

SUGGESTED 25c DONATION



THE WESTWORD

A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

To receive a digital copy of the WestWord please email westwordeditor@gmail.com

Central Office welcomes you back!

Renovations are 99% complete.

The coffee is on.

Service committees are returning to in-person evening meetings at the office. Some phone monitors are taking their shifts at the office. So if you've haven't done so yet, come in to see the beautiful new office.



Stay tuned for the Grand
Opening Party announcement.

REGULAR OFFICE HOURS

Mon–Fri, 8:30am–5:00pm

Closed 1:00pm–2:00pm for lunch

Closed Saturdays

HOLIDAY CLOSURES

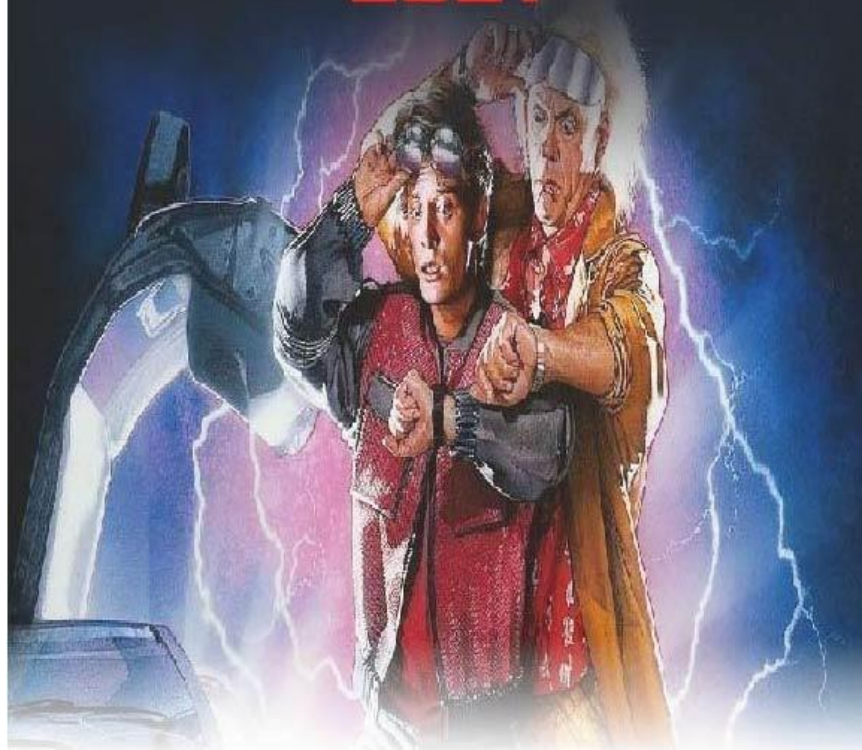
Labour Day, Mon. Sept. 6, 2021

AA Central Service Office
4021 – 4 St. S.E.
Calgary, Alberta T2G 2W4

centraloffice@calgaryaa.org
www.calgaryaa.org

"RESENTMENTS? WHERE WE'RE GOING WE DON'T NEED RESENTMENTS"

BACK TO THE FELLOWSHIP PIONEERS DINNER 2021



COME AND CELEBRATE THE FOUNDERS OF CALGARY AA!

DATE & TIME: OCTOBER 16TH 2021, 1PM–6PM

LOCATION: DALHOUSIE COMMUNITY CHURCH – 5511 BAROC RD NW, CALGARY

TICKET PRICE: \$35.00 (INCLUDES ADMISSION AND MEAL)

TICKETS AVAILABLE: THROUGH YOUR GROUPS INTERGROUP REP. OR AT CENTRAL OFFICE

INCLUDES: PANEL SPEAKERS, SPEAKERS, 50/50 DRAW, SOBRIETY COUNTDOWN & MORE!

