

DECEMBER 2019

price : \$1.25



Calgary & Southern Alberta Meeting Directory

ALCOHOLICS ANONYMOUS

CENTRAL SERVICE OFFICE

#2, 4015 – 1st Street S.E.

(access off 39th Avenue from Macleod Trail S.)

Calgary, Alberta T2G 4X7

phone : 403-777-1212

e-mail : centraloffice@calgaryaa.org

website: www.calgaryaa.org

OFFICE HOURS

Monday to Friday : 8:30 a.m. – 5:00 p.m.

(Closed for lunch, 1:00 p.m. – 2:00 p.m.)

Saturdays : 9:00 a.m. – 1:00 p.m.

(Closed Holiday Weekends)

Area 78 (Alta./N.W.T.) website : www.area78.org

General Service Office (New York) website : www.aa.org

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CODES

All meetings are “Mixed” (men & women) unless otherwise noted.

(W) = Wheelchair Access

(O) = Open Meeting Format — Open to anyone who is interested in the AA Program. Visitors and friends are expected to respect the anonymity of all persons they see or meet at AA meetings.

(C) = Closed Meeting Format — For alcoholics only. Discussion of the AA Program is held and every person has the opportunity to ask questions and share their experience more freely. All members benefit from the experience, strength and hope of each other.

IMPORTANT INFORMATION ABOUT THIS DIRECTORY

As embodied in the 4th Tradition, the information and operation of an AA Group resides with the group conscience of its members. While hopefully every AA Group adheres closely to the guiding principles of the 12 Steps and 12 Traditions, Calgary Intergroup neither monitors nor oversees the activities or practice of any AA Group. Groups and meetings listed in this directory appear at their own request. A directory listing does not constitute or imply approval or endorsement of any approach to, or practice of, the AA program.

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DAILY MEETINGS (Monday to Friday)

NORTHWEST

- 7:00 a.m. **Go For It** – (C)
6422 – 35 Ave. N.W. (Bowness Senior's Centre)... (W)
- 12 Noon **Fun Seekers** – (O), Discussion
3512 – 5 Ave. N.W. (Parkdale Community Association, downstairs Boardroom)..... (W)
- 1:30 p.m. **Afternoon Garnet** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)
- 5:15 p.m. **Homeward Bounders** – (O), 12x12..... (W)
2919 – 8 Ave. N.W. (Parkdale United Church, use main door entrance, downstairs)
- 5:30 p.m. **Garnet 5:30** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)
- 10:00 p.m. **Garnet Night Owl** – (O) Discussion
1609 Centre St. N.W. (downstairs)

SOUTHWEST

- 7:00 a.m.. **Haddon Road** – On Awakening – (C), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 9:30 a.m. **Daily Reflections** – (O)
134 Scarboro Ave. S.W. (United Church, North door)
- 12 Noon **Glenmore** – (O), Step, Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Bldg. B-6, Room 103, downstairs)
- 12 Noon **Knox Nooners** – (O), Step
506 – 4 St. S.W. (Knox United Church, 4th St. ent.)
No Meetings on Stat. Holidays; Birthday last Friday
- 12:10 p.m. **Haddon Road** – Brown Bagger – (O), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 5:00 p.m. **Glenmore** – (O), Step, Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Bldg. B-6, Room 103, downstairs)

DAILY MEETINGS (continued...)

SOUTHEAST

- 12 Noon **New Beginnings** – (O), Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 5:15 p.m. **New Beginnings** – (C), Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)

MONDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** – (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
some English spoken, 2 hr. meeting
3850 – 19 St. N.E., Bay 6
- 7:00 p.m. **Regal Group** – (C), Big Book Discussion
66 – 7 St. N.E. (St. Matthew Lutheran Church, back [South] door, downstairs)
- 8:00 p.m. **No Name Group** – (O), Beginners
2523 – 56 St. N.E. (Prince of Faith Lutheran Church)
Birthday Speaker last Monday
- 8:30 p.m. **Walking Eagle** – (O), Step & Tradition
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door entrance, basement)

NORTHWEST

- 7:30 p.m. **SMOG** – (O), Step/Tradition
2404 Kensington Rd. N.W. (Kensington Commons Church, East entrance)
- 7:30 p.m. **272** – (C), Step/Tradition(W)
3311 Centre St. N. (Northminister United Church)

MONDAY

NORTHWEST (continued)

- 7:30 p.m. **Harvest Hills Big Book Discussion** – (O)
10099 Harvest Hills Blvd. N.W. (Harvest Hills Alliance Church) *Birthday last Monday*
- 8:00 p.m. **Double H** – (O)
130 – 32 Ave. N.W. (House of Blessings Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O).....(W)
1403 – 29 St. N.W. (Baker Bldg., Rm AGW2)
- 8:00 p.m. **Mustard Seed Group** – (C), Men's
5720 Silver Ridge Dr. N.W. (Silver Springs Com. Centre)
- 8:00 p.m. **Northlanders** – (C)
Corner of Northmount Dr. & Northland Dr. N.W.
(St. Luke's Church, East entrance, lower level)
Open Birthday Speaker 1st Monday
- 8:30 p.m. **Monday Night Garnet Beginners** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:00 a.m. **Monday Morning Group** – (O), Discussion
2951 – 26 Ave. S.E. (St. Luke's Anglican, back door)
- 10:30 a.m. **New Beginnings** – (C), Women's, Step
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 7:00 p.m. **Beautiful Hope Women's Mtg.** – (O), Step/Trad. Disc.
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 7:00 p.m. **Steps, Stories & Beyond** – (O), Big Book
6100 – 8 Ave. S.E. (Pembroke Community Hall)
- 7:30 p.m. **Sobriety & Beyond** – (C) Big Book Discussion(W)
#2 New Brighton Dr. S.E. *Open Birthday last Monday*
(New Brighton Resident Assoc. Building, buzz for entry)
- 8:00 p.m. **Fireside** – (C).....(W)
12707 Bonaventure Dr. S.E. (Holy Nativity Anglican Church, parking lot entrance) *Open Birthday 3rd Monday*

MONDAY

SOUTHEAST (continued)

- 8:00 p.m. **New Beginnings** — (C), Men's, Step
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 8:00 p.m. **Midnapore** — (C), Living Sober Discussion
14540 Bannister Rd. S.E. (St.Mary's University, use West entrance) *Cancelled on holiday Mondays!*

SOUTHWEST

- 12 Noon **Central Recovery** — (O), Step
131 – 7th Ave. S.W. (Central United Church, side door, downstairs, dining room)
- 12 Noon **Women With Heart** — (O), Big Book Discussion
10620 Elbow Dr. S.W. (Lutheran Church of the Cross, side door entrance from N. parking lot) *Children welcome!*
- 5:00 p.m. **Recovery Group** — (C), Living Sober Discussion..... (W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Haddon Road** — (O), Beginners
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Monday Night Big Book Discussion** — (C)..... (W)
903 – 75 Ave. S.W. (St. Peter's Church, basement)
- 8:00 p.m. **Glenmore** — (O), Beginners
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6, Room 103, downstairs)
- 8:30 p.m. **We Agnostics** — (O), Living Sober Discussion
1213 – 4 St. S.W. (Sheldon Shumir Health Centre, Rm. 3102)
- 8:30 p.m. **Elbow Park** — (C), Beginners, Discussion
3602 – 8 St. S.W. (Christ Church, Crump Room)

