

SUGGESTED 25¢ DONATION



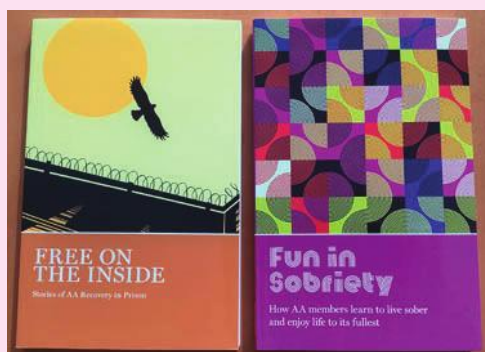
A MONTHLY NEWSLETTER PUBLISHED BY THE CALGARY INTERGROUP OF AA

To receive a digital copy of the WestWord please email westwordeditor@gmail.com

Central Office News

NEW FROM THE GRAPEVINE

Two new books have arrived at Central Office: *Free on the Inside* and *Fun in Sobriety*.



REGULAR OFFICE HOURS

Mon–Fri, 8:30am–5:00pm
(Closed 1-2pm for lunch)
Saturdays 9:00am–1:00pm

HOLIDAY CLOSURES

VICTORIA DAY

Saturday, May 21, 2022
& Monday, May. 23, 2022

AA Central Service Office
4021 – 4 St. S.E.
Calgary, Alberta T2G 2W4
centraloffice@calgaryaa.org
www.calgaryaa.org

39th Annual Gratitude Roundup!!

Save the dates!!

When: **June 10, 11, 12, 2022**

Where: Glenmore Inn, 2720 Glenmore Trail S.E.,
Calgary, AB

Reservations call 403-279-8611 or
visit: <http://www.glenmoreinn.com>

What: Roundup Features include: Fellowship-Speaker Meetings- AA Workshops - Ice Cream Social - AA Literature Table- AA Archives Display- Al-Anon Literature Table - World's Largest Gratitude Globe.

Details on tickets and registration will be coming soon. Keep watching our website:
<http://www.gratituderoundup.com>
for updates.

Sponsored by Calgary General Service Committee

INTERGROUP CONTACTS:

Intergroup Chairperson	cgigchair@gmail.com	Intergroup Alternate Chair	cgigalterchair@gmail.com
Intergroup Archives Chair	cgigarchives@gmail.com	Telephone Monitoring Chair	telmonitor.calgary@gmail.com
Public Information Chair	pichair.calgary@gmail.com	12 Step Chair List	cgig12steplist@gmail.com
Westword Editor	westwordeditor@gmail.com	Intergroup Secretary	cgigsecretary@gmail.com
Calgary Central Office	centraloffice@calgaryaa.org	Intergroup Treasurer	cgigtreasurer@gmail.com
Banff Roundup Chair	cgigbanffchr@gmail.com	Intergroup Special Events	specevents@gmail.com
Sunday AM Breakfast Chair	cgigbrkfst@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

CGSC CONTACTS:

Chairperson	cgscchair@gmail.com	Alternate Chairperson	cgscaltchair@gmail.com
Treasurer	cgsc treasurer@gmail.com	Secretary	cgscsecretary@gmail.com
Treatment Chair	cgsc treatment@gmail.com	Corrections Chair	cgsc corrections@gmail.com
C.P.C. Chair	cgsc cpc@gmail.com	Grapevine Chair	cgsc grapevine@gmail.com
Records & Registration Chair	cgsc records@gmail.com	Intro to Service Chair	cgsc intro@gmail.com
Bridging the Gap Chair	cgsc btg@gmail.com	Intergroup/CGSC Liaison	cgscintergroup@gmail.com

MEETING CHANGES:**NEW MEETINGS / BOOK STUDIES:**

Centre Open AA Beginners Meeting – Commencing Monday, May 2, and will meet every Monday night at 7 – 8 pm. Centre of Hope, 420-9th ave, SE, Calgary. Further contact: Harry P. at 403-612-0228 or Central Service Office at 403-777-1212.

