

SUGGESTED 25c DONATION



THE WESTWORD

A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

To receive a digital copy of the WestWord please email westwordeditor@gmail.com

7th TRADITION

Central Office welcomes you back!

Renovations are 99.9% complete.

The coffee is on.

The candy is out.

Evening service committee meetings are welcomed back (some already are back).

So if you've not visited since the move in May 2020, come on in to see the beautiful new office.



Stay tuned for the Grand Opening Party announcement.

REGULAR OFFICE HOURS

Mon-Fri, 8:30am-5:00pm

Closed 1:00pm-2:00pm for lunch

Closed Saturdays

HOLIDAY CLOSURES

Heritage Day, Mon. Aug. 2, 2021

Labour Day, Mon. Sept. 6, 2021

AA Central Service Office
4021 - 4 St. S.E.
Calgary, Alberta T2G 2W4

centraloffice@calgaryaa.orgwww.calgaryaa.org

BEST POST PANDEMIC RECOVERY PARTY EVER!

LIVE music & DJ

NO Limit Capacity!

Food & Beverage Shack

Splash park

bike pump track

September 04
9am to 3pm

South Glenmore Picnic Park
90th Ave & 24th Street SW

bring a chair or blanket!

Hosted by Calgary Intergroup
email: cgigsecretary@gmail.com

INTERGROUP CONTACTS:

Intergroup Chairperson	cgigchair@gmail.com	Intergroup Alternate Chair	cgigalterchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	telmonitor.calgary@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
Westword Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centraloffice@calgaryaa.org	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	specevents@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

CGSC CONTACTS:

Chairperson	cgscchair@gmail.com	Alternate Chairperson	cgscaltchair@gmail.com
Treasurer	cgsc treasurer@gmail.com	Secretary	cgscsecretary@gmail.com
Treatment Chair	cgsc treatment@gmail.com	Corrections Chair	cgsc corrections@gmail.com
C.P.C. Chair	cgsc cpc@gmail.com	Grapevine Chair	cgsc grapevine@gmail.com
Records & Registration Chair	cgsc records@gmail.com	Intro to Service Chair	cgsc intro@gmail.com
Bridging the Gap Chair	cgsc btg@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

MEETING CHANGES:**NEW MEETINGS**

Came to - Sunday morning 9am Forest Lawn Fellowship Room 1830 - 52st SE upstairs.

Saturday Night Fellowship, speaker meeting, Saturday, 7:30 pm, Forest lawn Fellowship Room, 1830 52 St. SE.

MEETING CHANGES

Steps, Stories & Beyond – are now back in the Penbrooke Community Centre as of March (6100 – 8 Ave SE).

Beautiful Hope Women's Group, open, Mondays, 7:00 pm, Step/Tradition discussion, Mustard Seed Neighbor Centre, Madigan Plaza, 6060 Memorial Drive NE, Suite 24.

SouthView By the Book, Friday @ 7:30 pm is moving to the Forest Lawn Fellowship Room at 1830 – 52 Street SE, Unit 208

Carstairs Sunday Night, Changing their time back to 7:30 pm and the location will be the Royal Canadian Legion, 121 – 10th Ave N.

MEETING INFO - REOPENING MEETINGS

Better Days Group, Re-opening for in-person meetings August 07, 2021, Saturday, 8:00 pm.

Airport Group, Re-opening for in-person AA meetings September 01, 2021, Wednesday, 8:00 pm.

Mazatlan Zoom Meeting, new Zoom meeting at noon on Friday in sunny Mazatlan Mexico. Zoom ID: 721 2445 6307, Password: "unity"

Awakening Meeting: Tuesday, Thursday and Saturday evenings at 7:00 pm. Zoom Meeting ID: 823 4331 8203. No Password required.

CANCELLED MEETING

Know the Difference, Friday night @ 6 PM will be closed effective immediately.

HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

July Birthdays						August Birthdays			
ABC Group		Kincora Group		New Beginnings		ABC Group		Midnapore Group	
Michael S.	3 Years	Lucas S.	2 Years	Bill K.	2 Years	Lib B.	35 Years	Christopher	2 Years
Cindy P.	24 Years	Rob H.	4 Years	Les Y.	2 Years	Airdrie Country Group		Josh R.	2 Years
Airdrie Country Group		Kaidon N.	6 Years	Margery K.	17 Years	Pam R.	2 Years	Kim B.	3 Years
Gus G.	10 Years	Adam M.	13 Years	Jan H.	32 Years	Sharon	8 Years	Lynda W.	3 Years
Awakenings Group		MAAT Group		Bob R.	36 Years	Awakenings Group		Preston S.	3 Years
Ken L.	3 Years	Allen G.	1 Year	Ogden Group		Vince H.	6 Years	Devon M.	5 Years
Garry B.	7 Years	Don C.	28 Years	David I.	3 Years	Mike K.	8 Years	Matt B.	5 Years
Amanda H.	27 Years	Audrey C.	29 Years	Ken S.	22 Years	Bob J.	34 Years	Matt S.	5 Years
Les K.	31 Years	McKenzie Towne		Alain L.	22 Years	Pat J.	39 Years	Ryan M.	5 Years
Back to the Book (Airdrie)		Santino J.	1 Year	Jenn S.	29 Years	Deer Ridge Group		Jeff Z.	6 Years
		Ray F.	3 Years	Rule 62		Gord D.	13 Years	Wayne R.	6 Years
Billie Sue P.	3 Years	Travis B.	3 Years	Steve H.	5 Years	Marc U.	19 Years	Matt L.	7 Years
Mary R.	5 Years	Manny M.	4 Years	Vanessa S.	8 Years	Kim G.	34 Years	Rolan M.	11 Years
Ray F.	46 Years	Wes	5 Years	Step, Stories and Beyond		Harvest Hills Big Book		Emile W.	21 Years
Deer Ridge Group		Neal K.	6 Years	John B.	61 Years	Darcy M.	2 Years	Alice M.	47 Years
Holly	5 Years	Craig M.	9 Years	White Sheep		Becky H.	5 Years	New Beginnings	
Jack W.	15 Years	Lisa R.	9 Years	Matt B.	2 Years	Sylvia S.	12 Years	Codie B.	2 Years
Edgemont Group		Chris M.	10 Years	Paul W.	7 Years	Kincora Group		Marisa S.	2 Years
Marco A.	3 Years	Nancy E.	10 Years	Keith B.	23 Years	Jim I.	19 Years	Emma M.	8 Years
Ken P.	11 Years	Gary R.	16 Years	Kevin C.	30 Years	Knox Nooner		Cornelia M.	20 Years
Chad H.	13 Years	Joe D.	16 Years	Brian W.	33 Years	Manny M.	4 Years	Gail C.	23 Years
Joanne M.	17 Years	Lorne M.	30 Years	Al B.	34 Years	Dave H.	9 Years	Morag M.	32 Years
Linda G.	28 Years	Joanne G.	33 Years	Ken R.	35 Years	MAAT Group		Ken R.	35 Years
Harvest Hills Big Book		Midnapore Group				Doug B.	1 Year	Rule 62	
Tuxephoni	2 Years	Kyle N.	2 Years			Marshall D.	39 Years	Simon G.	1 Year
Ken L.	3 Years	Anita C.	4 Years			Reid M.	51 Years	Steps, Stories & Beyond	
Glenmore Group		Susan A.	4 Years			McKenzie Towne		Dan L.	1 Year
Jaxon	1 Year	Gord P.	5 Years			Dale M.	2 Years	Wednesday Morning Eye Opener	
Craig	1 Year	Mike N.	5 Years			Dave S.	4 Years		
Brandy	1 Year	Anthony L.	6 Years			Lenny F.	7 Years	Orland W.	35 Years
Evren	3 Years	George B.	6 Years			Ryan M.	11 Years	White Sheep	
Benjamin	3 Years	Treavor T.	6 Years			Geoff I.	12 Years	David O'C.	15 Years
Kyle	6 Years	Chad S.	7 Years			Coleen K.	25 Years	Phil L.	20 Years
Mike G.	7 Years	David H.	7 Years						
Daryl A.	11 Years	Firoz S.	7 Years						
Linda A.	13 Years	Sarah S.	12 Years						
Lynn MC.	16 Years	Char V.	14 Years						
Kevin C.	30 Years	Pat M.	38 Years						

Service Opportunities

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

Upcoming CGSC Service Commitments

Treatment Facility	AA Groups for July	AA Group for August
Renfrew Tuesday	CANCELLED	CANCELLED
Renfrew Thursday	CANCELLED	CANCELLED
Renfrew Fridays (zoom)	***	CANCELLED
Sunrise	***	Garnet Block
Alpha House	CANCELLED	CANCELLED
Dream Centre	Garnet Block	Daily Reflections
Sandstone (Friday)	***	Primary Purpose

