

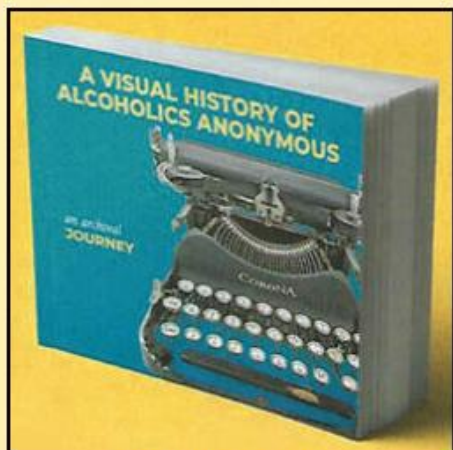
SUGGESTED 25c DONATION



A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

To receive a digital copy of the WestWord please email westwordeditor@gmail.com

Central Office News



AVAILABLE NOW!

A Visual History of Alcoholics Anonymous, an Archival Journey

The Limited Edition printing originally developed as the souvenir book for the 2020 International Convention

REGULAR OFFICE HOURS

Mon-Fri, 8:30am-5:00pm

Closed 1:00pm-2:00pm for lunch

Closed Saturdays

HOLIDAY CLOSURES

Good Friday, April 2, 2021

AA Central Service Office
4021 - 4 St. S.E.
Calgary, Alberta T2G 2W4

centraloffice@calgaryaa.orgwww.calgaryaa.org

Districts 73 &
80 present



The
A.A. SERVICE MANUAL

Combined With

TWELVE CONCEPTS
for WORLD SERVICE

by Bill W.

2018, 2020 Edition

REFLECTING ACTIONS OF THE
2018 GENERAL SERVICE CONFERENCE

12 Concepts Study

Beginning Saturday April 17th, 2021 from 2-3 pm

Continuing for 5 Saturday's from 2-3pm

Zoom ID: 403-829-2788

April 17th - Introduction, Concepts 1 & 2

Darryl D, Past Area 78 Delegate

April 24th - Concepts 3 & 4

Dave B, Past Area 78 Delegate

May 1st - Concepts 5 & 6

Walter S, Past Area 78 Delegate

May 8th - Concepts 7 & 8

Vic P, Past Western Canada Regional Trustee and Area 78 Delegate

May 15th - Concepts 9 & 10

Scott H, Past Trustee At Large Canada and Area 79 Delegate

May 22nd Concepts 11 & 12

JoAnne L, Past Trustee At Large Canada, Interim Eastern Canada Regional Trustee and
Area 80 Delegate

INTERGROUP CONTACTS:

Intergroup Chairperson	cgigchair@gmail.com	Intergroup Alternate Chair	cgigalterchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	cgigtelmonitorchair@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
WestWord Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centraloffice@calgaryaa.org	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	cgigevents@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

CGSC CONTACTS:

Chairperson	cgscchair@gmail.com	Alternate Chairperson	cgscaltchair@gmail.com
Treasurer	cgsc treasurer@gmail.com	Secretary	cgscsecretary@gmail.com
Treatment Chair	cgsc treatment@gmail.com	Corrections Chair	cgsc corrections@gmail.com
C.P.C. Chair	cgsc cpc@gmail.com	Grapevine Chair	cgsc grapevine@gmail.com
Records & Registration Chair	cgsc records@gmail.com	Intro to Service Chair	cgsc intro@gmail.com
Bridging the Gap Chair	cgsc btg@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

MEETING CHANGES:NEW MEETINGS

Mazatlan Zoom Meeting, new Zoom meeting at noon on Friday in sunny Mazatlan Mexico. Zoom ID: 721 2445 6307, Password: "unity"

Friday Night Trainwreck, Open, Fridays, 10 pm, 2+ hours, Step & Tradition, 200 Haddon Rd. SW, Rm. 200L (upstairs).

Awakening Meeting, Tuesday, Thursday and Saturday evenings at 7:00 pm. Zoom Meeting ID: 823 4331 8203. No Password required.

MEETING CHANGES

Steps, Stories & Beyond will be offering in-person meetings at the Forest Lawn Fellowship Room at 1830 52 Street SE (Clayborn Centre: upstairs).

