

12 Step List Application, Renewal & Removal Form

(Suggested 1 year of sobriety)

New application Change of information Removal from 12 Step List

Sex: M F Other Home Group _____

First Name: _____ Last Initial _____

Phone Number: _____ Cell Number: _____

Do you want to monitor the phones on the midnight shift (11:00 pm - 8:30 am)?

Or fill in the following to have your name on the 12 Step List

When are you available?

Weekday daytime (9 am - 5 pm) Weekday evenings (5 pm - 11 pm)

Weekends (9 am-11 pm) Anytime (7 days a week, 9 am - 11 pm)

Where are you available to make 12 step calls? (REMEMBER - TAKE A FRIEND)

Any where in Calgary NE NW SW SE

Town(s) around Calgary: _____

Do you have transportation for calls? Yes No

What language(s) other than English do you Speak? _____

Are you able to be listed on the foreign language list? Yes No

Are you ONLY available for calls during the COVID-19 restrictions and wish to be removed from the list once the restrictions are lifted? Yes No

Do you wish to be contacted after the COVID-19 restrictions have been lifted to adjust your availability? Yes No

Please complete form and email to: cgig12steplist@gmail.com

What is the 12 Step List?

This list contains the AA members who are willing to have their names and phone numbers listed for 12 Step calls.

Listings are by area of the city and home group.

The list is used by phone monitors when a caller needs to talk with another alcoholic.

You may talk with them a short time or for a long time. Or, with another AA friend*, you may meet them for a coffee, take them to a meeting, or visit them in their home.

You list your available times and what parts of the city you are willing to travel to. A car is helpful but not necessary.

How to sign up

Return this application form to Central Service Office or to your Intergroup Representative. Once you are on the list, any changes you want to make just call Central Service Office and ask for Mathew.

** Never go on a 12 Step Call on your own.*

What are Midnight Monitors?

These are people willing to take calls between 11:00 at night and 8:30 in the morning.

Their phone numbers are given to the answering service who forwards calls, on rotation, directly to them during that time.

It usually involves only talking & listening, and occasionally getting someone on the 12 Step list to call them back the next day.