

ARE YOU AN ALCOHOLIC?

Questions developed by Johns Hopkins University Hospital to determine whether or not a person is suffering from Alcoholism. Ask yourself the following questions, and answer them as HONESTLY as you can.

- | | YES | NO |
|---|--------------------------|--------------------------|
| 1. Do you lose time from work due to drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Is drinking making your home life unhappy? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you drink because you are shy with other people? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Is drinking affecting your reputation? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you ever felt remorse after drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you gotten into financial difficulties as a result of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do you turn to lower companions and an inferior environment when drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Does your drinking make you careless of your family's welfare? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Has your ambition decreased since drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Do you crave a drink at a definite time daily? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Do you want a drink the next morning? | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Does drinking cause you difficulty in sleeping? | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Has your efficiency decreased since drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Is drinking jeopardizing your job or business? | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Do you drink to escape from worries or troubles? | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Have you ever had a loss of memory (blackout) as a result of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Has your physician ever treated you for drinking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Do you drink to build up your self-confidence? | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Have you ever been to a hospital or institution on account of drinking? | <input type="checkbox"/> | <input type="checkbox"/> |

If you have answered YES to any **one** of the questions, that is a definite warning that you **MAY** be an alcoholic.

If you answered YES to any **two**, CHANCES ARE that you are an alcoholic.

If you answered YES to **three or more**, YOU ARE DEFINITELY AN ALCOHOLIC.

THE 12 TRADITIONS OF A.A.*

- Our common welfare should come first., personal recovery depends upon A.A. unity.
- For our group purpose, there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- The only requirement for A.A. membership is a desire to stop drinking.
- Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
- Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
- An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- Every A.A. group ought to be fully self-supporting, declining outside contributions.
- Alcoholics Anonymous should remain forever nonprofessional, but our service centres may employ special workers.
- A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
- Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
- Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
- Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

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CALGARY MEETING INDEX

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Responsibility Statement

*When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there.
And for that: I am responsible.*

INTERGROUP & GENERAL SERVICE COMMITTEE MEETINGS

INTERGROUP GENERAL MEETING

2nd Monday of each month

7:00 p.m., St. Peter the Aleut Church,
1802 – 33 Ave. S.W., Calgary

CALGARY GENERAL SERVICE COMMITTEE (CGSC)

Third Monday of each month

7:00 p.m., St. Peter the Aleut Church,
1802 – 33 Ave. S.W., Calgary



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WHO SUPPORTS CALGARY CENTRAL SERVICE OFFICE?

Central Office is supported 100% by the financial contributions of local AA Groups and individual AA members.
NO OUTSIDE CONTRIBUTIONS ARE ACCEPTED
(in accordance with AA Tradition).

SUGGESTED GROUP CONTRIBUTIONS

The following "split" suggestions could be considered after all necessary group expenses are met. (ie: rent, AA literature, refreshments, prudent reserve, District and/or DCM expenses)

50% (IG), 30% (GSO), 10% (Area), 10 (CGSC)
50% (IG), 30% (CGSC), 10% (GSO), 10 (Area)
— OR —

Whatever percentages are in accordance with your group conscious.

Mailing addresses for group contributions are as follows:

- (IG) Calgary Intergroup** (payable to:)
Calgary Central Service Office
4021 – 4 St. S.E., Calgary, AB T2G 2W4
- (GSO) General Service Office** (payable to:)
General Service Office
P.O. Box 459, Grand Central Station
New York, NY 10163
- (CGSC) Calgary General Service Committee** (payable to:)
General Service Committee
c/o Calgary Central Service Office
4021 – 4 St. S.E., Calgary, AB T2G 2W4
- (Area) Area 78** (payable to:)
Address changes every two years; please contact
Central Service Office for current mailing address.

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OUT OF TOWN MEETINGS

STRATHMORE (continued)

- Tuesday 7:00 p.m. — **Road to Recovery Group** (O), Disc. (W)
50 Maplewood Dr. (Full Gospel Church, back door)
contact Catherine 403-816-3766
- Thursday 7:00 p.m. — **Road to Recovery Group** (O), Step/Trad. (W)
50 Maplewood Dr. (Full Gospel Church, back door)
contact Catherine 403-816-3766
- Sunday 2:00 p.m. — **New Life Group** (O), Step & Disc.
410 – 4 St. (Strathmore United Church)
contact Deanne 403-361-3086

SUNDRE

- Wednesday 8:00 p.m. - **Sundre Town & Country Group** (C), (W)
402 Main Ave. W. (Church of the Nazarene, use
main door entrance) *Open meeting 1st Wednesday*
contact Lella 403-638-8286

SYLVAN LAKE

- Tuesday 7:30 p.m. — **Sylvan Serenity Group** (C), Step/Trad.
5119 – 50A St. (Lions Community Hall)
Open Birthday last Tuesday
- Sunday 7:30 p.m. — **Sylvan Lake Sunday Night Group** (C)
5020 – 48 St. (Presbyterian Memorial Church)
Open last Sunday

TABER

- Tues., Thurs. 7:30 p.m. — **Taber Group** (C)
& Sun. 5327 – 48 Ave. (JRZ Enterprises Community Bldg.)
- Saturday 7:30 p.m. — **Taber Group** (O)
5327 – 48 Ave. (JRZ Enterprises Community Bldg.)
Birthday last Saturday

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DAILY MEETINGS (continued...)

SOUTHWEST

- 7:00 a.m. **Haddon Group** – *On Awakening* (C), Disc.....(W)
703 Heritage Dr. SW (St. Andrews Presbyterian
Church, SW corner, use rear door)
- 9:30 a.m. **Daily Reflections** – (O)
134 Scarboro Ave. SW
(Scarboro United Church, use West gym door)
- 12 Noon **Glenmore** – (O), Step, Discussion
2509 Dieppe Ave. SW (Currie Barracks,
Bldg. B-6, Room 103, downstairs)
- 12 Noon **Knox Nooners** – (O), Step
506 – 4 St. SW (Knox United Church, use 4th
St. entrance) *No Meetings on Stat. Holidays,
Birthday last Friday*
- 12 Noon **New Beginnings** – (O), Discussion
10690 Elbow Dr. SW (Southwood United
Church, main door off East parking lot)
- 12:10 p.m. **Haddon Group** – *Brown Bagger* (O), Disc.....(W)
703 Heritage Dr. SW (St. Andrews Presbyterian
Church, SW corner, use rear door)
- 5:15 p.m. **New Beginnings** – (C), Discussion
10690 Elbow Dr. SW (Southwood United
Church, main door off East parking lot)

SOUTHEAST

- 12 Noon **Weekend Serenity...Cont.** – (O), BB Disc.
#208, 1830 – 52 St. SE (Fellowship Room,
Clayburn Centre, use NE door, buzz 0005 "send")

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IMPORTANT INFORMATION ABOUT THIS DIRECTORY

As embodied in the 4th Tradition, the information and operation of an AA Group resides with the group conscience of its members. While hopefully every AA Group adheres closely to the guiding principles of the 12 Steps and 12 Traditions, Calgary Intergroup neither monitors nor oversees the activities or practice of any AA Group. Groups and meetings listed in this directory appear at their own request. A directory listing does not constitute or imply approval or endorsement of any approach to, or practice of, the AA program.

