SUGGESTED 25¢ DONATION



A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

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AA Central Service Office 4021 – 4 St. S.E. Calgary, Alberta T2G 2W4 centraloffice@calgaryaa.org www.calgaryaa.org



INTERGROUP CONTACTS:

Intergroup Chairperson	cgigchair@gmail.com	Intergroup Alternate Chair	cgigalterchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	telmonitor@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
Westword Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centraloffice@calgaryaa.org	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	specevents@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

CGSC CONTACTS:

Chairperson	cgscchair@gmail.com	Alternate Chairperson	cgscaltchair@gmail.com
Treasurer	cgsctreasurer@gmail.com	Secretary	cgscsecretary@gmail.com
Treatment Chair	cgsctreatment@gmail.com	Corrections Chair	cgsccorrections@gmail.com
C.P.C. Chair	cgsccpc@gmail.com	Grapevine Chair	cgscgrapevine@gmail.com
Records & Registration Chair	cgscrecords@gmail.com	Intro to Service Chair	cgscintro@gmail.com
Bridging the Gap Chair	cgscbtg@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

MEETING CHANGES:

NEW MEETINGS

Came to - Sunday morning 9am Forestlawn fellowship room 1830 - 52st SE upstairs.

Saturday Night Fellowship, speaker meeting, Saturday, 7:30 pm, Forestlawn Fellowship Room, 1830 52 St. SE.

MEETING CHANGES

Steps, Stories & Beyond – are now back in the Penbrooke Community Centre as of March (6100 – 8 Ave SE). **Beautiful Hope Women's Group**, open, Mondays, 7:00 pm, Step/Tradition discussion, Mustard Seed Neighbor Centre, Madigan Plaza, 6060 Memorial Drive NE, Suite 24.

SouthView By the Book, Friday @ 7:30 pm is moving to the ForestLawn Fellowship Room at 1830 – 52 Street SE, Unit 208

Carstairs Sunday Night, Changing their time back to 7:30 pm and the location will be the Royal Canadian Legion, $121 - 10^{th}$ Ave N.

MEETING INFO

Shipwreck @ Sunset, On the first Friday of every month there will be a speaker meeting, speakers are from the Area 78 Service Committee. Speakers will speak about AA volunteer service work. The meeting has been changed from 9:30 pm to 8:00 pm. Zoom ID: 820 2747 0151

Mazatlan Zoom Meeting, new Zoom meeting at noon on Friday in sunny Mazatlan Mexico. Zoom ID: 721 2445 6307, Password: "unity"

Friday Night Trainwreck, Open, Fridays, 10 pm, 2+ hours, Step & Tradition, 200 Haddon Rd. SW, Rm. 200L (upstairs).

Awakening Meeting: Tuesday, Thursday and Saturday evenings at 7:00 pm. Zoom Meeting ID: 823 4331 8203. No Password required.