MEETING CHANGES

New Beginnings - Effective May 01, Friday 8:00 PM and Saturday 8:00 pm meeting time will be changed to 7:30 pm. Security will be locking the building doors at 7:45 PM. Monthly birthday meeting time will also be changed to 7:30 PM, still held at the Shepard King Lutheran Church

Starting April:

Airport AA meeting is temporarily closing our in-person meetings until further notice, effective immediately. We meet at the Danish Lutheran Church at 210-10th Ave NE, on Wednesdays at 8:00 pm.

Marlborough Park Group (Wednesday evenings) has changed their meeting time from 7:30pm to 7:00pm.

MEETING INFO - REOPENING MEETINGS

West End Step and Tradition – Return to in-person meeting, Saturday, 8 pm, Foothills United Church Basement 3803 69th Street NW, Calgary AB

Starting April:

Better Days Group – Return to in-person meeting, Saturday, Room opens at 7:30, Meeting starts at 8 pm, 1432-19st NE, Calgary

Overcomers – started up again, Wednesdays from 7:30-8:30 pm, Cornerstone Christian Assembly/King of Glory, 2640 Rundlelawn Road, NE – parking is in the back, entrance at the door with the yellow awning

CANCELLED MEETINGS

West End Step and Tradition – Online Saturday night meetings are cancelled as of end of April

Better Days Group – Online Tuesday and Thursday meetings are cancelled as of March 31

HAPPY BIRTHDAY!



April 2022						May 2022			
Edgemont		Garnet Block		Ogden		ABC		McKenzie Towne	
Thomas	6 years	Caroline	1 year	Alyjah N.	8 years	Christine B	11 years	Josh B.	3 years
Krista D.	6 years	Taylor I.	1 year	Liz S.	14 years	Byron L.	23 years	Jennifer R	5 years
Marquita	13 years	James D.	2 years	Cor P.	14 years	Karen O.	32 years	Tiffany T.	6 years
Linda H.	18 years	Jen W.	5 years	Bill M.	25 years	Anneliese	33 years	Denis L.	11 years
Audrey B.	23 years	Tony A.	5 years	Recovery Group		Tim S.	41 years	Rafal K.	12 years
Ron D.	28 years	Nicole S.	5 years	Carmen	2 years	Awakenings		Shelley A.	15 years
Kincora		Richy	6 years	Kathy S.	3 years	Ian H.	8 years	Bonnie F.	25 years
Bobby A.	14 years	Ralph	8 years	Laura S.	4 years	Deb W.	12 years	Brent C.	28 years
Mc Kenzie Towne		Joy	13 years	Wendy H	10 years	Keith S.	15 years	James C.	28 years
Natalie J.	1 year	Debbie C	27 years	Jill D.	16 years	Trevor H.	20 years	Wayne C.	40 years
Nicholas	1 year	Joanne H	40 years	Natalie	26 years	Back from Hell		NADZIEJA	
Duayne	2 years	Glenmore		Keith H.	31 years	Murray B.	14 years	Hubert K.	2 years
Dave K.	3 years	Amy	1 year	Tom Mck	34 years	Central Recovery		Lukasz B.	2 years
Gary L.	4 years	Phil	1 year	Regal		Dave M.	14 years	Iwona K.	3 years
Dean F.	9 years	Debbie	7 years	Kent J.	5 years	Deer Ridge Group		Krzystof	12 years
Kevin H.	16 years	Chad	15 years	Rule 62		Taylor Y.	5 years	Yoanna O.	13 years
Kyle A.	16 years	Stephen	25 years	Jasper	1 year	Katie M.	12 years	Ogden	
Liz L.	34 years	David S.	34 years	Glen	8 years	Harold V.	14 years	Diane D.	7 years
Midnapore		Claude	34 years	Whitesheep (April)		Cliff B.	33 years	Nicole R.	8 years
Dawn M.	3 years	Homeward Bounders		Dave W.	4 years	Edgemont		Roy F.	30 years
Troy S.	3 years	Bill Z.	4 years	Brian M.	6 years	Kellem M.	18 years	Rule 62	
Andy S.	6 years	Just For Today		Les M.	22 years	Dave R.	20 years	Larry	8 years
Jeff A.	7 years	Jarett	7 years	Stephen	25 years	June J.	20 years	Nate	8 years
Derek J.	10 years	Sharron	29 yrs (March)	George	28 years	Tom W.	24 years	SMOG	
Brian W.	28 years	New Beginnings		Brian P.	41 years	Fraser G.	50 years	Tiffany S.	1 year
Sandy M.	32 years	Jack C.	13 years	Whitesheep (May)		Homeward Bounders		Evan H.	1 year
Ogden		Myrna T	16 years	Norm B.	3 years	Darolyn D.	3 years	Judy V.	2 years
Diane D.	7 years	Kelly K.	19 years	Leslie Y.	3 years	Kathy W.	6 years	Dave C.	5 years
Nicole R.	8 years	Barb L.	21 years	Jamieson	3 years	Kincora		Harvey N.	5 years
Roy F.	30 years	Andrew	30 years	Brian N.	7 years	Linda W.	7 years	Ian H.	8 years
SMOG		NW Group		Sven G.	8 years	Maureen	11 years	Heather	35 years
Barry	2 years	Courtney	1 year	Dan R.	12 years	Knox Nooners		Murray Mc	49 years
Adeleh	3 years	Kevin W	3 years	Gary O.	50 yeras	Brian S.	25 years	Wednesday Eyeopener	
Joshua	7 years	Timothy	4 years	Other:		Bob C.	49 years	Marty B.	17 years
Peter K.	14 years	Luke P.	5 years	Adam	1 year	MAAT		Dave B.	19 years
Thursday Night Ladies		Andrew	9 years			Eric G.	5 years	Tom M.	27 years
Kathryn	5 years	Darlene	19 years			Carol L.	33 years	Bill M.	59 years
Unity		HAPPY BIRTHDAY, EVERYONE!!						West End Step & Trad.	
Dave S.	12 years								