Upcoming Intergroup Service Commitments

Sunday Morning (9:30am) Intergroup Zoom Meeting ID: 639 139 785 Password: 531069 (Ramada Breakfast Meeting)	AA Group	Phone Monitoring Dates	AA Group
August 08, 2021	Go For It	August 02 – 08	NW Calgary Group
August 15, 2021	Haddon Road	August 9 – 15	Midnapore Group
August 22, 2021	Garnet Block	August 16 – 22	MacKenzie Towne
August 29, 2021	Primary Purpose Group	August 23 – 29	Glenmore Group
September 05, 2021		Aug. 30 – Sept. 05	Beautiful Hope
September 12, 2021		September 06 – 12	New Beginnings
		September 13 – 19	Haddon Road

Calls for service

'Intro to Service' is forming a new Committee as of February 6, first Thursday of every month. Meetings will be held at @ 7:00PM. We will be working with All Calgary Districts, DCM, GSR, Intergroup Reps, and over the next 2 years will involve all forms of our Service Body. This will be the hottest New Committee out there. If you are Interested in service Please Attend!

CGSCintro@gmail.com

Bridging the Gap needs: Temporary Contacts, Committee members, Speakers for Detox centres. Interested? BTG meets every 3rd Thursday of the month. Zoom Meeting ID: 985 155 6437 or Email:

cgsbtg@gmail.com

12 Step List (1-Year Sobriety): Looking for a service opportunity? Add your name and number to the list for 12 step calls. This list is used when a caller needs to talk to another alcoholic. All we need is your availability and which part of the city you live in/are willing to travel to.

E-mail: cqig12steplist@gmail.com

LIST OF EVENTS/BOOK STUDIES

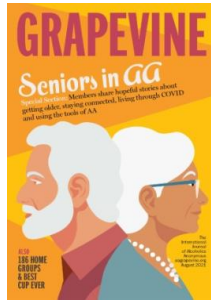
DATE	EVENT	DETAILS
Monday, August 09, 2021	Intergroup Zoom Meeting	On Monday at 7 pm there is an intergroup meeting being held on zoom. Everyone is welcome to attend. Meeting ID: 818 4435 0347 Passcode: 988796
Saturday, August 14, 2021	Better Days Speaker Meeting	Ida S. will be sharing her experience, strength and hope with us at 8 pm. Please see attached poster for more details on page 7.
Saturday, September 04, 2021	Intergroup Post Pandemic Recovery Party!	Please see the attached poster on the front page for more information for this super fantastic event! YAY!
Sunday, September 05, 2021	Forest Lawn Fellowship Alcathon.	Doors open at 8:45 am for the 4 th Anniversary Alcathon of the Forest Lawn Fellowship.
Sunday, September 12, 2021	Haddon Road Big Book Study	Starting on Sunday September 12 th there will be a Big Book study starting. The meeting is from 2-4 pm and will continue on Sundays until December 12, 2021.

Announcement:

The Banff Roundup: Covid Edition Speaker Recordings are available to all on the website www.banffroundup.com

This vital 12th Step Work is available and accessible to anyone who needs it. Speaker anonymity has been protected by using only audio, last initials, and not including the option to download the recording to discourage distribution. The recordings and website were created by members of the Roundup Committee, all AA members conducting service work for their own recovery and the good of AA. The website hosting and domain is paid for by the Roundup Committee which is a part of Calgary Intergroup/Calgary Central Office. To ensure we can continue to do so, and that we remain self supporting and free from outside influences, please consider sending 7th Tradition Contributions to centraloffice@calgaryaa.org. Full statements on Tradition 7 and 11 can be found on the website and all questions directed to cgigbanffchr@gmail.com

The August 2021 Issue of GRAPEVINE is here!



On the Cover: Seniors in AA

To view the Table of Contents, click here.

Some stories include:

Still Learning

I got sober in 1963. During the past 50-something years I've been in AA, I thought I had learned how to live with some peace and serenity.

It's Never Too Late

I was born in 1927 in a farmhouse in central Illinois. The world was different then.

Growing Up & Growing Older

I do not want to grow old without AA. Some days, I think I don't even want to grow old at all, regardless of AA.

The 73 – year – old Newcomer

In January of 2017, I walked through the doors of AA for the first time at the age of 73.

**BETTER DAYS
GROUP**

OPENING UP MEETING

AUGUST 7th 2021

8:00pm

1432 19th street N.E. Calgary

WE WELCOME YOU FOR FELLOWSHIP

THE BETTER DAYS GROUP



We Welcome you to our Speaker Meeting on Saturday
AUG 14TH 8:00pm

Please join our meeting from your computer, tablet, or smartphone.