June 2021 THE WESTWORD

HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

		N	lay				Ju	ne	
Airdrie Cou	intry Group	Midnapo	re Group	New Be	ginnings	Airdrie Back	From Hell	Ogden G	iroup
Scott H.	2 Years	Bill G.	4 Years	Jen S.	3 Years	Candace w.	4 Years	Kirby L.	4 Years
KC	10 Years	Mathew M.	4 Years	Shannon E.	7 Years	Brad H.	7 Years	Deb D.	10 Years
Central	Recover	Ben T.	5 Years	Jill L.	8 Years	Airdrie Cou	ntry Group	Don B.	11 Years
Dave M.	13 Years	Dave M.	5 Years	Kena	10 Years	Keith	6 Years	Tony K.	13 Years
Deer Rid	ge Group	Tracey B.	5 Years	Ogden	Group	Ute	11 Years	Shannon T.	15 Years
Taylor	4 Years	Angelina O.	6 Years	Diane D.	6 Years	Ken	13 Years	Maryan Mc.	23 Years
Harold	13 Years	April S.	6 Years	Doug H.	6 Years	Awakenir	g Group	Regal G	roup
Cliff B.	32 Years	Ted W.	6 Years	Nicole R.	7 Years	Crystal J.	1 Year	Taylor I.	6 Years
Edgemo	nt Group	Dianne B.	7 Years	Roy F.	29 Years	Darcy F.	3 Years	Ted M.	44 Years
Kellen M.	17 Years	Brydo D.	8 Years	Recover	ry Group	Deer Ridg	e Group	Rule	62
Dave R.	19 Years	Chuck N.	10 Years	Susan B.	2 Years	Paul C.	9 Years	Sarah M.	7 Years
June J.	19 Years	Bruce S.	14 Years	Leanne N.	3 Years	Nancy P.	17 Years	Unity G	roup
Tom W.	23 Years	Brad W.	16 Years	Joanna C.	7 Years	Tammy G.	29 Years	Jim H.	20 Years
Fraser G.	49 Years	Wendy S.	17 Years	Regal	Group	Denny B.	31 Years	Iva P.	37 Years
Garne	t Block	Daryl L.	25 Years	Paul G.	7 Years	Margot C.	38 Years		
Ray H.	1 Year	Sylvia	29 Years	Rul	e 62	Edgemon	t Group		
Sean	1 Year	Shirley T.	34 Years	Larry D.	7 Years	Brent M.	23 Years		
Ben F.	2 Years	McKenzi	e Towne	Nate M.	7 Years	Harvest Hill	s Big Book	McKenzie	Towne
Case	5 Years	Josh B.	2 Years	Wednesday	Morning eye	Stuart C.	5 Years	Cory F.	1 Year
Nicole R.	7 Years	Jenn	4 Years	Оре	ener	Shalee S.	6 Years	Joanne M.	4 Years
Marty B.	16 Years	Tiffany T.	5 Years	Marty B.	7 Years	Sandra B.	8 Years	Des M.	4 Years
Marilyn S.	18 Years	Denis L.	10 Years	Tom M.	26 Years	Kincora	Group	Kristin M.	5 Years
Bea	40 Years	Rafal K.	11 Years	Stella B.	40 Years	David M.	32 Years	Rachelle T.	5 Years
Glenmo	re Group	Katie M.	11 Years	Bill M.	58 Years	Emillian	34 Years	Margery K.	17 Years
Travis	2 Years	Shelley A.	14 Years		d Step &	MATT	Group	Kirk M.	1 Year
Mike	6 Years	Bren C.	27 Years	Traditio	n Group	Grant C.	36 Years		
Claire	8 Years	James C.	27 Years	Nick L.	35 Years	Midnapoi	re Group		
Melissa	11 Years	Wayne C.	29 Years	Pete DeF.	40 Years	Cole C.	3 Years		
David W.	15 Years	NADZIEJ	A Group	Peter G.	43 Years	Gen F.	4 Years		
Harvest F	lills Group	Hubert K.	1 Year	Denny B.	47 Years	Tammy M.	5 Years		
John H.	2 Years	Lukasz B.	1 Year			Wayne G.	5 Years		
Deepy G.	3 Years	Iwona K.	2 Years	-		Tyler C.	6 Years		
Just fo	r Today	Krzysztof M.	11 Years			Dan C.	7 Years		
Dodie	50 Years	Joanna C.	12 Years			Jacob C.	7 Years		
Kincor	a Group					Kristen B.	9 Years		
Kinda W.	6 Years					James C.	10 Years]	
Maureen	10 Years								
Knox N	looners								
Bob C.	38 Years								

Service Opportunities

Upcoming CGSC Service Commitments

Treatment Facility	AA Groups for May	AA Group June
Renfrew Tuesday	CANCELLED	CANCELLED
Renfrew Thursday	CANCELLED	CANCELLED
Renfrew Fridays (zoom)	CANCELLED	Primary Purpose Group
Sunrise	New Beginnings	Unity Group
Alpha House	CANCELLED	CANCELLED
Dream Centre	Midnapore Group	Morning Bridge
Sandstone (Friday)	Primary Purpose	June 11, Zach

Upcoming Intergroup Service Commitments

Sunday Morning (9:30am)	
Intergroup Zoom Meeting	
ID: 639 139 785	
Password: 531069	AA Group
(Ramada Breakfast Meeting)	
June 06, 2021	McKenzie Towne
June 13, 2021	Ogden Group
June 20, 2021	Saturday Morning Bridge
June 27, 2021	Haddon Road
July 4, 2021	Garnet Block
July 11, 2021	

