

OCTOBER 2021



ALCOHOLICS ANONYMOUS Calgary & Southern Alberta Meeting Directory

******* *Pandemic Issue* *******

***Not all listings are currently active!
Check website for current in-person meetings.***

CENTRAL SERVICE OFFICE

4021 – 4 Street S.E.

Calgary, Alberta T2G 2W4

phone : 403-777-1212

e-mail : centraloffice@calgaryaa.org

website: www.calgaryaa.org

OFFICE HOURS

Monday to Friday : 8:30 a.m. – 5:00 p.m.

Closed for lunch, 1:00 p.m. – 2:00 p.m.

Closed Weekends & Holidays

Area 78 (Alta./N.W.T.) website : www.area78.org

General Service Office (New York) website : www.aa.org

INDEX

Group Index	3, 4
Meetings Held Daily (Mon. – Fri.)	5, 6
Calgary Weekly Meetings	7–29
Spanish Speaking Meetings	7, 11, 12, 14, 17, 19, 20, 22, 24, 28
Polish Speaking Meeting	16
Punjabi/Hindi speaking meetings.....	10, 12
Hospital and Treatment Facility Meetings	30
Out of Town Meetings	31–43
Intergroup & General Service Committee Mtgs	43
Central Office Support & Suggested Group Contributions	44
12 Steps & 12 Traditions	45, 46
The 20 Questions (Are You An Alcoholic?)	1

CODES

All meetings are “Mixed” (men & women)
unless otherwise noted.

(W) = Wheelchair Access

(O) = Open Meeting Format — Open to anyone who is interested in the AA Program. Visitors and friends are expected to respect the anonymity of all persons they see or meet at AA meetings.

(C) = Closed Meeting Format — For alcoholics only. Discussion of the AA Program is held and every person has the opportunity to ask questions and share their experience more freely. All members benefit from the experience, strength and hope of each other.

CALGARY MEETING INDEX

GROUP NAME	PAGE(S)	GROUP NAME	PAGE(S)
19th Street Big Book	16	Fireside	9
19th Hole	12	Forest Lawn	24
272 Group	7, 20	Friday Night Fellowship.....	19
5th Tradition Safe Harbour.....	27	Friday Night Train Wreck.....	21
A-Men	10	Front Runners	10, 16, 20, 23
ABC.....	13	Foothills Hospital (Winner's Circle)	
Alcove Alumni	18	8, 16, 30
Alpha House.	21, 30	Fun Seekers	5
Airport	13	Garnet Block	5, 6, 7, 8, 10, 11, 13,
Aspen/West Springs	15	15, 16, 19, 20, 23, 24, 26, 27
Aventa	29, 30	Getting There	10
Awakenings	22	Glenmore	6, 9, 12, 14, 15,
Back to the Drawing Board	28	18, 21, 25, 29
Beacon's Refugees	23	Go For It	5, 22, 26
Beautiful Hope Women's Mtg.....	7	Grey Sheep	13
Better Days	22	Grupo Nuevo Horizonte (<i>Spanish</i>) ...	
Better Than A Hangover	22, 30	7, 12, 19, 22
Bow Bottom Trail	17	Grupo Vientos de Calgary (<i>Spanish</i>)	
Bowness Group.....	27	11, 14, 17, 20, 24, 28
Came To Believe	28	Haddon Road	6, 9, 12, 18,
Came To Meeting.....	27	22, 25, 28, 29
Candlelight	17	Happy, Joyous & Free	11
Central Recovery	9, 18, 21	Harmony	14
Daily Reflections	6, 19, 25, 26, 28	Harvest Hills BB Discussion	7
Deer Ridge	11	Homeward Bounders	5
Desperation	19	Inglewood	17
Double H	8	Just For Today	11, 17
Downtown Saturday Night	25	Kincora Group	13
Dream Centre	29, 30	Knox Nooners	6
Edgemont	19	Lakeview Open Speaker	21
Elbow Park	9, 15	(The) Link Group	21
Explorers	15	MAAT Group.....	15
Fellowship Speaker Mtg.....	24	Marlborough Park	13

CALGARY MEETING INDEX

GROUP NAME	PAGE(S)	GROUP NAME	PAGE(S)
McKenzie Towne	11, 17, 24	SMOG	7, 13, 22
Memorial Park Men's	18	SMORG	26
Men's Back To Basics	15	Sobriety & Beyond	8
Midnapore	9, 11, 14, 18, 21	Sooner Than The Nooner	26
Mustard Seed Group	8	South Health Campus.....	14, 30
N2 Group	27	Southlanders Pancake	14
Nadzieja (Polish)	16	Southview By the Book	21
Namaste.....	27	Southwest Serenity	29
New Beginnings	6, 8, 11, 13, 14,	Spirit Winds.....	25
.....	17, 20, 21, 24, 27, 28	Springbank Tuesday	10
New Freedom (Punjabi/Hindi)	12	Stampeders	23
New Life	26	Step Sisters	14
New You / Sailor Bill's	10	Steps, Stories & Beyond	8
No Name Group	7	Sunday Morning 11AM	26
Northlanders	8	Sunday Morning Breakfast	28
NW Calgary Group	10, 16, 23	Survivors' Group (Punjabi/Hindi)	10,26
NW Step & Tradition	16	The Link Group	21
Ogden	18, 28	Thurs. Night Ladies	18
Open Door	11	Train Wreck Meetings.....	21, 26
Out to Lunch Bunch	7, 12, 19	Tuesday Morning Ladies	10
Overcomers	13	Turf Group	18
Parkdale Ladies.....	16	Unity	21
Peter Lougheed Hospital	10, 30	Wake Up Group	27
Primary Purpose	15	Walking Eagle	7
Recovery Group	9, 12, 18, 25	We Agnostics	9
Regal	7, 15	Wednesday Eye Opener	13
Resentment Resolve Group	17	Weekend Serenity.....	24, 28
Resilience in Unity.....	20	Weekend Serenity Cont.	8, 14, 20
Rockyview Group	12, 19, 30	West End Step & Tradition	23
Rule 62 Group.....	16	Winner's Circle	8, 16, 30
Saturday Morning Bridge	22	Whitesheep	17
Saturday Night Train Wreck	26	Wombly's Clapboard Factory	9
Shipwreck at Sunset	20		

IMPORTANT INFORMATION ABOUT THIS DIRECTORY

As embodied in the 4th Tradition, the information and operation of an AA Group resides with the group conscience of its members. While hopefully every AA Group adheres closely to the guiding principles of the 12 Steps and 12 Traditions, Calgary Intergroup neither monitors nor oversees the activities or practice of any AA Group. Groups and meetings listed in this directory appear at their own request. A directory listing does not constitute or imply approval or endorsement of any approach to, or practice of, the AA program.

DAILY MEETINGS (Monday to Friday)

NORTHWEST

- 7:00 a.m. **Go For It** — (C)
6422 – 35 Ave. N.W. (Main entrance, Bowness Senior's Centre) (W)
- 12 Noon **Fun Seekers** — (O), Discussion
3512 – 5 Ave. N.W. (Parkdale Community Association, downstairs Boardroom) (W)
- 1:30 p.m. **Afternoon Garnet** — (O) Step Discussion
1609 Centre St. N.W. (downstairs)
- 5:15 p.m. **Homeward Bounders** — (O), 12x12 (W)
2919 – 8 Ave. N.W. (Parkdale United Church, use main door entrance, downstairs)
- 5:30 p.m. **Garnet 5:30** — (O) Step Discussion
1609 Centre St. N.W. (downstairs)

DAILY MEETINGS (continued...)

NORTHWEST (continued...)

