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THE WESTWORD

A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

To receive a digital copy of the WestWord please email westwordeditor@gmail.com

CALGARY CENTRAL OFFICE NEW LITERATURE

A new publication has arrived from GSO, *One Big Tent*, a booklet in which atheist and agnostic AA members share their experience, strength and hope.

Also just arrived are three new pamphlets:

LGBTQ Alcoholics in A.A.,
The "God" Word, and
A.A. for Alcoholics with Mental Health Issues—and their sponsors.

Come down to Central Office and check them out!

OFFICE HOURS

Mon–Fri, 8:30am–5:00pm

Closed for lunch 1-2pm

Saturday, 9:00am–1:00pm

Closed Easter weekend

April 19 – April 21, 2019

AA Central Service Office
#2, 4015 – 1 Street S.E.
Calgary, AB, T2G 4X7

Telephone: (403) 777-1212
(Answering service is 24-7)

centraloffice@calgaryaa.org

www.calgaryaa.org

District 77 Annual Family

POTLUCK PICNIC!

Saturday June 15

At Bowness Park Site 3

11am to 3pm

7th Tradition

We will supply:
Burgers–Hotdogs–Fixin's
Coffee–Water

Potluck items appreciated:

- Vegetables
- Fruits
- Salads
- Chips/Snacks
- Cookies/Squares
- Refreshments



Come join us for an afternoon of fellowship!

Bring your own chairs and picnic games–
Football, Frisbees, etc

Hosted by Northlanders Group

38th Annual AA Gratitude Roundup

Calgary, AB

June 7, 8 and 9, 2019

AA Guest Speakers

- Billy N. – Atlanta, Georgia
- Ron S. – Saskatoon, Saskatchewan
- Delia E. – Calgary, Alberta
- Bob D. – Las Vegas, Nevada
- Heather M. – Fort Saskatchewan, Alberta

Al-Anon Guest Speaker

- Marj S. – Saskatoon, Saskatchewan



Ticket Information

Registration: \$30 incl. admission for entire weekend and all six (6) speakers

Banquet: \$75 incl. admission for entire weekend, all six (6) speakers and banquet dinner Saturday evening
*Deadline to purchase Banquet tickets is June 5, 2019

Sunday-only: \$15 will be avail. for purchase at the registration table

Tickets can be purchased from your GSR or Intergroup Reps, Calgary Central Service Office or online at (credit cards accepted):
www.gratituderoundup.com
Phone: 403-777-1212

ROUNDUP FEATURES

Fellowship — Speaker Meetings — AA Workshops — Sober Dance —
Ice Cream Social — AA Literature Table — AA Archives Display —
Al-Anon Literature Table — World's Largest AA Gratitude Globe

Conference headquarters and accommodations:

The Glenmore Inn
2720 Glenmore Trail SE
Calgary, AB

For Reservations call 403-279-8611, toll free at
1-800-661-3163 or visit www.glenmoreinn.com
*Ask about special rates for Roundup guests

Sponsored by Calgary General Service Committee

For ticket sales and schedule of events please visit our website at:
www.gratituderoundup.com

Early bird tickets available at Central Office or online until April 15, 2019 (Reg. \$25, Banq. \$70)

INTERGROUP CONTACTS:

Intergroup Chairperson	cgigchair@gmail.com	Intergroup Alternate Chair	cgigalterchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	cgigtelmonitorchair@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
WestWord Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centraloffice@calgaryaa.org	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	info@banffroundup.com	Intergroup Special Events	cgigevents@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

CGSC CONTACTS:

Chairperson	cgscchair@gmail.com	Alternate Chairperson	cgscaltchair@gmail.com
Treasurer	cgsc treasurer@gmail.com	Secretary	cgscsecretary@gmail.com
Treatment Chair	cgsc treatment@gmail.com	Corrections Chair	cgsc corrections@gmail.com
C.P.C. Chair	cgsc cpc@gmail.com	Grapevine Chair	cgsc grapevine@gmail.com
Records & Registration Chair	cgsc records@gmail.com	Intro to Service Chair	cgsc intro@gmail.com
Bridging the Gap Chair	cgsc btg@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

MEETING CHANGES:**NEW MEETINGS**

The **Glenmore Group** has added a new meeting called **the Glenmore Power Hour**, Thursdays 8:30 AM, Open, Step Discussion format, Currie Barracks, Building B-6, Room 103, downstairs; 2509 Dieppe Ave. SW

MEETING CHANGES

Rule 62 now celebrates birthdays on the first Thursday of the following month. So for example, january birthdays are celebrated on the 1st Thursday of February.

