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A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

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**Calgary's**  
**AA Central Service Office**  
 #2, 4015 – 1 Street S.E.  
 Calgary, AB, T2G 4X7

**Office hours**  
 Mon–Fri, 8:30am–5:00pm  
 Closed for lunch 1-2pm  
 Saturday, 9:00am–1:00pm  
 Closed March 30 and 31<sup>st</sup>

**Telephone: (403) 777-1212**  
 (Answering service is 24-7)

**Email:**  
[centraloffice@calgaryaa.org](mailto:centraloffice@calgaryaa.org)

Visit [www.calgaryaa.org](http://www.calgaryaa.org)  
 for the most current  
 Information, meetings and  
 events schedule.

**Please email or call us for  
 any changes to the meeting  
 schedule or to post in the  
 online calendar of events.**

**Check out the**  
**AA bookstore at**  
**Central Office for:**  
 AA & Grapevine books,  
 pamphlets, committee  
 information, CDs, DVDs,  
 anniversary chips,  
 medallions, birthday cards,  
 Roundup tickets, etc.

3rd Annual Back to the Book Roundup April 7th, 2018 Balzac Hall 10075, TWP 262, Balzac, AB Deerfoot and HWY 566	
Full Registration Tickets - \$30.00 <i>includes lunch and dinner - available in advance only</i>	Speaker Only Tickets - \$15.00 <i>includes lunch - available at door</i>
9:00 – 10:00AM	REGISTRATION
10:00–11:00AM	AA SPEAKER - Mathew M.
11:30AM–12:30PM	LUNCH
12:30–1:30PM	AL ANON SPEAKER - Marilyn M.
2:00PM–3:00PM	AA SPEAKER - Debbie D.
3:30–4:30PM	AA SPEAKER - TBA
5:00–6:00PM	DINNER
6:30PM	50/50 DRAW
7:00–8:00PM	AA SPEAKER - Wayne D.
For contact info, call Calgary Central Service Office at 403-777-1212	

## BRIDGING THE GAP

### 12 STEP WORK

"Bridging the Gap" is a Temporary Contact Program for the newcomer coming out of a treatment facility an into Alcoholics Anonymous.

#### WE NEED VOLUNTEERS TO HELP WITH BRIDGING THE GAP.

#### **VOLUNTEERS:**

AA members volunteer to meet with individuals who are fresh out of a treatment facility and accompany the newcomer to a variety of meeting types and introduce them to other AA members.



CONTACT BRIDGING THE GAP AT:

[cgsbctg@gmail.com](mailto:cgsbctg@gmail.com)

**INTERGROUP CONTACTS:**

Intergroup Chairperson	<a href="mailto:cgigchair@gmail.com">cgigchair@gmail.com</a>	Intergroup Alternate Chair	<a href="mailto:cgigalterchair@gmail.com">cgigalterchair@gmail.com</a>
Intergroup Archives Chair	<a href="mailto:cgigarchives@gmail.com">cgigarchives@gmail.com</a>	Telephone Monitoring Chair	<a href="mailto:cgigtelmonitorchair@gmail.com">cgigtelmonitorchair@gmail.com</a>
Public Information Chair	<a href="mailto:pichair.calgary@gmail.com">pichair.calgary@gmail.com</a>	12 Step Chair List	<a href="mailto:cgig12steplist@gmail.com">cgig12steplist@gmail.com</a>
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Calgary Central Office	<a href="mailto:centraloffice@calgaryaa.org">centraloffice@calgaryaa.org</a>	Intergroup Treasurer	<a href="mailto:cgigtreasurer@gmail.com">cgigtreasurer@gmail.com</a>
Banff Roundup Chair	<a href="mailto:info@banffroundup.com">info@banffroundup.com</a>	Intergroup Special Events	<a href="mailto:cgigevents@gmail.com">cgigevents@gmail.com</a>
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**CGSC CONTACTS:**