WHAT AMAZING SOBRIETY!!

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

LIST OF EVENTS

DATE	EVENT	DETAILS
Thursday, May 26, 2022	"Regal Turns 45" Potluck and Fellowship	Location: St. Matthew's Lutheran **See poster on page 7
Saturday, May 28, 2022	Garnet Block Sober Dances Last Saturday Every Month	Location: Wildrose United Church **See poster on page 7
June 10, 11, 12	39th annual Gratitude Round-Up	Location: Glemore Inn, Calgary **See poster on front cover for details
Friday, June 17	Knox Nooners Memorial Meeting and Potluck Tribute to Al F.	Location: Knox United Church **See message on page 7
Saturday, June 25, 2022	Forest Lawn Fellowship 5th Anniversary Alcathon	Location: Calgary *See poster on page 7

Treatment Facility	AA Group for April	AA Group for May
Renfrew Fridays	Fellowship Room	New Beginnings
Alpha House	Tues – Glenmore Group Fri – ABC Group	Tues. – McKenzie Towne Fri. – NW Group
Sunrise	The Bridge	Daily Reflections
AARC	Various / April 11 - TBD	TBD
Dream Centre	Daily Reflections	The Bridge
Sandstone (Friday)	Friday Garnet Block	TBD

Monthly CGSC Service Commitments



Sunday Morning (9:30am) Ramada Breakfast Meeting In-person – LIVE!!	AA Group
May 1	Go For It
May 8	Daily Reflections
May 15	Edgemont
May 22	Hadden Road
May 29	Garnet

Ongoing Monthly Intergroup Service Commitments

Phone Monitoring Dates	AA Group
April 25 – May 1	New Beginnings
May 2 – 8	Rule 62
May 9 - 15	Glenmore
May 16 - 22	Thursday Night Ladies
May 23 - 29	TBA

Calls for "SERVICE"