10:00 p.m. **Garnet Night Owl** – (O) Discussion
1609 Centre St. N.W. (downstairs)

SOUTHWEST

6:00 a.m. **Haddon Road** – On Awakening – (C), Disc.
200 Haddon Rd. S.W.
(Rm. 200L, upstairs, *45 minute meeting*)

7:00 a.m.. **Haddon Road** – On Awakening – (C), Disc.
200 Haddon Rd. S.W. (Rm. 200L, upstairs)

9:30 a.m. **Daily Reflections** – (O)
134 Scarboro Ave. S.W. (Scarboro United
Church, use West gym door)

12 Noon **Glenmore** – (O), Step, Discussion
2509 Dieppe Ave. S.W. (Currie Barracks,
Bldg. B-6, Room 103, downstairs)

12 Noon **Knox Nooners** – (O), Step
506 – 4 St. S.W. (Knox United Church, 4th St.
ent.) *No Meetings Stat. Holidays; B-day last Fri.*

12:10 p.m. **Haddon Road** – Brown Bagger – (O), Disc.
200 Haddon Rd. S.W. (Rm. 200L, upstairs)

SOUTHEAST

12 Noon **New Beginnings** – (O), Discussion
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)

5:15 p.m. **New Beginnings** – (C), Discussion
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)

MONDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** — (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish
some English spoken, 2 hr. meeting
3850 – 19 St. N.E., Bay 6
- 7:00 p.m. **Beautiful Hope Women's Meeting** — (O),
Step/Tradition Discussion
24 Madigan Plaza, 6060 Memorial Dr. N.E.
(Mustard Seed Neighbour Centre)
- 7:00 p.m. **Regal Group** — (C), Big Book Discussion
66 – 7 St. N.E. (St. Matthew Lutheran Church,
back [South] door, downstairs)
- 8:00 p.m. **No Name Group** — (O), Beginners
2523 – 56 St. N.E. (Prince of Faith Lutheran
Church) *Birthday Speaker last Monday*
- 8:00 p.m. **Walking Eagle** — (O), Step & Tradition
210 – 10 Ave. N.E. (Sharon Lutheran Church, use
side door entrance, basement)

NORTHWEST

- 10:00 a.m. **Garnet Grateful To Be Here** — (O)
1609 Centre St. N.W. (downstairs)
- 7:30 p.m. **SMOG** — (O), Step/Tradition
2404 Kensington Rd. N.W.
(Kensington Commons Church, East entrance)
- 7:30 p.m. **272 Group** — (C), Step/Tradition..... (W)
3311 Centre St. N. (Northminster United Church)
- 7:30 p.m. **Harvest Hills Big Book Discussion** — (O)
10099 Harvest Hills Blvd. N.W. (Harvest Hills
Alliance Church) *Birthday last Monday*

MONDAY

NORTHWEST *(continued)*

- 8:00 p.m. **Double H** — (O)
130 – 32 Ave. N.W. (House of Blessings Church)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) — (O)..... (W)
1403 – 29 St. N.W. (Baker Bldg., Rm AGW2)
- 8:00 p.m. **Mustard Seed Group** — (C), Men's, 12 x 12
5720 Silver Ridge Dr. N.W.
(Silver Springs Community Centre)
- 8:00 p.m. **Northlanders** — (C) 12 x 12
Corner of Northmount Dr. & Northland Dr. N.W.
(St. Luke's Church, East entrance, lower level)
Open Birthday Speaker 1st Monday
- 8:30 p.m. **Monday Night Garnet Beginners** — (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** — (C), Women's, Step
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)
- 12 Noon **Weekend Serenity...Cont.** — (O), Big Book Disc.
#208, 1830 – 52 St. N.E. , Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 7:00 p.m. **Steps, Stories & Beyond** — (O), Big Book
6100 - 8 Ave. S.E. (Pembroke Meadows
Community Association)
- 7:30 p.m. **Sobriety & Beyond** — (C) Big Book Disc..... (W)
#2 New Brighton Dr. S.E. (New Brighton
Resident Association Building, buzz for entry)
Open Birthday last Monday

MONDAY

SOUTHEAST *(continued)*

- 8:00 p.m. **Fireside** — (C)..... (W)
12707 Bonaventure Dr. S.E. (Holy Nativity Anglican Church, parking lot entrance) *Open B-day 3rd Mon.*
- 8:00 p.m. **Midnapore** — (C), Living Sober Discussion
14540 Bannister Rd. S.E. (St.Mary's University, use far West entrance) *Cancelled on holiday Mondays!*

SOUTHWEST

- 12 Noon **Central Recovery** — (O), Step
131 – 7th Ave. S.W. (Central United Church, side door, downstairs, dining room)
- 5:00 p.m. **Recovery Group** — (C), Living Sober Disc..... (W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Haddon Road** — (O), Beginners
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Glenmore** — (O), Beginners
2509 Dieppe Ave. S.W. (Currie Barracks, Building B-6, Room 103, downstairs)
- 8:30 p.m. **We Agnostics** — (O), Living Sober Discussion
1213 – 4 St. S.W.
(Sheldon M. Shumir Health Centre, Rm. 3102)
- 8:00 p.m. **Elbow Park** — (C), Beginners, Discussion
3602 – 8 St. S.W. (Christ Church Anglican, Crump Rm)

TUESDAY

NORTHEAST

- 6:15 p.m. **Wombly's Clapboard Factory** — (C), Men's,
Big Book/12x12 Discussion
904 Renfrew Dr. N.E. (All Saints Traditional Anglican Church Renfrew, side door, downstairs)

TUESDAY

NORTHEAST *(continued...)*

- 6:30 p.m. **Survivors Group** — (C), Punjabi/Hindi..... (W)
95 Falshire Dr. N.E. (Falconridge/Castleridge
Community Centre) Step Discussion
- 8:00 p.m. **Peter Lougheed Hospital** (O), Beginners
3500 – 26 Ave. N.E., (basement, auditorium)

NORTHWEST

- 10:00 a.m. **Tuesday Morning Garnet** — (O) Step Disc.
1609 Centre St. N.W. (downstairs)
- 10:00 a.m. **Tuesday Morning Ladies** — (C), Women's
Meets in members homes. Please contact:
Joan 403-519-7946
- 7:30 p.m. **A-Men** — (C), Men's, Step & Tradition..... (W)
3527 Boulton Rd. N.W. (Hope Lutheran Church)
- 7:30 p.m. **Springbank Tuesday** — (C), Step & Tradition
(Westlife Church) corner of Range Rd. 33 and
Township Rd. 245, South of Calaway Park entrance,
off Hwy 1)
- 8:00 p.m. **New You/Sailor Bill's** — (O), Step & Tradition
6228 Bowness Rd. N.W.
(Office, Room 201; Buzz 201)
- 8:00 p.m. **Front Runners** — (C), LGBTQ, Step & Tradition
1227 Kensington Close N.W.
(Hillhurst United Church, side door, upstairs)
- 8:00 p.m. **Getting There** — (C) Step, Discussion
2828 – 19 St. N.W. (Holy Cross Anglican Church)
Open Birthday last Tuesday
- 8:00 p.m. **NW Calgary Group** — (O), Big Book (W)
333 Edgepark Blvd. N.W.
(Foothills Alliance Church, Simson Hall)

TUESDAY

SOUTHEAST

- 8:30 p.m. **Tuesday Night Garnet** — (O) Step Discussion
1609 Centre St. N.W. (downstairs)
- 10:30 a.m. **New Beginnings** — (C), Women's, BB Story/Disc.
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)
- 12 Noon **Just For Today** — (O), Big Book Discussion
2951 – 26 Ave. S.E.
(St Luke's Anglican Church, rear door)
- 6:00 p.m. **Happy, Joyous & Free** — (O), Step & Tradition
#208, 1830 – 52 St. N.E., Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy, bsmnt)
- 7:00 p.m. **New Beginnings** — (O), Women's, Step
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs) *Speaker last Tuesday*
- 7:30 p.m. **McKenzie Towne** — (C), Step
#7 McKenzie Town Gate S.E. (McKenzie Towne Church)
- 7:30 p.m. **Deer Ridge** — (C), Step & Tradition
13811 Deer Ridge Dr. SE.
(Lutheran Church of the Good Shephard)
Open Birthday last Tuesday
- 7:30 p.m. **Open Door** — (O), Step/Discussion
1840 – 38 St. S.E.
Eastside Victory Outreach, back door)
- 8:00 p.m. **Midnapore** — (O), Step & Tradition *B-Day last Tues.*
14540 Bannister Rd. S.E. (St.Mary's University,
use far West entrance)