DAILY MEETINGS (Monday to Friday)

NORTHWEST

- 7:00 a.m. **Go For It** — (C) (W)
6422 – 35 Ave. NW (Main entrance, Bowness Senior's Centre)
- 1:30 p.m. **Afternoon Garnet** — (O) Step Discussion
1611 Centre St. NW, street door entrance
- 5:30 p.m. **Garnet 5:30** — (O) Step Discussion
1611 Centre St. NW, street door entrance
- 10:00 p.m. **Garnet Night Owl** — (O) Discussion
1611 Centre St. NW, street door entrance

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MONDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** — (O)
1432 – 19 St. NE
(Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish
some English spoken, 2 hr. meeting
3850 – 19 St. NE, Bay 6
- 7:00 p.m. **Beautiful Hope Women's Group** — (O),
Step/Tradition Discussion
24 Madigan Plaza, 6060 Memorial Dr. NE
(Mustard Seed Neighbour Centre)
- 7:00 p.m. **Regal Group** — (C), Big Book Discussion
66 – 7 St. NE (St. Matthew Lutheran Church,
back [South] door, downstairs)
- 8:00 p.m. **Walking Eagle** — (O), Step & Tradition
411 – 41 Ave. NE
Fresh Start Recovery Centre,
use Rumpel Hall door)

NORTHWEST

- 10:00 a.m. **Garnet Grateful To Be Here** — (O)
1611 Centre St. NW, street door entrance
- 12 Noon **Fun Seekers** — (O), Discussion
2919 – 8 Ave. NW
(Parkdale United Church, use main door,
downstairs, Conference Room)
- 5:15 p.m. **Homeward Bounders** — (O), Step/Tradition ... (W)
3104 – 34 Ave. NW
(Foothills Lutheran Church, Auditorium,
"Preschool" door off West parking lot)

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OUT OF TOWN MEETINGS

THREE HILLS

Thursday 7:00 p.m. — **New Life Group** (O),
108 – 5 Ave. S. (Knox United Church)
Open 1st Thurs. contact Morley 1-403-443-7970

TSUU T'INA NATION

Wednesday 7:00 p.m. — **Tsuu T'ina Mtg.** (O), Disc. (W)
Bullhead Community Centre, Bullhead Rd., Tsuu T'ina

VULCAN

Tuesday 7:00 p.m. — **Primary Purpose Group** (O)
Big Book Discussion (W)
610 Elizabeth St.
(Vulcan Community Health Centre, use NE door,
room at 1st right)

Tuesday & Thursday 8:00 p.m. — **Vulcan Group** (C)
302 Centre St. (St. Aldhelm's Anglican Church,
main door, downstairs)
Open Birthday last Tuesday

WATERTON PARK

Thursday 7:00 p.m. — **Waterton Park Group** (O)..... (W)
108 Clematis Ave.
(Waterton United Church of Canada) use North
door entrance) *Open B-day last Tuesdays*

Friday 7:00 p.m. — **Friday Big Book Meeting** (C)
Big Book Discussion format
Stettler Regional Hospital, Conference Room

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OUT OF TOWN MEETINGS

OLDS (continued...)

Thursday 7:00 p.m. - **Olds Evergreen Group** (O), BB Disc..... (W)
5237 – 52 St. (Evergreen Seniors Centre, front
entrance) contact Gordon 403-507-1768

PINCHER CREEK

Monday 7:30 p.m. — **There Is A Solution Group** (C),
Big Book Discussion
972 Police Ave. (Pincher Creek United Church)

RED DEER ANSWERING SERVICE 403-347-8650

ROCKYFORD

Wednesday 7:00 p.m. — **Rockyford One Day at a Time Group** (C)
4 Ave. & Main St. (Rockyford United Church, across
[East] of school) contact Murray 403-499-8010

SIKSIKA

Thursday 6:00 p.m. — **Wolf Trail Group** (O)
Siksika Support Centre (old clinic), located 1/2 km
South of Gleichen on Hwy 547, East side of Hwy

STETTLER

Tuesday 8:00 p.m. — **Heartland Group** (C), 12+12/Step & Trad.
4820 – 51 St. (Stettler United Church, basement,
North door entrance) *Open Birthday last Tuesday*

Friday 7:00 p.m. — **Friday Big Book Meeting** (C), BB Disc.
Stettler Regional Hospital, Conference Room

STRATHMORE

Monday 8:00 p.m. — **Sunset Discussion Group** (O), Beginners
245 Brent Blvd. (Hope Community Covenant
Church) *Birthday Speaker 1st Mondays*
contact Chantel 403-970-5747

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OUT OF TOWN MEETINGS

NANTON (continued...)

Friday 7:00 p.m. — **H.O.W. Group** (O)
1601 – 21 Ave. (Quality of Life Foundation)
contact Rob 403-404-3345

OKOTOKS

Monday 8:00 p.m. — **Okotoks Monday Night Group** (C)
13 Elma St. E. (Freemason's Hall)
Open B-day last Mon. contact Laurie 403-938-2246

Tuesday 7:30 p.m. — **Ladies Recovery Haven** (C), BB Stories
43 Riverside Dr.
(Okotoks United Church, North door, West side)

Wednesday 8:00 p.m. — **Wed. Night Men's** (C) Step/Disc (W)
31 Riverside Way (St. Peter's Anglican Church,
use Main entrance)

Thursday 8:00 p.m. — **Railway Group** (O)
43 Riverside Dr. (Okotoks United Church,
use NW side door) *Birthday 1st Thursdays*

Friday 8:00 p.m. — **T.G.I.F. Okotoks Group** (O)
Big Book / Step..... (W)
NW corner of 338 Ave. & Hwy 2A
(Okotoks Alliance Church, N. entrance)
contact Travis 403-818-7444

Sunday 8:00 p.m. — **Okotoks Men's Group** (C), Step/Disc.
43 Riverside Dr. W. (Okotoks United Church, use
North door, West side) *Open B-day Speaker last Sun.*

OLDS

Monday 7:30 p.m. — **Olds Midway Group** (C) (W)
5022 – 52 St. (St. Paul's Lutheran Church)
Open 1st Monday

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OUT OF TOWN MEETINGS

GLEICHEN

Wednesday 7:00 p.m. — **Sorrel Rider** (O)
204 Haskane Ave. (Gleichen Community Church,
main door, downstairs) *Birthday last Wednesday*
contact Francis 403-618-2675

HANNA

Monday 7:00 p.m. — **New Beginnings** (O)
520 – 2 Ave. W.
(Hanna Alliance Church, downstairs)

HIGH RIVER

Wednesday 8:00 p.m. — **High River Group** (C), Step & Trad.
910 – 12 Ave. SW
(Good Shephard Lutheran Church, East wing door)
Open Birthday Speaker last Wednesday

Friday 8:00 p.m. — **High River Group** (O) Big Book/12x12
910 – 12 Ave. SW
(Good Shephard Lutheran Church, East wing door)

INNISFAIL

Tuesday 7:30 p.m. — **24 Hr. Group** (C)
4716 – 50 Ave.
(St. Andrew's Presbyterian Church)
Open last Tuesday contact Bernie 403-304-4978

Saturday 7:00 p.m. - **Innisfail Sat. Night** (O), Step/Trad...(W)
#25, 4804 – 42 Ave. (Alliance Church, North door)
B-day Speaker last Sat. contact Bob 403-227-6823