Beautiful Hope Women's Group, open, Mondays, 7:00 pm, Step/Tradition discussion, Mustard Seed Neighbor Centre, Madigan Plaza, 6060 Memorial Drive NE, Suite 24.

Garnet Block Updates, Saturday Women's meeting will be at 1:30 pm instead of 1:00 pm.

- There is a meeting at 7 pm on Thursday's and Friday's
- There will be a 10 am meeting Monday through Saturday starting in October.
- Big Book study/discussion starting Sunday Oct. 4th at 7 pm.

"SouthView By the Book", Friday @ 7:30 pm is moving to the ForestLawn Fellowship Room at 1830 – 52 Street SE, Unit 208

Carstairs Sunday Night, Changing their time back to 7:30 pm and the location will be the Royal Canadian Legion, 121 – 10th Ave N.

Stampeders Group, no longer has a zoom meeting on Saturdays. Just their regular in person Meeting, Saturday's at Rockpointe Church.

MEETING INFO

Shipwreck @ Sunset, On the first Friday of every month there will be a speaker meeting, speakers are from the Area 78 Service Committee. Speakers will speak about AA volunteer service work. The meeting has been changed from 9:30 pm to 8:00 pm. Zoom ID: 820 2747 0151

HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

March						April			
ABC Group		Garnet Block		Midnapre Group		Airdrie Back From Hell		Kincora Group	
Trevor P.	4 Years	Bobby	1 Year	Grant J.	3 Years	Brain T.	12 Years	Bobby A.	13 Years
Airdrie Back to the Book		Robbie O.	2 Years	Pawel B.	5 Years	Don W.	16 Years	Knox Nooners	
Brian J.	30 Years	Rodney	2 Years	Dave P.	6 Years	Awakenings Group		Terry S.	10 Years
Nancy J.	30 Years	Charn	3 Years	Jack B.	60 Years	Allison B.	4 Years	MAAT Group	
Airdrie Back from Hell		Andre L.	5 Years	Ogden Group		Darlene M.	12 Years	Marsh E.	47 Years
Nick T.	18 Years	Cam H.	5 Years	Dustyn E.	2 Years	Better Days Group		Midnapore Group	
Airdrie Country Group		Dana H.	7 Years	Ryan S.	3 Years	Steve B.	2 Years	Dawn M.	2 Years
Nathan	1 Year	Ron Mac	9 Years	Rob M.	16 Years	Deer Ridge Group		Dustin M.	2 Years
Airdrie Ladies in Sobriety		Sheila	17 Years	Julius R.	28 Years	Hugh F.	11 Years	Troy S.	2 Years
Mandy S.	3 Years	Ron O.	21 Years	Owen M.	29 Years	Gordon E.	30 Years	Andy S.	5 Years
Linda G.	10 Years	Debbie C.	26 Years	Yvonne O.	29 Years	Edgemont Group		Jeff A.	6 Years
Awakenings Group		Lori L.	40 Years	Recovery Group		Krista D.	5 Years	Margaret	6 Years
Scott J.	4 Years	Jim L.	50 Years	Todd S.	1 Year	Sergio A.	6 Years	Derek J.	9 Years
Laurel A.	12 Years	Harvest Hills Big Book		Elizabeth C.	30 Years	Linda H.	17 Years	Brian W.	27 Years
Better Days Group		Patty B.	1 Year	Wally P.	34 Years	Audrey B.	22 Years	Sandy M.	31 Years
Taylor D.	1 Year	Knox Nooners		Regal Group		Ron D.	27 Years	Ogden Group	
Dave M.	7 Years	Lorene K.	5 Years	Maximus S.	30 Years	Group "NADZEJA"		Alyjah N.	7 Years
Chinook Group		Travis S.	7 Years	Harry P.	40 Years	Andrzej S.	2 Years	Liz S.	13 Years
James	4 Years	McKenzie Towne		Rule 62		Harvest Hills Group		Cor P.	18 Years
Deer Ridge Group		Lyndsey C.	2 Years	Jack C.	5 Years	Justin P.	5 Years	Bill M.	24 Years
Ashley C.	5 Years	Sheryl H.	2 Years	Jeff D.	6 Years	Jennifer H.	9 Years	Rule 62	
Bob C.	7 Years	Tim M.	2 Years			Darlene M.	12 Years	Glen F.	7 Years
Adrian M.	17 Years	Amanda H.	4 Years					Unity Group	
Maggie B.	27 Years	Perry A.	7 Years					Dave S.	11 Years
Edgemont Group		Shawn G.	8 Years						
Brent V.	34 Years	Kyle D.	12 Years						
		Mac W.	43 Years						