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Treatment Chair	<a href="mailto:cgsc treatment@gmail.com">cgsc treatment@gmail.com</a>	Corrections Chair	<a href="mailto:cgsc corrections@gmail.com">cgsc corrections@gmail.com</a>
C.P.C. Chair	<a href="mailto:cgsc cpc@gmail.com">cgsc cpc@gmail.com</a>	Grapevine Chair	<a href="mailto:cgsc grapevine@gmail.com">cgsc grapevine@gmail.com</a>
Records & Registration Chair	<a href="mailto:cgsc records@gmail.com">cgsc records@gmail.com</a>	Intro to Service Chair	<a href="mailto:cgsc intro@gmail.com">cgsc intro@gmail.com</a>
Bridging the Gap Chair	<a href="mailto:cgsc btg@gmail.com">cgsc btg@gmail.com</a>	Intergroup/CGSC Liaison	<a href="mailto:cgscintergroup@gmail.com">cgscintergroup@gmail.com</a>

**MEETING CHANGES:****NEW MEETINGS**

**Garnet Block** (1609 Centre St. NW.) adding new meeting DAILY at 5:30 p.m. beginning Feb. 1, 2018.

**Garnet Block** is starting a new meeting on steps 6 +7 every Saturday starting April 7<sup>th</sup> at 7 pm.

**Garnet Block** is starting a new closed women's meeting at the Garnet Block. It will be taking place Saturdays at 1pm, and the start date will be Saturday March 3<sup>rd</sup> 2018.

**Bridging the Gap at The Alex**, Mondays 6:30 pm, open, Speaker meeting, closed on stat holidays, The Alex Community Health Centre, #102, 2840 – 2 Ave. SE

**Next Step Meeting**, Wednesdays, noon, open, women's, Beginners Meeting (Speaker last Wednesday of the month), meets at Next Step Ministries, #200, 317 – 37 Ave. NE. This meeting is sponsored by the CGSC Treatment Facilities Committee.

**Parkdale Ladies**, Thursdays 7:00 pm, open, Women's, Step & Tradition, Parkdale United Church, main door downstairs, 2191 – 8 Ave. NW

**MEETING CHANGES**

**Back To The Drawing Board** has moved to Eastside Victory Outreach Centre back door entrance, 1840 – 38 St. S.E.

All else remains the same: Sundays, 7:30 p.m., Open meeting (Oct/17)

**Beacon's Refugees**, Saturdays northwest, have moved. New address: Highwood Lutheran Church, 419 Northmount Dr. NW, "Church Office" building & door (across from Colonel Irvine School). All else remains the same. (Nov/17)

**Better Days Group** The group 7:30 old time group has changed their name to "BETTER DAYS GROUP ". Also, there is a time change from 7:30pm To 8:00pm. The Address is still 1432 19 st NE. We will have a speaker meeting the second Saturday of each month. These changes will take place March 3, 2018.

**Candlelight Group** Thursdays, southeast, will be moving to St. Luke's Anglican Church, 2951 – 26 Ave. SE. Last meeting at Southview Com. Centre Nov. 30. First meeting at new location is Dec 7<sup>th</sup>. All else the same. (Dec/17)

**Glenmore Group** Thursday night's Tradition meeting at 8:30 pm is changing to a big book study format as of Jan/18.

**Haddon Road Conscious Contact** Sundays 7:00 pm (1½ hours), open, meditation/discussion, 200 Haddon Road, upstairs. (Jan/18)

**Recovery Group** Tuesday 8:00 pm is no longer a Men's meeting; it is now mixed.

**Recovery Group** As of March 1, the Recovery Group in the southwest will be changing its evening meeting times from 8:00 to 7:30 pm; applies to Monday, Tuesday, Wednesday and Thursday meetings. They also have a meeting on the last Saturday of each month for birthdays, also changing to 7:30.

**I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.**

**Sunday morning 11 am** now meets at the Montgomery Community Hall, 5003 – 16 Ave. NW. Everything else the same. **Unity Group** has moved!! New Address: Grace Lutheran Church 3610 Sarcee Road SW (Back Door) First meeting will be FRIDAY, FEB.02,2018 at 8:30PM (Regular Time)

**Bring Your Own Cup** Langdon, AB meeting has moved from Friday at 8pm to Sunday at 8pm. Effective immediately. Location of Langdon Field House remains the same.

### **MEETING cancellations**

**ODAT Group** is cancelled. Thanks to all who have attended and supported the numerous Big Book Studies held by this group (Oct/17)

**Women of Hope** meeting (Alpha House) has been cancelled (Oct/17)

**Only Takes Two Group**, Mondays southeast, has folded, effective immediately.

**The New Beginnings Group** has cancelled their Saturday 9:00 AM Women's "As Bill Sees It" meeting. That meeting only – all the rest are as usual.