IRRICANA

Wednesday 7:30 p.m. — **Irricana Recovery** (O)
16 km E. of Airdrie on Hwy 567 (United Church,
basement) *Open Birthday last Wednesday*

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MONDAY

NORTHWEST (continued)

7:30 p.m. **272 Group** — (C), Step/Tradition..... (W)
128 Tache Ave. NW (Thornhill Baptist Church,
main door, downstairs)

7:30 p.m. **Harvest Hills Big Book Discussion** — (O)
10099 Harvest Hills Blvd. NW (Harvest Hills
Alliance Church) *Birthday last Monday*

8:00 p.m. **Mustard Seed Group** — (C), Men's, 12 x 12
5720 Silver Ridge Dr. NW
(Silver Springs Community Centre)

8:00 p.m. **Northlanders** — (C) Step/Discussion
Corner of Northmount Dr. & Northland Dr. NW
(St. Luke's Church, East entrance, lower level)
Open Birthday Speaker 1st Monday

8:30 p.m. **Monday Night Garnet Beginners** — (O)
1611 Centre St. NW, street door entrance

SOUTHEAST

7:00 p.m. **Steps, Stories & Beyond** — (O), Big Book
6100 - 8 Ave. SE
(Pembroke Meadows Community Association)

7:30 p.m. **Sobriety & Beyond** — (O) Big Book Disc..... (W)
#2 New Brighton Dr. SE
(New Brighton Resident Assoc. Building, buzz for
entry) *Speaker 3rd Monday; Birthday last Monday
cancelled on Holiday Mondays*

7:30 p.m. **The Third Tradition** — (O), Discussion
#208, 1830 – 52 St. SE (Fellowship Room,
Clayburn Centre, use NE door, buzz 0005 "send")

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TUESDAY

NORTHWEST

10:00 a.m. **Tuesday Morning Garnet** — (O) Step Disc.
1611 Centre St. NW, street door entrance

10:00 a.m. **Tuesday Morning Ladies** — (C), Women's
Meets in members homes,
contact Joan 403-519-7946

7:00 p.m. **Tuesday Garnet** — (O) Step Discussion
1611 Centre St. NW, street door entrance

7:30 p.m. **A-Men** — (C), Men's, Step & Tradition (W)
3527 Boulton Rd. NW (Hope Lutheran Church)

7:30 p.m. **Springbank Tuesday** — (C), Step & Tradition. (W)
(Westlife Church, corner of Range Rd. 33 and
Township Rd. 245, South of Calaway Park
entrance, off Hwy 1) *Open Birthday last Tuesday*

7:30 p.m. **NW Calgary Group** — (O), Big Book (W)
333 Edgepark Blvd. NW (Foothills Alliance
Church, Summit Room, upstairs)

8:00 p.m. **Bow Valley Searchers** — (C) Discussion..... (W)
5300 53 Ave. NW (Bow Valley Christian Church,
doors off SW lower parking lot)
Open Birthday last Tuesday

8:00 p.m. **Getting There** — (C) Step, Discussion
2828 – 19 St. NW (Holy Cross Anglican Church,
side door off North parking lot)
Open Birthday last Tuesday

8:00 p.m. **Front Runners** — (O) LGBTQ2S, Discussion
1227 Kensington Close NW (Hillhurst United
Church, use side door, boardroom, upstairs)

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MONDAY

SOUTHEAST (continued...)

- 8:00 p.m. **Fireside** — (C) (W)
12707 Bonaventure Dr. SE
(Holy Nativity Anglican Church, parking lot
entrance) *Open Birthday 3rd Mondays*
- 8:00 p.m. **Midnapore** — (C), Living Sober Discussion
14540 Bannister Rd. SE
(St. Mary's University, use West entrance)

SOUTHWEST

- 10:30 a.m. **New Beginnings** — (C), Women's, Step
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
- 5:00 p.m. **Recovery Group** — (C), Living Sober Disc.
#114, 5211 MacLeod Tr. SW, upstairs
- 7:00 p.m. **Haddon Group** — (O), Beginners (W)
703 Heritage Dr. SW (St. Andrews Presbyterian
Church, SW corner, use rear door)
- 8:00 p.m. **Glenmore** — (O), Beginners
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)
- 8:00 p.m. **Elbow Park** — (C), Beginners, Discussion
3602 – 8 St. SW
(Christ Church Anglican, Crump Room)

TUESDAY

NORTHEAST

- 8:00 p.m. **Peter Lougheed Hospital** (O), Beginners
3500 – 26 Ave. NE, (basement, auditorium)

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TUESDAY

NORTHWEST (continued...)

- 8:30 p.m. **Tuesday Night Garnet** — (O) Step Discussion
1611 Centre St. NW, street door entrance

SOUTHEAST

- 12 Noon **Just For Today** — (O), Big Book Discussion
2951 – 26 Ave. SE
(St Luke's Anglican Church, rear door)
- 7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. SE (Forest Lawn Physiotherapy, bsmnt)
- 7:30 p.m. **McKenzie Towne** — (C), Step
#7 McKenzie Towne Gate SE (McKenzie Towne
Church, main door off parking lot, upstairs,
Open Birthday last Tuesday, main floor, sanctuary)
- 7:30 p.m. **Deer Ridge** — (C), Step & Tradition (W)
13811 Deer Ridge Dr. SE
(Lutheran Church of the Good Shephard, main
doors off parking lot) *Open Birthday last Tuesday*
- 7:30 p.m. **Open Door** — (O), Step/Discussion
#208, 1830 – 52 St. SE (Fellowship Room, Clayburn
Centre, use NE door, buzz 0005 "send")
- 8:00 p.m. **Midnapore** — (O), Topic Discussion
14540 Bannister Rd. SE (St. Mary's University,
use far West entrance) *Birthday last Tuesday*

SOUTHWEST

- 10:30 a.m. **New Beginnings** — (C), Women's, BB Story/Disc.
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)

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OUT OF TOWN MEETINGS

LAKE LOUISE

- Tuesday 7:00 p.m. — **Serenity NOW! Lake Louise** (O)
12x12 / As Bill Sees It / Discussion
203 Village Rd. (HI Lake Louise Alpine Centre,
Guide's Room, upstairs)

LANGDON

- Friday 7:30 p.m. — **Langdon Group** (O) Step/Disc. (W)
255 Centre St. NW (I.O.O.F. Hall)

LETHBRIDGE CHAPTER HOUSE 403-327-8049

LINDEN

- Wednesday 7:30 p.m. — **Linden New Beginnings Group** (O)
Big Book Discussion
614 Central Ave. W. (Linden Alliance Church, use
South door entrance off parking lot)
contact Gina 587-876-2677

MEDICINE HAT CENTRAL OFFICE 403-527-2065

MILK RIVER

- Monday 8:00 p.m. — **Milk River Group** (C)
Extended Care – Hospital

MORLEY

- Wednesday 11:00 a.m. — **First Light Group** (O) Step/Topic... (W)
Westley Elders Lodge
Hwy 1A (33 km West of Cochrane)
contact Tom 403-881-0035

NANTON

- Monday 8:00 p.m. — **Nanton Monday Night** (O)
2121 – 21 St. (Nanton Parkland United Church)