TUESDAY

NORTHEAST

- 6:15 p.m. **Wombly's Clapboard Factory** — (C), Men's BB/12x12 Disc.
904 Renfrew Dr. N.E. (All Saints Traditional Anglican Church Renfrew, side door, downstairs)

TUESDAY

NORTHEAST *(continued...)*

8:00 p.m. **Peter Lougheed Hospital** (O), Beginners
3500 – 26 Ave. N.E., Room 0652 (basement)

NORTHWEST

10:00 a.m. **Tuesday Morning Garnet** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)

10:00 a.m. **Tuesday Morning Ladies** – (C), Women's
Meets in members homes. For info please contact
Calgary Central Office at 403-777-1212

7:30 p.m. **A-Men** – (C), Men's, Step & Tradition.....(W)
3527 Boulton Rd. N.W. (Hope Lutheran Church)

7:30 p.m. **Springbank Tuesday** – (C), Step & Tradition
(Westlife Church) corner of Range Rd. 33 & Township Rd.
245, South of Calaway Park entrance, off Hwy 1)

8:00 p.m. **New You/Sailor Bill's** – (O), Step & Tradition
6228 Bowness Rd. N.W. (Office, Rm 201; Buzz 201)

8:00 p.m. **Front Runners** – (C), LGBTQ, Step & Tradition
1227 Kensington Close N.W. (Hillhurst United Church,
side door, upstairs)

8:00 p.m. **Getting There** – (C) Step, Discussion
2828 – 19 St. N.W. (Holy Cross Church) *Open B-day last Tues.*

8:00 p.m. **NW Calgary Group** – (O), Big Book(W)
333 Edgepark Blvd. N.W. (Foothills Alliance Church)

8:30 p.m. **Tuesday Night Garnet** – (O) Step Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

10:30 a.m. **New Beginnings** – (C), Women's, BB Story/Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)

12 Noon **Just For Today** – (O), Big Book Discussion
2236 – 35 St. S.E. (Forest Lawn United Church, basement)

6:00 p.m. **Happy, Joyous & Free** – (O), Step & Tradition
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)

TUESDAY

SOUTHEAST *(continued...)*

- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **New Beginnings** – (O), Women's, Step
#3216, 380 Canyon Meadows Dr. S.E (Fish Creek Village,
upstairs) *Speaker last Tuesday*
- 7:30 p.m. **McKenzie Towne** – (C), Step
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Deer Ridge** – (C), Step & Tradition
13811 Deer Ridge Dr. S.E. (Lutheran Church)
Open Birthday last Tuesday
- 7:30 p.m. **Open Door** – (O), Step/Discussion
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 8:00 p.m. **Midnapore** – (O), Step & Tradition
14540 Bannister Rd. S.E. (St. Mary's University, use West
entrance) *Birthday last Tuesday*

SOUTHWEST

- 7:00 p.m. **Glenmore** – (C), Women's, Living Sober
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 7:30 p.m. **Haddon Road** – (C), Step & Big Book Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 7:30 p.m. **Recovery Group** – (C), Step/Tradition(W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** – (O), Step(W)
7007 – 14 St. S.W. (Rockyview Hospital, Holy Cross
Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **19th Hole** – (C), Men's
804 – 75 Ave. S.W. (Sheppard King Lutheran Church,
use East rear entrance)
- 8:30 p.m. **Glenmore** – (C), Men's, Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)

WEDNESDAY

NORTHEAST

- 11:55 a.m. **Out to Lunch Bunch** — (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
Birthday last Wednesday
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish
some English spoken, 2 hr. mtg.
3850 – 19 St. N.E., Bay 6
- 7:30 p.m. **Marlborough Park** — (C) *doors locked @ 7:45 p.m.!!*
1352 Abbeydale Dr. N.E. (Fellowship Centre, use S. ent.)
- 8:00 p.m. **Airport** — (O), Beginners
210 – 10 Ave. N.E. (Sharon Lutheran Church, side door, bsmnt)
- 8:00 p.m. **Overcomers** — (O), Discussion.....(W)
5510 – 26 Ave. N.E. (Robert McClure Church)
- 8:30 p.m. **Grey Sheep** — (C), Men's
1432 – 19 St. N.E. (Ascension Lutheran Church)

NORTHWEST

- 10:00 a.m. **Wednesday Eye Opener** — (O).....(W)
130 – 32 Ave. N.W. (House of Blessings Church)
- 7:30 p.m. **SMOG** — (O), Big Book Discussion
2404 Kensington Rd. N.W. (Kensington Commons Church,
East entrance)
- 8:00 p.m. **ABC** — (C), Step & Tradition(W)
4612 Varsity Dr. N.W. (Presbyterian Church, East door)
Open Birthday last Wednesday
- 8:00 p.m. **Kincora Group** — (O), Discussion
38 Kincora Rise N.W. (Symons Valley United Church)
Birthday Speaker last Wednesday
- 8:30 p.m. **Wednesday Night Garnet** — (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** — (O), Women's Big Book
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)

WEDNESDAY

SOUTHEAST *(continued...)*

- 7:00 p.m. **Grupo Vientos de Calgary** - (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **Harmony** – (O)
1840 – 38 St. S.E. (Eastside Victory Outreach, downstairs)
- 7:30 p.m. **New Beginnings** – (C), 11th Step Prayer
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 7:30 p.m. **Step Sisters** – (C), Women's, Step & Trad. Disc.(W)
6 Copperstone Way S.E. (Copperfield-Mahogany
Community Hall)
- 7:30 p.m. **South Health Campus** – (O), Beginners(W)
4448 Front St. S.E. (Wellness Centre, Room 180006)
- 8:00 p.m. **Southlanders Pancake** – (C), Big Book Discussion
Southland Dr. & Acadia Dr. S.E. (Christ Moravian
Church, S.E. door, basement) *Open Birthday Speaker
last Wednesday*
- 8:00 p.m. **Midnapore** – (C), Step/Tradition Discussion
14540 Bannister Rd. S.E. (St. Mary's University, use
West entrance)

SOUTHWEST

- 8:30 a.m. **Glenmore Power Hour** – (O), Step & Tradition Disc.
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 12 Noon **Women With Heart** – (O), Big Book Discussion
10620 Elbow Dr. S.W. (Lutheran Church of the Cross, side
door entrance from N. parking lot) *Children welcome!*
- 7:00 p.m. **Glenmore** – (C), Women's
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 7:00 p.m. **Elbow Park Group** (C), Topic Discussion
3602 – 8 St. S.W. (Christ Church, Crump Room)