'Intro to Service' has formed a new Committee as of February 6, first Thursday of every month. Meetings will be held at @ 7:00PM. We will be working with All Calgary Districts, DCM, GSR, Intergroup Reps, and over the next 2 years will involve all forms of our Service Body. This will be the hottest New Committee out there. If you are Interested in service. Please contact: CGSCintro@gmail.com

Bridging the Gap needs: Temporary Contacts, Committee members, Speakers for Detox centres. Interested? BTG meets every 3rd Thursday of the month at Central Office at 7pm and Zoom: 985 155 6437 Password: BTG Email: cgsbctg@gmail.com **BTG will be at Gratitude Roundup. We will be taking names for Temp. Contacts**

12 Step List (1-Year Sobriety): Looking for a service opportunity? Add your name and number to the list for 12 step calls. This list is used when a caller needs to talk to another alcoholic. All we need is your availability and which part of the city you live in/are willing to travel to. E-mail: cqig12steplist@gmail.com

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

More Calls for Service...

"Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs."



Phone Monitoring Committee needs help!

Daytime Phone Monitoring:

There is a Wednesday afternoon shift (1:00 – 5:00pm) currently open and a Monday morning shift (8:30am – 1:00pm) that will be coming available soon. These are "permanent" positions which we hope will be filled by persons willing to make a minimum one-year commitment. Daytime phone monitors should also have a very good practical understanding of the 12 Traditions and a suggested 2+ years of sobriety, since we often get calls from professional councillors or non-alcoholics. Monitors may choose to either take their shifts at Central Office, or do their shifts from home through the Big Sky Call Centre. Training at the office is available (there's a new phone system!), or information can be sent via e-mail to those wishing to do their shift from home. People interested in a daytime phone monitoring shift, please contact Lynda H. at 403-258-2279 or lyndah@shaw.ca

Phone Monitoring Chairperson:

The Monitoring Committee is also seeking a Chairperson. The position requirements are that the chairperson be able to attend all Intergroup Committee meetings and provide the scheduling of the evening and weekend phone monitoring shifts to Big Sky Call Centre. Persons interested in letting their name stand for this vital role, please contact Nate Mc. at cgigchair@gmail.com

There is nothing more important in AA than the first contact with a suffering alcoholic... for both a newcomer and the long-time AA member. Most often this is done over the phone before a newcomer ever reaches an AA meeting. Be a part of the miracle.

Cooperation with the Professional Community (C.P.C)

Grow in your recovery!

Attend a CPC Committee meeting!

C.P.C. is an A.A. committee offering unique service opportunities giving you a chance to carry the message directly to various industry and professional groups, either through your own network connections, or by participating in already established projects like the Doctor's Meeting and the Nurses Information session - both ongoing for many years.

Committee members can bring the A.A. message to professionals and to students at professional schools in your community, helping them to understand how and why A.A. works. A.A. has always valued friends in all professional fields. These associations have been mutually beneficial and completely in keeping with the A.A. Traditions.

We are looking for new C.P.C. members who would be interested in sharing the message of A.A. or helping to open doors to:

- Accounting Professionals
- Clergy
- Criminal Justice Students
- EAP Providers
- Educators
- Health Care Professionals
- HR Professionals
- Legal and Law Enforcement Professionals
- Medical and Nursing Students
- Not-for-profits
- Unions
- Etc., etc., etc.



Attend a C.P.C. Committee Meeting on Zoom, 2nd Thursday of every month at 7:00 pm
Contact the C.P.C. Committee for more information at cgscpc@gmail.com

Public Information Committee (PI committee):

- continues to look for committee members. If this interests you at all or if you would like to learn more about what Public Information is all about please feel free to join us.

Meeting Dates: Last Tuesday of every month

Time: 7:00pm.

Location: Central Office, 4021 4 St SE

- Contact the PI Committee chair for more information and/or if interested in copy of digital poster above:

pichair.calgary@gmail.com



YOU ARE NOT ALONE

Help is here!



If you think you have a problem with alc. ohol...