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OUT OF TOWN MEETINGS

DRUMHELLER

- Weekdays 8:00 p.m. — (C) 175 – 3 St., **Grace House**
- Monday 7:00 p.m. — **Happy Destiny Group**, (O), Discussion
620 – 2 Ave. W (Grace Lutheran Church, use back
door, basement)
- Thursday 12 Noon — **Freedom Womens Group** (C)..... (W)
620 – 2 Ave. W (Grace Lutheran Church, use front
door entrance)
- Saturday 10:00 a.m. — **Saturday Morning Sunrise Mtg.** (O),
Literature Discussion
627 – 6 St. E (Church of the Nazarene, downstairs,
use SW door) *Open Birthday 1st Saturday*
- Sunday 7:00 p.m. — **New Hope Group**, (C), Big Book Study
corner of 20 St. & 1 Ave. NW (Midlands Community
Hall) contact Tom 403-823-6061

ELNORA

- Monday 8:30 p.m. — **Elnora No Name Group** (O), Step
428 – 3 Ave. (Elnora & District Pioneer Club)
contact: Bob 403-368-2430
Birthday 1st Monday

FORT MACLEOD

- Tues. 8:00p.m. - **Foothills Detox Centre** (C) 403-553-4466
810 – 18 St. Main Door, ring buzzer for entry
- Wed. 8:00 p.m. — **Sunnyside Group** (C)
1716 – 7A Ave. (Fort Macleod Alliance Church,
use back door) contact Jim 403-553-4209
- Thurs.— 8:00p.m. - **Foothills Detox Centre** (C) 403-553-4466
- Sunday 810 – 18 St. Main Door, ring buzzer for entry

36

OUT OF TOWN MEETINGS

CONSORT

Thursday 8:00 p.m. — **Consort Group** (C) *Open last Thurs.*
5103 – 47 St. (Anglican Church, basement)

CREMONA

Monday 8:00 p.m. — **Cremona Blasters Group**, (C) (W)
113 Centre St. (Gold & Silver Centre, North of
Credit Union) *Open Birthday last Monday*
contact Curtis 403-559-8436

DELBURNE

Saturday 7:00 p.m. - **One Step at a Time Group** (C), Step, Disc. (W)
2034 – 27 Ave. (Delburne Gospel Church, main door)
Open meeting 1st Saturdays

DEWINTON

Tuesday 8:00 p.m. — **Dewinton Tuesday Night Group** (C)
304 Macleod Tr. West (St. Andrew's United Church,
basement, rear door) *Open Speaker 1st Tuesday*

DIAMOND VALLEY

Thursday 8:00 p.m. — **Diamond Valley Group** (C)
208 Main St. SW (St. George's Anglican Church
Hall), *Open Birthday Speaker last Thursday*
contact Gloria 403-818-9669

DICKSON

Monday 7:30 p.m. — **Dickson Dam Monday Night** (C)
(King of Kings Church) East of 4-way stop
Open last Monday

DIDSBURY

Friday 8:00 p.m. — **Didsbury Friday Night** (C), Step/ Trad.
2037 – 21 Ave. (Masonic Hall)
Open Birthday last Friday contact Rick 403-556-0221

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TUESDAY

SOUTHWEST (continued...)

7:00 p.m. **Glenmore** — (C), Women's, Living Sober
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)

7:00 p.m. **Haddon Group** — (C), Step & Discussion.....(W)
703 Heritage Dr. SW (St. Andrews Presbyterian
Church, SW corner, use rear door)

7:00 p.m. **New Beginnings** — (O), Women's, Step
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
Speaker last Tuesday

7:00 p.m. **Radical Change Group** — (O), Step/Disc/Beginners
1121-14 Ave. SW
(St. Stephan's Anglican Church, main entrance,
main floor, 1st door on right) *Children welcome!*

7:30 p.m. **Recovery Group** — (C), Step/Tradition
#114, 5211 MacLeod Tr. SW, upstairs

8:00 p.m. **19th Hole** — (C), Men's
804 – 75 Ave. SW (Sheppard King Lutheran
Church, use East rear entrance)

8:00 p.m. **Southwest Serenity** — (O)
1802 – 33 Ave. SW
(St. Peter the Aluet Church, use 17 St. entrance,
downstairs)

8:30 p.m. **Glenmore** — (C), Men's, Discussion
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)

12

OUT OF TOWN MEETINGS

CANMORE

Tuesday 12 Noon — **Noon Oasis**, (O), Discussion
914 – 8 St. (Scout Hall, main door)

Wednesday 8:00 p.m. — **Back To Basics**, (O), Discussion
617 – 8 St. (Ralph Connor Memorial United
Church, side entrance, upstairs)

Thursday 8:00 p.m. — **Canmore Rule 62 Group**, (C), BB Disc.
617 – 8 St. (Ralph Connor Memorial United
Church, use side entrance, upstairs)

Saturday 8:00 p.m. — **Canmore Rule 62 Group**, (C), Living Sober
617 – 8 St. (Ralph Connor Memorial United
Church, use side entrance, upstairs)

Sunday 7:00 p.m. — **Canmore Sunday Night**, (C), Disc.
914 – 8 St. (Scout Hall, main door)
Open Speaker 2nd Sunday

CARDSTON

Monday 7:00 p.m. — Provincial Building

CAROLINE

Fridays 8:00 p.m. — **Caroline Wilderness Group** (C)
5111 – 49 Ave. (Lions Hall), *Open last Friday*

CARSTAIRS

Sunday 7:30 p.m. — **Sunday Night Group** (C) Step Disc.
121 – 10 Ave. (Legion Hall) contact Herb 403-337-2502

CHESTERMERE

Saturday 7:00 p.m. — **Lakeside Serenity** (O), Step & Trad.
340 Merganser Dr. W. (#101 Synergy Centre for
Community Leadership, take road left [West]
of Gas Plus)

CLARESHOLM

Tuesday 8:00 p.m. — **Versatile Group** (O)
126 – 52 Ave. W. (St. John's Anglican Church)

33

WEDNESDAY

NORTHWEST (continued...)

8:00 p.m. **ABC** — (C), Step & Tradition.....(W)
4612 Varsity Dr. NW (Varsity Acres Presbyterian
Church, East door entrance) *Open Birthday
last Wednesday*

8:00 p.m. **Airport** — (O), Beginners
419 Northmount Dr. NW (Highwood Lutheran
Church, use back parking lot door, downstairs)

8:30 p.m. **Wednesday Night Garnet** — (O)
1611 Centre St. NW, street door entrance

SOUTHEAST

7:00 p.m. **Centre of Hope Meeting** — (O), Beginners
420 – 9 Ave. SE

7:00 p.m. **Grupo Vientos de Calgary** - (O), Spanish
1803 – 35 St. SE (Forest Lawn Physiotherapy,
basement) *some English spoken, 2 hr. meeting!*

7:30 p.m. **Harmony** — (O)
#208, 1830 – 52 St. SE, (Fellowship Room, Clayburn
Centre, use NE door, buzz 0005 "send")

7:30 p.m. **Step Sisters** — (C), Women's, Step/Trad. Disc....(W)
6 Copperstone Way SE
(Copperfield-Mahogany Community Association)

8:00 p.m. **Midnapore** — (C), Step/Tradition Discussion
14540 Bannister Rd. SE (St. Mary's University,
use far West entrance)