The There Is A Solution group in Picher Creek, Fridays, Out-of-town, has moved from the Pincher Creek Health Centre to the Pincher Creek United Church, 972 Police Avenue. All else the same.

the **Glenmore Group** has changed the times of their evening meetings on Sundays, Mondays, Thursdays & Fridays from 8:30 pm to 8:00 pm.

MEETING cancellations

AWAKENINGS GROUP MEETING SATURDAYS at 0930 hours **CANCELLED, April 27th only** Back to normal weekly meetings May 4th at 0930 hours in the Conference Room of the Parkdale United Church 2919 - 8 Ave NW, Calgary, AB

The 12x12 Group in Pincher Creek, Tuesdays, Out-of-Town, has closed.

Bridging the Gap Announces a New Online Temporary Contact Sign Up Form

The Bridging the Gap program is excited to announce the launch of a new "online" Temporary Contact Sign Up Form, to launch on www.calgaryaa.org in March 2019. This streamlined new form can be found at www.calgaryaa.org/bridging-gap and will allow AA members, looking for new service opportunities, to easily sign up as Temporary Contacts to shepherd newcomers to AA.

Bridging the Gap (BTG) is a program through Alcoholics Anonymous to help people, leaving a correctional or treatment facility, become acquainted with A.A. The program offers supports for clients to facilitate attendance at A.A. meetings after release. Indeed, one of the more "slippery" places in the journey to sobriety is between the door of a facility and the nearest A.A. group or meeting, and a Temporary Contact can be that essential link between treatment and recovery. To that end, Bridging the Gap in Calgary is looking for both male and female Temporary Contacts, **but we are especially in need of new Temporary Contacts from the NE quadrant of the city.** So, consider becoming a Temporary Contact!

Also, consider sharing your talents with the Bridging the Gap Committee. Bridging the Gap initiatives in and around Calgary are quarterbacked by the Bridging the Gap Committee, enthusiastic and diverse group of AA members from across Calgary, who meet the third Thursday of each month at 7:00pm at Central Office. The BTG Committee hosts interactive workshops, chairs meeting and provides speakers at various treatment centres, and offers information and resources, as requested, on the Bridging the Gap program. To that end, the Committee is looking for new members and new perspectives. So consider joining our team; we are particularly looking for members interested in becoming future Temporary Contact Coordinators.

For more information on Bridging the Gap or the Temporary Contact Programs, please contact us at cqscbtg@gmail.com

BACK TO THE BOOK
4th Annual Roundup

Join us for a day of Speakers, Food and Fellowship
 Saturday May 11, 2019

Doors open at 9:00am and first speaker is at 10:00am.
 Last Speaker is at 7:00pm

\$30.00 gets you Lunch/Italian Dinner and amazing Speakers
 \$15.00 for lunch and speakers (limited tickets available at door)

10:00am - AA - Brett K, Calgary
11:30am-Lunch
 1:00pm - Al-Anon - Greg M, Calgary
 2:30pm - AA - David L - Freedoms Path, Calgary
 4:00pm - AA - Brandy B, Airdrie
5:30pm-Dinner
 7:00pm - AA - Brian T, Airdrie

For more Information and Tickets **Directions**
 Mary at 403-796-3963 Highway 2 to Balzac and exit West
 Lori at 403-483-1291 Cross tracks
 Diane at 587-224-2167 Turn left into parking lot and Hall

The Cooperation with the Professional Community (CPC) Committee of the CGSC has an established relationship with The Mount Royal University (MRU) in which AA members present to nursing students about the issues their future clients may have with alcohol, and to demonstrate to these students that AA can be a viable solution. The hope is that these professionals may use AA as an option in which to recommend their future clients.