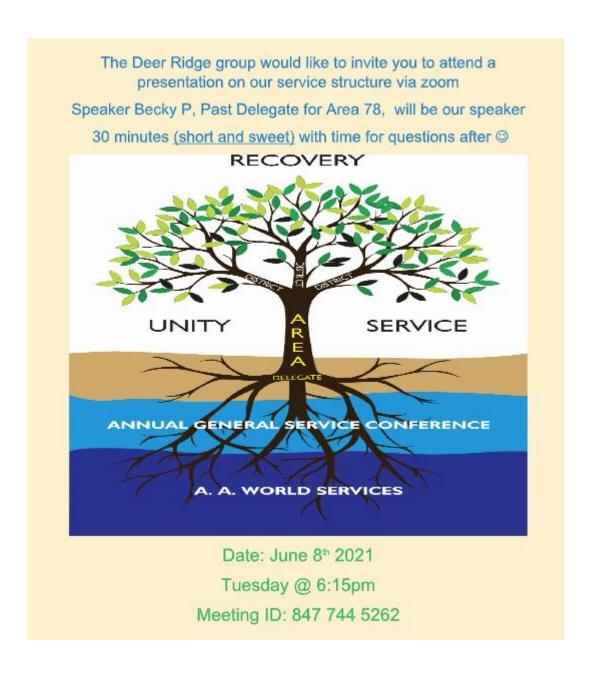
Phone Monitoring Dates	AA Group
May 31 – June 6	Daily Reflections
June 7 – 13	Knox-Mustard Seed
June 14 – 20	PPG
June 21 – 27	Haddon Road
June 28 – July 4	
July 5 – 11	
July 12 - 18	

Calls for service

'Intro to Service' is forming a new Committee as of February 6, first Thursday of every month. Meetings will be held at @ 7:00PM. We will be working with All Calgary Districts, DCM, GSR, Intergroup Reps, and over the next 2 years will involve all forms of our Service Body. This will be the hottest New Committee out there. If you are Interested in service Please Attend! CGSCintro@gmail.com

Bridging the Gap needs: Temporary Contacts, Committee members, Speakers for Detox centres. Interested? BTG meets every 3rd Thursday of the month. Zoom Meeting ID: 985 155 6437 or Email: cgscbtg@gmail.com

	LIST OF EVE	ENTS
DATE	EVENT	DETAILS
Tuesday, June 08, 2021	Deer Ridge Group: Presentation on our Service Structure	Please see attached poster for zoom information. Presentation is 30 minutes and starts at 6:15 pm MT
Thursday, June 10, 2021	C.P.C. Committee: Information Session for Professionals	Please see attached flyer for more details. Lots of fantastic content from 11:30am to 1:00 pm MT.
Friday, Saturday, Sunday, July 9 – 11, 2021	6 th Annual Unity & Service Conference	Please register online at https://www.unityandserviceconference.org/ . See attached flyer for more information.



The June 2021 Issue of GRAPEVINE is here!



On the Cover: Dating and Relationships

To view the Table of Contents, click here.

Some stories include:

It takes love

Today, thanks to AA, I have a kind and loving partner. This did not always seem like a possibility for me.

Amends with the ex

For nine years, I waffled about a particular situation on my Fourth Step and the subsequent amends that would be needed.

Something Better

I grew up in a middle class home, the only child of my mother and the only girl for my father.

A Great Ex-Wife

A few days ago, I was sitting in a hospital room, holding hands with my ex-husband while he was recovering from serious internal complications.





WE WELCOME YOU TO THE BETTER DAYS GROUP SPEAKER MEETING

JUNE 12TH 2021. AT 8:00pm

ONLINE OPENS <u>AT 7:30PM</u> - MEETING <u>STARTS AT 8:00PM</u>
Please join our meeting from your computer,
tablet or smartphone.

https://www.gotomeet.me/BETTERDAYSGROUP

ACCESS CODE BELOW

You can also dial in using your phone. Canada (Toll Free): <u>1 888 455 1389</u>

Access CODE: 858-492-805

Come To hear; What it was like, What happen, What it is like Today



TONY F. from the GARNET BLOCK

The 12 Concepts

The Rest of the Service Manual

A Second Series

offered by a

Quartet of Delegates
(An International Affair)
excited to invite you
to join us in
learning more about
the 12 Concepts.