SOUTHWEST

10:30 a.m. **New Beginnings** — (O), Women's Big Book
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)

14

WEDNESDAY

NORTHEAST

- 11:55 a.m. **Out to Lunch Bunch** — (O)
1432 – 19 St. NE (Ascension Lutheran Church)
Birthday last Wednesday
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish, 2 hr. mtg.
3850 – 19 St. NE, Bay 6, *some English spoken*
- 7:30 p.m. **Overcomers** — (O), Discussion
2640 Rundelawn Rd. NE (Cornerstone Christian
Assembly/King of Glory Lutheran Church,
use back parking lot door)
- 8:00 p.m. **Grey Sheep** — (C), Men's
1432 – 19 St. NE (Ascension Lutheran Church)

NORTHWEST

- 10:00 a.m. **Wednesday Morning Eye Opener** - (O)
419 Northmount Dr. NW (Highwood Lutheran
Church, back door off parking lot, downstairs)
Birthday last Wednesday
- 7:00 p.m. **Garnet** — (O), Step & Tradition
1611 Centre St. NW, street door entrance
- 7:00 p.m. **Wed. Evening Ladies Group** - (O), Step/Trad. (W)
333 Edgepark Blvd. NW
(Foothills Alliance Church, Room 203, upstairs)
- 7:30 p.m. **Kincora Group** — (O), Discussion
38 Kincora Rise NW (Symons Valley United
Church) *Birthday Speaker last Wednesday*
- 7:30 p.m. **SMOG** — (O), Big Book Discussion
2404 Kensington Rd. NW
(Kensington Commons Church, corner entrance)

13

WEDNESDAY

SOUTHWEST (continued...)

- 7:00 p.m. **Glenmore** — (C), Women's
2509 Dieppe Ave. SW (Currie Barracks, Building
B-6, Room 103, downstairs)
- 7:00 p.m. **New Beginnings** — (O), Discussion
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
- 8:00 p.m. **Aspen/West Springs Group** — (C)
800 – 85 St. SW
(St. Michael's Catholic Community, use South
parking lot, SE door, locked—so please knock)
Open last Wednesday
- 8:00 p.m. **Primary Purpose Group** — (O), Big Book..... (W)
1627 – 10 Ave. SW (Sunalta Community Hall,
use "Main Hall" door)
- 8:30 p.m. **Glenmore** — (C), Step & Tradition
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)

THURSDAY

NORTHEAST

- 7:00 p.m. **MAAT Group** — (C), Step & Tradition (W)
912 – 19 St. NE (Crossroads Community Church,
use back door, basement)
- 8:00 p.m. **Regal Group** — (C), Step Discussion
66 – 7 St. NE (St. Matthew Lutheran Church,
South back door, downstairs)
Open Birthday last Thursday

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OUT OF TOWN MEETINGS

CLARESHOLM (continued...)

- Thursday 8:00 p.m. — **Claresholm Thursday Nite** (C). (W)
4716 – 2 St. W. (Claresholm Pentecostal Assembly)
Open Birthday last Thursday
- Saturday 10:00 a.m. — **Gid R Dun Group** (O) BB Disc. (W)
4716 – 2 St. W. (Claresholm Pentecostal Assembly)

COCHRANE

- Monday 7:30 p.m. — **5th Chapter Group** (C), BB/12x12 Disc.
902 Glenbow Dr. (Cochrane Alliance Church,
use NW door off parking lot)
Open Birthday last Mon.
- Tuesday 7:30 p.m. — **Freedom Group** (C) Step & Tradition
Weedon Hall (Hwy 22 & Hwy 567)
- Wednesday 12 Noon — **Laughter Noon Group** (C), Discussion
120 Centre Ave. (King Solomon Lodge)
- Thursday 8:00 p.m. — **Thursday Men's Group** (C), Step/Trad.
404 – 4 Ave. N. (All Saints Anglican Church,
Rectory Building)
- Friday 8:00 p.m. — **Cochrane Rounders** (C), Step/Trad.
405 – 1 St. E. (Frank Wills Memorial Hall)
- Saturday 7:00 p.m. — **Cochrane Castaways** (O), Step/Disc.
404 – 4 Ave. N (All Saints Anglican Church,
basement of small building)
- Sunday 7:30 p.m. — **Head To Heart Big Book Study** (C)
120 Centre Ave. (King Solomon Lodge)
Open B-day last Sun. contact Les 587-574-9498

COALDALE

- Wednesday 8:00 p.m. — **Coaldale Group** (C) *Open last Wed.*
2115 – 17 St. (Anglican Church of the Ascension)

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OUT OF TOWN MEETINGS

BANFF

- Monday, 8:00 p.m. — **Mountainview Group** (O) (W)
- Tuesday & 101 Bear St. (Banff Seniors' Centre, Catherine Robb
Friday Whyte Building, above the Library, take ramp to
2nd floor, Pioneer Room) *Monday: Big Book;*
Tuesday: Discussion; Friday: Step & Tradition

BASSANO

- Wednesday 8:00 p.m. — **Fresh Start Group** (O), Disc. (W)
608 – 5 Ave. (Bassano Medical Clinic)

BOWDEN

- Sunday 7:00 p.m.— **Bowden Sunday Night Big Book Study**
(O), Big Book Discussion. (W)
1701 – 17 Ave. (Olde Library & Community Centre,
South end of Arena parking lot)

BLAIRMORE

- Thursday 7:00 p.m. — **Crownsnest Pass Group** (O), Discussion
2029 – 130 St. (Compass Fellowship Church)

BRAGG CREEK

- Thursday 7:00 p.m. — **Reprive for Recovery Group** (O),
Topic/Discussion..... (W)
23 White Ave. (Bragg Creek Community Centre,
use Main [West] entrance, Main floor foyer)

BROOKS

- Mon. & Sat. 8:00 p.m. — **Fresh Start Group** (C),
507 – 3 Ave. W. (Brooks United Church)
- Tuesday & 8:00 p.m. — **Bar None Group** (C),
Thursday 811 Cassils Rd. W. (Trinity Lutheran Church)

BROCKET

- Sunday 3:00 p.m. — **Piitaapoyi Group** (O)
1885 – 15 Ave. (Peigan Prevention Services, use
South "porch" entrance) contact Peter 403-965-2241

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OUT OF TOWN MEETINGS

AIRDRIE (continued...)