WEDNESDAY

SOUTHWEST *(continued...)*

- 8:00 p.m. **Aspen/West Springs Group** – (C)
800 – 85 St. S.W. (St. Michael's Catholic Community)
Open last Wednesday
- 8:00 p.m. **Primary Purpose Group** – (O), Big Book Discussion. (W)
1311 – 4 St. S.W. (First Baptist Church, "Christian
Education Bldg." door, downstairs in Fellowship Hall
Call-Up format 4th Wed.
- 8:30 p.m. **Explorers** – (O), Discussion
1121 – 14 Ave. S.W. (St. Stephan's Anglican Church)
- 8:30 p.m. **Glenmore** – (C), Step & Tradition
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)

THURSDAY

NORTHEAST

- 7:00 p.m. **MAAT Group** – (C), Step & Tradition (W)
912 – 19 St. N.E. (Crossroads Community Church,
use back door, basement)
- 8:00 p.m. **Regal Group** – (C), Step Discussion
66 – 7 St. N.E. (St. Matthew Lutheran Church, back
[South] door, downstairs) *Open Birthday last Thursday*

NORTHWEST

- 10:00 a.m. **Thursday Morning Garnet** – (O)
1609 Centre St. N.W. (downstairs)
- 7:00 p.m. **Parkdale Ladies** – (O), Women's Step & Trad (W)
2919 – 8 Ave. N.W. (Parkdale United Church, use
main door, downstairs)
- 7:30 p.m. **Nadzieja** – (C), Polish Speaking, Step & Discussion
640 – 19 Ave. N.W. (St. Joseph's Church, use East side
office doors) *Open Birthday last Thursday*
- 8:00 p.m. **19th Street Big Book** – (C), Big Book Discussion
2828 – 19 St. N.W. (Holy Cross Church)

THURSDAY

NORTHWEST *(continued...)*

- 8:00 p.m. **NW Step & Tradition** – (C), Men’s
5511 Baroc Rd. N.W. (Dalhousie Community Church,
upstairs) *Open Speaker last Thursday*
- 8:00 p.m. **Front Runners** – (C), LGBTQ, BB Discussion
1227 Kensington Close N.W. (Hillhurst United Church,
side door, upstairs)
- 8:00 p.m. **NW Calgary Group** – (O), Step Discussion..... (W)
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) – (O), Beginners
1403 – 29 St. N.W. (Baker Building., Room AGW2)
- 8:00 p.m. **Rule 62 Group** – (C), Big Book Discussion
1212 –1 St. N.W. (Crescent Heights Baptist Church,
back door, downstairs) *Open Birthday 1st Thursday*
- 8:30 p.m. **Thursday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** – (C), Women’s, Big Book
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 12 Noon **Just For Today** – (O), Topic Discussion
2236 – 35 St. S.E. (Forest Lawn United Church,
basement)
- 7:00 p.m. **Candlelight** – (O), Beginners, Step
2951 – 26 Ave. S.E. (St. Luke’s Anglican Church, back door)
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:00 p.m. **Inglewood** – (C), Big Book Discussion(W)
1423 – 8 Ave. S.E. (St. John’s Church, Cross Hall)
Open Birthday Speaker last Thursday
- 7:30 p.m. **Bow Bottom Trail** – (C), Step
77 Deerpoint Rd. S.E. (Deer Park United Church)

THURSDAY

SOUTHEAST *(continued...)*

- 7:30 p.m. **McKenzie Towne** – (C), Big Book Discussion
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Resentment Resolve Group** – (O), Step/Tradition/Topic
1840 – 38 St. S.E. (East Side Victory Outreach Centre,
use back door entrance)
- 8:00 p.m. **New Beginnings** – (C), Big Book Stories Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 8:00 p.m. **Midnapore** – (C), Big Book Discussion
14540 Bannister Rd. S.E. (St. Mary's University, use
West entrance) *Open Speaker 2nd Thursday*
- 8:30 p.m. **Ogden** – (O), Discussion.....(W)
7605 – 22 A St. S.E. (St. Augustine's Church Hall)
Speaker 3rd Thursday, Birthday last Thursday

SOUTHWEST

- 8:30 a.m. **Glenmore Power Hour** – (O), Step & Tradition Disc.
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 12 Noon **Central Recovery** – (O), Discussion
131 – 7th Ave. S.W. (Central United Church, side door,
downstairs dining room)
- 7:00 p.m. **Thursday Night Ladies** – (C), Step & Tradition
5010 Spruce Dr. S.W. (Woodcliff United Church,
use rear door, basement, Mountain Ash room)
- 7:30 p.m. **Memorial Park Men's** – (C), Men's, Step & Tradition
1213 – 4 St. S.W. (Sheldon Chumir Health Centre,
Room 3001, 3rd floor)
- 8:00 p.m. **Haddon Road** – (C), Design 4 Living, Step Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Turf Group** – (C), Men's, Discussion
840 – 3 Ave. S.W. (Trinity Lutheran Church, use side
door, downstairs)

THURSDAY

SOUTHWEST *(continued...)*

- 7:30 p.m. **Recovery Group** – (C), Step/Tradition(W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** – (O), Step(W)
7007 – 14 St. S.W. (Rockyview Hospital)
(Holy Cross Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **Whitesheep** – (C), Men's
12777 Candle Cres. S.W. (Woodgreen Presbyterian
Church, main door, Kids Worship room)
- 8:00 p.m. **Glenmore** – (C), Big Book Study
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 8:30 p.m. **Daily Reflections** – (O)
134 Scarboro Ave. S.W. (United Church, North door)

FRIDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** – (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
3850 – 19 St. N.E., Bay 6 (*some English spoken, 2 hr. mtg.*)
- 8:00 p.m. **Friday Night Fellowship** – (O), Step Discussion
904 Renfrew Dr. N.E. (All Saints Traditional Anglican
Church, Renfrew, back door entrance)

NORTHWEST

- 8:00 p.m. **Desperation** – (O), Step & Tradition
419 Northmount Dr. N.W. (Highwood Lutheran Church,
back door entrance, downstairs)
- 8:00 p.m. **Edgemont** – (O), Discussion.....(W)
33 Edgevalley Circle N.W. (Edgemont Community Centre,
Fireside Room)
- 8:00 p.m. **Front Runners** – (O), LGBTQ, Beginners
1227 Kensington Close N.W.
(Hillhurst United Church, use side door, upstairs)

FRIDAY

NORTHWEST *(continued...)*

- 8:00 p.m. **272 Group** — (O), Speaker(W)
3311 Centre St. N.W. (Northminster United Church)
- 8:30 p.m. **Friday Night Garnet** — (O)
1609 Centre St. N.W. (downstairs)
- 9:30 p.m. **Shipwreck at Sunset** — (O), Step & Tradition
1227 Kensington Close N.W.
(Hillhurst United Church, side door, gymnasium)
Birthday last Friday
- 11:59 p.m. **Garnet Friday Midnigher**— (O), Step Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** — (O), Women's Step & Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 6:00 p.m. **Know the Difference Meeting** — (O), Big Book Disc.
1840 – 38 St. S.E. (Eastside Victory Outreach, use back
door entrance)
- 7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Southview By the Book** — (O), Big Book Discussion
2020 – 33 St. S.E. (Southview Community Centre,
Kadilac Room)
- 8:00 p.m. **Alpha House** — (O), Beginners
203 – 15 Ave. S.E. (Treatment Centre)
- 8:00 p.m. **Midnapore** — (O), Beginners *Cancelled on stat. holidays*
14540 Bannister Rd. S.E. (St. Mary's University, use
West entrance)
- 8:00 p.m. **New Beginnings** — (O), Discussion
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs) *Open Birthday last Friday*
at Sheppard King Church, 804 – 75 Ave. S.W.