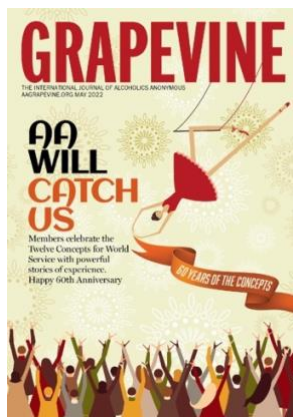
24 Hr Calgary AA: - 403-777-1212
 24 Hr Crisis Line: - 403-266-HELP (4357)
 Calgary AA meetings: - www.calgaryaa.org
 AA Main Website: - www.aa.org
 AA Info and Brochures: - https://www.aa.org/pages/en_US/is-aa-for-you

AA Meeting App: "Meeting Guide"
 - A.A. World Service
 Download on App Store or Google Play




Calgary Alcoholics Anonymous

The May 2022 Issue of GRAPEVINE is here!



On the Cover: This issue is for "60th Anniversary of the Concepts"

To view the Table of Contents, click here.

Some stories include:

60 Reasons to Love the Concepts

A past delegate from New Jersey celebrates the 60th Anniversary of our Twelve Concepts for World Service.

We Celebrate Our 12 Concepts

60 wonderful years of love, tolerance, patience and decision-making

A Stronger Group <https://www.aagrapevine.org/magazine/2020/oct/lets-make-deal>

Substantial unanimity helps the majority slow down and hear the voice of the minority opinion. Sometimes the voice of a loving God is trying to speak through others.

A Different Perspective

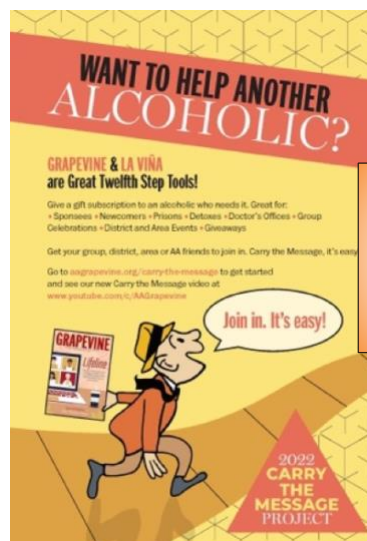
Once she got a service sponsor general service became her passion, and a whole new world opened up

Making Things Possible

Learning about the Concepts opened his eyes and helped him stay connected during the COVID pandemic

AA Grapevine's Podcast |

**"The AA Grapevine
Half-Hour variety
Hour"**



**"Carry The
Message
Project"**

Events, Info and Updates!!

Regal Group Turns 45!

*Join us for fellowship, celebration,
and pot luck before our weekly meeting*

Thursday May 26 at 7:00PM
Meeting at 8:00PM
St. Matthew's Lutheran Church
66 7 St NE, Calgary, AB
Use the downstairs parking lot door

FOREST LAWN FELLOWSHIP

5th Anniversary Alcahthon
Saturday June 25th - 2022
1830 52 Street S.E
Clayburn Center

SCHEDULE:

DOORS OPEN AT 8:45am
9:00am - Step 1 - 2 - 3
10:30am - Step 4
12:00pm - Step 5
1:30pm - Step 6-7
3:00pm - Step 8-9
4:30pm - Step 10-11
6:00pm - Step 12
7:30pm - Speaker



In the Spirit of The Fellowship



EVERYONE WELCOME
Hamburgers All Day
Come to Back of Building



GARNET BLOCK

SOBER DANCES

Last Saturday Every Month



Hot
Dogs
and
Snacks

Door
Prizes
and
50/50
Draw

WILDROSE United Church 1317 1st NW
DOORS OPEN AT 8:00 PM DANCE AT 9:00 PM
Cost — \$10.00 per person—Under 12 Free
Music by Aurora Nights or Jeremy
Fun Fellowship and Recovery!

ROCK THE BLOCK!