DINNER: *MEAT, VEGETARIAN, AND SPECIAL DIETARY OPTIONS AVAILABLE*

CONTACT: CGIGBANFFCHR@GMAIL.COM

ZOOM OPTION (NO MEAL PROVIDED): 7TH TRADITION DONATION

ZOOM INFO: LOGIN 884 0671 0381 PASSWORD BTF2021

*DINNER SELECTION WILL BE CONFIRMED WHEN TICKET IS PURCHASED

INTERGROUP CONTACTS:

Intergroup Chairperson	cgigchair@gmail.com	Intergroup Alternate Chair	cgigalterchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	telmonitor.calgary@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
Westword Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centraloffice@calgaryaa.org	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	specevents@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

CGSC CONTACTS:

Chairperson	cgscchair@gmail.com	Alternate Chairperson	cgscaltchair@gmail.com
Treasurer	cgsc treasurer@gmail.com	Secretary	cgscsecretary@gmail.com
Treatment Chair	cgsc treatment@gmail.com	Corrections Chair	cgsc corrections@gmail.com
C.P.C. Chair	cgsc cpc@gmail.com	Grapevine Chair	cgsc grapevine@gmail.com
Records & Registration Chair	cgsc records@gmail.com	Intro to Service Chair	cgsc intro@gmail.com
Bridging the Gap Chair	cgsc btg@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

MEETING CHANGES:NEW MEETINGS

Came to - Sunday morning 9am Forest Lawn Fellowship Room 1830 - 52st SE upstairs.

Saturday Night Fellowship, speaker meeting, Saturday, 7:30 pm, Forest lawn Fellowship Room, 1830 52 St. SE.

MEETING CHANGES

Steps, Stories & Beyond – are now back in the Penbrooke Community Centre as of March (6100 – 8 Ave SE).

Beautiful Hope Women's Group, open, Mondays, 7:00 pm, Step/Tradition discussion, Mustard Seed Neighbor Centre, Madigan Plaza, 6060 Memorial Drive NE, Suite 24.

SouthView By the Book, Friday @ 7:30 pm is moving to the Forest Lawn Fellowship Room at 1830 – 52 Street SE, Unit 208

Carstairs Sunday Night, Changing their time back to 7:30 pm and the location will be the Royal Canadian Legion, 121 – 10th Ave N.

MEETING INFO - REOPENING MEETINGS

Thursday Night Ladies, meeting at 7pm at Woodcliffe United Church. Meeting in person for Sept. and Oct.

AMEN Group – are now back at Hope Lutheran Church, 3527 Boulton Rd. NW, Tuesday evenings at 7:30pm

Better Days Group, Re-opening for in-person meetings August 07, 2021, Saturday, 8:00 pm.

Airport Group, Re-opening for in-person AA meetings at 210-10 Ave NE (Danish Lutheran Church), September 01, 2021, Wednesday, 8:00 pm.

Mazatlan Zoom Meeting, new Zoom meeting at noon on Friday in sunny Mazatlan Mexico. Zoom ID: 721 2445 6307, Password: "unity"

Awakening Meeting: Tuesday, Thursday and Saturday evenings at 7:00 pm. Zoom Meeting ID: 823 4331 8203. No Password required.

CANCELLED MEETING

Know the Difference, Friday night @ 6 PM will be closed effective immediately.

HAPPY BIRTHDAY!



All birthdays are entered as received. Birthdays are posted for the month past, and the current month of issue.