FRIDAY

SOUTHWEST

- 8:00 p.m. **The Link Group** – (O)
134 Scarboro Ave. S.W. (Scarboro United Church,
use North basement door)
- 8:00 p.m. **Glenmore** – (O), Speaker
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs) *Birthday last Friday*
- 8:30 p.m. **Lakeview Open Speaker**– (O), Speaker
3023 – 63 Ave. S.W. (Lakeview United Church)
- 8:30 p.m. **Unity Group** – (C), Step & Tradition
3610 Sarcee Rd. S.W. (Grace Lutheran Church, side door)
Open Birthday last Friday
- 9:15 p.m. **Haddon Road** – (O), Starting Off Young, Step & Trad.
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
Speaker 3rd Friday

SATURDAY

NORTHEAST

- 10:00 a.m. **Saturday Morning Bridge** – (C), Step & Discussion
904 Renfrew Dr. N.E. (All Saints Traditional Anglican
Church, Renfrew, back door) *Open Birthday last Sat.*
- 5:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
3850 – 19 St. N.E., Bay 6 (*some English spoken, 2 hr. mtg.*)
- 8:00 p.m. **Better Days Group** – (O), Step
1432 – 19 St. N.E. (Ascension Lutheran Church,
use back door entrance) *Speaker 2nd Saturdays*
- 8:00 p.m. **Saturday Night NE** – (O), Step & Tradition
2523 – 56 St. N.E.
(Prince of Faith Lutheran Church, downstairs)

NORTHWEST

- 7:00 a.m. **Go For It** – (O), Beginners
6422 – 35 Ave. N.W. (Bowness Senior's Centre)

SATURDAY

NORTHWEST *(continued...)*

- 9:30 a.m. **Awakenings** — (O), Discussion (W)
2919 – 8 Ave. N.W. (Parkdale United Church, basement)
- 11:00 a.m. **SMOG** — (O), Discussion
2404 Kensington Rd. N.W. (Kensington Commons
Church, use East entrance) *Birthday last Saturday*
- 1:00 p.m. **Garnet Women's** — (C), Step Discussion (W)
1609 Centre St. N.W. (downstairs)
- 3:00 p.m. **Saturday Afternoon Garnet** — (O), Step Discussion
1609 Centre St. N.W. (downstairs)
- 3:00 p.m. **Stampeders** — (C)..... (W)
#12 Bowridge Dr. N.W. (Rock Pointe Church)
- 5:30 p.m. **Garnet Saturday 5:30** — (O), Topic Discussion (W)
1609 Centre St. N.W. (downstairs)
- 5:30 p.m. **NW Calgary Group** — (O), Step & Tradition (W)
333 Edgepark Blvd. N.W. (Foothills Alliance Church)
- 7:00 p.m. **Garnet Saturday Night** — (O), Step 6 & 7 Discussion
1609 Centre St. N.W. (downstairs)
- 8:00 p.m. **Beacon's Refugees** — (O), Grapevine Topic & Discussion
419 Northmount Dr. N.W. (Highwood Lutheran Church,
"Church Office" building)
- 8:00 p.m. **Front Runners** — (C), LGBTQ, Discussion
1227 Kensington Close N.W. (Hillhurst United Church,
side door, upstairs) *Open Birthday last Saturday*
- 8:00 p.m. **West End Step & Tradition** — (O)
3803 – 69 St. N.W. (Foothills United Church, use South
"Food Bank" door)
- 8:30 p.m. **Garnet Saturday Night** — (O)
1609 Centre St. N.W. (downstairs)
- 10:00 p.m. **Garnet Saturday Night Owl** — (O), Step Discussion
1609 Centre St. N.W. (downstairs)
- 11:59 p.m. **Garnet Midnighter** (O) Discussion
1609 Centre St. N.W. (downstairs)

SATURDAY

SOUTHEAST

- 10:00 a.m. **McKenzie Towne** – (C), Daily Reflections
#7 McKenzie Towne Gate S.E. (McKenzie Towne Church)
- 10:00 a.m. **New Beginnings** – (O), Living Sober
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Discussion
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 2:00 p.m. **New Beginnings** – (C), Women’s, Step 11
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs)
- 7:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Forest Lawn Group** – (O)(W)
2951 – 26 Ave. S.E. (St. Luke’s Anglican Church, use SE back door, gymnasium)
- 8:00 p.m. **New Beginnings** – (O), Beginners
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek Village, upstairs) *Speaker 1st Saturday*

SOUTHWEST

- 9:00 a.m. **Recovery Group** – (C), Living Sober Disc.....(W)
#104, 4820 Macleod Trail S.W.
- 9:30 a.m. **Daily Reflections** – (O)
134 Scarboro Ave. S.W. (United Church, North door)
- 10:00 a.m. **Haddon Road** – Contented Sobriety – (C), Living Sober Disc.
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:30 a.m. **Recovery Group** – (C), Women’s, Step/Discussion(W)
#104, 4820 Macleod Trail S.W.
- 12 Noon **Glenmore** – (O)
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6, Room 103, downstairs)

SATURDAY

SOUTHWEST (continued)

- 5:00 p.m. **Glenmore** – (O), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 7:30 p.m. **Glenmore** – (C), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 8:00 p.m. **Downtown Saturday Night** – (O), Speaker(W)
#801 – 7 Ave. S.W. (Nexen Building, check with Security
in South tower, then use +15 to North Tower)
- 8:00 p.m. **Haddon Road – Hideaway** – (O), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs) *Birthday last Sat.*
- 8:00 p.m. **Daily Reflections** – (O)
134 Scarboro Ave. S.W. (Scarboro United Church, use
North door, parking lot entrance)
- 10:00 p.m. **Saturday Night Train Wreck** – (O), Step & Tradition
200 Haddon Rd. S.W. (Rm. 200L, upstairs) *2+ hr. meeting!*

SUNDAY

NORTHEAST

- 7:30 p.m. **New Life** – (O)
904 Renfrew Dr. N.E. (All Saint's Trad. Anglican Church)
- 7:30 p.m. **Survivors Group** – (C), Punjabi/Hindi/Eng.,(W)
95 Falshire Dr. N.E. (Falconridge/Castleridge Community
Centre) Step Discussion

NORTHWEST

- 7:00 a.m. **Go For It** – (C), Big Book Discussion
6422 – 35 Ave. N.W. (Bowness Senior's Centre)
- 8:00 a.m. **SMORG** – (O), Discussion
2212 – 13 St. N.W. (Confederation Park Seniors Club)
- 11:00 a.m. **Sunday Garnet Men's** – (C), Men's
1609 Centre St. N.W. (downstairs)