**ODAT Group**, southeast, is cancelled as of October (Thanksgiving) 2017. Thank you all who have attended & supported the numerous Big Book Studies held by this group. (Oct/17)

**Women of Hope** Treatment Facilities meeting at Alpha House, Mondays southeast, is being cancelled, last meeting Sept. 25 (Oct/17)

**Southlanders Pancake Group** as of April 1 the Southlanders Pancake Group, southeast, will be cancelling its Wednesday meeting only. Monday and Friday meetings stay the same.

**Haddon Road Group**, southwest, is cancelling its' weekdays (Monday to Friday) 5:30 pm meeting. Effective March 1.

### ***The Public Information Committee of Calgary Intergroup has openings for the following positions***

1. **Literature Package Assembler:** once a month spend a few hours at Central Office putting together 6 to 10 bundles of literature.
2. **Advertising Co-ordinator:** place free and paid ads regarding AA in online and print newspapers.
3. **Media and Public Service Announcement Co-ordinator:** contact various media services with information about AA.
4. **Speaker Co-ordinator:** organize engagements and train AA speakers for schools and more.
5. **Special Events Co-ordinator:** organize PI participation in various health fairs.

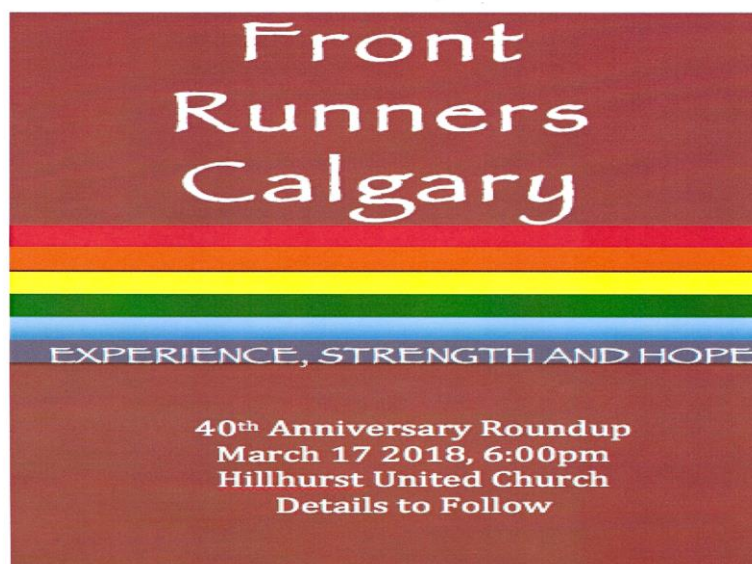
Together we will apply our 12 Traditions to help still suffering alcoholics of all ages and those who may be in contact with him or her.

Monthly meetings are last Wednesday of the month, 7:00 PM at Central office

For more information e-mail: [pichair.calgary@gmail.com](mailto:pichair.calgary@gmail.com)

***Please consider making a commitment to this very rewarding and challenging work.***

***Your love and service are urgently needed.***





# HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

Deadline for submissions is the last Thursday of the month. Please submit to [westwordeditor@gmail.com](mailto:westwordeditor@gmail.com)

