

SUGGESTED 25c DONATION

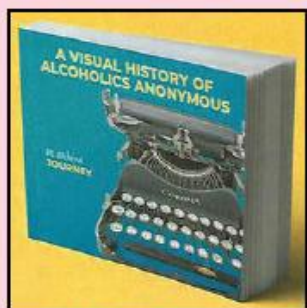


THE WESTWORD

A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

To receive a digital copy of the WestWord please email westwordeditor@gmail.com

Central Office News



*A Visual History
of Alcoholics Anonymous,
an Archival Journey*

A few copies are still available:
the Limited Editon printing
originally developed as the
souvenir book for the
2020 International Convention

REGULAR OFFICE HOURS

Mon–Fri, 8:30am–5:00pm
Closed 1:00pm–2:00pm for lunch
Closed Saturdays

HOLIDAY CLOSURES

Canada Day, Thurs. July 1, 2021
Heritage Day, Mon. Aug. 2, 2021

AA Central Service Office
4021 – 4 St. S.E.
Calgary, Alberta T2G 2W4
centraloffice@calgaryaa.org
www.calgaryaa.org



GARNET BLOCK



STAMPEDE ALCATHON

1609 Center
Street NW

Open
Meeting



SATURDAY JULY 10th 2021

SCHEDULE:

DOORS OPEN AT 10:AM

10:30am - 11:30am - Step 2-3

12:00pm - 1:00pm - Step 4-5

1:30pm - 2:30pm - Step 6-7

3:00pm - 4:00pm - STEP 1 (A Closer Look)

4:00pm - 5:30pm - Dinner! Smokies and Dogz

5:30pm - 6:30pm - Step 8-9

7:00pm - 8:00pm - Step 10-11

8:30pm — 9:30pm - Gratitude Callup!

10:00pm - 11:00pm - Step 12

Dinner will be supplied - Smokies and Hot Dogs

The 3:00pm Workshop and the 8:30pm Meetings

Streamed live from the Garnet—**Zoom 654342181**

ROCK THE BLOCK!

Current Covid protocol's shall be adhered to

INTERGROUP CONTACTS:

Intergroup Chairperson	cgigchair@gmail.com	Intergroup Alternate Chair	cgigalterchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	Telmonitor.calgary@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
Westword Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centraloffice@calgaryaa.org	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	specevents@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

CGSC CONTACTS:

Chairperson	cgscchair@gmail.com	Alternate Chairperson	cgscaltchair@gmail.com
Treasurer	cgsc treasurer@gmail.com	Secretary	cgscsecretary@gmail.com
Treatment Chair	cgsc treatment@gmail.com	Corrections Chair	cgsc corrections@gmail.com
C.P.C. Chair	cgsc cpc@gmail.com	Grapevine Chair	cgsc grapevine@gmail.com
Records & Registration Chair	cgsc records@gmail.com	Intro to Service Chair	cgsc intro@gmail.com
Bridging the Gap Chair	cgsc btg@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

MEETING CHANGES:NEW MEETINGS

Came to - Sunday morning 9am Forestlawn Fellowship room 1830 - 52st SE upstairs.

Saturday Night Fellowship, speaker meeting, Saturday, 7:30 pm, Forestlawn Fellowship Room, 1830 52 St. SE.

MEETING CHANGES

Steps, Stories & Beyond – are now back in the Penbrooke Community Centre as of March (6100 – 8 Ave SE).

Beautiful Hope Women's Group, open, Mondays, 7:00 pm, Step/Tradition discussion, Mustard Seed Neighbor Centre, Madigan Plaza, 6060 Memorial Drive NE, Suite 24.

SouthView By the Book, Friday @ 7:30 pm is moving to the ForestLawn Fellowship Room at 1830 – 52 Street SE, Unit 208

Carstairs Sunday Night, Changing their time back to 7:30 pm and the location will be the Royal Canadian Legion, 121 – 10th Ave N.