The Nurse Meeting Coordinator position of the Calgary CPC has become available.

This Coordinator acts a liaison with the representatives of MRU to set up and chair regular events for AA members to deliver scripted presentations to student nurses. These presentations occur during regular classroom times.

Interested parties should attend the CPC committee meetings, which are held every 2nd Thursday of each month, 7pm at central office. Please feel free to contact me directly.

Derric F
 Chair, Cooperation with the Professional Community Committee
 CGSC Calgary
cqscpc@gmail.com
 403-923-4084

**Better Days
 GROUP**

Welcomes you to our Speaker Meeting
MAY 11 | 8:00PM | IDA S.
 FR:272
 GROUP

1432 19ST N.E

Come to hear what it was like ,what Happened
 And What's it like today!

HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

March						April					
ABC Group		Mackenzie		Recovery		Awakenings		Tom M	31 years		
Trevor P	2 years	Ryan L	1 year	Caroline J	3 years	Allison B.	2 years	Rule 62			
Dana H	5 years	Shawn G	6 years	Wally P	32 years	Cory H.	10 years	Glen F	5 years		
Kim J	5 years	Kyle D	10 years	Elizabeth C	38 years	Kevin D.	35 years	Tuesday Morning Ladies			
Awakenings		Mac W	41 years	Lorene K		Deer ridge		Kathleen	4 years		
Laurel A.	10 years	MAAT		Rule 62		Hugh F.	9 years	Unity			
Beacon Refugee Group		Caryl S.	23 year	Jake C	3 years	Riley B.	3 year	Hannah P.	2 years		
Jeanne D	40 years	NADZIEJA		Midnapore		Gordon E.	28 years	Dave S.	9 years		
Deer Ridge		Jacek D.	21 years	Grant S	1 year	Harvest Hills Big Book		White Sheep			
Ashley C	3 years	New Beginnings		Cody V	2 years	Gina H.	2 years	Dave W	1 year		
Mark C.	5 years	Ryan K	1 year	Kerry M	2 years	Justin P.	3 years	George G	25 years		
Bob E.	5 years	Twyla N	2 years	Pawel B	3 years	Jennifer H	7 years	Midnapore			
Adrian M.	15 years	JC	2 years	Joe G	6 years	Kincora		Andy S	3 years		
Garnet Block		Dorothy B	3 years	Nancy J	34 years	Bali G.	8 years	Margaret	4 years		
Parnell G.	1 year	Brad F	3 years	Jack B	58 years	Bobby A.	11 years	Brian W	25 years		
Charn	1 year	Judy C	5 years	Wednesday Morning Eye opener		MAAT		Sandy M	29 years		
Jim D.	2 years	Lisa B	7 years			Doug B.	3 years	Just for Today			
Cam H.	3 years	Will C	7 years	Elsie L	1 year	Ron D	25 years	Jarett	4 years		
Jared G.	6 year	Jennifer H	8 years	Meg H	4 years	Marlborough Park		ABC group			
Ron M	7 years	Jack C	10 years	Howard A	11 years	Devin	2 years	Deborah H	32 years		
Sheila	15 years	George L	14 years	Ann J	29 years	Rose F	3 years				
JP	17 years	Derek C	15 years			Mary Lynn	7 years				
Ron O.	19 years	Maggie B	25 years			Judy S.	39 years				
Debbie C.	24 years	Annie B	29 years			19th hole					
Lori L.	38 years	NW Calgary Group				Dan M	28 years				
Jim L.	48 years	Shayla N.	1 year			Open Door					
Glenmore Group		Tyler F.	2 years			Wade A	9 years				
James	2 Years	Frank R.	4 years			Ogden					
Jeremy	4 Years	Martin S.	5 years			Dawn	1 year				
Bill W	4 years	George A.	9 years			Richard	2 year				
Cam	6 years	Roger H.	13 years			Andy	3 year				
Doug H	31 years	Ogden				Ange N	5 years				
Joni	31 years	Ryan S.	1 year			Keegan E	9 years				
Jack H	34 years	Naz M.	4 year			Cor	11 years				
Darrell H	38 years	Mark L.	7 years			Peter K	11 years				
Just for Today		Rob M.	14 years			Bill M.	22 years				
Sharon	26 years	Julius R.	26 years			Recovery					
Kincora		Owen M.	27 years			Laura S	1 year				
George A.	7 years	Yvonne O.	27 years			Wendy H	7 years				
Marlborough Park		Regal Group				Jill D	13 years				
Karen M.	15 years	Maximum S.	28 years			Natalie I	22 years				
		Harry P.	38 years			Keith H	28 years				