SUNDAY

NORTHWEST *(continued)*

- 11:00 a.m. **Sooner Than The Nooner** – (O)(W)
3512 – 5 Ave. N.W. (Parkdale Community Association,
use “Nifty Fifties” door)
- 11:00 a.m. **Sunday Morning 11am** – (O), Step & Tradition
5003 – 16 Ave. N.W. (Montgomery Community Hall)
- 2:00 p.m. **5th Tradition Safe Harbour** – (O) Big Book Study ... (W)
1317 – 1 St. N.W. (Wild Rose United Church, side door,
Centennial Rm, downstairs) *Birthday last Sunday*
- 3:00 p.m. **Sunday Afternoon Garnet** – (O), Step Discussion
1609 Centre St. N.W. (downstairs)
- 4:00 p.m. **Namaste** – (C), Step 11 Discussion/Meditation.....(W)
11 Scenic Acres Gate N.W. (Advent Lutheran Church)
- 5:30 p.m. **Garnet 5:30** – (O), Topic Discussion
1609 Centre St. N.W. (downstairs)
- 8:00 p.m. **Sunday Night Speaker Meeting** – (O), Speaker
2919 – 8 Ave. N.W. (Parkdale United Church, downstairs)
- 8:30 p.m. **Sunday Night Garnet** – (O)
1609 Centre St. N.W. (downstairs)
- 10:00 p.m. **Garnet Night Owl** – (O), Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 9:00 a.m. **Wake Up Group** – (C), Big Book Step Study
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 11:00 a.m. **New Beginnings** – (O), Grapevine
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 1:00 p.m. **Weekend Serenity Group** – (O), Big Book Discussion
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 5:00 p.m. **Grupo Vientos de Calgary** – (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, basement)

SUNDAY

SOUTHEAST *(continued)*

- 7:30 p.m. **Back to the Drawing Board** – (O), Step & Tradition
1840 – 38 St. S.E. (Eastside Victory Outreach, back door)
- 7:30 p.m. **Came To Believe Group** – (O), Beginners(W)
#2 New Brighton Dr. S.E. (New Brighton Residents Assoc.)
- 7:30 p.m. **New Beginnings** – (O), Came To Believe
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)
- 8:00 p.m. **N2 Group** – (C), Candlelight/Step 11/Meditation
11 Scenic Acres Gate N.E. (Advent Lutheran Church)
- 8:00 p.m. **Ogden** – (C), Step & Tradition(W)
7605 – 22A St. S.E. (St. Augustine's Church Hall)

SOUTHWEST

- 8:30 a.m. **Daily Reflections** – (O)
134 Scarboro Ave. S.W. (United Church, North door)
- 8:30 a.m. **Sunday Morning Breakfast** – (O), Speaker(W)
708 – 8 Ave. S.W. (Ramada Inn)
Breakfast at 8:30 a.m., Speaker at 9:30 a.m.
- 9:00 a.m. **Haddon Road** – (O), Traditions Study *(1.5 hrs!)*
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:00 a.m. **Haddon Road** – Choirboys – (C), Men's Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:30 a.m. **Glenmore** – (O), Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 12:30 p.m. **Haddon Road** – (C), Ladies, Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 3:00 p.m. **Glenmore** – (O), Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 4:30 p.m. **Aventa** – (O), Women's (Treatment Centre)
610 – 25 Ave. S.W. (use back door, ring bell for entry)

SUNDAY

SOUTHWEST *(continued)*

- 5:00 p.m. **Glenmore** – (O), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 7:00 p.m. **Dream Centre** – (O), Speaker.....(W)
4510 Macleod Trail S.W. (, rear entrance)
- 7:00 p.m. **Haddon Road** – (O), “Conscious Contact” Meditation/Disc.
200 Haddon Rd. S.W. (Room 200L, upstairs, 1.5 hr. mtg.)
- 8:00 p.m. **Glenmore** – (O), Discussion, Big Book
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6,
Room 103, downstairs)
- 8:30 p.m. **Southwest Serenity** – (O)
1121 – 14 Ave. S.W. (St. Stephen’s Anglican Church)
-

HOSPITAL & TREATMENT A.A. MEETINGS

C.G.S.C. SPONSORED

- South Health Campus (Hospital)** – (O), Beginners.....(W)
7:30 p.m., Wednesdays – 4448 Front St. S.E.,
Wellness Centre, Rm. 180010
- Foothills Hospital** – (O).....(W)
8:00 p.m., Mon. & Thurs., Winners Circle Group – 1403 – 29 St.
N.W (Foothills Hospital) Rm. AGW2, G Floor, across from Atrium
- Peter Lougheed Hospital** – (O), Beginners.....(W)
8:00 p.m., Tuesdays – 3500 – 26 Ave. N.E., Rm. 0652 (basement)
- Rockyview Hospital** – (O).....(W)
8:00 p.m., Tues. & Thurs., Rockyview Group – 7007 – 14 St. S.W.
(Holy Cross Ambulatory Care Centre, Rm. 5A-103)
- Alpha House** – (O), Beginners
8:00 p.m., Fridays – 203 – 15 Ave. S.E.
- Aventa** – (O), Women’s, Beginners
4:30 p.m., Sundays – 610 – 25 Ave. S.W. (back door, ring bell for entry)
- Dream Centre** – (O), Speaker.....(W)
7:00 p.m., Sundays – 4510 Macleod Trail S.W. (rear entrance)

INTERGROUP & GENERAL SERVICE COMMITTEE MEETINGS

INTERGROUP GENERAL MEETING

2nd Monday of each month

7:00 p.m., St. Peter the Aleut Church, 1802 – 33 Ave. S.W., Calgary

CALGARY GENERAL SERVICE COMMITTEE (CGSC)

Third Monday of each month

7:00 p.m., St. Peter the Aleut Church, 1802 – 33 Ave. S.W., Calgary

OUT OF TOWN MEETINGS

AIRDRIE

- Monday 12 Noon — **Lunch Bunch** (O), Discussion
126-B Main St. (Back Door)
- 8:00 p.m.— **Back From Hell** (C), Step & Tradition
126-B Main St. (back door)
- 8:00 p.m. — **Country Group** (O)
204 – 1st Ave. N.E. (Christian Education Centre)
- Tuesday 8:00 p.m. — **Lunch Pail** (O)
126-B Main St. (back door)
- Wednesday 12 Noon — **Lunch Bunch** (O), Beginners
126-B Main St. (back door)
- 7:00 p.m. — **Women in Sobriety** (C), Women's, Disc.
126-B Main St. (back door)
- 8:30 p.m. — **Men's Meeting** (O), Step & Tradition
126-B Main St. (back door)
- Thursday 7:00 a.m. — **Back From Hell Early Riser** (O), Discussion
126-B Main St. (back door)
- 12:00 Noon — **Lunch Bunch** (O), 12x12 Discussion
126-B Main St. (back door)