February						March			
ABC group		Kincora Group		Wednesday		Airdrie Back		Midnapore Group	
Don	43 years	April P	3 years	Moming Eyeopener		From Hell		Jack B	57 years
Awakenings Group		Paul G	2 years	Ashok P	21 years	Vanessa A.	8 years	Joe G	5 years
Charles C	14 years	Marlborough Park		Lance	5 years	Nick T.	15 years	Pawel B	2 years
Ron W	3 years	Ken P	3 years	Whitesheep		Shona B.	10 years	NADZIEJA	
Back F rom Hell		Midnapore Group		Terry K	26 years	Beacons Refugees		Jacek D.	20 years
Airdrie		Briank K	26 years	Jon W	2 years	Jeanne D	39 years	Step, Stories	
Brandy B	4 years	Kelly D	9 years	Gerry M	19 years	Deer Ridge		and Beyond	
Myma G.	14 Years	Margrit P	21 years	Sam S	2 years	Adrian M	14 years	Jon S	5 years
Tanya M	12 Years	Peter A	23 years	Recovery Group		Mark C	4 years	Regal	
Teshuvah A.	3 Years	NW Calgary group		Elizabeth C.	37 years	Ashley C	2 years	Maximum S.	27 years
Troy C.	8 Years			Wally P.	31 years	Edgemont		Harry P.	37 years
BYOC Langdon		Drew M	7 years	Lorene K.	2 years	Ash	1 year	Rule 62	
Melanie J	8 years	Amanda K	7 years			Brent	31 years	Jake C	2 years
Deer Ridge		Rick P	4 Years			Robert S	8 years	Tuesday Morning	
Yvon	31 years	Carly M	2 years			Gamet Block		Ladies	
Katherine J	12 years	Katie	1 Year			Robert	1 year	Iris A.	14 years
Jerry P	4 years	New Beginnings				Dillon	1 year	Jenn W.	5 years
Jennifer F	2 years	Lenora G	11 years			Andre L	2 Years	Whitesheep	
John W	2 years	Roxanne	16 years			Kevin H.	3 years	Gibson S	1 year
Sam S	2 years	Amamane	13 years			Tony M.	20 years	Harry P	37 years
Edgemont Group		Kelly K	15 years			Gene H.	28 years		
Patrick F	25 years	Danny P	13 years			Just F or Today			
Judy P	22 years	Mitch T	5 years	Sharon		25 years			
Getting there		Mary M	30 years	Marlborough Park					
Greg W.	11 years	Rick V	20 years	Karen M.		14 years			
Steven C.	8 years	Ogden		Chris B.		10 years			
Inglewood Group		Yvonne O.	26 years	MAAT					
Lee B.	2 years	Justlius	25 years	Judy B		34 years			
Stephen S.	11 years	Rob M	13 years	Linda L		33 years			
Mike S.	14 years	Neil	3 years	Bruce B		10 years			
Just For Today		Regal Group		Scott H		3 years			
Wayne C	5 years	Sanjaya	9 years						
Frank M	29 years	Doug	16 years						

# Service Opportunities

## Upcoming CGSC Service Commitments

Treatment Facility	AA Group -March	AA Group -April
Renfrew Tuesday	Daily Reflections	Go For It
Renfrew Wednesday (BTG)	Recovery	Glenmore
Renfrew Thursday	Unity	Midnapore
Renfrew Sunday	New Beginnings	Back From Hell
Sunrise	Midnapore	Deer Ridge
Alpha House	Back From Hell	Ogden
Dream Centre	Deer ridge	Rule 62
The Alex (BTG)	Thursday Night Ladies	Midnapore

## Upcoming Intergroup Service Commitments

Sunday Morning Breakfast at Ramada **served till 9:30**	AA Group
March 4	Haddon Road
March 11	Ogden
March 18	Step, Stories & Beyond
March 26	Rule 62
April 1	Shipwreck at Sunset
April 8 <sup>th</sup>	Thursday Night Ladies

Phone Monitoring Dates	AA Group
March 5 -11	McKenzie Towne
March 12- 19	Go For It
March 19 – 25	Regal
March 26 -April 1	NW Calgary
April 2-8	Ogden
April 9 -15	McKenzie Towne
April 16 – 22	West End Step & Tradition
April 23 -29	ABC
April 30 – May 6	Primary Purpose Group

## Calls for Service

CGSC treatment is looking for a chair for Sunday night dream center at 7 pm. They are also requesting 2 volunteers to set up a new meeting at The Mustard Seed in their new residential building 1010 center street s.e.  
Email [cgsc-treatment@gmail.com](mailto:cgsc-treatment@gmail.com) for more details.

In anticipation of a committee member rotation, COMC (Central Office Management Committee) is looking for an AA member to join COMC . Business experience as well as a firm understanding of the Steps and Traditions are considered an asset.

Time requirement would be minimal (about 1 day a month), and suggested sobriety is a minimum 5 years.

Please submit a resume to Central Office.

