around me, however, since I must see that God's gift is used to build a new life for my family and loved ones. Just as importantly, I must be available to help others who want the A.A. way of life. I ask God to help me share the gift of sobriety so that its benefits may be shown to those I know and love.

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

Deadline for submissions is the last Thursday of the month. Please submit to westwordeditor@gmail.com

August						September					
ABC Group		Glenmore Group		Midnapore Group		Steps Stories & Beyond Miranda H 1 year Jaime S 6 years The Link Group Wendell M 25 years Walking Eagle Sheri M 1 year Wednesday Morning Eye Opener Orland W 31 years Whitesheep Group Sam S 2 years Wally D 8 years David O'C 11 years Peter N 11 years Phil L 16 years		ABC Group		Marlborough Park	
Jamie S 1 year	Mike B 1 year	Matt S 1 year		Dayna J 16 years	Andre W 2 years						
Mike L 5 years	Bill S 5 years	Victoria 2 years		Airdrie Country Group				Ed H 6 years			
Lib B 30 years	Ryan B 10 years	Matt L 3 years		McKenzie Towne							
Awakenings Group	Eric M 12 years	Rolan M 7 years		Ed R 15 years	Tom M 4 years						
Vince H 2 years	Haddon Road	Alice M 43 years		Gordon R 44 years	Stu P 5 years						
Mike K 4 years	Steve 1 year	New Beginnings		Bill F 48 years	John R 6 years						
Bob J 30 years	Kim N 3 years	Allie L 1 year		Back From Hell				Gail H 8 years			
Pat J 35 years	Leslie T 3 years	Brianne W 1 year		Ashely 1 year	Katie D 9 years						
Back From Hell	Krista G 4 years	Sarah B 1 year		Bernie C 1 year	Liz W 19 years						
Valerie C 3 years	Wes 7 years	Tonya 1 year		Patrick C 3 years	Bryan F 30 years						
Douglas K 5 years	Bradley G 9 years	Kevin L 2 years		Eric V 6 years	Cathy H 40 years						
Back to the Book	Greg S 15 years	Shelbi 3 years		Ben S 9 years	Midnapore Group						
Dianne J 2 years	Bob C 45 years	Jarrett H 4 years		Shandi P 10 years	David F 3 years						
Jim M 30 years	Dick W 49 years	Lianne W 5 years		Peter F 43 years	Harold J 7 years						
BYOC Langdon	Happy, Joyous, and Free	Todd G 6 years		BYOC Langdon		Stephanie B 12 years					
Colleen L 20 years		Lisa S 8 years		Austin 10 years	Mike K 15 years						
Deer Ridge	Renee 2 years	Don M 12 years		Deer Ridge	Recovery Group						
Josh 2 years	Harvest Hills Big Book	Darryl P 14 years		Austin P 1 year	Earnest U 1 year						
Gord D 9 years		Lise W 17 years		Judy S 18 years	Frank G 1 year						
Ivan M 14 years	Becky 1 year	NW Calgary Group		Jeremy 27 years	Anastasia 2 years						
Marc U 15 years	Wayne H 5 years	Jarred W 1 year		Harvest Hills Big Book		Douglas 5 years					
Kim G 30 years	Sylvia S 8 years	Dwyla F 7 years		Laine 2 years	Gerry H 9 years						
Edgemont Group	Scott B 11 years	Roger D 30 years		Lynn 15 years	Joe M 9 years						
Andrew 1 year	Jim I 15 years	NW Step & Tradn		MAAT Group		Estee L 13 years					
Ken 1 year	Leslie P 18 years	Matt D 1 year		James S 1 year	Louise M 27 years						
Matt 1 year	Kincora Group	Mike D 6 years		The Link Group							
Mike 1 year	Mike K 4 years	Ogden Group		Shantel C 3 years	Paul M 27 years						
Paul 1 year	MAAT Group	Billi Jo 7 years		NADZIEJA		Tuesday Morning Ladies					
Chad I 2 years	Marshall D 35 years	Tracy 8 years		Hieronim D 27 years							
Monica 22 years	Marlborough Park	Jordan 8 years		Tadeusz L 34 years	Sylvia 8 years						
Garnet Block	Jeanie C 11 years	Elaine 9 years		Ogden Group	Susan D 12 years						
Cailin 1 year	Ray I 30 years	Mary 15 years		Mike H 4 years	Faye H 27 years						
Josh 20 years	McKenzie Towne	Bob B 29 years		Jordan D 5 years	Pat J 35 years						
Shirley 31 years	Melanie F 1 year	Karol K 41 years		Veronica D 5 years	Wednesday Morning Eye Opener						
Getting There	Lenny F 3 years	Recovery Group		Bill S 9 years	Neil J 45 years						
Lorne H 1 year	Jeff H 5 years	Fred D 1 year		Marla G 9 years	Whitesheep Group						
Jocelyn G 3 years	Ryan M 7 years	Nicole W 1 year		Yvonne S 14 years							
Bianca T 5 years	Jeff I 8 years	Jim D 3 years		Tom H 15 years	Sam S 2 years						
	Coleen K 11 years	Tom E 41 years		Open Door Group	Wally D 8 years						
				Albert D 18 years	David O'C 11 years						
					Peter N 11 years						
					Phil L 16 years						