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

Service Opportunities

Upcoming CGSC Service Commitments

Treatment Facility	AA Group April
Renfrew Tuesday	Daily Reflections
Renfrew Thursday	McKenzie Towne
Renfrew Sunday	Thursday Night Ladies
Sunrise	Shipwreck at Sunset
Alpha House	NW Calgary
Dream Centre	Saturday Morning Bridge

Upcoming Intergroup Service Commitments

Sunday Morning Breakfast at Ramada**served till 9:30** 708 – 8 Ave. S.W	AA Group
April 7	Thursday Night Ladies
April 14	Elbow Park
April 21	Daily Reflections
April 28	Primary Purpose
May 5	Regal
May 12	Glenmore

Phone Monitoring Dates	AA Group
April 1 - 7	Go For It
April 8 - 14	Deer Ridge
April 15 - 21	Primary Purpose
April 22 - 28	Haddon Road
April 29 - May 5	New Beginnings
May 6 – 12	Shipwreck at Sunset
May 13-19	Thursday Night Ladies
May 27- June 2	Daily Reflections

Calls for service

Public Information Committee has a lot of work to do. We are presently looking for enthusiastic members to share the load. If you have a desire to give back that which was so freely given to you, Call Dale at 587-229-0582

Daytime phone monitors are needed at Central Office. If you can help by taking a regular morning or afternoon shift, please call Mathew at Central Office at 403-777-1212 or email CentralOffice@calgaryaa.org

2019 Gratitude Roundup Steering Committee

- Seeking members to serve on this year's committee
- Roundup will be held at the Glenmore Inn from June 7th to 9th, 2019
- The Committee meets at Central Office at 7:00 p.m. on the 1st Wednesday of every month from September to June
- Please text Derek C. at 403.614.8874 if you're interested in serving on this year's committee

CGSC looking for used copies of the Grapevine Magazine

The Calgary General Service Committee is looking for used copies of the grapevine in good condition for jails and Bridging the Gap. Please bring to CGSC to give to Martin Schapansky. For more information contact **Martin S** at 403 701 8048.

LIST OF EVENTS

DATE	EVENT	DETAILS
April 13 th 2019	Stettler Anniversary Dinner	Door open @ 6:30 pm CE Wing, Stettler United Church 4820 – 51 St., Settler, Alberta Cost: \$12/person For event poster see calgaryaa.org
April 25- 28 th	April Fools Weekend Big Book Study	Southern Alberta Bible Camp 100 – 151002, RR213, Vulcan County, Lomond, AB Tickets: \$125/person, includes accommodations & all meals For event poster see calgaryaa.org
May 3-5 2019	Golden Roundup	Golden Seniors Centre 1401 – 9 St. South, Golden, BC Registration: \$40/person; Banquet: \$25/person; Kids under 12 Free For event poster see calgaryaa.org
May 11 Balzac Roundup	Balzac Roundup	Saturday, May 11, 2019 Balzac Community Hall, Balzac Alberta Registration + Lunch & Dinner: \$30/person Registration + Lunch: \$15/person For event poster see calgaryaa.org
May 31 - June 1	Area Committee Meeting	Parkland Village Community Centre 60 Parkland Gate Road, Spruce Grove, Alberta Registration: \$25/person For event poster see calgaryaa.org
June 7,8 And 9, 2019	38TH ANNUAL CALGARY GRATITUDE AA ROUNDUP	Details to follow or see http://www.gratituderoundup.com/
June 22, 2019	Strathmore Roundup	Centennial Civic Centre 120 Brent Blvd., Strathmore, Alberta Cost: 7th Tradition For event poster see calgaryaa.org

Big Book Studies

"Mondays At Sheldon Chumir Centre"

There is a weekly Big Book study currently running at Sheldon Chumir Centre, 1213 - 4 Street SW on Monday nights 7:00pm – 9:00pm on the 3rd floor in room 3122.