TUESDAY

SOUTHWEST

- 7:00 p.m. **Glenmore** — (C), Women's, Living Sober
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)
- 7:30 p.m. **Haddon Road** — (C), Step & Big Book Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 7:30 p.m. **Recovery Group** — (C), Step/Tradition (W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Rockyview Group** — (O), Step (W)
7007 – 14 St. S.W. (Rockyview Hospital, Holy Cross
Ambulatory Care Centre, Room 5A-103)
- 8:00 p.m. **19th Hole** — (C), Men's
804 – 75 Ave. S.W. (Sheppard King Lutheran
Church, use East rear entrance)
- 8:30 p.m. **Glenmore** — (C), Men's, Discussion
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)

WEDNESDAY

NORTHEAST

- 11:55 a.m. **Out to Lunch Bunch** — (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
Birthday last Wednesday
- 5:30 p.m. **New Freedom Mtg.** — (O) Beginners (W)
3015 – 5 Ave. N.E., Unit 270
(Franklin Atrium, North door entrance)
English with Punjabi & Hindi translation
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish
some English spoken, 2 hr. mtg.
3850 – 19 St. N.E., Bay 6

WEDNESDAY

NORTHEAST *(continued...)*

- 7:30 p.m. **Marlborough Park** — (C) *doors locked @ 7:45 pm!!*
1352 Abbeydale Dr. N.E.
(Fellowship Centre, use South entrance)
- 8:00 p.m. **Airport** — (O), Beginners
210 – 10 Ave. N.E. (Sharon Lutheran Church,
side door, basement)
- 8:00 p.m. **Overcomers** — (O), Discussion..... (W)
5510 – 26 Ave. N.E. (Robert McClure Church)
- 8:30 p.m. **Grey Sheep** — (C), Men's
1432 – 19 St. N.E. (Ascension Lutheran Church)

NORTHWEST

- 10:00 a.m. **Wednesday Morning Eye Opener** — (O) (W)
130 – 32 Ave. N.W. (House of Blessings Church)
- 7:30 p.m. **SMOG** — (O), Big Book Discussion
2404 Kensington Rd. N.W.
(Kensington Commons Church, East entrance)
- 8:00 p.m. **ABC** — (C), Step & Tradition (W)
4612 Varsity Dr. N.W. (Varsity Acres Presbyterian
Church, East door entrance) *Open B-day last Wed.*
- 8:00 p.m. **Kincora Group** — (O), Discussion
38 Kincora Rise N.W. (Symons Valley United
Church) *Birthday Speaker last Wednesday*
- 8:30 p.m. **Wednesday Night Garnet** — (O)
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** — (O), Women's Big Book
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)

WEDNESDAY

SOUTHEAST *(continued...)*

- 12 Noon **Weekend Serenity...Cont.** — (O), Big Book Disc.
#208, 1830 – 52 St. N.E. , Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 7:00 p.m. **Grupo Vientos de Calgary** - (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E.
(Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Harmony** — (O)
#208, 1830 – 52 St. N.E. , Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 7:30 p.m. **New Beginnings** — (C), 11th Step Prayer
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)
- 7:30 p.m. **Step Sisters** — (C), Women's, Step/Trad. Disc. ...(W)
6 Copperstone Way S.E.
(Copperfield-Mahogany Community Hall)
- 7:30 p.m. **South Health Campus** — (O), Beginners..... (W)
4448 Front St. S.E. (Wellness Centre, Room 180006)
- 8:00 p.m. **Southlanders Pancake** — (C), Big Book Disc.
Southland Dr. & Acadia Dr. S.E.
(Christ Moravian Church, S.E. door, basement)
Open Birthday Speaker last Wednesday
- 8:00 p.m. **Midnapore** — (C), Step/Tradition Discussion
14540 Bannister Rd. S.E. (St.Mary's University,
use far West entrance)

SOUTHWEST

- 7:00 p.m. **Glenmore** — (C), Women's
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)

WEDNESDAY

SOUTHWEST *(continued...)*

- 7:00 p.m. **Elbow Park Group** (C), Topic Discussion
3602 – 8 St. S.W. (Christ Church Anglican, Crump Rm)
- 8:00 p.m. **Aspen/West Springs Group** – (C)
800 – 85 St. S.W. (St. Michael's Catholic
Community) *Open last Wednesday*
- 8:00 p.m. **Primary Purpose Group** – (O), Big Book..... (W)
1627 – 10 Ave. S.W. (Sunalta Community Hall, use
“Main Hall” door) *Call-Up format 4th Wed.*
- 8:30 p.m. **Explorers** – (O), Discussion
1121 – 14 Ave. S.W. (St. Stephan's Anglican Church)
- 8:30 p.m. **Glenmore** – (C), Step & Tradition
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)

THURSDAY

NORTHEAST

- 7:00 p.m. **MAAT Group** – (C), Step & Tradition (W)
912 – 19 St. N.E. (Crossroads Community Church,
use back door, basement)
- 8:00 p.m. **Regal Group** – (C), Step Discussion
66 – 7 St. N.E. (St. Matthew Lutheran Church, back
[South] door, downstairs)
Open Birthday last Thursday

NORTHWEST

- 10:00 a.m. **Thursday Morning Garnet** – (O)
1609 Centre St. N.W. (downstairs)
- 12 Noon **Men's Back To Basics Group** – (C), Step & Trad.
11 Scenic Acres Gate N.W. (Advent Lutheran Church)

THURSDAY

NORTHWEST *(continued...)*

- 7:00 p.m. **Parkdale Ladies** — (O), Women's Step/Trad.... (W)
2919 – 8 Ave. N.W. (Parkdale United Church,
use main door entrance, downstairs)
- 7:00 p.m. **Garnet 7pm Thursday** — (O), Step & Topic
1609 Centre St. N.W. (downstairs)
- 7:30 p.m. **Nadzieja** — (C), Polish Speaking, Step & Disc.
640 – 19 Ave. N.W.
(St. Joseph's Church, use East side office doors)
Open Birthday last Thursday
- 8:00 p.m. **19th Street Big Book** — (C), Big Book Disc.
2828 – 19 St. N.W. (Holy Cross Anglican Church)
- 8:00 p.m. **NW Step & Tradition** — (C), Men's
5511 Baroc Rd. N.W. (Dalhousie Community
Church, upstairs) *Open Speaker last Thursday*
- 8:00 p.m. **Front Runners** — (C), LGBTQ, BB Discussion
1227 Kensington Close N.W.
(Hillhurst United Church, side door, upstairs)
- 8:00 p.m. **NW Calgary Group** — (O), Step Discussion..... (W)
333 Edgepark Blvd. N.W.
(Foothills Alliance Church, Simson Hall)
- 8:00 p.m. **Winners Circle** (Foothills Hospital) — (O),
Beginners meeting
1403 – 29 St. N.W. (Baker Building., Room AGW2)
- 8:00 p.m. **Rule 62 Group** — (C), Big Book Discussion
1212 –1 St. N.W. (Crescent Heights Baptist Church,
back door, downstairs) *Open Birthday 1st Thursday*
- 8:30 p.m. **Thursday Night Garnet** — (O)
1609 Centre St. N.W. (downstairs)