- Wednesday 12 Noon — **Airdrie Nooners** (O), Step&Trad/Disc.
126-B Main St. N (back door off alley)
6:30 p.m. — **Airdrie Women's Mtg.** (O) Discussion
#100, 2700 Main St. S
(Co-op Sierra Springs Food Centre, main
"WELCOME" door, turn left, upstairs)
8:00 p.m. — **In The Spirit of Unity Mtg.** (O) Disc.
126-B Main St. N (back door off alley)
- Thursday 8:00 p.m. — **In The Spirit of Unity Mtg.** (O) Disc.
126-B Main St. N (back door off alley)
8:00 p.m. — **Airdrie Country Group** (O) Step & Trad.
308 - 1 Ave. SE
(Airdrie Seventh-Day Adventist Church, basement)
Birthday last Thursday
- Friday 12 Noon — **Airdrie Nooners** (O), Discussion
126-B Main St. N (back door off alley)
8:00 p.m. — **Back From Hell** (O) Big Book Disc.
2104 Yankee Valley Blvd.
(Daybreak Community Church, main entrance)
Birthday last Friday
- Saturday 10:00 a.m. — **Back to the Book** (O), BB Disc. (W)
2304 Yankee Valley Blvd. SW (Living Springs
Christian Fellowship, main door, downstairs)
Birthday last Saturday
8:00 p.m. — **In The Spirit of Unity Mtg.** (O) Disc.
126-B Main St. N (back door off alley)
- Sunday 8:00 p.m. - **Airdrie Reflections** (O), Daily Reflections
126-B Main St. N (back door off alley)

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SUNDAY

SOUTHWEST (continued)

- 8:30 a.m. **Daily Reflections** — (O)
134 Scarboro Ave. SW (Scarboro United Church,
use West gym door)
- 11:30 a.m. **Glenmore** — (O), Discussion
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)
- 2:00 p.m. **Haddon Group** — (O), Ladies, Discussion
703 Heritage Dr. SW
(St. Andrews Presbyterian Church, rear door,
SW corner, use East parking lot) *Children welcome!*
- 5:00 p.m. **Glenmore** — (O), Step & Discussion
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)
- 7:00 p.m. **Haddon Group** — (O), Meditation/Discussion
703 Heritage Dr. SW
(St. Andrews Presbyterian Church, rear door,
SW corner, use East parking lot) *1.5 hr. meeting!*
- 7:30 p.m. **New Beginnings** — (O), Came To Believe
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
- 8:00 p.m. **Glenmore** — (O), Discussion, Big Book
2509 Dieppe Ave. SW (Currie Barracks, Building
B-6, Room 103, downstairs)
- 8:00 p.m. **The Bright Spot** — (O), 12x12/Discussion
sponsored by Primary Purpose Group
2418 - 17 St. SW (Bankview Community Assoc.)

29

THURSDAY

NORTHWEST

- 10:00 a.m. **Thursday Morning Garnet** — (O)
1611 Centre St. NW, street door entrance
- 12 Noon **Men's Back To Basics Group** — (C), Step & Trad.
11 Scenic Acres Gate NW
(Advent Lutheran Church)
- 7:00 p.m. **Garnet 7pm Thursday** — (O), Step & Topic
1611 Centre St. NW, street door entrance
- 7:30 p.m. **Nadzieja** — (C), Polish Speaking, Step & Disc.
640 - 19 Ave. NW
(St. Joseph's Church, use East side office doors)
Open Birthday last Thursday
- 7:30 p.m. **NW Calgary Group** — (O), Discussion (W)
333 Edgepark Blvd. NW
(Foothills Alliance Church, Summit Room,
upstairs)
- 8:00 p.m. **272 Group** — (O), Speaker (W)
128 Tache Ave. NW
(Thornhill Baptist Church, main door, downstairs)
- 8:00 p.m. **NW Step & Tradition** — (C), Men's
5511 Baroc Rd. NW
(Dalhousie Community Church, upstairs)
Open Speaker last Thursday
- 8:00 p.m. **Rule 62 Group** — (C), Big Book Discussion
1212 -1 St. NW
(Crescent Heights Baptist Church, back door,
downstairs) *Open Birthday 1st Thursday*
- 8:30 p.m. **Thursday Night Garnet** — (O)
1611 Centre St. NW, street door entrance

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THURSDAY

SOUTHEAST (continued...)

- 8:30 p.m. **Ogden** — (O), Discussion (W)
7605 - 22 A St. SE (St. Augustine's Church Hall)
Speaker 3rd Thursday, Birthday last Thursday
- SOUTHWEST**
- 10:30 a.m. **New Beginnings** — (C), Women's, Big Book
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
- 12 Noon **Central Recovery** — (C), BB Discussion
131 - 7 Ave. SW
(Central United Church, use side [alley] door,
downstairs, room #1, buzz 0001 "office")
- 6:30 p.m. **Live & Let Live** — (O), Literature Discussion .. (W)
10620 Elbow Dr. SW
(Lutheran Church of the Cross, use door
off North parking lot) *1.5 hr. mtg! LGBTQ2S*
- 7:00 p.m. **Haddon Group** — (O), Tradition & Discussion .. (W)
703 Heritage Dr. SW (St. Andrews Presbyterian
Church, use rear door, SW corner)
- 7:00 p.m. **Thursday Night Ladies** — (C), Step & Tradition
5010 Spruce Dr. SW
(Woodcliff United Church, use rear door, upstairs)
- 7:30 p.m. **Recovery Group** — (C), Step/Tradition
#114, 5211 MacLeod Tr. SW, upstairs
- 7:30 p.m. **Rockyview Hospital** — (O), Beginners
7007 - 14 St. SW
(Rockyview Hospital, Rm 5A103)

18

THURSDAY

SOUTHEAST

- 12 Noon **Just For Today** — (O), Step & Tradition
2951 – 26 Ave. SE
(St. Luke's Anglican Church, back door)
- 7:00 p.m. **Candlelight** — (O), Big Book/Discussion
2951 – 26 Ave. SE
(St. Luke's Anglican Church, back door)
- 7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. SE (Forest Lawn Physiotherapy, bsmnt)
- 7:30 p.m. **Bow Bottom Trail** — (C), Step
77 Deerpoint Rd. SE
(Deer Park United Church, Lounge Room,
Main doors, turn right)
- 7:30 p.m. **Resentment Resolve Group** — (O), Step/Trad/Topic
#208, 1830 – 52 St. SE
(Fellowship Room, Clayburn Centre, use NE door,
buzz 0005 "send")
- 7:30 p.m. **Whitesheep** — (C), Men's
12707 Bonaventure Dr. SE
(Holy Nativity Anglican Church, use back parking
lot entrance)
- 8:30 p.m. **McKenzie Towne** — (C), Big Book Discussion
#40 McKenzie Towne Blvd. SE (McKenzie Towne
Hall, main door off parking lot, Elgin Room)
- 8:00 p.m. **Midnapore** — (C), Big Book Discussion
14540 Bannister Rd. SE
(St. Mary's University, use far West entrance)
Open Speaker 2nd Thursday

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HOSPITAL & TREATMENT A.A. MEETINGS

- Centre of Hope (Salvation Army)**..... (W)
420 – 9 Ave. SE
7:00 p.m. — Wednesdays (O), Beginners (steps 1, 2, 3)
- Fresh Start Recovery Centre** —
411 – 41 Ave. NE
7:30 p.m. — Fridays (C), Beginners (steps 1, 2, 3)..... (W)
- Peter Lougheed Hospital** — (W)
3500 – 26 Ave. NE, basement, auditorium
8:00 p.m. — Tuesdays, (O) Beginners Meeting
- Better Than A Hangover Group**
11:00 a.m. — Saturdays, (O), Beginners
- Rockyview Hospital** —
7007 – 14 St. SW, Room 5A103
7:30 p.m. — Thursdays (O), Beginners (steps 1, 2, 3) (W)

OUT OF TOWN MEETINGS

AIRDRIE

- Monday 12 Noon — **Airdrie Noon** (O), Discussion
126-B Main St. N (back door off alley)
8:00 p.m. — **In The Spirit of Unity Mtg.** (O) Disc.
126-B Main St. N (back door off alley)
8:00 p.m. — **Airdrie Country Group** (O) BB Disc.
308 – 1 Ave. SE (Airdrie Seventh-day Adventist Church)
- Tuesday 10:00 a.m. — **In The Spirit of Unity Mtg.** (O) Disc.
126-B Main St. N (back door off alley)
8:00 p.m. — **In The Spirit of Unity Mtg.** (O) Disc.
126-B Main St. N (back door off alley)

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THURSDAY

SOUTHWEST (continued...)

