

# Information concerning ONLINE MEETINGS

March 2020

Following COVID-19 health and safety procedures, many of our members are searching for alternatives for attending meetings. This will be a time where many members can experience what those in remote or with limited access go through every week. Please be aware there are online meetings which are not AA approved or focused. Just so you know. Here are a few suggestions.

Item	About	Details
Ideas	Notice at home group place	Note on door for online access 1-2 people at meeting for newcomers
Online Meetings for Area 78  Link for Area 78's new/temporary online meetings	Spirit of the North meetings/week: <a href="https://zoom.us/j/8864590234">https://zoom.us/j/8864590234</a> OR <a href="http://www.zoom.us">www.zoom.us</a> , Join Meeting, type in 8864590234  <a href="https://area78aa.org/online-meeting-calendar">https://area78aa.org/online-meeting-calendar</a>	Sun & Wed 7:00 – 8:00 pm mt Mondays Big Book Study 7:00-9:00 pm mt  Sign up to do an online meeting <a href="https://area78aa.org/online-meeting-signup">https://area78aa.org/online-meeting-signup</a>
	Any group willing to chair additional Area 78 Spirit of the North online meetings contact <a href="mailto:alternatedelegate.70@area78.org">alternatedelegate.70@area78.org</a>	The group must have at least 2 people willing and technically able to chair for the duration of this need. Need a computer and stable internet. A member will walk you through
AA approved online meetings List	<a href="http://www.aa-intergroup.org">www.aa-intergroup.org</a>	Some are audio only and some are discontinued. You'll have to check.
	<a href="http://www.portlandeyeopener.com">www.portlandeyeopener.com</a> <a href="https://zoom.us/j/7307336463">https://zoom.us/j/7307336463</a>	Offers daily meetings 7 am and 5 pm mt
	Area 79 Online Zoom meetings: <a href="https://us04web.zoom.us/j/2316225487">https://us04web.zoom.us/j/2316225487</a>	Daily (through this situation) 10 am & 9:00 mt
To set up a Zoom account for Group or District	Zoom seems to be the most secure with access for proper control of the meetings. Offers excellent free tutorials and training.	Has a free option or purchase account. Gives a static ID number. Register on the AA listing: <a href="http://www.aa-intergroup.org">www.aa-intergroup.org</a> Or can keep it as a private group A District can put online their meetings
AA Principles for online	Guiding principles	Strongly Suggest to follow AA Traditions and Principles of anonymity, primary purpose, AA materials only and 7 <sup>th</sup> Trad.
7 <sup>th</sup> Tradition	E-transfer with password: not needed <a href="mailto:treasurer.70@area78.org">treasurer.70@area78.org</a> OR mail cheque to Area 78 Treasurer PO Box 9027 RPO Aspen Glen Spruce Grove AB T7X 4H5 Details: <a href="https://area78aa.org">https://area78aa.org</a>	Ensure you include your group #, name and District #