THURSDAY

SOUTHEAST

- 10:30 a.m. **New Beginnings** — (C), Women's, Big Book
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)
- 12 Noon **Just For Today** — (O), Step & Tradition
2951 – 26 Ave. S.E.
(St. Luke's Anglican Church, back door)
- 7:00 p.m. **Candlelight** — (O), Beginners, Step
2951 – 26 Ave. S.E.
(St. Luke's Anglican Church, back door)
- 7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E. (Forest Lawn Physiotherapy,
basement)
- 7:00 p.m. **Inglewood** — (C), Big Book Discussion (W)
1423 – 8 Ave. S.E. (St. John's Church, Cross Hall)
Open Birthday Speaker last Thursday
- 7:30 p.m. **Bow Bottom Trail** — (C), Step
77 Deerpoint Rd. S.E. (Deer Park United Church,
Lounge Room, Main doors, turn right)
- 7:30 p.m. **McKenzie Towne** — (C), Big Book Discussion
#7 McKenzie Town Gate S.E.
(McKenzie Towne Church)
- 7:30 p.m. **Resentment Resolve Group** — (O), Step/Trad/Topic
#208, 1830 – 52 St. N.E., Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 7:30 p.m. **Whitesheep** — (C), Men's
12707 Bonaventure Dr. S.E. (Holy Nativity Anglican
Church, use back parking lot entrance)

THURSDAY

SOUTHEAST *(continued...)*

- 8:00 p.m. **Midnapore** – (C), Big Book Discussion
14540 Bannister Rd. S.E. (St. Mary's University,
use far West entrance) *Open Speaker 2nd Thursday*
- 8:30 p.m. **Ogden** – (O), Discussion..... (W)
7605 – 22 A St. S.E. (St. Augustine's Church Hall)
Speaker 3rd Thursday, Birthday last Thursday

SOUTHWEST

- 12 Noon **Central Recovery** – (O), Discussion
131 – 7th Ave. S.W. (Central United Church,
side door, downstairs dining room)
- 6:30 p.m. **Alcove Alumni** – (O), Women's, Discussion
4304 – 16 St. S.W. (Altadore Baptist Church)
- 7:00 p.m. **Thursday Night Ladies** – (C), Step & Tradition
5010 Spruce Dr. S.W. (Woodcliff United Church,
use rear door, basement, Mountain Ash room)
- 7:30 p.m. **Memorial Park Men's** – (C), Men's, Step/Trad.
1213 – 4 St. S.W. (Sheldon Chumir Health Centre,
Room 3001, 3rd floor)
- 7:30 p.m. **Recovery Group** – (C), Step/Tradition (W)
#104, 4820 Macleod Trail S.W.
- 8:00 p.m. **Glenmore** – (O), Discussion
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)
- 8:00 p.m. **Haddon Road** – (C), Design 4 Living, Step/Disc.
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 8:00 p.m. **Turf Group** – (C), Men's, Discussion
840 – 3 Ave. S.W. (Trinity Lutheran Church, use side
door, downstairs)

THURSDAY

SOUTHWEST *(continued...)*

- 8:00 p.m. **Rockyview Group** — (O), Step (W)
7007 – 14 St. S.W. (Rockyview Hospital, Holy Cross
Ambulatory Care Centre, Room 5A-103)
- 8:30 p.m. **Daily Reflections** — (O)
134 Scarboro Ave. S.W. (Scarboro United Church,
use West gym door)

FRIDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** — (O)
1432 – 19 St. N.E. (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish
(some English spoken, 2 hr. mtg.)
3850 – 19 St. N.E., Bay 6
- 8:00 p.m. **Friday Night Fellowship** — (O), Step Discussion
904 Renfrew Dr. N.E. (All Saints Traditional
Anglican Church, Renfrew, back door entrance)

NORTHWEST

- 10:00 a.m. **Garnet Grateful To Be Here** — (O)
1609 Centre St. N.W. (downstairs)
- 7:00 p.m. **Garnet 7pm Friday** — (O), Step & Topic
1609 Centre St. N.W. (downstairs)
- 8:00 p.m. **Desperation** — (O), Step & Tradition
419 Northmount Dr. N.W. (Highwood Lutheran
Church, back door, downstairs) *Birthday 3rd Fridays*
- 8:00 p.m. **Edgemont** — (O), Discussion (W)
33 Edgevalley Circle N.W.
(Edgemont Community Centre, Fireside Room)

FRIDAY

NORTHWEST *(continued...)*

- 8:00 p.m. **Front Runners** — (O), LGBTQ, Beginners
1227 Kensington Close N.W.
(Hillhurst United Church, use side door, upstairs)
- 8:00 p.m. **272 Group** — (O), Speaker (W)
3311 Centre St. N.W. (Northminister United Church)
- 8:30 p.m. **Friday Night Garnet** — (O)
1609 Centre St. N.W. (downstairs)
- 9:30 p.m. **Shipwreck at Sunset** — (O), Step & Tradition
1227 Kensington Close N.W. (Hillhurst United
Church, use side door entrance, gymnasium)
Birthday last Friday
- 11:59 p.m. **Garnet Friday Midnigher**— (O), Step/Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 10:30 a.m. **New Beginnings** — (O), Women's Step & Disc.
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)
- 12 Noon **Weekend Serenity...Cont.** — (O), Big Book Disc.
#208, 1830 – 52 St. N.E. , Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
1803 – 35 St. S.E.
(Forest Lawn Physiotherapy, basement)
Some English spoken, 2 hr. mtg.
- 7:00 p.m. **Resilience in Unity** — (O), Step/Trad. Disc..... (W)
2716 Sunridge Way N.E. (Miskanawah Indigenous
Family Support Centre) *Children Welcome!*
Birthday last Friday

FRIDAY

SOUTHEAST *(continued...)*

- 7:30 p.m. **Southview By the Book** — (O), Big Book Disc.
#208, 1830 – 52 St. N.E., Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 8:00 p.m. **Alpha House** — (O), Beginners
203 – 15 Ave. S.E. (Treatment Centre)
- 8:00 p.m. **Midnapore** — (O), Beginners
14540 Bannister Rd. S.E. (St. Mary's University,
use far West entrance) *Cancelled on stat. holidays!*
- 8:00 p.m. **New Beginnings** — (O), Discussion
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs) *Open Birthday last
Fridays at Sheppard King Church, 804 - 75 Ave. S.W.*
- 10:00 p.m. **Friday Night Train Wreck** — (O), Step/Trad.
200 Haddon Rd. S.W. (Rm. 200L, upstairs) *2+ hr. mtg!*

SOUTHWEST

- 12 Noon **Central Recovery** — (O) Discussion
131 – 7 Ave. S.E. (Central United Church, use side
door entrance, basement, Room #1)
- 8:00 p.m. **The Link Group** — (O)
134 Scarboro Ave. S.W. (Scarboro United Church,
North door entrance, top of stairs from parking lot)
- 8:00 p.m. **Glenmore** — (O), Speaker
2509 Dieppe Ave. S.W. (Currie Barracks, Building
B-6, Room 103, downstairs) *Birthday last Friday*
- 8:30 p.m. **Lakeview Open Speaker**— (O), Speaker
3023 – 63 Ave. S.W. (Lakeview United Church)
- 8:30 p.m. **Unity Group** — (C), Step & Tradition..... (W)
3610 Sarcee Rd. S.W. (Grace Lutheran Church,
back door) *Open Birthday last Friday*

FRIDAY

SOUTHWEST (continued...)