First Dance starts May 28th

KNOX NOONERS

Memorial Meeting and Potluck Tribute to Al F.
(Big Al)

Friday, June 17: Open meeting – 12 – 1

Potluck – 1 – 2

Knox United Church, 506-4th St. S.W.

*All Welcome! Food contributions are welcome. 7th
tradition will be observed.*

FYI from PPG:

PPG has posted four talks from our home group members and a fun video about the founding on AA on our website. If you think that would be interesting to your readers, feel free to share.

<https://www.ppg-calgary-aa.org/speakers>

Delegates' Corner!! **(...a word from our Delegate for Area 78)**

May 2022

As I write this for the May article for the Delegate's Corner, I am in the middle of packing, repacking, organizing, re-organizing all things necessary (and lots that likely aren't). In a week I fly to NYC for the General Service Conference (April 24 – 30). There are many people busily getting prepared for the arrival of Delegates, Trustees, Directors and Staff who will be attending. I think of them often, sending little prayers to help them along. So grateful for all their loving dedication.

Reviewing the Conference Agenda Items, I am amazed at how AA must have changed since its humble beginnings. Although Bill W. and Dr. Bob had insight into how AA would reach world-wide membership, there was no way to anticipate the changes coming in technology, politics, world events, or social evolutions. However, they did know the importance of establishing a guiding light; a unique structure never seen before (or since).

The role of anyone in service is kinda like being part of the Pony Express, carrying information along from one to another. In this role, it carries your choices and thoughts to where a decision process happens for AA as a whole. Those, then are carried back to you. It also makes me feel like we are kind of pioneers, part of 'history in the making', small as it may be. Reviewing the past decisions, doing an initial read-through of each 'review' 'discuss' or 'consider' topic, listening to the many discussions at our own Assembly, noodling your questions and concerns, and now re-reading all the report-backs again, I find myself deepening into what Alcoholics Anonymous brings to our world. A way of living, of being, of serving humanity, one alcoholic at a time.

Now for a little Pony Express Update of what's been going on:

1. Our **Regional Forum** is quickly approaching: June 3-5 in Winnipeg.
 - Who is coming? Still welcoming some volunteers
 - And, we can have a display about our Area – any ideas???
2. **Final Reports** for the 72nd GSC have been ordered ☺
3. The **Safety literature** updates are complete so it is all ready to go – take a boo
4. **Stories** are now requested for the 5th Edition of the Big Book and for the pamphlet, "A.A. for the Black and African-American Alcoholic"
5. The committee is struck for **WRAASA** (our Regional Service Assembly) Feb 24 – 26, 2023
6. **CPC** (Cooperating with the Professional Community) is busy!
Our very own Ron S, Area 78 CPC Chair is participating with GSO in a national professional conference, American Academy of Physicians Assistants (CPA 2022) in **Calgary on June 17 – 19, 2022**. Volunteers for the booth are needed. Contact Ron (cpc.72@area78.org).
7. **GSO Quarterly Report** is out

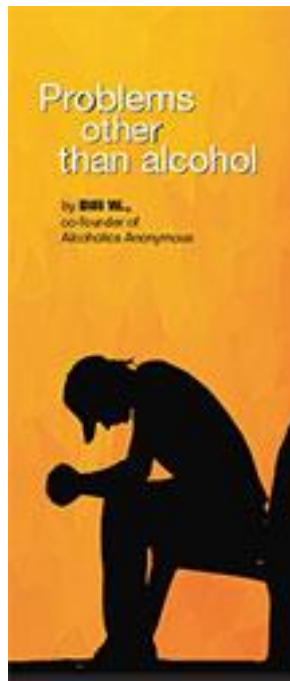
Thank you to our Archives Chair, Derric F and especially Keith A from District 18's Archives Committee for providing a "Gift of our Area's History" to give to our Report and Charter Committee Secretary, Craig W.

Many thanks to each of you for being here.

Blessings, I am humbled to serve,

Tami L.

Reflecting on Tradition 5: From the AA literature “Problems Other than Alcohol”...