<https://www.gotomeet.me/BETTERDAYSGROUP>

Access Code: 858-492-805 More phone numbers Canada (Toll Free): 1 888 455 1389

IDA S. From: The Better Days Group

FOREST LAWN FELLOWSHIP

4th Anniversary Alcathon

Sunday Sept. 5th - 2021

1830 52 Street S.E

Clayburn Center

SCHEDULE:

DOORS OPEN AT 8:45am

9:00am - Step 1 - 2 - 3

10:30am - Step 4

12:00pm - Step 5

1:30pm - Speaker

3:00pm - Step 6-7

4:30pm - Step 8-9

6:00pm - Step 10-11

7:30pm - Step 12



In the Spirit of The Fellowship



EVERYONE IS WELCOME

ALL Covid Protocols Shall Be Followed

Speaker: John B. – 61 Years Clean and Sober

Step 8 & Tradition 8

Step 8 – “Made a list of all persons we had harmed, and became willing to make amends to them all.”

STEPS Eight and Nine are concerned with personal relations. First, we take a look backward and try to discover where we have been at fault; next we make a vigorous attempt to repair the damage we have done; and third, having thus cleaned away the debris of the past, we consider how, with our newfound knowledge of ourselves, we may develop the best possible relations with every human being we know.

This is a very large order. It is a task which we may perform with increasing skill, but never really finish. Learning how to live in the greatest peace, partnership, and brotherhood with all men and women, of whatever description, is a moving and fascinating adventure. Every A.A. has found that he can make little headway in this new adventure of living until he first backtracks and really makes an accurate and unsparing survey of the human wreckage he has left in his wake. To a degree, he has already done this when taking moral inventory, but now the time has come when he ought to redouble his efforts to see how many people he has hurt, and in what ways. This reopening of emotional wounds, some old, some perhaps forgotten, and some still painfully festering, will at first look like a purposeless and pointless piece of surgery. But if a willing start is made, then the great advantages of doing this will so quickly reveal themselves that the pain will be lessened as one obstacle after another melts away.

These obstacles, however, are very real. The first, and one of the most difficult, has to do with forgiveness....

When listing the people we have harmed, most of us hit another solid obstacle. We got a pretty severe shock when we realized that we were preparing to make a face-to-face admission of our wretched conduct to those we had hurt. It had been embarrassing enough when in confidence we had admitted these things to God, to ourselves, and to another human being. But the prospect of actually visiting or even writing the people concerned now overwhelmed us, especially when we remembered in what poor favor we stood with most of them...

From Twelve Steps and Twelve Traditions, p.77-79.

Tradition 8 – “Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

ALCOHOLICS ANONYMOUS will never have a professional class. We have gained some understanding of the ancient words “Freely ye have received, freely give.” We have discovered that at the point of professionalism, money and spirituality do not mix. Almost no recovery from alcoholism has ever been brought about by the world's best professionals, whether medical or religious. We do not decry professionalism in other fields, but we accept the sober fact that it does not work for us. Every time we have tried to professionalize our Twelfth Step, the result has been exactly the same: Our single purpose has been defeated.

Alcoholics simply will not listen to a paid twelfth-stepper. Almost from the beginning, we have been positive that face-to-face work with the alcoholic who suffers could be based only on the desire to help and be helped. When an A.A. talks for money, whether at a meeting or to a single newcomer, it can have a very bad effect on him, too. The money motive compromises him and everything he says and does for his prospect. This has always been so obvious that only a very few A.A.'s have ever worked the Twelfth Step for a fee.

Despite this certainty, it is nevertheless true that few subjects have been the cause of more contention within our Fellowship than professionalism....

At last, however, a plain line of cleavage could be seen between professionalism and nonprofessionalism. When we had agreed that the Twelfth Step couldn't be sold for money, we had been wise. But when we had declared that our Fellowship couldn't hire service workers nor could any A.A. member carry our knowledge into other fields, we were taking the counsel of fear, fear which today has been largely dispelled in the light of experience....

The job was not to do Twelfth Step work; it was to make Twelfth Step work possible. It was a service proposition, pure and simple....

This is the exciting welter of events which has finally cast up A.A.'s Tradition of nonprofessionalism. Our Twelfth Step is never to be paid for. but those who labor in service for us are worthy of their hire.

From Twelve Steps and Twelve Traditions, p.166-171.