- 9:15 p.m. **Haddon Road** – (O), Starting Off Young, Step/Trad.
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
Speaker 3rd Friday

SATURDAY

NORTHEAST

- 10:00 a.m. **Saturday Morning Bridge** – (C), Step & Disc.
904 Renfrew Dr. N.E. (All Saints Traditional
Anglican Church, Renfrew, back door)
Open Birthday last Saturday
- 11:00 a.m. **Better Than A Hangover** – (O), Beginners
3500 – 26 St. N.E. (Peter Loughheed Hospital,
downstairs, auditorium)
- 5:00 p.m. **Grupo Nuevo Horizonte** – (O) Spanish
3850 – 19 St. N.E., Bay 6
(some English spoken, 2 hr. mtg!)
- 8:00 p.m. **Better Days Group** – (O), Step
1432 – 19 St. N.E. (Ascension Lutheran Church,
use back door entrance) *Speaker 2nd Saturday*

NORTHWEST

- 7:00 a.m. **Go For It** – (O)..... (W)
6422 – 35 Ave. N.W.
(Bowness Senior's Centre, use Main entrance)
- 9:30 a.m. **Awakenings** – (O), Discussion..... (W)
2919 – 8 Ave. N.W. (Parkdale United Church, bsmnt)
- 11:00 a.m. **SMOG** – (O), Discussion
2404 Kensington Rd. N.W. (Kensington Commons
Church, use East entrance) *Birthday last Saturday*

SATURDAY

NORTHWEST *(continued...)*

11:59 p.m. **Garnet Midnighter** (O) Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

10:00 a.m. **McKenzie Towne** — (C), Daily Reflections
#7 McKenzie Towne Gate S.E.
(McKenzie Towne Church)

10:00 a.m. **New Beginnings** — (O), Living Sober
#3216, 380 Canyon Meadows Dr. S.E. (Fish Creek
Village, upstairs)

1:00 p.m. **Weekend Serenity Group** — (O), Big Book Disc.
#208, 1830 – 52 St. N.E. , Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)

2:00 p.m. **New Beginnings** — (C), Women's, Step 11
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)

7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. S.E.
(Forest Lawn Physiotherapy, basement)

7:30 p.m. **Fellowship Speaker Meetingg** — (O)
#208, 1830 – 52 St. N.E. , Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)

7:30 p.m. **Forest Lawn Group** — (O) (W)
2951 – 26 Ave. S.E. (St. Luke's Anglican Church,
use SE back door, gymnasium)

8:00 p.m. **New Beginnings** — (O), Beginners
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs) *Speaker 1st Saturday*

SATURDAY

SOUTHWEST

- 9:00 a.m. **Recovery Group** – (C), Living Sober Disc..... (W)
#104, 4820 Macleod Trail S.W.
- 9:30 a.m. **Daily Reflections** – (O)
134 Scarboro Ave. S.W. (Scarboro United Church,
use West gym door)
- 10:00 a.m. **Haddon Road** – Contented Sobriety – (C),
Living Sober Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:30 a.m. **Recovery Group** – (C), Women’s, Step/Disc..... (W)
#104, 4820 Macleod Trail S.W.
- 12 Noon **Glenmore** – (O)
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)
- 3:00 p.m. **Spirit Winds Group** – (O), Big Book Discussion
1009 – 15 Ave. S.W.
(Grace Presbyterian Church, 2nd floor ballroom,
South door off alley, ring bell)
- 5:00 p.m. **Glenmore** – (O), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)
- 7:30 p.m. **Glenmore** – (C), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)
- 8:00 p.m. **Downtown Saturday Night** – (O), Speaker (W)
#801 – 7 Ave. S.W. (Nexen Building, check with
Security in South tower, then use +15 to N. Tower)
- 8:00 p.m. **Haddon Road** – Hideaway – (O), Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
Birthday last Saturday

SATURDAY

SOUTHWEST *(continued...)*

- 8:00 p.m. **Daily Reflections** — (O)
134 Scarboro Ave. S.W. (Scarboro United Church,
use West gym door)
- 10:00 p.m. **Saturday Night Train Wreck** — (O), Step & Trad.
200 Haddon Rd. S.W. (Rm. 200L, upstairs) 2+ hr. mtg!

SUNDAY

NORTHEAST

- 5:30 p.m. **Survivors Group** - (C), Punjabi/Hindi, Step/Disc.(W)
95 Falshire Dr. N.E.
(Falconridge/Castleridge Community Centre)
- 7:30 p.m. **New Life** — (O)
904 Renfrew Dr. N.E.
(All Saint's Traditional Anglican Church)

NORTHWEST

- 7:00 a.m. **Go For It** — (C) (W)
6422 – 35 Ave. N.W.
(Bowness Senior's Centre, main entrance)
- 8:00 a.m. **SMORG** — (O), Discussion
2212 – 13 St. N.W. (Confederation Park Seniors Club)
- 11:00 a.m. **Sunday Garnet Men's** — (C), Men's
1609 Centre St. N.W. (downstairs)
- 11:00 a.m. **Sooner Than The Nooner** — (O) (W)
3512 – 5 Ave. N.W. (Parkdale Community Assoc.,
use "Nifty Fifties" door)
- 11:00 a.m. **Sunday Morning 11am** — (O), Step & Tradition
1515 Home Rd. N.W. (Bowmont Boxing Club)

SUNDAY

NORTHWEST *(continued)*

- 2:00 p.m. **5th Tradition Safe Harbour** — (O) BB Study ...(W)
1317 – 1 St. N.W. (Wild Rose United Church,
use side door, Centennial Room, downstairs)
Birthday last Sunday
- 3:00 p.m. **Sunday Afternoon Garnet** — (O), Step Discussion
1609 Centre St. N.W. (downstairs)
- 4:00 p.m. **Bowness Group** — (O)..... (W)
8007 Bowness Rd. N.W. (Shepherd of the Hills
Lutheran Church, Main doors, turn right)
- 4:00 p.m. **Namaste** — (C), Step 11 Disc./Meditation (W)
11 Scenic Acres Gate N.W. (Advent Lutheran Church)
- 5:30 p.m. **Garnet 5:30** — (O), Topic Discussion
1609 Centre St. N.W. (downstairs)
- 8:00 p.m. **N2 Group** — (C), Candlelight/Step 11/Meditation
11 Scenic Acres Gate N.W. (Advent Lutheran Church)
- 8:30 p.m. **Sunday Night Garnet** — (O)
1609 Centre St. N.W. (downstairs)
- 10:00 p.m. **Garnet Night Owl** — (O), Discussion
1609 Centre St. N.W. (downstairs)

SOUTHEAST

- 9:00 a.m. **Came To Meeting** — (O), Came To Believe Disc.
#208, 1830 – 52 St. S.E., Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 9:00 a.m. **Wake Up Group** — (C), Big Book Step Study
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)
- 11:00 a.m. **New Beginnings** — (O), Grapevine
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)

SUNDAY

SOUTHEAST *(continued)*

- 1:00 p.m. **Weekend Serenity Group** — (O), Big Book Disc.
#208, 1830 – 52 St. S.E., Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 5:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
803 – 35 St. S.E. (Forest Lawn Physiotherapy,
basement) *some English spoken, 2 hr. mtg.*
- 7:30 p.m. **Back to the Drawing Board** — (O), Step & Trad.
#208, 1830 – 52 St. S.E., Forest Lawn Fellowship
Room (Clayburn Centre, use NE door)
- 7:30 p.m. **Came To Believe Group** — (O), Beginners (W)
#2 New Brighton Dr. S.E.
(New Brighton Residents Association)
- 7:30 p.m. **New Beginnings** — (O), Came To Believe
#3216, 380 Canyon Meadows Dr. S.E.
(Fish Creek Village, upstairs)
- 8:00 p.m. **Ogden** — (C), Step & Tradition (W)
7605 – 22A St. S.E. (St. Augustine's Church Hall)