OUT OF TOWN MEETINGS

AIRDRIE (*continued...*)

- Thursday 8:00 p.m. — **Big Book Study Meeting** (O), 12x12
126-B Main St. (back door)
8:00 p.m. — **Country Group** (O)
204 – 1st Ave. N.E. (Christian Education Centre)
Birthday last Thursday
- Friday 12 Noon — **Lunch Bunch** (O), Discussion
126-B Main St. (back door)
8:00 p.m. — **Back From Hell** (O), BB Discussion
126-B Main St. (back door)
- Saturday 10:00 a.m. — **Back to the Book** (O), Big Book Disc.(W)
1701 Main St. (Nose Creek Valley Museum)
8:00 p.m. — **Back From Hell** (O)
126-B Main St. (back door) *Open Birthday last Saturday*
- Sunday 10:00 a.m. — **Sunday Morning Meeting**, Speaker
800 East Lake Blvd. N.E. (Genesis Place, upstairs,
Echo Room)
8:00 p.m. — **Airdrie Reflections** (O), Daily Reflections
126-B Main St. (back door)

BANFF

- Monday 8:00 p.m. — **Mountainview Group** (O), Big Book
305 Lynx St. (Mineral Springs Hospital, Cafeteria)
- Tuesday 8:00 p.m. — **Mountainview Group** (O), Discussion
305 Lynx St. (Mineral Springs Hospital, Cafeteria)
- Friday 8:00 p.m. — **Mountainview Group** (O), Step & Tradition
305 Lynx St. (Mineral Springs Hospital, Cafeteria)

BASSANO

- Sunday 8:00 p.m. — (O) 608 – 5 Ave. (Bassano Health Centre)

BLACK DIAMOND

- Saturday 8:00 p.m. — (O) Step
717 Government Rd. (Oilfields General Hospital, basement,
“Action Centre” room)

OUT OF TOWN MEETINGS

BLAIRMORE

Wednesday 8:00 p.m. — **Crowsnest Pass Group** (C), Discussion

Sunday 8:00 p.m. — **Crowsnest Pass Group** (O), Discussion
Provincial Building, contact 403-753-1212 for info

BOWDEN

Sunday 7:30 p.m. — **Bowden Sunday Night** (O)(W)
2300 – 17 Ave. (Olde Library Community Centre/FCSS
Office, South end of Arena parking lot)

BROOKS

Mon. & Sat. 8:00 p.m. — **Fresh Start Group** (C),
507 – 3 Ave. W. (Brooks United Church)

Wednesday 8:00 p.m. — **Hospital Meeting** (O),
440 – 3 St. E. (Brooks Health Centre)

Tues. & Thur. 8:00 p.m. — **Bar None Group** (C),
811 Cassils Rd. W. (Trinity Lutheran Church)

BROCKET

Thursday 7:30 p.m. — **Piitaapoyi Group** (O)
16 St. & 15 Ave. (St. Paul's Catholic Church)

CARDSTON

Tues+ Thurs 8:00 p.m. — Kainai Healing Lodge, (O) (403) 737-3757

CANMORE

Monday 5:30 p.m. — **Round House Recovery for Women**, (O), Disc.
Suite 101, 743 Railway Ave. (Boardwalk Bldg., AHS
meeting room, East side entrance, use left glass door)

Tuesday 12 Noon — **Noon Oasis**, (O), Discussion
914 – 8 St. (Scout Hall, main door)

Wednesday 8:00 p.m. — **Back To Basics**, (O), Discussion
617 – 8 St. (Ralph Connor United Church, side entrance)

Thursday 8:00 p.m. — **Rule 62 Group**, (C), Big Book Discussion
617 – 8 St. (Ralph Connor United Church, side entrance)

OUT OF TOWN MEETINGS

CANMORE *(continued...)*

- Saturday 8:00 p.m. — **Rule 62 Group**, (C), Living Sober
617 – 8 St. (Ralph Connor United Church, side entrance)
- Sunday 8:00 p.m. — **Canmore Sunday Night**, (C), Discussion
914 – 8 St. (Scout Hall, main door) *Open Speaker 2nd Sun.*

CAROLINE

- Fridays 8:00 p.m. — **Caroline Wilderness Group** (C)
5111 – 49 Ave. (Lions Hall), *Open last Friday*

CARSTAIRS

- Sunday 7:30 p.m. — **Sunday Night Group** (O) Step & Topic
The Legion, Main St.

CASTOR

- Monday 8:00 p.m. — **Castor AA Group** (C)
4904 – 50 Ave. (Castor Community Lighthouse Church)
Open last Monday

CHESTERMERE

- Tuesday 7:30 p.m. — **4th Dimension Group** (C), Step & Trad. Disc.
Chestermere Christian Fellowship, main door, downstairs;
Conrich Rd., Range Rd. 284, 1.9 km. N. of Hwy #1
- Thursday 7:30 p.m. — **Lakeside Serenity Group** (C), Step & Trad. (W)
105 Marina Rd. (Chestermere Town Hall, use N. entrance)
Open Birthday 4th Thursdays

CLARESHOLM

- Tuesday 8:00 p.m. — **Versatile Group** (O)
126 – 52 Ave. W. (St. John's Anglican Church)
- Thursday 8:00 p.m. — **Claresholm Thursday Nite** (C)
4803 – 2 St. W. (United Church) *Open Birthay last Thurs.*
- Saturday 10:00 a.m. — **Gid R Dun Group** (O) Big Book Disc.....(W)
4304 – 2 St. West (Peace Lutheran Church)

COCHRANE

- Monday 7:30 p.m. — **5th Chapter Group** (C), BB/12x12 Disc.
128 – 1 Sreet E. (United Church) *Open Birthday last Mon.*

OUT OF TOWN MEETINGS

COCHRANE *(continued...)*

- Tuesday 7:30 p.m. — **Freedom Group** (C)
Weedon Hall (Hwy 22 & Hwy 567)
- Wednesday 12 Noon — **Laughter Noon Group** (C), Discussion
120 Centre Ave. (King Solomon Lodge)
- Thursday 8:00 p.m. — **Thursday Men's Group** (C), Step & Trad.
404 – 4 Ave. N. (All Saints Anglican Church, Rectory Bldg.)
- Friday 8:00 p.m. — **Cochrane Rounders** (C), Step/Tradition
405 – 1 St. E. (Frank Wills Memorial Hall)
- Saturday 7:00 p.m. — **Cochrane Castaways** (O), Step/Discussion
800 Griffin Rd. E. (Spray Lakes Family Sports Centre,
NE entrance, 2nd floor)
- Sunday 7:30 p.m. — **Head To Heart Big Book Study** (C)
120 Centre Ave. (King Solomon Lodge)
contact Linda H. 403-990-8826 *Open Birthday last Sun.*

COALDALE

- Wednesday 8:00 p.m. — **Coaldale Group** (C) *Open last Wednesday*
2115 – 17 St. (Anglican Church of the Ascension)