MEETING INFO

Shipwreck @ Sunset, On the first Friday of every month there will be a speaker meeting, speakers are from the Area 78 Service Committee. Speakers will speak about AA volunteer service work. The meeting has been changed from 9:30 pm to 8:00 pm. Zoom ID: 820 2747 0151

Mazatlan Zoom Meeting, new Zoom meeting at noon on Friday in sunny Mazatlan Mexico. Zoom ID: 721 2445 6307, Password: "unity"

Friday Night Trainwreck, Open, Fridays, 10 pm, 2+ hours, Step & Tradition, 200 Haddon Rd. SW, Rm. 200L (upstairs).

Awakening Meeting: Tuesday, Thursday and Saturday evenings at 7:00 pm. Zoom Meeting ID: 823 4331 8203. No Password required.

CANCELLED MEETING

Know the Difference, Friday night @ 6 PM will be closed effective immediately.

HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

June Birthdays						July Birthdays			
Airdrie Back From Hell		Harvest Hills Big Book		Regal Group		Airdrie Country Group		Midnapore Group	
Candace W.	4 Years	Stuart C.	5 Years	Taylor I.	6 Years	Gus G.	10 Years	Kyle N.	2 Years
Brad H.	7 Years	Shalee S.	6 Years	Ted M.	44 Years	Awakening Group		Anita C.	4 Years
Airdrie Country Group		Sandra B.	8 Years	Rule 62		Ken L.	3 Years	Susan A.	4 Years
Keith	6 Years	Kincora Group		Sarah M.	7 Years	Garry B.	7 Years	Gord P.	5 Years
Ute	11 Years	David M.	32 Years	Unity Group		Amanda H.	27 Years	Mike N.	5 Years
Ken	13 Years	Emillian	34 Years	Trevor H.	3 Years	Les K.	31 Years	Anthony L.	6 Years
Awakening Group		MATT Group		Jim H.	20 Years	Back to the Book (Airdrie)		George B.	6 Years
Graham M.	2 Years	Grant C.	36 Years	Iva P.	37 Years			Treavor T.	6 Years
Chris M.	4 Years	McKenzie Towne		Wednesday Morning eye Opener		Billie Sue P.	3 Years	Chad S.	7 Years
Lyndia B.	21 Years	Cory F.	1 Year			Mary R.	5 Years	David H.	7 Years
Gerry A.	42 Years	Kirk M.	1 Year	Doug D.	32 Years	Ray F.	46 Years	Firoz S.	7 Years
(ZOOM) Awakening Group		Joanne M.	4 Years	Dwayne S.	49 Years	Deer Ridge Group		Sarah S.	12 Years
		Des M.	4 Years			Holly	5 Years	Char V.	14 Years
Crystal J.	1 Year	Kristin M.	5 Years			Jack W.	15 Years	Pat M.	38 Years
Darcy F.	3 Years	Rachelle T.	5 Years			Edgemont Group		New Beginnings	
Better Days Group		Margery K.	17 Years			Marco A.	3 Years	Bill K.	2 Years
Ida S.	38 Years	Midnapore Group				Ken P.	11 Years	Les Y.	2 Years
Deer Ridge Group		Cole c.	3 Years			Chad H.	13 Years	Margery K.	17 Years
Paul C.	9 Years	Glen F.	4 Years			Joanne M.	17 Years	Jan H.	32 Years
Nancy P.	17 Years	Tammy M.	5 Years			Linda G.	28 Years	Bob R.	36 Years
Tammy G.	29 Years	Wayne G.	5 Years			Harvest Hills Big Book		Ogden Group	
Denny B.	31 Years	Tyler C.	6 Years			Tuxephoni W	2 Years	David I.	3 Years
Margot C.	38 Years	Dan C.	7 Years			Ken L.	3 Years	Ken S.	22 Years
Edgemont Group		Jacob C.	7 Years			Kincora Group		Alain L.	22 Years
Brent M.	23 Years	Kristen B.	9 Years			Lucas S.	2 Years	Jenn S.	29 Years
Garnet Block		James C.	10 Years			Rob H.	4 Years	Rule 62	
Hendrick F.	1 Year	Ogden Group				Kaidon N.	6 Years	Steve H.	5 Years
Cory N.	1 Year	Kirby L.	4 Years			Adam M.	13 Years	Vanessa S.	8 Years
Vicki S.	2 Years	Deb D.	10 Years			MAAT Group		Steps, Stories & Beyond	
Mike D.	3 Years	Don B.	11 Years			Allen G.	1 Year	John B.	61 Years
Christian F.	9 Years	Tony K.	13 Years			Don C.	28 Years		
Sylvia	32 Years	Shannon T.	15 Years			Audrey C.	29 Years		
Glenmore Group		Maryan Mc.	23 Years						
Shawn	1 Year								
Shawn D.	2 Years								
Travis M.	2 Years								
Kristine B.	7 Years								
Mark M.	27 Years								
Tom R.	29 Years								