Daytime phone monitors are needed at Central Office. If you can help by taking a regular morning or afternoon shift, please call Mathew at Central Office at 403-777-1212 or email [CentralOffice@calgaryaa.org](mailto:CentralOffice@calgaryaa.org)

## LIST OF EVENTS

DATE	EVENT	DETAILS
March 16 - March 18 2018	<b>Pre-Conference Area 78 Assembly</b>	Sheraton Hotel 3310 – 50 Ave., Red Deer, AB Details to follow on <a href="http://www.calgaryaa.org">www. calgaryaa.org</a>
Saturday, March 17, 2018	<b>Front Runners 40th Anniversary Roundup</b>	Hillhurst United Church 1227 Kensington Close N.W. Calgary, Alberta Canada Details and poster on <a href="http://www. calgaryaa.org">www. calgaryaa.org</a>
Tuesday Mar 20 <sup>th</sup> , 2018	<b>Public Information Committee</b>	Public Information Committee is presenting a Public Speaking Bureau. Central Office at 7:00 PM. For anyone interested in learning more about speaking at non-AA meetings.
Saturday, April 7, 2018	<b>Back to the Book Roundup (Balzac)</b>	Balzac Community Hall 10075, TWP 262, Balzac Alberta (Deerfoot & Hwy 566) Tickets: Full Registration \$30/person, includes all meals; Speakers only \$15/person, includes lunch
Saturday, April 7, 2018	<b>Keeping the Spirit Roundup</b>	Dewinton Community Hall Dewinton, Alberta Details to follow on <a href="http://www. calgaryaa.org">www. calgaryaa.org</a>
Saturday, April 14, 2018	<b>Airdrie Roundup</b>	Saturday, April 14, 2018 Balzac Community Hall Balzac, Alberta
Saturday, April 28, 2018	<b>Introductory Service Seminar</b>	Saturday, April 28, 2018 Details to follow on <a href="http://www. calgaryaa.org">www. calgaryaa.org</a>
Saturday, April 28, 2018	<b>Southern Alberta Round-Up</b>	German Canadian Club 902 – 6 Street North, Lethbridge, AB Registration & Lunch: \$20/person Registration, Lunch & Banquet: \$45/person Call Central Office at 403-777-1212 for contact info Poster to follow....

**Steps, Stories and Beyond would like to thank all who attended our roundup and dance on New Year's Eve. The event was a success, however, we ended up with a \$450 shortfall. Unfortunately, if this cost is not recouped, there will likely be no budget for future events. Those wishing to help, please contact Buddy B. at (403) 875-9894.**

# Big Book Studies

## "Mondays At Sheldon Chumir Centre"

There is a weekly Big Book study currently running at Sheldon Chumir Centre, 1213 - 4 Street SW on Monday nights 7:00pm – 9:00pm on the 3rd floor in room 3122.

## "The Monday Night Big Book Meeting (Closed)"

This Big Book study needs your support! Dust off your Big Book and let's read and share. We are located downstairs in St. Peter's Anglican Church 903 - 75th Avenue SW (corner of Elbow Dr. & 75th Ave.) 8 p.m. - Big Book Discussion format.

## "Recovery Group Women's BB Study"

There is a new weekly women's Big Book study on Sundays at the Recover Group, Room 104, 4820 McLeod Trail SW, 2:00pm-4:00pm. Please bring a Big Book, Pen, Highlighter, & notebook or writing pad. Big Books can also be purchased at the meeting.

## "Big Book Comes Alive"

There is a weekly Big Book study running at New Brighton Community Centre, 2 New Brighton Drive SE, Calgary. Meeting runs on Sundays from 6:00pm – 7:15pm.

## "Joe and Charlie Big Book Study at Haddon Road"

There is a weekly Big Book study at Haddon Road on Sundays from 2:00pm–4:00pm. Please bring a Big Book, a highlighter and an open mind. Big books can be purchased at the meeting or from Central Office. There will also be a 12 steps and 12 traditions study beginning on Tuesday, March 20<sup>th</sup> from 7:30 – 9 pm. For any questions, please contact Steve at 403-889-5240.

## Joe & Charlie BIG BOOK STUDY

In the tradition and memory of Joe & Charlie. As presented by Chris H and Laurence M formerly at Cedarbrae Community Center, St. Peters Anglican Church, & Chris, Laurence, Tom and John at Haddon Road, since 2009 Starting on 13 March 2018, we will be leading a Big Book Study at Recovery Group, [4820 Macleod Trail SW](#). We will begin at 7:30 pm, and end at 9pm sharp. We will closely follow the format as laid out by Joe and Charlie, and we will share their stories, as well as stealing their jokes! For more info: Text Chris Hemke: [403 860 5313](#) anytime, Calls after 6pm, or email [bigchris@shaw.ca](mailto:bigchris@shaw.ca).