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LIST OF EVENTS

DATE	EVENT	More Info
September 2 (Saturday) Pembroke Community Hall, 6100 – 8 Ave SE, Calgary, AB	<u>Steps Stories & Beyond 1 Day Roundup</u>	Breakfast starts at 7:30am. Based on 7 th Tradition. Dinner at 5:30pm is roast beef, followed by closing speaker at 7:30pm. Contact Buddy at 403-875-9894 or Shauna at 403-617-6161 for more information. Please advise if you're able to donate chilli/stew for lunch.
September 8-9 (Friday – Saturday) Irricana Lions Hall, 1 st Street & 2 nd Avenue., Irricana, AB	<u>Hope and Unity Roundup</u>	Tickets \$30 – available at Central Office call 403-777-1212 or Andy B call 403-607-3737. Friday 5:00pm registration. For camping call 403-371-7276 and reserve early!
September 10 (Sunday) Balmoral Golf Course, Red Deer, AB	<u>7th Annual AA/Alanon Golf Tourney</u>	Sign up for your exact tee time with Jan 403-392-8719 or Roy 403-304-7016. Tee times start at 2pm at Balmoral Golf Course. Potluck. Text Norma for food list at 403-318-7963. Dinner/prizes 5pm-7pm at Balmoral Bible Chapel, open AA meeting at 7:30pm
September 15-17 (Friday – Sunday) Sheraton Hotel, 3310 – 50 Ave, Red Deer, AB	<u>Area 78 Assembly</u>	Call Central Office for more information 403-777-1212.
September 22-23 (Friday – Saturday) Clarion Hotel on Hwy #1 and 7St. SW Medicine Hat, AB	<u>Medicine Hat's 68th Annual Roundup</u>	Tickets: buffet \$35 or Speaker Only \$25 Meeting, dinner, speakers, raffles, 50/50's, door prizes and fellowship. Call 403-866-3970 or 587-289-2226 for more information.
September 23 (Saturday) Claresholm Community Centre Claresholm, AB	<u>Claresholm Family Roundup</u>	Registration and Banquet \$25, Registration only \$12/person (kids free). For more information, please contact Jack H at 403-625-0259.
September 30 (Saturday) Ramada Hotel Downtown Ballroom 708 8 th Avenue SW, Calgary, AB	<u>Ladies AA Thanksgiving Gala</u>	Registration starts at 5:00pm, dinner at 6:00pm. Tickets are \$45 with cutoff date September 22, 2017, Contact Nicole C at 403-477-9552 for more information.
October 7 (Saturday) Church of the Nazarene Hall 627 – 6 St. E Drumheller, AB	<u>District 15 AA Roundup</u>	\$25 full registration, includes Lunch & Banquet, \$10 speakers only. Registration at 10:00am. Contact area78dist15@gmail.com for more information.
October 14 (Saturday) Poplar Ridge Hall (RR 283) Sylvain Lake, AB	<u>Sylvan Lake 9th Annual Serenity Fall Supper</u>	\$20/person, for info, contact Morris at 403-887-4470 or Debbie at 403-341-9776.
October 14 (Saturday) Gordon Yellowfly Memorial Arbor (8km west of Gleichen on Hwy 901)	<u>Sorrel Rider Roundup</u>	Noon – 8:00pm, cost 7 th tradition, no smoking, no children, door prizes, raffles, 50/50. For more information, contact Central Office at 403-777-1212.
October 21 (Saturday) Bowness Senior Centre 6422 – 35 Ave. N.W., Calgary, AB	<u>The Home Group Workshop – hosted by District 77</u>	9:30am – 3:30pm, tickets \$8/person, available from District 77 GSR or Central Office, NOT available at the door
October 21 (Saturday) Dalhousie Church 5511 Baroc Rd. NW, Calgary, AB	<u>Annual Pioneers Dinner</u>	Doors Open at 4:30pm, dinner at 5:30pm, \$25 tickets to be purchased in advance from GSR or Intergroup reps or from Central Office., includes roast beef dinner and refreshments. Includes AA and Al-Anon speakers.
November 3-5 (Friday – Sunday) Camp Horizon in Bragg Creek, AB	<u>Bragg Creek Big Book Study Weekend</u>	\$160 per guest for the weekend includes accommodation and meals. Registration deadline October 29. Inquire to fellowshipbraggcreek@gmail.com .
November 25 (Saturday) St Peter's Church 1802 – 33 Ave SW, Calgary, AB	<u>Introduction to Service Seminar</u>	11:00am – 2:00pm, presented as a service trade show (so you can come and go), for more information, please contact Central Office at 403-777-1212