Service Opportunities

Upcoming CGSC Service Commitments

Treatment Facility	AA Groups for June	AA Group for July
Renfrew Tuesday	CANCELLED	CANCELLED
Renfrew Thursday	CANCELLED	CANCELLED
Renfrew Fridays (zoom)	Primary Purpose Group	***
Sunrise	Unity Group	***
Alpha House	CANCELLED	CANCELLED
Dream Centre	Morning Bridge	Garnet Block
Sandstone (Friday)	June 11, Zach	***

Upcoming Intergroup Service Commitments

Sunday Morning (9:30am) Intergroup Zoom Meeting ID: 639 139 785 Password: 531069 (Ramada Breakfast Meeting)	AA Group	Phone Monitoring Dates	AA Group
July 4, 2021	Garnet Block	July 5 – 11	The Bridge
July 11, 2021	Regal Group	July 12 – 18	Regal Group
July 18, 2021	Southwest Serenity	July 19 – 25	Thursday Night Ladies
July 25, 2021	New Beginnings	July 26 – August 1	Rule 62
August 1, 2021	Go For It	August 02 – 08	NW Calgary Group
August 08, 2021	Go For It	August 9 – 15	Midnapore Group
		August 16 – 22	MacKenzie Towne

Calls for service

'Intro to Service' is forming a new Committee as of February 6, first Thursday of every month. Meetings will be held at @ 7:00PM. We will be working with All Calgary Districts, DCM, GSR, Intergroup Reps, and over the next 2 years will involve all forms of our Service Body. This will be the hottest New Committee out there. If you are Interested in service Please Attend!
CGSCintro@gmail.com

Bridging the Gap needs: Temporary Contacts, Committee members, Speakers for Detox centres. Interested? BTG meets every 3rd Thursday of the month. Zoom Meeting ID: 985 155 6437 or Email: cgsbctg@gmail.com

LIST OF EVENTS

DATE	EVENT	DETAILS
Friday, Saturday, Sunday, July 9 – 11, 2021	6 th Annual Unity & Service Conference	Please register online at https://www.unityandserviceconference.org/ . See attached flyer for more information.
Saturday, July 10, 2021	Garnet Block Stampede Alcathon	See attached flyer on front page for more information.
Saturday, July 10, 2021	Better Days Speaker Meeting	Kathy P. will be sharing her experience, strength and hope with us at 8 pm. Please see attached poster for more details on page 7.