"Haddon Road Sunday Big Book Study"

There is a study still running right now, but I would like to let you know We are starting a new study at Haddon Rd on , Sunday January 13 from 2 pm till 4pm. It is an open meeting. This study will run every Sunday till middle April.

"Traditions Study, Sunday Morning at Haddon Road"

There is a weekly Traditions study at 200 Haddon Road SW. This AA Comes of Age based study is held Sunday mornings, 9:00am - 10:30am.

"Haddon Road Monday night Big Book Study"

Beginning January 14th there is a Big Book Study in the Haddon Road meeting room. The Big Book Study begins Monday January 14th and meets every Monday night Friday from 5:30pm-7pm for 12 weeks.

For more information contact: Rob O. 403-815-3379 or Mary S.J. 403-818-5496 Haddon Road Meeting Address: 200 Haddon Road SW upstairs

"The Monday Night Big Book Meeting (Closed)"

This Big Book study needs your support! Dust off your Big Book and let's read and share. We are located downstairs in St. Peter's Anglican Church 903 - 75th Avenue SW (corner of Elbow Dr. & 75th Ave.) 8 p.m. - Big Book Discussion format.

"Big Book Comes Alive"

There is a weekly Big Book study running at New Brighton Community Centre, 2 New Brighton Drive SE, Calgary. Meeting runs on Sundays from 6:00pm – 7:15pm.

The April 2019 Issue of GRAPEVINE is here!**On the Cover: Relapse**

To view the Table of Contents, click here.

Some stories include:

Unhappy Memorial Day

After a bellyful of beer, a sober Vietnam vet's celebration takes a very nasty turn.

My plan to end it all

This newcomer's pink cloud may not have lasted, but luckily AA did.

Relapse after 11 years

From a Florida jail, a dad warns how pain meds and a weak program woke his sleeping lion.

Secret in the Cupboard

You've been good for so many years, she thought, as she quietly poured vanilla extract in her coffee.

Service Opportunity
***A better way to get in
and out of jail***

If you are interested in chairing meetings at one of the three corrections facilities in Calgary, let us know.

The Calgary Corrections Committee is looking for male and female AA members, interested in service work who have one evening available each month to chair an AA meeting at either Calgary Corrections Centre (Spyhill); Calgary Remand Centre; or Calgary Young Offenders Centre (CYOC). CYOC and Remand each have separate mens' and womens' meetings.

It is a non-threatening environment and we provide on-the-job training. If you are interested in "carrying the message" at a corrections facility, please contact the Corrections committee at: cgsccorrections@gmail.com to express your interest and we'll send you information etc.

Requirements:

- Minimum one year of sobriety
- Hopefully the ability to commit to chair one meeting per month for at least one year.

This is an opportunity to share your "experience, strength and hope" and you never know when something said at that meeting may make all the difference.

HADDON ROAD NEW AA TRADITION MEETING

Using the book *AA Comes of Age*, we explore the 12 Traditions, their origins and how each Tradition helps to maintain our continued effectiveness and permanent unity.

During its first decade, AA as a fellowship accumulated substantial experience which indicated that certain group attitudes and principles were particularly valuable in assuring the survival of the informal structure of the Fellowship.

In 1948, in the Fellowship's international journal, the *AA Grapevine*, these principles were reduced to writing by the founders and early members as the Twelve Traditions of Alcoholics Anonymous. They were accepted and endorsed by the membership as a whole at the International Convention of AA, at Cleveland, Ohio, in 1950.

How shall we A.A.'s best preserve our unity? The Twelve Traditions stand for the Legacy of Unity. The heart of the Traditions is clearly expressed in the familiar Preamble that is usually read before AA meetings. They include suggestions concerning common welfare, group structure, organization, public relations, and anonymity.