August						September			
ABC Group		McKenzie Towne		Regal Group		ABC Group		Midnapore Group	
Lib B.	35 Years	Dale M.	2 Years	Chris C.	4 Years	Matthew	1 Year	Deneen S.	2 Years
Airdrie Country Group		Dave S.	4 Years	Brad I.	7 Years	Bruce M.	4 Years	Jeannine C.	3 Years
Pam R.	2 Years	Lenny F.	7 Years	Darcy W.	37 Years	Thomas M.	12 Years	Sierra V.	4 Years
Sharon	8 Years	Ryan M.	11 Years	Rule 62		Gordon F.	21 Years	Todd N.	5 Years
Awakenings Group		Geoff I.	12 Years	Simon G.	1 Year	Airdrie Country Group		Neil L.	6 Years
Vince H.	6 Years	Coleen K.	25 Years	Steps, Stories & Beyond		Bill F.	52 Years	David F.	7 Years
Mike K.	8 Years	Midnapore Group		Dan L.	1 Year	Airdrie Back to the Book		Harold J.	11 Years
Bob J.	34 Years	Christopher	2 Years	Wednesday Morning Eye Opener		Barb L.	1 Year	Stephanie B.	16 Years
Pat J.	39 Years	Josh R.	2 Years			Wendy H.	5 Years	Samantha T.	31 Years
Chinook Group		Kim B.	3 Years	Orland W.	35 Years	Shannon A.	10 Years	Northwest Calgary	
Grace P.	36 Years	Lynda W.	3 Years	White Sheep		Shandi P.	14 Years	Rufus B.	1 Year
Deer Ridge Group		Preston S.	3 Years	David O'C	15 Years	Awakenings Group		Evern M.	3 Years
Gord D.	13 Years	Devon M.	5 Years	Phil L.	20 Years	Audrey U.	4 Years	Michelle E.	4 Years
Marc U.	19 Years	Matt B.	5 Years	272 Group		Back From Hell (Airdrie)		Jarred W.	5 Years
Kim G.	34 Years	Matt S.	5 Years	Tom M.	10 Years	Peter F.	47 Years	Dwyla F.	11 Years
Glenmore Group		Ryan M.	5 Years			Harvest Hills Group		Kenny N.	19 Years
Rick C.	1 Years	Jeff Z.	6 Years			Frances	1 Year	Leslie P.	22 Years
Rufus B.	1 Years	Wayne R.	6 Years			Lynn A.	19 Years	Roger D.	34 Years
Thais N.	1 Years	Matt L.	7 Years			David H.	21 Years	NADZIELA	
Beth	1 Years	Rolan M.	11 Years			Knox Nooner		Jeremy D.	31 Years
Davin	2 Years	Emile W.	21 Years			Robyn B.	1 Year	Ogden Group	
Sebastian	2 Years	Alice M.	47 Years			Gary M.	2 Years	Mike H.	8 Years
Wray	3 Years	New Beginnings				Linda B.	28 Years	Jordan D.	9 Years
Bill S.	9 Years	Miriam K.	3 Years			MATT Group		Veronica D.	9 Years
Nellie	10 Years	Angie A.	4 Years			Troy C.	2 Years	Austin M.	14 Years
Dave H.	21 Years	Tonya D.	5 Years			Troy F.	4 Years	Yvonne S.	18 Years
Harvest Hills Big Book		Sarah B.	5 Years			James S.	5 Years	Andy B.	34 Years
Darcy M.	2 Years	Jarrett H.	8 Years			Mckenzie Towne		Regal Group	
Becky H.	5 Years	Janine H.	9 Years			Mike R.	7 Years	Mark G.	7 Years
Sylvia S.	12 Years	Randy	10 Years			Nathalie F.	7 Years	272 Group	
Kincora Group		Don M.	16 Years			Tom M.	8 Years	Jim A.	4 Years
Jim I.	19 Years	Lise W.	21 Years	John R.	10 Years				
Knox Nooners		Ogden Group		Gail H.	12 Years				
Manny M.	4 Years	Stacy G.	5 Years	Katie D.	13 Years				
Dave H.	9 Years	Mary S.	19 Years	Liz W.	23 Years				
MAAT Group		Karol K.	45 Years	Bryan F.	34 Years				
Doug B.	1 Year								
Marshall D.	39 Years								
Reid M.	51 Years								

Service Opportunities

Upcoming CGSC Service Commitments

Treatment Facility	AA Groups for August	AA Group for September
Renfrew Tuesday	CANCELLED	CANCELLED
Renfrew Thursday	CANCELLED	CANCELLED
Renfrew Fridays	CANCELLED	Primary Purpose Group
Sunrise	Garnet Block	Ogden
AARC	Primary Purpose	Rule 62
Dream Centre	Daily Reflections	Randomly Asked Speakers
Sandstone (Friday)	Primary Purpose	Liz

Upcoming Intergroup Service Commitments

Sunday Morning (9:30am) Ramada Breakfast Meeting (Breakfast starts @ 8:30am)	AA Group	Phone Monitoring Dates	AA Group
September 05, 2021	Daily Reflections	Aug. 30 – Sept. 05	Beautiful Hope
September 12, 2021	Rule 62	September 06 – 12	New Beginnings
September 19, 2021		September 13 – 19	Haddon Road
September 26, 2021		September 20 – 26	Daily Reflections
October 03, 2021		Sept. 27 – Oct. 03	Glenmore
October 10, 2021		October 04 – 10	
		October 11 – 17	

Calls for service

'Intro to Service' is forming a new Committee as of February 6, first Thursday of every month. Meetings will be held at @ 7:00PM. We will be working with All Calgary Districts, DCM, GSR, Intergroup Reps, and over the next 2 years will involve all forms of our Service Body. This will be the hottest New Committee out there. If you are Interested in service Please Attend!