6th Annual Unity & Service Conference

"Applying the 12 Traditions & 12 Concepts of AA in All of Our Affairs"

July 9 - 11, 2021 (all times PDT)



Friday, July 9

5:45 pm - Welcome! Serenity Prayer & Kickoff
(10-Minute Tradition or Concept Vignette Before Each Main Speaker)

6:00 pm - "Loving Our Three Legacies"
Sister Judith Ann Kumar, Class A Trustee

7:30 pm - "Our Primary Aim"
Tim C., Hayward CA

9:00 pm - Close with Declaration of Unity

Saturday, July 10

8:45 am - Welcome! Serenity Prayer & Kickoff
(10-Minute Tradition or Concept Vignette Before Each Main Speaker)

9:00 am - "My Favorite Traditions"
Jimmy D., Dallas TX

10:30 am - Service Panels
Young People, Bridging The Gap, Corrections (P&S), Grapevine

12:00 pm - Break

12:30 pm - "Why Stay? Overcoming Racial Barriers"
Kesho S., Grinnell IA

2:00 pm - "Three Legacies, Family Style"
Craig, Marissa and Stephen, Sandy Hook CT

This 2 Hour and 15-Minute Session Includes a 15-Minute Break at 3 pm Before Concluding at 4:15 pm

4:30 pm - "Anonymity, Our Spiritual Foundation"
Steve L., Nashville TN

6:00 pm - Close with Responsibility Statement

Sunday, July 11

8:45 am - Welcome! Serenity Prayer & Kickoff
(10-Minute Tradition or Concept Vignette Before Each Main Speaker)

9:00 am - "The 12 Concepts"
Ashley J., The Beacon Group, Boston

10:30 am - Service Panels
PI/CPC, Intergroup/Hotline, General Service, Sponsorship

12:00 pm - Break

12:30 pm - "Never Too Young For General Service"
Katie H., Fair Oaks CA

2:00 pm - Ask It Basket with Speakers
Sister Judith Ann, Tim, Jimmy, Kesho, Steve, Ashley, Katie, Craig, Marissa, Stephen

3:00 pm - Close with Declaration of Unity

Online Event!

Space is Limited.....

Pre-Register Today!

unityandserviceconference.org

925.222.5639



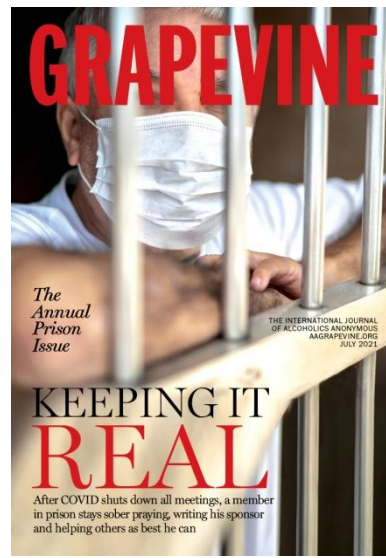
An Alcoholics Anonymous event with Al-Anon participation

Announcement:

The Banff Roundup: Covid Edition Speaker Recordings are available to all on the website www.banffroundup.com

This vital 12th Step Work is available and accessible to anyone who needs it. Speaker anonymity has been protected by using only audio, last initials, and not including the option to download the recording to discourage distribution. The recordings and website were created by members of the Roundup Committee, all AA members conducting service work for their own recovery and the good of AA. The website hosting and domain is paid for by the Roundup Committee which is a part of Calgary Intergroup/Calgary Central Office. To ensure we can continue to do so, and that we remain self supporting and free from outside influences, please consider sending 7th Tradition Contributions to centraloffice@calgaryaa.org. Full statements on Tradition 7 and 11 can be found on the website and all questions directed to cgigbanffchr@gmail.com

The July 2021 Issue of GRAPEVINE is here!



On the Cover: Annual Prison Issue

[To view the Table of Contents, click here.](#)

Some stories include:

[Keeping It Real](#)

Although I wandered aimlessly through more than 20 years of escalating drinking and inner turmoil, I somehow still was able to achieve what some would consider success. I had a beautiful wife, kids I adored, a profitable business and a home on the 18th hole of a country club. Then after a while, I got a new wife, this time the love of my life. Yet nothing was filling the void that drinking seemed to cover up.