Thursdays
May 20-June 24
7pm-8:30pm EST
Room opens at 6:30pm EST

Zoom log in information: 882 8095 8514

Pass Code:

327551

F.M.I.

2021SMStudy@gmail.com

Ferry H., Nikki O., Cynthia T., J.J. S

	Sch	nedule	
May 20	Concept 1 Concept 2		AAWS Trustee E. Canada Trustee
May 27	Concept 3 Concept 4		Past Trustee at Large Trustee at Large, CA
June 3	Concept 5 Concept 6	Nagini V. Kathi F.	Past Delegate P. Regional Trustee
June 10	Concept 7 Concept 8		Past Delegate Past Trustee
June 17	Concept 9 Concept 10		Past Delegate Past Delegate
June 24	Concept 11 Concept 12	Elaine O. J. Buck R.	Past Delegate Past Delegate
pro	he weekl include esentation Q eek 6, Jun 2-hour w	2 Conce ns follow & A ne 24, w yorksho	ept wed by ill be a p to



C.P.C. COMMITTEE (COOPERATION WITH THE PROFESSIONAL COMMUNITY)

Members of C.P.C. committees inform Professionals and future Professionals about A.A.

Our **Mission** is to Cooperate with non-alcoholic Professionals in an effective way to provide information about AA to those that have contact with alcoholics through their Profession.

ZOOM LOGIN INFORMATION

Meeting ID: 249 154 1082 Password: 720467

https://us02web.zpom.us/i/2491541082?pwd= Q0IGb2RSRmNnaFJjaEFoZkVCd3FsUT09

FOR MORE INFORMATION

Brian I.

C.P.C. Chairperson

Email: cqsccpc@gmail.com or

Text: 587-717-1369

or

Meeting Coordinator

aacpcevents@gmail.com

PLEASE RSVP

Email: cqsccpc@qmail.com
Or: aacpcevents@qmail.com

ALCOHOLICS ANONYMOUS

Information Session for Professionals

If in your Professional life you come in contact with individuals experiencing problems with Alcohol, please join us for this informative session.

Thursday June 10th, 2021 11:30 am – 1:00 pm

11:30am – 12:15pm: Presentation & Speaker
12:15pm – 1:00pm: Q & A small group breakout
sessions with Professionals and AA members.

PROGRAM DETAILS

AA Information Presentation

We will provide you a briefyet comprehensive look at the History of AA, What AA is, what we do, what we do not do, how to find us, and other important information about us. (approx. 15 min.)

A Story of Success

One of our members will share their story of recovery through the 12 Steps of Alcoholics Anonymous. They will share about "What it was like, what changed, and what it's like now". (approx. 15-20 min)

What we can do for you!

Learn what the C.P.C. Committee is, what we do, and how we may be able to help you to help others. If your Profession puts you in contact with anyone struggling with problem drinking or Alcoholism, we would like to help. (approx. 5 min.)

Q&A Open discussion in small group breakoutrooms

Ask anything about us in this rare opportunity and candid session with some of our AA members. Don't be shy, were not!

WHY SHOULD YOU ATTEND?

Learn about Alcoholics Anonymous and Recovery directly from our members. Many of us were referred to AA by Professionals just like you!

Learn how the C.P.C. can Cooperate with Professionals and be helpful to those you may serve that are struggling with alcohol.

Learn how referring your employees, clients, patients, parishioners, or friends and family to us can help you to help them.

WHO CAN ATTEND?

Professionals: Anyone who through their Profession may encounter individuals struggling with alcohol is encouraged to attend.

Please share this invitation with others that may benefit!

<u>AA Members</u>: All AA members are welcome. Only CPC committee members will join Professionals in the breakout rooms. **Non C.P.C. AA** members will be offered a C.P.C. information session at that time.