SOUTHWEST

- 8:30 a.m. **Daily Reflections** — (O)
134 Scarboro Ave. S.W. (Scarboro United Church,
use West gym door)
- 8:30 a.m. **Sunday Morning Breakfast** — (O), Speaker (W)
708 – 8 Ave. S.W. (Ramada Inn)
Breakfast at 8:30 a.m., Speaker at 9:30 a.m.,
use Main door, immediate left down hallway
- 9:00 a.m. **Haddon Road** – (O), Traditions Study *(1.5 hr. mtg!)*
200 Haddon Rd. S.W. (Rm. 200L, upstairs)

SUNDAY

SOUTHWEST *(continued)*

- 11:00 a.m. **Haddon Road** – Choirboys – (C), Men’s Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 11:30 a.m. **Glenmore** – (O), Discussion
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)
- 12:30 p.m. **Haddon Road** – (C), Ladies, Discussion
200 Haddon Rd. S.W. (Rm. 200L, upstairs)
- 3:00 p.m. **Glenmore** – (O), Discussion
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)
- 4:30 p.m. **Aventa** – (O), Women’s (Treatment Centre)
610 – 25 Ave. S.W. (use back door, ring bell for entry)
- 5:00 p.m. **Glenmore** – (O), Step & Discussion
2509 Dieppe Ave. S.W. (Currie Barracks,
Building B-6, Room 103, downstairs)
- 7:00 p.m. **Dream Centre** – (O), Speaker..... (W)
4510 Macleod Trail S.W. (rear entrance)
- 7:00 p.m. **Haddon Road** – (O), Meditation/Discussion
200 Haddon Rd. S.W.
(Room 200L, upstairs, *1.5 hr. meeting!*)
- 8:00 p.m. **Glenmore** – (O), Discussion, Big Book
2509 Dieppe Ave. S.W. (Currie Barracks, Building
B-6, Room 103, downstairs)
- 8:30 p.m. **Southwest Serenity** – (O)
1121 – 14 Ave. S.W. (St. Stephen’s Anglican Church)

HOSPITAL & TREATMENT A.A. MEETINGS

South Health Campus (Hospital) – (O), Beginners (W)

7:30 p.m., Wednesdays

4448 Front St. S.E., Wellness Centre, Rm. 180010

Foothills Hospital –

Winners Circle Group (O)..... (W)

8:00 p.m., Mondays & Thursdays

1403 – 29 St. N.W. (Foothills Hospital) Rm. AGW2, G Floor,
across from Atrium

Peter Lougheed Hospital –

Beginners Meeting (O), Beginners..... (W)

8:00 p.m., Tuesdays

3500 – 26 Ave. N.E., basement, auditorium

Better Than A Hangover Group – (O), Beginners..... (W)

11:00 a.m., Saturdays

3500 – 26 St. N.E., basement, auditorium

Rockyview Hospital – (O)..... (W)

Rockyview Group

8:00 p.m., Tuesdays & Thursdays

7007 – 14 St. S.W., Holy Cross Ambulatory Care Centre,
Room. 5A-103

Alpha House – (O), Beginners

8:00 p.m., Fridays – 203 – 15 Ave. S.E.

Aventa – (O), Women's, Beginners

4:30 p.m., Sundays

610 – 25 Ave. S.W. (back door, ring bell for entry)

Dream Centre – (O), Speaker (W)

7:00 p.m., Sundays

4510 Macleod Trail S.W. (rear entrance)

OUT OF TOWN MEETINGS

AIRDRIE *(continued...)*

Saturday 11:00 a.m. — **Back to the Book** (O), BB Disc. (W)
2304 Yankee Valley Blvd. S.W. (Living Springs
Christian Fellowship, main door, downstairs)
Birthday last Saturday, podium style

6:30 p.m. — **In The Spirit of Unity Mtg.** (O) Disc.
126-B Main St. N. (back door off alley)

Sunday 8:00 p.m. - **Airdrie Reflections** (O), Daily Reflections
126-B Main St. N. (back door off alley)

BANFF

Monday, 8:00 p.m. — **Mountainview Group** (O), Big Book
Tuesday & 214 Banff Ave. (Banff Canmore Community
Friday Foundation, back door)

BASSANO

Sunday 8:00 p.m. — (O)
608 – 5 Ave. (Bassano Health Centre)

BLACK DIAMOND

Saturday 8:00 p.m. — (O) Step/Tradition
717 Government Rd. (Oilfields General Hospital,
basement, “Action Centre” room)

BLAIRMORE

Wednesday 7:00 p.m. — **Crowsnest Pass Group** (C), Discussion
Provincial Building, 12501 – 20 Ave., Blairmore

Sunday 7:00 p.m. — **Crowsnest Pass Group** (O), Disc.
Provincial Building, 12501 – 20 Ave., Blairmore

BROOKS

Mon. & Sat. 8:00 p.m. — **Fresh Start Group** (C),
507 – 3 Ave. W. (Brooks United Church)

OUT OF TOWN MEETINGS

BROOKS *(continued...)*

Wednesday 8:00 p.m. — **Hospital Meeting** (O),
440 – 3 St. E. (Brooks Health Centre)

Tuesday & 8:00 p.m. — **Bar None Group** (C),
Thursday 811 Cassils Rd. W. (Trinity Lutheran Church)

BROCKET

Thursday 7:30 p.m. — **Piitaapoyi Group** (O)
1325 – 15 Ave. (St. Paul's Anglican Church)

CANMORE

Monday 5:30 p.m. — **Round House Recovery for Women**,
(O), Discussion
Suite 101, 743 Railway Ave. (Boardwalk Bldg.,
AHS meeting room, East side entrance, use left
glass door entrance)

Tuesday 12 Noon — **Noon Oasis**, (O), Discussion
914 – 8 St. (Scout Hall, main door)

Wednesday 8:00 p.m. — **Back To Basics**, (O), Discussion
617 – 8 St. (Ralph Connor United Church,
use side entrance)

Thursday 8:00 p.m. — **Rule 62 Group**, (C), Big Book Disc.
617 – 8 St. (Ralph Connor United Church
use side entrance)

Saturday 8:00 p.m. — **Rule 62 Group**, (C), Living Sober
617 – 8 St. (Ralph Connor United Church, use
side entrance)

Sunday 8:00 p.m. — **Canmore Sunday Night**, (C), Disc.
914 – 8 St. (Scout Hall, main door)
Open Speaker 2nd Sunday

OUT OF TOWN MEETINGS

CARDSTON

Monday 7:00 p.m. — Provincial Building

CAROLINE

Fridays 8:00 p.m. — **Caroline Wilderness Group (C)**
5111 – 49 Ave. (Lions Hall), *Open last Friday*

CARSTAIRS

Sunday 7:30 p.m. — **Sunday Night Group (O)** Step Disc.
121 – 10 Ave. (Legion Hall)

CASTOR

Monday 8:00 p.m. — **Castor AA Group (C)**
5314 – 50 St. (Evangelical Missionary Church)
Open last Monday

CHESTERMERE

Tuesday 7:30 p.m. - **4th Dimension Group (C)**,
Step & Tradition Discussion
Conrich Rd., Range Rd. 284
1.9 km. North of Hwy #1
(Chestermere Christian Fellowship, use main
door entrance, downstairs)

CLARESHOLM

Tuesday 8:00 p.m. — **Versatile Group (O)**
126 – 52 Ave. W. (St. John's Anglican Church)

Thursday 8:00 p.m. — **Claresholm Thursday Nite (C). (W)**
4716 – 2 St. W. (Claresholm Pentecostal Assembly)
Open Birthday last Thursday

Saturday 10:00 a.m. — **Gid R Dun Group (O)** BB Disc. (W)
4716 – 2 St. W. (Claresholm Pentecostal Assembly)