[Striking Gold](#)

For about three years I've been leading an AA meeting inside a medium security prison about 35 miles from my home. The prison had closed for a few years and reopened in 2004 as a preeminent substance abuse treatment facility. Usually 20 – 40 internees show up for our AA meetings which are held in a conference room or the chapel.

[Sick Puppy](#)

I'm currently 26 years into a life sentence in a California maximum-security prison. I'm part of an AA group here called "Sick Puppies." My sponsor, I'll call him Gary, asked me to write to the Grapevine, so I am.

[Meeting on the Yard](#)

I'm currently serving a sentence of six and a half years for alcohol-related crimes. It wasn't until I was alone, broken and at my rock bottom in a prison cell that I finally surrendered. I was not sure at the time who or what I was surrendering to, but I decided to give God a try. Since then everything in my life has fallen into place. That was three years ago.



THE BETTER DAYS GROUP SPEAKER MEETING

You are Invited to come and hear, what it was like
what happened and what it is like today with Us!

SATURDAY, 10th JULY 8:00PM

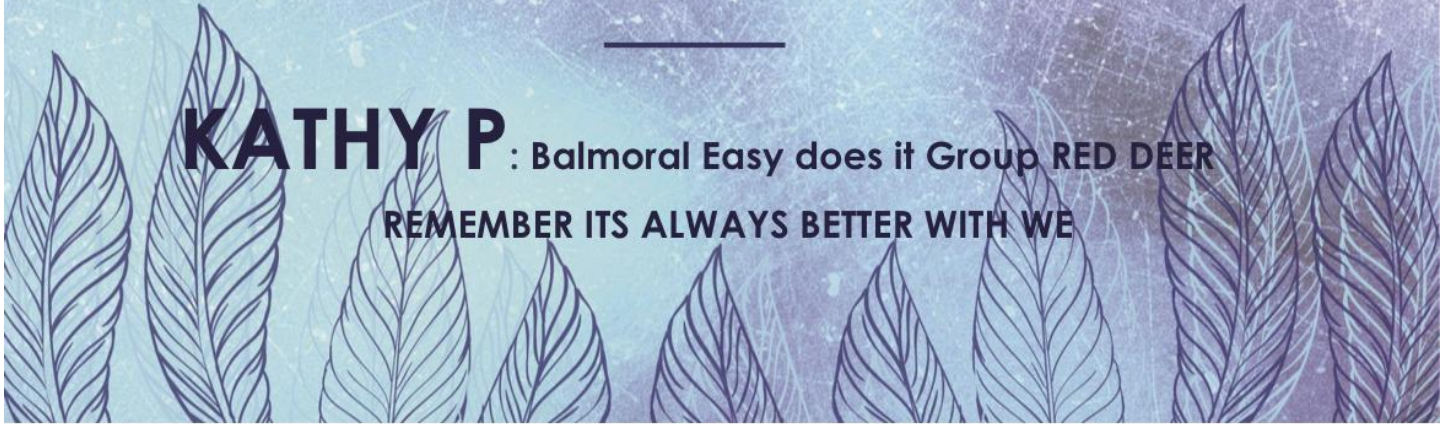
Please join our meeting
from your computer, tablet, or smartphone.

<https://www.gotomeet.me/BETTERDAYSGROUP>

Access Code: 858-492-805

phone number Canada (Toll Free): 1 888 455 1389

KATHY P : Balmoral Easy does it Group RED DEER
REMEMBER ITS ALWAYS BETTER WITH WE



THE BETTER DAYS GROUP



We Welcome you to our Speaker Meeting on Saturday
AUG 14TH 8:00pm

Please join our meeting from your computer, tablet, or smartphone.