CGSCintro@gmail.com

Bridging the Gap needs: Temporary Contacts, Committee members, Speakers for Detox centres. Interested? BTG meets every 3rd Thursday of the month. Zoom Meeting ID: 985 155 6437 or Email:

cgsbctg@gmail.com

12 Step List (1-Year Sobriety): Looking for a service opportunity? Add your name and number to the list for 12 step calls. This list is used when a caller needs to talk to another alcoholic. All we need is your availability and which part of the city you live in/are willing to travel to.

E-mail: cgig12steplist@gmail.com

LIST OF EVENTS/BOOK STUDIES

DATE	EVENT	DETAILS
Saturday, September 04, 2021	Intergroup Post Pandemic Recovery Party!	Please see the attached poster on the front page for more information for this super fantastic event! YAY!
Sunday, September 05, 2021	Forest Lawn Fellowship Alcathon.	Doors open at 8:45 am for the 4 th Anniversary Alcathon of the Forest Lawn Fellowship.
Sunday, September 12, 2021	Haddon Road Big Book Study	Starting on Sunday September 12 th there will be a Big Book study starting. The meeting is from 2-4 pm and will continue on Sundays until December 12, 2021.
Saturday, October 02, 2021	District 77 Annual Family Potluck Picnic	Enjoy a potluck picnic from 10am to 2pm at Bowness Park Site #3. Please see attached poster for more information.
Saturday, October 16, 2021	Pioneers Dinner	The Pioneers Dinner is back in person and has online options as well. It will be located at the Dalhousie Community Church from 1pm to 6pm. Please see poster for more information.

Big Book Study held at New Beginnings
 3216, 380 Canyon Meadows Drive SE
 Fish Creek Village
 2nd floor

Monday Sept. 20, 2021
 Time 6:30 to 8:00 PM

Facilitated by Mary S and Rob O
 Bring your big book and highlighters

Enjoy and great night of teaching and
 fellowship

Hope to see you there

The September 2021 Issue of GRAPEVINE is here!



On the Cover: Young & Sober

To view the Table of Contents, click here.

Some stories include:

Good friends & epic dances

My mom asked me once what she had done wrong. Why had I become an alcoholic? Why did I turn out the way I did?

Bounding Around

My friends in high school knew I was a drunk. In my senior year, they even voted me as the one most likely to end up living on a park bench.

Young sober & free

It was October 28, 1988, my 21st birthday. I was at an AA Halloween dance in Nashville, Tennessee. And I was sober.

Sober at 15

I came into the rooms of AA when I was just 15. That was 40 years ago, and I have maintained continuous sobriety ever since.

Announcement:

The Banff Roundup: Covid Edition Speaker Recordings are available to all on the website www.banffroundup.com

This vital 12th Step Work is available and accessible to anyone who needs it. Speaker anonymity has been protected by using only audio, last initials, and not including the option to download the recording to discourage distribution. The recordings and website were created by members of the Roundup Committee, all AA members conducting service work for their own recovery and the good of AA. The website hosting and domain is paid for by the Roundup Committee which is a part of Calgary Intergroup/Calgary Central Office. To ensure we can continue to do so, and that we remain self supporting and free from outside influences, please consider sending 7th Tradition Contributions to centraloffice@calgaryaa.org. Full statements on Tradition 7 and 11 can be found on the website and all questions directed to cgigbanffchr@gmail.com

FOREST LAWN FELLOWSHIP

4th Anniversary Alcathon

Sunday Sept. 5th - 2021

1830 52 Street S.E

Clayburn Center

SCHEDULE:

DOORS OPEN AT 8:45am

9:00am - Step 1 - 2 - 3

10:30am - Step 4

12:00pm - Step 5

1:30pm - Speaker

3:00pm - Step 6-7

4:30pm - Step 8-9

6:00pm - Step 10-11

7:30pm - Step 12



In the Spirit of The Fellowship



EVERYONE IS WELCOME

ALL Covid Protocols Shall Be Followed



**BETTER DAYS GROUP
WELCOMES YOU TO
OUR SPEAKER
MEETING**

HELMUT J. from THE FOREST LAWN GROUP

September 11TH 2021

AT: 8:00PM

**1432 19TH STREET N.E.
CALGARY**

*District 77 Annual
Family
POTLUCK PICNIC*



Saturday October 2nd

Bowness Park Site 3

We will supply
Burgers – Hotdogs – Fixin's & Refreshments

POTLUCK ITEMS APPRECIATED

*Vegetables *Fruits *Salads *Chips/snacks *Cookies/Squares

10 AM - 2PM
7th Tradition

Come join us for an afternoon of fellowship
Bring your own chairs and
picnic games – footballs, frisbees, etc

Hosted by NW Calgary Group

Step 9 & Tradition 9

Step 9 - "Made direct amends to such people wherever possible, except when to do so would injure them or others."

GOOD judgment, a careful sense of timing, courage, and prudence—these are the qualities we shall need when we take Step Nine.

After we have made the list of people we have harmed, have reflected carefully upon each instance, and have tried to possess ourselves of the right attitude in which to proceed, we will see that the making of direct amends divides those we should approach into several classes. There will be those who ought to be dealt with just as soon as we become reasonably confident that we can maintain our sobriety. There will be those to whom we can make only partial restitution, lest complete disclosures do them or others more harm than good. There will be other cases where action ought to be deferred, and still others in which by the very nature of the situation we shall never be able to make direct personal contact at all.

Most of us begin making certain kinds of direct amends from the day we join Alcoholics Anonymous. The moment we tell our families that we are really going to try the program, the process has begun. In this area there are seldom any questions of timing or caution. We want to come in the door shouting the good news. After coming from our first meeting, or perhaps after we have finished reading the book "Alcoholics Anonymous," we usually want to sit down with some member of the family and readily admit the damage we have done by our drinking. Almost always we want to go further and admit other defects that have made us hard to live with. This will be a very different occasion, and in sharp contrast with those hangover mornings when we alternated between reviling ourselves and blaming the family (and everyone else) for our troubles. At this first sitting, it is necessary only that we make a general admission of our defects. It may be unwise at this stage to rehash certain harrowing episodes. Good judgment will suggest that we ought to take our time. While we may be quite willing to reveal the very worst, we must be sure to remember that we cannot buy our own peace of mind at the expense of others.

From Twelve Steps and Twelve Traditions, p.83-84

Tradition 9 - "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

When Tradition Nine was first written, it said that "Alcoholics Anonymous needs the least possible organization." In years since then, we have changed our minds about that. Today, we are able to say with assurance that Alcoholics Anonymous—A.A. as a whole—should never be organized at all. Then, in seeming contradiction, we proceed to create special service boards and committees which in themselves are organized. How, then, can we have an unorganized movement which can and does create a service organization for itself? Scanning this puzzler, people say, "What do they mean, no organization?"

Well, let's see. Did anyone ever hear of a nation, a church, a political party, even a benevolent association that had no membership rules? Did anyone ever hear of a society which couldn't somehow discipline its members and enforce obedience to necessary rules and regulations? Doesn't nearly every society on earth give authority to some of its members to impose obedience upon the rest and to punish or expel offenders? Therefore, every nation, in fact every form of society, has to be a government administered by human beings. Power to direct or govern is the essence of organization everywhere.

Yet Alcoholics Anonymous is an exception. It does not conform to this pattern. Neither its General Service Conference, its Foundation Board, * nor the humblest group committee can issue a single directive to an A.A. member and make it stick, let alone mete out any punishment. We've tried it lots of times, but utter failure is always the result. Groups have tried to expel members, but the banished have come back to sit in the meeting place, saying, "This is life for us; you can't keep us out." Committees have instructed many an A.A. to stop working on a chronic backslider, only to be told: "How I do my Twelfth Step work is my business. Who are you to judge?" ...

Just as the aim of each A.A. member is personal sobriety; the aim of our services is to bring sobriety within reach of all who want it.

From Twelve Steps and Twelve Traditions, p.172-175.