Service Opportunities

Upcoming CGSC Service Commitments

Treatment Facility	AA Group March	AA Group April
Renfrew Tuesday	CANCELLED	CANCELLED
Renfrew Thursday	CANCELLED	CANCELLED
Renfrew Sunday	CANCELLED	CANCELLED
Sunrise	Primary Purpose Group	Midnapore Group
Alpha House	CANCELLED	Regal Group (Zoom)
Dream Centre	Primary Purpose Group	Garnet Block
Sandstone	Ogden Group	Glenmore Group

Upcoming Intergroup Service Commitments

Sunday Morning (9:30am) Intergroup Zoom Meeting ID: 639 139 785 Password: 531069 (Ramada Breakfast Meeting)	AA Group	Phone Monitoring Dates	AA Group
April 04, 2021	Garnet	Mar. 29 – Apr. 04	New Beginnings
April 11, 2021	Garnet	April 5 – 11	Deer Ridge
April 18, 2021	Saturday morning Bridge	April 12 – 18	Go For It
April 25, 2021	Daily Reflections	April 19 – 25	
May 02, 2021		April 26 – May 02	
May 09, 2021		May 03 – 09	
		May 10 – 16	

Calls for service

Daytime Telephone Monitor Needed: Rewarding service position available for a telephone monitor. Required for Mondays 9 am – 1 pm. 1 year commitment required. Please e-mail Telephone Monitor Chair at cqigtelmonitorchair@gmail.com

'Intro to Service' is forming a new Committee as of February 6, first Thursday of every month. Meetings will be held at @ 7:00PM. We will be working with All Calgary Districts, DCM, GSR, Intergroup Reps, and over the next 2 years will involve all forms of our Service Body. This will be the hottest New Committee out there. If you are Interested in service Please Attend!
CGSCintro@gmail.com

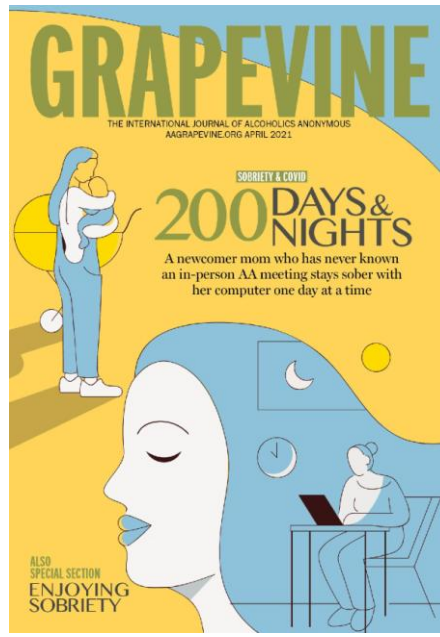
Bridging the Gap needs: Temporary Contacts, Committee members, Speakers for Detox centres. Interested? BTG meets every 3rd Thursday of the month. Zoom Meeting ID: 985 155 6437 or Email: cgsbgt@gmail.com

COMC (Central Office Management Committee): Two volunteers needed to be members at large! 5 Years of sobriety and relevant business or management experience needed. Internet/computer knowledge and an interest in our website would be an asset. Email centraloffice@calgaryaa.org

LIST OF EVENTS

DATE	EVENT	DETAILS
Saturday, April 10, 2021	Better Days Group: Speaker Meeting	This meeting is a virtual speaker meeting. Please see poster for login information. The virtual format is Go To Meetings. Access code: 858-492-805

The April 2021 Issue of GRAPEVINE is here!



On the Cover: Fun in Sobriety

[To view the Table of Contents, click here.](#)

Some stories include:

[Rocketed](#)

How on Earth would she ever have fun again without alcohol? Little did she know her life was just taking off.

[30 Minute Rule](#)

As I was passing the cookie tin to the coffee person, the tin fell and the lid popped open. Five dozen cookies scattered all over the floor! People love my baking so panic ensued.