<https://www.gotomeet.me/BETTERDAYSGROUP>

Access Code: 858-492-805 More phone numbers Canada (Toll Free): 1 888 455 1389

IDA S. From: The Better Days Group

FOREST LAWN FELLOWSHIP

4th Anniversary Alcathon

Sunday Sept. 5th - 2021

1830 52 Street S.E

Clayburn Center

SCHEDULE:

DOORS OPEN AT 8:45am

9:00am - Step 1 - 2 - 3

10:30am - Step 4

12:00pm - Step 5

1:30pm - Speaker

3:00pm - Step 6-7

4:30pm - Step 8-9

6:00pm - Step 10-11

7:30pm - Step 12



In the Spirit of The Fellowship



EVERYONE IS WELCOME

ALL Covid Protocols Shall Be Followed

Speaker: John B. – 61 Years Clean and Sober

Step 7 & Tradition 7

Step 7 – Humbly asked Him to remove our shortcomings.

SINCE this Step so specifically concerns itself with humility, we should pause here to consider what humility is and what the practice of it can mean to us.

Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all. Nearly all A.A.'s have found, too, that unless they develop much more of this precious quality than may be required just for sobriety, they still haven't much chance of becoming truly happy. Without it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can meet any emergency.

Humility, as a word and as an ideal, has a very bad time of it in our world. Not only is the idea misunderstood; the word itself is often intensely disliked. Many people haven't even a nodding acquaintance with humility as a way of life...

The chief activator of our defects has been self-centered fear—primarily fear that we would lose something we already possessed or would fail to get something we demanded. Living upon a basis of unsatisfied demands, we were in a state of continual disturbance and frustration. Therefore, no peace was to be had unless we could find a means of reducing these demands. The difference between a demand and a simple request is plain to anyone.

The Seventh Step is where we make the change in our attitude which permits us, with humility as our guide, to move out from ourselves toward others and toward God. The whole emphasis of Step Seven is on humility. It is really saying to us that we now ought to be willing to try humility in seeking the removal of our other shortcomings just as we did when we admitted that we were powerless over alcohol, and came to believe that a Power greater than ourselves could restore us to sanity. If that degree of humility could enable us to find the grace by which such a deadly obsession could be banished, then there must be hope of the same result respecting any other problem we could possibly have.

From Twelve Steps and Twelve Traditions, p.70, 76.

Tradition 7 – Every A.A. group ought to be fully self-supporting, declining outside contributions.

SELF-SUPPORTING alcoholics? Who ever heard of such a thing? Yet we find that's what we have to be. This principle is telling evidence of the profound change that A.A. has wrought in all of us. Everybody knows that active alcoholics scream that they have no troubles money can't cure. Always, we've had our hands out. Time out of mind we've been dependent upon somebody, usually moneywise. When a society composed entirely of alcoholics says it's going to pay its bills, that's really news.

Probably no A.A. Tradition had the labor pains this one did. In early times, we were all broke. When you add to this the habitual supposition that people ought to give money to alcoholics trying to stay sober, it can be understood why we thought we deserved a pile of folding money. What great things A.A. would be able to do with it! But oddly enough, people who had money thought otherwise. They figured that it was high time we now—sober—paid our own way. So our Fellowship stayed poor because it had to.

There was another reason for our collective poverty. It was soon apparent that while alcoholics would spend lavishly on Twelfth Step cases, they had a terrific aversion to dropping money into a meeting-place hat for group purposes. We were astounded to find that we were as tight as the bark on a tree. So A.A., the movement, started and stayed broke, while its individual members waxed prosperous...

Despite these misgivings, we had to recognize the fact that A.A. had to function. Meeting places cost something. To save whole areas from turmoil, small offices had to be set up, telephones installed, and a few full-time secretaries hired. Over many protests, these things were accomplished. We saw that if they weren't, the man coming in the door couldn't get a break. These simple services would require small sums of money which we could and would pay ourselves. At last the pendulum stopped swinging and pointed straight at Tradition Seven as it reads today.

From Twelve Steps and Twelve Traditions, p.160-162.