OUT OF TOWN MEETINGS

COCHRANE

- Monday 7:30 p.m. — **5th Chapter Group** (C), BB/12x12 Disc.
902 Glenbow Dr. (Cochrane Alliance Church, use
NW door off parking lot) *Open Birthday last Monday*
- Tuesday 7:30 p.m. — **Freedom Group** (C) Step & Tradition
Weedon Hall (Hwy 22 & Hwy 567)
- Wednesday 12 Noon — **Laughter Noon Group** (C), Discussion
120 Centre Ave. (King Solomon Lodge)
- Thursday 8:00 p.m. — **Thursday Men's Group** (C), Step/Trad.
404 – 4 Ave. N.
(All Saints Anglican Church, Rectory Building)
- Friday 8:00 p.m. — **Cochrane Rounders** (C), Step/Trad.
405 – 1 St. E. (Frank Wills Memorial Hall)
- Saturday 7:00 p.m. — **Cochrane Castaways** (O), Step/Disc.
120 Centre Ave. (King Solomon Lodge)
- Sunday 7:30 p.m. — **Head To Heart Big Book Study** (C)
120 Centre Ave. (King Solomon Lodge)
Open Birthday last Sunday

COALDALE

- Wednesday 8:00 p.m. — **Coaldale Group** (C)
2115 – 17 St. (Anglican Church of the Ascension)
Open last Wednesday

CONSORT

- Thursday 8:00 p.m. — **Consort Group** (C) *Open last Thursday*
5103 – 47 St. (Anglican Church, basement)

CREMONA

- Monday 8:00 p.m. — **Cremona Blasters Group**, (C)..... (W)
113 Centre St. (Gold & Silver Centre, North of
Credit Union) *Open Birthday last Monday*

OUT OF TOWN MEETINGS

CROSSFIELD

Wednesday 8:00 p.m. — **Crossfield Wed. Night Group** (C)
Masonic Hall

DEWINTON

Tuesday 8:00 p.m. — **Dewinton Tuesday Night Group** (C)
303 Macleod Tr. West
(Dewinton United Church, basement, rear door)
Open Speaker 1st Tuesday

DICKSON

Monday 8:00 p.m. — **Dickson Dam Monday Night** (C)
(Bethany Lutheran Church) East of 4-way stop
Open last Monday

DIDSBURY

Friday 8:00 p.m. — **Didsbury Friday Night** (C)
Step & Tradition
2037 – 21 Ave. (Masonic Hall)
Open Birthday last Friday

DRUMHELLER

Weekdays 8:00 p.m. — (C) 175 – 3 St., **Grace House**

Monday 7:00 p.m. — **Happy Destiny Group**, (O)
Discussion
351 – 9 St. N.W. (Drumheller Hospital)

Wednesday 12 Noon — **Wednesday Nooner**, (C), Disc..... (W)
627 – 6 St. E.
(Church of the Nazarene, main doors)
Open Birthday 1st Wednesday

Wed.& Sun. 7:00 p.m. — **New Hope Group**, (C), Big Book Study
176 – 1 St. S.W. (St. Magloire Anglican Church)

OUT OF TOWN MEETINGS

ECKVILLE

Thursday 7:30 p.m. — **Eckville Thursday Night**, (C), BB Study
5011 – 54 Ave. (Friendship Centre) (W)
Open Speaker last Thursday

ELNORA

Monday 8:30 p.m. — **Elnora No Name Group** (O), Step
(St. David's Anglican Church, basement)
Birthday 1st Monday

FORT MACLEOD

Tues., 8:00p.m. - **Foothills Detox Centre** (C) 403-553-4466
Thurs.,Fri. 810 – 18 St. Main Door, ring buzzer for entry
Wed. 8:00 p.m. — **Sunnyside Group** (C)
1716 – 7A Ave. (Fort Macleod Alliance Church,
back door)

HANNA

Monday 8:00 p.m. — **Chimes of Freedom** (C)
520 – 2 Ave. W. (Hanna Alliance Church, downstairs)
Open last Monday

HIGH RIVER

Wednesday 8:00 p.m. — **High River Group** (C)
910 – 12 Ave. S.W., (Good Shephard Lutheran
Church, East wing door) *Open Birthday last Wed.*

INNISFAIL

Tuesday 7:30 p.m. — **24 Hr. Group** (C)
4716 – 50 Ave. (St. Andrew's Presbyterian Church)
Open last Tuesday
Wednesday 12 Noon — **Innisfail Wed. Noon Mtg.** (O), Disc. .(W)
#25, 4804 – 42 Ave. (Alliance Church, North door)
Thursday 8:00 p.m. — **Gratitude Group** (O), Beginners.... (W)
4720 – 48 Ave. (Innisfail United Church)

OUT OF TOWN MEETINGS

INNISFAIL *(continued...)*

Saturday 7:00 p.m. - **Innisfail Sat. Night** (O), Step/Trad...(W)
#25, 4804 – 42 Ave. (Alliance Church, North door)
Birthday Speaker last Saturday

IRRICANA

Wednesday 7:30 p.m. — **Irricana Recovery** (O)
Sunday 8:00 p.m. — **Irricana Recovery** (O)
16 km E. of Airdrie on Hwy 567
(United Church, basement) *Open Birthday last Sun.*

LETHBRIDGE CHAPTER HOUSE.....403-327-8049

MEDICINE HAT CENTRAL OFFICE403-527-2065

MILK RIVER

Monday 8:00 p.m. — **Milk River Group** (C)
Extended Care – Hospital

MORLEY

Wednesday 11:00 a.m. — **First Light Group** (O) Step/Topic...(W)
Westley Elders Lodge, Hwy 1A
(33 km West of Cochrane)

NANTON

Monday 8:00 p.m. — **Nanton Monday Night** (O)
1601 – 21 Ave. (Quality of Life Foundation)
Birthday 3rd Mondays

OKOTOKS

Monday 8:00 p.m. — **Okotoks Monday Night Group** (C)
13 Elma St. E. (Freemason's Hall)
Open Birthday last Monday

OUT OF TOWN MEETINGS

OKOTOKS *(continued)*

- Tuesday 7:30 p.m. — **Ladies Recovery Haven** (C)
Big Book Stories
43 Riverside Dr. (Okotoks United Church,
North door, West side)
- Wednesday 8:00 p.m. — **Wed. Night Men's** (C) Step/Disc (W)
31 Riverside Way
(St. Peter's Anglican Church, use Main entrance)
- Thursday 8:00 p.m. — **Railway Group** (O)
43 Riverside Dr.
(Okotoks United Church use NW side door)
Birthday 1st Thursdays
- Friday 8:00 p.m. — **T.G.I.F. Group** (O), Big Book
NW corner of 338 Ave. & Hwy 2A
(Okotoks Alliance Church, use North entrance)
- Sunday 8:00 p.m. — **Okotoks Men's Group** (C), Step/Disc.
43 Riverside Dr. W. (Okotoks United Church, use
North door, West side)
Open Birthday Speaker last Sunday

OLDS

- Monday 7:30 p.m. — **Olds Midway Group** (C) (W)
5022 – 52 St. (St. Paul's Lutheran Church)
Open first Monday
- Tuesday 7:00 p.m. — **Path To Freedom** (C)
5014 – 49 St. (New Hope Pentecostal Fellowship)
- Thursday 8:00 p.m. - **Olds Evergreen Back Door Group** (O)
Book Discussion.....(W)
5237 – 52 St. (Evergreen Seniors Centre, back door)

OUT OF TOWN MEETINGS

OLDS *(continued)*

Friday 12 Noon — **TGIF Meeting** (O)
5022 – 52 St.
(St. Paul's Lutheran Church, basement)

PINCHER CREEK

Monday 7:30 p.m. — **There Is A Solution Group** (C),
Big Book Discussion
972 Police Ave. (Pincher Creek United Church)

RED DEER ANSWERING SERVICE.....403-347-8650

ROCKYFORD

Wednesday 7:00 p.m. — **Rockyford Group** (C)
4 Ave. & Main St.
(Rockyford United Church, across (East) of school)