[Making the Best of 2020](#)

A pandemic hit the U.S. and the 2020 International Convention had to be canceled. Well, that wasn't going to stop this couple!

[A Smooth Finish](#)

With a saw, a sander, some two-by fours and a gallon of finish, a newly sober man builds a busy life.

You are Welcome to our monthly
Speaker Meeting from the

Better Days Group

Sarah C. from the Unity Group & Westword Editor

SATURDAY APRIL 10TH 8:00 pm

ONLINE OPENS AT 7:30 pm - MEETING STARTS AT 8:00PM

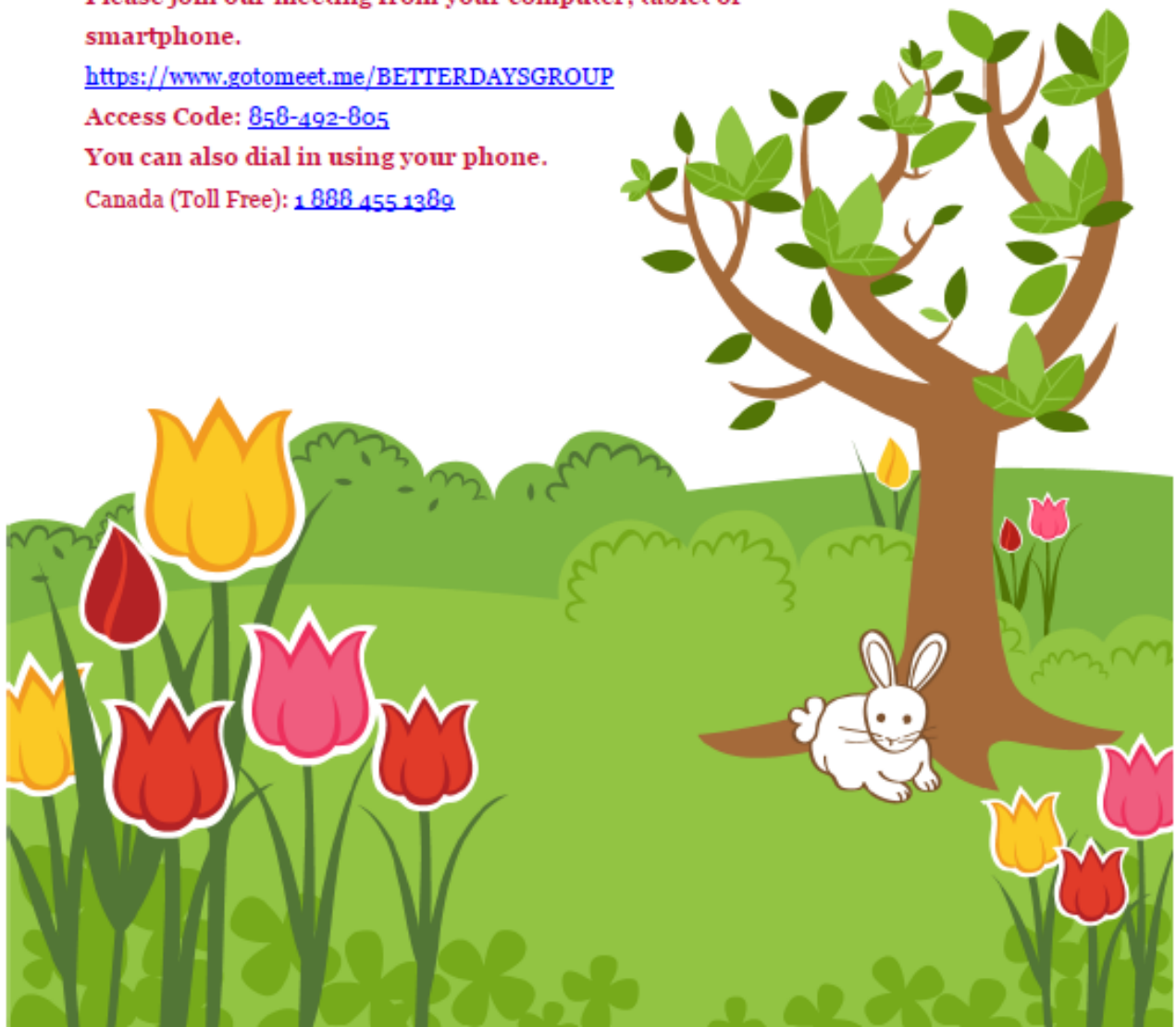
Please join our meeting from your computer, tablet or
smartphone.