9th STEP Prayer (A Summarization of Alcoholics Anonymous p78-80)

God give me the strength and direction to do the right thing no matter what the consequences may be. Help me to consider others and not harm them in any way. Help me to consult with others before I take any actions that would cause me to be sorry. Help me to not repeat such behaviors. Show me the way of Patience, Tolerance, Kindliness, and Love and help me live the spiritual life. AMEN

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Service Opportunities

Upcoming CGSC Service Commitments

Treatment Facility	AA Group - September	AA Group - October	AA Group - November
Renfrew Tuesday	Go For It	Glenmore	Midnapore
(Renfrew Wednesday (Bridging the Gap)	Southview By the Book	McKenzie Towne	Edgemont
Renfrew Thursday	ABC	Bow Trail	NW Calgary
Renfrew Sunday	New Beginnings	Unity	Thursday Night Ladies
Sunrise	Ogden	Thursday Night Ladies	Ogden
Alpha House	Garnet	Back From Hell	Unity
Dream Centre	Unity	Sunday Morning 11 AM	New Beginnings

Upcoming Intergroup Service Commitments

Sunday Breakfast at Ramada **served till 9:30**	AA Group
September 3	Regal
September 10	Go For It
September 17	Garnet
September 24	Go For It
October 1	Westend Step & Tradn
October 8	
October 15	
October 22	Go For It
October 29	Ogden

Telephone Monitoring Dates	AA Group
September 4 - 10	NW Calgary Group
September 11 - 17	Westend Step & Tradition
September 18 - 24	McKenzie Towne
Sept 25 - Oct 1	New Beginnings
October 2 - 8	Daily Reflections
October 9 - 15	Shipwreck at Sunset
October 16 - 22	
October 23 - 29	SMOG
Oct 30 - Nov 5	Harvest Hills Big Book

Calls for Service

<p><u>The Intergroup elections will be on MONDAY November 13th at St Peter's church (formerly St Mark's) 1802 33 Ave SW at 7:00pm.</u></p> <p><i>Please be in attendance if you are interested in a service position in Intergroup.</i></p>	<p><u>The CGSC elections will be on October 16th at St Peter's church (formerly St Mark's) 1802 33 Ave SW at 7:30pm.</u></p> <p><i>Positions will be for table officers: Chair, Alternate Chair, Secretary & Treasurer. Also, the following Committee Chair positions will be coming open: Bridging the Gap; Corrections; CPC; Grapevine; Introductory to Service; Treatment; Records & registration; Intergroup/CGSC liaison. Full description & requirements of these positions is on the Calgary Central office website under 'Member Services' - 'click here' at bottom of the page and then open the current CGSC Guidelines pdf.</i></p> <p>**CGSC email contacts are included in this edition of the Westword**</p>	<p>There will be a vacancy coming up in October for COMC (Central Office Management Committee). This is for a Member at Large – business experience as well as a firm understanding of the steps and traditions an asset. Please submit resumes to Central Office.</p>
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The September 2017 Issue of GRAPEVINE is Coming!

It can be a real challenge to get sober early in life while so many of our peers are partying and drinking. But there's a wonderful sober fellowship of young people in AA that's here for the taking. They are here to help. As our Big Book says, "The most satisfactory years of your existence lie ahead."

This month's special section features inspiring stories by alcoholics who got sober in their teens, 20s and 30s.

[To view the Table of Contents, click here.](#)

Dreams & waterfalls - He was once so drunk, he couldn't leave his dorm room. Now he's seeing the world.

Secret stash - She kept the answer to her school fears hidden in her locker—a jar of 90-proof liquid courage

Out of the woods - It took him a while, but he finally found the fellowship he was craving under the trees by the lake

Three Musketeers - I thought it was important to share our story with others in recovery, since the main obstacle to getting sober young is despair that a sober life will be boring

Drink, rinse, repeat - This teen hid her vodka in a hair-raising place while she tried desperately to clean up her act

Falling in love with the universe - Way out in the Nevada desert, among the stars and colorful characters, he found his sober crew

These stories and more in the September Issue of the Grapevine.