ROCKY MOUNTAIN HOUSE

Tuesday 7:30 p.m. — **Rocky Recovery Group** (C)
& Friday Tuesday: BB Discussion; Friday: Topic Discussion
1.6 km South on Hwy 11
(First Christian Reformed Church, back door)
Open meeting last Tuesday and Friday of the month

SIKSIKA

Wednesday 7:00 p.m. — **Sorrel Rider Group** (O) (W)
203 – 4 Ave., Gleichen
(St. Andrews Anglican Church)
Birthday last Wednesdays

STAND OFF

Monday 7:00 p.m. — **Stand Off Meeting** (O)
Highway 2, Stand Off
(Kainai Continuing Care, Great Hall)

OUT OF TOWN MEETINGS

STETTLER

- Tuesday 8:00 p.m. — **Stettler Heartland Group** (O)
4820 – 51 St. (Stettler United Church, basement,
use North door entrance) *Open last Tuesdays*
- Friday 7:00 p.m. — **Friday Big Book Meeting** (C)
Big Book Discussion format
Stettler Regional Hospital, Conference Room

STRATHMORE

- Monday 8:00 p.m. — **Sunset Discussion Group** (O), Beginners
245 Brent Blvd.
(Hope Community Covenant Church)
Birthday Speaker 1st Mondays
- Tuesday 8:00 p.m. — **Highway People** (O), Discussion .. (W)
50 Maplewood Dr. (Full Gospel Church, back door)
- Thursday 7:00 p.m. — **Thursday 12x12 Group** (O)..... (W)
50 Maplewood Dr.
(Full Gospel Church, back door)
- Sunday 2:00 p.m. — **New Life Group** (O), Step & Disc.
410 – 4 St. (Strathmore United Church)

SUNDRE

- Wednesday 8:00 p.m. - **Sundre Town & Country Group** (C),(W)
402 Main Ave. W.,
(Church of the Nazarene, Main door)
Open 1st Wednesday

SYLVAN LAKE

- Tuesday 7:30 p.m. — **Sylvan Serenity Group** (C), Step/Trad.
5119 – 50A St. (Lion's Den Hall)
Open Birthday last Tuesday

OUT OF TOWN MEETINGS

SYLVAN LAKE *(continued)*

Sunday 8:00 p.m. — Sylvan Lake Sunday Night Group (C)
5020 — 48 St.
(Presbyterian Memorial Church)
Open last Sunday

TABER

Tues.,Thurs. 7:30 p.m. — **Taber Group** (C)
& Sun. 5327 — 48 Ave. (JRZ Enterprises Community Bldg.)
Saturday 7:30 p.m. — **Taber Group** (O)
5327 — 48 Ave. (JRZ Enterprises Community Bldg.)
Birthday last Saturday

THREE HILLS

Thursday 8:00 p.m. — **New Life Group** (O),
108 — 5 Ave. S. (Knox United Church)
Open 1st Thursday

TROCHU

Wednesday 7:00 p.m. — **Back Again Group** (O) Step Discussion
“Eye of the Sky” Bldg., Lions Campground
Open Birthday last Wednesday

TSUU T’INA NATION

Thursday 12 Noon — **Tsuu T’ina Group** (O), Discussion
Spirit Healing Lodge, Old Agency Rd.
off Bullhead Rd., off Anderson Rd. SW

TURNER VALLEY

Thursday 8:00 p.m. — **Diamond Valley Group** (C)
208 Main St. S.W.
(St. George’s Anglican Church Hall)
Open Birthday Speaker last Thursday

OUT OF TOWN MEETINGS

VULCAN

Tuesday & 8:00 p.m. — **Vulcan Group (C)**

Thursday 114 – 3 Ave. N. *Open Birthday last Tuesday*



Responsibility Statement

*When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there.
And for that: I am responsible.*

INTERGROUP & GENERAL SERVICE COMMITTEE MEETINGS

INTERGROUP GENERAL MEETING

2nd Monday of each month

7:00 p.m., St. Peter the Aleut Church,
1802 – 33 Ave. S.W., Calgary

CALGARY GENERAL SERVICE COMMITTEE (CGSC)

Third Monday of each month

7:00 p.m., St. Peter the Aleut Church,
1802 – 33 Ave. S.W., Calgary

WHO SUPPORTS CALGARY CENTRAL SERVICE OFFICE?

Central Office is supported 100% by the financial contributions of local AA Groups and individual AA members.
NO OUTSIDE CONTRIBUTIONS ARE ACCEPTED
(in accordance with AA Tradition).

SUGGESTED GROUP CONTRIBUTIONS

The following “split” suggestions could be considered after all necessary group expenses are met.
(ie: rent, AA literature, refreshments, prudent reserve,
District and/or DCM expenses)

50% (IG), 30% (GSO), 10% (Area), 10 (CGSC)

50% (IG), 30% (CGSC), 10% (GSO), 10 (Area)

— OR —

**Whatever percentages are in accordance
with your group conscious.**

Mailing addresses for group contributions are as follows:

- (IG) Calgary Intergroup** (payable to:)
Calgary Central Service Office
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (GSO) General Service Office** (payable to:)
General Service Office
P.O. Box 459, Grand Central Station,
New York, New York 10163
- (CGSC) Calgary General Service Committee** (payable to:)
General Service Committee
c/o Calgary Central Service Office
#2, 4015 – 1 St.. S.E., Calgary, AB T2G 4X7
- (Area) Area 78** (payable to:)
Address changes every two years; please contact
Central Service Office for current mailing address.

THE 12 STEPS OF ALCOHOLICS ANONYMOUS*

1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

THE 12 TRADITIONS OF A.A.*

1. Our common welfare should come first., personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centres may employ special workers.
9. A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

ARE YOU AN ALCOHOLIC?

Questions developed by Johns Hopkins University Hospital to determine whether or not a person is suffering from Alcoholism. Ask yourself the following questions, and answer them as HONESTLY as you can.

	YES	NO
1. Do you lose time from work due to drinking?	<input type="checkbox"/>	<input type="checkbox"/>
2. Is drinking making your home life unhappy?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you drink because you are shy with other people?	<input type="checkbox"/>	<input type="checkbox"/>
4. Is drinking affecting your reputation?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you ever felt remorse after drinking?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you gotten into financial difficulties as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you turn to lower companions and an inferior environment when drinking?	<input type="checkbox"/>	<input type="checkbox"/>
8. Does your drinking make you careless of your family's welfare?	<input type="checkbox"/>	<input type="checkbox"/>
9. Has your ambition decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you crave a drink at a definite time daily?	<input type="checkbox"/>	<input type="checkbox"/>
11. Do you want a drink the next morning?	<input type="checkbox"/>	<input type="checkbox"/>
12. Does drinking cause you to have difficulty in sleeping?	<input type="checkbox"/>	<input type="checkbox"/>
13. Has your efficiency decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
14. Is drinking jeopardizing your job or business?	<input type="checkbox"/>	<input type="checkbox"/>
15. Do you drink to escape from worries or troubles?	<input type="checkbox"/>	<input type="checkbox"/>
16. Do you drink alone?	<input type="checkbox"/>	<input type="checkbox"/>
17. Have you ever had a loss of memory (blackout) as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
18. Has your physician ever treated you for drinking?	<input type="checkbox"/>	<input type="checkbox"/>
19. Do you drink to build up your self-confidence?	<input type="checkbox"/>	<input type="checkbox"/>
20. Have you ever been to a hospital or institution on account of drinking?	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered YES to any **one** of the questions, that is a definite warning that you **MAY** be an alcoholic.

If you answered YES to any **two**, CHANCES ARE that you are an alcoholic.

If you answered YES to **three or more**, YOU ARE DEFINITELY AN ALCOHOLIC.