<https://www.aa.org/problems-other-alcohol>

**By Bill W.
(co-founder, Alcoholics Anonymous)**

Now there are certain things that A.A. cannot do for anybody, regardless of what our several desires or sympathies may be.

Our first duty, as a society, is to insure our own survival. Therefore, we have to avoid distractions and multipurpose activity. An A.A. group, as such, cannot take on *all* the personal problems of its members, let alone the problems of the whole world.

Sobriety — freedom from alcohol — through the teaching and practice of the Twelve Steps is the sole purpose of an A.A. group. Groups have repeatedly tried other activities, and they have always failed. It has also been learned that *there is no possible way to make nonalcoholics into A.A. members*. We have to confine our membership to alcoholics, and we have to confine our A.A. groups to a single purpose. If we don't stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone.

Therefore, I see no way of making nonalcoholic addicts into A.A. members. Experience says loudly that we can admit no exceptions, even though drug users and alcoholics happen to be first cousins of a sort. If we persist in trying this, I'm afraid it will be hard on the drug user himself, as well as on A.A. We must accept the fact that no nonalcoholic, whatever his affliction, can be converted into an alcoholic A.A. member.

Reprinted from Problems Other Than Alcohol, Pg.4-5, with permission of Alcoholics Anonymous World Services, Inc.

(submitted by a member of our Fellowship)

Step 5 & Tradition 5

Step 5 – Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Having made our personal inventory, what shall we do about it? We have been trying to get a new attitude, a new relationship with our Creator, and to discover the obstacles in our path. We have admitted certain defects, we have ascertained in a rough way what the trouble is; we have put our finger on the weak items in our personal inventory. Now these are about to be cast out. This requires action on our part, which, when completed, will mean that we have admitted to God, to ourselves, and to another human being, the exact nature of our defects. This brings us to the *Fifth Step* in the program of recovery mentioned in the preceding chapter.

This is perhaps difficult – especially discussing our defects with another person. We think we have done well enough in admitting these things to ourselves. There is doubt about that. In actual practice, we usually find a solitary self-appraisal insufficient. Many of us thought it necessary to go much further. We will be more reconciled to discussing ourselves with another human being when we see good reasons why we should do so. The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they turned to easier methods. Almost invariably, they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items in stock. They only thought they had lost their egoism and fear; they only thought they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone all of their life story.

From Alcoholics Anonymous, Chapter 6 Into Action p.72-73

Tradition 5 – Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.

“Shoemaker, stick to thy last! „, better do one thing supremely well than many badly. That is the central theme of this Tradition. Around it our Society gathers in unity. The very life of our Fellowship requires the preservation of this principle.

Alcoholics Anonymous can be likened to a group of physicians who might find a cure for cancer, and upon whose concerted work would depend the answer for sufferers of this disease. True, each physician in such a group might have his own specialty. Every doctor concerned would at times wish he could devote himself to his chosen field rather than work only with the group. But once these men had hit upon a cure, once it became apparent that only by their united effort could this be accomplished, then all of them would feel bound to devote themselves solely to the relief of cancer. In the radiance of such a miraculous discovery any doctor would set his other ambitions aside, at whatever personal cost.

Just as firmly bound by obligation are the members of Alcoholics Anonymous, who have demonstrated that they can help problem drinkers as others seldom can. The unique ability of each A.A. to identify himself with and bring recovery to, the newcomer in no way depends upon his learning, eloquence, or on any special individual skills. The only thing that matters is that he is an alcoholic who has found a key to sobriety...

It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away. If a group of doctors possessed a cancer cure, they might be conscience-stricken if they failed their mission through self-seeking. Yet such a failure wouldn't jeopardize their personal survival. For us, if we neglect those who are still sick, there is unremitting danger to our own lives and sanity. Under these compulsions of self-preservation, duty, and love, it is not strange that our Society has concluded that it has but one high mission—to carry the A.A. message to those who don't know there's a way out.

From Twelve Steps and Twelve Traditions, p.150-151.