Big Book Studies

"Mondays At Sheldon Chumir Centre"

There is a weekly Big Book study currently running at Sheldon Chumir Centre, 1213 - 4 Street SW on Monday nights 7:00pm – 9:00pm on the 3rd floor in room 3122.

"Joe and Charlie BB Study At ODAT"

There is a weekly Back-to-Basics Big Book study on Mondays 7:30pm at ODAT, 1840 38 St SE, Calgary in the Eastside Victory Outreach Centre (upstairs room). Please bring a Big Book, Pen, Highlighter, & notebook or writing pad. For more information, directions, etc., please email odatmeeting@gmail.com.

"Big Book Comes Alive"

There is a weekly Big Book study running at New Brighton Community Centre, 2 New Brighton Drive SE, Calgary. Meeting runs on Sundays from 6:00pm – 7:15pm.

"The Cowboy Ray Way At Haddon Road"

There is a weekly Big Book study at Haddon Road on Sundays from 2:00pm–4:00pm, beginning September 10. Please bring a Big Book, a highlighter and an open mind. Big books can be purchased at the meeting or from Central Office. For any questions, please contact Steve at 403-889-5240.

"Joe and Charlie BB Study At Haddon Road"

There is a weekly Big Book study at Haddon Road on Tuesdays at 7:30pm beginning September 12, running for about 12 weeks. This will use the regular Tuesday 7:30pm step meeting time slot. For any questions, please contact Chris at 403-860-5313 (leave text or message during day).

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

Medicine Hat's 68th Annual Round UP

A New Beginning

September 22nd & 23rd

Clarion Hotel on Hwy #1 and 7 St SW
Medicine Hat, Alberta



*Meetings, Dinner, Speakers, Raffles,
50/50's, Door Prizes and Fellowship.*

More Details to be announced at a later date



Tickets : Buffet \$35.00 OR Speaker Only: \$25.00

(403) 866-3970 or (587) 289-2226

Information on Tickets will be announced at a later date

Ladies AA Thanksgiving Gala 5th Annual

Sponsored by AA's
Thursday Night Ladies Group

September 30, 2017

Ramada Hotel Downtown
Ballroom

708 8th Avenue SW, Calgary, AB

This event is to celebrate AA
women in recovery!

A fabulous event filled with
FUN, FOOD & AA
FELLOWSHIP!

Invite all the women who have
been instrumental in your
recovery!

Dress code is formal.
Don't forget your dancing shoes!



Registration & Fellowship:	5:00 - 6:00	Tickets: \$45.00
Formal Three Course Meal:	6:00 - 8:00	Contact: AA Central Office
Speakers~ Linda M & Melody L:	8:00 - 9:00	#2, 4015 1 Street SE, Calgary
Dance:	9:00 - 11:00	403.777.1212

CUT OFF FOR TICKETS IS SEPTEMBER 22, 2017
LIMITED SEATING

HOSTED BY DISTRICT 77

THE HOME GROUP WORKSHOP

SATURDAY OCTOBER 21, 2017

9:30 am - 3:30 pm

BOWNESS SENIOR CENTRE
6422 - 35 Ave NW



ALL MEMBERS OF AA WELCOME

The Workshop will be a combination of fun and discussion.
It will begin with a skit by District Service Members and will follow with a
facilitated discussion on the importance of:

Doing the 12 Steps and Home Group participation
Home Groups are more than just carrying the message
Your Home Group as a link to AA as a whole
Basics of the Home Group structure and General Service structure

TICKETS are \$8 and include Muffins, Coffee, and Lunch
For Tickets contact a District 77 GSR Rep or
Calgary Central Office 403-777-1212

TICKETS WILL NOT BE AVAILABLE AT THE DOOR. THE LAST EVENT SOLD OUT!!

AA FAMILY ROUNDUP - 44th Annual

Clareholm, Alberta

SEPTEMBER 23rd, 2017

CLARESHOLM COMMUNITY CENTRE (West of the Agriplex)

"THE JOY OF LIVING"

COST

Registration and banquet	Adults	\$25.00
	Children (12 and under)	\$ 5.00
Registration Only	Adults	\$12.00

CLARESHOLM MOTELS

Bluebird Motel	(403) 625-3395
Lazy J Motel	(403) 625-4949

SATURDAY, 23rd SEPTEMBER 2016

Registration 10:00 a.m.