Bill's reflections upon the wisdom and humility of the Traditions are heartwarming: "Implicit throughout AA's Traditions," he said, "is the confession that our Fellowship has its sins. We confess that we have character defects as a society and that these defects threaten us continually. Our Traditions are a guide to better ways of working and living, and they are also an antidote for our various maladies. The Twelve Traditions are to group survival and harmony what AA's Twelve Steps are to each member's sobriety and peace of mind."



Starts: April 7, 2019

Sundays

9:00 AM to 10:30 AM

Open. Mixed.

The book, *'AA Comes of Age'* will be provided or you can bring/buy your own.

**HADDON ROAD AA GROUP
NO. 200 HADDON RD. S.W.
CALGARY
[ROOM 200L, UPSTAIRS]**



**Between Southland and
Heritage C-Train Stations.**

**Contact these guys for the
Tradition meeting info:**

★ **Derric F.**

**fosterino929@yahoo.ca
403-923-4084**

★ **Neil B.**

403-397-7483

**Do you have a drinking
problem?**

**Call 403-777-1212 to talk
to someone or for more
info regarding Alcoholics
Anonymous**

Step & Tradition 4

Step 4 – “Made a searching and fearless moral inventory of ourselves.”

CREATION gave us instincts for a purpose. Without them we wouldn't be complete human beings. If men and women didn't exert themselves to be secure in their persons, made no effort to harvest food or construct shelter, there would be no survival. If they didn't reproduce, the earth wouldn't be populated. If there were no social instinct, if men cared nothing for the society of one another, there would be no society. So these desires—for the sex relation, for material and emotional security, and for companionship—are perfectly necessary and right, and surely God-given.

Yet these instincts, so necessary for our existence, often far exceed their proper functions. Powerfully, blindly, many times subtly, they drive us, dominate us, and insist upon ruling our lives. Our desires for sex, for material and emotional security, and for an important place in society often tyrannize us. When thus out of joint, man's natural desires cause him great trouble, practically all the trouble there is. No human being, however good, is exempt from these troubles. Nearly every serious emotional problem can be seen as a case of misdirected instinct. When that happens, our great natural assets, the instincts, have turned into physical and mental liabilities.

Step Four is our vigorous and painstaking effort to discover what these liabilities in each of us have been, and are. We want to find exactly how, when, and where our natural desires have warped us. We wish to look squarely at the unhappiness this has caused others and ourselves. By discovering what our emotional deformities are, we can move toward their correction. Without a willing and persistent effort to do this, there can be little sobriety or contentment for us. Without a searching and fearless moral inventory, most of us have found that the faith which really works in daily living is still out of reach...

From Twelve Steps and Twelve Traditions, Chapter on Step 4.

Tradition 4 – “Each group should be autonomous except in matters affecting other groups or A.A. as a whole.”

AUTONOMY is a ten-dollar word. But in relation to us, it means very simply that every A.A. group can manage its affairs exactly as it pleases, except when A.A. as a whole is threatened. Comes now the same question raised in Tradition One. Isn't such liberty foolishly dangerous?

Over the years, every conceivable deviation from our Twelve Steps and Traditions has been tried. That was sure to be, since we are so largely a band of ego-driven individualists. Children of chaos, we have defiantly played with every brand of fire, only to emerge unharmed and, we think, wiser. These very deviations created a vast process of trial and error which, under the grace of God, has brought us to where we stand today.

When A.A.'s Traditions were first published, in 1946, we had become sure that an A.A. group could stand almost any amount of battering. We saw that the group, exactly like the individual, must eventually conform to whatever tested principles would guarantee survival. We had discovered that there was perfect safety in the process of trial and error. So confident of this had we become that the original statement of A.A. tradition carried this significant sentence: “Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group provided that as a group they have no other affiliation.”

This meant, of course, that we had been given the courage to declare each A.A. group an individual entity, strictly reliant on its own conscience as a guide to action. In charting this enormous expanse of freedom, we found it necessary to post only two storm signals: A group ought not do anything which would greatly injure A.A. as a whole, nor ought it affiliate itself with anything or anybody else. There would be real danger should we commence to call some groups “wet,” others “dry,” ... Sobriety had to be its sole objective.

From Twelve Steps and Twelve Traditions, chapter on Tradition 4.