



COCHRANE ROUND-UP

SATURDAY NOVEMBER 1

2025

8:00 - 9:00 AM

Doors Open - Breakfast & Coffee
Al-Anon

9:00 - 10:00 AM

Call Up Meeting
Freedom Group

10:15 - 11:15 AM

The 3 Legacies
Cochrane Rounder

11:30 - 12:30 PM

Early in Recovery
Laughternooners

12:30 - 1:30 PM

Lunch

1:30 - 2:30 PM

Al-Anon Speaker Eva G.

2:45 - 3:45 PM

Panel - Ask it Basket
Saturday Castaways

4:00 - 5:00 PM

Step #11
Head to Heart

5:15 - 6:15 PM

Applying The Steps and Traditions
Thursday Men's Group

6:15 - 7:15 PM

Dinner & Sobriety Count Down

7:15 - 8:15 PM

Main Speaker - Lee H.

8:30 - 9:00 PM

Closing / Give Thanks

9:00 - 11:00 PM

Dance & Social

11:00 - 12:00 AM

Candlelight Meeting
Freedom Group

Cochrane Lions Club and Events Centre, 109 5th Ave W Cochrane, AB
TICKETS \$40 - AA Central Office or Event Facebook Page