- 8:00 p.m. **Glenmore** — (O), Discussion
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)
- 8:00 p.m. **Turf Group** — (C), Men's, Discussion
840 – 3 Ave. SW (Trinity Lutheran Church,
use side door, downstairs)
- 8:30 p.m. **Daily Reflections** — (O) Beginners
134 Scarboro Ave. SW (Scarboro United Church,
use North parking lot door)

FRIDAY

NORTHEAST

- 11:55 a.m. **Out To Lunch Bunch** — (O)
1432 – 19 St. NE (Ascension Lutheran Church)
- 7:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish, 2 hr. mtg!
3850 – 19 St. NE, Bay 6, *some English spoken*
- 7:00 p.m. **Resilience in Unity** — (O), Step/Trad. Disc..... (W)
2335 – 30 Ave. NE (Miskanawah Community
Services Assoc.) *Smudging, children welcome!*
Birthday last Friday
- 7:30 p.m. **Fresh Start Meeting** — (C), Beginners (W)
411–41 Ave. NE.
(Fresh Start Recovery Centre, main door)

NORTHWEST

- 12 Noon **Fun Seekers** — (O), Discussion
2919 – 8 Ave. NW (Parkdale United Church,
use main door, downstairs, Conference Room)

19

SUNDAY

SOUTHEAST (continued)

- 5:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
803 – 35 St. SE
(Forest Lawn Physiotherapy, basement)
some English spoken, 2 hr. mtg.
- 7:00 p.m. **Times of Change Meeting** — (O), Step/Trad
Indigenous based
1401 – 10 Ave. SE (Lantern Community Church)
- 7:30 p.m. **Back to the Drawing Board** — (O), Step & Trad.
#208, 1830 – 52 St. SE,
(Fellowship Room, Clayburn Centre,
use NE door, buzz 0005 "send")
- 7:30 p.m. **Came To Believe Group** — (O), Beginners (W)
#2 New Brighton Dr. SE
(New Brighton Residents Association Building)
- 8:00 p.m. **Ogden** — (C), Step & Tradition..... (W)
7605 – 22A St. SE (St. Augustine's Church Hall)

SOUTHWEST

- 8:00 a.m. **Sunday Morning Breakfast** — (O), Speaker (W)
708 – 8 Ave. SW (Ramada Inn) Breakfast at 8:00
a.m., Speaker at 9:00 a.m.,
use Main door, immediate left down hallway
- 9:00 a.m. **Wake Up Group** — (C), Big Book Step Study
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
- 12 Noon **New Beginnings** — (O), Grapevine
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)

28

SUNDAY

NORTHWEST (continued...)

- 1:30 p.m. **Garnet** — (O), Discussion..... (W)
1611 Centre St. NW, street door entrance
- 3:00 p.m. **Sunday Afternoon Garnet** — (O), Step Discussion
1611 Centre St. NW, street door entrance
- 4:00 p.m. **Sunday Afternoon Faith Group** — (O)..... (W)
8007 Bowness Rd. NW (Shepherd of the Hills
Lutheran Church, main doors, turn right)
- 5:30 p.m. **Garnet 5:30** — (O), Topic Discussion
1611 Centre St. NW, street door entrance
- 8:00 p.m. **District 77 Speaker Mtg.** — (O)
2919 – 8 Ave. NW (Parkdale United Church,
main door, downstairs)
- 8:00 p.m. **N2 Group** — (C), Candlelight/Step 11/Meditation
11 Scenic Acres Gate NW
(Advent Lutheran Church)
- 8:30 p.m. **Sunday Night Garnet** — (O)
1611 Centre St. NW, street door entrance
- 10:00 p.m. **Garnet Night Owl** — (O), Discussion
1611 Centre St. NW, street door entrance

SOUTHEAST

- 9:00 a.m. **Came To Meeting** — (O), Came To Believe Disc.
#208, 1830 – 52 St. SE (Fellowship Room, Clayburn
Centre, use NE door, buzz 0005 “send”)
- 1:00 p.m. **Weekend Serenity Group** — (O), Big Book Disc.
#208, 1830 – 52 St. SE
(Fellowship Room, Clayburn Centre,
use NE door, buzz 0005 “send”)

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FRIDAY

NORTHWEST (continued...)

- 10:00 a.m. **Garnet Grateful To Be Here** — (O)
1611 Centre St. NW
use street door entrance
- 5:15 p.m. **Homeward Bounders** — (O), Step/Tradition ... (W)
3104 – 34 Ave. NW
(Foothills Lutheran Church, Auditorium,
“Preschool” door off West parking lot)
- 7:00 p.m. **Garnet 7pm Friday** — (O), Step & Topic
1611 Centre St. NW, use street door entrance
- 7:30 p.m. **Edgemont** — (O), Discussion (W)
33 Edgevalley Circle NW
(Edgemont Community Centre, Fireside Room)
- 8:00 p.m. **Desperation** — (O), Step & Tradition
419 Northmount Dr. NW
(Highwood Lutheran Church, use back door off
parking lot, downstairs) *Birthdays 3rd Fridays*
- 8:30 p.m. **Friday Night Garnet** — (O)
1611 Centre St. NW
use street door entrance
- 11:59 p.m. **Garnet Friday Midnighter** — (O), Step/Discussion
1611 Centre St. NW, street door entrance

SOUTHEAST

- 7:00 p.m. **12 Steps Under The Cuckoo’s Nest** — (O)
Step/Discussion..... (W)
907 – 47 St. SE (Clifton House Nursing Home,
use main door, must sign in)

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SATURDAY

SOUTHWEST (continued...)

- 9:30 p.m. **Daily Reflections** — (O)
134 Scarboro Ave. SW (Scarboro United Church,
use North parking lot door)
- 10:00 a.m. **Haddon Group** — Contented Sobriety – (C)..... (W)
Living Sober Discussion
703 Heritage Dr. SW (St. Andrews Presbyterian
Church, rear door, SW corner, use East parking lot)
- 10:00 a.m. **New Beginnings** — (O), Living Sober
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
- 11:30 a.m. **Recovery Group** — (C), Women’s, Step/Disc.
#114, 5211 MacLeod Tr. SW, upstairs
- 12 Noon **Glenmore** — (O)
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)
- 12 Noon **New Beginnings** — (C), Women’s, Step 11
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
- 5:00 p.m. **Glenmore** — (O), Step & Discussion
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)
- 7:00 p.m. **Haddon Group** — (O), Discussion (W)
703 Heritage Dr. SW
(St. Andrews Presbyterian Church, rear door,
SW corner) *Birthdays last Saturday*
- 7:30 p.m. **Glenmore** — (O), Step & Discussion
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)