## The March 2018 Issue of GRAPEVINE is here!

### On the cover: AA and families.

To view the Table of Contents, click here.

Some stories include:

#### On the edge

Through the smashed furniture and pain, he watched alcohol bring his family down. Then came his moment.

#### Maybe It'll Work For Me

Alcohol drove her and her father apart. Then one day she needed the hope he had.

#### Drunk As Dad

Alcohol and chaos affected everyone in the house. And no one had the tools to tell the truth.

#### Kicked out Already

She was new and beginning to like going to AA, but this meeting said it was "closed".

#### Let Go Of The Reins

When I trust my Higher Power, I'm able to lift up my eyes in wonder at this incredible journey. I get to enjoy the ride.

## Step & Tradition 3

### **Step 3 - Made a decision to turn our will and our lives over to the care of God *as we understood Him.***

PRACTICING Step Three is like the opening of a door which to all appearances is still closed and locked. All we need is a key, and the decision to swing the door open. There is only one key, and it is called willingness. Once unlocked by willingness, the door opens almost of itself, and looking through it, we shall see a pathway beside which is an inscription. It reads: "This is the way to a faith that works." In the first two Steps we were engaged in reflection. We saw that we were powerless over alcohol, but we also perceived that faith of some kind, if only in A.A. itself, is possible to anyone. These conclusions did not require action; they required only acceptance.

Like all the remaining Steps, Step Three calls for affirmative action, for it is only by action that we can cut away the self-will which has always blocked the entry of God— or, if you like, a Higher Power—into our lives. Faith, to be sure, is necessary, but faith alone can avail nothing. We can have faith, yet keep God out of our lives. Therefore, our problem now becomes just how and by what specific means shall we be able to let Him in? Step Three represents our first attempt to do this. In fact, the effectiveness of the whole A.A. program will rest upon how well and earnestly we have tried to come to "a decision to turn our will and our lives over to the care of God as we understood Him."

To every worldly and practical-minded beginner, this Step looks hard, even impossible. No matter how much one wishes to try, exactly how can he turn his own will and his own life over to the care of whatever God he thinks there is? Fortunately, we who have tried it, and with equal misgivings, can testify that anyone, anyone at all, can begin to do it. We can further add that a beginning, even the smallest, is all that is needed. Once we have placed the key of willingness in the lock and have the door ever so slightly open, we find that we can always open it some more. Though self-will may slam it shut again, as it frequently does, it will always respond the moment we again pick up the key of willingness.

*From Twelve Steps and Twelve Traditions, Chapter on Step 3.*

### **Tradition 3 - The only requirement for A.A. membership is a desire to stop drinking.**

THIS Tradition is packed with meaning. For A.A. is really saying to every serious drinker, "You are an A.A. member if you say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you've gone, no matter how grave your emotional complications—even your crimes—we still can't deny you A.A. We don't want to keep you out. We aren't a bit afraid you'll harm us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we've had. So you're an A.A. member the minute you declare yourself."

To establish this principle of membership took years of harrowing experience. In our early time, nothing seemed so fragile, so easily breakable as an A.A. group. Hardly an alcoholic we approached paid any attention; most of those who did join us were like flickering candles in a windstorm. Time after time, their uncertain flames blew out and couldn't be relighted. Our unspoken, constant thought was "Which of us may be the next?" ...

Why did A.A. finally drop all its membership regulations? Why did we leave it to each newcomer to decide himself whether he was an alcoholic and whether he should join us? Why did we dare to say, contrary to the experience of society and government everywhere, that we would neither punish nor deprive any A.A. of membership, that we must never compel anyone to pay anything, believe anything, or conform to anything?

The answer, now seen in Tradition Three, was simplicity itself. At last experience taught us that to take away any alcoholic's full chance was sometimes to pronounce his death sentence, and often to condemn him to endless misery.

As group after group saw these possibilities, they finally abandoned all membership regulations. One dramatic experience after another clinched this determination until it became our universal tradition.

*From Twelve Steps and Twelve Traditions, chapter on Tradition 3.*