CONSORT

- Thursday 8:00 p.m. — **Consort Group** (C)
5103 – 47 St. (Anglican Church, basement) *Open last Thurs.*

CREMONA

- Monday 8:00 p.m. — **Cremona Blasters Group**, (C)(W)
113 Centre St. (Gold & Silver Club, behind Credit Union)
Open last Monday

CROSSFIELD

- Wednesday 8:00 p.m. — **Crossfield Wednesday Night Group** (C)
Masonic Hall

DEWINTON

- Tuesday 8:00 p.m. — **Dewinton Tuesday Night Group** (C)
303 Macleod Tr. West (Dewinton United Church,
basement, use rear door entrance) *Open Speaker 1st Tues.*

OUT OF TOWN MEETINGS

DICKSON

Monday 8:00 p.m. — **Dickson Dam Monday Night (C)**
Bethany Lutheran Church, East of 4-way stop
Open last Monday

DIDSBURY

Friday 8:30 p.m. — **Didsbury Friday Night (C)**, Step & Tradition
2037 – 21 Ave. (Masonic Hall) *Open Birthday last Friday*

DRUMHELLER

Weekdays 8:00 p.m. — (C) 175 – 3 St., Grace House

Monday 7:00 p.m. — **Happy Destiny Group, (O)**, Discussion
Drumheller Hospital

Wed. & Sun. 7:00 p.m. — **New Hope Group, (C)**, Big Book Study
176 – 1 St. S.W. (St. Magloire Anglican Church),
contact Tom 403-823-6061

Saturday 9:00 a.m. — **Saturday Morning Sunrise, (C)**(W)
195 – 3 Ave. E. (Knox United Church, side door)
Open Birthday 1st Saturday

ECKVILLE

Thursday 7:30 p.m. — **Eckville Thursday Night, (C)**, BB Study....(W)
5011 – 54 Ave. (Friendship Centre)
Open Speaker last Thursday

ELNORA

Monday 8:30 p.m. — **Elnora No Name Group (O)**, Step
(St. David's Anglican Church, basement)
Birthday 1st Monday

FORT MACLEOD

Daily 8:00p.m. — Foothills Detox Centre (C), 403-553-4466
except Sat. 810 – 18 St. Main Door, ring buzzer for entry

Wednesday 8:00 p.m. — **Sunnyside Group (C)**
1716 – 7A Ave. (Fort Macleod Alliance Church, back door)

HANNA

Monday 8:00 p.m. — **Chimes of Freedom (C)**
520 – 2 Ave. W. (Hanna Alliance Church, downstairs)
Open last Monday

OUT OF TOWN MEETINGS

HIGH RIVER

Wednesday 1:30 p.m. — **High River Wednesday Afternoon Group** (C)
123 Macleod Trail S.W. (High River United Church)

8:00 p.m. — **High River Group** (O)
910 – 12 Ave. W. (Good Shephard Lutheran Church)

Friday 8:00 p.m. — **High River Group** (O), BB Discussion
910 – 12 Ave. W. (Good Shephard Lutheran Church)

INNISFAIL

Tuesday 7:30 p.m. — **24 Hr. Group** (C)
4716 – 50 Ave. (Presbyterian Church) *Open last Tuesday*

Wednesday 12 Noon — **Innisfail Wed. Noon Meeting** (O), Disc.....(W)
#25, 4804 – 42 Ave. (Alliance Church, North door)

Thursday 8:00 p.m. — **Gratitude Group** (O), Beginners.....(W)
4720 – 48 Ave. (Innisfail United Church) call 403-347-8650

Saturday 8:00 p.m. — **Innisfail Sat. Night** (O), Step & Trad.....(W)
#25, 4804 – 42 Ave. (Alliance Church, North door)
Birthday Speaker last Saturday

IRRICANA

Wednesday 7:30 p.m. — **Irricana Recovery** (O)

Sunday 8:00 p.m. — **Irricana Recovery** (O)
16 km E. of Airdrie on Hwy 567
(United Church, basement) *Open Birthday last Sunday*

LETHBRIDGE CHAPTER HOUSE.....403-327-8049

MEDICINE HAT CENTRAL OFFICE403-527-2065

MILK RIVER

Monday 8:00 p.m. — **Milk River Group** (C)
Extended Care – Hospital

MORLEY

Wednesday 11:00 a.m. — **First Light Group** (O) Step & Topic.....(W)
Westley Elders Lodge, Hwy 1A (33 km West of Cochrane)

OUT OF TOWN

NANTON

Monday 8:00 p.m. — **Nanton Monday Night (O)**
2121 – 21 St. (Nanton United Church, basement)
Birthday 3rd Mondays

OKOTOKS

Monday 8:00 p.m. — **Okotoks Monday Night Group (C)**
13 Elma St. E. (Freemason's Hall) *Open Birthday last Mon.*

Wednesday 8:00 p.m. — **Wednesday Night Men's (C) Step/Disc(W)**
31 Riverside Way (St. Peter's Anglican Church,
use Main entrance)

Thursday 8:00 p.m. — **Railway Group (O)**
43 Riverside Dr. (Okotoks United Church, use NW side
door) *Birthday 1st Thursday*

Friday 8:00 p.m. — **T.G.I.F. Group (O)**, Big Book
338 Ave. & Hwy 2A (Okotoks Alliance Church,
use North entrance)

Sunday 8:00 p.m. — **Okotoks Men's Group (C)**, Men's, Step/Disc.
43 Riverside Dr. W. (Okotoks United Church,
use West side Food Bank door)
Open Birthday Speaker last Sunday

OLDS

Monday 7:30 p.m. — **Olds Midway Group (C)**(W)
5022 – 52 St. (St. Paul's Lutheran Church)
Open first Monday

Tuesday 6:00 p.m. — **Tuesday Hospital Early Meeting (C)**(W)
3901 – 57 Ave. (Olds Hospital, classroom, lower level)

Wednesday 12 Noon — **Wed. Noon BYO Mug Meeting (O)**
5022 – 52 St. (St. Paul's Lutheran Church, basement)
Topic Discussion

Thursday 8:00 p.m. — **Olds Evergreen Back Door Group (O)**(W)
5237 – 52 St. (Evergreen Seniors Centre, back door)
Book Discussion

OUT OF TOWN MEETINGS

OLDS *(continued)*

Friday 12 Noon — **TGIF Meeting** (O)
5022 – 52 St. (St. Paul's Lutheran Church, basement)

PINCHER CREEK

Friday 7:30 p.m. — **There Is A Solution** (O), Big Book Disc....(W)
972 Police Ave. (Pincher Creek United Church, Main
Level, Lounge, use parking lot entrance)

RAYMOND

Wednesday 8:00 p.m. — **Pot Belly Stove Group** (O)
Smoking allowed!
81E 100 S (contact Central Office for info 403-777-1212)

RED DEER ANSWERING SERVICE.....403-347-8650

ROCKYFORD

Tuesday 7:00 p.m. — **Rockyford Group** (C)
Rockyford United Church, across from (West of) school