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SATURDAY

NORTHEAST

- 10:00 a.m. **Saturday Morning Bridge** — (C), Step & Disc.
904 Renfrew Dr. NE (All Saints Traditional
Anglican Church, Renfrew, back door)
Open Birthday last Saturday
- 11:00 a.m. **Better Than A Hangover** — (O), Beginners
3500 – 26 St. NE (Peter Lougheed Hospital,
downstairs, auditorium)
- 5:00 p.m. **Grupo Nuevo Horizonte** — (O) Spanish
3850 – 19 St. NE, Bay 6
(some English spoken, 2 hr. mtg!)
- 8:00 p.m. **Better Days Group** — (O), Step
1432 – 19 St. NE
(Ascension Lutheran Church, use back door
entrance) *Speaker 2nd Saturday*

NORTHWEST

- 7:00 a.m. **Go For It** — (O)..... (W)
6422 – 35 Ave. NW (Bowness Senior’s Centre,
use Main entrance)
- 9:30 a.m. **Awakenings** — (O), Discussion..... (W)
2919 – 8 Ave. NW
(Parkdale United Church, basement)
- 11:00 a.m. **SMOG** — (O), Discussion
2404 Kensington Rd. NW (Kensington Commons
Church, use corner entrance) *Birthdays last Sat.*
- 12 Noon **Garnet Women’s** — (C), Step Discussion (W)
1611 Centre St. NW, street door entrance
- 1:30 p.m. **Garnet** — (O), Discussion..... (W)
1611 Centre St. NW, street door entrance

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FRIDAY

SOUTHEAST (continued...)

- 7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
Some English spoken, 2 hr. mtg.
1803 – 35 St. SE
(Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Southview By the Book** — (O), Big Book Disc.
#208, 1830 – 52 St. SE
(Fellowship Room, Clayburn Centre, use NE door,
buzz 0005 “send”)
- 8:00 p.m. **Midnapore** — (O), Beginners
14540 Bannister Rd. SE
(St. Mary’s University, use far West entrance)

SOUTHWEST

- 10:30 a.m. **New Beginnings** — (O), Women’s Step & Disc.
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
- 7:00 p.m. **Oldtimers** — (C), Discussion
1802 – 33 Ave. SW (St. Peter the Aluet Church,
use 17 St. entrance, Fellowship Room, upstairs)
- 8:00 p.m. **Glenmore** — (O), Speaker
2509 Dieppe Ave. SW (Currie Barracks, Building
B-6, Room 103, downstairs)
Birthday last Friday
- 8:00 p.m. **Lakeview Open Speaker** — (O), Speaker
3023 – 63 Ave. SW (Lakeview United Church)
- 8:30 p.m. **Unity Group** — (C), Step & Tradition.....(W)
3610 Sarcee Rd. SW
(Grace Lutheran Church, back door)
Open Birthday last Friday

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SATURDAY

SOUTHWEST (continued...)

- 7:30 p.m. **New Beginnings** — (O), Beginners
10690 Elbow Dr. SW (Southwood United Church,
main door off East parking lot)
Speaker 1st Saturday
- 8:00 p.m. **Primary Purpose Downtown Saturday Night** —
#801 – 7 Ave. SW, (O), Speaker(W)
(Nexen Building, check with Security in South
Tower, then use +15 to North Tower)

SUNDAY

NORTHEAST

- 10:00 a.m. **Punjabi Survivors Group** - (C), Step/Disc.....(W)
95 Falshire Dr. NE.....(Punjabi/Hindi)
(Falconridge/Castleridge Community Centre)
- 7:30 p.m. **New Life** — (O)
904 Renfrew Dr. NE
(All Saint’s Traditional Anglican Church)

NORTHWEST

- 7:00 a.m. **Go For It** — (C).....(W)
6422 – 35 Ave. NW
(Bowness Senior’s Centre, use main entrance)
- 11:00 a.m. **Sunday Garnet Men’s** — (C), Men’s
1611 Centre St. NW, street door entrance
- 11:00 a.m. **Sooner Than The Nooner** — (O).....(W)
3512 – 5 Ave. NW (Parkdale Community Assoc.,
use “Nifty Fifties” door)
- 11:00 a.m. **Sunday Morning 11am** — (O), Step & Tradition
1515 Home Rd. NW (Bowmont Boxing Club)

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SATURDAY

NORTHWEST (continued...)

- 3:00 p.m. **Saturday Afternoon Garnet** — (O), Step Disc.
1611 Centre St. NW, street door entrance
- 3:00 p.m. **Stampeders** — (C).....(W)
#12 Bowridge Dr. NW (Rock Pointe Church)
- 5:30 p.m. **Garnet Saturday 5:30** — (O), Topic Discussion(W)
1611 Centre St. NW, street door entrance
Speaker 2nd Saturday
- 5:30 p.m. **NW Calgary Group** — (O), Step & Tradition ... (W)
333 Edgepark Blvd. NW
(Foothills Alliance Church, upstairs, Rm 203)
- 7:00 p.m. **Garnet Saturday Night** — (O), Step 6 & 7 Disc.
1611 Centre St. NW, street door entrance
- 8:00 p.m. **Front Runners** — (C), LGBTQ2S, Discussion
1227 Kensington Close NW
(Hillhurst United Church, use side door,
boardroom, upstairs)
Open Birthday last Saturday
- 8:00 p.m. **West End Step & Tradition** — (O)
3803 – 69 St. NW (Foothills United Church, use
South “Food Bank” door)
- 8:30 p.m. **Garnet Saturday Night** — (O)
1611 Centre St. NW, street door entrance
- 10:00 p.m. **Garnet Saturday Night Owl** — (O), Step/Disc.
1611 Centre St. NW, street door entrance
- 11:59 p.m. **Garnet Midnigher** (O) Discussion
1611 Centre St. NW, street door entrance

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SATURDAY

SOUTHEAST

- 10:00 a.m. **McKenzie Towne** — (C), Daily Reflections
#7 McKenzie Towne Gate SE (McKenzie Towne
Church, main door off parking lot, upstairs)
- 10:00 a.m. **Three Lagacies Literature Mtg.** — (O), Lit/Disc.
1509 Lake Ontario Dr. SE
(Bonavista Evangelical Missionary Church,
use West entrance)
- 1:00 p.m. **Weekend Serenity Group** — (O), Big Book Disc.
#208, 1830 – 52 St. SE, (Fellowship Room,
Clayburn Centre, use NE door, buzz 0005 “send”)
- 7:00 p.m. **Grupo Vientos de Calgary** — (O), Spanish
some English spoken, 2 hr. mtg.
1803 – 35 St. SE
(Forest Lawn Physiotherapy, basement)
- 7:30 p.m. **Fellowship Speaker Meeting** — (O)
#208, 1830 – 52 St. SE
(Fellowship Room, Clayburn Centre,
use NE door, buzz 0005 “send”)
- 7:30 p.m. **Forest Lawn Group** — (O).....(W)
2951 – 26 Ave. SE (St. Luke’s Anglican Church,
use SE back door, gymnasium)

SOUTHWEST

- 9:00 a.m. **Glenmore** — (O), Discussion
2509 Dieppe Ave. SW (Currie Barracks,
Building B-6, Room 103, downstairs)
- 9:00 a.m. **Recovery Group** — (C), Living Sober Disc.
#114, 5211 MacLeod Tr. SW, upstairs

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