Welcoming Comments - Committee Chair Dale V. 10:20 a.m.

DISTRICT 18 - D.C.M. Tami A. 10:25 a.m. -> 10:30 a.m.

Call-up Meeting 10:30 a.m. -> 11:45 a.m.

LUNCH

AREA 78 Grapevine Chair Gordon L. 1:00 p.m. -> 1:15 p.m.

AI-Anon Guest Speaker Sandy H. from Nanton 1:30 p.m. -> 2:30 p.m.

BREAK

AREA 78 CPC Chair Keith A. 3:00 p.m. -> 3:15 p.m.

A.A. Guest Speaker TBA 3:15 p.m. -> 4:15 p.m.

BREAK

BANQUET SUPPER 5:00 p.m. -> 6:00 p.m.

Sobriety Countdown 6:15 p.m.

Banquet Guest Speaker - Darryl D. from Calgary-past Delegate (2010/11)

The silent auction has one of the 3 books that Dr. Bob and Sister Ignatia gave alcoholics in treatment at
Towns Hospital before the Big Book was printed and distributed (1939). This one is by Emmet Fox and is dated 1938.

Join in the spirit of AA!!!

CONTACT: Jack H. for ticket sales: (403) 625-0259

Step 9 & Tradition 9

Step 9 - "Made direct amends to such people wherever possible, except when to do so would injure them or others."

GOOD judgment, a careful sense of timing, courage, and prudence—these are the qualities we shall need when we take Step Nine.

After we have made the list of people we have harmed, have reflected carefully upon each instance, and have tried to possess ourselves of the right attitude in which to proceed, we will see that the making of direct amends divides those we should approach into several classes. There will be those who ought to be dealt with just as soon as we become reasonably confident that we can maintain our sobriety. There will be those to whom we can make only partial restitution, lest complete disclosures do them or others more harm than good. There will be other cases where action ought to be deferred, and still others in which by the very nature of the situation we shall never be able to make direct personal contact at all.

Most of us begin making certain kinds of direct amends from the day we join Alcoholics Anonymous. The moment we tell our families that we are really going to try the program, the process has begun. In this area there are seldom any questions of timing or caution. We want to come in the door shouting the good news. After coming from our first meeting, or perhaps after we have finished reading the book "Alcoholics Anonymous," we usually want to sit down with some member of the family and readily admit the damage we have done by our drinking. Almost always we want to go further and admit other defects that have made us hard to live with. This will be a very different occasion, and in sharp contrast with those hangover mornings when we alternated between reviling ourselves and blaming the family (and everyone else) for our troubles. At this first sitting, it is necessary only that we make a general admission of our defects. It may be unwise at this stage to rehash certain harrowing episodes. Good judgment will suggest that we ought to take our time. While we may be quite willing to reveal the very worst, we must be sure to remember that we cannot buy our own peace of mind at the expense of others.

From Twelve Steps and Twelve Traditions, p.83-84.

Tradition 9 - "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

When Tradition Nine was first written, it said that "Alcoholics Anonymous needs the least possible organization." In years since then, we have changed our minds about that. Today, we are able to say with assurance that Alcoholics Anonymous—A.A. as a whole—should never be organized at all. Then, in seeming contradiction, we proceed to create special service boards and committees which in themselves are organized. How, then, can we have an unorganized movement which can and does create a service organization for itself? Scanning this puzzler, people say, "What do they mean, no organization?"

Well, let's see. Did anyone ever hear of a nation, a church, a political party, even a benevolent association that had no membership rules? Did anyone ever hear of a society which couldn't somehow discipline its members and enforce obedience to necessary rules and regulations? Doesn't nearly every society on earth give authority to some of its members to impose obedience upon the rest and to punish or expel offenders? Therefore, every nation, in fact every form of society, has to be a government administered by human beings. Power to direct or govern is the essence of organization everywhere.

Yet Alcoholics Anonymous is an exception. It does not conform to this pattern. Neither its General Service Conference, its Foundation Board, * nor the humblest group committee can issue a single directive to an A.A. member and make it stick, let alone mete out any punishment. We've tried it lots of times, but utter failure is always the result. Groups have tried to expel members, but the banished have come back to sit in the meeting place, saying, "This is life for us; you can't keep us out." Committees have instructed many an A.A. to stop working on a chronic backslider, only to be told: "How I do my Twelfth Step work is my business. Who are you to judge?" ...

Just as the aim of each A.A. member is personal sobriety, the aim of our services is to bring sobriety within reach of all who want it.

From Twelve Steps and Twelve Traditions, p.172-175.