Naming an A.A. Group

No matter how noble the activity or institution, experience has taught A.A. groups to carefully avoid any affiliation with or endorsement of any enterprise outside A.A.

Tradition Six:

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Even the appearance of being linked to any organization, club, or political or religious institution needs to be avoided.

Therefore, an A.A. group that meets in a correctional or treatment facility or a church should take care not to use the institution's name, but to call itself something quite different. This makes it clear that the A.A. group is not affiliated with the hospital, church, prison, treatment facility, or whatever, but simply rents space there for meetings.

Pg17.

https://www.aa.org/assets/en_US/p-16_theaagroup.pdf

Step 6 & Tradition 6

<u>Step 6</u> – Were entirely ready to have God remove all these defects of character.

So Step Six-"Were entirely ready to have God remove all these defects of character"-is A.A.'s way of stating the best possible attitude one can take in order to make a beginning on this lifetime job. This does not mean that we expect all our character defects to be lifted out of us as the drive to drink was. A few of them may be, but with most of them we shall have to be content with patient improvement. The key words "entirely ready" underline the fact that we want to aim at the very best we know or can learn.

How many of us have this degree of readiness? In an absolute sense practically nobody has it. The best we can do, with all the honesty that we can summon, is to try to have it. Even then the best of us will discover to our dismay that there is always a sticking point, a point at which we say, "No, I can't give this up yet." And we shall often tread on even more dangerous ground when we cry, "This I will never give up!" Such is the power of our instincts to overreach themselves. No matter how far we have progressed, desires will always be found which oppose the grace of God.

Some who feel they have done well may dispute this, so let's try to think it through a little further. Practically everybody wishes to be rid of his most glaring and destructive handicaps. No one wants to be so proud that he is scorned as a braggart, nor so greedy that he is labeled a thief. No one wants to be angry enough to murder, lustful enough to rape, gluttonous enough to ruin his health. No one wants to be agonized by the chronic pain of envy or to be paralyzed by sloth. Of course, most human beings don't suffer these defects at these rock-bottom levels.

We who have escaped these extremes are apt to congratulate ourselves. Yet can we? After all, hasn't it been self-interest, pure and simple, that has enabled most of us to escape? Not much spiritual effort is involved in avoiding excesses which will bring us punishment anyway. But when we face up to the less violent aspects of these very same defects, then where do we stand?

From Twelve Steps and Twelve Traditions, p.65-66.

<u>Tradition 6</u> – An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

The moment we saw that we had an answer for alcoholism, it was reasonable (or so it seemed at the time) for us to feel that we might have the answer to a lot of other things. The A.A. groups, many thought, could go into business, might finance any enterprise whatever in the total field of alcoholism. In fact, we felt duty-bound to throw the whole weight of the A.A. name behind any meritorious cause.

Here are some of the things we dreamed. Hospitals didn't like alcoholics so we thought we'd build a hospital chain of our own. People needed to be told what alcoholism was, so we'd educate the public, even rewrite school and medical textbooks. We'd gather up derelicts from skid rows, sort out those who could get well, and make it possible for the rest to earn their livelihood in a kind of quarantined confinement. Maybe these places would make large sums of money to carry on other good works...

Yes, we of A.A. did dream those dreams. How natural that was, since most alcoholics are bankrupt idealists. Nearly every one of us had wished to do great good, perform great deeds, and embody great ideals. We are all perfectionists who, failing perfection, have gone to the other extreme and settled for the bottle and the blackout. Providence, through A.A., had brought us within reach of our highest expectations.

Whereupon we tried A.A. hospitals—they all bogged down because you cannot put an A.A. group into business; too many busybody cooks spoil the broth. A.A. groups had their fling at education, and when they began to publicly whoop up the merits of this or that brand, people became confused. Did A.A. fix drunks or was it an educational project? Was A.A. spiritual or was it medical? Was it a reform movement?...

These adventures implanted a deep-rooted conviction that in no circumstances could we endorse any related enterprise, no matter how good. We, of Alcoholics Anonymous could not be all things to all men, nor should we try.

From Twelve Steps and Twelve Traditions, p.155-156.