<https://www.gotomeet.me/BETTERDAYSGROUP>

Access Code: 858-492-805

You can also dial in using your phone.

Canada (Toll Free): 1 888 455 1389



Garnet Block

12x12 Study

Every Sunday at 7:00PM

1609 Center Street North

Drop In. Everyone is Welcome

TWELVE STEPS AND TWELVE TRADITIONS

DON'T MISS IT!

ROCK THE BLOCK!

Hosted by Peter L and James S.

All Covid Protocols Adhered to.





COMC WANTS YOU!

Central Office Management Committee is looking
for 2 members at large to join our committee

Requirements: must have minimum 5 years sobriety

Previous Alcoholics Anonymous service experience outside of
the group level, as well as experience in business such as
Finance, Human Resources, Law, Business, Labour relations,
Management etc.

Interest and knowledge of computers / websites is an asset!

Please drop off or email your resume to Central Office for
consideration

Email: centraloffice@calgaryaa.org

Step 4 & Tradition 4

Step 4 - "Made a searching and fearless moral inventory of ourselves."

CREATION gave us instincts for a purpose. Without them we wouldn't be complete human beings. If men and women didn't exert themselves to be secure in their persons, made no effort to harvest food or construct shelter, there would be no survival. If they didn't reproduce, the earth wouldn't be populated. If there were no social instinct, if men cared nothing for the society of one another, there would be no society. So these desires—for the sex relation, for material and emotional security, and for companionship—are perfectly necessary and right, and surely God-given.

Yet these instincts, so necessary for our existence, often far exceed their proper functions. Powerfully, blindly, many times subtly, they drive us, dominate us, and insist upon ruling our lives. Our desires for sex, for material and emotional security, and for an important place in society often tyrannize us. When thus out of joint, man's natural desires cause him great trouble, practically all the trouble there is. No human being, however good, is exempt from these troubles. Nearly every serious emotional problem can be seen as a case of misdirected instinct. When that happens, our great natural assets, the instincts, have turned into physical and mental liabilities.

Step Four is our vigorous and painstaking effort to discover what these liabilities in each of us have been, and are. We want to find exactly how, when, and where our natural desires have warped us. We wish to look squarely at the unhappiness this has caused others and ourselves. By discovering what our emotional deformities are, we can move toward their correction. Without a willing and persistent effort to do this, there can be little sobriety or contentment for us. Without a searching and fearless moral inventory, most of us have found that the faith which really works in daily living is still out of reach...

From Twelve Steps and Twelve Traditions, Chapter on Step 4.

Tradition 4 - "Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

AUTONOMY is a ten-dollar word. But in relation to us, it means very simply that every A.A. group can manage its affairs exactly as it pleases, except when A.A. as a whole is threatened. Comes now the same question raised in Tradition One. Isn't such liberty foolishly dangerous?

Over the years, every conceivable deviation from our Twelve Steps and Traditions has been tried. That was sure to be, since we are so largely a band of ego-driven individualists. Children of chaos, we have defiantly played with every brand of fire, only to emerge unharmed and, we think, wiser. These very deviations created a vast process of trial and error which, under the grace of God, has brought us to where we stand today.

When A.A.'s Traditions were first published, in 1946, we had become sure that an A.A. group could stand almost any amount of battering. We saw that the group, exactly like the individual, must eventually conform to whatever tested principles would guarantee survival. We had discovered that there was perfect safety in the process of trial and error. So confident of this had we become that the original statement of A.A. tradition carried this significant sentence: "Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group provided that as a group they have no other affiliation."

This meant, of course, that we had been given the courage to declare each A.A. group an individual entity, strictly reliant on its own conscience as a guide to action. In charting this enormous expanse of freedom, we found it necessary to post only two storm signals: A group ought not do anything which would greatly injure A.A. as a whole, nor ought it affiliate itself with anything or anybody else. There would be real danger should we commence to call some groups "wet," others "dry," ... Sobriety had to be its sole objective.

From Twelve Steps and Twelve Traditions, chapter on Tradition 4.