ROCKY MOUNTAIN HOUSE

Tuesday 7:30 p.m. — **Rocky Recovery Group** (C)
& Friday Tuesday: BB Discussion; Friday: Topic Discussion
1.6 km South on Hwy 11
(First Christian Reformed Church, back door)
Open meeting last Tuesday and Friday of the month

SIKSIKA

Wednesday 7:00 p.m. — **Sorrel Rider Group** (C)
Siksika Elder's Lodge, on Hwy 547, 1/2 km S. of Gleichen

STAND OFF

Monday 7:00 p.m. — **Stand Off Meeting** (O)
Kainai Continuing Care, Great Hall,
Highway 2, Stand Off

OUT OF TOWN MEETINGS

STETTLER

- Tuesday 8:00 p.m. — **Stettler Heartland Group** (O)
4820 – 51 St. (Stettler United Church, basement,
use North door entrance)
Open last Tuesdays
- Friday 7:00 p.m. — **Friday Big Book Meeting** (C)
Big Book Discussion format
Stettler Regional Hospital, Conference Room

STRATHMORE

- Monday 8:00 p.m. — **Sunset Discussion Group** (O), Beginners
245 Brent Blvd. (Hope Community Covenant Church)
Birthday Speaker 1st Mondays
- Tuesday 8:00 p.m. — **Highway People** (O), Discussion(W)
50 Maplewood Dr. (Full Gospel Church, back door)
- Thursday 8:00 p.m. — **Thursday 12x12 Group** (O)(W)
50 Maplewood Dr. (Full Gospel Church, back door)
- Sunday 2:00 p.m. — **New Life Group** (O), Step & Discussion
410 – 4 St. (Strathmore United Church)

SUNDRE

- Wednesday 8:30 p.m. — **Sundre Town & Country Group** (C)(W)
808 – 1 St. N.E. (Sundre Gospel Centre)
Open 1st Wednesdays

SYLVAN LAKE

- Tuesday 7:30 p.m. — **Tues. Night Serenity Group** (C)
5119 – 50A St. (Lion's Den Hall)
Step & Tradition format *Open Birthday last Tuesdays*
- Sunday 8:00 p.m. — **Sylvan Lake Sunday Night Group** (C)
5020 – 48 St. (Presbyterian Memorial Church)
Open last Sundays

OUT OF TOWN MEETINGS

TABER

Tue. & Thu. 7:30 p.m. – **Taber Group** (C)
5431 – 48 Ave. (Evangelical Free Church)

Friday 7:30 p.m. – **Serenity Seekers** (O)
5213 – 56 St.

Saturday 7:30 p.m. – **Taber Group** (O)
5431 – 48 Ave. (Evangelical Free Church)
Birthday last Saturday

THREE HILLS

Thursday 8:00 p.m. – **New Life Group** (O),
108 – 5 Ave. S. (Knox United Church)
Open 1st Thursday

TROCHU

Wednesday 7:00 p.m. – **Back Again Group** (C) Step Discussion
“Eye of the Sky” Bldg., Lions Campground
Open Birthday last Wed.

TSUU T’INA NATION

Thursday 12 Noon – **Tsuu T’ina Group** (O), Discussion
Spirit Healing Lodge, Old Agency Rd. off Bullhead Rd.,
off Anderson Rd. SW

TURNER VALLEY

Thursday 8:00 p.m. – **Diamond Valley Group** (C)
208 Main St. S.W. (St. George’s Anglican Church Hall),
Open Birthday Speaker last Thursday

VULCAN

Tuesday & Thursday 8:00 p.m. – **Vulcan Group** (C)
116 – 3 Ave. N. *Open Birthday last Tuesday*



WHO SUPPORTS CALGARY CENTRAL SERVICE OFFICE?

Central Office is supported 100% by the financial contributions of local AA Groups and individual AA members.

NO OUTSIDE CONTRIBUTIONS ARE ACCEPTED
(in accordance with AA Tradition).

SUGGESTED GROUP CONTRIBUTIONS

The following “split” suggestions could be considered after all necessary group expenses are met.
(ie: rent, AA literature, refreshments, prudent reserve, District and/or DCM expenses)

50% (IG), 30% (GSO), 10% (Area), 10 (CGSC)

50% (IG), 30% (CGSC), 10% (GSO), 10 (Area)

— OR —

**Whatever percentages are in accordance
with your group conscious.**

Mailing addresses for group contributions are as follows:

- (IG) Calgary Intergroup** (payable to:)
Calgary Central Service Office
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (GSO) General Service Office** (payable to:)
General Service Office
P.O. Box 459, Grand Central Station,
New York, New York 10163
- (CGSC) Calgary General Service Committee** (payable to:)
General Service Committee
c/o Calgary Central Service Office
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (Area) Area 78** (payable to:)
Address changes every two years; please contact
Central Service Office for current mailing address.

THE 12 STEPS OF ALCOHOLICS ANONYMOUS*

1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

THE 12 TRADITIONS OF ALCOHOLICS ANONYMOUS*

1. Our common welfare should come first., personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centres may employ special workers.
9. A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

ARE YOU AN ALCOHOLIC?

Questions developed by Johns Hopkins University Hospital to determine whether or not a person is suffering from Alcoholism. Ask yourself the following questions, and answer them as HONESTLY as you can.

	YES	NO
1. Do you lose time from work due to drinking?	<input type="checkbox"/>	<input type="checkbox"/>
2. Is drinking making your home life unhappy?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you drink because you are shy with other people?	<input type="checkbox"/>	<input type="checkbox"/>
4. Is drinking affecting your reputation?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you ever felt remorse after drinking?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you gotten into financial difficulties as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you turn to lower companions and an inferior environment when drinking?	<input type="checkbox"/>	<input type="checkbox"/>
8. Does your drinking make you careless of your family's welfare?	<input type="checkbox"/>	<input type="checkbox"/>
9. Has your ambition decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you crave a drink at a definite time daily?	<input type="checkbox"/>	<input type="checkbox"/>
11. Do you want a drink the next morning?	<input type="checkbox"/>	<input type="checkbox"/>
12. Does drinking cause you to have difficulty in sleeping?	<input type="checkbox"/>	<input type="checkbox"/>
13. Has your efficiency decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
14. Is drinking jeopardizing your job or business?	<input type="checkbox"/>	<input type="checkbox"/>
15. Do you drink to escape from worries or troubles?	<input type="checkbox"/>	<input type="checkbox"/>
16. Do you drink alone?	<input type="checkbox"/>	<input type="checkbox"/>
17. Have you ever had a loss of memory (blackout) as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
18. Has your physician ever treated you for drinking?	<input type="checkbox"/>	<input type="checkbox"/>
19. Do you drink to build up your self-confidence?	<input type="checkbox"/>	<input type="checkbox"/>
20. Have you ever been to a hospital or institution on account of drinking?	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered YES to any **one** of the questions, that is a definite warning that you **MAY** be an alcoholic.

If you answered YES to any **two**, CHANCES ARE that you are an alcoholic.

If you answered YES to **three or more**, YOU ARE DEFINITELY AN ALCOHOLIC.